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Science Notes - Red Lobster Nutrition Education Program

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Red Lobster Nutrition Education Program

The Red Lobster Corporation is offering a special nutrition packet to educators free of charge. "Treasures from the Deep--Seafood for Health's Sake" is a classroom learning kit designed to help students become more aware of their bodies' nutritional needs and the benefits of seafood.

Included in the kit are a teacher's guide, in-class and take-home activities and a wall chart for the classroom. The teacher's guide includes a bibliography, glossary of terms and information for classroom activities. Four structured activities cover the topics of fat, cholesterol, balanced diets, seafood selection and preparation and a look at the "secret from the sea," Omega-3 (fatty acids found in fish and mineral oils). The wall chart features a poster on one side and a nutritional chart of various seafoods on the other. Both sides are illustrated in full color.

To obtain more information about Red Lobster's Nutrition Education Program, contact Red Lobster, P.O. Box 1400K, Dayton, OH 45414.

American Geological Institute Offers Careers Brochure

The American Geological Institute (in cooperation with the American Association of Petroleum Geologists and the Geological Society of America) is offering its brochure titled *Careers in the Geosciences* free of charge to interested educators.

The full-color fold-out includes information on what geoscientists are, what they do, where they work, a geoscience job and salary outlook and a resource section for persons interested in pursuing a career in the field of geoscience.

To obtain a copy of the brochure, contact the American Geological Institute, 4220 King Street, Alexandria, VA 22302-1507, ph.(703) 379-2480.

--S.A.A.

Onion's Fusible Alloy Sample

Flinn Scientific, Inc., is offering free samples of a special alloy designed for use in melting-point activities. "Onion's Fusible Alloy" has a melting point nearly 15 degrees Fahrenheit below the boiling point of water.

Teachers may obtain a free sample of "Onion's Fusible Alloy" and a guide for a melting-point activity by contacting Flinn Scientific, Inc., P.O. Box 219, Batavia, IL 60510. Requests should be sent on school stationery and should use the school address.

--S.A.A.