

2018

## 2018 UNI Cross Country Records

University of Northern Iowa

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## WOMEN'S XC RECORDS

### 4,000 METERS

Rank	Name	Year	Time
1.	Traci Hawley	2007	14:13
2.	Caedryn Schrunck	2007	14:15
3.	Tiffany Christensen	2017	14:28.4
4.	Ashley Norem	2017	14:36.9
5.	Elly Glass	2007	14:40
6.	Gabby Skopec	2017	14:47.7
7.	Alyssa Williams	2017	14:50.3
8.	Alex Wilson	2014	14:54
9.	Randi Burns	2003	14:46
10.	Wendy Shaw	2002	14:49

### 5,000 METERS

Rank	Name	Year	Time
1.	Alex Wilson	2014	17:07
2.	Traci Hawley	2007	17:20
3.	Emily Montgomery	1994	17:27
4.	Kelsey Kirchoff	2015	17:32.7
5.	Hannah Truniger	2017	17:32.8
6.	Sandy Elsberry	1982	17:35
7.	Brette Correy	2017	17:39.2
8.	Tiffany Christensen	2017	17:39.9
9.	Ashley Norem	2016	17:40.0
10.	Caedryn Schrunck	2007	17:43

### 6,000 METERS

Rank	Name	Year	Time
1.	Traci Hawley	2007	20:56.00
2.	Kelsey Kirchoff	2015	21:01.50
3.	Alex Wilson	2014	21:01.80
4.	Ashley Norem	2016	21:08.90
5.	Hannah Truniger	2016	21:09.60
6.	Brette Correy	2017	21:13.10
6.	Caedryn Schrunck	2007	21:18.00
7.	McKayla Cole	2017	21:19.00
7.	Kari Thilges	2000	21:25.00
8.	Gabby Champion	2017	21:28.70
9.	Tiffany Christensen	2017	21:28.90
10.	Scotti Schon	2012	21:36.00

## MEN'S XC RECORDS

### 8,000 METERS

Rank	Name	Year	Time
1.	Balazs Csillag	2001	24:20
	Velibor Radojevic	2003	24:20
3.	Oliver Bodor	2001	24:22
4.	Kyle Kepler	1997	24:25
5.	Jay Brock	1996	24:27
	Chris Leonard	1982	24:27
7.	Marty Greene	1992	24:28
8.	Zach Buchheit	2014	24:29
9.	Levente Timar	1999	24:33
10.	Mate Nemeth	2000	24:35
	Brett Egan	2012	24:35

### 10,000 METERS

Rank	Name	Year	Time
1.	Dan Fick	1983	30:27
2.	Chris Leonard	1983	30:28
3.	Dan Hostager	1988	30:45
4.	Oliver Bodor	2000	30:50
	T. Vandenabeele	2009	30:50
6.	Levente Timar	1999	30:55
7.	Todd Goodell	1985	30:58
8.	Zach Buchheit	2014	31:00
9.	Kyle Kepler	1997	31:02
10.	Steve Gearhart	1983	31:23
	Bill Castle	1988	31:23



## 2018 PANTHER CROSS COUNTRY BEST TIMES

### WOMEN'S BEST TIMES

Name	Best 4K Time (Finish) (Race)	Best 5K Time (Finish) (Race)	Best 6K Time (Finish) (Race)
Jasmine Armstrong	N/A	N/A	N/A
Gabby Champion	14:47.1 (11th) (Hawkeye)	N/A	N/A
McKayla Cole	N/A	N/A	22:36.40 (48) (Roy Griak)
Lucy Conroy	15:52.7 (39th) (Hawkeye)	N/A	22:51.70 (60) (Roy Griak)
Brittany Davis	N/A	N/A	N/A
Paige Holub	15:03.0 (21st) (Hawkeye)	N/A	23:42.90 (99) (Roy Griak)
Josie Kriener	N/A	N/A	N/A
Jenna Lederman	N/A	N/A	N/A
Haylee Luna	15:57.4 (43rd) (Hawkeye)	N/A	N/A
Katie Nimrod	N/A	N/A	N/A
Avery Peterson	N/A	N/A	N/A
Mia Rampton	N/A	N/A	N/A
Tess Roorda	15:09.6 (24th) (Hawkeye)	N/A	23:05.0 (59) (Roy Griak)
Lyndsie Schinkel	15:08.8 (23rd) (Hawkeye)	N/A	N/A
Gabby Skopec	14:57.2 (19th) (Hawkeye)	N/A	22:41.10 (52) (Roy Griak)
Dianna Slight	N/A	N/A	N/A
Jill Vonnahme	15:32.7 (31st) (Hawkeye)	N/A	25:10.50 (136) (Roy Griak)
Alyssa Williams	14:47.6 (12th) (Hawkeye)	N/A	23:03.00 (68) (Roy Griak)

### MEN'S BEST TIMES

Name	Best 6K Time (Finish) (Race)	Best 8K Time (Finish) (Race)
Ben Ahlrichs	20:32.4 (55th) (Hawkeye)	26:17.60 (74) (Roy Griak)
Seb Gearhart	N/A	N/A
Drake Henrichs	19:32.1 (32nd) (Hawkeye)	26:01.0 (17th) (Bradley Intercollegiate)
Bo Hjelle	20:32.9 (56th) (Hawkeye)	N/A
Alex Jackson	19:11.4 (27th) (Hawkeye)	25:50.6 (11th) (Bradley Intercollegiate)
Addy Kalb	20:14.7 (50th) (Hawkeye)	N/A
Andrew Kephart	20:14.0 (49th) (Hawkeye)	26:40.4 (29th) (Bradley Intercollegiate)
Wal Khat	18:47.5 (10th) (Hawkeye)	24:57.60 (12th) (Roy Griak)
CJ May	20:03.2 (46th) (Hawkeye)	26:12.60 (69th) (Roy Griak)
Sam McCool	19:18.2 (28th) (Hawkeye)	25:57.9 (12th) (Bradley Intercollegiate)
Logan Murray	19:43.4 (39th) (Hawkeye)	26:54.40 (109th) (Roy Griak)
Ethan Smith	20:00.7 (44th) (Hawkeye)	26:36.1 (27th) (Bradley Intercollegiate)

