1983

1983 University of Northern Iowa Men's Track and Field

University of Northern Iowa

Copyright ©1983 Athletics, University of Northern Iowa
Follow this and additional works at: http://scholarworks.uni.edu/amg
Part of the Higher Education Commons

Let us know how access to this document benefits you

Recommended Citation
http://scholarworks.uni.edu/amg/113

This Book is brought to you for free and open access by the Athletics at UNI ScholarWorks. It has been accepted for inclusion in Athletics Media Guides by an authorized administrator of UNI ScholarWorks. For more information, please contact scholarworks@uni.edu.
1983 University of Northern Iowa Men's Track and Field
UNI Indoor Schedule

Jan. 22  Varsity vs. Alumni (12 noon)  UNI-Dome
Jan. 29  Big Four Meet (10 a.m.)  Iowa City, IA
Feb.  5  UNI Triangular (12 noon)  UNI-Dome
        UNI, St. Cloud State, Wisconsin-Stout
Feb. 11  UNI, Western Illinois, Wisconsin-
        Milwaukee (7 p.m.)  UNI-Dome
Feb. 19  Mankato State (12 noon)  UNI-Dome
Feb. 26  UNI-Dome Open (10 a.m.)  UNI-Dome
Mar. 11-12 NCAA Championships  Silver-Dome, Pontiac, MI
         (Univ. of Michigan)
Mar. 25-26 A.D. Dickinson Relays  UNI-Dome

UNI Outdoor Schedule

Mar. 20  Domino Relays (Florida State University)  Tallahassee, FL
Apr.  2  Semotion Relays (S.E. Missouri State)  Cape Girardeau, MO
Apr. 16  Iowa State Invitational  Ames, IA
Apr. 22-23 Kansas Relays  Lawrence, KS
Apr. 22-23 Association of Mid-Continent Universities Championships (Western Illinois University)  Macomb, IL
Apr. 29-30 Drake Relays  Des Moines, IA
May  7  Big Four Meet (Drake University)  Des Moines, IA
May 14  Last Chance Meet (Univ. of Minnesota)  Minneapolis, MN
May 20-21 Tom Black Classic (Univ. of Tennessee)  Knoxville, TN
May 29-June 4 NCAA Championships (Univ. of Houston)  Houston, TX
1983 University of Northern Iowa Track and Field Squad

1st row (l to r) Paul Skopec, Chris Leonard, Greg Skopec, Dan Fick; 2nd row: Dave Swanson, Todd Goodell, Carlos Valdez, Steve Geachart, Mike Fletcher, Carl Burrell, Jim Whitcomb; 3rd row: Steve Weaver, Tom Stroh, Tim Harris, Don Samuel, Doug Case, Mike DeBo, Dave Swords, Larry Lawlor, Jon Weih, Rod Wiese, Lou Fry; 4th row: Kirk Anderson, Jay Connor, Paul Egger, Russ Adams, John Wisman, Steve Muntz, Matt Haven, Ken Jarrett, Brian Glassmaker, Dave Hovely, Burt Marlowe, Greg Petersen; Standing: Head Coach Lynn King, Scott Middleton, Rob Mosher, Bret Younger, Jim Renfro, Troy Becker, Barry Cuvelier, Keith Dorsette, Scott Stiern, Arnie Doden, Robert Murphy, Dave Siler, Brian Makala, Dave Gibbs, Craig Lampright, Assistant Coach Chris Bucknam.
<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Class</th>
<th>Major</th>
<th>Hometown</th>
</tr>
</thead>
<tbody>
<tr>
<td>Kirk Anderson</td>
<td>Middle Distance</td>
<td>Jr.</td>
<td>Sociology</td>
<td>Mason City, IA</td>
</tr>
<tr>
<td>Solomon Anderson</td>
<td>Middle Distance</td>
<td>Jr.</td>
<td>Public Relations</td>
<td>South Bend, IN</td>
</tr>
<tr>
<td>Troy Becker</td>
<td>Pole Vault</td>
<td>Jr.</td>
<td>Undecided</td>
<td>Elk Run Heights, IA</td>
</tr>
<tr>
<td>Carl Burrell</td>
<td>Distance</td>
<td>Fr.</td>
<td>Industrial Tech.</td>
<td>Mississauga, Ontario</td>
</tr>
<tr>
<td>Doug Case</td>
<td>Short Sprinter</td>
<td>So.</td>
<td>Undecided</td>
<td>Marshalltown, IA</td>
</tr>
<tr>
<td>Jay Connor</td>
<td>Hurdles</td>
<td>Jr.</td>
<td>Broadcasting</td>
<td>Nashua, IA</td>
</tr>
<tr>
<td>Barry Cuvelier</td>
<td>Shot Put, Discus</td>
<td>Fr.</td>
<td>Industrial Tech.</td>
<td>New Hartford, IA</td>
</tr>
<tr>
<td>Mike DeBo</td>
<td>Long Sprinter</td>
<td>So.</td>
<td>Undecided</td>
<td>Des Moines, IA</td>
</tr>
<tr>
<td>Arnie Doden</td>
<td>Shot Put, Discus</td>
<td>Sr.</td>
<td>Geology</td>
<td>Buffalo Center, IA</td>
</tr>
<tr>
<td>Keith Dorsett</td>
<td>Short Sprinter</td>
<td>So.</td>
<td>Computer Prog.</td>
<td>Nassau, Bahamas</td>
</tr>
<tr>
<td>Paul Egger</td>
<td>Middle Distance</td>
<td>So.</td>
<td>Undecided</td>
<td>Muscatine, IA</td>
</tr>
<tr>
<td>Dan Fick</td>
<td>Distance</td>
<td>So.</td>
<td>Chemistry/Biology</td>
<td>Muscatine, IA</td>
</tr>
<tr>
<td>Mike Fletcher</td>
<td>Short Sprinter</td>
<td>Fr.</td>
<td>Business Ad.</td>
<td>Council Bluffs, IA</td>
</tr>
<tr>
<td>Lon Fry</td>
<td>Middle Distance</td>
<td>Sr.</td>
<td>Pre-Med.</td>
<td>Waukon, IA</td>
</tr>
<tr>
<td>Steve Gearhart</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Undecided</td>
<td>New Hartford, IA</td>
</tr>
<tr>
<td>David Gibbs</td>
<td>Long Sprinter</td>
<td>Fr.</td>
<td>Power &amp; Energy,</td>
<td>Byron, MN</td>
</tr>
<tr>
<td>Brian Glassmaker</td>
<td>Middle Distance</td>
<td>Jr.</td>
<td>Physical Ed.</td>
<td>Oelwein, IA</td>
</tr>
<tr>
<td>Todd Goodell</td>
<td>Distance</td>
<td>So.</td>
<td>Education</td>
<td>Boone, IA</td>
</tr>
<tr>
<td>Tim Harris</td>
<td>Middle Distance</td>
<td>So.</td>
<td>Industrial Ed.</td>
<td>Independence, IA</td>
</tr>
<tr>
<td>Matt Haven</td>
<td>Discus</td>
<td>Jr.</td>
<td>Business</td>
<td>Fort Madison, IA</td>
</tr>
<tr>
<td>Dave Holvey</td>
<td>Distance</td>
<td>So.</td>
<td>Education</td>
<td>Maquoketa, IA</td>
</tr>
<tr>
<td>Ken Jarrett</td>
<td>Middle Distance</td>
<td>Jr.</td>
<td>Marketing</td>
<td>Alcona, IA</td>
</tr>
<tr>
<td>Craig E. Lamprecht</td>
<td>Middle Distance</td>
<td>So.</td>
<td>Art</td>
<td>Ankeny, IA</td>
</tr>
<tr>
<td>Chris Leonard</td>
<td>Distance</td>
<td>So.</td>
<td>Business</td>
<td>Sycamore, IL</td>
</tr>
<tr>
<td>Brian Makela</td>
<td>Long, Triple Jump</td>
<td>So.</td>
<td>Mathematics</td>
<td>Clinton, IA</td>
</tr>
<tr>
<td>Burton Marlowe</td>
<td>Distance</td>
<td>Jr.</td>
<td>Business</td>
<td>Clarion, IA</td>
</tr>
<tr>
<td>Scott Middleton</td>
<td>Long Sprinters</td>
<td>Fr.</td>
<td>Business</td>
<td>Carroll, IA</td>
</tr>
<tr>
<td>Rob McSher</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Health</td>
<td>Dubuque, IA</td>
</tr>
<tr>
<td>Steve Muntz</td>
<td>Middle Distance</td>
<td>Jr.</td>
<td>Undecided</td>
<td>South Bend, IN</td>
</tr>
<tr>
<td>Robert Murphy</td>
<td>Long Sprinter</td>
<td>Fr.</td>
<td>Public Relations</td>
<td>Nevada, IA</td>
</tr>
<tr>
<td>Craig Nordlie</td>
<td>Hurdler</td>
<td>Sr.</td>
<td>Undecided</td>
<td>Urbandale, IA</td>
</tr>
<tr>
<td>Greg Petersen</td>
<td>Long Sprinter</td>
<td>Fr.</td>
<td>Business</td>
<td>Cedar Rapids, IA</td>
</tr>
<tr>
<td>Scott Owens</td>
<td>Long Sprinter</td>
<td>Fr.</td>
<td>Pre-Med</td>
<td>Maywood, IL</td>
</tr>
<tr>
<td>Don Samuel</td>
<td>Short Sprinets</td>
<td>So.</td>
<td>Industrial Tech.</td>
<td>Denver, IA</td>
</tr>
<tr>
<td>David Siler</td>
<td>Shot Put/Discus</td>
<td>Fr.</td>
<td>Biology</td>
<td>Cedar Rapids, IA</td>
</tr>
<tr>
<td>Greg Skopec</td>
<td>Distance</td>
<td>Jr.</td>
<td>Biology</td>
<td>Cedar Rapids, IA</td>
</tr>
<tr>
<td>Paul Skopec</td>
<td>Distance</td>
<td>So.</td>
<td>Undecided</td>
<td>Altoona, IA</td>
</tr>
<tr>
<td>Scott Sloan</td>
<td>Pole Vault</td>
<td>Fr.</td>
<td>Health, Education</td>
<td>Dubuque, IA</td>
</tr>
<tr>
<td>Kevin Smith</td>
<td>Hurdler</td>
<td>Sr.</td>
<td>Business</td>
<td>Denver, IA</td>
</tr>
<tr>
<td>Tom Stroh</td>
<td>Short Sprinter</td>
<td>Fr.</td>
<td>Chemistry</td>
<td>Glenwood, IA</td>
</tr>
<tr>
<td>Dave Swanson</td>
<td>Distance</td>
<td>Fr.</td>
<td>Industrial Tech.</td>
<td>Rock Falls, IL</td>
</tr>
<tr>
<td>Dave Swords</td>
<td>Long Sprinter</td>
<td>Fr.</td>
<td>Geology</td>
<td>Ames, IA</td>
</tr>
<tr>
<td>Jim Thompson</td>
<td>Short Sprinter</td>
<td>Jr.</td>
<td>Industrial Tech.</td>
<td>Melrose Park, IL</td>
</tr>
<tr>
<td>Carlos Valdez</td>
<td>Distance</td>
<td>Jr.</td>
<td>Industrial Tech.</td>
<td>Moline, IL</td>
</tr>
<tr>
<td>Steve Weaver</td>
<td>High Jump</td>
<td>Fr.</td>
<td>Business</td>
<td>Tipton, IA</td>
</tr>
<tr>
<td>Joh Weihe</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Undecided</td>
<td>Glenwood, IA</td>
</tr>
<tr>
<td>Jim Whitcomb</td>
<td>Distance</td>
<td>Sr.</td>
<td>Education</td>
<td>Avoca, IA</td>
</tr>
<tr>
<td>Rod Weise</td>
<td>High Jump</td>
<td>Fr.</td>
<td>Health</td>
<td>Mason City, IA</td>
</tr>
<tr>
<td>John Wisman</td>
<td>Long Sprinter</td>
<td>Jr.</td>
<td>Pre-Med</td>
<td>South Bend, IN</td>
</tr>
<tr>
<td>Jason Woodford</td>
<td>Long, Triple Jumper</td>
<td>Sr.</td>
<td>Public Relations</td>
<td>Atlantic, IA</td>
</tr>
<tr>
<td>Bret Younger</td>
<td>Hurdler</td>
<td>Jr.</td>
<td>Recreation</td>
<td></td>
</tr>
</tbody>
</table>
Table of Contents

<table>
<thead>
<tr>
<th>Topic</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>UNI Team Picture</td>
<td>2-3</td>
</tr>
<tr>
<td>UNI Team Roster</td>
<td>3</td>
</tr>
<tr>
<td>Panther Coach Staff</td>
<td>4</td>
</tr>
<tr>
<td>Northern Iowa Season Outlook</td>
<td>4</td>
</tr>
<tr>
<td>Panther All-Americans</td>
<td>5</td>
</tr>
<tr>
<td>Long Sprinters</td>
<td>6</td>
</tr>
<tr>
<td>Middle Distance</td>
<td>7</td>
</tr>
<tr>
<td>Distance</td>
<td>8</td>
</tr>
<tr>
<td>Hurdlers</td>
<td>9</td>
</tr>
<tr>
<td>Short Sprinters</td>
<td>10</td>
</tr>
<tr>
<td>Weight Men</td>
<td>11</td>
</tr>
<tr>
<td>Long/Triple &amp; High Jumpers</td>
<td>12</td>
</tr>
<tr>
<td>Pole Vaultals</td>
<td>13</td>
</tr>
<tr>
<td>1982 Panther Results</td>
<td>14</td>
</tr>
<tr>
<td>UNI-Dome Information</td>
<td>15</td>
</tr>
<tr>
<td>All-Time Panther Indoor Bests</td>
<td>16</td>
</tr>
<tr>
<td>All-Time Panther Outdoor Bests</td>
<td></td>
</tr>
<tr>
<td>UNI Varsity, Freshman Records</td>
<td></td>
</tr>
<tr>
<td>Running Mates</td>
<td></td>
</tr>
<tr>
<td>UNI-Dome Records</td>
<td></td>
</tr>
</tbody>
</table>

UNI Panther Coaching Staff

Head Coach Lynn King

Head Coach Lynn King is beginning his eighth campaign as the University of Northern Iowa track and field boss with hopes that his 1983 squad will follow in the footsteps of last year's team that captured the Mid-Continent Conference title. King earned Coach-of-the-Year honors after his squad's runaway win in the '82 meet, and also was tabbed for the same award after his 1982 cross country squad put together an impressive victory at the first Association of Mid-Continent Universities meet last fall.

When King took over the post in 1976, he became the third man to ever hold the position. He has continued to develop the tradition of great track and field teams at Northern Iowa and is hoping that the back-to-back victories in track and cross country are just the beginning to many years of success in the newly developed Association of Mid-Continent Universities. Under his guidance, the Panthers have also developed an outstanding indoor program in the spacious UNI-Dome, which serves as the site for nearly all of UNI's indoor schedule.

Prior to King's tenure at Northern Iowa, he served as head coach at Rochester Community College (Rochester, MN) and produced one All-American during his four-year stint.

In his first year at the UNI track helm, King's squad took the championship trophy home from the 1977 Iowa Intercollegiate Big Four meet (UNI, Iowa, Iowa State and Drake) for the first time in school history, finished second in the North Central Conference indoor and outdoor meets and crowned five All-Americans en route to a 10th-place finish at nationals.

The 1978 Panthers won both the NCC track and cross country titles, established 22 new school records, and produced seven All-Americans including one national champion in the discus. They finished ninth at the NCAA Division II meet after qualifying 19 performers for the competition.

His 1979 squad improved the '78 performance with a fifth-place spot at the Division II outdoor championships and a fourth-place effort at the national cross country championships. That squad catapulted the Panthers into the national limelight with the distance medley and 4 x 800-meter relays placing high in four of six prestigious relay meets. 1979 also marked the last time prior to 1982 that UNI took home a conference title when the Panthers captured the first Mid-Continent Conference meet. The six All-Americans crowned in the '79 season accounted for one-fourth of the 24 which King has directed in his 10 years of coaching.

A native of Cedar Falls, IA, King graduated from UNI in 1969 with a B.A. in physical education and received his M.A. in physical education in 1971 from UNI. He was a four-year starter on the Northern Iowa football team as a defensive back and was an all-around performer for Coach Jack Jennet in track and field.

Lynn and his wife Jan have two children, Jason, 11, and Kelly, 9.

Assistant Coach Chris Bucknam

Chris Bucknam is beginning his fourth season as the Northern Iowa sprint coach and holds the distinction as UNI's first full-time assistant track and field coach. Bucknam assists King with practice and meet preparation while directing the sprint-hurdle corps — as area which has shown significant improvement in recent years. Under his guidance the Panthers have established new school marks in the 60-year dash, 300-yard dash, 60-yard high huddles, 70-yard high hurdles, 440 relay and shuttle hurdle relay.

Head Coach Lynn King touted him as "one of the outstanding young sprint coaches in the Midwest" and added "he has done an outstanding job as our sprint and hurdle coach."

In addition to his coaching duties, Bucknam also is an instructor in the Northern Iowa physical education department and is the faculty advisor to the "I-Club" for UNI letterwinners from all men's and women's sports.

A native of Beverly, MA, he attended Norwich University in Northfield, VT, where he was a four-time letterwinner on the track team, specializing in the middle and long-distance events. "Bucky" was elected co-captain of the squad his senior year and graduated from Norwich in 1978 with a B.A. in physical education, while earning his M.A. in 1982 from Northern Iowa in physical education.

Bucknam and his wife Cindy have been married for one year and reside in Cedar Falls.

UNI Athletic Administration

Athletic Director: Stan Sheriff. (319) 273-2470
Associate Athletic Director: John "Jersey" Jermei. 273-3097
Associate Athletic Director: Sandra C. Williamson. 273-6033
Assistant Athletic Director: Chuck Patten. 273-6488
Business Manager: Ann Hill. 273-2475
Sports Information Director: Nancy Justis. 273-6354
Asst. Athletic Director — Facilities: Bob Bowlsby. 273-6050
Asst. Athletic Director — Promotion: Jim Husbands. 273-6443
Ticket Manager: Russell Bloom. 273-6050
Asst. to the Business Manager: Julie Bright. 273-6131

Sports Medicine
Head Trainer: C. David Burton. 273-6369
Asst. Trainer: Steve Marti. 273-6476
Asst. Trainer: Peg Stacey. 273-6369

For information on the Panther track squad:
Call Dave Starr (Assistant Sports Information Director) at (319) 273-3642

Credits
Editor: Dave Starr
Production: Beth Conrad LaVelle, Faith Meyer
Composition: Phototype America
Printing: Congdon Printing
Photography: Bill Witt, Chuck Holley
1983 Panthers Racing for Another Conference Title

When Lynn King's 1982 Panther track team began the pre-season grind a year ago they had visions of a conference outdoor title as well as another successful indoor campaign. One year, three indoor titles and two conference championships later, King and his squad are beaming with pride of their 1982 accomplishments and are hoping that their 1983 endeavors prove as successful. With 21 returning letterwinners, six school record holders and three conference champions back in action, King feels that this year's squad has the potential to be "even stronger than last year's."

"One of our top priorities is to repeat as the conference track and field champions, and then win the league cross country title again next fall," said the conference Coach-of-the-Year in both sports. "We lost a couple of conference champs, but we also have some people who can fill their shoes very adequately as well as some newcomers who could pick up some crucial points for us."

The Panthers ran away with the 1982 Mid-Continent Conference track championships outdistancing second-place Eastern Illinois by 32 points, and then encored their track victory with a first-place effort at the Association of Mid-Continent Universities cross country meet. Pole Vaulter Russ Adams established new UNI bests both indoors (16-1) and outside (16-7) en route to a pair of Iowa Intercollegiate Big Four titles and an M-CC championship. He and 6-6, 255-pound discus specialist Matt Haven are the Panthers' best bets for spots in the NCAA meet. Haven uncorked a winning effort of 170-2 in the '82 M-CC meet, while Brian Glassmaker took home the gold in the 1,500 meters with a 3:54.48 effort.

Glassmaker will be an important performer in what should be a very good middle distance corps for UNI. Veterans Kirk Anderson, a two-time Big Four champ in the 880, and Solomon Anderson are vital point producers in everything from the quarter mile to 1,500 meters. Junior Steve Muntz duplicated Anderson's win indoors with a 1:52.2 800-meter win in the Big Four outdoor meet and "could break the existing UNI records in the 880 and 800 meters" according to King. Steve Gearhart, Ken Jarrett, Paul Egger and Tim Harris are also runners expected to come through in '83.

Junior Chris Leonard enjoyed a "very good" cross country season last fall placing fourth in the AMCU meet while leading the Panthers to a conference title. That same championship squad will stack the distance corps in track this spring with hopes of repeating good AMCU performances in the 5,000 and 10,000 meters. Northern Illinois transfer Carlos Valdez, Dan Fick, Carl Burrell and cross country captain Jim Whitcomb are also talented runners contending for honors.

Adams and Haven lead what has recently been a very productive field event corps. UNI lost Tom Reints, who took conference titles in the shot put and hammer throw, and Bobby Williams, the M-CC meet MVP who took first places in the long and triple jump. Jason Woodford finished second to Williams in the M-CC long jump and owns the UNI school record indoors with a 23-7 1/2 best. He and Brian Makela will give the Panthers a great one-two punch in the long/triple jump as will Arnie Doden and Bill Shea in the shot put. Freshmen Barry Cuvelier and Dave Siler are former state shot put champions and are being counted upon in the weight events. King will have a pair of potential seven-footers in the high jump for the first time ever. Freshmen Rod Wiese and Steve Weaver have had excellent pre-seasons and are looking to smash the Panther high jump records in their rookie seasons.

The UNI sprint corps continues to improve tremendously under the guidance of Assistant Coach Chris Buckman. Don Samuel tied the school indoor mark at 60 yards with a 6.44 effort, while John Wisman wiped out the 300-yard dash mark with a 31.47 best. Sophomore Mike DeBo turned in some of the fastest 440-yard dash and 400-meter times ever at UNI, breaking the freshman mark in the 400 meters. Doug Case, Keith Dorsette and Tom Stroh will contribute in the short sprints and relays along with Dave Gibbs, Scott Middleton, Robert Murphy and Scott Owens in the long sprints.

King returns a pair of school record holders in the hurdles. Jay Connor established Panther records in the 60-yard high hurdles twice last year and continues his assault on that mark and the 400 intermediate hurdles best outside. UNI 70-yard high hurdle record holder Craig Nordlie, also an all-conference receiver for the Panther football team, has some of the top marks in the 60- and 70-yard highs and the 400-meter intermediates. Bret Younger formerly held the Iowa prep record in the 400-meter low hurdles and will concentrate on the 60-yard highs indoors, and the 400-meter intermediate hurdles outside. Kevin Smith is a possible fourth member of what King hopes to be another school record shuttle hurdle relay foursome in 1983.

Several of the 1983 Panthers have bests which are listed among the top performances ever at UNI. King is looking for those kind of efforts and is expecting top performances from what he feels is a talented squad capable of winning another conference title. As was the case a year ago, it will take a successful blend of age and youth to get the job done. King and his squad are looking toward the newly aligned conference and new challenges with the determination of repeating last year's success.
Junior Chris Leonard is coming off his finest cross country campaign in which he led the Panthers to the conference championship. He is UNI's top runner in several of the distance events.

Returning Track Letterwinners (20) (*Cross Country Letterwinner)

Russ Adams, Jr. (PV)
Kirk Anderson, Jr. (MD)
Solomon Anderson, So. (MD)
Troy Becker, So. (PV)
Doug Case, So. (SS)
Jay Connor, Jr. (H)
Mike DeBo, So. (LS)
Arnie Doden, Sr. (SP, DS)
Brian Glassmaker, Jr. (MD)
Matt Haven, Jr. (DS)
Brian Makela, So. (LJ, TJ)
*Chris Leonard, Jr. (D)
Steve Muntz, Sr. (MD)
Craig Nordlie, Sr. (H)
Don Samuel, So. (SS)
Jim Thompson, Jr. (SS)
*Jim Whitcomb, Sr. (D)
Jason Woodford, Sr. (TJ, LJ, SS)
Bret Younger, Jr. (H)

Key
SS — Short Sprints
LS — Long Sprints
MD — Middle Distance
D — Distance
H — Hurdles
LJ — Long Jump
TJ — Triple Jump
DS — Discus

**Returning Track Letterwinners (20) (*Cross Country Letterwinner)**

**Rus Adams, Jr. (PV)**
**Kirk Anderson, Jr. (MD)**
**Solomon Anderson, So. (MD)**
**Troy Becker, So. (PV)**
**Doug Case, So. (SS)**
**Jay Connor, Jr. (H)**
**Mike DeBo, So. (LS)**
**Arnie Doden, Sr. (SP, DS)**
**Brian Glassmaker, Jr. (MD)**
**Matt Haven, Jr. (DS)**
**Brian Makela, So. (LJ, TJ)**
**Chris Leonard, Jr. (D)**
**Steve Muntz, Sr. (MD)**
**Craig Nordlie, Sr. (H)**
**Don Samuel, So. (SS)**
**Jim Thompson, Jr. (SS)**
**Jim Whitcomb, Sr. (D)**
**Jason Woodford, Sr. (TJ, LJ, SS)**
**Bret Younger, Jr. (H)**

**Key**
SS — Short Sprints
LS — Long Sprints
MD — Middle Distance
D — Distance
H — Hurdles
LJ — Long Jump
TJ — Triple Jump
DS — Discus

"We are going to deal with the psychological aspect of our training a little differently this year. Our upper classmen have not ran up to their potential yet and have to approach the competition with a more positive attitude. We have to continue to take advantage of our physical talent as well as become more aggressive on the track." — Head Coach Lynn King

**1982 UNI Cross Country Letterwinners**

Carl Burrell, Fr.
Dan Fick, So.
Steve Gearhart, Fr.
Chris Leonard, Jr.
Carlos Valdez, Jr.
Jim Whitcomb, Sr.

**UNI Panther Personnel Analysis**

<table>
<thead>
<tr>
<th>Number on Squad</th>
<th>(51)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Seniors</td>
<td>6</td>
</tr>
<tr>
<td>Juniors</td>
<td>16</td>
</tr>
<tr>
<td>Sophomores</td>
<td>11</td>
</tr>
<tr>
<td>Freshmen</td>
<td>18</td>
</tr>
</tbody>
</table>

**Athletes By State**

<table>
<thead>
<tr>
<th>State</th>
<th>Count</th>
</tr>
</thead>
<tbody>
<tr>
<td>Iowa</td>
<td>40</td>
</tr>
<tr>
<td>Illinois</td>
<td>5</td>
</tr>
<tr>
<td>Indiana</td>
<td>3</td>
</tr>
<tr>
<td>Minnesota</td>
<td>1</td>
</tr>
<tr>
<td>Ontario (Canada)</td>
<td>1</td>
</tr>
<tr>
<td>Bahamas</td>
<td>1</td>
</tr>
</tbody>
</table>

**Panther All-Americans**

<table>
<thead>
<tr>
<th>Year</th>
<th>All-American</th>
</tr>
</thead>
<tbody>
<tr>
<td>1939</td>
<td>William Jenkins (Cross Country)</td>
</tr>
<tr>
<td>1969</td>
<td>Larry McCready (120 High Hurdles)</td>
</tr>
<tr>
<td></td>
<td>Wayne Carpenter (Mile Run)</td>
</tr>
<tr>
<td>1970</td>
<td>Wayne Carpenter (Mile Run)</td>
</tr>
<tr>
<td></td>
<td>Mike McCready (Shot Put)</td>
</tr>
<tr>
<td></td>
<td>Rich Twedt (Cross Country)</td>
</tr>
<tr>
<td>1971</td>
<td>Mike McCready (Shot Put)</td>
</tr>
<tr>
<td></td>
<td>Mike McCready (Discus)</td>
</tr>
<tr>
<td></td>
<td>Rich Twedt (Cross Country)</td>
</tr>
<tr>
<td></td>
<td>Rich Twedt (3-mile Run)</td>
</tr>
<tr>
<td>1972</td>
<td>Mike McCready (Shot Put)</td>
</tr>
<tr>
<td></td>
<td>Rich Twedt (Cross Country)</td>
</tr>
<tr>
<td>1973</td>
<td>Rich Twedt (Cross Country)</td>
</tr>
<tr>
<td></td>
<td>Ron Peters (Cross Country)</td>
</tr>
<tr>
<td></td>
<td>Dennis Roloff (Mile Run)</td>
</tr>
<tr>
<td></td>
<td>Dennis Schultz (Mile Run)</td>
</tr>
<tr>
<td></td>
<td>Dave Anderson (Mile Relay)</td>
</tr>
<tr>
<td></td>
<td>Mike Byington</td>
</tr>
<tr>
<td></td>
<td>Steve DeSerano</td>
</tr>
<tr>
<td></td>
<td>Dennis Roloff</td>
</tr>
<tr>
<td>1974</td>
<td>Dennis Schultz (Mile Run)</td>
</tr>
<tr>
<td></td>
<td>Rich Twedt (6 Mile Run)</td>
</tr>
<tr>
<td></td>
<td>Scott Noltensmeier (120 High Hurdles)</td>
</tr>
<tr>
<td></td>
<td>Steve Ford (Pole Vault)</td>
</tr>
<tr>
<td></td>
<td>Kent Wessely (High Jump)</td>
</tr>
<tr>
<td></td>
<td>Bill Cook (Decathlon)</td>
</tr>
<tr>
<td>1975</td>
<td>Keith Schmidt (Pole Vault)</td>
</tr>
<tr>
<td>1976</td>
<td>Bob Friedman (1500 Meter Run)</td>
</tr>
<tr>
<td></td>
<td>John Holler (Shot Put)</td>
</tr>
<tr>
<td>1977</td>
<td>Bob Friedman (1500 Meter Run)</td>
</tr>
<tr>
<td></td>
<td>John Holler (Shot Put)</td>
</tr>
<tr>
<td></td>
<td>Brent Geringer (Discus)</td>
</tr>
<tr>
<td></td>
<td>Bill Glassmaker (600 Meter Run)</td>
</tr>
<tr>
<td></td>
<td>Bill Lawson (Decathlon)</td>
</tr>
<tr>
<td>1978</td>
<td>Brent Geringer (Discus, National Champion)</td>
</tr>
<tr>
<td></td>
<td>Brent Geringer (Shot Put)</td>
</tr>
<tr>
<td></td>
<td>Bob Friedman (1500 Meters)</td>
</tr>
<tr>
<td></td>
<td>Bill Glassmaker (800 Meters)</td>
</tr>
<tr>
<td></td>
<td>Bill Lawson (Decathlon)</td>
</tr>
<tr>
<td></td>
<td>Tom Rogers (Pole Vault)</td>
</tr>
<tr>
<td>1979</td>
<td>Bob Friedman (1500 Meters)</td>
</tr>
<tr>
<td></td>
<td>Brent Geringer (Shot Put)</td>
</tr>
<tr>
<td></td>
<td>Brent Geringer (Discus)</td>
</tr>
<tr>
<td></td>
<td>Bill Glassmaker (800 Meters)</td>
</tr>
<tr>
<td></td>
<td>Bill Lawson (Decathlon)</td>
</tr>
<tr>
<td></td>
<td>Tom Akers (400 High Hurdles)</td>
</tr>
<tr>
<td></td>
<td>Tim Jamerson (Pole Vault)</td>
</tr>
<tr>
<td>1980</td>
<td>Bill Lawson (Decathlon)</td>
</tr>
<tr>
<td>1981</td>
<td>Doug Nelson (Cross Country)</td>
</tr>
</tbody>
</table>
Long Sprinters
Mike DeBo, So.
David Gibbs, Fr.
Scott Middleton, Fr.
Robert Murphy, Jr.
Scott Owens, Fr.
Dave Swords, Fr.
John Wisman, Jr.

Bottom row (l to r) Jim Renfro, Mike DeBo, Robert Murphy. Top row (l to r) Dave Gibbs, Scott Middleton, Greg Petersen, John Wisman

Mike DeBo... 5-10... 155... Sophomore
Des Moines, IA (W.D.M. Dowling H.S.) H.S. Coach: Jim Blasingame
Parents: Ron & Joanne DeBo

DeBo is coming off of an outstanding freshman season in which he established new Panther freshman marks in the 600-yard dash (1:12.56) and the 400-meter dash (47.8). That 1:12.58 mark is the third fastest in UNI history with his 47.8 time at 400 meters ranking second. He also owns the seventh and eighth fastest times indoor in the 440-yard dash with a 50.29 personal best. King is confident DeBo will go under 46 seconds in the 400-meters this year and feels he will score several points this season for the Panthers. DeBo placed in nearly every Panther indoor meet and turned in a third-place effort at the outdoor Big Four 400-meter race. He was the state runner-up for Dowling High School at the 1981 state championship 400-meter dash and ran on the state championship two-mile relay team. Major: Undecided
Career Bests: 440y... 50.29; 600y... 1:12.58 (Freshman Record); 400m... 47.8
(Freshman Record); 800m... 1:56.0

Dave Gibbs... 5-10... 160... Freshman
Parents: Roy & Verna Gibbs

Gibbs helped New Hartford to a state championship and will be used mainly as a quarter miler at UNI after running the intermediate hurdles, quarter and half-mile in high school. He is a "very competitive athlete with a good chance of making the mile relay squad in 1983." If his physical potential matches his competitive effort, he should be a welcome addition to the UNI long sprint corps. Major: Power & Energy
Career Bests: 400m... *50.0; 400m IH... *54.2

Scott Middleton... 6-1... 170... Freshman
Clarion, IA (Clarion H.S.) H.S. Coach: Dennis Bowman
Parents: Harold & Mary Middleton

Scott was primarily a 200-meter dash performer in high school, but will concentrate on the 400 meters and 440-yard dash at UNI. He will be counted upon to help the mile relay team go under 3:10.0 this season and should contribute with more pre-season experience. He lettered 11 times in four sports at Clarion and was an all-conference baseball and basketball pick. Major: Business
Career Bests: LJ... *21-9½; 200m... *22.4; 400m... *50.0

Robert Murphy... 5-11... 160... Junior
South Bend, IN (John Adams H.S.)

Murphy has been battling injury problems during the pre-season but comes into the program with excellent credentials after attending Southwest Michigan Junior College. His 48.1 time in the quarter and 23-1 jump are career bests which King hopes Murphy can benefit the Panther squad with. King also touted him as "an outstanding all-around athlete who could help a lot on the 4 × 400-meter relay squad. Major: Undecided
Career Bests: 440y... 48.1; LJ... 23-1

John Wisman... 6-4... 185... Junior
Mason City, IA (Mason City H.S.) H.S. Coach: Dave Long
Parents: Theodore & Lynne Wisman

After a very good sophomore year in which he set a new UNI indoor mark in the 300-yard dash, Wisman will again be a vital cog in the long sprint group. That all-time Panther 300-yard best of 31.47 earned him first place in the UNI Triangular, while his personal 440-yard best of 50.40 earned him the gold at the 1982 Panther Quad and is the 11th fastest indoor quarter ever ran at UNI. Wisman duplicated his indoor success in the outdoor season with a second-place effort in the 400 meters (48.91) at the Western Illinois Quad, a first-place finish at the Northwest Missouri State Invitational in the 200 meters (22.57) and a third-place ribbon at the M-C championships for his 48.76 clocking at 400 meters. That 48.76 time is a personal best for Wisman and ranks as the fourth fastest ever, while his 49.91 effort is close behind in the all-time charts ranking fifth. King is concerned about his effectiveness indoors because of knee surgery last fall. Wisman was the state runner-up in the 100 and 200 meters in 1980 and earned Big Eight Conference titles in those events his senior year. Major: Pre-Med
Career Bests: 300y... 31.47 (School Record); 440y... 50.40; 400m... 48.76

Scott Owens... 5-9... 168... Freshman
Cedar Rapids, IA (Kennedy H.S.)

Sprint coach Chris Bucknam feels that Owens has a chance of "fitting in immediately in the long sprints and sprint relays." He will concentrate on the 300-yard dash indoors and compete at 400 meters during the outdoor season. Owens put together a great career at Cedar Rapids Kennedy High School finishing third at the Iowa high school championships in the 200-meter dash (22.32) as a junior, while winning the state 400-meter title last spring with a 49.50 time. Owens saw varsity action as a wide receiver and kick returner for the Panther football squad last fall and is a very good all-around athlete. Major: Business
Career Bests: 200m... *22.32; 400m... *49.50

*Indicates high school best.
**Middle Distance Runners**

**Kirk Anderson ... 6-1 ... 160 ... Junior**
Mason City, IA (Mason City H.S.)

Anderson is a former Iowa state high school cross country champion, but is still reaching for his full potential at UNI. King feels that "he is a national class runner physically and should be very strong this year in the mile and 1,500 meters." He will run everything from 400 meters up to the 1,500-meter run. His 1:55.23 best in the 880-yard dash is the ninth fastest Panther time ever, while his 3:52.26 best at 1,500 meters outside ranks 16th on the list. He set a Big Four 880 record with a 1:55.23 win in '82, the second year in a row Anderson won the Big Four indoor competition in that event. Major: Sociology

Career Bests: 440y - 50.0; 880y - 1:55.23; 1,500m - 3:52.26

**Solomon Anderson ... 6-2 ... 165 ... Junior**
South Bend, IN (John Adams H.S.) H.S. Coach: Doug Snyder

Sol is primarily a quarter-half miler for the Panthers. He can make a significant contribution in the mile relay and has the endurance to run everything up to 1,500 meters. He has done an outstanding job in the pre-season workouts and is entering the '83 season with a "very positive attitude." His indoor 440-yard dash best of 50.55 ranks 15th on the all-time list, along with a 12th-place ranking in the 600-yard run (1:13.44) and a seventh-place spot in the 800-meter dash (1:51.50). Outside, 1982 highlights include first-place finishes at the Western Illinois Quad, NW Missouri State Invitational and a second-place spot in the M-CC 800 meters. Major: Public Relations

Career Bests: 440y - 50.55; 600y - 1:13.44; 800m - 1:51.50

**Paul Egger ... 6-2 ... 160 ... Sophomore**
Muscatine, IA (Muscatine H.S.) H.S. Coach: Dave Mathews

King feels that Egger has the talent to become a 1:50 half miler and labels him as a "darkhorse" on the squad. Egger will be counted upon for points in the 600, 880 and 1,000-yard runs indoors, and concentrate on the 800 meters outside. King is extremely optimistic about Egger's "potential" and cites his "drive and good attitude" as fundamentals for improvement. He won eight letters in four sports at Muscatine and anchored the state champion two-mile relay team as a senior. Major: Undecided

Career Bests: 800m - 1:55.3

**Steve Gearhart ... 5-9 ... 135 ... Freshman**
Waukon, IA (Waukon, H.S.) H.S. Coach: Randy Erion
Parents: Dick & Ann Gearhart

"Steve has been the most pleasant surprise of the year," according to King. He did not have outstanding high school times, but was recruited on the basis of his competitiveness and potential. 1982 marked Gearhart's initial attempt at cross country. "Moose" made good that attempt by running in the UNI top seven all year, and making the top five in four of the cross country meets. His endurance and "cardiovascular efficiency" may prompt King to move him up to some of the distance events. Gearhart lettered 11 times in four sports at Waukon and was all-conference in both track and football. Major: Undecided

Career Bests: 800m - 1:56.4; 1,600m - 4:27.1

**Brian Glassmaker ... 6-0 ... 155 ... Junior**
Byron, MN (Byron H.S.) H.S. Coach: Mike Cabaya
Parents: William & Una Glassmaker

King touts Glassmaker as "one of the top, if not the top, middle distance runners." He is the brother of former Panther great Bill Glassmaker who holds four UNI middle distance marks. Brian found his own place in Northern Iowa history with an M-CC championship at 1,500 meters (3:54.48) and has the 13th fastest UNI time in that event with a 3:50.9. King is "expecting late development" from Glassmaker in the indoor season because of a knee injury last fall, as well as another good outdoor effort. He qualified for the national meet while running at Rochester Community College (MN) in both track and cross country, and earned all-state honors in cross country at Byron High School. Major: Physical Education

Career Bests: 400m - 51.6; 1000y - 2:16.0; 1,500m - 3:50.9; 800m - 1:53.2

**Tim Harris ... 5-9 ... 150 ... Sophomore**
Boone, IA (Boone H.S.) H.S. Coach: Merle Harris
Parents: Merle Harris

Harris capped his freshman campaign with a new Panther freshman indoor mark in the 1,500-meter run (4:04.21). He has shown good potential up to this point in his career and should help the middle distance corps in '83. He earned four track and three cross country letters at Boone High School and was an all-state cross country performer for the Toreadors. Major: Chemistry, Business

Career Bests: Mile - 4:20.3; 1,500m - 4:04.21 (Freshman Record); 3000m Steeplechase - 10:00.1

**Ken Jarrett ... 6-3 ... 160 ... Junior**
Maquoketa, IA (Maquoketa H.S.)

Jarrett set a Panther freshman record in the 1,000-yard run during the '81 season when he turned in a 2:14.8 clocking. He highlighted his indoor season with a fifth-place spot in the 1000-yard run at the Big Four meet and a fourth-place spot at 1000 yards in the UNI Triangular. He is looking for more consistent performances this season and hopes to break into the UNI all-time top ten at 1000 yards. Major: Education

Career Bests: 1000y - 2:14.8

**Steve Muntz ... 6-2 ... 170 ... Junior**
Dubuque, IA (Hempstead H.S.)

Muntz was a walk-on performer who is now one of the Panthers' top performers in the middle distance corps. He has a great combination of possessing good talent and great competitiveness. King feels Muntz "knows his potential better than anyone else on the squad and is able to operate close to that potential." His first-place time of 1:52.2 at the 1982 Big Four meet was a personal best and ranks as the 10th best time ever at UNI. His indoor best in the 880 of 1:55.23 also ranks 10th on the all-time list with the likely prospect of moving up on both lists this season. King predicts he could be the runner to break the existing UNI records in the 800 meters and 880-yard dash. Major: Health

Career Bests: 880y - 1:55.23; 1000y - 2:17.64; 800m - 1:52.2

*Indicates high school bests
Distance Runners

Carl Burrell ... 5-6 ... 128 ... Freshman
Mississauga, Ontario (Canada) (T.L. Kennedy H.S.) H.S. Coach: Sean Hollman
Parents: Milford & Olga Burrell

Burrell lettered on the Panther cross country team after his first campaign and has "the potential to become an outstanding runner." He will be heavily counted upon in both the distance and middle distance corps and is "ranked as one of the top people we're looking for this spring." Burrell placed seventh in the alumni cross country meet last fall, 17th at the ISU Invitational and 35th at the conference championships. Major: Industrial Technology

Career Bests: 1,500m - 3:56.0; 5,000m - 14:49.9; 10,000m - 30:16.4

Dan Fick ... 5-6 ... 135 ... Sophomore
Muscatine, IA (Muscatine H.S.) H.S. Coach: Dave Mathews
Parents: Donald & Barbara Fick

Fick "is head and shoulders above what he was doing a year ago prior to the indoor season" according to King. Fick was instrumental in the Panther cross country championship last fall, covering the 5,000-meter course in 25:06 which placed him fifth. He was also UNI's top performer in the NCAA District 5 meet finishing 31st with a 10,000-meter time of 32:14.4. Fick "is beginning to show the kind of performances and capabilities which his talent indicated he could do" and figures to be an integral part of the Northern Iowa distance corps. Fick is also an outstanding student and is hoping to attend medical school upon his graduation. Major: Chemistry and Biology

Career Bests: Mile - 4:24.0; 2-Mile - 9:17.4; 5,000m - 15:07.0

Todd Goodell ... 5-9 ... 140 ... Sophomore
Oelwein, IA (Oelwein H.S.) H.S. Coach: Ken Robinson
Parents: Ron & Sally Goodell

This is Goodell's first year out for track and cross country at UNI, but the former all-conference runner from Oelwein "has shown good potential" during the cross country campaign. More experience and training could benefit Goodell enough to make him a contributing factor in the distance corps. Major: Education

Chris Leonard ... 5-10 ... 140 ... Junior
Ankeny, IA (Ankeny H.S.) H.S. Coach: Scott Osborn
Parent: Shirley Leonard

King ranks Leonard as the "number one distance runner on the squad" after leading the 1982 UNI cross country team to the Association of Mid-Continent Universities title last fall. His 9:06.1 indoor clocking in the two-mile run is the ninth fastest ever run at Northern Iowa, while his indoor best in the 5,000-meter run (14:56.1) is the third quickest Panther clocking ever. Outdoors his 30:16.31 and 30:19.41 times in the 10,000 meters rate as the third and fourth fastest times, respectively. Leonard came back from a painful foot injury in the 1982 indoor season to take first place at the Western Illinois Quad 5,000-meter run, second place in the Mid-Continent Conference 10,000 meters and took fourth place in the Big Four 5,000-meter run. Leonard placed fourth in the AMCU cross country meet last fall and recorded the fastest time in six of the eight UNI races. He was all-state in both track and cross country at Ankeny High School lettering three times in both sports, and was a member of the National Honor Society. Major: Art

Career Bests: Mile - 4:19.8; 2-Mile - 9:06.1; 5,000m (indoors) - 14:50.1; 5,000m (outdoors) - 14:56.1; 10,000m - 30:16.31

Burton Marlowe ... 5-11 ... 148 ... Junior
Clinton, IA (Clinton H.S.) H.S. Coach: Bill Holtsclaw
Parents: David & Jane Marlowe

Marlowe has seen "vast improvement" during the past year and could be a "good contributor with some more hard work." Needs "more consistent off-season mileage to become a consistent in-season performer" in both track and cross country. Burt aspires to teach or go into some type of computer work and lettered once in both track and cross country at Clinton High School. Major: Mathematics

Career Bests: Mile - 4:34.0; 2-Mile - 9:52.4

Greg Skopec ... 5-8 ... 130 ... Junior
Cedar Rapids, IA (Kennedy H.S.) H.S. Coach: Al Stiers
Parents: Dr. Francis & Pat Skopec

King is optimistic that Skopec "will have a good year after changing his training and getting more out of his workouts." He could progress enough to become an asset for the distance corps and enjoy a good season. Skopec aspires to enter medical school or someday work in medical technology. Major: Biology

Career Bests: 2-Mile - 9:29.0; Mile - 4:27.0; Marathon - 2:28.15
Carlos Valdez ... 5-10 ... 125 ... Junior
Melrose Park, IL (West Leyden H.S.) H.S. Coach: Don Sage
Parents: Raul & Olga Valdez

Valdez placed sixth for the Panthers at the AMCU cross country championships last fall after transferring from Northern Illinois when that school dropped its program. He was "inconsistent" during the cross country campaign, but has "tremendous potential" which he demonstrated several times last fall and hopes to fulfill this spring. Besides his all-conference performance, Valdez placed 43rd at the NCAA District meet, seventh at the ISU Invitational and finished 16th out of 157 runners at the Wisconsin Invitational. King feels "he has as much talent as anybody on the team in the middle distance - distance group" but must produce. Major: Industrial Technology
Career Bests: 880y - 1:54.0; 1,500m - 3:53.8; Mile - 4:10.0; 2-Mile - 9:10.0

Hurdlers
Jay Connor, Jr.
Craig Nordlie, Sr.
Kevin Smith, Sr.
Bret Younger, Jr.

Bret Younger ... 5-8 ... 150 ... Junior
Atlantic, IA (Atlantic H.S.) H.S. Coach: Bob Younger
Parents: Bob & Marilyn Younger

King touted Younger as "an outstanding competitor capable of having a great year for us in 1983." He formerly held the Iowa state interscholastic record in the 400-meter low hurdles, breaking the state mark in both 1979 and 1980. He will be counted on to score in both the high hurdles and intermediate hurdles. Indoors, he placed in both the UNI Triangular and the UNI Quad in the 60-yard high hurdles and took fourth-place at the M-CC indoor championships in the 400-meter intermediate hurdles. Major: Recreation
Career Bests: 60y HH - 7.6; 400m IH - 53.8

Jim Whitcomb ... 5-8 ... 153 ... Senior
Glenwood, IA (Glenwood Comm. H.S.) H.S. Coach: Leonard Griffith
Parents: Ed & Anne Whitcomb

As captain of the Panther cross country team and one of the most improved UNI performers over the course of his career, Whitcomb will be looked upon to help lead the squad. He placed fourth in the M-CC steeplechase last year with a 9:25.80 clocking which was the seventh fastest time ever turned in by a Panther. Whitcomb's goal this season is to wipe out the six-year-old school mark of 9:15.0 in the steeplechase and win another conference title. King labels Whitcomb as a "very hard worker with the leadership abilities a team needs to be successful." Whitcomb was an all-conference runner at Glenwood and lettered four times in both track and cross country, while earning one letter in basketball. He is an outstanding student and plans on teaching and coaching. Major: Education
Career Bests: 3,000m Steeplechase: - 9:25.80; Mile - 4:16.1; 5-Mile - 25:06.0

Jay Connor ... 6-3 ... 165 ... Junior
Nashua, IA (Nashua Comm.) H.S. Coach: Charles Buckle
Parents: Lenos & Kay Connor

Connor exploded during his sophomore season establishing a new school mark in the 60-yard high hurdles two times during the 1982 season as well as accounting for four of the five quickest UNI indoor times ever in that event. He took first place in the 60 HH at the Iowa Big Four meet and the UNI Quad, breaking the school mark on both occasions. He battled teammate Craig Nordlie for top honors throughout the indoor season and was an integral part of the school record shuttle hurdle relay squad. Connor "jumped the gun" in the M-CC 110-meter high hurdle finals and was disqualified, but came back to finish second in the 400-meter intermediate hurdles. King is convinced that "Connor has the ability to qualify for nationals in the 400-meter intermediate hurdles" and plans to have him double in both the 110m HH and the 400m HH in the outdoor season. Major: Broadcasting
Career Bests: 60y HH - 7.42 (School Record); 110m HH - 14.52; 400m IH - 53.24

Craig Nordlie ... 6-0 ... 175 ... Senior
Nevada, IA (Nevada H.S.)

Nordlie has used up all of his indoor season eligibility, but will bolster the Panther conference title hopes during the outdoor campaign. King tabbed Nordlie as "one of the finest hurdlers and all-around athlete to ever attend the University of Northern Iowa." He missed the 1982 outdoor season because of an illness, but will contribute significantly to the 1983 UNI conference title hopes. He formerly held the school indoor record in the 60-yard high hurdles before Connor bettered it, and also shares the indoor mark for the 70y HH. He has three of the top eight times in the 60y HH and five of the top six marks in the 70y HH. Outdoors, five of the top 10 Panther times in the 110m HH belong to Nordlie who was also an all-Mid-Continent Conference flanker for the UNI football team. Nordlie highlighted his '82 indoor season with first-place finishes at the UNI triangular and Panther Quad, and tied the school record he already shared in the 70y HH at the UNI-Dome Open. Major: Public Relations
Career Bests: 60y HH - 7.48; 70y HH - 8.3 (Ties School Record); 110m HH - 14.3; 400m IH - 53.29

Kevin Smith ... 6-0 ... 175 ... Senior
Dubuque, IA (Senior H.S.) H.S. Coach: Bernie Berry
Parents: Larry & Tina Smith

An "on and off varsity performer throughout his career" who King is counting on for help, especially in the shuttle hurdle relay. Smith may also see some action in the triple and long jump, but will concentrate primarily on the hurdles. King feels Smith's contribution "will be an important one" and added "he is a talented hurdler who provides us with good depth in an already strong area." Smith wants to coach football and track or open a health spa upon graduation. Major: Health, Education
Career Bests: 110m HH - 14.8; TJ - 45-0
**Short Sprinters**

Doug Case, So.
Keith Dorsette, So.
Don Samuel, So.
Tom Strom, Fr.

**Career Bests:**
Samuel ran the 100-meter dash indoors, finishing third in the Iowa state 100-meter dash finals that same year. He is an avid rock-and-roll enthusiast and has ambitions of playing lead guitar in a band. Major: Undecided

Career Bests: 60y - 6.47; 100m - 10.67; 200m - 22.5; 400m - 49.9

Keith Dorsette, So.

Dorsette is a member of the Panther 440-yard relay squad, which set a new indoor mark in 1982. After a successful indoor season, he ran the third fastest effort in the 100-meter dash outdoors with a 10.67 best. Case has an impressive high school career in both baseball and track. He was an all-conference baseball player for Marshalltown’s 1981 state champs and finished third in the Iowa state 100-meter dash finals that same year. He is an avid rock-and-roll enthusiast and has ambitions of playing lead guitar in a band. Major: Computer Programming

Career Bests: 60y - **6.25; 100m - **10.5; 200m - **21.5

*Indicates high school time
**Indicates junior college time

**Career Bests:**
1. Mike Fletcher . . . 5-9 . . . 160 . . . Freshman
Muscatine, IA (Muscatine H.S.) H.S. Coach: Dave Matthews
Parents: William & Mildred Fletcher

The former all-state football performer at Muscatine High School has a good shot at making the Panther 4 x 100 and 4 x 200-meter relay foursomes according to King. His chances of running varsity depend greatly on how he progresses in the indoor season. Fletcher lettered three times in track at Muscatine, twice in football and once in baseball in addition to being a member of the National Honor Society. Major: Business Administration

Career Bests: 100m - *10.6; 200m - *22.6

2. Don Samuel . . . 6-0 . . . 165 . . . Sophomore
Maywood, IL (Walther Lutheran H.S.) H.S. Coach: Stan Reddel
Parents: Jefferson & Shirley Samuel

Samuel tied the school indoor mark in the 60-yard dash as a freshman and also ran on the 1982 440-yard relay foursome which established a new indoor best. His indoor performance of 31.66 in the 300-yard dash rates as the fourth best ever at UNI while his 31.84 time in that race is the ninth fastest in school history. Outdoors, his best of 11.03 in the 100-meter dash is the 10th fastest effort and his 21.8 time at 200 meters ties for fourth on the list. Samuel enjoyed an outstanding indoor season, but had trouble adjusting to the outdoor campaign. King feels "he is much stronger this season and should contend for several school marks before he is through." Samuel was involved in a host of prep activities including Who's Who Among American High School Students, and was an all-conference, all-state and All-American track performer in high school. Major: Pre-Med

Career Bests: 60y - 6.44 (Ties School Record); 300y - 31.66; 100m - 11.03; 200m - :21.8; 400m - :48.7
Weight Men

Barry Cuvelier . . . 6-1 . . . 235 . . . Freshman
New Hartford, IA (New Hartford Comm.) H.S. Coach: Larry Simons
Parents: Kent & Linda Cuvelier

Cuvelier is a two-time state champ in the shot put from New Hartford where he enjoyed an outstanding all-around athletic career. He "has lived up to everything expected of him and is adapting well to more intense weight training and some technique changes." King is counting on him "heavily" in the shot put, discus and hammer throw this season despite his rookie status. His standout career at New Hartford included all-state recognition in both football and track, as well as all-conference status both his junior and senior seasons in football, basketball, track and baseball. He has set his sights on the Panther freshman indoor and outdoor records in the shot put. Major: Industrial Tech.

Career Bests: SP - *59-8½; Discus - *142-8

Arnie Doden . . . 6-1 . . . 250 . . . Senior
Buffalo Center, IA (Buffalo Center H.S.)

As a consistent meet performer in both the shot put and discus as well as a scorer in the conference meet for three consecutive years, the Panthers will count heavily on Doden to help fill the gap left in the weight events left by graduated star Tom Reints. King touted Doden as "one of the best weight trainers we've ever had at UNI" and indicated he is "looking for a big improvement in his performance this season as a result of his hard work and dedication." Doden has already tossed the 16-pounder over 53 feet consistently during the pre-season and is taking aim on his personal best of 54-11 early in the year. Major: Geology

Career Bests: SP - 54-11; Discus - 166-8

Bill Shea . . . 6-0 . . . 215 . . . Junior
Beverly, MA (Beverly H.S.) H.S. Coach: Mike Nuss
Parents: Mr. and Mrs. Merrill Siler

One of two outstanding freshman recruits in the shot put who should help brighten the future Panther outlook. Siler was the Iowa Class B state champ in the shot and took four conference titles in the event at Denver High School. He has "a number of major technique changes to make" and will benefit from this year of experience. King is confident that with his "williness to work hard he can be a contributor right away." Siler lettered four times in track at Denver, three times in football and earned two letters in both basketball and baseball. Major: Industrial Tech.

Career Bests: SP - *58-3; Discus - *163-2

*Indicates high school bests

Matt Haven . . . 6-6 . . . 255 . . . Junior
Independence, IA (Jefferson H.S.) H.S. Coach: Lyle Leinbaugh
Parents: Burnell & Pat Haven

Haven has grown "during the off-season by leaps and bounds both physically and with his technique" according to King. At 6-6, 255 pounds King is looking for Haven to qualify this year for the national meet and pick up valuable points at the AMCU meet. Haven owns a personal best of 172-10 but is running for the 190-200-foot range by late in the outdoor season. He has the eighth, ninth, 10th, 14th and 15th longest throws in UNI history and should seriously threaten former national champion Brent Geringer's school mark of 199-6 before graduating. He enjoyed a productive outdoor campaign in '82 taking the gold at the Iowa State Open, Western Illinois Quad, Iowa Big Four meet and the M-CC conference championships, while placing 13th at the Drake Relays with a 167-5½ effort. Major: Industrial Ed.

Career Bests: Discus - 172-10
Long/Triple Jumper & High Jumpers

Jason Woodford, Sr. (LJ, TJ)
Brian Makela, So. (LJ, TJ)
Rod Wiese, Fr. (HJ)
Steve Weaver, Fr. (HJ)

Brian Makela . . . 6-1 . . . 168 . . . Sophomore
Sycamore, IL (Sycamore H.S.) H.S. Coach: Gib Seegers
Parents: Dave & Jo Makela

After a mediocre ’82 indoor season, Makela came on to set a UNI freshman record outdoors in the triple jump with a 47-8 leap. That effort is the ninth best in Panther outdoor history and makes him a serious threat to break the school indoor and outdoor marks set by Bill Lawson. King labeled him as “a very tough competitor who came back to school in excellent shape and looks to be far ahead of where he was a year ago at this time.” Makela was an all-conference track and field performer three consecutive years and qualified for the Illinois state meet twice. Besides four track letters, he won three basketball awards and two in football. Major: Business
Career Bests: L.J. - 22-3; TJ - 47-8

Rod Wiese . . . 6-2 . . . 145 . . . Freshman
Traer, IA (North Tama H.S.) H.S. Coach: Tom McDermott
Parents: Daryl & Joyce Wiese

Wiese comes to UNI with good high school credentials and “loads of potential.” “His spring is unbelievable,” quipped King of the fifth-place finisher at the Junior Olympics after a 6-8½-effort. King also indicated that if he improves his technique, “a seven-foot jump this season is not out of the question.” He will be one of the “one-two punch” which the Panthers will field this season in the high jump — an area which has not been a big point producer for UNI in recent years. Wiese lettered twice in basketball and three times in track at North Tama High School and was involved in many other activities such as music, speech club and Fellowship of Christian Athletes. Major: Undecided
Career Bests: HJ - *6-8½

Steve Weaver . . . 5-10 . . . 130 . . . Freshman
Moline, IL (Moline Senior H.S.) H.S. Coach: Gene Shipley
Parents: Richard & Dorthy Weaver

Weaver had the second highest jump of any prep in Illinois a year ago with a 6-11 leap and is touted by King as “one of the premier high school high jumpers in the midwest.” He took third in the Illinois state championships besides taking a conference championship at Moline Senior. He “has lived up to previous expectations during pre-season workouts” and with more “strength and flexibility” has the “opportunity to be a seven-foot performer indoors this season.” Weaver owns an indoor high school best of 6-10, but must improve upon that mark to achieve his goal of qualifying for the national meet in his rookie season. Weaver lettered in track three years at MSHS, played basketball one season and was a member of the school band for four years. Major: Business
Career Bests: HJ - (Indoors) *6-10; (Outdoors) *6-11

Jason Woodford . . . 5-11 . . . 165 . . . Senior
South Bend, IN (John Adams H.S.)
Parents: Eustren & Dora Woodford

After a record-setting year in 1982, Woodford is setting his sights on a conference title in the long jump and bettering the existing school marks. His 23-7½ leap last year established a new Panther best while four of his other indoor jumps rank among the top 11 in UNI history. He was edged out by teammate Bobby Williams in last season’s conference championships, but owns the third (24-1), sixth, eighth and 13th longest jumps outdoors. King touts him as a “great leader and a hard worker with a solid personality.” Northern Iowa will count very heavily upon him for points and must again expect outstanding performances from him if they hope to repeat last year’s success. King also is expecting him to be a tough runner in the sprint relays and short sprints. Major: Public Relations
Career Bests: 60y - 6.5; 100m - 10.6; LJ (Indoors) 23-7½ (School Record); (outdoors) 24-1; TJ - 45-0

*Indicates high school best
Pole Vaulters

Russ Adams, Jr.
Troy Becker, So.
Scott Sloan, Fr.

Russ Adams . . . 6-3 . . . 175 . . . Junior
Pocahontas, IA (Pocahontas H.S.) H.S. Coach: Joel Shaner
Parents: Mr. & Mrs. Al Krejci

“Adams is everything we’ve always wanted in a pole vaulter,” touted King. His 16-1 best indoors and 16-7 best outside established new Northern Iowa school records last year. His 16-8¼ effort at the indoor meet along with the 16-7 vault outdoors also bettered the previous Iowa intercollegiate meet marks. His physical talent and intensity encourage King to tab him as a “potential NCAA qualifier both indoors and outdoors.” Adams was one of UNI’s big point producers in ’82, winning every indoor competition he was entered in, while taking first place outside at the ISU Open, Western Illinois Quad, ISU Invitational, Iowa Big Four meet, the M-CC championships and qualifying for both the Drake and Kansas Relays. Major: Business Education

Career Bests: PV - (Indoors) 16-1 (School Record); (Outdoors) 16-7 (School Record)

Troy Becker . . . 5-9 . . . 150 . . . Sophomore
Elk Run Heights, IA (Waterloo Columbus H.S.)

Becker came on toward the end of the ‘82 season “and did a very good job in his first college season.” His exceptional speed and athletic ability have helped him develop into a potential 15-foot vaulter immediately in 1983. King is very pleased with Becker’s technique changes and credits his “hard work and desire” as “traits which will help the team this season.” Becker placed in nearly every Panther ‘82 indoor and outdoor meet, highlighting his outdoor campaign with a fourth-place effort at the M-CC meet. Major: Undecided

Career Bests: PV - (Indoors) 14-6; (Outdoors) 14-6

Scott Sloan . . . 5-11 . . . 150 . . . Freshman
Altoona, IA (North Polk H.S.)

Only a 13-6 vaulter in high school, King is confident Sloan has the “ability to make a valid contribution to the varsity squad.” King also “predicted no significant changes in his conditioning program, but pointed to “technique and more actual vaulting time” as areas which should improve his performance. With only three vaulters, he could rack up some valuable points with more hard work. Major: Undecided

Career Bests: PV - *13-6

*Indicates high school best
1982 Outdoor Results

Western Illinois Quad
Mar. 27, 1982
Western Illinois Univ., Macomb, IL
Final Team Scoring: UNI 89, Western Illinois 53, NE Missouri 51
Sprint Medley Relay — Huhenrokh (1st, 1:59:56), Whitcomb (3rd, 2:00:26), Harms (10:01:53, 5th), Shipley (2nd, 1:58:19), Neilson (3rd, 1:58:19), Shea (2nd, 1:58:19)

Iowa State Invitational
April 12, 1982
Iowa State Univ., Ames, IA
No Team Scores Kept
Shot Put — Reints (1st, 57:2)
Pole Vault — Adams (1st, 15-0)

Kansas Relays
Apr. 16-17, 1982
Kansas Univ., Lawrence, KS
No Team Scores Kept
Sprint Medley Relay — (4th, 3:33:99)

Drake Relays
April 24-25, 1982
Drake Univ., Des Moines, IA
No Team Scores Kept
Discus — Huhnerkoch (3rd, 178-10), Williams (1st, 175-9)

Iowa State Open
April 27, 1982
Iowa State Univ., Ames, IA
No Team Scores Kept
Shot Put — Reints (1st, 57-2)

Mid-Continent Conference
Championships
May 6-7
Western Illinois Univ., Macomb, IL
Final Team Scoring: UNI 89, Eastern Illinois 46, SW Missouri 35

The UNI-Dome — One of America’s Premier Indoor Facilities

UNI supporters and the entire State of Iowa realized a dream come true with the completion of the UNI-Dome — a completely covered, multi-purpose facility with an air-supported roof — in February of 1975.

The UNI-Dome, the prefix standing for the University of Northern Iowa, as well as meaning unique, combines the features of three buildings — a football stadium, fieldhouse and large auditorium. It hosts such events as concerts, exhibitions, trade shows, pageants and convocations, as well as football, basketball, softball and field hockey games and wrestling and track meets.

Multi-Purpose Use
The UNI-Dome was designed with “something for everyone.” Its artificial turf for football games can be rolled up in 45 minutes. Underneath, on a synthetic floor area, are basketball and tennis courts and an eight-lane, 220-yard oval running track. As many as 12 tennis matches and two basketball games can take place simultaneously at the field level.

Approximately 16,400 spectators can be seated for football and 7,254 for court-side activities. For stage activities, such as commencement, concerts and artist or speaker series, total capacity — using movable bleachers and folding chairs — can reach 25,000.
<table>
<thead>
<tr>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>60-yard dash</td>
<td>11.20</td>
<td>11.20</td>
<td>11.30</td>
<td>11.40</td>
<td>11.30</td>
<td>11.20</td>
<td>11.20</td>
<td>11.20</td>
<td>11.20</td>
<td>11.20</td>
<td>11.20</td>
<td>11.20</td>
<td>11.20</td>
</tr>
<tr>
<td>400-yard dash</td>
<td>46.20</td>
<td>46.20</td>
<td>46.30</td>
<td>46.40</td>
<td>46.30</td>
<td>46.20</td>
<td>46.20</td>
<td>46.20</td>
<td>46.20</td>
<td>46.20</td>
<td>46.20</td>
<td>46.20</td>
<td>46.20</td>
</tr>
<tr>
<td>3000-meter run</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
</tr>
<tr>
<td>Two-mile run</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
<td>8:30:00</td>
</tr>
<tr>
<td>Three-mile run</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
</tr>
<tr>
<td>5000-meter run</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
<td>14:30:00</td>
</tr>
<tr>
<td>10,000-meter run</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
<td>29:30:00</td>
</tr>
<tr>
<td>Shot put</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
<td>70-1/8</td>
</tr>
</tbody>
</table>
### UNI Indoor Records


**300 yd. Dash** — 31.47, John Wisman, 1982

**440 yd. Dash** — 49.2, Larry Daniels, 1988

**600 yd. Run** — 1:12.02, Bill Glassmaker, 1978

**880 yd. Run** — 1:52.9, Bill Glassmaker, 1979

**1000 yd. Run** — 2:10.6, Bill Glassmaker, 1979

**Mile Run** — 4:09.6, Dennis Schultz, 1974

**2-Mile Run** — 8:54.7, Dave O’Brien, 1979

**3-Mile Run** — 14:11.6, Doug Nelson, 1981

**5000m** — 14:38.4, Doug Nelson, 1981

**60 H.H.** — 7:42. Jay Connor, 1982

**60 L.H.** — 06.8, Larry McCready, 1969

**60 L.H.** — 07.1, Kent Wessely, 1972

**70 H.H.** — 08.3, Tom Akers, 1978, Craig Nordlie, 1979, 1982


**50 yd. Lows** — 05.9, Larry McCready, 1968, Kelly Wessely, 1972

**50 yd. I.H.** — 06.5, Ron Hamel, 1972

**High Jump** — 6'10¼", Rick Friedman, 1979

**Long Jump** — 23'7¼", Jason Woodford, 1982

**Triple Jump** — 49'4¼", Bill Lawson, 1979

**Pole Vault** — 16'1", Russ Adams, 1982

**Shot Put** — 60'3¼", Brent Geringer, 1979

**440 Relay** — 4:50. Robert Williams, Kelly Ellis, Doug Case, Don Samuel, 1982

**Mile Relay** — 3:19.80, Wes Dickerson, Tim Hemming, Terry Brennan, Clark Rasmussen, 1978

### UNI Outdoor Records

**100y** — 9.5, Dave Hershkamp, 1971

**100m** — 10.53, Kelly Ellis, 1978

**220y** — 21.0, Bob Ruth, 1967

**200m** — 21.71, Kelly Ellis, 1978

**440y** — 46.8, Dennis Roloff, 1972

**400m** — 47.94, Lester Young, 1979

**800m** — 1:48.55, Bill Glassmaker, 1979

**880y** — 1:50.77, Dennis Schultz, 1974

**1500m** — 3:44.06, Bob Friedman, 1979

**Mile Run** — 4:03.7, Dennis Schultz, 1974

**3000m Steeplechase** — 9:15.8, Steve MacTaggart, 1977

**2-Mile Run** — 9:15.8, Steve MacTaggart, 1977

**3-Mile Run** — 13:52.0, Rick Friedman, 1977

**5000m Run** — 14:31.3, Jim Erredge, 1979

**6-Mile** — 29:08.0, Bryan Huhnerkoch, 1979

**10,000m Run** — 29:59.0, Bryan Huhnerkoch, 1979

**120 H.H.** — 13.6, Larry McCready, 1967

**110m H.H.** — 14.36, Tom Akers, 1979

**440 L.H.** — 50.00, Tom Akers, 1979

**440 I.H.** — 51.3, Mark Sanborn, 1967

**High Jump** — 6'10¼", Kent Wessely, 1974

**Long Jump** — 24'2¼", Bob Friedman, 1981

**Triple Jump** — 50'2", Bill Lawson, 1977

**Pole Vault** — 16'7", Russ Adams, 1982

**Shot Put** — 56'6", John Holler, 1978

**Discus** — 199'6", Brent Geringer, 1979

**Javelin** — 207'4¼", Lloyd Gnagy, 1937

**Hammer** — 185'9", Tom Reints, 1982

**440 Relay** — 4:15. Keith Schmidt, Rick Freeburg, Dennis Rolof, Steve Mott, 1973

**880 Relay** — 1:26.33, Wes Dickson, Kelly Ellis, Ken Hopkins, Mike Shaw, 1978

**400m Relay** — 1:41.2, Tom Akers, Kelly Ellis, Wes Dickson, Mike Shaw, 1978

**Mile Relay** — 3:14.1, Mike Anderson, Steve DeSerano, Mike England, Dennis Roloff, 1973

**Sprint Medley Relay** — 3:22.5, Rick Freeburg, Steve DeSerano, Dennis Roloff, Dennis Schultz, 1973

### UNI Freshman Indoor Records

**2-Mile Relay** — 7:43.79, Clark Rasmussen, Bob Friedman, Terry Brennan, Bill Glassmaker, 1978

**Distance Medley** — 10:00.3, Ken Hopkins, Bill Glassmaker, Terry Brennan, Bob Friedman, 1978

**240 Shuttle Hurdle Relay** — 29.50, Jay Connor, Bret Younger, Darryl Goree, Craig Nordlie, 1982

### UNI Freshman Outdoor Records

**100 yd. Dash** — 9.7, Al Morgan, 1974

**100m Dash** — 10.53, Kelly Ellis, 1978


**200m Dash** — 21.71, Kelly Ellis, 1978

**440 yd. Dash** — 46.8, Dennis Roloff, 1972

**400m Dash** — 47.9, Mike DeBo, 1982

**880 yd. Dash** — 55.2, Don McCullough, 1969

**800m Dash** — 1:54.0, Ken Rose, 1980

**1500m Run** — 3:51.8, Todd Peverill, 1980

**Mile Run** — 4:14.8, Dennis Schultz, 1971

**3000m Steeplechase** — 9:29.2, Jamie Van Nostrand, 1974

**5000m Run** — 14:32.0, Dave O’Brien, 1979

**10,000m Run** — 30:19.41, Chris Leonard, 1981

**110m H.H.** — 14.32, Craig Nordlie, 1979

**440 I.H.** — 51.5, Gary King, 1977

**Long Jump** — 24'2¼", Bob Friedman, 1981

**High Jump** — 6'6½", Steve High, 1971

**Triple Jump** — 47'8", Brian Makela, 1982

**Pole Vault** — 16'1½", Tim Jameson, 1978

**Discus** — 164'10", Matt Haven, 1981

**Javelin** — 172'11", Steve Sheets, 1981

**Shot Put** — 56'11¼", Mike McCready, 1969

**Hammer** — 168'5", Tom Reints, 1978

**440 Relay** — 42.8, Schmidt, Matt, Roloff, Freeburg, 1972

**880 Relay** — 1:29.6, Davis, Gilmore, McCready, Miller, 1966

**Sprint Medley Relay** — 3:29.7, Brand, Campbell, White, Daniels, 1976

**Distance Medley Relay** — 10:41.8, Gilmore, Davis, Witt, Denney, 1966

**Mile Relay** — 3:20.6, Brand, Daniels, White, Campbell, 1967
1982-83 UNI Running Mates

<table>
<thead>
<tr>
<th>Name</th>
<th>Hometown</th>
<th>Class</th>
<th>Major</th>
</tr>
</thead>
<tbody>
<tr>
<td>Laura Blum</td>
<td>Council Bluffs</td>
<td>Sophomore</td>
<td>Accounting</td>
</tr>
<tr>
<td>Vonda Borcherding</td>
<td>Belmond</td>
<td>Freshman</td>
<td>Elem. Education</td>
</tr>
<tr>
<td>Shelly Ehresman</td>
<td>Tipton</td>
<td>Sophomore</td>
<td>Undecided</td>
</tr>
<tr>
<td>Deanne Farley</td>
<td>Des Moines</td>
<td>Junior</td>
<td>Accounting</td>
</tr>
<tr>
<td>Michele Gaffney</td>
<td>Lamont</td>
<td>Junior</td>
<td>Food &amp; Nutrition</td>
</tr>
<tr>
<td>Renee Holmes</td>
<td>Waterloo</td>
<td>Junior</td>
<td>Ad. Management</td>
</tr>
<tr>
<td>Lori Hunt</td>
<td>Story City</td>
<td>Junior</td>
<td>Fashion Merchandising</td>
</tr>
<tr>
<td>Tammie Kray</td>
<td>Cedar Rapids</td>
<td>Sophomore</td>
<td>Undecided</td>
</tr>
<tr>
<td>Karen Leeland</td>
<td>Wakefield, NE</td>
<td>Sophomore</td>
<td>Marketing</td>
</tr>
<tr>
<td>Jackie Lueth</td>
<td>Wheatland</td>
<td>Sophomore</td>
<td>Social Work</td>
</tr>
<tr>
<td>Karmen Meier</td>
<td>Oakland, CA</td>
<td>Sophomore</td>
<td>Special Education</td>
</tr>
<tr>
<td>D’Auria Miller</td>
<td>Waterloo</td>
<td>Sophomore</td>
<td>Journalism</td>
</tr>
<tr>
<td>Ann Paxson</td>
<td>Pocahontas</td>
<td>Sophomore</td>
<td>Accounting</td>
</tr>
<tr>
<td>Sue Pivo</td>
<td>Wheatland</td>
<td>Sophomore</td>
<td>Nursing</td>
</tr>
<tr>
<td>Renee Reiling</td>
<td>Le Mars</td>
<td>Sophomore</td>
<td>Business</td>
</tr>
<tr>
<td>Cindy Reistroffer</td>
<td>Deep River</td>
<td>Freshman</td>
<td>Business</td>
</tr>
<tr>
<td>Joni Sauter</td>
<td>Columbus City</td>
<td>Freshman</td>
<td>Education</td>
</tr>
<tr>
<td>Anne Schwab</td>
<td>Muscatine</td>
<td>Freshman</td>
<td>Rec./Social Work</td>
</tr>
<tr>
<td>Roberta Thacker</td>
<td>Ottumwa</td>
<td>Junior</td>
<td></td>
</tr>
<tr>
<td>Anne Warren</td>
<td></td>
<td>Freshman</td>
<td></td>
</tr>
</tbody>
</table>

UNI Quick Facts

Location: Cedar Falls, IA 50614
Founded: 1876
Enrollment: 12,725
Nickname: Panthers
Colors: Purple and Old Gold
Facility: (Indoors) UNI-Dome, 16,400
(Outdoors) Cedar Falls High School and O.R. Latham Field
National Affiliation: NCAA Division I
Conference: Association of Mid-Continent Universities
President: Dr. John J. Kamerick

UNI-Dome Records

- Shot Put — 66-10 ½, Al Feurbach (Pacific Coast TC) 1976
- High Jump — 7-3, Brian Tjens (North-Central Manly H.S.) ’81
- Long Jump — 25-4 ½, Ed Stewart (Mankato State) 1982
- Triple Jump — 50-4, Peter Pratt (Mankato State) ’77
- Pole Vault — 16-6, Dave Nielsen (Iowa TC) 1976
- 60 yd. Dash — 06.23, Jeff Byrd (Lincoln University) ’81
- 60 yd. HH — 07.1, Greg Rumble (Drake University) ’76
- 70 yd. HH — 08.3, Tom Akers (UNI) 1978; Ricky Davenport 1979; Craig Nordlie (UNI) ’79, ’81
- 300 yd. Dash — 03.45, Sunday Uti (Iowa State) ’82
- 440 yd. Dash — 49.03, Ray Armsfield (Northeast Missouri) ’82
- 600 yd. Run — 1:10.8, David Korir (Iowa State) 1976
- 880 yd. Run — 1:52.9, Bill Glassmaker (UNI) 1979
- 1,000 yd. Run — 2:09.49, Randy Wilson (Unattached) 1980
- 1,500-meter Run — 3:47.5, John Clarke (Iowa TC) 1977

- Mile Run — 4:08.1, Jeff Myers (Iowa State) 1977
- 2-Mile Run — 8:50.85, Richard Kaitany (Iowa State) 1980
- 5000m Run — 15:28.6, Mike Palmquist (Good Times TC) ’81
- 2-Mile Walk — 15:01.3, Jeff Moznaac (Wis.-Platteville) ’77
- Sprint Medley Relay — 3:34.1, UNI (Ebenezer, Roberts, Froehle, Connell) ’76
- Distance Medley Relay — 10:00.3, UNI (Hopkins, Brennan, Glassmaker, Friedman) ’78
- Shuttle Hurdle Relay — 29.50, UNI (Jay Connor, Bret Younger, Daryl Goree, Craig Nordlie) 1982
- 2-Mile Relay — 7:43.79, UNI (Rasmussen, Brennan, Friedman, Glassmaker) 1978

"They are important people in our program which we really appreciate and respect for their loyalty and support."

That’s what UNI Head Coach Lynn King quipped of the 20 Northern Iowa coeds who are members of the 1982 Running Mates. In just a few years, the volunteer organization has grown into an integral part of the program with members contributing their time to several different aspects of the program.

Each Running Mate is scheduled to work at a practice two or three days a week taking times, making sure each athlete completes his workout as well as other basic practice duties which allows King and Bucknam to work on a more individualized basis with the athletes. During meets the group times races, runs all field events and gives out the awards to the competitors. They alternate working in the track office and are responsible for some correspondence, handling phone calls, record updates, meet preparation and various recruiting preparation.

The Running Mates also help with fund-raising events and participate in various social events with each other and the members of the track squad. Picnics, parties and other activities help the organization get to know each other, as well as the UNI track team members, on a more informal basis.
1982 Association of Mid-Continent Universities Cross Country Champions

1982 Mid-Continent Conference Track and Field Champions

1983 University of Northern Iowa Men's Track and Field