

Blindfolded

Tallgrass Prairie Center, University of Northern Iowa

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Blindfolded (K-3)

Curriculum Connection: Science & Life Systems; Oral Language

Materials: One long rope and one blindfold per student

Activity: Help students blindfold each other and everyone hangs onto a long rope. The teacher and 1 student remain without blindfolds to hold the ends of the rope. The teacher will silently & slowly lead the class through a natural area that will stimulate the student's senses. Tell the students to think about how it feels, smells, sounds, and imagine that it is their home. Pause occasionally, sit, or use some other type of break to ensure an experience is being felt. Once to an open space, remove the blindfolds and discuss the senses or experiences.

Possible Prompts or Leading Questions:

- Attempt to frame the uniqueness of each student experience and how each of us experience the walk differently
- Encourage students to be silent so that a sensory experience can be had by all (consider stopping if students remain unsettled/noisy)

Extensions & Other Options:

- Bring technology or journals of some type so that students can record their emotions and feelings through a poem, story, or comic