

## Washing Hands [video]

---

### About Empowering Preschool Quality (EPQ)

This collection was created to provide resources for early childhood professionals and the trainers providing professional development for them.

With the strong focus on early childhood education in recent years the EPQ Project is striving to meet the needs of teachers who are continually working to better serve young children. As the EPQ Project continues to grow, content will be added and revised as appropriate to meet the changing needs of teaching professionals and trainers.

As you explore this site, you will find a wealth of information including:

- [Video](#) examples of children and teachers in classroom settings that relate to specific
- Iowa Early Learning Standards ([IELS](#))
- Iowa Quality Preschool Program Standards ([IQPPS](#))
- National Association for the Education of Young Children ([NAEYC](#)) Standards and Accreditation Criteria
- A page for Trainers with resources to support their work

Although this work is based primarily on Iowa standards, the information contained in this web site is useful to early childhood professionals, consultants, or professional development providers outside of Iowa. The video examples illustrate high-quality preschool practices and will reflect the standards adopted by most states.

The EPQ Project was developed to help early childhood professionals and trainers achieve ever higher levels of excellence. You can help the EPQ Project achieve this by sharing your suggestions on how we can improve via our comment form.

### NAEYC

Curriculum Content Areas for Cognitive Development: Health and Safety

**2.K.01- Children in Ms. Huinker's class are provided varied opportunities and materials that encourage good health practices such...hand washing...**

As part of the daily routine in Ms. Huinker's classroom, children wash their hands. The sink area has all of the essential items required for the routine within easy reach of the children. A step stool provides easy access to the sink with a soap dispenser nearby.

The paper towel dispenser is on the wall next to the sink and the garbage can is also close so children have everything they need to independently complete the routine.

## IELS

### 7.1-Healthy and Safe Living

Children understand healthy and safe living practices.

Children in Ms. Huinker's class **follow healthy self-care routine(...washing hands).**

A girl shows independence in a hand washing routine. The procedure has been effectively modeled for the children in Ms. Huinker's class and the children can follow the routine without further guidance. Another girl begins the hand washing routine after the first girl has finished and more children form a line to wait for their turn to wash their hands.

## IQPPS

Curriculum Content Areas for Cognitive Development: Health and Safety

2.33- Children in Ms. Huinker's class **are provided varied opportunities and materials that encourage good health practices such...hand washing...**

As part of the daily routine in Ms. Huinker's classroom, children wash their hands. The sink area has all of the essential items required for the routine within easy reach of the children. A step stool provides easy access to the sink with a soap dispenser nearby. The paper towel dispenser is on the wall next to the sink and the garbage can is also close so children have everything they need to independently complete the routine.

## HSPS

1304.21(a)(3)(i)(B) - Ms. Huinker **encourages development which enhances each child's strengths by fostering independence.**

A girl shows independence in a hand washing routine. The procedure has been effectively modeled for the children in Ms. Huinker's class and the children can follow the routine without further guidance. Another girl begins the hand washing routine after

the first girl has finished and more children form a line to wait for their turn to wash their hands.

1304.22(e)(1)(i) – **Children** in Ms. Huinker's classroom **must wash their hands with soap and running water.**

As part of the daily routine in Ms. Huinker's classroom, children wash their hands. The sink area has all of the essential items required for the routine within easy reach of the children. A step stool provides easy access to the sink with a soap dispenser nearby. The paper towel dispenser is on the wall next to the sink and the garbage can is also close so children have everything they need to independently complete the routine.

## HSCOF

### Physical Health and Development

#### Health Status and Practices

- Shows growing independence in hygiene, nutrition and personal care when eating, dressing, washing hands, brushing teeth and toileting.
- Builds awareness and ability to follow basic health and safety rules such as fire safety, traffic and pedestrian safety, and responding appropriately to potentially harmful objects, substances and activities.