

July 2023

## Blindfolded

Tallgrass Prairie Center, University of Northern Iowa

*Let us know how access to this document benefits you*

Copyright ©Tallgrass Prairie Center, University of Northern Iowa

Follow this and additional works at: <https://scholarworks.uni.edu/oermaterials>

---

### Recommended Citation

Tallgrass Prairie Center, University of Northern Iowa, "Blindfolded" (2023). *Open Educational Resources*. 338.

<https://scholarworks.uni.edu/oermaterials/338>

This Activities and Labs is brought to you for free and open access by the Open Educational Resources at UNI ScholarWorks. It has been accepted for inclusion in Open Educational Resources by an authorized administrator of UNI ScholarWorks. For more information, please contact [scholarworks@uni.edu](mailto:scholarworks@uni.edu).

**Offensive Materials Statement:** Materials located in UNI ScholarWorks come from a broad range of sources and time periods. Some of these materials may contain offensive stereotypes, ideas, visuals, or language.

## **Blindfolded (K-3)**

**Curriculum Connection:** Science & Life Systems; Oral Language

**Materials:** One long rope and one blindfold per student

**Activity:** Help students blindfold each other and everyone hangs onto a long rope. The teacher and 1 student remain without blindfolds to hold the ends of the rope. The teacher will silently & slowly lead the class through a natural area that will stimulate the student's senses. Tell the students to think about how it feels, smells, sounds, and imagine that it is their home. Pause occasionally, sit, or use some other type of break to ensure an experience is being felt. Once to an open space, remove the blindfolds and discuss the senses or experiences.

**Possible Prompts or Leading Questions:**

- Attempt to frame the uniqueness of each student experience and how each of us experience the walk differently
- Encourage students to be silent so that a sensory experience can be had by all (consider stopping if students remain unsettled/noisy)

**Extensions & Other Options:**

- Bring technology or journals of some type so that students can record their emotions and feelings through a poem, story, or comic