

2002

## 2002 Track & Field - Cross Country

University of Northern Iowa

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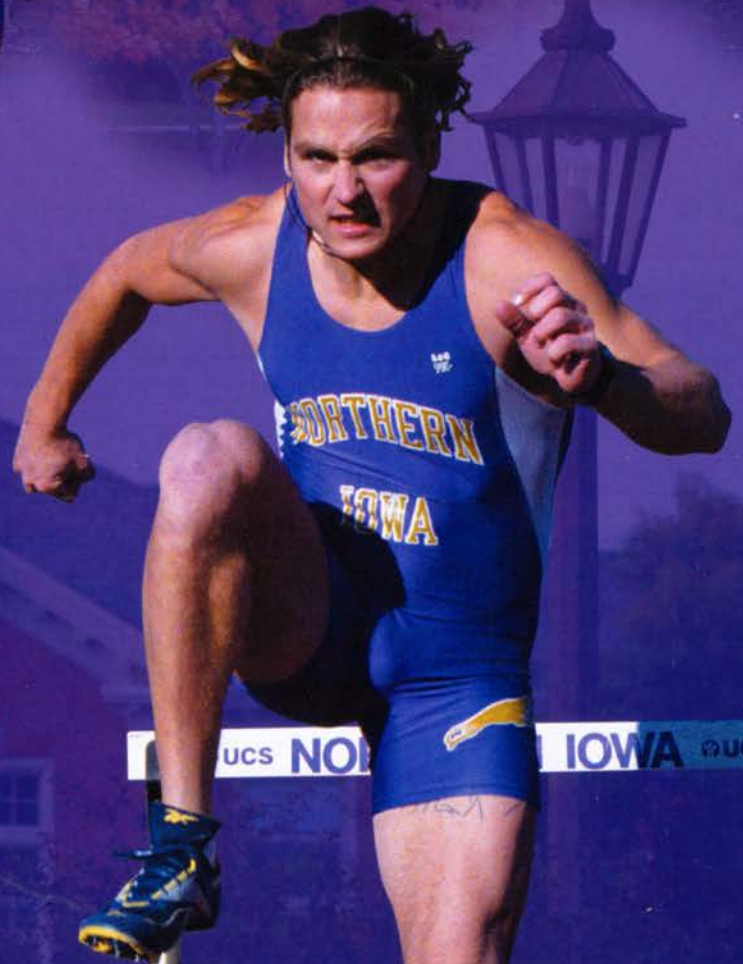
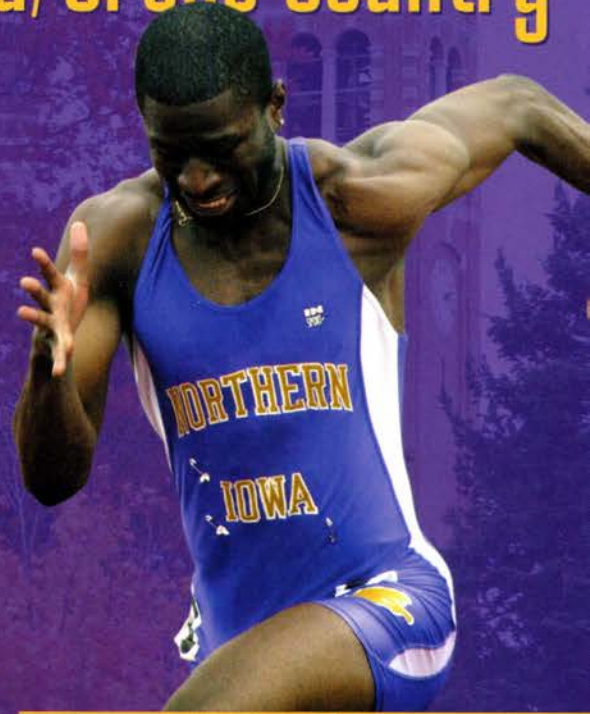
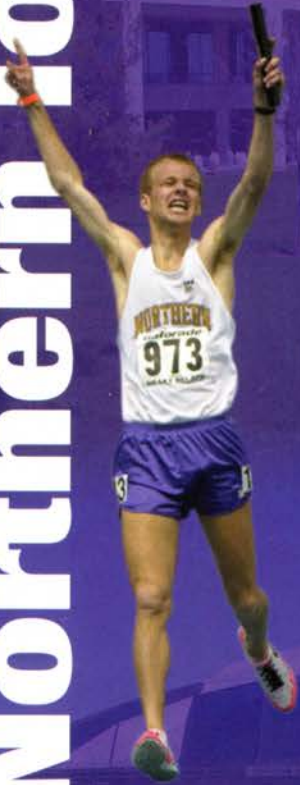
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# University of Northern Iowa



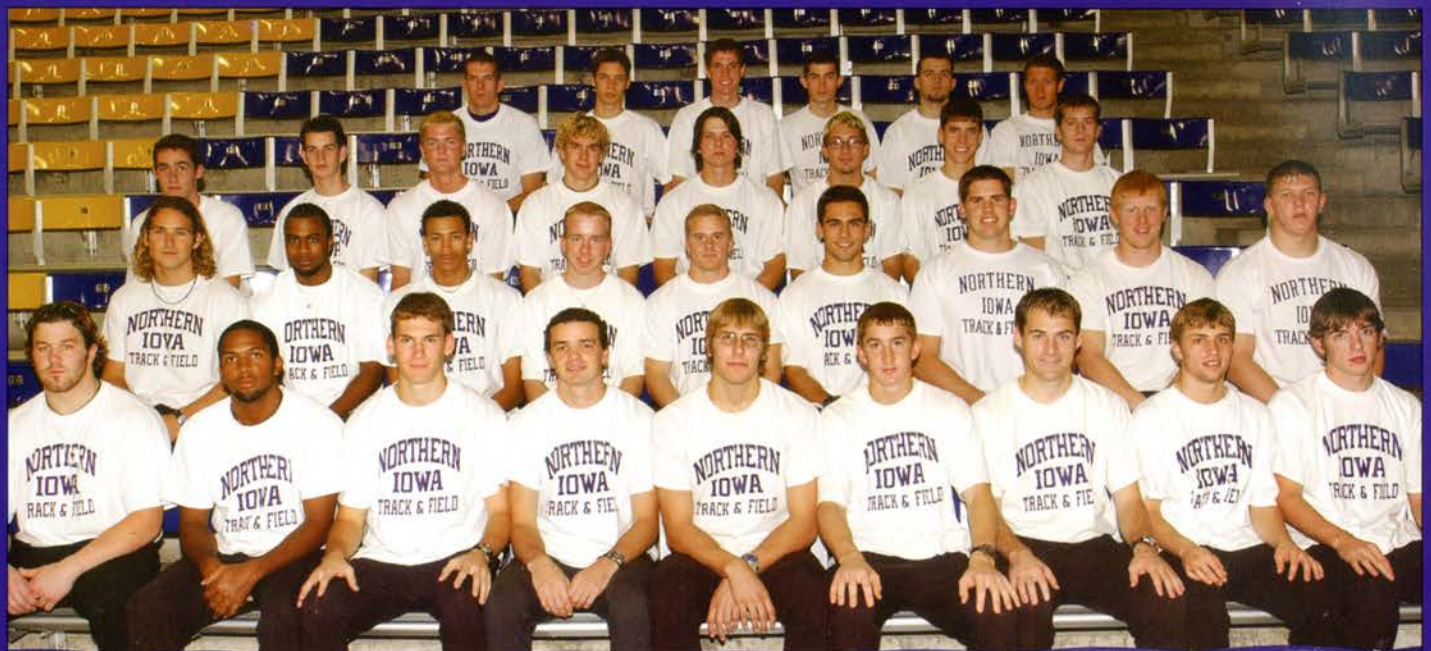
## 2002 Track & Field/Cross Country



# 2001-02 Panthers



**2001-02 Panthers:** (Front) Melissa Nelson, Deb Cordner, Diedra Dixon, Mellisa Campbell, Crystal Seamans, Jill George, Jill Sinnwell, Wendy Shaw, Inga Hope. (2nd row) Amanda Mueller, Maria Johnson, Erin Wessely, Jill Schwiebert, Angie German, Jessica Johnson, Tristan Smith, Sarah Hoy, Nikki Nelson. (3rd row) Liz Robertson, Kara Hulse, Kayleen Popp, Kara Carstens, Amanda Koester, Emily Shoopman, Renee Ranikie. (Back) Elly Glass, Jennifer Duffy, Jessica Johnson, Bridgitte Duffy, Dana Dominguez, Rita Fiala, Katie Johnson, Kris Hand.



**2001-02 Panthers:** (Front) Ben Lafleur, Cyrus Nichols, Dave Paulsen, Burke Bockman, Cody Neuenndorf, Dirk Homewood, Joel Sullivan, Dan Wagner, Adam Hinders. (2nd row) Travis Geopfert, Lamonta Bronaugh, Jeff Olorundami, Josh Wilson, Chris Breindenbach, Steve Blocker, Grant Wesson, Chad Dennis, Derrick Benner. (3rd row) Trennt Graham, Miles Bern, Greg Allen, Kyle Herman, Tyler Geopfert, James Ready, Chris McCullough, John Drury. (Back) Rory Howell, Roberto Moreno, Tad Stolley, Oliver Bodor, Braimir Peitel, Mate Nemeth.

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Inga Hope



Rob Brock, Balazs Csillag, Oliver Bodor

## To the Media

Head coach Chris Bucknam and team members are available for interviews in person or by telephone on most occasions. The best time to meet with a student-athlete is just before or after practice. Interviews may be arranged through the Athletic Media Relations Office (319-273-5455) or directly through the Track Office (319-273-6473).

Complete results for each home event will be available as soon as possible following the conclusion of the meet. Results also will be available on UNI's athletic website.

UNI track information can be found on the World Wide Web at [www.unipanthers.com](http://www.unipanthers.com)

## Panther Quick Facts

Location	Cedar Falls, Iowa 50614
Founded	1876
Enrollment	14,070
Nickname	Panthers
Colors	Purple & Old Gold
Head Coach	Chris Bucknam (Norwich '78) <a href="mailto:christopher.bucknam@uni.edu">christopher.bucknam@uni.edu</a>
Associate Head Coach	Doug Case (Northern Iowa '87)
Assistant Coach	Joey Woody (Northern Iowa '97)
Assistant Coach	Kyle Kepler (Northern Iowa '98)
Assistant Coach	Bob Edwards (Northern Iowa '92)
Assistant Coach	Mike Giesler (Eastern Illinois '90)
Conference	Missouri Valley
Home Facilities	UNI-Dome (16,400) UNI Outdoor Complex
2001 Conference Men's Finish (Indoor/Outdoor)	1st/2nd
2001 Conference Women's Finish (Indoor/Outdoor)	6th/5th

**Credits:** *The 2002 Northern Iowa Track & Field Media Guide was co-written, designed and edited by Jill Gansemer and Mike Freeman, UNI Athletic Media Relations. Photography and cover design by UNI Office of Marketing and Public Relations. The cover photo of Balazs Csillag and the photo on page nine taken by Chris Donahue. Printed by Congdon Printing, Cedar Falls, IA.*

**On the Cover:** *(Back l-r) Balazs Csillag, Crystal Seamans and Devon Davis. (Front l-r) Mellisa Campbell and Travis Geopfert.*

# 2002 Men's Roster

<b>Name</b>	<b>Event</b>	<b>Yr. (In./Out.)</b>	<b>Hometown/High School (College)</b>
Greg Allen	High Jump	Fr./Fr.	Early, IA/Schaller-Crestland
Pete Avery	Long Sprints/Hurdles	Fr./Fr.	Shell Rock, IA/Waverly-Shell Rock
Derrick Benner	Middle Distance/Throws	Fr./Fr.	Paullina, IA/Paullina
Miles Bern	Distance	Fr./Fr.	Cedar Falls, IA/Cedar Falls
Steve Blocker*	Hurdles	Sr./Sr.	Yuma, AZ/Kofa (St. Ambrose)
Burke Bockman***	Sprints/Hurdles	Sr./Jr.	Decorah, IA/Decorah
Oliver Bodor*	Distance	So./So.	Siofor, Hungary/Perczel Mar Gimn
Chris Breidenbach	Long Sprints	Jr./Jr.	Cedar Falls, IA/Waterloo Columbus
Rob Brock***	Distance	Jr./Jr.	Dubuque, IA/Senior
Josh Crain	Distance	So./So.	Marshalltown, IA/Marshalltown
Balazs Csillag***	Distance	Sr./Sr.	Szekszard, Hungary/I. Bela Ginn
Devon Davis**	Short Sprints/Jumps	Sr./Sr.	Pickering, Ontario/Pickering
Chad Dennis	Throws	So./So.	Council Bluffs, IA/Thomas Jefferson
Jonathon Drury	Hurdles	Fr./Fr.	Clarion, IA/Goldfield
Kenney Edwards*	High Jumps/Hurdles	Jr./Jr.	Richardson, TX/Richardson
Travis Geopfert**	Decathlon	Sr./Sr.	Panora, IA/Panorama
Tyler Geopfert	Mult-Events	Fr./Fr.	Panora, IA/Panorama
Trent Graham	Distance	Fr./Fr.	Des Moines, IA/Roosevelt
Phillip Grothus	Distance	Fr./Fr.	Bettendorf, IA/Pleasant Valley
Robert Hamre**	Throws	Sr./Sr.	Bloomfield, IA/Davis County
Justin Heins	Throws	Fr./Fr.	West Union, IA/North Fayette
Kyle Herman	Multi-Events/Pole Vault	So./So.	Bismarck, ND/Century
Adam Hinders	Middle Distance	Fr./Fr.	Waverly/Waverly-Shell Rock
Dirk Homewood	Long Sprints	So./So.	Cedar Falls, IA/Cedar Falls
Rory Howell**	High Jump	Jr./Jr.	Marion, IA/Linn-Mar
Patrick Hunter	Sprints	Fr./Fr.	Racine, WI/Washington Park
Ben Lafleur	Throws	Sr./Sr.	Jefferson, SD/Sioux City Heelan
Chris McCullough	Sprints/Hurdles	Fr./Fr.	West Des Moines, Iowa/Dowling
Roberto Moreno	Distance	Fr./Fr.	Iowa City, IA/Iowa City High
Mate Nemeth*	Distance	Jr./Jr.	Szekszard, Hungary/I. Bela Ginn
Cody Neuendorf	Middle Distance	Fr./Fr.	Clarksville, IA/Waverly-Shell Rock
Cyrus Nichols**	Sprints/Hurdles	Jr./Jr.	Des Moines, IA/Roosevelt
Jeff Olorundami	Hurdles	So./So.	Sioux City, IA/West
Dave Paulsen**	Middle Distance	Jr./Jr.	Plainfield, IA/Waverly-Shell Rock
Braimir Peitel*	Long Sprints	So./So.	Pula, Croatia/Tehnicka Skola
James Ready	Pole Vault	Fr./Fr.	Cody, WY/Cody
Milan Seremet	Throws	Fr./Fr.	Zagreb, Croatia
Tad Stolley	Distance	Fr./Fr.	Woodbine, IA/Woodbine
Joel Sullivan*	Middle Distance	Jr./Jr.	Woodbine, IA/Woodbine
Brad Travis	Throws	Sr./Sr.	Spirit Lake, IA/Spirit Lake
Dan Wagner	Middle Distance	Fr./Fr.	Panora, IA/Panorama
Josh Wilson	Sprints	So./So.	Ottumwa, IA/Ottumwa
Grant Wesson	Throws	Sr./Sr.	Newton, IA/Newton

\*Letters Earned

# 2002 Women's Roster

Name	Event	Yr. (In./Out.)	Hometown/High School (College)
Sarah Behrens	Throws	Fr./Fr.	Marathon, IA/Laurens-Marathon
Jessica Boline*	Throws	Jr./Jr.	Bettendorf, IA/Bettendorf
Mellisa Campbell*	Sprints	Jr./Jr.	St. Thomas, Jamaica/St. Hugh (Tenn.-Martin)
Kara Carstens	Middle Distance	So./So.	Harlan, IA/Harlan Community
Deborah Cordner**	Sprints	Jr./Jr.	St. Louis Park, MN/St. Louis Park
Diedra Dixon	Sprints	Sr./Sr.	Spanishtown, Jamaica/St. Hugh's (St. Augustine's)
Dana Dominguez	Throws	Fr./Fr.	West Liberty, IA/West Liberty
Bridgitte Duffy	Throws	So./So.	Lawler, IA/New Hampton
Jennifer Duffy	Throws	Jr./Jr.	Lawler, IA/New Hampton
Rita Fiala**	Distance	Jr./So.	Johnston, IA/Johnston
Jill George	Multi-Events	Sr./Sr.	Newton, IA/Newton
Angie German	Long Sprints/Hurdles	Fr./Fr.	Manchester, IA/West Delaware
Elly Glass	Distance	So./So.	Dubuque, IA/Senior
Kris Hand	Distance	So./So.	Mason City, IA/Nora Springs-Rock Falls
Inga Hope**	Sprints	Jr./Jr.	La-Romaine, Trinidad/San Fernando
Sarah Hoy	Long Jump	Fr./Fr.	West Des Moines, IA/Valley
Kara Hulse*	Long Jump	Jr./Jr.	Cedar Falls, IA/Cedar Falls
Katie Johnson**	High Jump	Jr./Sr.	Omaha, NE/Millard North
Maria Johnson	Long Sprints	So./So.	Cedar Rapids, IA/Xavier
Amanda Koester**	High Jump	Sr./Sr.	Clinton, IA/Clinton
Agnes Kroneraff	Distance	Fr./Fr.	Szekszard, Hungary/Garay Jannds Gimnazium
Amanda Mueller	Long Sprints	Fr./Fr.	Forest Lake, MN/Forest Lake
Melissa Nelson**	High Jump	Jr./Jr.	Algona, IA/Algona
Nikki Nelson**	Long Sprints	Jr./Jr.	Mt.Vernon, IA/Mt. Vernon
Kayleen Popp	Pole Vault	Fr./Fr.	Haven, KS/Haven
Renee Ranikie	High Jump/Sprints/Hurdles	Fr./Fr.	Kingston, Jamaica/St. Hugh's
Liz Robertson**	Pole Vault	Jr./So.	Crystal, MN/Armstrong
Jill Schwiebert	Long Sprints/Hurdles/Mid-Distance	Fr./Fr.	Parkersburg, Iowa/Aplington-Parkersburg
Crystal Seamans*	Multi-Events	Jr./Jr.	Moline, IL/Moline (St. Ambrose)
Wendy Shaw*	Distance	So./So.	Davenport, IA/Central
Emily Shoopman	Distance	Fr./Fr.	Waterloo, IA/West
Jillian Sinnwell	Hurdles	So./So.	Nashua, IA/Plainfield
Tristan Smith	Sprints/Long Jump/Hurdles	Fr./Fr.	Fort Dodge, Iowa/Senior
Erin Wessely	Pole Vault	Fr./Fr.	Prairie Village, KS/Prairie Village

\*Letters Earned

## Head Track, Field and Cross Country Coach:

Chris Bucknam - Men's and Women's

## Associate Head Coach:

Doug Case - Sprints, Multi-Event

## Assistant Coaches:

Mike Giesler - Field Events Coordinator, Throws, High Jump, Horizontal Jumps

Joey Woody - Hurdlers, Middle Distance

Kyle Kepler - Long Distance, Director of Operations

Bob Edwards - Pole Vault

## Volunteer Assistants

Jacob Pauli - Pole Vault





# 2002 Men's Outlook

The men who populate the Missouri Valley Conference track world will hardly bolt out of bed in shock when they hear that Chris Bucknam is excited about Northern Iowa's prospects for the upcoming seasons.

After all, the Panthers' head man is always upbeat, and he always has good reason to be. In the nine years since UNI joined the Valley, Bucknam has turned his men into consistent contenders for the indoor and outdoor championships, winning six overall. He's coached individual champions like hurdler Joey Woody, sprinter Devon Davis and pole vaulter Jacob Pauli, and there usually seems to be a purple-clad relay team rounding the turn first.

What may cause a raised eyebrow is Bucknam's notion that his optimism must be curbed, if only a little. He saw injuries and the absence of some redshirted athletes contribute to UNI's second-place finish at last year's Missouri Valley Outdoor Meet after the Panthers claimed the indoor title. So he knows that even the strongest of programs are far from invulnerable to the competition, or to mere bad luck.

Having said that, Bucknam can find as many reasons for excitement in 2001-2002.

"We're in pretty good shape," said Bucknam. "We're well-rounded and talented. We'll see what we can do with that this year.

"We're going to be the team to beat -- indoor and outdoor. But that's why they have the meet. We don't underestimate anyone in the Valley and we don't assume a thing. We'll take it one meet at a time and have a championship attitude at every meet."

Bucknam also thinks the Panthers can be a force at the NCAA level, and history indicates why. Woody and Pauli have both been national champions for UNI at the outdoor and indoor meets, respectively.

"We've been in the top 20 before," said Bucknam. "We'd like to be in the top 10. Maybe this is the year we can get it done."

Of course, UNI will have to do it without some talented athletes from the 2000-2001 men's team. Pauli and his NCAA Indoor crown are gone. So are All-American weightman Dave Jennings, distance man Levi Timar, and All-MVC sprinter Jeff Adam. Defending Valley steeplechase champion Mate Nemeth has returned to his native Hungary because of a family illness.

But that's merely the bad news. Bucknam can point to a solid mix of veterans and newcomers up and down his roster.

Take the sprints and Devon Davis. The senior is a two-time Most Valuable Athlete in the Valley, the reigning league outdoor champion at 100 and 200 meters, an NCAA qualifier who posted a blazing 10.19 time at the Texas Relays and one-fourth of the 4 x 200 relay team that set a school record at the Drake Relays.

The other three runners on that relay -- Josh Wilson, Dirk Homewood and Branimir Peitel -- are also back. Ready to join them is Patrick Hunter, a nationally-ranked sprinter during his high school days at Racine, Wis.

"Our sprints are well-represented with national-caliber kids," said Bucknam.

Bucknam also likes his corps of hurdlers. Burke Bockman, a former MVC champ in the 400 IM hurdles, is back after an injury cost him the 2001 outdoor season. Kenny Edwards, another injury-plagued athlete a year ago, is ready to go in the 110 highs, as are Cyrus Nichols (an all-conference performer) and Steve Blocker. Among the newcomers to watch are Chris McCullough of West Des Moines Valley in the highs and 400 hurdler Pete Avery from Waverly-Shell Rock.

In the middle distance, Dave Paulsen is back after provisionally qualifying for the NCAA 800 and claiming all-Valley honors in that same event plus the 4 x 400. Joel Sullivan will be available after redshirting a year

ago. Cody Neuendorf returns and the newcomer here is Waverly-Shell Rock's Adam Hinders. "I think he'll be a national-caliber 800 runner someday," said Bucknam.

At 1500 meters, Rob Brock is back from a torn anterior cruciate ligament that sidelined him a year ago, but he's also one of the veterans that helped UNI upset Stanford in the 2000 Drake Relays 4 x 1,600 relay. So is Balazs Csillag, who claimed the MVC indoor mile championship last winter but did not compete outdoors. Iowa City freshman Roberto Moreno joins them after a redshirt year.

Any discussion of the long distance races has to begin with Oliver Bodor. As a freshman, Bodor earned the Valley Athlete of the Year award indoors and claimed the 5,000 and 10,000 at the outdoor conference meet. "He won every race he ran," said Bucknam. With Nemeth absent, Csillag may see duty in the long distance events along with Trent Graham, Josh Crain and Miles Bern.

Shifting to the field events, Bucknam said that UNI is "overall a little bit thinner here, but we still have some outstanding athletes."

With Jennings gone, veteran Robert Hamre leads the weight crew and he's expected to contribute in both the shot put and discus. Derrick Benner, a redshirt last year outdoors, also will compete here along with Brad Travis, an all-Valley 35-pound weight thrower indoors. Grant Wesson is a hammer and discus man, while North Fayette freshman Justin Heins and Milan Seremet from Croatia are the rookies.

Pauli's absence in the pole vault will be deeply felt by UNI, but Bucknam has hopes for a pair of younger jumpers. James Ready, a true freshman from Wyoming, was nationally-ranked in high school. He'll join sophomore Kyle Herman.

In the high jump, Rory Howell has all-conference credentials. He's gone 6-10 1/2 in the past and Bucknam thinks he can take a shot at seven feet. Sophomore Jeff Olorundami also will concentrate on this event after trying the hurdles earlier in his career.

The long jump and triple jump duties may fall to Davis, who qualified for the NAAs as a freshman long jumper. Edwards and Travis Geopfert could be called to duty here as well.

Those two men also give UNI strength in the decathlon after redshirting last year. They are both former Missouri Valley Champions in this event. Also returning is Kyle Herman, second in the decathlon last spring.

So there they are - the men who can compete for Valley titles, according to Bucknam. Just in case the excitement wanes a little during those long hours of workouts, the UNI coach has one more piece of incentive for his Panthers.

"We're hosting both the MVC indoor and outdoor championships this year," said Bucknam. "That's added incentive to do well."

-- Jim Sullivan, Waterloo/Cedar Falls Courier

# 2002 Women's Outlook

While spectators often focus on the great runner sprinting to the tape or the jumper sailing into the record books, track and field remains a team sport.

Looking from that perspective, it's easy to understand why head coach Chris Bucknam wants a little more from the women who compete for Northern Iowa this year.

During the outdoor season, the Panthers had eight all-conference performers, among them two champions, at the Missouri Valley Outdoor meet. That's fine, but UNI finished fifth in the team race, and for a man who's guided the women up the MVC staircase since taking over the program, it wasn't quite good enough.

"In general, I was fairly pleased with our indoor performance last year," said Bucknam. "Outside, we had some outstanding individual performances, but it was not the team finish I was looking for. We look to correct that this year with some key women off redshirts and some freshmen we think will be able to help us right away.

"We're trying so hard to contend for a conference title with the women's team. We won't be satisfied until we can do that on a consistent basis."

Only a handful of athletes from the 2000-2001 team are missing, most notably sprinters Jill Bakewell and Teresa Grothus plus Kari Thilges in the distances. Missouri Valley Conference hurdles champion Dee Wear has just an indoor season of eligibility remaining. So that mixture of veteran talent and promising youth athletes can be found in several spots on the UNI roster.

In the sprints, for example, Deb Corder returns from a redshirt season. Just two years ago, Corder won an MVC title at 400 meters, and she'll join talented Melissa Campbell, who earned all-conference honors in the 100 and 200 outdoors plus two relays last spring.

Another all-Valley performer with experience is Inga Hope, who helped UNI score at the outdoor meet in the 4 x 100 relay. Amanda Mueller, a promising freshman from Forest Lake, Minn. could also help in the 400. The same could be said for West Delaware's Angie German and Jill Schwebert of Aplington-Parkersburg, a pair of frosh who may run the 400 indoors and the 400 hurdles outside.

Then there's Nikki Nelson, the 2000 MVC outdoor champion in the 400 hurdles. Like Corder, she returns from redshirt status, and she'll help the Panther in her specialty plus the 400 dash.

"It's gonna be a big help having those two back in the fold," said Bucknam as he discussed the return of Corder and Nelson. "We're thinking that in the long and short sprints, we're on solid ground."

In the middle distances, Bucknam may also turn to Nelson for help indoors, given that UNI is "a little bit thin" at 800 meters. Wendy Shaw, a sophomore, may get a chance here.

Moving up the distance ladder, Bucknam is looking forward to the Division I debut of Ages Kroneraff, a freshman from Hungary. "She looks to make a huge impact," said the Panther head coach, who thinks Kroneraff can compete anywhere from 3,000 to 10,000 meters.

Injuries have cast shadows over a couple of distance crew members. Rita Fiala suffered an injury in cross country last spring, and she's expected to redshirt for the indoor season. Elly Glass, a key member of the MVC cross country championship team in 2000, is also dealing with an injury.

Freshman Emily Shoopman may be able to help the Panthers,

along with Kris Hand, in the steeplechase.

Wear, who's won Missouri Valley Conference titles in the hurdles both indoors and outdoors, will finish her UNI career with her final indoor season. "She looks like the person to beat," said Bucknam, as he looked ahead to the Valley 100 hurdles in the UNI-Dome. Helping Wear at the shorter distance will be Jillian Sinnwell.

Outdoors, Nelson, German and Schwebert form what Bucknam labels a "tough group" for the 400 hurdles.

In the field events, the throws "remain a big concern" for Bucknam. However, Jess Boline is back after she set a school record in the discus, breaking an 11-year-old mark by five feet with her 155-1 effort.

One of the strongest areas on the women's track team at UNI may be the jumps, especially in the pole vault. Crystal Seamans won the Missouri Valley Conference outdoor vault in her first season with the Panthers and she shares the school record (10-6 1/2) with fellow veteran Liz Robertson. Added to the roster are two state vault champions from Kansas - Erin Wessely (12'0) and Kayleen Popp (11'0). Wessely is the daughter of Keith Wesseley, an All-American in the high jump at UNI in 1974.

Bucknam also likes his trio of high jumpers - Katie Johnson, Melissa Nelson and Amanda Koester.

"We feel like we're in good shape in the vertical jumps," said Bucknam.

In the long jump and triple jump, it'll be up to Campbell and Kara Hulse to score points in an area that's thin.

In the heptathlon, Seamans leads the way. Aside from her victory in the MVC outdoor pole vault, she also received an all-conference spot in the multi-events. Jill George also returns here.

Summing it up, Bucknam said, "Our success depends on our talented kids staying healthy and doing what they're capable of doing."

-- Jim Sullivan, Waterloo/Cedar Falls Courier



Melissa Nelson



# Head Coach Chris Bucknam



Now in his 19th season as head coach of the Panther track and field program, Chris Bucknam has molded Northern Iowa into one of the top all-around programs, not only in the Midwest, but in the nation.

Bucknam has carried on the proud Panther tradition passed on from previous coaches, and taken the program to new heights in the powerful Missouri Valley Conference and on the national landscape.

During Bucknam's tenure, UNI has won 20 conference titles -- eight in indoor track, seven in cross country and four outdoor crowns.

"I have been approaching coaching the same way as I did in the in the very beginning and that is to try to put a championship caliber team on the track each year," said Bucknam. "Championship caliber means our number one goal is the MVC Championship and placing at the NCAAs, everything we do revolves around that."

Now in his fifth year directing both the men and women's programs, Bucknam and his staff are charting the same course for success for the women that the men's team has travelled so successfully.

Since his arrival at UNI in 1979 as an assistant to longtime head coach Lynn King, the Panthers have won or shared 25 conference titles in track and field and cross country, and produced 31 all-Americans.

"Not only are we proud of our all-Americans, but when you look at the different events that those all-Americans occur in we have one in almost every track event," commented Bucknam. "I think that has something to say about our coaching staff and the expertise that we have in place. It also says something about our commitment, we are not just a

one-dimensional team. We try to be the total package."

Bucknam oversaw Northern Iowa's 1991 move to the Missouri Valley, where the Panthers have left an indelible mark on the league.

Although the Valley historically has been one of the best conferences in the nation, boasting numerous all-Americans, national champions and Olympians, UNI stepped in and became one of the top competitors in the league instantly.

"Our ultimate goal with our athletes is to get them to reach their potential individually and that is how we measure ourselves as a coaching staff," said Bucknam. "When we are able to do that and get everyone to do that at the right time that's when the championships come together."

In fact, in the 10 years since joining the conference, the Panthers have the best average finish in the league on the men's side, having claimed eight titles, 10 runner-up finishes, four thirds and two fourths.

In his tenure as UNI's head coach, Bucknam has produced two national champions and 23 all-Americans in the 61 qualifiers he has sent to the NCAA Indoor and Outdoor Championships.

"There is a commitment to the track and field program, and any athlete that comes to Northern Iowa has the opportunity to be a great athlete in any event, said Bucknam. "We have great facilities, coaching staff and equipment, and that enables our program to succeed."

Bucknam picked up his eighth Missouri

Valley Coach of the Year honor after UNI captured the men's cross country title in October, 2001. Additionally, Bucknam received the United States Track Association's Regional Coach of the Year award in May, 2001 after a successful men's outdoor season.

After the Panthers won the MVC outdoor championship in 1995, he was named District V Coach of the Year and was a finalist

for National Coach of the Year. Prior to joining the Valley, Bucknam was named the top coach in the Mid-Continent Conference seven times.

Bucknam and his staff took the men's program to an even higher level in 1997 when the Panthers placed 17th at the NCAA Outdoor Championships.

"The reason we've had success is because of the outstanding talent we've had from Iowa and the fact that we are not afraid to look beyond the Mississippi and Missouri to find additional talent," said Bucknam.

Bucknam coached his first NCAA champion in 1997 when current assistant coach Joey Woody won the 400-meter hurdles at the national outdoor meet. Bucknam also saw his second national champion crowned last season when Jake Pauli won the indoor pole vault title.

A native of Beverly, Mass., Bucknam attended Norwich University in Northfield, Vt., where he was a four-time letterwinner in track, specializing in the middle distances. He was elected co-captain his senior year and graduated in 1978 with a bachelor's degree in physical education. He earned his master's in physical education from Northern Iowa in 1982.

Bucknam and his wife, Cindy, reside in Cedar Falls with their son, Eric, and daughter, Kate.

## THE BUCKNAM FILE

### EDUCATION

B.S. -- Norwich, 1978  
M.S. -- Northern Iowa, 1982

### COACHING EXPERIENCE

**Assistant Men's Track & Field/Cross Country**  
Northern Iowa, 1979-84

**Head Men's Track & Field/Cross Country**

Northern Iowa, 1984-present

**Head Women's Track & Field/Cross Country**

Northern Iowa, 1998-present

### COACHING HONORS

United States Track Association Midwest Coach of the Year - 1995, 2000, 2001  
MVC Indoor Coach of the Year - 1995, 1996, 2000, 2001  
MVC Outdoor Coach of the Year - 1995, 1998, 2000  
MVC Cross Country Coach of the Year - 1992, 1997, 2000, 2001  
Mid-Continent Conference Indoor Coach of the Year - 1985, 1986, 1988, 1990  
Mid-Continent Conference Outdoor Coach of the Year - 1986  
Mid-Continent Conference Cross Country Coach of the Year - 1984, 1987, 1988, 1990

# Panther Coaching Staff



## ASSOCIATE HEAD COACH DOUG CASE

Former Panther standout Doug Case is in his third season as the assistant head coach. Case returned to his alma mater in 1999, replacing longtime assistant Bill Lawson.

Prior to his appointment at UNI, Case had spent the previous two seasons as the head men's coach at Drake University. Under Case's

guidance, Drake set three school records during the indoor season and its distance medley relay team placed ninth at the NCAA Championships.

Before taking over the Bulldog program, Case served seven years as an assistant track and cross country coach at Arkansas State, helping guide the men's and women's programs to nine Sun Belt Conference titles. He was the Indians' recruiting coordinator and primarily worked with the hurdlers, throwers and multi-event competitors.

The Marshalltown, Iowa, native has developed a reputation as an outstanding recruiter. At ASU, he was responsible for recruiting 52 outdoor and 49 indoor individual conference champions. His recruiting classes included 39 NCAA Division I national qualifiers, four all-Americans and three Olympic Trials qualifiers.

As a Panther sprinter and hurdler, Case established eight school records from 1982-86 and was an all-conference performer in the Mid-Continent Conference. He was a member of the school record holding 4 x 100 and 4 x 200 outdoor relay teams and the 440 indoor relay. Individually, he twice placed second at the AMCU meet in the 100-meter dash and finished third indoors as a senior. He also was a Drake Relays finalist in the 100 meters.

"Doug is an outstanding, proven Division I coach whose record speaks for itself," says head coach Chris Bucknam. "To be able to attract someone of his caliber to our staff says a lot for our program. He has big meet experience with the Drake Relays and an outstanding record with Arkansas State. I really think he brings us up a notch."

Case received his bachelor's degree in physical education from UNI in 1987. His first coaching experience came at Wartburg College, where he served as an assistant in 1988-89.

He and his wife, Chris, reside in Cedar Falls with their children -- Kelsey, Lauren and Cameron.



## ASSISTANT COACH MIKE GIESLER

Mike Giesler is in his second season as the assistant coach in charge of the field athletes. He fills the spot on the staff vacated when former UNI assistant Shantel Twiggs resigned in June, 2000, to accept the head women's track coaching position at Northern Illinois University.

Since August of 1996, Giesler has served

as the women's track and cross country coach at the University of Tennessee at Martin where he helped lead the growth of the Skyhawk's track program. Prior to UT-M, Giesler spent seven years as an assistant coach at Southern Illinois University, where his main responsibility was recruiting. He is recognized as one of the primary vertical jump coaches in the Midwest.

Giesler, a 1990 graduate of Eastern Illinois University, enjoyed a fantastic career, earning five conference titles, three in the javelin and two in the decathlon. Prior to EIU, he attended Parkland Junior College and was a finalist in the 600-yard dash in the National Indoor and Outdoor Track and Field Championships.

"We're extremely pleased to have someone of Mike's caliber join our program," head coach Chris Bucknam said. "He brings with him a strong national reputation and a great work ethic. We hired Mike to coordinate our field event development, a vital area to the future of our program."



## ASSISTANT COACH KYLE KEPLER

Former Panther distance runner Kyle Kepler is in his fourth season as a Panther assistant coach after completing a stellar career at UNI.

A native of Webster City, Iowa, Kepler joined the UNI program in 1993 after earning all-state cross country honors in high school. It didn't take long to make an impression as he

placed 10th at the Missouri Valley Conference cross country meet and earned all-conference honors as a freshman. Kepler went on to become a four-time all-conference cross country runner, finishing in third place his senior year. He is a two-time member of the all-district team by finishing 20th at the NCAA Midwest Regional Championship Meet in 1995 and 15th in 1997.

On the track, Kepler was an all-conference performer five times in two different events -- in the 5,000 meters, 10,000 meters. In 1998, in his final collegiate competition, he claimed a runner-up finish at the Missouri Valley Conference Outdoor Championships in the 10,000 meters. He holds the indoor 5K school record with a time of 14:26.44.

In the classroom, Kepler was a three-time selection to the conference all-academic team in both track and cross country.

As a coach, he assists with the distance runners and is responsible for various administrative duties, including the track program's alumni newsletter.

"We are very fortunate to have Kyle on our staff," commented head coach Chris Bucknam. "As a nine-time all-conference runner he is the ipedamy of what we are all about as a program. He was an outstanding Iowa athlete that contributed to major conference championships."

# Panther Coaching Staff



**ASSISTANT COACH  
JOEY WOODY**

Perhaps the greatest track athlete the University of Northern Iowa has ever produced, Joey Woody is in his fourth season as a Panther assistant after graduating from UNI in 1997.

During his career with the Panthers, Woody earned all-American honors in the 400-meter hurdles three times and, in 1997, won UNI's first individual Division I track and field national championship.

He also earned all-America honors in 1996 in the indoor 800 meters and was named Missouri Valley Conference Track Athlete of the Year on three occasions, including his final collegiate season at the 1997 Outdoor Championships. Woody won the 400-meter hurdles at the Drake Relays two consecutive years and was named the top male athlete at the event in 1994.

A native of Iowa City, Woody brings plenty of valuable experience to the Panther program. Since his graduation from UNI, he has continued to compete and has been a major force professionally, both on the national and international level.

He is a member of the world record holding 4 x 800-meter relay team that shattered a 29-year-old record by nearly four seconds with a time of 7:13.94.

Woody entered 2000 ranked second in the United States and sixth in the world in the 400-meter hurdles. In 1999, he captured a Gold Medal at the World Championships as a member of the U.S. 4 x 400-meter relay team, and finished sixth in the 400-meter hurdles. He also placed second at the U.S. Championships.

He enjoyed a productive 1998 as well, winning a Gold Medal at the World Cup as part of the U.S. 4 x 400 team and finishing fifth in the hurdles. He won the Bronze Medal at the 1998 U.S. Championships, placed fourth at the Goodwill Games and won the Drake Relays title.

Woody has competed frequently in Europe over the past three years as a member of the Reebok and New Balance Track Clubs and will again be competing overseas in 2001. He continues his training in Cedar Falls after finishing fourth in the 2000 Olympic Trials.

Woody's main focus as a coach is with the hurdlers, long sprinters and middle distance runners.

"Joey is an outstanding coach," Bucknam said. "He is a knowledgeable, elite athlete who has gained experience all over the world and can bring that information back to our program."

Joey and his wife, Heather, who competed as a sprinter at UNI, live in Cedar Falls.



**ASSISTANT COACH  
BOB EDWARDS**

Bob Edwards is in his ninth season as the assistant coach in charge of pole vaulters.

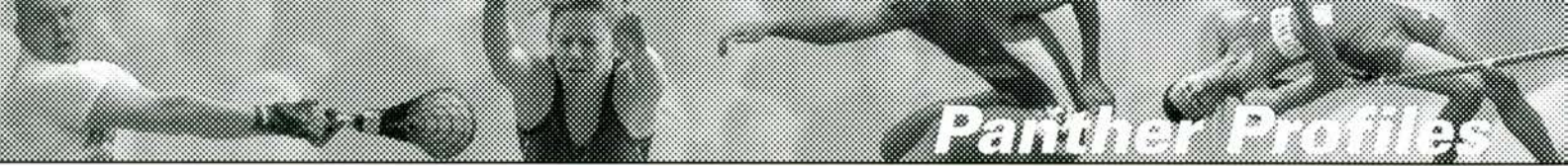
Edwards enjoyed an outstanding career at UNI as a vaulter, winning the Missouri Valley Conference outdoor title as a senior. He also won indoor and outdoor championships in the Mid-Continent Conference in 1990. His vault of 17-4 1/2 in 1992 places him third on UNI's all-time outdoor list, and he ranks fourth on the indoor chart at 17-1 1/2.

"Bob's done a fabulous job with our vault crew over the years," said head coach Chris Bucknam. "He was the best pole vaulter at UNI before Juri (Rovan) got here and he is another one of our coaches who brings a lot of knowledge and experience to the program."

Edwards has played a key role in the development of recent Panther standouts Rovan and Jake Pauli. Rovan was a two-time all-American and is the school outdoor recordholder, while Pauli is the UNI indoor recordholder, 2001 indoor NCAA Champion and six-time all-American.



**2001 Coaching Staff: I-r (Front) Mike Giesler, Chris Bucknam, Doug Case. (Back) Bob Edwards, Jake Pauli, Kyle Kepler, Joey Woody.**



***Meet  
the  
Panthers***





# All-Americans/MVC Athletes of the Year



## TRAVIS GEOPFERT

Sr. • Decathlon  
Panora, Iowa  
(Panorama)  
**All-American**  
3x MVC Champ  
6x All-MVC

**2001:** Redshirt. **2000:** **Outdoor** - Finished in second place at the Missouri Valley

Conference Championships in the decathlon with 6,923 points... during the Southern Illinois Invitational, he finished fifth in the pole vault (12-11 3/4). **Indoor** - A member of the distance medley team that set the school record (9:39.47) at the Iowa State Classic... placed eighth at the Mercantile Bank Invitational in the 60m dash and ninth in the shot put... finished in fifth place in the 600m dash at the UNI Invitational. **1999: Outdoor** - Finished fourth in the decathlon at the Missouri Valley meet (6,319)...placed seventh at the Florida State Relays (6,754)... finished sixth in the 110 hurdles at the UNI Open (15.74)...ran a season-best 55.48 in the 400 hurdles at the Iowa Open. **Indoor** - Scored at the conference meet, finishing sixth in the 400 with a 49.68...posted a season-best 49.33 at the Iowa State Classic...placed sixth in the 200 at the UNI-Dome Open with a season-best 22.43...finished eighth in the 400 at the Mercantile Bank Invitational...compiled a sixth-place finish at the Badger Classic in the heptathlon.

**1998: Outdoor** - Burst on the scene by winning the Missouri Valley Conference decathlon title as a freshman with 7,031 points, which was the top point total in the conference during the season and fourth-best in UNI history...placed sixth at the Drake Relays in decathlon (6,724). **Indoor** - Season-best performances-- 8.04 in the 55 hurdles at the Mercantile Bank Invitational; 22.67 in the 200 at the Iowa State Open; 50.19 in the 400 at the Cyclone Invitational; 21-4 in the long jump at Mercantile Bank Invitational; 42-8 in the shot put at the Iowa State Holiday Classic. **High School:** A first team all-state track performer four times...lettered four times in track, football and basketball...a first team all-state linebacker and running back in football... also earned honorable mention on the all-state basketball team. **Personal:** Majoring in General Studies/Coaching...son of Gary and Theresa Geopfert



Indoor	
60m	7.18
60m H	8.45
200m	22.04
400m	48.90
600m	1:21.55
800m	1:57.91
1,000m	2:41.13
PV	14-1
HJ	6-4
LJ	23-5
Shot Put	45-7
Heptathlon	4,329
Pentathlon	3,855
Outdoor	
100m	10.78
110m H	14.96
200m	22.00
400m	48.76
400m H	55.24
1,500m	4:34.16
LJ	23-11 1/2
Shot Put	45-5
Discus	145-5
PV	14-1
HJ	6-4
Javelin	167
Decathlon	7,360



## OLIVER BODOR

So. • Distance  
Siofor, Hungary (Perczel  
Mar Gimm)  
**MVC Most  
Outstanding Athlete**  
NCAA Qualifier  
4x MVC Champ  
4x All-MVC

**2001: Cross Country** - Finished fifth with a time of 24:22 at the Illini Invitational...set the University Farm Course record at the Illinois State Invitational with a time of 25:11.9, en route

Indoor	
Mile	4:08.07
3,000m	8:02.21
5,000m	14:25.09
Outdoor	
5,000m	13:59.37
10,000m	30:48.10
Cross Country	
8K	24:42
10K	30:50

to first place...earned all-MVC honors after finishing fourth in the MVC Championship with a 25:05.59. **Outdoor** - Placed sixth in the 5,000m at the Drake Relays with a time of 14:41.36...won the 5,000m and 10,000m MVC Championship, running times of 14:46.61 and 30:48.1...**Indoor** - Set the UNI record in the 3,000m in a time of 8:02.21, finishing second at the Iowa State Open...finished in second place at the UNI Invitational in the mile run with a time of 4:08.07...ran his best time in the 5,000m at the Iowa State Classic with a time of 14:25.09, finishing eighth...won the 3,000m and 5,000m MVC Championship with times of 8:18.75 and 14:52.86...finished the indoor season placing 14th at the NCAA Championships in the 3,000m with a time of 8:21.86. **2000: Cross Country** - Qualified for nationals after a 10th place finish at the NCAA Regional Meet... finished in 33rd place at Nationals with a time of 30:50...named to the all-district team...MVC Athlete of the Week. **High School:** School record holder in the 1500m (3:55.3); 300m (8:35); 5000m (14:55), and 10,000m (31:52)...named to the all-conference team. **Personal:** Major is Geography...son of Katalin Bodor.



## DEVON DAVIS

Sr. • Sprints/Jumps  
Pickering, Ontario  
(Pickering)  
2x NCAA Qualifier  
5x MVC Champ  
9x All-MVC  
2x MVC Ath. of Year

**2001: Outdoor** - Shattered the UNI record in the 100m dash with a time of 10.19 in the prelims at the Texas Relays, and ran a 10.30 in the finals to finish in third place...had UNI's top long jump of the season at the Baldy Castillo Invite when he took 11th place with a leap of 22-9...was a member of the 4 x 100m relay team that ran the second fastest time in school history, when they finished with a time of 40.16 at the Texas Relays, good for sixth place...helped set the school record in the 4 x 200m relay at the Drake Relays with a time of 1:24.93, finishing in sixth...saved his best performances for the end of the season when he won the 100m dash (10.42), 200m dash (21.43), and the 4 x 100m relay (40.30) at the MVC Championships... was named Most Valuable Athlete of the MVC Championships. **Indoor** - Finished fourth at the Firststar Invitational in the long jump with a season best jump of 23-7 1/4...set the school record in the 60m dash in the prelims at the MVC Championships with a time of 6.75...tied his own school record two weeks later at the ISU National Qualifying Meet, winning the 60m dash in 6.75...jumped a season-best 47-11 at the MVC Championships in the triple jump, placing seventh. **2000: Outdoor** - Recorded the best time in the conference during the season in the 100m dash with a time of 10:43 recorded at the Sea Ray Relays...finished in first place at the Southern Illinois Invitational in the 100m...placed fourth at the Florida State Relays in the 110m hurdles... took fourth in the long jump at the conference meet. **Indoor** - Set the school record in the 60m dash (6.75) at the Badger

Indoor	
60m	6.75
200m	21.55
LJ	25-2 1/2
TJ	49-5
Outdoor	
100m	10.19
200m	21.09
LJ	24-5
TJ	51-8 1/4



# Panther Profiles

Invitational with a first place finish...earned first place honors in the long jump at the Mercantile Bank Invitational... placed fifth at the conference championships in the long jump (25-0)...finished in first place in the triple jump (50-5 1/2) at the UNI Invitational...captured the title in the 60m dash at the national qualifying meet.

**1999: Outdoor** - Named the Missouri Valley Conference Track Athlete of the Year after winning the 100-meter dash (10.43), placing fourth in the 200 (21.38), running the anchor leg on the winning 4 x 100 relay team, finishing second in the triple jump (50-0 3/4) and fifth in the long jump (24-5 1/2)...finished sixth in the 100 at the LSU Invitational...finished first in the triple jump, third in the 100 and fifth in the long jump at the Jim Duncan Invitational...set a school record and eclipsed the NCAA provisional qualifying mark in the triple jump in winning the Duncan with a 51-8 1/4...took third in the 100 at the UNI Open. **Indoor** - Scored in three events at the Valley meet -- third in the triple jump, fifth in the long jump and sixth in the 60-meter dash...set the school record and qualified for the NCAA Championships in the long jump with a 25-2 1/2 at the Mercantile Bank Invitational...also recorded a season-best 49-5 in the triple jump while finishing fourth at the Mercantile Bank Invitational...finished sixth at the NCAA's in the long jump with 22-4 1/2...placed third in the 60 at the Badger Classic...claimed ninth and 12th in the triple and long jumps, respectively, at the Cyclone Classic; seventh in the long jump at the Iowa State Open...won the long jump at the UNI-Dome Open (23-9). **High School:** A four-time Canadian national champion in the triple jump and two-time national long jump champ...won the Ontario triple jump title four times and long jump championship once...finished second at the provincial meet in 100-meter dash as a sophomore, third as a senior. **Personal:** Undecided major...son of Patrick and Monica Davis



## PETE AVERY

Fr. • Long Sprints/Hurdles  
Shell Rock, Iowa (Waverly-Shell Rock)

**High School:** Specialized in the 400 meters and the 400 meter hurdles...was a member of two state track championship teams at Waverly-Shell Rock...two-time all-state elite athlete...Drake Relays champion in the sprint medley relay

with current teammate Adam Hinders. **Personal:** Major is undecided...son of Joseph and Cathey Avery.



## STEVE BLOCKER

Sr. • Hurdles  
Yuma, AZ (Kofa/St. Ambrose)

**2001: Outdoor** - Ran his best time of the year in the 110m high hurdles, finishing fourth at the MVC

Indoor	
60m H	8.32
200m	23.60
400m	51.80
Outdoor	
110m H	14.46
400m	50.20
400m H	55.84

Championships with a time of 14.46...placed fifth at the Jim

Duncan Invitational with a time of 14.94 in the 110m high hurdles. **Indoor** - Finished fifth at the MVC Championships in the 60m hurdles with a time of 8.32...touched the tape in the 200m with his best time at the Firststar Invitational with a time of 23.60. **At St. Ambrose:** Earned two letters and was a two-time conference champion in the 110m high hurdles...finished 12th at the NAI National in the 55m high hurdles...team captain and MVP. **High School:** Regional champion in the 110m hurdles, second in the 300m hurdles...fifth in the state 110m hurdles as a senior...three time city champion in the 110m hurdles...high school team track MVP. **Personal:** Major is Physical Education...son of Steve and Jacqueline Blocker...born in Oceanside, CA.



## BURKE BOCKMAN

Jr. • Hurdles  
Decorah, Iowa (Decorah)  
MVC Champ  
3x All-MVC

Indoor	
200m	22.50
400m	47.70
600m	1:21.73
Outdoor	
400 H	51.37

**2001: Outdoor** - Redshirted. **Indoor** - Finished first in the 400m dash at the Iowa State Holiday Meet with a time of 47.70...earned all-MVC honors for his third place finish in the 400m dash (48.21) at the MVC Championships...was part of the 4 x 400m relay that finished eighth at the ISU National Qualifying Meet with a team time of 3:11.68. **2000: Outdoor** - Finished in first place in the 400m high hurdles during the conference championships with a time of 51.37...placed seventh in the 400m hurdles at the Drake Relays. **Indoor** - Placed fourth at the Cyclone Holiday Classic...finished third at the Mercantile Bank Invitational in the 400m dash. **1999: Outdoor** - Earned all-conference honors in his first season by placing third at the Valley meet in the 400-meter hurdles (53.10)...also ran on the second-place 4 x 400 relay squad...ran his season-best 53.07 at the Hawkeye Open...runner-up at the Augustana Invitational and third at the NCAA Qualifying Meet at UNI...finished fourth in the 400 hurdles at the LSU and Jim Duncan Invitational, and Northern Iowa Open. **Indoor** - Ran a season-best 49.22 in the 400 meters at the Iowa State Open...took fifth in the 400 at the Mercantile Bank Invitational...had a second place finish at the UNI-Dome Open in the 200m dash. **High School:** An outstanding all-around athlete who finished third twice in the 400 hurdles at the state meet...also a member of the state championship 4 x 400 team...a first team all-state selection in football, two times all-conference in basketball...won 12 total letters in track, football, basketball and baseball. **Personal:** Major is Business Management...son of Tom and Teresa Bockman



## CHAD DENNIS

So. • Throws  
Council Bluffs, Iowa (Thomas Jefferson)

Outdoor	
Javelin	174-7

**2001: Outdoor** - Had his best javelin throw in UNI's first meet of the spring, throwing 174-7 at the Baldy Castillo Invitational, which was good enough for 22nd place...Placed first at the UNI Open II with a toss of 173-4...Finished first at the Badger Invitational with another consistent toss of 172-7...Threw 161-10 at the MVC Championships, good enough for sixth place. **High School:** Earned four letters in track and baseball, also earned three in football and basketball...placed third in the discus at state meet as a senior...was a two-time state qualifier in track...was a member of band council, D.A.R.E, and was a student mentor. **Personal:** Major is Physical Education Teaching...son of Ron Dennis



## KENNY EDWARDS

Jr. • High Jump/Hurdles  
Dallas, Texas (Richardson)  
MVC Champ

Indoor	
60m H	8.13
Outdoor	
LJ	23-7
110m H	14.55
HJ	6-10 1/4
Decathlon	7,173

**2001:** Redshirted. **2000: Outdoors** - Captured the Missouri Valley Conference title in the decathlon with 7173 points during the conference meet... placed second at the Florida State Relays with 6751 points and fourth at the Texas Relays third in university standings and sixth overall provisional. **Indoors** - In the first meet of the season he captured his longest indoor long jump of the year (22-3 3/4) and a sixth place finish...tied with teammate Roy Howell for the highest high jump of the season (6-9 3/4) at the conference meet...placed third

at the Badger Invitational in the 60m hurdles. **High School:** Qualified for the Texas Relays his final three years...was ranked in the top 10 in Texas in the high jump, 110 hurdles and 300 hurdles as a junior and senior...a two-time regional qualifier in the high jump...also an all-district and all-city wide receiver ...also lettered in basketball. **Personal:** Majoring in Education... husband of Kim Edwards ...son of Kenneth Edwards and Piper Henry



## TRENT GRAHAM

Fr. • Distance  
Des Moines, Iowa (Roosevelt)

**2001: Cross Country** - Saved his best performance of the fall for the MVC Championships where he finished in 12th place with a time of

25:25...ran a solid 33:40.4 in the only 10K event of the year at the Midwest Regional to earn 112th place. **2000: Cross Country** - His top finish of the year was at the Pre-Regional Meet in Waterloo, Iowa, where he took 11th place...fastest times of the season were 25:45 in the 8K and 32.17 in the 10K. **Outdoor** - Redshirted. **Indoor** - Redshirted. **High School:** On the cross country all-state team his junior and senior year...track all-state his junior and senior seasons...state champion in the 3200m during his senior year...Elite all-state in track and cross country...six track team titles in 1999. **Personal:** Majoring in Accounting...also recruited by Nebraska, Missouri and Iowa State...son of Mike and Nancy Graham

Indoor	
3,000m	8:45
5,000m	15:27
Outdoor	
5,000m	15:09
Cross Country	
8K	25:25
10K	32:17



## ROBERT HAMRE

Sr. • Throws  
Bloomfield, Iowa (Davis County)  
2x All-MVC

**2001: Outdoor** - Finished in eighth place at the Baldy Castillo Invitational in the shot put, throwing his personal best of 52-9 1/4...placed sixth at the MVC

Championships in the shot put with a throw of 51-5. **Indoor** - Earned all-MVC honors in the shot put when he placed third at the conference meet, setting a personal record with a throw of 54-3 1/4...threw 52-0 in the shot put at the Iowa State Classic to finish 21st place. **2000: Outdoor** - Placed sixth at the Missouri Valley Conference Championships in the shot put (51-6 1/2). **Indoor** - In his longest throw of the season (52-2), he finished in sixth place at the conference meet...finished fifth at the Badger Invitational in the shot put (51-6 1/2), his career best...placed seventh at the Iowa State Open (50-5 1/4)...was fourth at the Mercantile Bank Invitational and sixth at the UNI-Dome Open.

**1999: Outdoor** - Earned all-conference honors as a freshman by placing third at the Missouri Valley meet in the shot put (52-4)...also finished second at the Jim Duncan Invitational.

**Indoor** - Placed fourth at the conference meet in the shot put (51-5 3/4) and fifth at the UNI-Dome Open (49-11 3/4). **High School:** Earned four letters each in track and wrestling, and three in football...an all-stater in all three sports...placed second at the state meet in the shot put...also a state wrestling placer.

**Personal:** Majoring in Industrial Technology...son of Harold and Beatrice Hamre...started all 14 games at defensive tackle for the Panther football team, recording 46 tackles, and 14 tackles behind the line of scrimmage



## JUSTIN HEINS

Fr. • Throws  
West Union, Iowa (North Fayette)

**High School:** Enjoyed a stellar four-sport career in high school competing in football, baseball, wrestling, and track and field...five-year letterwinner in baseball, four-year in wrestling, and four-year in track and field...threw discus and shot put, finishing third in the discus at the state meet as a senior ...finished in third place at the Drake Relays in the discus. **Personal:** son of Michael and Barb Heins...earned his Eagle Scout...had three quarterback sacks and 11 total tackles for UNI's football team as a back-up defensive tackle this past fall.



## KYLE HERMAN

So. • Multi-Events/Pole Vault  
Bismarck, ND (Century)

**2001: Outdoor** - Amassed 6,318 points in the decathlon at the MVC Championships, earning him second place...placed ninth at the Drake

Relays in the decathlon, compiling his season best 6,318 points...had a great all-around day at the Jim Duncan Invitational, winning the pole vault with height of 15-11, fourth in the long jump with a leap of 21-4 3/4, and fifth in the high jump, clearing the bar at six feet...won the pole vault at the SMS Big Bear Invite, clearing a height of 14-6. **Indoor** - Placed third at the Iowa State Holiday Meet in the pole vault with a height of 15-1... finished ninth at the Iowa State Open with a vault of 14-1...placed fifth at the MVC Championships with a vault of 15-0 in the pole vault. **High School:** Gold medalist at the AAU Junior Olympics in the Decathlon in 1999 ...three-time state pole vault champion ...North Dakota pole vault recorder holder ...110 meter hurdles state champion as a senior ...North Dakota Athlete of the Year for boys track, 2000 ...four letters in track and three in football ...Presidential Academic Award and graduated with honors.

**Personal:** Majoring in Finance ...son of Jeff and Kelli Herman

Indoor	
60m H	8.90
LJ	20-7 1/4
PV	15-1
LJ	21-8
Outdoor	
100m	11.71
110m H	16.36
400m	53.12
1,500m	5:05.20
HJ	6-2 3/4
LJ	21-10
TJ	23-2
PV	15-11
Shot Put	41-3
Javelin	143-8
Discus	120-0
Decathlon	6,338



## ADAM HINDERS

Fr. • Middle Distance  
Waverly, Iowa (Waverly-Shell Rock)

**High School:** Member of Waverly-Shell Rock's distance medley team that owns the state record...Drake Relays champion in the distance medley...was state champion in the 800m ...earned four letters in track and three in wrestling.

**Personal:** Major in Fine Arts...son of Tom and Mary Ann Hinders 1982.



## DIRK HOMEWOOD

So. • Long Sprints  
Cedar Falls, Iowa (Cedar Falls)  
All-MVC

**2001: Outdoor** - Won the Northern Iowa Open I in the 200m dash with his best time of the season, 21.98...placed fifth in the 400m dash at the MVC Championships with a season best

Outdoor	
200m	21.98
400m	48.05



# Panther Profiles

time of 48.05...was a pivotal member of the 4 x 400m relay team that placed third at the conference meet and sixth at the Baldy Castillo Invitational. **Indoor** - Redshirted. **High School:** Named all-state and all-conference...school record holder in the 400m...lettered in track and basketball... Mississippi Valley Conference all-academic team for basketball...graduated top in his class with a 4.0 GPA. **Personal:** Majoring in Mathematics Education...son of Richard and Debra Homewood.



## RORY HOWELL

Jr. • High Jump  
Marion, Iowa (Linn-Mar)  
3x All-MVC

Indoor	
HJ	6-9 3/4
TJ	41-7 3/4
Outdoor	
HJ	6-10 3/4

**2001: Outdoor** - Leaped 6-10 3/4 in the high jump at the Wisconsin Twilight meet, finishing first...finished first at the UNI Open I and II with jumps of 6-7 and 6-8...jumped 6-10 at

the SMS Big Bear Invite, claiming first place...finished his sophomore season in third place at the Missouri Valley Conference Championship. **Indoor** - Placed third at the MVC Championships with his best leap of the indoor season, 6-9 3/4...finished in fifth place at the Iowa State University National Qualifying meet with a jump of 6-8 1/4...placed fifth in the triple jump at the UNI-Dome Open with his best performance of the year, 41-7 3/4. **2000: Outdoor** - In the first meet of the outdoor season, he captured his highest jump (6-9) in the high jump at the Florida State Relays while placing fifth...finished fifth at the Missouri Valley Conference Championships. **Indoor** - Captured the first place title at the UNI Invitational with a jump of 6-7... during the Cyclone Holiday Classic, he finished third with a jump of 6-9...placed fourth at the Iowa State Open and third at the Mercantile Bank Invitational...all-conference with a third place finish (6-9 3/4). **1999:** Redshirted. **High School:** Captured the state high jump championship as a senior, finished fifth at the Drake Relays...also finished third in the conference and was a state qualifier in the high hurdles... lettered in track, football and basketball. **Personal:** Majoring in Anthropology...son of Randy and LuAnne Howell.



## PATRICK HUNTER

Fr. • Sprints  
Racine, Wisconsin (Washington Park)

**High School:** Best time in the 100m and 200m were 10.2 and 20.8, respectively...received all-state honors in the 100m and 200 dashes...state champion in the 100m as a junior...rushed for over 3,000 yards in his high school football

career...also recruited by Michigan State, Nebraska and Purdue. **Personal:** Majoring in Elementary Education/Coaching...son of Patrick Hunter and Patricia Catron...also a member of the Panther football team, redshirted for the Gateway Conference champions this fall.



## CHRIS MCCULLOUGH

Fr. • Sprints/Hurdles  
West Des Moines, Iowa/Valley

**High School:** Won the 110m high hurdles at the Drake Relays in 2001...second in the 110m high hurdles at the Drake Relays in 2000...third place at the state meet in the 110m high hurdles...three year track letterwinner and co-captain as a senior. **Personal:** Major is Business Management...son of Michael McCullough



## ROBERTO MORENO

So. • Distance  
Iowa City, Iowa (Iowa City)

Cross Country	
8K	25:37
Indoor	
Mile	4:18.02

**2001: Cross Country** - Ran his fastest time of the fall (25:37) at the Illinois Invitational, where he finished 61st...took home 19th place at the MVC Championships with a time of 25:42.9.

**High School:** Qualified for the state meet in the mile his junior and senior years...was a member of three state cross country team championships at City High. **Personal:** Major is Psychology...son of Ed and Carol Moreno...also recruited by Iowa and Iowa State...born in Iowa City.



## MATE NEMETH

So. • Distance  
Szekszard, Hungary (I. Bela Ginn)  
MVC Champ  
2x All-MVC

Indoor	
Mile	4:11.35
Outdoor	
1,500m	3:53.82
3,000m Stp	9:00.82
5,000m	15:00.89
Cross Country	
8K	24:35
10K	31:37

**2001: Cross Country** - Competed in just one event during an injury plagued fall season...finished 46th at the Notre Dame Invitational with a time of 25:33. **Outdoor** - Won the 1500m at the UNI Open I with a time of 3:53.82...won the 3000m steeplechase at the Jim Duncan Invitational, finishing with the fourth fastest time in school history, 9:00.82...finished third in the 1500m at the MVC Championship with a time of 3:54.25. **Indoor** - Ran his best time in the mile (4:11.35) at the Iowa State Classic, finishing 23rd...finished seventh at the MVC Championship with a time of 4:14.8h. **2000:**

**Cross Country** - Champion at the Drake Open, the Iowa State Open and the Missouri Valley Conference Championships ... three time conference Athlete of the Week... MVC Scholar Athlete... fastest time in the 8K (24:35) and 10K (31:37). **Outdoor** - Was on the winning 4x1600m relay team that beat Stanford at the Drake Relays...ran his fastest time of the season in the 3000m steeplechase and had a second place finish at the Missouri Valley Conference Championships with a time of 9:07.21...finished second at the Husker Open (9:13.72) ...member of the 4x1600m Drake Relay championship team. **Indoor** - Finished in ninth place in the one mile run at the Iowa State Open with a time of 4:16.81...placed second in the 3000m run at the Mercantile Bank Invitational (8:27.59) and a third place finish at the UNI Invitational. **High School:** Twice competed at the European Championships, finishing 21st and 51st...finished 38th at the World Junior Championships...won the World Gymnastic race and placed sixth at the European Youth Olympic Days. **Personal:** Major is undecided...son of Gyula Nemeth and Zsuzsa Laszlo...



## CYRUS NICHOLS

Jr. • Sprints/Hurdles  
Des Moines, Iowa (Roosevelt)  
All-MVC

Indoor	
60m H	7.97
200m	22.85
Outdoor	
110m H	14.55
400m H	53.16

**2001: Outdoor** - Finished second at the SMS Big Bear Invite in the 110m high hurdles with his best time of the year, 14.71...placed third in the 100m dash at the UNI Open I with his season's best time of 11.52...finished seventh at the MVC Championships in the 110m high hurdles and the 400m intermediate hurdles with times of 14.79 and 54.95. **Indoor** - Took second in the 60m hurdles at the UNI Invitational with his best time of the season, 8.09...finished eighth at the Firststar Invitational in the 200m dash with his best time of the year, 22.85...placed fourth at the MVC Championships in the 60m high hurdles with a time of 8.19.

**2000: Outdoor** - Ran his best time of the season in the 110m hurdles at the Missouri Valley Conference Championship with a seventh place finish (14.82)... placed sixth at the Florida State Relays (14.87). **Indoor** - Finished third at the conference tournament with his fastest time and the school record (8.06) in the 60m hurdles... earned first place honors (8:30) at the Badger Invitational...placed third at the Mercantile Bank Invitational...took second place at the UNI-Dome Open. **High School:** One of the most successful high school track athletes in Iowa history, he was the first person ever to win the state and Drake Relays titles in the 110-meter hurdles three years in a row...was named the top high school athlete at the 1999 Drake Relays...a member of the national champion sprint medley relay team...took second in the 400 hurdles and fourth in the 110 hurdles at the USA Junior Olympics in 1996-97...a three-time honoree to the Elite all-state team. **Personal:** Majoring in Management Information Systems...son of Cortez and Denise Nichols...also recruited by Iowa, Iowa State, and North Carolina State



## JEFF OLORUNDAMI

So. • Hurdles/High Jump  
Sioux City, Iowa (West)

**2001: Outdoor** - Saved his best jump (6-8) for the end of the season when he finished fifth at the MVC

Championship in the high jump...placed fourth at the SMS Big Bear Invite in the 110m high hurdles with his best time of the season, 15.34.

**Indoor** - Cleared 6-7 1/2 in the high jump at the Firststar Invitational to earn fourth place...placed fifth at the UNI Invitational in the high jump with a jump of 6-5.

**High School:** Won the Sioux City District Meet in both the high jump and the hurdles three years in a row...finished second at the 2000 Drake Relays in the hurdles...went undefeated in the high jump his senior year...placed third at state...jumped 6-8 in the high jump, ran 14.3 in the high hurdles, and ran the 400m in 49.7...a member of the basketball team, the choir and the dance squad. **Personal:** Major is Business...son of Bola and Jane Olorundami...also recruited by Kansas, Nebraska, and Iowa...born in Sioux City.

Indoor	
60m H	8.42
HJ	6-7 1/2
Outdoor	
110m H	15.34
200m	23.91
HJ	6-8



## DAVID PAULSEN

Jr. • Middle  
Distance  
Plainfield, Iowa (Waverly-Shell Rock)  
2x All-MVC

**2001: Outdoor** - Was an NCAA provisional qualifier in the 800m when he ran to second place at the Wisconsin Twilight meet with a time 1:48.92...was a member of UNI's 4 x 400m relay team that placed third at the MVC Championships with a time of 3:13.29...placed third at the MVC's in the 800m with a time of 1:50.04. **Indoor** - Placed second in the 600m at the Iowa State Holiday Classic with a time of 1:18.70...ran his best time of the indoor season in the 800m (1:51.48) at the Iowa State Classic, finishing 14th...was part of the distance medley that provisionally qualified for the NCAA's when they finished with a time of 9:45.28 at the ISU National Qualifying Meet...finished fourth at the MVC Championships in the 800m with a time of 1:52.26 and was part of the distance medley team that

Indoor	
600m	1:18.70
800m	1:51.48
Outdoor	
800m	1:48.92



came in second place with a time of 10:00.86. **High School:** Two-time Drake Relays champion in the 4x800...Iowa State champion in the 4x800 and the open 800...four-year letter winner in track...all-district in football for two straight years...named all-conference in basketball during his senior season. **Personal:** Majoring in Education...son of Edward and Diane Paulsen...also recruited by Iowa and Iowa State



## JAMES READY

Fr. • Pole Vault  
Cody, Wyoming (Cody)

**High School:** Holds the high school state record in the pole vault, clearing the bar at 16-1 1/2...was the state champion in the pole vault three years in a row...three letters in track.

**Personal:** Major is Undecided...son of K.C. and Louanne Ready...chose UNI because of its strong pole vault tradition...also recruited by Wyoming and Idaho State



## JOEL SULLIVAN

Jr. • Middle Distance  
Woodbine, Iowa (Woodbine)

**2001: Outdoor** - Placed third at the Wisconsin Twilight meet in the 800m with his best time of the season, 1:52.69...ran a time of 1:54.51 in the 800m at the Jim Duncan Invitational to finish in third place...finished fifth in the

800m (1:52.80) at the MVC Championships. **Indoor** - Redshirted. **2000: Cross Country** - At the Drake Open, he finished in 21st place where he ran the 5K in 17:49. **Outdoor** - At the Southern Illinois Invitational, he placed fourth in the 800m (1:52.70)...member of the 4x800m relay that took fourth at the Drake Relays (7:19.10). **Indoor** - Ran his fastest time of the season in the 800m at the Iowa State Classic (1:53.03)... finished in third place in the mile (4:21.61) at the Cyclone Holiday Classic...placed seventh at the Iowa State Open (1:54.38) in the 800m. **1999: Cross Country** - A member of the Panthers' cross country team, his season-best performance was 27:02 at the SMS Invitational, where he placed 25th...finished 48th at the Missouri Valley Conference Championships. **Outdoor** - Redshirted. **Indoor** - Finished eighth in the 1,000 meters at the Mercantile Bank Invitational...placed 18th in the 800 at the Iowa State Open. **1998: Cross Country** - Redshirted. **High School:** Took runner-up honors at the state meet in the Class 1-A 800-meter run as a senior...also lettered in basketball and cross country. **Personal:** Majoring in Biology and Chemistry...son of John and Debbie Sullivan

Indoor	
800m	1:53.03
1,000m	2:29.31
Outdoor	
800m	1:52.11



## BRAD TRAVIS

Sr. • Throws  
Spirit Lake, Iowa (Spirit Lake)  
All-MVC

**2001: Outdoor** - Placed third in the discus at the Jim Duncan Invitational, throwing 165-10, which was his, and UNI's best toss of the season...broke into UNI's all-time performances in the hammer throw and finished third at the MVC Championships with a toss of 176-2. **Indoor** - Finished 14th in the 35-lb. weight throw (58-1 1/4) at the Iowa State Classic...placed sixth at the UNI-Dome Open in the weight throw with a toss of 57-7...placed eighth at the MVC Championships, finishing with a distance of 52-6 in the weight. **2000: Outdoor** - In the first meet of the season, he captured the discus championship (159-4) at the Florida State Relays and took 11th in the hammer throw...won the Southern Illinois Invitational in the discus (160-2) and placed fourth in the hammer throw...threw his longest discus at the Northern Iowa Open (163-8) while finishing third. **Indoor** - His longest throw of the season (53-3 3/4) was at the Missouri Valley Conference Championships... finished in fourth place at the UNI Invitational (52-2 3/4)...placed sixth at the Cyclone Holiday Classic in the weight throw (48-7 1/4).

Indoor	
Shot Put	49-6
35# Wt.	58-1 1/4
Outdoor	
Shot Put	45-10 3/4
Hammer	176-2
Discus	165-10

# Panther Profiles

**1999: Outdoor** - At the Missouri Valley Conference Championships, placed seventh in the hammer and ninth in the discus...finished fifth in the discus at the UNI Open with a season-best 160-9...took sixth in the discus (159-9) and eighth in the hammer (161-3) at the LSU Invitational ...placed second and fourth in the discus (157-10) and hammer (170-9), respectively, at the UNI Last Chance Meet...at the Florida State Relays, finished fourth in the discus, sixth in the hammer and 11th in the shot put...took second in the hammer and discus, and fifth in the shot put at the Augustana Invitational ...posted a fourth in the hammer and discus, and sixth in the shot at the Duncan Invitational. **Indoor** - Scored for the Panthers at the Valley meet in the 35-lb. weight (53-4 1/2) and shot put (48-4), finishing sixth in both...placed fifth in the weight (53-4 1/4) and eighth in the shot (46-10) at the UNI-Dome Open...took seventh in the weight and eighth in the shot put with a season-best 49-5 at the Iowa State Open...finished seventh in the weight at the Mercantile Bank Invitational. **1998: Redshirted. High School:** A two-time state champion in the discus...also lettered in wrestling and football...qualified for the state meet twice in wrestling...selected to play in the Shrine Bowl football all-star game. **Personal:** Majoring in Art Education...son of Bob and Collette Travis



## GRANT WESSON

Sr. • Throws  
Newton, Iowa (Newton)

**2001: Outdoor** - Took 10th in the hammer at the UNI Open II with a toss of 166-9, and placed sixth in the discus with a distance of 164-4...placed eighth in the discus and 11th in the hammer at the MVC

Championships. **Indoor** - Finished sixth at the Iowa Open in the weight throw with a distance of 54-10 1/4...took ninth at the MVC Championships with a throw of 52-3 1/4. **2000: Outdoor** - At the Missouri Valley Conference Championships, he placed sixth in the discus (157-3)...took fifth in the hammer throw (150-1) and seventh in the discus (148-5) at the Southern Illinois Invitational...finished in fourth place (160-8) at the Northern Iowa Open in the discus throw and fifth in the hammer throw (152-9). **Indoor** - Placed fifth at the Cyclone Holiday Classic in the weight throw (15.05) and took seventh place at the Badger Classic (47-8 12/)...finished in fifth place at the Mercantile Bank Invitational (49-6 1/2) in the weight throw...finished in sixth place at the UNI Invitational (51-7 1/4). **1999: Outdoor** - Finished seventh in the discus and eighth in the hammer at the Missouri Valley meet...placed third in the hammer and sixth in the discus at the Augustana Invitational, third in the hammer and fifth in the discus at the UNI Last Chance Meet...runner-up in the discus at the Simpson Twilight Invitational...finished sixth and ninth in the discus (159-8) and hammer (161-6), respectively, at the UNI Open, with season bests in both. **Indoor** - Threw a season-best 49-1 3/4 in the 35-lb. weight at the conference meet to finish 12th...placed ninth in the weight at the UNI-Dome Open. **High School:** Placed fifth at the Iowa State Meet...named 2nd team all-state in football...three year letterwinner in football and track. **Personal:** Majoring in Manufacturing Technology...son of Gregory Wesson and Connie Zimmermann

Indoor	
35# Wt.	54-10 1/4
Outdoor	
Hammer	167-3
Discus	164-4



## JESSICA BOLINE

Jr. • Throws  
Bettendorf, Iowa (Bettendorf)

**2001: Outdoor** - Broke the school record in the discus with a throw of 155-1 at the Northern Iowa Open I ...at the SMS Invitational she had a personal best in the shot put with a distance of 38-6, taking second place ...her season best in the

Outdoor	
Shot	38-6
Discus	155-1

hammer throw was at the Northern Iowa Open I (112-9). **2000: Outdoor** - Set two of her longest throws of the season at the Southern Illinois Invitational where she took second in the discus (141-1) and fifth place in the shot put (38-7 1/2)...threw the shot put and discus at the Husker Open and finished 37-9 1/2 and 129-1, respectively ...finished in sixth place in the discus at the Northern Iowa Open and placed seventh at the conference meet. **High School:** Earned seven letters in cross country, track and basketball...finished fourth at the Drake Relays in the discus...placed sixth in the discus at the state meet as a junior...won the conference title in the shot put as a senior, then went on to win the state title and finish seventh in the shot put...voted her school's Female Athlete of the Year...also the starting center on the basketball team, she led her squad to the conference championship. **Personal:** Majoring in Elementary Education...daughter of Steve and Sheri Boline...also a member of the Panther basketball team.



## MELLISA CAMPBELL

Jr. • Sprints  
St. Thomas, Jamaica (St. Hugh/Tenn.-Martin)  
4x All-MVC

**2001: Outdoor** - Recorded her fastest time ever in the 100 meter run (11.70)

at the MVC Championships, finishing in second place, tied for second on UNI's all-time list ...finished third at the conference meet in the 200 meters (23.83) ...ran the second leg of the 4x100 meter relay team that ran the fastest time of the season (46.17) ...honored as all-MVC for the 100 m., 200 m., 4x100 and the 4x400 ...competed in the long jump with her longest jump (17-6) at the MVC meet. **Indoor** - Is third on the all-time list for the long jump with a distance of 19-1 1/4 set at the UNI Invitational ... ran the fastest 200 meters for the Panthers (24.94) at the Iowa State Classic ...at the MVC meet, she ran the 60 meter dash in a time of 7.68, her best of the season. **2000:** Competed at Tennessee-Martin...ran the 100m in 11.75 and the 200m in 24.36...Ohio Valley Conference Champion in the 100m as a freshman...ran the 100m hurdles in 14.06. **High School:** Ran on the Jamaica Junior National team at the CAC. **Personal:** Majoring in History and International Affairs... daughter of Lewelyn Leslie and Magaretta Campbell-Leslie

Indoor	
60m	7.68
60m H	8.80
200m	24.94
LJ	19-1 1/4
Outdoor	
100m	11.70
100m H	15.70
200m	23.83
LJ	17-6



## DEBORAH CORDER

Jr. • Sprints  
St. Louis Park, MN (St. Louis Park)  
MVC Champ  
4x All-MVC

**2001: Redshirt. 2000: Outdoor** -

Earned third place honors after running the 400m dash in 56.18 at the Husker Open...won the Northern Iowa Open (25.11) in the 200m...placed 26th in the 400m at the Sea Ray Relays with a time of 56.79...ran her fastest time of the season in the 200m dash (25.05) at the Florida State Relays...finished in seventh place (25.73) in the 200m at the Southern Illinois Invitational. **Indoor** - Competed in three events at the Cyclone Holiday Classic, taking second place in the 200m and 400m and placing fourth in the 60m...ran her fastest time of the season in the 60m dash (7.76) at the Cyclone Classic and her fastest 200m (25.19) at the conference meet...set the school record in the 400m (55.79) at the Qualifying Meet...won the UNI-Dome Open in the 200m with a time of 25.40. **1999: Outdoor** - Finished fifth at the Missouri Valley meet in the 100-meter dash (12.23), and ran on the runner-up 4 x 100 and third-place 4 x 400 relay teams...ran on the 4 x 400 relay team that placed seventh and the sprint medley team that was 10th at the Drake Relays...finished second in the 100 (12.11) and third in the 200 (25.09) at the Duncan Invitational...ran 25.06 in the 200 to place 23rd at the LSU Invitational...ran a sea-

Indoor	
60m	7.64
100m	12.02
200m	24.89
400m	55.79
Outdoor	
100m	12.02
200m	24.79
400m	55.23

son-best 24.94 at the UNI Open. **Indoor** - Burst on the scene as one of the top young sprinters in the Valley, earning all-conference honors by placing third in the 60-meter dash (7.64) and fourth in the 200 (24.89)...also a member of the Panthers' runner-up and school record holding 4 x 400 relay team (3:47.29)...in her first collegiate meet, was runner-up in the 60 and 200 at the Cyclone Holiday Classic...finished fourth in the 60 and 200 at the Mercantile Bank Invitational...placed 13th in the 200 at the tough Iowa State Classic (24.93) and seventh at the Iowa State Open (25.04)...took third in the 60 at the UNI-Dome Open; fourth and seventh in the 60 and 200, respectively, at the Badger Classic. **High School:** A three-time state champ in the 200 meters who also won the 400-meter title as a senior...won the 100-meter dash championship as a sophomore, finished second as a junior and third as a senior...400-meter runner-up her junior season...placed fourth in the state in the long jump her junior season...named 1997 USA Track and Field Regional Athlete of the Year...named the top female athlete as a senior and top overall athlete by KMOJ Radio...also lettered in gymnastics, where she was a nine-time all-state selection...the national vault champion in gymnastics in 1995...also received honorable mention all-state honors in cross country. **Personal:** Majoring in Business Administration/Mathematics ...daughter of Lloyd and Annette Cordner.



## DIEDRA DIXON

Sr. • Sprints  
Spanishtown, Jamaica (St. Hugh's/St. Augustine's)  
2x All-MVC



**2001: Outdoor** - A member of the 4x100 and 4x400 meter relay teams that were honored as all-MVC ...ran her fastest time of the season in the 100 meter hurdles (15.19) at the Jim Duncan Invitational where she finished fifth ...participated in the heptathlon at the SMS Invitational where she scored 3,850 points. **2000:** At St. Augustine's College, her team won the CIAA Championship ...won the javelin throw at the conference meet ...took second place in the 4x400 meter relays at the conference meet. **Personal:** Majoring in Biology ...daughter of Errol and Vernalee Dixon

Outdoor	
60m H	9.15
400m	57.00
LJ	18-3
Outdoor	
100m H	14.78
400m	56.00
LJ	18-10
Shot Put	27-9 1/4
Javelin	103 1/2
Heptathlon	3,850



## JENNIFER DUFFY

Jr. • Throws  
Lawler, Iowa (New Hampton)



**2001: Outdoor** - Finished in fourth place at the SMS Invitational in the shot put with a distance of 32-8, her farthest throw of the season ...at the Missouri Valley Conference Championships, she competed in the discus, finishing seventh with a throw of 131-6. **Indoor** - At the Firstar Meet, she took fourth place in the shot put with a distance of 39-1 ...Her farthest throw of the 20 pound weight was at the Iowa State Open (41-3). **High School:** Two-time NEIC champion in the discus ...took fifth at state in the discus in 1997 and 1998 ...lettered in track, basketball and volleyball ...was involved in the swing choir, jazz band, yearbook, high school paper and National Honor Society. **Personal:** Majoring in Computer Science with minors in Mathematics and Business ...daughter of James and Marcia Duffy ...sister Bridgitte is a member of the track team and her brother Scott played football for the Panthers from 1996-98.

Indoor	
Shot Put	39-1
20# Wt.	41-3
Outdoor	
Shot Put	32-8
Discus	131-6

## RITA FIALA

Jr. • Distance  
Johnston, Iowa (Johnston)  
2x All-MVC



**2001: Cross Country** - Was the first Panther to cross the finish line at the Illinois State Invitational with a time of 19:06 and a fourth place finish. **Outdoor** - Redshirt.

**Indoor** - A distance runner for the Panthers, she ran her fastest 3,000 meters at the UNI-Dome Open (10:26.67) where she finished fourth ...finished in fifth place at the MVC Championships in the 5,000 meters with a time of 18:01.32. **2000: Cross Country** - Her top finish of the season was at the Missouri Valley Conference meet, earning all-MVC honors... 2000 conference Scholar Athlete. **Outdoor** - Ran her fastest time of the season in the 5000m in 17:55.86 at the Southern Illinois Invitational, earning her first-place honors...won the Northern Iowa Open in the 5000m (17:42.38)... finished in sixth place in the 3000m (10:21.76) at the conference meet. **Indoor** - Her fastest time of the season for the 5000m was set at the Iowa State Open in a time of 17:32.18...finished in second place at the UNI Invitational in the 3000m (10:11.73)...took fifth place in the mile (5:19.04) at the Mercantile Bank Invitational. **1999: Cross Country** - Earned all-conference honors as a freshman by taking ninth at the Missouri Valley Championships (18:23)...the Panthers' top finisher at the conference and district meet...placed fourth at the SMS Invitational (18:15) and 10th at the pre-region meet (18:30). **High School:** Placed second in the 1,500 meters and third in the 3,000 at the state meet as a junior...also was third in the 3,000 as a sophomore ...won her conference and district championships. **Personal:** Majoring in Elementary Education and minoring in Reading ...daughter of Nile and Elisse Fiala

Indoor	
3,000m	10:11.73
5,000m	17:32.18
Outdoor	
3,000m	10:21.76
5,000m	17:42.38
Cross Country	
5K	18:10
6K	22:06

## ANGIE GERMAN

Fr. • Long Sprints/Hurdles  
Manchester, Iowa (West Delaware)



**High School:** Three-time All-State Elite Athlete ...four-time MVP ...Drake Relays champion in the 400 meter hurdles ...a member of the Iowa Senior All-Star team in 2001 ...state champion in the 400 meters and two-time state champion in the 400 meter hurdles ...holds the Drake Relays record in the 400 meter hurdles with a time of 1:02.17 ...a member of the academic letter club and the honor roll. **Personal:** Major is undecided ...daughter of Greg and Marie German

## JILL GEORGE

Sr. • Multi-Events  
Newton, Iowa (Newton)



**2001: Outdoor** - Scored 4,320 points in the heptathlon at the MVC meet ...had the longest javelin throw of the season for the Panthers with a distance of 115-3 set at the Northern Iowa Open I ...her fastest 400 meter hurdles was set at the conference meet with a time of 1:10.28. **Indoor** - Competed in the 60 meter hurdles and her fastest time of the season (9.62) was set at the UNI-Dome Open ...at the Iowa State Open, she ran her fastest 800 meters of the season with a time of 2:37.14. **2000: Outdoor** - Her longest javelin throw of the season was at the Southern Illinois Invitational where she threw 111-8 for second place...placed fourth at the Northern Iowa Open in the javelin throw (105-5)...threw the javelin at the Husker Open (103-2) for 13th place... finished in sixth place in the heptathlon at the Missouri Valley Championships with 4,235 points. **Indoor** - At the Badger Classic, she placed fourth and ran the 400m (105.85) in her fastest time of the season...finished in seventh place in the 60m high hurdles (9.92) at the Mercantile Bank Invitational

Indoor	
60m H	8.96
LJ	18-3
Outdoor	
100m H	15.45
200m	27.89
400m H	1:10.28
800m	2:34.65
HJ	4-11 3/4
LJ	17-8 1/4
TJ	35-11 3/4
Shot Put	34-4 1/4
Javelin	115-3
Heptathlon	4,749

# Panther Profiles

...jumped 16-6 1/2 in the long jump at the UNI Invitational, her longest jump of the season. **1999: Outdoor** - Finished fifth in the javelin (123-1), seventh in the heptathlon (4,171) and eighth in the 100 hurdles (15.26) at the Missouri Valley Conference Championships...posted a fourth-place finish in the heptathlon at the Florida State Relays (4,628) and fifth at the Drake Relays with 4,653, which places her second on UNI's all-time list...won the long jump at the Augustana Invitational with a 17-8 1/4, her career best, which ranks her fifth on the school's all-time list...placed second in the 100 hurdles at Augustana, fourth at the UNI Open and 13th at the Florida State Relays...finished ninth and 18th in the 400 hurdles and 100 hurdles, respectively, at the LSU Invitational. **Indoor** - Scored at the conference meet by claiming fifth in the 60-meter hurdles (9.03)...in the 60 hurdles, won the Iowa State Last Chance Meet, placed third at the Badger Classic and sixth at the Mercantile Bank Invitational...long jumped a career-best 18-3 to finish third at the UNI-Dome Open...also in the long jump, took third in the Mercantile Bank Invitational, sixth at the Cyclone Holiday Classic, ninth at the Badger Classic, 14th in the Iowa State Open and 21st at the Iowa State Classic. **1998: Outdoor** - Redshirted. **Indoor** - Recorded a season-best in the long jump in her first collegiate event at the Iowa State Holiday Classic (16-11)...placed sixth in the long jump (16-7 1/4) at the Mercantile Bank Invitational. **High School:** A state champion in the pentathlon...as a senior, placed fourth in the long jump, fifth in the 400-meter hurdles and seventh in the 100-meter hurdles at the state meet...finished 11th in the long jump at the Drake Relays...also placed 11th in the long jump at the state meet and Drake Relays as a junior. **Personal:** Psychology major... daughter of Fred and Cheryl George...



## ELLY GLASS

So. • Distance  
Dubuque, Iowa (Senior)  
All-MVC

**2001: Cross Country** - Competed in the first three meets of the season for the Panthers before an injury

sidelined her ...her fastest 5K of the season was 18:52 at the Illini Invitational ...her top finish of the year was eighth place at the Illinois State Invitational with a time of 19:59.21. **Outdoor** - Had the third fastest time on the Panther squad in the 800 meters with a time of 2:19.88 set at the Northern Iowa Open I ...ran the 1,500 meters at the Baldy Castillo Invitational and placed 16th with a hand time of 4:50.20 ...ran the lead off leg of the distance medley team that finished 10th (12:03.57) at the Texas Relays. **Indoor** - Her fastest 3,000 meters of the season came at the Iowa State Classic with a time of 10:33.20 ...in her first college track meet (Iowa State Holiday Meet), she ran the 3,000 meters and finished fifth (10:48.81). **2000: Cross Country** - Finished in fifth place at the Missouri Valley Conference Meet, her top finish of the season...honored on the all-MVC team. **High School:** Named to the Elite all-state team for cross country four straight years...has records in the 800m, 1500m, 3000m, distance medley and the 4x400...went to the Drake Relays each year of high school...member of the Honor Society. **Personal:** Majoring in Biology...daughter of Randy and Linda Glass

Indoor	
3,000m	10:33.20
Outdoor	
800m	2:19.88
1,500m	4:50.20
Cross Country	
5K	18:30
6K	22:20



## KRIS HAND

So. • Distance  
Mason City, Iowa (Nora Springs-Rock Falls)

**2001: Cross Country** -Ran her fastest time of the season, 19:15, at the Illini Invitational. **Outdoor** - Redshirted. **Indoor** - Redshirted. **High School:** Holds the school record in the 800m dash and in the distance medley ...lettered in track, volleyball, basketball and softball ...was a member of the Honor Roll ...a member of SAAVE, band and choir

Cross Country	
5K	19:15

...helped out with Big Brothers/Big Sisters. **Personal:** Majoring in Business ...daughter of Martin and Rhonda Hand.



## INGA HOPE

Jr. • Sprints  
La-Romaine, Trinidad (San Fernando)  
All-MVC

**2001: Outdoor** - Ran the school's fourth fastest time in the 100 meter dash (11.91) with a sixth place finish at the SMS Invitational ...at the Missouri Valley Conference meet, she ran her fastest 200 meters (24.78) which places her fifth on UNI's all-time list ... ran the anchor leg of the 4x100 meter relay team that finished second at the MVC meet with a time of 46.17, giving her all-conference honors ...at the Drake Relays she ran the lead leg of the Sprint Medley team that finished with a time of 4:03.21. **Indoor** - Ran the fastest time of the season for a Panther in the 60 meter dash (7.60) at MVC meet, which is the second fastest time in school's history ...at the Iowa State Last Chance Meet, she ran the 200 in a personal best time of 24.94 ...ran the lead off leg of the 4x400 meter relay that ran it in 3:57.27 at the Firststar Invitational. **2000: Outdoor** - At the Florida State Relays, she ran the 100m in 12.25 and took home fifth place...ran the 100m and the 200m at the Southern Illinois Invitational and finished in fourth and seventh place, respectively...finished in seventh place at the Husker Open in the 100m dash (12.65)...placed second at the Northern Iowa Open (12.18) in her fastest 100m of the season. **Indoor** - Finished the Missouri Valley Championships in fourth place in the 60m with her fastest time, 7.73... won the UNI-Dome Open in the 60m (7.82)... ran her fastest time in the 200m (25.78) at the Iowa State Classic...took third place in the 60m at the Badger Classic and the UNI Invitational... finished in fifth place at the Mercantile Bank Invitational and the UNI Invitational in the 200m. **1999:** Redshirted. **High School:** Named the Most Outstanding Athlete at her school as a junior and senior...competed in the Carifta Games in '97 on both the regional and national level. **Personal:** Majoring in Sociology...daughter of Lynette and Clifford Hope

Indoor	
60m	7.60
200m	24.94
Outdoor	
100m	11.91
200m	24.78



## KARA HULSE

Jr. • Long Jump  
Cedar Falls, Iowa (Cedar Falls)

**2001: Outdoor** -Is third on UNI's all-time best list for the triple jump when she jumped 38' 0" at the Northern Iowa Open II, winning the meet ...Placed fourth at the Northern Iowa Open II in the long jump with a distance of 17'2 3/4". **Indoor** - Jumped (17'8 1/4") in the long jump at the Firststar Invitational and placed fourth ...Finished fourth at the UNI-Dome Open with a distance of 36'7". **2000: Outdoor** - Jumped her way into fourth place at the Northern Iowa Open with her longest jump (17-9 1/2)...also jumped 17-9 1/2 at the conference meet ...finished in second place in the long jump (17-4 1/4) and third place in the triple jump (35-9 1/4) at the Southern Illinois Invitational. **Indoor** - At the UNI-Dome Open, she took second place in the long jump and the triple jump with heights of 18- 1/2 and 34- 7 3/4, respectively...finished in third place at the UNI Invitational in the long jump (17-11 1/2) ... ran the 60m at the Iowa State Classic in a time of 8:29. **1999:** Redshirted. **High School:** Won the state long jump championship as a senior with a 17-10 performance after finishing second as a junior (17-7 1/2) and 13th as a sophomore (16-2)...placed 10th at the Drake Relays her senior year, 14th as a sophomore and junior...named her school's Female Athlete of the Year as a senior...also lettered in cross country and basketball. **Personal:** Major is Elementary Education/Coaching ...daughter of Dave and Jill Hulse...

Indoor	
LJ	18-1/2
TJ	36-7
Outdoor	
LJ	18-2 3/4
TJ	38-0





## KATIE JOHNSON

Sr. • High Jump  
Omaha, Neb. (Millard North)

Indoor	
HJ	5-7
Outdoor	
HJ	5-7 3/4

**2001: Outdoor** - Is tied for third on UNI's all-time best list for her leap of 5' 7 3/4" in the high jump at the Missouri Valley Conference while placing fifth. **Indoor** - Redshirt. **2000:**

**Outdoor** - Placed ninth at the Missouri Valley Championship with a height of 5-3 3/4... tied for sixth place at the Florida State Relays, recording a height of 5-4 1/4... captured fourth place at the Southern Illinois Invitational (5-2 1/4)...her highest height of the season was 5-7 at the Drake Relays. **Indoor** - In her highest jump of the season, she won the UNI Invitational (5-5)...posted a fourth-place finish at the Cyclone Holiday Classic in the high jump (5-4 1/2) ...finished in third place at the Badger Classic...placed fourth at the Mercantile Bank Invitational (5-3). **1999: Outdoor** - Placed ninth in the high jump at the Missouri Valley Conference meet with a 5-3 3/4...jumped 5-6 1/2 at the Hawkeye Open and Simpson Invitational, which she won...finished second at the UNI Open (5-5) and 10th at the LSU Invitational (5-3). **Indoor** - Scored at the conference meet with a tie for sixth place at 5-5 3/4...finished second at the UNI-Dome Open (5-5), eighth at the Mercantile Bank Invitational (5-4 1/2) and 10th at the Iowa State Open (5-3 3/4). **High School:** An all-state performer in the high jump...also an all-stater in volleyball. **Personal:** Majoring in Interior Design, minor in Business...daughter of Paul and Deb Johnson



## AMANDA KOESTER

Sr. • High Jump  
Clinton, Iowa (Clinton)  
All-MVC

Indoor	
HJ	5-7
LJ	16-6 1/2
TJ	34-2 3/4
Outdoor	
HJ	5-7 3/4
TJ	38-0

**2001: Outdoor** - Received all-MVC honors for her second place finish at the conference meet in the high jump (5' 7 3/4) and is now

tied for third on UNI's all-time best list. **Indoor** - Her best performance in the long jump and the triple jump came at the UNI-Dome Open with a distance of 15'7" and 31'9 1/2", respectively ...cleared 5' 5 3/4" in the high jump twice, once at the Iowa State Open and again at the UNI Invitational. **2000: Outdoor** - Placed second at the Northern Iowa Open where she jumped her highest height of 5-7...finished the Sea Ray Relays in 14th place in the high jump (5-4 1/2)...took second place at the Southern Illinois Invitational in the high jump (5-4 1/4) and took fourth in the triple jump (32 -3 1/2)...placed seventh at the conference meet in the high jump (5-5 3/4). **Indoor** - Finished in second place at the UNI Invitational with her highest jump of the season, 5-5...placed second at the Badger Classic where she jumped 5-4 1/4... took sixth place at the Cyclone Holiday Classic (5-4 1/2). **1999:**

**Outdoor** - Tied for fifth in the high jump at the Missouri Valley Conference Championships with a 5-3 3/4 effort...jumped a season-best 5-5 to finish second at the Augustana Invitational ...won the triple jump at Augustana with a season-best 32-6 1/4...placed fourth in the high jump at the UNI Open, 10th at the LSU Invitational. **Indoor** - Tied for sixth in the high jump at the conference meet at 5-5 3/4...posted a career-best 5-7 to finish seventh in the high jump at the Iowa State Classic...at the Badger Classic, finished fifth in the high jump (5-4 1/4) and 12th in the long jump (15-9 3/4)...won the triple jump at the UNI-Dome Open (34-2 3/4) while placing third in the high jump...took fifth in the high jump at the Mercantile Bank Invitational, eighth at the Iowa State Open. **High School:** Won the state high jump title as a junior and senior after finishing third as a sophomore...a two-time runner-up in the high jump at the Drake Relays...placed 10th in the long jump her senior season...a member of the runner-up shuttle hurdle relay team her senior year. **Personal:** Majoring in Physical Education...daughter of Tom and Sandy Koester.



## AGNES KRONERAFF

Fr. • Distance  
Szekszard, Hungary (Garay Jands Gimnazium)

**High School:** A triathlete, she was involved in swimming, track and cross country ...won three track and field national championships in 1999 (15 km Road, Cross Country, 10 km track national titles) ...Competed on the European Cross Country Championships as a junior. **Personal:** Major is undecided ...daughter of Jands Kroneraff and Agnes Czettel



## AMANDA MUELLER

Fr. • Long Sprints  
Forest Lake, Minnesota (Forest Lake)

**High School:** Lettered in cross country and track and was a captain in both ...made all-conference honors 13 times and five times was all-state ...holds four indoor school records and three outdoor records ...holds the conference record in the 400 and holds seven AA records in the 200, 400 and 4x200 ...selected to Who's Who in Sports Among America's High School Students ...graduated with highest honors ...a member of the National Honor Society and the Students Leading in Creating Energy. **Personal:** Majoring in Physical/Health Education ...daughter of Thomas and Jan Mueller



## MELISSA NELSON

Jr. • High Jump  
Algona, Iowa (Algona)

Indoor	
HJ	5-7 3/4
TJ	32-9 1/2
Outdoor	
HJ	5-8 3/4

**2001: Outdoor** - Set the school record in the high jump after clearing a height of 5' 8 3/4" at the Baldy Castillo Invitational with a fifth place finish. **Indoor** - Cleared 5' 7 3/4" in the high jump two times, once at the

UNI Invitational and again at Iowa State Classic, a personal best ...competed in the triple jump at the UNI-Dome Open with a jump of 32' 9 1/2". **2000: Outdoor** - Finished in fourth place at the Northern Iowa Open with a height of 5-7...placed 12th at Sea Ray Relays (5-6 1/2)...took third place at the Southern Illinois Invitational (5-4 1/4). **Indoor** - 5-5 was her highest jump of the season, recorded in a first place victory at the UNI Dome Open, the UNI Invitational and also at the Iowa State Classic...finished in fourth place at the Cyclone Holiday Classic and the Iowa State Open with a jump of 5-4 1/2. **High**

**School:** A three-time state champ in the high jump, as a freshman, junior and senior...jumped a career-best 5-8 in the high jump...finished second at the Drake Relays as a senior...also a state medal winner in the 4 x 200 and 4 x 400 relays. **Personal:** Majoring in Physical Education...daughter of Gail and Kevin Nelson



## NIKKI NELSON

Jr. • Sprints  
Mt. Vernon, Iowa (Mt. Vernon)  
2x MVC Champ  
4x All-MVC

Indoor	
400m	55.9
600m	1:33.58
800m	2:13.81
Outdoor	
200m	25.31
400m	55.6
400m H	59.84
800m	2:11.96

**2001:** Redshirt. **2000: Outdoor** - Set the school record for the 400m hur-

dles at the Missouri Valley Championships (59.84)...placed sixth at the Drake Relays in the 400m hurdles (1:01.45)...earned first place honors at the Husker Open in the 400m hurdles (1:01.38)...member of the 4x100 relay team that took fourth at the Husker Open...finished in second place at the Southern Illinois Invitational (1:02.40) in the 400m hurdles...member of the 4x400 relay team that took 10th

# Panther Profiles

place at the Sea Ray Relays and finished in 20th place in the 400m hurdles (63:30)...won the 400m low hurdles at the Northern Iowa Open (1:00.88). **Indoor** - Earned first place honors at the UNI-Dome Open in the 600m (1:33.52) and in the 800m at the UNI Invitational (2:14.16)...won the Badger Classic in the 600m (1:36.01)...finished in first place at the Cyclone Holiday Classic in the 600m (1:34.22). **1999: Outdoor** - Finished fifth at the conference championship in the 800 meters (2:14.34), also ran on the third-place 4 x 100 and 4 x 400 relay teams...ran on the 4 x 800 team that took sixth at the Drake Relays and the 4 x 400 squad that was seventh in the final and set the school record (3:44.16) in the prelims...won the 400 meters at the UNI Open (57.45) ...placed third in the 800 at the LSU Invitational (2:13.79) and Duncan Invitational (2:14.53). **Indoor** - Earned all-conference honors by running on the runner-up 4 x 400 and distance medley relay teams... a member of the school record holding 4 x 400 teams (3:47.29)...also placed fourth in the 400 at the Valley meet (56.54)...won the 600 meters at the Cyclone Holiday Classic (1:35.72), her first collegiate meet, and the Mercantile Bank Invitational (1:34.86); placed third at the Badger Classic (1:35.66)...finished seventh in the 400 at the Iowa State Open (57.15), fourth at the UNI-Dome Open (57.52) and 15th at the Iowa State Classic (56.85). **High School:** One of the most successful athletes in Iowa high school track history, she won the state Class 2-A championship in four events as a senior -- 200 meters (25.31), 400 meters (56.84), long jump (17-4 1/4) and as a member of the sprint medley relay team...a three-event state champ as a junior, winning the 200, 400 and long jump...won the first of her three titles in the 400 as a sophomore while placing third in the long jump...won the 800 at the Drake Relays as a senior while finishing sixth in the 100-meter dash and long jump...placed ninth at the Drake Relays long jump as a sophomore and junior...also lettered in softball, basketball and volleyball. **Personal:** Sports Psychology major with a minor in Coaching...daughter of Gary and Karen Nelson



## KAYLEEN POPP

Fr. • Pole Vault  
Haven, Kansas (Haven)

**High School:** Won the Kansas State 4A Championship as a senior with a height of 11'0", the school's record ... took fourth at state as a junior ...Sunflower State Games Champion in 2001 ...earned two letters in track ...competed in gymnastics and was the state champ in the vault and bars and took second on the floor and the all-around at level nine ...was a state and regional qualifier in gymnastics in 1996-2001 and a national qualifier in 1999 ...a Kansas Honor Scholar and the Valedictorian ... a member of Kansas Association of Youth, Peer Helpers ... Fellowship of Christian Athletes, the National Honor Society and is a DARE role model. **Personal:** Majoring in Marketing/Public Relations ...daughter of Hal and Dana Popp

## RENEE RAMIKIE

Fr. • High Jump/Sprints/Hurdles  
Kingston, Jamaica (St. Hugh's)

**High School:** Took third place at the Oaltine Jamaica College Invitational ...finished in fourth place at the Milo Gule Championship ...her personal best time in the 200 meters is 26.3. **Personal:** Majoring in Pre-Pharmacy ... daughter of Trevor and Patricia Ramikie

Trevor and Patricia Ramikie

## LIZ ROBERTSON

So. • Pole Vault  
Crystal, Minn. (Armstrong)  
2x All-MVC



**2001: Outdoor** - Finished in second place at the Missouri Valley Conference Meet with a vault of 10' 11 1/2", tying fellow teammate Crystal Seamans with the school record and was honored as all-MVC. **Indoor** - Her season best vault came at the UNI Invitational as she cleared 10' 11 3/4", winning the meet. **2000: Outdoor-Redshirt.** **Indoor** - Won her first tournament of the season (10-10) at the Cyclone Classic...vaulted to her highest height of the season (11-5 3/4) at the conference meet, placing second...earned first-place honors at the Badger Classic (10-6)...finished in first place at the Mercantile Bank Invitational (10-10)...tied for sixth place at the Iowa State Classic...placed third at the UNI Invitational (11-11 3/4)...won the UNI-Dome Open (10-6). **High School:** A two-time Minnesota state champion in the pole vault, she also holds the state record, both indoor and outdoor...also a gymnastics all-American...lettered four times in track, six in gymnastics and once in Olympic weight lifting. **Personal:** Majoring in Secondary Education/Math... daughter of Gordy and Ruth Robertson

Indoor	
PV	11-5 3/4
Outdoor	
PV	11-4

## JILL SCHWIEBERT

Fr. • Long Sprints/Hurdles/Middle Distance  
Parkersburg, Iowa (Aplington-Parkersburg)



**High School:** Four-time conference and team MVP ...as a senior, won state as the anchor in the distance medley, in the 100 and 400 hurdles ...won the team state championship as a senior ...state champion in the 4x200 meter relay and the distance medley team as a junior ...won the shuttle hurdle at the state meet as a sophomore and took second in the 400 hurdles ...lettered in volleyball all four years of high school ...a member of the National Honor Society and the Honor Roll ...was involved in the church youth group and as a PAL (Peer Assistance Leadership)... **Personal:** Majoring in Accounting ...daughter of Jim and Barb Schwiebert

## CRYSTAL SEAMANS

Jr. • Multi-Events  
Moline, Ill. (Moline)  
MVC Champ  
3x All-MVC



**2001: Outdoor** - Won the MVC meet in the pole vault (10' 11 1/2"), tying fellow teammate Liz Robertson for the school record ...is second on UNI's all-time best list in the heptathlon with 4,796 points set at the MVC meet ...set seven personal bests at the MVC meet, including the 100 meter hurdles (15.13), the 200 meters (26.58), the 800 meters (2:31.39), the long jump (17' 8"), the triple jump (37' 1 1/4"), the pole vault (10' 11 1/2") and the heptathlon (4,796 pts.) ...ran the lead-off leg of the 4x400 meter relay team that ran 3:51.84 at the MVC Championships. **Indoor** - Won the triple jump with her best distance (37' 9 1/2") at the Firststar Invitational ...also had a personal best in the 60 meter hurdles (9.57) ...at the Iowa State Open, she ran the 800 meters in 2:32.04 ...vaulted to her best height of the season (9' 11 3/4) at the MVC Championships. **2000: Outdoor** - Transferred from St. Ambrose University...track and field MVP at St. Ambrose...finished in first place at the conference meet in the triple jump...placed 15th at the outdoor nationals in the heptathlon.

Indoor	
60m	9.57
800m	2:32.04
HJ	5-5 3/4
TJ	37-9 1/2
PV	9-11 3/4
Outdoor	
100m H	15.13
200m	26.58
800m	2:31.39
HJ	5-8
LJ	17-8
TJ	37-1 1/4
PV	10-11 1/2
Shot Put	32-3
Javelin	113-0
Heptathlon	4,796



**Personal:** Majoring in Physical Education... daughter of Gary and Bonnie Seamans



## WENDY SHAW

So. • Distance  
Davenport, Iowa (Central)

**2001: Cross Country** - Set a personal best in the 5K when she ran 18:25 at the Illini Invitational, finishing in 31st place ...an injury sidelined her

for the Midwest Regional meet. **Outdoor** - Ran her fastest time of the season in the 800 meters (2:19.24) at the SMS Invitational with a sixth place finish ...at the Baldy Castillo Invitational, she ran the 1,500 meters in 4:45.10, her best time of the season ...ran the anchor leg of the distance medley team that finished 10th at the Texas Relays. **Indoor** - Finished fourth at the Iowa State Open in the 800 meters (2:15.10) ...won the 1,000 meters at the Firstar Invitational with a time of 2:59.60 ...took fifth place at the MVC meet in the mile (5:00.43). **2000: Cross Country** - Returned mid-way through the season after an injury...her top finish was at the conference meet when she placed 14th. **High School:** Member of the all-state and all-state Elite teams in track and cross country ...won conference championships... MVP of cross country and track for four years...named all-conference in basketball... lettered in cross country, track, softball, soccer, and basketball...named to the all-conference academic team...member of the National Honor Society. **Personal:** Majoring in Biology and Chemistry ... daughter of the late Mike Shaw and Francine Southers

Indoor	
800m	2:15.10
1,000m	3:59.00
Mile	5:00.43
Outdoor	
800m	2:16.00
1,500m	4:45.10
Cross Country	
5K	18:25
6K	22:02



## EMILY SHOOPMAN

Fr. • Distance  
Waterloo, Iowa (West)

**2001: Cross Country** - Was the only Panther to run in all five meets for UNI ... was the first Panther to cross the finish line at the MVC Championship with a time of 18:54.01, good enough for 20th place and her best time of the season. **High**

**School:** State champion in the 1,500 meters as a senior ...two-time Drake Relays runner-up in the 3,000 meters ...fifth on the all-time Iowa State Cross Country Meet Best List ...Valedictorian. **Personal:** Majoring in Actuarial Science with a minor in Business ...daughter of Terry and Debra Shoopman ...sister Alaina was the captain of the UNI women's soccer team

Cross Country	
5K	18:54.01



## JILLIAN SINNWELL

So. • Hurdles  
Nashua, Iowa (Plainfield)

**2001: Outdoor** - At the Northern Iowa Open II, she had two personal best times in the 100 meter hurdles (15.17) and in the 200 meters (26.63) ...placed eighth in the

long jump with a distance of 17' 1 1/2" set at the SMS Invitational. **Indoor** - Finished in third place in the 60 meter hurdles (9.12) at the UNI-Dome Open ...also competed in the long jump at the UNI-Dome Open with a distance of 17' 2 1/4". **High School:** Holds eight school records in track...ran on the varsity squad all four years... lettered in track, softball, and basketball...co-president of the National Honor Society. **Personal:** Majoring in BioMed... daughter of Richard and Susan Sinnwell

Indoor	
60m H	9.12
LJ	17-2 1/4
Outdoor	
100m H	15.17
200m	26.63
LJ	17-1 1/2



## ERIN WESSELY

Fr. • Pole Vault  
Prairie, Kansas (Prairie Village)

**High School:** 2001 Kansas State champion in the pole vault ...Class 6A champion and record holder at the Kansas State Invitational ...four year letterwinner in track and field and gymnastics ...all-Metro Female Track Athlete of the Year ...first team all-conference ...a member of the gymnastic team that finished third at state ...a member of the National Honor Society with a 4.0 GPA ...named a President's Scholar and an American Royal Scholar ...also involved in K-Life, an interdominational youth group. **Personal:** Majoring in Pre-Veterinarian Medicine ...daughter of Kent and Pam Wesely



## DEE WEAR

Sr. • Hurdles  
Mt. Pleasant, Iowa (Mt. Pleasant)  
2x MVC Champ  
5x All-MVC

Indoor	
60m H	8.74
Outdoor	
100m H	14.05

**2001: Outdoor** - In her final season of outdoor track, she captured the MVC crown in the 100 meter hurdles with a time of 14.10 ...she also earned all-MVC honors as the third leg of the 4x100 meter relay team that finished second in a time of 46.17, the third fastest time in UNI history ...ran a personal best time of 14.05 in the 100 meter hurdles at the Northern Iowa Open I, which is the second fastest time in school history. **Indoor** - Ran her personal best time of 8.74 in the 60 meter hurdles at the UNI-Dome Open, second fastest time in the qualifying round. **2000: Outdoor** - At the Missouri Valley Championships, took second place in the 100m high hurdles (14.31)...won the Southern Illinois Invitational in the 100m low hurdles (14.90) and ran the 100m and 200m in times of 13.40 and 27.40, respectively...finished in 13th place at the Husker Open (15.53) in the 100m hurdles...ran the 100m high hurdles in her fastest time of the season (14.54) at the Sea Ray Relays...finished in second place at the Northern Iowa Relays (14.42) in the 100m high hurdles and took fifth and eighth-place in the 100m and 200m, respectively. **Indoor** -At the conference meet, earned first-place honors in the 60m hurdles in a time of 8.83 ...finished in third place in the 60m high hurdles (9:03) at the Cyclone Holiday Classic...took ninth place at the Iowa State Open (9:14) in the 60m high hurdles...placed third in the 60m high hurdles at the Mercantile Bank Invitational ...finished in fourth place at the UNI Invitational (9:02). **1999: Outdoor** - Placed fourth in the 100-meter hurdles at the Missouri Valley Conference Championships (14.33)...finished third in the 100 hurdles at the UNI Open (14.54) and 14th at the Florida State Relays (15.05). **Indoor** - Runner-up in the 60-meter hurdles at the Missouri Valley Championships after running a season-best 8.76...finished fourth at the Mercantile Bank Invitational (9.04) and UNI-Dome Open (8.88), sixth at the Badger Classic (8.95) and Cyclone Holiday Classic (9.14), and seventh at the Iowa State Open (9.17). **1998: Outdoor** - Just missed all-conference honors in the 100-meter hurdles, finishing fourth at the Valley meet (14.50)...placed second at the Iowa Invitational (14.58), fifth at the UNI Open (15.03), seventh at the Duncan Invitational (15.18), and 18th at the Sun Devil Relays (14.97). **Indoor** - Redshirted. **High School** - An Elite all-state performer who won the state 100-meter hurdle title as a junior and finished sixth her senior year. **Personal:** Majoring in Criminology/Sociology...daughter of Lawrence and Sindy Wear





# NCAA Qualifying Standards

## MEN INDOOR

Event	Automatic		Provisional	
	FAT	MT	FAT	MT
55 Meters	6.16	-	6.26	-
60 Meters	6.62	-	6.72	-
55-Meter Hurdles	7.23	-	7.39	-
60-Meter Hurdles	7.74	-	7.90	-
200 Meters				
(Under 200m/220 yds)*	21.25	-	21.65	-
(200m/220 yds)*	21.10	-	21.50	-
(Over 200m/220 yds)*	20.85	-	21.25	-
400 Meters				
(Under 200m/220 yds)*	46.97	46.7	47.95	47.6
(200m/220 yds)*	46.72	46.4	47.65	47.4
(Over 200m/220 yds)*	46.32	46.0	47.25	47.0
800 Meters				
(200m/220 yds or less)*	1:48.90	1:48.6	1:50.80	1:50.5
(Over 200m/220 yds)*	1:48.30	1:48.0	1:50.20	1:49.9
Mile				
(200m/220 yds or less)*	4:01.50	4:01.2	4:06.00	4:05.7
(Over 200m/220 yds)*	4:00.70	4:00.4	4:05.20	4:04.9
3,000 Meters				
(200m/220 yds or less)*	8:01.30	8:01.0	8:12.00	8:11.7
(Over 200m/220 yds)*	8:00.00	7:59.7	8:10.70	8:10.4
5,000 Meters				
(200m/220 yds or less)*	14:00.00	13:59.7	14:20.00	14:19.7
(Over 200m/220 yds)*	13:58.15	13:57.9	14:18.15	14:17.9
1,600-Meter Relay				
(Under 200m/220 yds)*	3:10.00	3:09.7	3:13.50	3:13.2
(200m/220 yds)*	3:08.50	3:08.2	3:12.00	3:11.7
(Over 200m/220 yds)*	3:06.90	3:06.6	3:10.40	3:10.1
Mile Relay				
(Under 200m/220 yds)*	3:11.20	3:10.9	3:14.70	3:14.4
(200m/220 yds)*	3:09.70	3:09.4	3:13.20	3:12.9
(Over 200m/220 yds)*	3:08.10	3:07.8	3:11.60	3:11.3
Distance Medley Relay-Meters				
(200m/220 yds or less)*	9:40.00	9:39.7	9:48.00	9:47.7
(Over 200m/220 yds)*	9:37.75	9:37.5	9:45.75	9:45.5
Distance Medley Relay-Yards				
(200m/220 yds or less)*	9:43.50	9:43.2	9:51.50	9:51.2
(Over 200m/220 yds)*	9:41.25	9:41.0	9:49.25	9:49.0
High Jump	2.25 (7-4 1/2)		2.16 (7-1)	
Pole Vault	5.50 (18-0 1/2)		5.20 (17-0 3/4)	
Long Jump	7.85 (25-9 1/4)		7.55 (24-9 1/4)	
Triple Jump	16.20 (53-1 1/4)		15.60 (51-2 1/4)	
Shot Put	19.00 (62-4)		17.50 (57-5)	
35# Weight	21.35 (70-0 1/2)		19.00 (62-4)	

\*-Size of track.

## OUTDOOR

100 Meters	10.16	-	10.34	-
200 Meters	20.50	-	20.85	-
400 Meters	45.40	45.1	46.30	46.0
800 Meters	1:47.50	1:47.2	1:49.00	1:48.7
1,500 Meters	3:41.50	3:41.2	3:45.00	3:44.7
Mile	3:59.20	3:58.9	\$	@
3,000-Meter Steeplechase	8:43.00	8:42.7	8:54.00	8:53.7
5,000 Meters	13:46.00	13:45.7	14:07.00	14:06.7
10,000 Meters	29:00.00	28:59.7	29:45.00	29:44.7
110-Meter Hurdles	13.72	-	13.90	-
400-Meter Hurdles	50.10	49.8	51.20	50.9
400-Meter Relay	39.20	38.9	40.10	39.8
440-Yard Relay	39.40	39.1	40.30	40.0
1,600-Meter Relay	3:04.00	3:03.7	3:07.50	3:07.2
Mile Relay	3:05.20	3:04.9	3:08.70	3:08.4
High Jump	2.25 (7-4 1/2)		2.18 (7-1 3/4)	
Pole Vault	5.55 (18-2 1/2)		5.25 (17-2 3/4)	
Long Jump	7.95 (26-1)		7.65 (25-1 1/4)	
Triple Jump	16.30 (53-5 3/4)		15.70 (51-6 1/4)	
Shot Put	19.20 (63-0)		17.80 (58-4 3/4)	
Discus	60.00 (196-10)		55.00 (180-5)	
Javelin	72.00 (236-3)		67.00 (219-10)	
Hammer	68.00 (223-1)		61.00 (200-1)	
Decathlon	7,500 pts.		7,150 pts.	

## WOMEN INDOOR

Event	Automatic		Provisional	
	FAT	MT	FAT	MT
55 Meters	6.80	-	6.94	-
60 Meters	7.30	-	7.44	-
55-Meter Hurdles	7.64	-	7.90	-
60-Meter Hurdles	8.17	-	8.43	-
200 Meters				
(Under 200m/220 yds)*	23.90 <sup>1</sup>	-	24.45	-
(200m/220 yds)*	24.25	-	-	-
(Over 200m/220 yds)*	23.50	-	24.05	-
400 Meters				
(Under 200m/220 yds)*	54.10	53.8	55.30	55.0
(200m/220 yds)*	53.80	53.5	55.00	54.7
(Over 200m/220 yds)*	53.50	53.2	54.70	54.4
800 Meters				
(200m/220 yds or less)*	2:07.30	2:07.0	2:10.00	2:09.7
(Over 200m/220 yds)*	2:06.90	2:06.6	2:09.60	2:09.3
Mile				
(200m/220 yds or less)*	4:43.20	4:42.9	4:49.00	4:48.7
(Over 200m/220 yds)*	4:42.60	4:42.3	4:48.40	4:48.1
3,000 Meters				
(200m/220 yds or less)*	9:24.00	9:23.7	9:38.00	9:37.7
(Over 200m/220 yds)*	9:23.20	9:22.9	9:37.20	9:36.9
5,000 Meters				
(200m/220 yds or less)*	16:21.55	16:20.3	16:50.00	16:49.7
(Over 200m/220 yds)*	16:20.00	16:19.7	16:48.45	16:48.2
1,600-Meter Relay				
(Under 200m/220 yds)*	3:39.00	3:38.7	3:45.00	3:44.7
(200m/220 yds)*	3:37.00	3:36.7	3:43.00	3:42.7
(Over 200m/220 yds)*	3:35.80	3:35.5	3:41.80	3:41.5
Mile Relay				
(Under 200m/220 yds)*	3:40.25	3:40.0	3:46.25	3:46.0
(200m/220 yds)*	3:38.25	3:38.0	3:44.25	3:44.0
(Over 200m/220 yds)*	3:37.05	3:36.8	3:43.05	3:42.8
Distance Medley Relay-Meters				
(200m/220 yds or less)*	11:21.00	11:20.7	11:38.00	11:37.7
(Over 200m/220 yds)*	11:19.00	11:18.7	11:36.00	11:35.7
Distance Medley Relay-Yards				
(200m/220 yds or less)*	11:25.20	11:24.9	11:42.20	11:41.9
(Over 200m/220 yds)*	11:23.20	11:22.9	11:40.20	11:39.9
High Jump	1.83 (6-0)		1.77 (5-9 3/4)	
Pole Vault	4.10 (13-5 1/4)		3.80 (12-5 1/2)	
Long Jump	6.40 (21-0)		6.10 (20-0 1/4)	
Triple Jump	13.15 (43-1 3/4)		12.55 (41-2 1/4)	
Shot Put	16.10 (52-10)		14.90 (48-10 3/4)	
20# Weight	19.50 (63-11 3/4)		17.70 (58-1)	

\*-Size of track.

## OUTDOOR

100 Meters	11.30	-	11.55	-
200 Meters	23.10	-	23.60	-
400 Meters	52.40	52.1	53.70	53.4
800 Meters	2:05.00	2:04.7	2:07.50	2:07.2
1,500 Meters	4:19.00	4:18.7	4:24.00	4:23.7
Mile	4:39.64	4:39.4	\$	@
3,000 Meters	10:00.00	9:59.7	10:40.00	10:39.7
5,000 Meters	16:08.00	16:07.7	16:48.00	16:47.7
10,000 Meters	34:10.00	34:09.7	35:15.00	35:14.7
100-Meter Hurdles	13.10	-	13.60	-
400-Meter Hurdles	57.30	57.0	59.20	58.9
400-Meter Relay	44.00	43.7	45.10	44.8
440-Yard Relay	44.20	43.9	45.30	45.0
1,600-Meter Relay	3:33.00	3:32.7	3:39.00	3:38.7
Mile Relay	3:34.20	3:33.9	3:40.20	3:39.9
High Jump	1.83 (6-0)		1.79 (5-10 1/2)	
Pole Vault	4.15 (13-7 1/4)		3.80 (12-5 1/2)	
Long Jump	6.50 (21-4)		6.20 (20-4 1/4)	
Triple Jump	13.30 (43-7 3/4)		12.80 (42-0)	
Shot Put	16.10 (52-10)		14.90 (410 3/4)	
Discus	54.50 (178-10)		50.00 (164-0)	
Javelin	51.50 (168-11)		46.00 (150-11)	
Hammer	61.00 (200-1)		56.00 (183-9)	
Heptathlon	5,550 pts.		5,175 pts.	

## Sports Medicine

The Northern Iowa sports medicine program features top-rate facilities and the outstanding services of sports and health care professionals.

The sports medicine program focuses on injury prevention. Staff members utilize Merac strength-testing devices, provide dietary analysis, measure physiological capacity and outline programs to improve an athlete's flexibility.

Athletic trainers and physicians work together to design rehabilitation programs for injured athletes. A wide variety of facilities and equipment, not only in the Sports Medicine Lab but in the Wellness and Recreation Center, including swimming pools, Merac equipment, Stairmasters and various exercise bicycles, help athletes rehabilitate injuries and minimize the loss of fitness during recuperative time.



## Conditioning

The Northern Iowa strength and conditioning program is a blend of science, technology and one-on-one attention to each student-athlete.

Throughout the year, UNI athletes can spend more time working on strength and conditioning than any other aspect of their sport. During the off-season, athletes work on strength improvement, speed, power, agility and conditioning. The in-season program is devoted to continuation of strength gains and performance-related conditioning.

During an athlete's first year on campus, baseline measures of strength, speed, power, flexibility and endurance are collected. Measures of body composition and weight also are recorded. With this information, goals are set for development and maintenance. Programs are established for each athlete by Strength and Conditioning coach Jim Kramer, who was recognized by his peers as the best in his profession in 1999.

# Academics

Winning in the classroom and achieving an academic degree is the primary goal for each student-athlete at the University of Northern Iowa. It is the University's chief objective to allow each individual to have the maximum opportunity to participate in a positive educational experience and ultimately earn a college degree.

As a medium-sized public university with a faculty committed to quality undergraduate education, Northern Iowa is proud of its student-athletes' performance in the classroom. In information taken from the 1998 NCAA Division I Graduation Rates Report, UNI athletes graduated at a rate higher than the general student body and at a higher rate than any of their Missouri Valley Conference counterparts. In fact, 35 to 40 percent of UNI student-athletes perennially post grade-point averages of 3.0 or better.

The key to Northern Iowa's academic program is the individual -- the student-athlete gets out of the system what he or she puts into it. UNI has geared its academic program to make its student-athletes better individuals. It is important that the student-athletes develop a sense of pride in themselves as students, as athletes, as citizens, and as representatives of the University of Northern Iowa.

Athletes can take advantage of the Athletics Academic Advisor, who has responsibilities specifically to Panther student-athletes. The Advisor will assist athletes in scheduling, choice of major, tutorial services and other services to assure satisfactory progress toward a degree.

The Athletics Academic Advisor's Office also has established the Panther Athletic Academic Center, or PAAC for short. PAAC is a service which provides student-athletes with study services during daytime and evening hours that better accommodate their active schedules.



## Northern Iowa's Academic All-Americans

1996	Jon Judisch	1999	Levente Timar
1998	Jon Judisch	2000	Levente Timar
		2001	Levente Timar

### MISSOURI VALLEY CONFERENCE SCHOLAR-ATHLETE PERFORMERS

1993	Gregg Garn, Jason McCleary, Chad Flynn, Cole Honeck, Jeff Joiner, Jason Meyer, Bob Smith, Dyan Fluhrer, Keri Hamilton, Heidi Heiar, Paula Nemmers, Marchelle Short, Kelly VanDePol
1994	Gregg Garn, Jeff Joiner, Tim Suchan, Matt Casillas, Chad Flynn, Jason Meyer, Mike Moats, Kory Swart, Guy Willey, Jacque Askeland, Kelly VanDePol, Jennifer Bradford, Keri Hamilton, Heidi Heiar, Laura Little
1995	Alex Garn, Chad Flynn, Kory Swart, Tim Suchan, Matt Casillas, Laura Little, Theresa Lux
1996	Chad Flynn, Alex Garn, Jon Judisch, Kyle Kepler, Mike Maddox, Jason Meyer, Tim Suchan, Kory Swart, Joey Woody, Jenny Jackson, Laura Little, Theresa Lux, Cindra Schelling
1997	Marshall Blaine, Jon Judisch, Kyle Kepler, Joey Woody, Keri Clevenger, Rhonda Eiben, Brenna Fleishman, Denise Sauerbrei, Kendra Stannard, Michelle Surber
1998	Marshall Blaine, Jon Judisch, Kyle Kepler, Brent MacLagan, Juri Rovon, April Stepanek
1999	Brock Boettcher, Sam Burkett, Balasz Csillag, Travis Geopfert, Jon Judisch, Tim Kirchoff, Brent MacLagan, Bill Nurdyke, Levente Timar, Jill Bakewell, Rachel Dozark, Brenna Fleishman, Jill George, Teresa Grothus, Kendra Stannard, Kari Thilges, Melissa Yerk
2000	Rob Brock, Balazs Csillag, Travis Geopfert, Robert Hamre, Tim Kirchoff, Eric Potter, Levente Timar, Grant Wesson, Jill Bakewell, Deborah Cordner, Rachel Dozark, Rita Fiala, Jill George, Teresa Grothus, Inga Hope, Katie Johnson, Nikki Nelson, Elizabeth Robertson, Kari Thilges
2001	Robert Hamre, Levente Timar, Brad Travis, Teresa Grothus, Elizabeth Robertson



**This Is UNI**

## University of Northern Iowa

Building on a strong tradition of teacher education, the University of Northern Iowa has evolved into one of the finest comprehensive public universities in the country. UNI emphasizes excellence in undergraduate education and offers selected graduate programs at the master's, specialist's and doctoral levels.

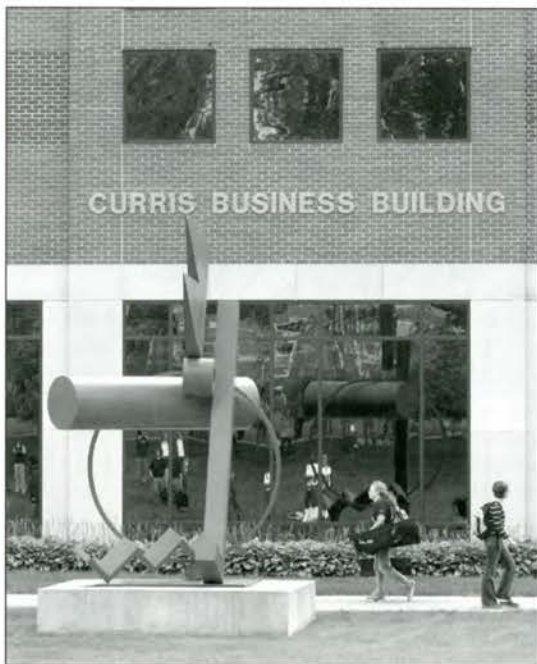
UNI's heritage and philosophy place great value on providing a student-centered educational experience. The university offers a learning environment that is small enough to provide students individualized attention, yet large enough to provide a variety of resources, including distinguished faculty.

# Students First

Today, UNI offers more than 120 undergraduate majors. Outstanding academic programs, many of which are nationally-recognized for their excellence, have been established in the colleges of Business Administration, Education, Humanities and Fine Arts, Natural Sciences, and Social and Behavioral Sciences. In addition, UNI participates in the bachelor of liberal studies program offered by Iowa's Regent Universities and provides classes in centers around the state through the division of Continuing Education and Special Programs.

Recognized as the premier public undergraduate university in the state, UNI is experiencing an increasing demand for its high-quality programs. UNI enrollments have increased by nearly eight percent in the past five years. Enrollment at UNI was 13,774 students in the fall of 2000, the third consecutive year of record enrollments. Students come from every county in Iowa, 47 states and 76 countries.

The University of Northern Iowa was founded in 1876 as the Iowa State Normal School. It became Iowa State Teachers College in 1909. In 1961, the name was changed to State College of Iowa, and in 1967, the Iowa Legislature changed the status of the institution to that of a university under its present title.



### Highlights

- UNI has ranked second in Midwest top public comprehensive universities by *U.S. News and World Report* for four consecutive years.
- UNI was named in July 2001 to the *Kaplan/Newsweek* list of "schools that offer the best value for your tuition dollar."
- UNI is the alma mater of NFL and Super Bowl MVP Kurt Warner, as well as U.S. Sen. Charles Grassley.
- UNI's Residential Network, *ResNet*, provides high-speed network computing to students living in the residence halls.
- A leading trade association magazine, *Athletic Business*, has selected the UNI Wellness/Recreation Center as one of 10 winners in its 1999 Facility of Merit award competition. The \$18.3 million facility, attached to the north side of the UNI-Dome, features the highest climbing wall in the Midwest, two pools, a running track, weight and fitness rooms, and courts for basketball, volleyball and racquetball.
- UNI has received a grant for more than \$1 million to train native speakers of languages other than English to be bilingual classroom teachers.
- UNI students are active and involved with more than 180 student organizations, including special interest clubs, sororities and fraternities, religious groups and academic groups.

### Student Profile

- Average age of undergraduates: 21.5
- Average age of graduate students: 34.1 ACT scores of entering freshmen: scores of 21-25 (51%); scores of 26 or above (26%)
- Percent of student body from Iowa: 94.9

# Indoor Records

## Men

Event	UNI Record	Missouri Valley Meet Record
55-Meter Dash	6.25 Kenny Shedd (1992)	6.25 Kenny Shedd, Northern Iowa (1992)
60-Meter Dash	6.70 Devon Davis (2000)	6.72 Luke Drilling, Drake (1999)
55-Meter High Hurdles	7.29 Johnny Westbrook (1993)	7.26 Chris Lancaster, Indiana State (1990) Wil Lash, Indiana State (1996)
60-Meter High Hurdles	7.90 Kenney Edwards (2000)	7.68 Aubrey Herrin, Indiana State (1999)
200 Meters	21.38 Marshall Frazier (2000)	21.15 Kevin Little, Drake (1990)
400 Meters	47.01 Jim Turner (1990)	47.87 Erick Pegues, Southern Illinois (1989)
600 Meters	1:16.85 Joey Woody (1995)	
800 Meters	1:48.35 Joey Woody (1996)	1:47.22 Einars Tupuritis, Wichita State (1996)
1,000 Meters	2:26.51 Eric Potter (2000)	
Mile Run	4:04.64 Balasz Csillag (2000)	4:02.1 Christian Goy, Illinois State (2001)
3,000 Meters	8:02.21 Oliver Bodor (2001)	8:14.30 Matt Gabrielson, Indiana State (2000)
5,000 Meters	14:25.09 Oliver Bodor (2001)	14:20.40 Trey Harrison, Wichita State (1989)
4 x 400-Meter Relay	3:09.95 J. Judisch, Garn, M. Mullenix, J. Woody (1996)	3:13.00 Southern Illinois (1982)
Distance Medley Relay	9:39:47 R. Brock, Tr. Geopfert, E. Potter, B. Csillag (2000)	9:46.51 Southern Illinois (1984)
Pole Vault	18-7 3/4 Jake Pauli (2001)	18-00 1/2 Jacob Pauli, Northern Iowa (1998)
High Jump	7-4 1/2 Tim Suchan (1995)	7-4 1/2 Tim Suchan, Northern Iowa (1995) Kevin Clements, Illinois State (1990) Darrin Plab, Southern Illinois (1991)
Long Jump	25-2 1/2 Devon Davis (1999)	26-1 3/4 Frankie Young, Indiana State (1999)
Triple Jump	52-1 Junior Chukukere (1992)	52-5 1/2 Greg Crookendale, SW Missouri State (1998)
Shot Put	60-3 1/4 Brent Geringer (1979)	62-4 John Smith, Southern Illinois (1984)
35-Pound Weight	67-7 Matt Casillas (1996)	72-2 1/2 Tom Barrett, Illinois State (1999)

## Women

55-Meter Dash	6.85 Shantel Twiggs (1994)	6.74 Holli Hyche, Indiana State (1994)
60-Meter Dash	7.50 Mellisa Campbell (2000)	7.55 Michelle Baptiste, SW Missouri State (1999)
55-Meter High Hurdles	8.00 Brenna Fleishman (1998)	7.95 Debbie Caddell, Illinois State (1994)
60-Meter High Hurdles	8.76 Dee Wear (1999)	8.68 Mellanee Welty, Wichita State (1999)
200 Meters	24.12 Shantel Twiggs (1994)	23.18 Holli Hyche, Indiana State (1993)
400 Meters	55.79 Deb Cordner (2000)	53.82 Verneta Lesforis, SW Missouri State (1999)
600 Meters	1:33.52 Nikki Nelson (2000)	
800 Meters	2:09.00 Emily Montgomery (1996)	2:09.46 Angie Bruecker, Indiana State (2000)
1,000 Meters	2:53.02 Jenny Jackson (1997)	
Mile Run	4:52.47 Jenny Jackson (1997)	4:48.89 Jennie Horner, Southern Illinois (1995)
3,000 Meters	9:59.64 Julie Mazzitelli (1993)	9:42.09 Mary Ellen Hill, Bradley (2000)
5,000 Meters	17:32.18 Rita Fiala (2000)	16:38.82 Mary Ellen Hill, Bradley (1998)
4 x 400-Meter Relay	3:43.01 T. Grothus, R. Dozark, J. Bakewell, N. Nelson	3:42.84 Southwest Missouri State (1999) Grante, Pommells, Charles, Lesforis
Distance Medley Relay	11:50.57 J. Jackson, N. Nelson, R. Dozark, K. Thilges (1999)	11:44.48 Southern Illinois (2001) Cox, Appiah-Kubi, Roundtree, Beitler
Pole Vault	11-5 3/4 Liz Robertson (2000)	12-2 1/2 Nikki Plant, Wichita State (1999)
High Jump	5-9 Jeanette Brown (1982)	5-9 3/4 Julie Head, Drake (1999) Felicia Hill, Southern Illinois (1999)
Long Jump	20-11 1/2 Dianna Leftridge (1995)	20-5 3/4 Dianna Leftridge, Northern Iowa (1995)
Triple Jump	40-2 3/4 Dianna Leftridge (1995)	41-1 1/2 Rima Turvesky, Southern Illinois (2000)
Shot Put	48-3 1/4 Lisa Tatman (1989)	50-1 3/4 Jenny Folz, Indiana State (1999)
20-Pound Weight	56-2 Melissa Yerk (1998)	65-4 1/2 Carrie Myers, Indiana State (2000)

## Men

Event	UNI Record	Missouri Valley Meet Record
100-Meter Dash	10.19 Devon Davis, 2001	10.19 Clarkson Reid, SW Missouri St (1998)
110-Meter High Hurdles	13.63 Joey Woody (1997)	13.47 Aubrey Herring, Indiana State (2001)
200 Meters	20.87 Dedric Ward (1997)	20.53 Ed Williams, Southern Illinois (1992)
400 Meters	46.46 Joey Woody (1997)	45.83 Julius Edwards, Illinois State (1987)
400-Meter Intermediate Hurdles	48.18 Joey Woody (1997)	49.99 David Lee, Southern Illinois (1981)
800 Meters	1:48.10 Jeff Burris (1988)	1:46.44 Einars Tupuritis, Wichita State (1996)
1,500 Meters	3:44.06 Bob Friedman (1979)	3:45.00 Chris Mares, Drake (1980)
3,000-Meter Steeplechase	8:41.50 Mate Nemeth (2001)	8:39.29 Vern Iwancin, Drake (1981)
5,000 Meters	13:59.37 Balazs Csillag (2001)	14:08.82 Vern Iwancin, Drake (1981)
10,000 Meters	29:39.50 Oliver Bodor (2001)	29:37.91 Mike Keane, Southern Illinois (1981)
Shuttle Hurdle Relay	56.95 J. McCleary, J. Woody, Garn, J. Westbrook (1993)	
4 x 100-Meter Relay	39.99 K. Edwards, J. Adam, M. Frazier, D. Davis (2000)	40.07 Illinois State (1996)
4 x 200-Meter Relay	1:24.93 J. Wilson, B. Peitel, D. Homewood, D. Davis (2001)	
4 x 400-Meter Relay	3:09.48 J. Judisch, Garn, M. Mullenix, J. Woody (1995)	3:04.60 Southern Illinois (1984)
4 x 800-Meter Relay	7:19.10 Paulsen, Sullivan, MacLagan, E. Potter (2000)	
Sprint Medley	3:17.29 J. McCleary, Honeck, J. Woody, M. Arpasi (1993)	
Distance Medley	9:47.70 J. Burris, K. Shedd, K. Terrillion, D. Hostager (1990)	
Pole Vault	18-6 1/2 Jacob Pauli (2000, 2001)	18-2 Jacob Pauli, Northern Iowa (2000)
High Jump	7-4 1/2 Jason Boness (1999)	7-5 1/4 Cameron Wright, Southern Illinois (1993)
Long Jump	24-10 3/4 Wayne Simon (1987)	25-7 1/2 Don DuVall, Wichita State (1978)
Triple Jump	51-8 1/4 Devon Davis (1999)	54-1 1/2 Gregory Hughes, SW Missouri State (2001)
Shot Put	58-6 John Holler (1978)	61-7 1/4 Joel Sward, Drake (1992)
Hammer Throw	197-11 Allan Walz (1996)	213-8 Tom Barrett, Illinois State (1999)
Discus	199-6 Brent Geringer (1979)	193-8 Dwayne Mayfield, West Texas St. (1982)
Javelin	207-7 Juri Rován (1995)	274-7 Bob Roggy, Southern Illinois (1978)
Decathlon	7,419 Brad Miller (1992)	7,574 Keith Stewart, West Texas State (1984)

## Women

100-Meter Dash	11.20 Shantel Twiggs (1994)	11.13 Holli Hyche, Indiana State (1993)
100-Meter High Hurdles	13.96 Brenna Fleishman (1999)	13.53 Melinda Sallins, SW Missouri State (1996)
200 Meters	23.04 Shantel Twiggs (1993)	22.60 Holli Hyche, Indiana State (1994)
400 Meters	53.74 Sherry Shedd (1992)	53.02 Verneta Lesforis, SW Missouri State (1999)
400-Meter Intermediate Hurdles	59.84 Nikki Nelson (2000)	57.71 Melinda Sallins SW Missouri State (1995)
800 Meters	2:08.39 Emily Montgomery (1995)	2:07.01 Augustina Charles, SW Missouri State (1999)
1,500 Meters	4:33.27 Jenny Jackson (1999)	4:28.61 Jennie Horner, Southern Illinois (1995)
3,000 Meters	9:52.74 Sandy Elsberry (1984)	9:41.77 Jennie Horner, Southern Illinois (1995)
3,000-Meter Steeplechase		11:02.35 Annie Gasway, Indiana State (2001)
5,000 Meters	17:11.14 Sandy Elsberry (1984)	17:00.47 Stacy Beste, Illinois State (2000)
10,000 Meters	36:06.04 Suzie Scheer (1984)	36:24.05 Mary Ellen Hill, Bradley (2000)
Shuttle Hurdle Relay	58.42 Stannard, D. Wear, J. George, B. Fleishman (1999)	
4 x 100-Meter Relay	45.52 J. Eiben, Leftridge, Schmitz, S. Twiggs (1994)	44.71 Indiana State (1994)
4 x 200-Meter Relay	1:37.38 J. Eiben, Leftridge, Schmitz, S. Twiggs (1994)	
4 x 400-Meter Relay	3:43.19 Bakewell, D. Corder, R. Dozark, N. Nelson (2000)	3:41.05 Southwest Missouri State (1999)
4 x 800-Meter Relay	8:57.34 T. Grothus, N. Nelson, R. Dozrk, J. Jackson (1999)	
Sprint Medley	3:59.75 Leftridge, Eiben, Seller, Montgomery (1995)	
Distance Medley	11:46.69 Little, Lux, Schelling, Montgomery (1995)	
Pole Vault	10-11 1/2 Crystal Seamans, Liz Robertson (2001)	12-1 1/2 Nikki Plant, Wichita State (1999)
High Jump	5-8 3/4 Melissa Nelson (2001)	5-10 3/4 Melissa Dyal, Indiana State (1997-98)
Long Jump	21-3 Dianna Leftridge (1994)	21-1 3/4 Dianna Leftridge, Northern Iowa (1994)
Triple Jump	41-9 1/4 Dianna Leftridge (1994)	41-7 1/4 Angela Isaac, Wichita State (1993)
Shot Put	48-0 Lisa Tatman (1988)	51-9 1/4 Jenny Folz, Indiana State (1999)
Hammer Throw	167-10 Melissa Yerk (1999)	192-8 Jenny Folz, Indiana State (1999)
Discus	155-1 Jess Boline (2001)	181-0 Angie Joy, Illinois State (1998)
Javelin	148-7 Donna Wheeler (1988)	176-10 Deana Alexander, Wichita State (1998)
Heptathlon	5,051 Kendra Stannard (1999)	5,548 Denise Brungardt, Wichita State (1993)

# UNI-Dome

The UNI-Dome is a unique, multi-purpose athletic facility built in 1976 which has earned a reputation as one of the finest collegiate athletic facilities in America.

It has been the site of numerous nationally prominent track and field meets such as the Central Collegiate Conference Championships, the Mid-Continent Conference Championships, the AIAW National Championships and is annually the site of the premier indoor high school track meet in Iowa, the A.D. Dickinson Relays. In February of 2000, the Dome hosted its fourth Missouri Valley Conference Championship, having previously played host to the event in 1993, '96 and '99.

A glance at the UNI-Dome records list shows some of America's finest athletes, both past and present, have competed in the facility in its 23-year history.

The Dome combines the features of a fieldhouse, football stadium and large auditorium. In addition to top track and field events, it also has hosted NCAA football playoffs and was the home of the 1997 NCAA Division I Wrestling Championships, which shattered all previous attendance marks.

Approximately 16,400 spectators can be seated for football games and track meets and 10,000 for courtside activities.

The facility provides an ideal training atmosphere for the Northern Iowa track and field program. The Panthers are able to train in the Dome from November to March, utilizing all the field event stations simultaneously due to the spacious arrangement on the arena floor.

With one of the fastest 200-meter indoor tracks in America to call home,



the Panthers annually attract some of the finest teams in the Midwest to their home meets.

With its recent conversion to a hybrid roof system and the installation of a new polyurethane, two-tone track completed in 1999, the UNI-Dome is unsurpassed as one of the premier indoor track and field facilities in the United States.

To date, over eight million people are estimated to have attended events in the Dome.

## UNI-Dome Records

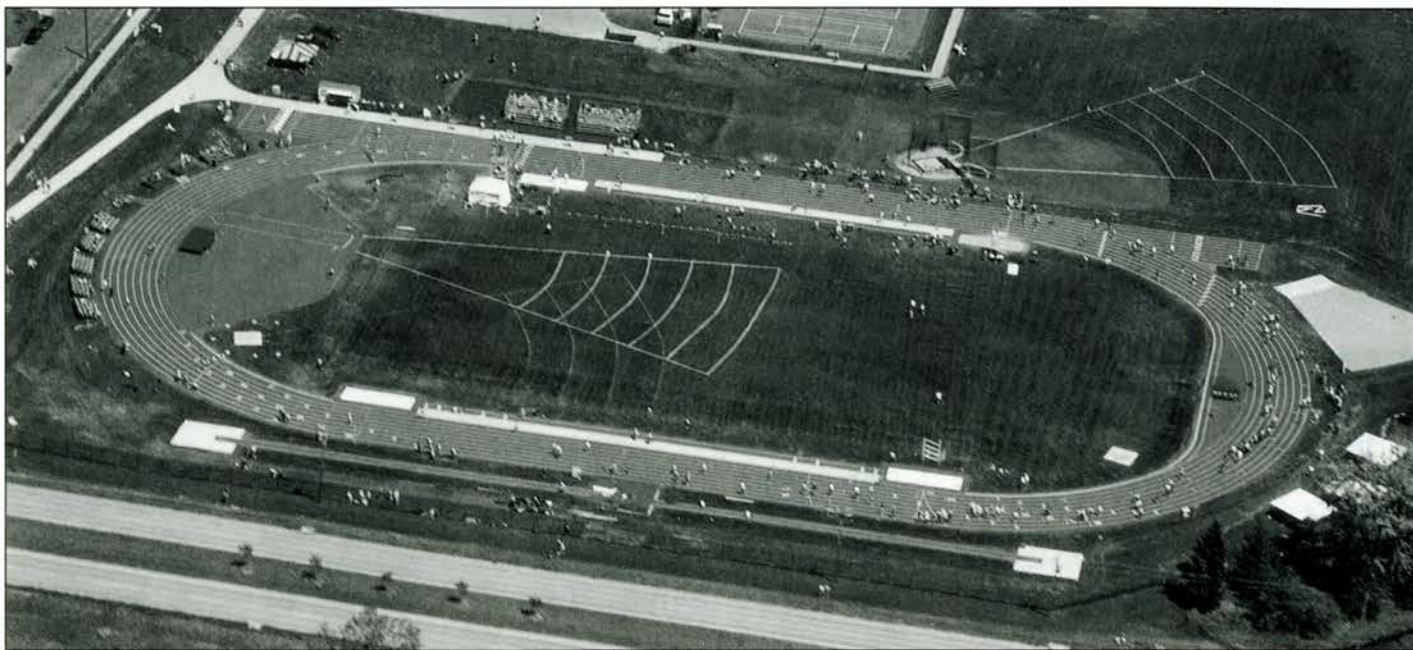
### MEN

55-Meter Dash	6.09, Mark Witherspoon, Mizuno/Houston T.C. (1994)
60-Meter Dash	6.66, Michael Bennett, Wisconsin (2000)
55-Meter Hurdles	7.20, Reggie Torian, Wisconsin (1995, '96)
60-Meter Hurdles	7.75, Aubrey Herring, Indiana State (1999)
200 Meters	.21.28, Dazel Jules, Eastern Michigan (1988); Michael Bennett, Wisconsin (2000)
400 Meters	46.38, Tim Simon, Illinois (1988)
600 Meters	1:17.73, Eric Potter, Northern Iowa (2000)
800 Meters	1:47.22, Einars Tupuritis, Wichita State (1996)
1,000 Meters	2:26.51, Eric Potter, Northern Iowa (2000)
Mile	4:01.52, Roland Pauwels, Iowa State (1989)
3,000 Meters	8:02.24, Barnaba Korir, Iowa State (1988)
5,000 Meters	14:09.59, Don Johns, Eastern Michigan (1988)
1,600-Meter Relay	3:14.79, Northern Iowa (2000) Mullen, Bockman, Geopfert, E. Potter
Distance Medley Relay	9:50.83, Drake (1999) Haack, Sand, Trygstad, Gabrielson
35# Weight	72-2 1/2, Tom Barrett, Illinois State (1999)
Shot Put	66-10 1/2, Al Fuerbach, Pacific Coast Track Club (1976)
High Jump	7-5 1/4, Tim Suchan, Unattached (1998)
Triple Jump	52-3 3/4, Len Herring, Wisconsin (1999)
Long Jump	26-1 3/4, Frankie Young, Indiana State (1999)
Pole Vault	19 3/4, Nick Hysong, USA (2000)

### WOMEN

55-Meter Dash	6.76, Holli Hyche, Indiana State (1993)
60-Meter Dash	7.53, Camille Clark, Southwest Missouri State (2000)
55-Meter Hurdles	7.82, Scyla Murray, Western Illinois (1991)
60-Meter Hurdles	8.06, Melissa Morrison, USA (2000)
200 Meters	23.18, Holli Hyche, Indiana State (1993)
400 Meters	53.82, Verneta Lesforis, Southwest Missouri State (1999)
600 Meters	1:32.39, Metria Bell, Illinois State (1993)
800 Meters	2:08.17, Janet Westphal, Wisconsin (1998)
1,000 Meters	2:52.44, Joanna Johnson, Drake (1993)
Mile	4:38.30, Darlene Beckford, Harvard (1982)
3,000 Meters	9:38.22, Liz Reusser, Wisconsin (2000)
5,000 Meters	17:11.81, Angie Zimmerman, Bradley (1999)
1,600-Meter Relay	3:42.84, Southwest Missouri State (1999) Harrison, Pommells, Charles, Lesforis
Distance Medley Relay	11:21.92, Virginia (1982) Nicholson, Hatchett, Welch, Haworth
20# Weight	65-4 1/2, Carrie Myers, Indiana State (2000)
Shot Put	54-11 3/4, Rosemarie Blauch, Tennessee (1982)
High Jump	6-1 3/4, Gale Charmaine, Arizona (1982)
Triple Jump	41-1 1/2, Rima Turvesky, Southern Illinois (2000)
Long Jump	20-8 1/2, Donna Thomas, North Texas State (1982)
Pole Vault	14-6, Kellie Suttle, USA (2000)
Pentathlon	4268 pts., Julie White, Boston University (1982)

# UNI Outdoor Complex



Northern Iowa's track and field teams compete outdoors at the new UNI Complex, located just across the street from the UNI-Dome.

The complex, which combined with the UNI-Dome gives Northern Iowa one of the finest combination of indoor and outdoor facilities in America, opened in Spring, 1998. In its inaugural season, the complex hosted the first annual Northern Iowa Open and the Missouri Valley Conference Championships, won by the Panther men.

The University's investment in this new surface gives the Panthers

the advantage of training and competing under ideal conditions any time of the year.

The 400-meter, eight-lane track is made of the latest state-of-the-art polyurethane surface. The track surrounds a field event area that features a steeplechase water jump, two pits each for the long and triple jump, dual throw rings for the weights, a discus/hammer cage and full pour takeoffs for the pole vault, long jump and triple jump.

## UNI Outdoor Complex Records

### MEN

100-Meter Dash	.10.19, Clarkson Reid, Southwest Missouri State (1998)
110-Meter Hurdles	.13.85, Aubrey Herring, Indiana State (1999)
200 Meters	.20.48, Andre Morris, Unattached (1999)
400 Meters	.46.04, Joey Woody, Reebok (1999)
400-Meter Hurdles	.49.58, Joey Woody, Reebok (1998)
800 Meters	.1:49.82, Brent MacLagan, Northern Iowa (1999)
1,500 Meters	.3:52.19, Troy Trygstad, Drake (1999)
3,000-Meter Steeplechase	.9:01.89, Mate Nemeth, Northern Iowa (2001)
5,000 Meters	.14:37.38, Kyle Kepler, Unattached (1999)
10,000 Meters	.31:45.76, Chris Bailey, Illinois State (1998)
400-Meter Relay	.40.54, Southwest Missouri State Hawkins, Reid, Crookendale, Estwick (1998)
1,600-Meter Relay	.3:11.89, Southern Illinois Archer, King, Wilson, Forder (1998)
Shot Put	.62-1 3/4, Josh Hagedorn, Unattached (1999)
Discus	.196-5, Tom Barrett, Illinois State (1999)
Hammer	.216-9, Jeremy Allen, Iowa (2001)
Javelin	.201-1, Devyn Resmer, Southern Illinois (1998)
High Jump	.7-4 1/2, Jason Boness, Northern Iowa (1999)
Triple Jump	.51-1 1/2, Marc Dzradosi, Drake (2000)
Long Jump	.25-5 1/4, Frankie Young, Indiana State (1998)
Pole Vault	.18-6 1/2, Jacob Pauli, Northern Iowa (2000)
Decathlon	.7031 pts., Travis Geopfert, Northern Iowa (1998)

### WOMEN

100-Meter Dash	.11.50, Trina Radske, Iowa State (1999)
100-Meter Hurdles	.13.94, Paula Ruen, Iowa (1998)
200 Meters	.23.40, Trudi Garrett, Southwest Missouri State (1998)
400 Meters	.54.42, Juliet Pommells, Southwest Missouri State (1998)
400-Meter Hurdles	.1:00.88, Nikki Nelson, Northern Iowa (2000)
800 Meters	.2:10.72, Lenka Kalabova, Iowa State (2001)
1,500 Meter	.4:35.05, Kelly Brinkman, Iowa State (2001)
3,000 Meters	.9:56.72, Mary Ellen Hill, Bradley (1998)
3,000-Meter Steeplechase	.11:10.73, Tiffani Nielson, Morningside (2001)
5,000 Meters	.17:42.38, Rita Fiala, Northern Iowa (2000)
10,000 Meters	.37:25.73, Jenny Monaco, Southern Illinois (1998)
400-Meter Relay	.45.88, Southwest Missouri State Watkins, Garrett, Lesforis, Pommells (1998)
1,600-Meter Relay	.3:42.09, Southwest Missouri State Mauel, Pommells, Garrett, Lesforis (1998)
Shot Put	.53-4 1/2, Jenny Folz, Unattached (2000)
Discus	.181-0, Angie Joy, Illinois State (1998)
Hammer	.205-2, Jenny Folz, Unattached (2000)
Javelin	.176-10, Deana Alexander, Wichita State (1998)
High Jump	.5-10 3/4, Melissa Dyal, Indiana State (1998)
Triple Jump	.40-5, LaShawna Mapp, Illinois State (1998)
Long Jump	.20-1 3/4, Trina Radske, Iowa State (1999)
Pole Vault	.11-7 3/4, Nikki Plant, Wichita State (1999)
Heptathlon	.4875 pts., Mellanee Welty, Wichita State (1998)



# Men's Top Indoor Performances

## 55-Meter Dash

1. Kenny Shedd	6.25	1992
2. Dedric Ward	6.31	1998
3. Joe Fuller	6.34	1984
4. Doug Case	6.37	1984
5. Maceo Strickland	6.38	1995

## 60-Meter Dash

<b>1. Devon Davis</b>	<b>6.70</b>	<b>2000</b>
2. Marshall Frazier	6.71	1999
3. Jeff Adam	6.76	1999
<b>4. Lamonta Bronaugh</b>	<b>6.80</b>	<b>2000</b>
<b>5. Chris Breidenbach</b>	<b>6.90</b>	<b>2000</b>

## 55-Meter Hurdles

1. Johnny Westbrook	7.29	1993
2. Jay Connor	7.31	1984
3. Jason McCleary	7.32	1993
4. Joey Woody	7.38	1996
5. Alonzo Clayton	7.40	1997

## 60-Meter Hurdles

<b>1. Kenney Edwards</b>	<b>7.90</b>	<b>2000</b>
<b>2. Cyrus Nichols</b>	<b>8.00</b>	<b>2000</b>
3. Jacob Pauli	8.10	2000
<b>4. Steve Blocker</b>	<b>8.36</b>	<b>2001</b>
5. Nate Ludwig	8.39	1999

## 200 Meters

1. Marshall Frazier	21.38	2000
2. Kenny Shedd	21.49	1992
3. Jeff Adam	21.64	1999
<b>4. Devon Davis</b>	<b>21.70</b>	<b>2000</b>
5. Jim Turner	21.79	1990

## 400 Meters

1. Jim Turner	47.01	1990
2. Jon Judisch	47.07	1998
<b>3. Burke Bockman</b>	<b>47.70</b>	<b>2000</b>
4. Kenny Shedd	48.16	1991
<b>5. Branimir Peitel</b>	<b>48.28</b>	<b>2001</b>

## 600 Meters

1. Joey Woody	1:16.85	1995
2. Eric Potter	1:17.73	2000
<b>3. David Paulsen</b>	<b>1:18.70</b>	<b>2000</b>
4. Brent MacLagan	1:19.21	1998
5. Miklos Arpasi	1:19.59	1994

## 800 Meters

1. Joey Woody	1:48.35	1996
2. Eric Potter	1:48.48	2000
3. Jeff Burris	1:49.56	1989
4. Brent MacLagan	1:49.66	1998
5. Miklos Arpasi	1:49.90	1993

## 1,000 Meters

1. Eric Potter	2:26.51	2000
2. Chad Flynn	2:27.99	1995
3. Matt Mullenix	2:28.22	1996
4. Rob Brock	2:28.66	2000
5. Joel Sullivan	2:29.31	2000

## Mile Run

<b>1. Balasz Csillag</b>	<b>4:04.64</b>	<b>2000</b>
2. Tom Penningroth	4:07.54	1989
<b>3. Oliver Bodor</b>	<b>4:08.07</b>	<b>2001</b>
<b>4. Rob Brock</b>	<b>4:09.49</b>	<b>2000</b>
5. Bill Glassmaker	4:09.77	1984

## 3,000 Meters

<b>1. Oliver Bodor</b>	<b>8:02.21</b>	<b>2001</b>
2. Dan Hostager	8:02.67	1989
<b>3. Balasz Csillag</b>	<b>8:03.98</b>	<b>2000</b>
4. Levente Timar	8:09.37	2000
5. Tom Penningroth	8:15.77	1989

## 5,000 Meters

<b>1. Oliver Bodor</b>	<b>14:25.09</b>	<b>2001</b>
2. Kyle Kepler	14:26.44	1998
3. Dan Hostager	14:27.01	1989
4. Chris Leonard	14:29.69	1983
5. Dan Fick	14:32.95	1985

## 4 x 400-Meter Relay

1. 3:09.95	1996
(J. Judisch, Garn, M. Mullenix, J. Woody)	
2. 3:11.68	2001
(J. Potter, B. Bockman, L. Stater, B. Peitel)	
3. 3:12.54	2000
(T. Geopfert, B. Bockman, M. Frazier, E. Potter)	
4. 3:14.27	1998
(J. Judisch, J. Potter, Bradley, B. MacLagan)	
5. 3:14.79	2000
(C. Mullen, B. Bockman, T. Geopfert, E. Potter)	

## Distance Medley Relay

1. 9:39.47	2000
(R. Brock, Tr. Geopfert, E. Potter, B. Csillag)	
2. 9:45.28	2001
(M. Nemeth, B. Bockman, D. Paulsen, O. Bodor)	
3. 9:46.98	1998
(R. Brock, J. Judisch, E. Potter, B. Csillag)	
4. 9:56.38	1998
(E. Potter, J. Potter, J. Brock, R. Brock)	
5. 9:59.17	1999
(S. Burkett, B. MacLagan, E. Potter, B. Csillag)	

## Pole Vault

1. Jacob Pauli	18-7 3/4	2001
2. Juri Rován	17-9 3/4	1998
3. Brad Miller	17-5 1/4	1991
4. Bob Edwards	17-1 1/2	1991
5. Troy Becker	16-9 1/2	1986

## High Jump

1. Tim Suchan	7-4 1/2	1995
2. Pete Herber	7-3 1/4	1994
3. Jason Boness	7-3	1999
4. Steve Daugherty	7-1 1/2	1992
5. Ryan Santi	7-0 1/2	1994

## Long Jump

<b>1. Devon Davis</b>	<b>25-2 1/2</b>	<b>1999</b>
2. Jason McCleary	24-8 1/4	1993
3. Marques Wooten	24-4 1/4	2000
4. Brad Miller	24-0 1/2	1991
5. Bob Smith	23-11	1993

## Triple Jump

1. Junior Chukukere	52-1	1992
<b>2. Devon Davis</b>	<b>50-5 1/2</b>	<b>2000</b>
3. Alen Toplovcan	50-5 1/4	1997
4. Bill Lawson	49-0 1/4	1978
5. Bob Williams	46-10 1/4	1982

## Shot Put

1. Brent Geringer	60-3 1/4	1979
2. Tom Reints	58-2	1981
3. Arnie Doden	57-0 3/4	1983
4. John Holler	56-5 1/4	1978
5. Matt Casillas	55-10 1/2	1996

## 35# Weight

1. Matt Casillas	67-7	1996
2. Dave Jennings	67-3 1/2	2001
3. Allan Walz	66-3 3/4	1996
4. Mike Maddox	54-4 3/4	1997
5. Billy Nordyke	53-10 1/4	1999



Marshall Frazier

# Women's Top Indoor Performances

## 55-Meter Dash

1. Shantel Twiggs	6.85	1994
2. Sherry Shedd	7.08	1991
3. Denise Sauerbrei	7.12	1997
4. Dianna Leftridge	7.15	1995
5. Amy Goodlaxson	7.18	1996

## 60-Meter Dash

<b>1. Mellisa Campbell</b>	<b>7.50</b>	<b>2000</b>
<b>2. Inga Hope</b>	<b>7.60</b>	<b>2000</b>
<b>3. Deb Cordner</b>	<b>7.64</b>	<b>1999</b>
<b>4. Kara Hulse</b>	<b>8.13</b>	<b>1999</b>
5. Tracy Burress	8.14	1999

## 55-Meter Hurdles

1. Brenna Fleishman	8.00	1998
2. Kendra Stannard	8.15	1998
3. Tiffany Ratzlaff	8.16	1998
4. Dianna Leftridge	8.40	1995
<b>Dee Wear</b>	<b>8.40</b>	<b>1998</b>

## 60-Meter Hurdles

<b>1. Dee Wear</b>	<b>8.74</b>	<b>2001</b>
<b>2. Mellisa Campbell</b>	<b>8.80</b>	<b>2001</b>
<b>3. Jill George</b>	<b>9.00</b>	<b>1999</b>
<b>4. Jill Sinnwell</b>	<b>9.12</b>	<b>2001</b>
5. Tiffany Ratzlaff	9.16	1999

## 200 Meters

1. Shantel Twiggs	24.12	1994
2. Denise Sauerbrei	24.52	1997
3. Sherry Shedd	24.81	1991
<b>4. Deb Cordner</b>	<b>24.89</b>	<b>1999</b>
<b>5. Mellisa Campbell</b>	<b>24.94</b>	<b>2001</b>
<b>Inga Hope</b>	<b>24.94</b>	<b>2001</b>

## 400 Meters

<b>1. Deb Cordner</b>	<b>55.79</b>	<b>2000</b>
<b>2. Jill Bakewell</b>	<b>56.12</b>	<b>2000</b>
3. Rhonda Eiben	56.49	1997
<b>4. Deb Cordner</b>	<b>56.79</b>	<b>2000</b>
5. Dyan Fluhrer	57.00	1992

## 600 Meters

<b>1. Nikki Nelson</b>	<b>1:33.52</b>	<b>2000</b>
2. Diane Black	1:33.60	1990
3. Jacque Askeland	1:33.71	1994
4. Teresa Grothus	1:34.01	2001
5. Heather Sellers	1:36.05	1995

## 800 Meters

1. Emily Montgomery	2:09.00	1996
2. Jenny Jackson	2:10.39	1997
3. Teresa Grothus	2:10.88	2001
4. Paula Nemmers	2:13.53	1993
5. Rachel Dozark	2:14.15	2000

## 1,000 Meters

1. Jenny Jackson	2:53.02	1997
2. Barb Clark	2:54.74	1988
3. Kathy Allen	2:56.51	1991
4. Natalie Sueppel	2:56.64	1988
5. Rachel Dozark	2:57.79	2000

## Mile Run

1. Jenny Jackson	4:52.47	1997
2. Emily Montgomery	4:56.96	1995
<b>3. Wendy Shaw</b>	<b>5:00.74</b>	<b>2001</b>
4. Julie Mazzitelli	5:00.30	1993
5. Kris Skov Wallace	5:01.44	1982

## 3,000 Meters

1. Julie Mazzitelli	9:59.64	1993
<b>2. Rita Fiala</b>	<b>10:01.25</b>	<b>2000</b>
3. Kari Thilges	10:14.57	2000
4. Jenny Owens	10:07.09	1990
5. Jan Jacobson	10:10.45	1988

## 5,000 Meters

<b>1. Rita Fiala</b>	<b>17:32.18</b>	<b>2000</b>
2. Sandy Elsberry	17:38.04	1983
3. Kari Thilges	18:07.10	2000
4. Becky Slick	18:20.75	1998
5. Evette Iverson	18:24.74	2000

## 4 x 400-Meter Relay

1. 3:45.58	2000
(T. Grothus, R. Dozark, J. Bakewell, N. Nelson)	
2. 3:47.29	1999
(D. Cordner, T. Burress, J. Bakewell, N. Nelson)	
3. 3:48.09	1991
(S. Shedd, Jeschke, Isaacson, D. Black)	
4. 3:48.43	1998
(J. Fisher, T. Burress, J. Bakewell, K. Stannard)	
5. 3:48.91	1998
(J. Fisher, T. Burress, J. Bakewell, K. Stannard)	

## Distance Medley Relay

1. 11:50.57	1999
(J. Jackson, N. Nelson, R. Dozark, K. Thilges)	
2. 11:54.64	1994
(P. Nemmers, L. Little, K. VanDePol, Montgomery)	
3. 12:03.94	1996
(C. Schelling, H. Sellers, L. Little, Montgomery)	
4. 12:09.59	1998
(T. Grothus, K. Stannard, J. Bakewell, B. Slick)	
5. 12:14.31	1994
(Nemmers, Askeland, VanDePol, Montgomery)	

## Pole Vault

<b>1. Liz Robertson</b>	<b>11-5 3/4</b>	<b>2000</b>
2. Jessica Fisher	9-7 1/4	1998

## High Jump

1. Jeannette Brown	5-9	1982
2. Karen Smith	5-7 3/4	1987
<b>Melissa Nelson</b>	<b>5-7 3/4</b>	<b>2001</b>
3. Amy Oleson	5-7 1/4	1995
4. Dianna Leftridge	5-7	1995
<b>Amanda Koester</b>	<b>5-7</b>	<b>1999</b>

## Long Jump

1. Dianna Leftridge	20-11 1/2	1995
2. Kendra Stannard	19-1 3/4	1998
<b>3. Mellisa Campbell</b>	<b>19-1 1/4</b>	<b>2001</b>
<b>4. Jill George</b>	<b>18-3</b>	<b>1999</b>
<b>5. Kara Hulse</b>	<b>18-0 1/4</b>	<b>2000</b>

## Triple Jump

1. Dianna Leftridge	40-2 3/4	1995
<b>2. Crystal Seamans</b>	<b>38-4 1/4</b>	<b>2001</b>
3. Kendra Stannard	38-0	1998
4. Rhonda Butt	37-0	1984
<b>5. Kara Hulse</b>	<b>36-7</b>	<b>2001</b>

## Shot Put

1. Lisa Tatman	48-3 1/4	1989
2. Andrea Miller	46-11	1998
3. Donna Wheeler	45-8	1988
4. Maren Seehusen	43-3 1/4	1982
5. Arlene Truss	42-6 3/4	1996

## 20# Weight Throw

1. Melissa Yerk	56-2	1998
2. Susan Francois	41-4 1/4	2001
<b>3. Jennifer Duffy</b>	<b>40-9 3/4</b>	<b>2001</b>
<b>4. Bridget Duffy</b>	<b>38-0</b>	<b>2001</b>
5. Steph Corey	34-2 3/4	2001



Mellisa Campbell and Inga Hope

# Men's Top Outdoor Performances

## 100-Meter Dash

1. <b>Devon Davis</b>	<b>10.19</b>	<b>2001</b>
2. Jeff Adam	10.41	1998
3. Dedric Ward	10.42	1998
4. Maceo Strickland	10.43	1994
5. Marshall Frazier	10.51	1999

## 110-Meter Hurdles

1. Joey Woody	13.63	1997
2. Larry McCready	13.84	1967
3. Johnny Westbrook	13.97	1993
4. Jay Connor	14.10	1984
5. Jason McCleary	14.11	1993

## 200 Meters

1. Dedric Ward	20.87	1997
2. Marshall Frazier	20.91	1999
3. Kenny Shedd	20.95	1992
4. <b>Devon Davis</b>	<b>21.09</b>	<b>2001</b>
5. Jeff Adam	21.12	1998

## 400 Meters

1. Joey Woody	46.46	1997
2. Dennis Roloff	46.94	1972
3. Kenny Shedd	46.99	1992
4. <b>Branimir Peitel</b>	<b>47.11</b>	<b>2001</b>
5. Brooks Glasnapp	47.40	1986

## 400-Meter Hurdles

1. Joey Woody	48.18	1997
2. <b>Burke Bockman</b>	<b>51.37</b>	<b>2000</b>
3. Alex Garn	51.69	1995
4. Gregg Garn	51.78	1993
5. Tom Akers	52.00	1979

## 800 Meters

1. Jeff Burreis	1:48.10	1988
2. Joey Woody	1:48.41	1994
3. Miklos Arpasi	1:48.46	1994
4. Eric Potter	1:49.70	2000
5. Bill Glassmaker	1:48.55	1979

## 1,500 Meters

1. Bob Friedman	3:44.06	1979
2. <b>Balasz Csillag</b>	<b>3:45.60</b>	<b>2001</b>
3. Mark Feyerheisen	3:47.65	1980
4. Joe Teeling	3:48.23	1979
5. <b>Rob Brock</b>	<b>3:48.49</b>	<b>2000</b>

## 3,000-Meter Steeplechase

1. <b>Mate Nemeth</b>	<b>8:41.50</b>	<b>2001</b>
2. Levente Timar	8:48.37	1999
3. Jay Brock	8:51.64	1998
4. <b>Balasz Csillag</b>	<b>8:56.31</b>	<b>2000</b>
5. Steve Gearhart	9:05.74	1986

## 5,000 Meters

1. <b>Balasz Csillag</b>	<b>13:59.37</b>	<b>2001</b>
2. Dan Hostager	14:20.24	1990
3. Bill Castle	14:21.04	1990
4. Levente Timar	14:23.11	1999
5. Kyle Kepler	14:31.16	1998

## 10,000 Meters

1. <b>Oliver Bodor</b>	<b>29:39.50</b>	<b>2001</b>
2. Chris Leonard	29:51.64	1985
3. <b>Balasz Csillag</b>	<b>29:52.10</b>	<b>2000</b>
4. Bryan Huhnerkoch	29:59.24	1979
5. Doug Nelson	30:13.44	1982

## Shuttle Hurdle

1. 56.95	1993
(McCleary, Woody, A. Garn, Westbrook)	
2. 57.83	1995
(Santi, Liebermann, Garn, Woody)	

## 4 x 100-Meter Relay

1. 39.99	2000
(Edwards, Adam, Frazier, Davis)	
2. 40.16	2001
(Adam, Pauli, Bronaugh, Davis)	
3. 40.65	1997
(Talton, Woody, Bradley, Ward)	
4. 40.93	1992
(Shedd, Westbrook, McCleary, Honeck)	
5. 41.05	1999
(Frazier, Judisch, Geopfert, Davis)	

## 4 x 200-Meter Relay

1. 1:24.93	2001
(Wilson, Peitel, Homewood, Davis)	
2. 1:25.12	2000
(Edwards, Adam, Fraizer, Davis)	
3. 1:25.31	1998
(Browner, Adam, Frazier, Ward)	
4. 1:25.73	1978
(Dickerson, Ellis, Hopkins, Shaw)	

## 4 x 400-Meter Relay

1. 3:09.48	1995
(Judisch, Garn, Mullenix, Woody)	
2. 3:09.61	1997
(Judish, MacLagan, Mullenix, Woody)	
3. 3:10.68	1995
(Judisch, Garn, Mullenix, Woody)	
4. 3:11.26	1999
(Geopfert, Bockman, Stater, Judisch)	

## 4 x 800-Meter Relay

1. 7:19.10	2000
(DPaulsen, Sullivan, MacLagan, E.Potter)	
2. 7:25.95	1979
(Ecker, Teeling, Friedman, Glassmaker)	

## Sprint Medley

1. 3:17.29	1993
(McCleary, Honeck, Woody, Arpasi)	
2. 3:18.32	1990
(Honeck, Westbrook, Shedd, Burreis)	
3. 3:19.32	1999
(Frazier, Adam, Judisch, MacLagan)	

## Distance Medley

1. 9:47.70	1990
(Burreis, Shedd, Terrillion, Hostager)	

## Pole Vault

1. Jacob Pauli	18-6 1/2	2001
2. Juri Rován	18-1	1996
3. Bob Edwards	17-4 1/2	1992
4. Russ Adams	17-4 1/4	1985

## High Jump

1. Jason Boness	7-4 1/2	1999
2. Tim Suchan	7-3 3/4	1991
3. Pete Herber	7-1 3/4	1994
4. Ryan Santi	7-0	1993
5. Steve Daugherty	6-11 3/4	1992

## Long Jump

1. Wayne Simon	24-10 3/4	1987
2. Jason McCleary	24-10 1/4	1993
3. <b>Devon Davis</b>	<b>24-5 1/2</b>	<b>1999</b>
4. Bobby Williams	24-2 1/2	1981
5. Todd Madsen	24-2 1/4	1993

## Triple Jump

1. <b>Devon Davis</b>	<b>51-8 1/4</b>	<b>1999</b>
2. Junior Chukukere	51-6 1/4	1992
3. Alen Toplovcan	50-7 1/4	1996
4. Bill Lawson	50-2	1977
5. Bobby Williams	49-6 3/4	1982

## Shot Put

1. John Holler	58-6	1978
2. Tom Reints	58-4	1982
3. Mike McCready	57-8 3/4	1971
4. Brent Geringer	57-6 1/4	1979
5. Matt Casillas	54-11 1/2	1995

## Hammer

1. Allan Walz	197-11	1996
2. Matt Casillas	195-7	1996
3. Dave Jennings	188-11	2001
4. Tom Reints	185-9	1982
5. Brad Travis	176-2	2001

## Discus

1. Brent Geringer	199-6	1979
2. Matt Haven	187-10	1984
3. Allan Walz	184-8	1995
4. Arnie Doden	178-0	1983
5. Mike Maddox	177-2	1996

## Javelin

1. Juri Rován	207-7	1995
2. Mike Raffensperger	204-8	1989
3. Scott Sloan	192-9	1986
4. Jason Boness	181-4	1999
5. Brad Miller	175-5	1992

## Decathlon

1. Brad Miller	7,419	1992
2. Bill Lawson	7,314	1980
3. Jason McCleary	7,225	1993
4. <b>Kenny Edwards</b>	<b>7,173</b>	<b>2000</b>
5. <b>Travis Geopfert</b>	<b>7,031</b>	<b>1998</b>

# Women's Top Outdoor Performances

## 100-Meter Dash

1. Shantel Twiggs	11.20	1994
2. Denise Sauerbrei	11.70	1997
<b>Mellisa Campbell</b>	<b>11.70</b>	<b>2001</b>
<b>4. Inga Hope</b>	<b>11.91</b>	<b>2001</b>
5. Sherry Shedd	11.96	1992

## 100-Meter Hurdles

1. Brenna Fleishman	13.96	1999
<b>2. Dee Wear</b>	<b>14.05</b>	<b>2001</b>
3. Tiffany Ratzlaff	14.33	1998
4. Kendra Stannard	14.83	1999
5. Sue Buffington	14.84	1977

## 200 Meters

1. Shantel Twiggs	23.04	1993
2. Denise Sauerbrei	23.73	1997
<b>3. Mellisa Campbell</b>	<b>23.83</b>	<b>2001</b>
4. Sherry Shedd	24.29	1990
<b>5. Inga Hope</b>	<b>24.78</b>	<b>2001</b>

## 400 Meters

1. Sherry Shedd	53.74	1992
<b>2. Deb Cordner</b>	<b>55.23</b>	<b>2000</b>
3. Diane Black	55.27	1991
4. Rhonda Eiben	55.32	1997
5. Jill Bakewell	55.70	1999

## 400-Meter Hurdles

<b>1. Nikki Nelson</b>	<b>59.84</b>	<b>2000</b>
2. Brenna Fleishman	1:02.48	1999
3. Michelle Surber	1:02.72	1997
<b>4. Jill George</b>	<b>1:04.58</b>	<b>1999</b>
5. Amy Oleson	1:04.72	1999

## 800 Meters

1. Emily Montgomery	2:08.39	1995
2. Teresa Grothus	2:09.69	2000
3. Jenny Jackson	2:10.53	1997
4. Barb Clark	2:11.43	1988
5. Rachel Dozark	2:11.56	2000

## 1,500 Meters

1. Jenny Jackson	4:33.27	1999
2. Emily Montgomery	4:33.45	1995
3. J'ne Day	4:33.46	1982
4. Kari Thilges	4:36.53	2000
5. Kathy Allen	4:37.96	1991

## 3,000 Meters

1. Sandy Elsberry	9:52.74	1984
2. Kari Thilges	10:01.09	2000
3. Julie Mazzitelli	10:00.24	1993
4. Kary Kleber	10:05.55	1986
5. Becky Slick	10:07.27	1998

## 5,000 Meters

1. Sandy Elsberry	17:11.14	1984
2. Rita Fiala	17:42.38	2000
3. Heidi Heiar	17:43.14	1993
4. Amy Gielau	18:02.11	1993
5. Kari Thilges	18:05.32	2000

## 10,000 Meters

1. Suzie Scheer	36:06.04	1984
2. Amy Gielau	37:32.91	1993
3. Heather Muilenburg	38:10.02	1996
4. Sue Holtkamp	38:13.81	2000
5. Heidi Heiar	38:27.64	1993

## Shuttle Hurdle

1. 58.42	1999
(Stannard, Wear, George, Fleishman)	

## 4 x 100-Meter Relay

1. 45.42	1994
(Eiben, Leftridge, Schmitz, Twiggs)	
2. 45.73	1994
(Eiben, Leftridge, Schmitz, Twiggs)	
3. 46.17	2001
(Dixon, Campbell, Wear, Hope)	
4. 46.24	1992
(Shedd, Fluhrer, Dillard, Twiggs)	
5. 46.42	1992
(Twiggs, Fluhrer, Shedd, Depew)	

## 4 x 200-Meter Relay

1. 1:37.38	1994
(Eiben, Leftridge, Schmitz, Twiggs)	
2. 1:40.00	1991
(Davis, Fluhrer, Depew, Twiggs, Shedd)	

## 4 x 400-Meter Relay

1. 3:43.19	2000
(Bakewell, Cordner, Dozark, Nelson)	
1. 3:44.16	1999
(Stannard, Cordner, Bakewell, Nelson)	
3. 3:45.07	1992
(Fluhrer, Depew, Twiggs, Shedd)	
4. 3:45.66	1999
(Stannard, Cordner, Bakewell, Nelson)	
5. 3:46.09	1994
(Askeland, Eiben, Lux, Twiggs)	

## 4 x 800-Meter Relay

1. 8:57.34	1999
(Grothus, Nelson, Dozark, Jackson)	
2. 9:02.56	1987
(Evans, Clark, Organ, Sueppel)	
3. 9:14.44	1994
(Askeland, Montgomery, Nemmers, VanDePol)	

## Sprint Medley

1. 3:59.75	1995
(Leftridge, Eiben, Seller, Montgomery)	
2. 4:00.37	1990
(Shedd, Davis, Black, Allen)	
3. 4:00.40	1996
(Sauerbrei, Stannard, Eiben, Jackson)	
4. 4:01.45	1999
(Stannard, Fleishman, Cordner, Bakewell)	

## Distance Medley

1. 11:46.69	1995
(Little, Lux, Schelling, Montgomery)	
2. 11:49.06	1999
(Jackson, Cordner, Nelson, Thiges)	

## Pole Vault

<b>1. Liz Robertson</b>	<b>10-11 1/2</b>	<b>2001</b>
<b>Crystal Seamans</b>	<b>10-11 1/2</b>	<b>2001</b>
2. Jessica Fisher	9-7 3/4	1998

## High Jump

<b>1. Melissa Nelson</b>	<b>5-8 3/4</b>	<b>2001</b>
<b>2. Crystal Seamans</b>	<b>5-8</b>	<b>2001</b>
3. Jeannette Brown	5-7	1982
Karen Smith	5-7	1987
Katie Johnson	5-7	2001
<b>Amanda Koester</b>	<b>5-7</b>	<b>2001</b>

## Long Jump

1. Dianna Leftridge	21-3	1994
2. Kendra Stannard	18-11 1/4	1999
3. Sheila Sohner	18-6 3/4	1982
4. Nikki Dillard	18-5 1/4	1994
<b>5. Kara Hulse</b>	<b>17-9 1/2</b>	<b>2000</b>

## Triple Jump

1. Dianna Leftridge	41-9 1/4	1994
2. Kendra Stannard	38-2 1/4	1996
3. Rhonda Butt	37-3 1/2	1985
<b>4. Kara Hulse</b>	<b>38-0</b>	<b>2001</b>
<b>5. Crystal Seamans</b>	<b>36-1 1/2</b>	<b>2001</b>

## Shot Put

1. Lisa Tatman	48-0	1988
2. Andrea Miller	47-8 1/2	1998
3. Donna Wheeler	45-1	1989
4. Vicki White	44-0	1993
5. Maren Seehusen	43-10 1/2	1984

## Hammer

1. Melissa Yerk	167-10	1999
2. Stephanie Wainscott	129-5	1996
Susan Francois	129-5	2001

## Discus

<b>1. Jess Boline</b>	<b>155-1</b>	<b>2001</b>
2. Kristie Oleen	146-0	1990
3. Lisa Tatman	144-3	1988
4. Donna Wheeler	139-9	1987

## Javelin

1. Donna Wheeler	148-7	1988
2. Joan Sexton	141-6	1981
3. Lisa Tatman	135-1	1989
4. Carla Decker	125-9	1992
<b>5. Jill George</b>	<b>123-1</b>	<b>1999</b>

## Heptathlon

1. Kendra Stannard	5,051	1999
<b>2. Crystal Seamans</b>	<b>4,796</b>	<b>2001</b>
<b>3. Jill George</b>	<b>4,653</b>	<b>1999</b>
4. Karen Smith	4,639	1987
5. Val Patterson	4,212	1994

# Panther Honor Roll

## MEN'S INDOOR

### NCAA DIVISION I NATIONAL CHAMPIONS

2001 Jacob Pauli Pole Vault

### NCAA DIVISION I ALL-AMERICANS

1989 Jeff Burris 800 Meters  
 Dan Hostager 3,000 Meters  
 1993 Johnny Westbrook 55-Meter Hurdles  
 1996 Joey Woody 800 Meters  
 Juri Rován Pole Vault  
 Alan Walz 35# Weight  
 1999 Jacob Pauli Pole Vault  
 2000 Jacob Pauli Pole Vault  
 Eric Potter 800 Meters  
 Rob Brock, Travis Goepfert,  
 Balasz Csillag, Eric Potter Distance Medley  
 2001 Jacob Pauli Pole Vault

### NCAA DIVISION I QUALIFIERS

1988 Jeff Burris, 800 Meters  
 1989 Jeff Burris 800 Meters  
 Dan Hostager 3,000 Meters  
 1990 Jim Turner 400 Meters  
 Kenny Shedd 200 Meters  
 1991 Brad Miller Pole Vault  
 Bob Edwards Pole Vault  
 Steve Daugherty High Jump  
 Tim Suchan High Jump  
 1993 Johnny Westbrook 55-Meter Hurdles  
 Jason McCleary 55-Meter Hurdles  
 Miklos Arpasi 800 Meters  
 1994 Tim Suchan High Jump  
 Pete Herber High Jump  
 Miklos Arpasi 800 Meters  
 1995 Tim Suchan High Jump  
 Jason McCleary 55-Meter Hurdles  
 Matt Casillas 35# Weight  
 1996 Matt Casillas 35# Weight  
 Allan Walz 35# Weight  
 Juri Rován Pole Vault  
 Joey Woody 55-Meter Hurdles  
 Joey Woody 800Meters  
 1997 Juri Rován Pole Vault  
 1998 Juri Rován Pole Vault  
 Jacob Pauli Pole Vault  
 1999 Jason Boness High Jump  
 Devon Davis Long Jump  
 Jacob Pauli Pole Vault  
 2000 Eric Potte 800 Meters  
 Jacob Pauli Pole Vault  
 Rob Brock Distance Medley  
 Travis Goepfert Distance Medley  
 Balasz Csillag Distance Medley  
 Eric Potter Distance Medley  
 2001 Oliver Bodor 3,000 Meters  
 Dave Jennings Weight Throw  
 Jacob Pauli Pole Vault

### CONFERENCE CHAMPIONS

1960 Jerry Stillwell Broad Jump  
 Bill Kaufmann High Jump  
 Jim Duea Vault  
 Hal Byram 440 Yards

1961 Dennis Corwin 880 Yards  
 John States 60-Yard Hurdles  
 Hal Bryrum Eight Lap Relay  
 Paul Diefke High Jump  
 Dick Dotson Vault  
 Larry Maukley Eight Lap Relay  
 Jim Miller Mile Run  
 Dick Sherman Shot Put  
 Max Huffman Broad Jump  
 John Raffensperge Eight Lap Relay  
 Gary Shoemaker 60-Yd. H. Hurdles  
 Dick Juhl Two-Mile Run  
 Dennis Weyranch Eight Lap Relay  
 1962 Delbert Lowery High Jump  
 Dave Suntken High Jump  
 Bill Hood Shot Put  
 Dick Dotson Vault  
 Bob Crane Vault  
 Jay Prichard Mile Run  
 Jay Prichard Two-Mile Run  
 John Begley Broad Jump  
 Larry Markley 440-Yd. Dash  
 Larry Markley 880-Yd. Run  
 John Raffensperger 60-Yd. L. Hurdles  
 Jim Miller 1,000-Yd. Run  
 1963 Hank Sattari High Jump  
 George McBee Broad Jump  
 George McBee Vault  
 Jim Erickson Shot Put  
 Jay Prichard Mile Run  
 Jay Prichard Two-Mile Run  
 Dave Linder 440-Yd. Dash  
 Dave Linder 880-Yd. Run  
 Gary Shoemaker 60-Yd. H. Hurdles  
 Doug Larson 60-Yd. L. Hurdles  
 1964 George McBee Broad Jump  
 George McBee Vault  
 Glenn Conner Triple Jump  
 Dave Suntken 440-Yd. Dash  
 Bill Bergan 600-Yd. Dash  
 Jay Prichard Two-Mile Run  
 Doug Larson 60-Yd. L. Hurdles  
 Eight-Lap Relay  
 1966 Mark Harper Shot Put  
 Bill Rauhauser Long Jump  
 Bill Rauhauser Triple Jump  
 Jim Dlouhy Pole Vault  
 Ron Gerard 50-Yd. H. Hurdles  
 Sprint Medley Relay  
 1967 John Brand Eight-Lap Relay  
 Carl Campbell Eight-Lap Relay  
 Bill Mateer Eight-Lap Relay  
 Larry McCready 60-Yd. H. Hurdles  
 Larry McCready 60-Yd. L. Hurdles  
 Larry White Eight-Lap Relay  
 1968 Larry Daniels 440-Yd. Dash  
 Larry McCready 60-Yd. H. Hurdles  
 Larry McCready 60-Yd. L. Hurdles  
 Craig Fay Triple Jump  
 1969 Rich Franklin Long Jump  
 Larry McCready 60-Yd. H. Hurdles  
 Larry McCready 60-Yd. L. Hurdles  
 Wayne Carpenter 1,000-Yd. Run  
 Larry Daniels 880-Yd. Run

1970 Wayne Carpenter Mile Run  
 1972 Dennis Roloff 440-Yd. Dash  
 1973 Dennis Schultz 1,000-Yd. Run  
 Dennis Schultz 880-Yd. Run  
 Dennis Roloff 600-Yd. Dash  
 Kent Wessely 60-Yd. I. Hurdles  
 1974 Not available  
 1975 John Holler Shot Put  
 1976 John Holler Shot Put  
 Joel Rogers 60-Yd. H. Hurdles  
 1977 Al Atherton 60-Yd. Dash  
 John Holler Shot Put  
 Bill Glassmaker 1,000-Yd. Run  
 Bill Glassmaker 600-Yd. Dash  
 Mile Relay  
 1978 Wes Dickerson Mile Relay  
 Kelly Ellis 60-Yd. Dash  
 Kelly Ellis 300-Yd. Dash  
 Bill Glassmaker Mile Relay  
 Bill Glassmaker 600-Yd. Dash  
 Tim Hemming Mile Relay  
 John Holler Shot Put  
 Rick Friedman 880-Yd. Run  
 Clark Rasmussen Mile Relay  
 1979-83 No conference meet  
 1984 Russ Adams Pole Vault  
 Jay Connor 60-Yd. Hurdles  
 Steve Muntz 880 Yards  
 Distance Medley Relay  
 1985 Paul Egger 1,000 Yards  
 Troy Becker Pole Vault  
 Todd Goodell Two Mile  
 Distance Medley Relay  
 1986 Brad Bartelt Mile Relay  
 Jeff Burris Mile Relay  
 Jeff Burris 880 Yards  
 Joe Fuller 60-Yd. Dash  
 Brooks Glasnapp Mile Relay  
 Brooks Glasnapp 600 Yards  
 Jim Grebin Mile Relay  
 Wayne Simon Long Jump  
 Wayne Simon Triple Jump  
 Todd Goodell Two Mile  
 1987 Brad Bartelt Mile Relay  
 Jeff Burris Mile Relay  
 Jeff Burris 880 Yards  
 Brooks Glasnapp Mile Relay  
 Dan Hostager Two Mile  
 Jim Turner Mile Relay  
 1988 Brad Bartelt Mile Relay  
 Jeff Burris Mile Relay  
 Brooks Glasnapp Mile Relay  
 Kelly Tagtow 35# Weight  
 Brad Miller Pole Vault  
 Tom Penningroth 3,000 Meters  
 Dave Cleveland High Jump  
 Kent Terrillion 800 Meters  
 Jim Turner Mile Relay  
 Dan Hostager 5,000 Meters  
 Dan Hostager 3,000 Meters  
 Dan Hostager 5,000 Meters  
 Jim Turner 400 Meters  
 Jeff Burris Two-Mile Relay  
 Jeff Burris 600 Yards

# Panther Honor Roll

	Kent Terrillion	Two-Mile Relay
	Kent Terrillion	800 Meters
	Steve Jay	Two-Mile Relay
	Steve Jay	1,000 Yards
	Dave Cleveland	High Jump
	Tim Ross	Two-Mile Relay
1990	Kenny Shedd	Mile Relay
	Kenny Shedd	200 Meters
	Jim Turner	Mile Relay
	Jim Turner	400 Meters
	Kent Terrillion	Mile Relay
	Kent Terrillion	800 Meters
	Kent Terrillion	Two-Mile Relay
	Bill Castle	3,000 Meters
	Cole Honeck	Mile Relay
	Steve Jay	Two-Mile Relay
	Tim Ross	Two-Mile Relay
	Mark Hagen	Two-Mile Relay
	Bob Edwards	Pole Vault
	Steve Daugherty	High Jump
	Junior Chukukere	Triple Jump
1991	Kenny Shedd	200 Meters
	Kenny Shedd	400 Meters
	Bill Castle	Mile
	Bill Castle	3,000 Meters
	Marty Greene	5,000 Meters
	Junior Chukukere	Triple Jump
	Brad Miller	Pole Vault
1992	Kenny Shedd	200 Meters
	Junior Chukukere	Triple Jump
1993	Johnny Westbrook	55-Meter Hurdles
	Miklos Arpasi	400 Meters
	4 x 400 Relay	
	Jason McCleary	Long Jump
1994	Alonzo Clayton	55-Meter Hurdles
	Miklos Arpasi	800 Meters
1995	Alex Garn	4 x 400 Relay
	Jason McCleary	55-Meter Hurdles
	Jon Judisch	4 x 400 Relay
	Jon Judisch	400 Meters
	Matt Mullenix	4 x 400 Relay
	Matt Mullenix	600 Meters
	Joey Woody	800 Meters
	Joey Woody	4 x 400 Relay
	Tim Suchan	High Jump
	Allan Walz	35# Weight
1996	Jon Judisch	400 Meters
	4 x 400 Relay	
	Matt Casillas	Shot Put
1997	Juri Rován	Pole Vault
1998	Distance Medley Relay	
	Juri Rován	Pole Vault
1999	Jacob Pauli	Pole Vault
2000	Devon Davis	60 Meters
	Marshall Frazier	200 Meters
	Eric Potter	800 Meters
	Jacob Pauli	Pole Vault
	Rob Brock, Travis Goepfert,	
	Balasz Csillag, Eric Potter	Distance Medley
2001	Oliver Bodor	3,000 Meters
	Oliver Bodor	5,000 Meters
	Jacob Pauli	Pole Vault
	Dave Jennings	Weight Throw

## CONFERENCE ATHLETE OF THE YEAR

1989	Dan Hostager (Mid-Continental Conf.)
1990	Jim Turner (Mid-Continental Conf.)
1995	Tim Suchan (Field)
1997	Juri Rován (Field)
1999	Marshall Frazier
2000	Marshall Frazier

## CONFERENCE COACH OF THE YEAR

1984	Lynn King
1985	Chris Bucknam
1986	Chris Bucknam
1988	Chris Bucknam
1990	Chris Bucknam
1995	Chris Bucknam
1996	Chris Bucknam
2000	Chris Bucknam
2001	Chris Bucknam

	John Holler	Shot Put
	Brent Geringer	Discus
	Bill Glassmaker	800 Meters
	Bill Lawson	Decathlon
1978	Brent Geringer	Discus
	Brent Geringer	Shot Put
	Bob Friedman	1,500 Meters
	Bill Glassmaker	800 Meters
	Bill Lawson	Decathlon
	Tom Rogers	Pole Vault
1979	Bob Friedman	1,500 Meters
	Brent Geringer	Discus
	Brent Geringer	Shot Put
	Bill Glassmaker	800 Meters
	Tom Akers	400 Hurdles
	Tim Jamerson	Pole Vault
	Bill Lawson	Decathlon
1980	Bill Lawson	Decathlon

## MEN'S OUTDOOR

### NATIONAL CHAMPIONS (DIV. I)

1997	Joey Woody	400-Meter Hurdles
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### NATIONAL CHAMPIONS (DIV. II)

1972	Mike McCready	Shot Put
1974	Dennis Schultz	Mile
1978	Brent Geringer	Discus

### DIVISION I ALL-AMERICANS

1939	William Jenkins	Cross Country
1979	Brent Geringer	Discus
1994	Joey Woody	400-Meter Hurdles
1995	Joey Woody	400-Meter Hurdles
1997	Joey Woody	400-Meter Hurdles
	Juri Rován	Pole Vault
1998	Juri Rován	Pole Vault
1999	Jacob Pauli	Pole Vault
2000	Jacob Pauli	Pole Vault
2001	Jacob Pauli	Pole Vault

### DIVISION II ALL-AMERICANS

1968	Larry McCready	120 Hurdles
1969	Larry McCready	120 Hurdles
	Wayne Carpenter	Mile
1970	Wayne Carpenter	Mile
	Mike McCready	Shot Put
1971	Mike McCready	Shot Put
	Mike McCready	Discus
	Rich Twedt	Three-Mile
1972	Mike McCready	Shot Put
1973	Dennis Roloff	Mile
	Dennis Schultz	Mile
	Dave Anderson, Mike Byington,	
	SteveDeSerano,Dennis Roloff	Mile Relay
1974	Dennis Schultz	Mile
	Rich Twedt	Six-Mile
	Scott Noltensmeier	120 Hurdles
	Steve Ford	Pole Vault
	Kent Wessely	High Jump
	Bill Cook	Decathlon
1975	Keith Schmidt	Pole Vault
1977	Bill Friedman	1,500 Meters

## NCAA DIVISION I QUALIFIERS

1985	Russ Adams	Pole Vault
1990	Jeff Burris	800 Meters
1992	Brad Miller	Decathlon
1993	Joey Woody	400 Hurdles
	Jason McCleary	Decathlon
	Miklos Arpasi	800 Meters
1994	Joey Woody	400 Hurdles
	Tim Suchan	High Jump
	Miklos Arpasi	800 Meters
1995	Tim Suchan	High Jump
	Joey Woody	400 Hurdles
	Allan Walz	Discus
	Alex Garn	400 Hurdles
1996	Juri Rován	Pole Vault
	Allan Walz	Discus
	Allan Walz	Hammer Throw
1997	Joey Woody	110 Hurdles
	Joey Woody	400 Hurdles
	Joey Woody	400 Meters
	Juri Rován	Pole Vault
1998	Juri Rován	Pole Vault
	Jay Brock	3000-Meter Steeplechase
1999	Jason Boness	High Jump
	Jacob Pauli	Pole Vault
2000	Jacob Pauli	Pole Vault
2001	Jacob Pauli	Pole Vault
	Devon Davis	100 Meters

## CONFERENCE CHAMPIONS

1960	Hay Byram	440-Yd. Dash
	Dick Dotson	Pole Vault
	Mile Relay	
1961	Dick Dotson	Pole Vault
1962	Dave Suntken	440-Yd. Dash
	John Raffenberger	220-Yd. Dash
	Delbert Lowery	High Jump
	Dick Dotson	Pole Vault
	Hank Sattari	Javelin
1963	Dave Suntken	440-Yd. Dash
	Dave Linder	880-Yd. Run
	Hank Sattari	Javelin
	Mile Relay	
1964	Hank Sattari	Javelin

# Panther Honor Roll

	Jay Prichard	Mile Run		Bill Glassmaker	440-Yd. Dash		Troy Becker	Pole Vault
	Dave Suntken	High Jump	1978	Bill Lawson	Decathlon		Eric White	440-Yd. Relay
	Rich Engel	880-Yd. Run		Brent Geringer	Discus		Eric White	Mile Relay
	George McBee	Pole Vault		Tom Akers	110-Yd. H. Hurdles		Brooks Glasnapp	440-Yd. Relay
1965	Bill Rauhauser	Broad Jump		John Holler	Shot Put		Brooks Glasnapp	Mile Relay
	Bill Rauhauser	Triple Jump		Bill Glassmaker	440-Yd. Dash		Brad Bartelt	440-Yd. Relay
	Ron Gerard	120-Yd. H. Hurdles		440-Yd. Relay			Brad Bartelt	Mile Relay
	Mike Long	330-Yd. I. Hurdles		Mile Relay			Doug Case	440-Yd. Relay
1966	Ron Gerard	120-Yd. H. Hurdles	1979	Bill Lawson	Decathlon		Jeff Burris	Mile Relay
	Bob Ruchti	220-Yd. Dash		Tom Reints	Hammer Throw	1987	Dan Hostager	5,000 Meters
1967	Larry McCready	High Jump		Tom Reints	Shot Put		Joel Hartman	400-Meter I. Hurdles
	Larry McCready	120-Yd. H. Hurdles		Rick Friedman	High Jump		Brent Wright	High Jump
	Bob Ruchti	100-Yd. Dash		Brent Geringer	Discus		Brad Bartelt	Mile Relay
	Bob Ruchti	220-Yd. Dash	1980	Bill Lawson	Decathlon		Jim Turner	Mile Relay
	Ken Huelman	Shot Put		Mitch Willett	Hammer Throw		Kent Terrillion	Mile Relay
	Mark Sanborn	440-Yd. I. Hurdles		Mark Feyereisen	1,500 Meters		Jeff Burris	Mile Relay
1968	Carl Campbell	440-Yard Relay	1981	Tom Reints	Hammer Throw	1988	Rodney Garrett	Long Jump
	Dick Miller	Discus		Tom Reints	Shot Put		Dan Hostager	5000 Meters
	Larry McCready	440-Yard Relay		Tim Jameison	Pole Vault		Dan Hostager	10,000 Meters
	Larry McCready	120-Yd. H. Hurdles		Bob Williams	Long Jump		Kelly Tagtow	Discus
	Skip Anderson	High Jump	1982	Tom Reints	Hammer Throw		Bob Edwards	Pole Vault
	Jim Fennessy	440-Yard Relay		Tom Reints	Shot Put		Joel Hartman	400-Meter I. Hurdles
	Craig Fay	Triple Jump		Doug Nelson	10,000 Meters	1989	John Ruth	3,000-Meter Steeplechase
	Larry White	440-Yd. Relay		Russ Adams	Pole Vault		Mike Raffensperger	Javelin
1969	Mike McCready	Discus		Bob Williams	Long Jump		Jim Turner	200 Meters
	Mike McCready	Shot Put		Bob Williams	Triple Jump		Kent Terrillion	800 Meters
	Larry McCready	440-Yard Relay		Matt Haven	Discus		Steve Jay	1,500 Meters
	Larry McCready	120-Yd. H. Hurdles		Brian Glassmaker	1,500 Meters		Tom Penningroth	5000 Meters
	Jim Fennessy	440-Yard Relay		Terry Wintz	Mile Relay	1990	Jeff Short	3,000-Meter Steeplechase
	Rich Franklin	440-Yard Relay		Jon Wisman	Mile Relay		Dan Hostager	5,000 Meters
	Wayne Carpenter	Mile Run		Sol Anderson	Mile Relay		Dan Hostager	10,000 Meters
	Larry Daniels	440-Yd. Dash		Mike Debo	Mile Relay		Jeff Burris	1,500 Meters
	Craig Fay	Triple Jump	1983	Jay Connor	400-Meter I. Hurdles		Dave Cleveland	High Jump
	Larry White	440-Yard Relay		Jason Woodford	Long Jump		Brad Miller	Pole Vault
1970	Mike McCready	Discus		Kirk Anderson	800 Meters		Kent Terrillion	800 Meters
	Mike McCready	Shot Put		Brian Makela	Triple Jump		Kenny Shedd	200 Meters
	Wayne Carpenter	Mile Run		Russ Adams	Decathlon	1991	Brad Miller	Decathlon
	Wayne Carpenter	880-Yd. Run		Russ Adams	Pole Vault		Junior Chukukere	Triple Jump
1971	Mike McCready	Discus		Arnie Doden	Shot Put		Tim Suchan	High Jump
	Mike McCready	Shot Put		Arnie Doden	Discus		Jim Turner	400 Meters
1972	Mike McCready	Shot Put		Doug Case	440-Yd. Relay		Bill Castle	5,000 Meters
	Dennis Roloff	440-Yd. Dash		Don Samuel	440-Yd. Relay	1992	Kenny Shedd	400 Meters
1973	Mark Chardoulas	Long Jump		Jim Thompson	440-Yd. Relay		Kenny Shedd	4 x 100 Relay
	Scott Noltensmeier	120-Yd. H. Hurdles		Jason Woodford	440-Yd. Relay		Kenny Shedd	4 x 400 Relay
	Dennis Roloff	440-Yd. Dash		John Wisman	Mile Relay		Bob Edwards	Pole Vault
	440-Yd. Relay			Sol Anderson	Mile Relay		Brad Miller	Decathlon
	Mile Relay			Don Samuel	Mile Relay		Johnny Westbrook	4 x 100 Relay
1974	Scott Noltensmeier	120-Yd. H. Hurdles		Mike Debo	Mile Relay		Jason McCleary	4 x 100 Relay
	Dennis Roloff	440-Yd. Dash	1984	Kirk Anderson	800 Meters		Cole Honeck	4 x 100 Relay
	Kenny Jackson	Long Jump		Steve Weaver	High Jump		Cole Honeck	4 x 400 Relay
	Dennis Schultz	880-Yd. Run		John Place	Decathlon		John Barnett	4 x 400 Relay
	Gene Chinander	Javelin		Matt Haven	Discus		Jason Sweet	4 x 400 Relay
	440-Yd. Relay		1985	Chris Leonard	5,000 Meters	1993	Johnny Westbrook	110 Hurdles
	Kent Wessely	High Jump		Chris Leonard	10,000 Meters		Joey Woody	400 Hurdles
1975	Mark Chardoulas	440-Yd. Relay		Solomon Anderson	800 Meters		Joey Woody	4 x 400 Relay
	Rick Freeburg	440-Yd. Relay		Steve Weaver	High Jump		Gregg Garn	4 x 400 Relay
	Steve Mott	440-Yd. Relay		Russ Adams	Pole Vault		Mikos Arpasi	4 x 400 Relay
	Ken Schwartz	Shot Put	1986	Eric White	110-Meter H. Hurdles		Cole Honeck	4 x 400 Relay
	Keith Schmidt	Pole Vault		Eric White	400-Meter I. Hurdles		Jason McCleary	Long Jump
	Keith Schmidt	440-Yd. Relay		Dave Swanson	5,000 Meters		Jason McCleary	Decathlon
1976	Bob Friedman	1,500-Meter Run		Todd Goddell	10,000 Meters	1994	Maceo Strickland	100-Meter Dash
1977	Brent Geringer	Discus		Brooks Glasnapp	400 Meters		Joey Woody	110 Hurdles
	John Holler	Shot Put		Steve Gearhart	3,000-M. Steeplechase		Joey Woody	400 Hurdles
	Tom Akers	110-Yd. H. Hurdles		Jeff Burris	800 Meters	1995	Joey Woody	110 Hurdles

	Joey Woody	400 Hurdles
	Allan Walz	Discus
	Juri Rován	Javelin
	Ryan Santi	Decathlon
1996	Jay Brock	3000-Meter Steeplechase
	Juri Rován	Pole Vault
1997	Eric Potter	800 Meters
	Jay Brock	3,000-Meter Steeplechase
	Joey Woody	110 Hurdles
	Joey Woody	400 Hurdles
	4 x 400 Relay	
1998	Jay Brock	3,000-Meter Steeplechase
	Eddie Berlin	High Jump
	Juri Rován	Pole Vault
	Travis Geopfert	Decathlon
1999	Devon Davis	100-Meter Dash
	Marshall Frazier	200 Meters
	Marshall Frazier	4 x 100 Relay
	Jon Judisch	4 x 100 Relay
	Travis Geopfert	4 x 100 Relay
	Devon Davis	4 x 100 Relay
	Jason Boness	High Jump
	Jake Pauli	Pole Vault
2000	Marshall Frazier	200 Meters
	Burke Bockman	400 Meter Hurdles
	Eric Potter	800 Meters
	Jacob Pauli	Pole Vault
	Kenny Edwards	Decathlon
	4x100 Relay	
	4x400 Relay	
2001	Jeff Adam	4x100 Meter Relay
	Oliver Bodor	5,000 Meters
	Lamonta Bronaugh	4x100 Meter Relay
	Devon Davis	100 Meters
	Devon Davis	200 Meters
	Devon Davis	4x100 Meter Relay
	Dave Jennings	Hammer Throw
	Mate Nemeth	3,000-Meter Steeplechase
	Jacob Pauli	Pole Vault
	Jacob Pauli	4x100 Meter Relay

## CONFERENCE ATHLETE OF THE YEAR

(since 1983)

1993	Jason McCleary	Field
1994	Joey Woody	Track
1995	Joey Woody	Track
1995	Allan Walz	Field
1997	Joey Woody	Track
1998	Juri Rován	Field
1999	Devon Davis	Track
2000	Eric Potter	Track
2001	Devon Davis	Track

## CONFERENCE COACH OF THE YEAR

(since 1983)

1983	Lynn King
1984	Lynn King
1986	Chris Bucknam
1995	Chris Bucknam
1998	Chris Bucknam
2000	Chris Bucknam

## WOMEN'S INDOOR

### NCAA DIVISION I ALL-AMERICANS

1993	Shantel Twiggs	55-Meter Dash
1994	Shantel Twiggs	55-Meter Dash
1995	Dianna Leftridge	Long Jump

### NCAA DIVISION I QUALIFIERS

1994	Shantel Twiggs	55-Meter Dash
	Shantel Twiggs	200 Meters
1995	Dianna Leftridge	Long Jump
1996	Emily Montgomery	800 Meters
	Melissa Yerk	20# Weight

### CONFERENCE CHAMPIONS

1987	Darsey Evans	4 x 800 Relay
	Barb Clark	4 x 800 Relay
	Denise Organ	4 x 800 Relay
	Natalie Sueppel	4 x 800 Relay
1988	Donna Wheeler	Shot Put
	Barb Clark	4 x 800 Relay
	Kathy Allen	4 x 800 Relay
	Jan Jacobsen	4 x 800 Relay
	Natalie Sueppel	4 x 800 Relay
1989	Lisa Tatman	Shot Put
1990	Diane Black	600 Meters
1991	Sherry Shedd	55-Meter Dash
	Diane Black	600 Meters
	Diane Black	4 x 400 Relay
	Kathy Allen	1,000 Meters
	J. Isaacson	4 x 400 Relay
	E. Jeschke	4 x 400 Relay
	Dyan Fluhrer	4 x 400 Relay
1992	Dyan Fluhrer	400 Meters
	4 x 400 Relay	
1993	Paula Nemmers	800 Meters
1994	Dianna Leftridge	Long Jump
1995	Dianna Leftridge	Long Jump
	Dianna Leftridge	Pentathlon
1996	Emily Montgomery	800 Meters
1998	Brenna Fleishman	55-Meter Hurdles
	Andrea Miller	Shot Put
2000	Dee Wear	60 Meters
	Distance Medley	
2001	Dee Wear	60 Meter Hurdles

### CONFERENCE ATHLETE OF THE YEAR

(since 1983)

1995	Dianna Leftridge	Field
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### CONFERENCE COACH OF THE YEAR

(since 1983)

1991	Lea Ann Shaddox
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## WOMEN'S OUTDOOR

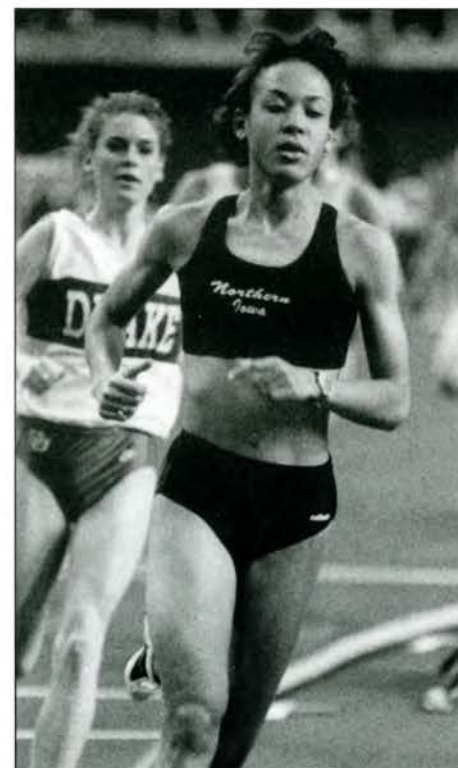
### NCAA DIVISION I QUALIFIERS

(Automatic & Provisional)

1992	Shantel Twiggs	100-Meter Dash
	Sherry Shedd	400 Meters
1993	Shantel Twiggs	100-Meter Dash
	Shantel Twiggs	200 Meters
1994	Shantel Twiggs	100-Meter Dash
	Shantel Twiggs	200 Meters
	4 x 100-Meter Relay	
	Dianna Leftridge	Long Jump
	Dianna Leftridge	Triple Jump

### CONFERENCE CHAMPIONS

1988	Donna Wheeler	Javelin
1989	Donna Wheeler	Javelin
1990	Toni Ferguson	4 x 100 Relay
	Julie Davis	4 x 100 Relay
	Dyan Fluhrer	4 x 100 Relay
	Sherry Shedd	4 x 100 Relay
1992	Sherry Shedd	400 Meters
1994	4 x 400 Relay	
	Dianna Leftridge	Long Jump
1995	Dianna Leftridge	Long Jump
1998	Andrea Miller	Shot Put
1999	Jenny Jackson	1,500 Meters
2000	Deb Corder	400 Meters
	Nikki Nelson	400 Meter Hurdles



Emily Montgomery



# Missouri Valley Conf./National Rankings

Since its beginning in 1907, the Missouri Valley Conference has been progressive in its thinking and aggressive in capitalizing on its opportunities.

Now in its 94th year of existence, the Valley has become a leader among today's collegiate athletic conferences.

Based in St. Louis since 1985, the conference has been aggressive in the approach to playing host to NCAA basketball championship events, producing a revenue-generating in-house television network, bidding out the right to play host to several sport championships and landing title sponsorships for those events.

Athletic accomplishments on the men's side include four national basketball championships, 17 trips to the NCAA Men's Basketball Final Four and a 1989 national baseball championship. During the 1992-93 academic year, though, women's athletics were added under the MVC umbrella, and the relationship has been mutually beneficial for both.

Valley teams boast a proud, rich tradition in track and field and cross country, and have produced numerous all-Americans over the years. In terms of individual performances, a number of MVC student-athletes annually represent the league at the NCAA Championships.

National champions and all-Americans are nothing new for Missouri Valley student-athletes. In the decade of the '90s, 85 MVC athletes earned all-America honors with 13 of those winning a national championship. Included in the national champions are Northern Iowa's Joey Woody, who captured the 400-meter hurdles title at the 1997 NCAA Outdoor Championships in Bloomington, Ind.

Additionally, Valley athletes have gone on to compete in the Olympic Games or World Championships on 55 occasions. Woody also is included among that group, having competed at the World Championships.

Since joining the MVC in 1991, Northern Iowa's men's program has been one of the most consistent forces in the league. In fact, in the first ten years since UNI's membership began, the Panther men have the second-best composite record in the conference.

Seeds for the creation of the Missouri Valley Conference were planted by eight administrators representing five institutions who gathered at the Midland

Hotel in Kansas City, Mo., on January 12, 1907. Basketball became the first competitive sport and served as the initial step in establishing the MVC as one of the most respected leagues in the nation.

In addition to track and field and cross country, the Missouri Valley Conference sponsors the following sports: baseball, men's and women's basketball, men's and women's golf, men's soccer, softball, men's and women's swimming, men's and women's tennis and women's volleyball.

Members of the Missouri Valley Conference include: Bradley University, Creighton University, Drake University, the University of Evansville, Illinois State University, Indiana State University, the University of Northern Iowa, Southern Illinois University, Southwest Missouri State University and Wichita State University.

## Composite MVC Standings

(average finish in MVC meets)

### Men (since '91-'92)

1. Northern Iowa	2.39
2. Illinois State	2.48
3. Indiana State	2.84
4. Southern Illinois	4.06
5. Wichita State	5.10
6. SW Missouri State	5.45
7. Drake	6.03
8. Bradley	8.69
9. Creighton	9.09
10. Evansville	9.75

## Composite MVC Standings

(average finish in MVC meets)

### Women (since '92-'93)

1. Indiana State	2.24
2. Illinois State	3.31
3. SW Missouri State	3.45
4. Southern Illinois	3.90
5. Northern Iowa	4.93
5. Drake	4.93
7. Wichita State	5.14
8. Bradley	7.18
9. Creighton	8.80
10. Evansville	9.75



**National Rankings:** Here are the national rankings for the past two years. *Trackwire* is a ranking that predicts the team standings at the NCAA Championships, while the Team Power Rankings is a poll compiled by the USTCA. It is a computer ranking system that adds the scores of the team's top two performers in each event.

2001 Men's NCAA Indoor Championships	2001 Men's NCAA Outdoor Championships	2001 USTCA Men's Indoor Team Power Rankings	2001 Men's Outdoor Preseason Trackwire Top 25	2000 USTCA Men's Indoor Team Power Rankings	2000 USTCA Men's Outdoor Team Power Rankings
1. LSU	1. Tennessee	1. Florida	1. LSU	1. Florida	1. Tennessee
2. Texas Christian	2. TCU	2. Nebraska	1. TCU	2. Arkansas	2. Arkansas
3. Arkansas	3. Baylor	3. Penn State	3. Tennessee	3. Tennessee	3. Texas A&M
4. Alabama	4. Stanford	4. Purdue	4. Arkansas	4. Wisconsin	4. USC
5. Stanford	5. LSU	5. Kansas	5. Stanford	5. Texas	5. Washington
6. SMU	6. Alabama	6. Texas	5. USC	6. Clemson	6. Florida
7. Florida	7. Arkansas	7. Clemson	7. Baylor	7. Nebraska	7. UCLA
8. Kansas	7. UTEP	8. BYU	8. Auburn	8. Northern Iowa	8. Texas
9. Tennessee	9. Oregon	9. Northern Iowa	9. Florida	9. Alabama	9. Nebraska
10. Mississippi	10. Texas A&M	10. Alabama	9. UTEP	10. Illinois	10. Louisiana State
11. Washington	10. Auburn	11. Washington	11. Alabama	11. Texas A&M	11. BYU
11. George Mason	12. Georgia	12. Eastern Michigan	11. SMU	12. Purdue	12. Arizona
13. Arizona	12. USC	13. Washington St.	13. Washington	13. Penn State	13. Clemson
14. Texas	14. Weber State	14. Indiana	13. Georgia	14. Connecticut	14. Alabama
14. Baylor	15. Texas	15. Weber State	15. Texas	15. Eastern Michigan	15. Auburn
16. Weber State	15. Arizona State	16. Northern Arizona	16. South Carolina	16. Missouri	16. Arizona State
16. South Carolina	17. SMU	17. Michigan	16. Texas A&M	17. BYU	17. Penn State
18. Georgia	18. Utah State	18. Texas A&M	16. Weber State	18. Michigan	18. Northern Iowa
19. Texas A&M	19. South Carolina	19. Princeton	19. Oregon	19. Washington State	19. Texas-EI Paso
20. Colorado State	19. BYU	20. UNC Charlotte	20. George Mason	20. Kent State	20. Weber State
20. Villanova	39. Northern Iowa		21. BYU		
20. Northern Iowa			21. BYU		
20. Clemson			22. Tulane		
20. Georgetown			23. UCLA		
20. Indiana State			24. Ohio State		
			25. Northern Iowa		
			25. Mississippi		
			25. William & Mary		
			25. Indiana State		
			25. Colorado State		

# Cross Country -- 2001 Results

## Men's Results

### Illini Invitational -- Champaign, IL (8K)\*

Place	Name	Time
4.	Balazs Csillag	24:20
5.	Oliver Bodor	24:22
41.	Josh Crain	25:19
58.	Rob Brock	25:35
61.	Roberto Moreno	25:37
74.	Trent Graham	25:58

\* 7th of 14 teams

### Notre Dame Invitational -- South Bend, IN (5 miles)\*

7.	Balazs Csillag	24:40
26.	Oliver Bodor	25:12
46.	Mate Nemeth	25:33
67.	Trent Graham	25:51
71.	Roberto Moreno	25:57
96.	Rob Brock	26:22
97.	Josh Crain	26:22

\* 6th of 18 teams

### Illinois State Invitational -- Normal, IL (8K)\*

1.	Oliver Bodor	25:18.59
2.	Balazs Csillag	25:18.95
10.	Josh Crain	26:17.27
13.	Roberto Moreno	26:27.98
14.	Trent Graham	26:33.26
17.	Rob Brock	26:46.49

\* 2nd of 5 teams

### Missouri Valley Championships -- Normal, IL (8K)\*

1.	Balazs Csillag	24:47.38
4.	Oliver Bodor	25:05.59
6.	Rob Brock	25:13.26
12.	Trent Graham	25:25.00
15.	Josh Crain	25:35.48
19.	Roberto Moreno	25:42.90

\* 1st of 10 teams -- MVC Champions

### NCAA Midwest Regional -- Carbondale, IL (10K)

3.	Balazs Csillag	30:44.9
103.	Josh Crain	33:17.1
112.	Trent Graham	33:40.4
154.	Tad Stolley	35:20.6

### NCAA Championship -- Greenville, SC (10K)

DNF	Balazs Csillag	Injury
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## Women's Results

### Illini Invitational -- Champaign, IL (5K)\*

Place	Name	Time
31.	Wendy Shaw	18:25
60.	Elly Glass	18:52
65.	Emily Shoopman	19:06
76.	Kris Hand	19:15
105.	Rita Fiala	20:10

\* 11th of 15 teams

### Notre Dame Invitational -- South Bend, IN (5K)\*

86.	Rita Fiala	19:06
90.	Emily Shoopman	19:09
94.	Elly Glass	19:14
98.	Wendy Shaw	19:24
103.	Kris Hand	19:28

\* 16th of 17 teams

### Illinois State Invitational -- Normal, IL (5K)\*

4.	Rita Fiala	19:40.95
5.	Emily Shoopman	19:44.22
8.	Elly Glass	19:59.21
10.	Kris Hand	20:00.85
12.	Wendy Shaw	20:05.80

\* Tied for 1st of 3 teams

### Missouri Valley Championships -- Normal, IL (5K)\*

20.	Emily Shoopman	18:54.01
26.	Rita Fiala	19:12.79
29.	Wendy Shaw	19:22.89
32.	Kris Hand	19:27.56
64.	Emily Schrobilgen	20:48.48

\* 7th of 10 teams

### NCAA Midwest Regional -- Carbondale, IL (6K)

137.	Emily Shoopman	24:37.2
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Wendy Shaw



Trent Graham

# Men's Cross Country -- 2001 Review

## Panthers Win MVC Championship - Csillag Wins Individual Title

After coming in second to Illinois State in the 2000 MVC Championships, the Panthers blew the field away at the 2001 MVC Championships with a score of 38 points. This was the culminating achievement for a season that had its ups-and-downs due to injuries.

The 2001 men's Missouri Valley Coach of the Year, Chris Bucknam, was proud of the way his team battled through the tough stretches in the season.

"It was a hard fought victory at the MVC Championship and since the beginning of the season," Bucknam said. "I was really pleased with how we brought it all together when it counted. We had to have a great meet to win and we ran our best race of the season."



Balazs Csillag



Oliver Bodor

Senior Balazs Csillag was the individual champion of the men's MVC Championship race. He ran a blazing time of 24:47 in the 8K to beat the field in Normal, IL, and led

the Panthers to the team championship.

Sophomore Oliver Bodor (25:05) and junior Rob Brock (25:13) finished fourth and sixth to help the Panthers to a lopsided win over the rest of the field. Sophomores Trent Graham (12th, 25:25), Josh Crain (15th, 25:35) and Bob Moreno (19th, 25:42) rounded out the Panther finishers.

The Panthers sent five members of the men's team to the Midwest Regional in Carbondale, IL, but the men didn't figure into the team competition after Bodor could not finish the race due to an achilles injury. Brock and Mate Nemeth also were sidelined with injuries, but Csillag shed some light on an otherwise tough weekend when he ran the 10K race in 30:44.9, earning third place and a spot in the NCAA Championships.

Crain and Graham completed successful sophomore campaigns, finishing 103rd and 112th, respectively. Crain finished with a time of 33:17.1, while Graham crossed the finish line at the 33:40.4 mark. Freshman Tad Stolley competed in his first race as a Panther, finishing in 154th place with a time of 35:20.6.

Csillag capped off an outstanding senior season, winning the MVC Championship and finishing third in the Midwest Regional race. He never finished below seventh place in any of his five races before bowing out of the NCAA Championship race after twisting his ankle in the third mile. Csillag also was

named the Prairie Farms/Missouri Valley Conference Scholar Athlete of the Week four times in the short fall season and was named Valley Athlete of the Year for cross country.

Csillag's berth in the NCAA Championships marked the third year in a row that a Panther earned a spot in the final event of the year, following Bodor in 2000 and Levi Timar in 1999. All three qualifiers are part of the UNI/Hungarian distance running connection. Bodor (Siofok, Hungary) and Timar (Szejestefegervar, Hungary) finished 33rd and 50th at the national meet.

"You don't replace a kid like Balazs. We've had great athletes in the past with Joey Woody and Jacob Pauli and Balazs is starting to rank up there with them," said Bucknam. "He has had a great start to his senior year. He isn't really a cross country type guy but he was able to get through it and compete at a high level."

Bodor qualified for the NCAA Championships a year ago as a freshman and was able to piece together a solid sophomore campaign. He set the University Farm Course record in Bloomington, IL on Oct. 13th with a time of 25:11.59 while taking home first place in the Illinois State Invitational. Bodor was named to the Valley Cross Country Scholar-Athlete team after finishing fourth at the MVC Championships.

### 2001 Men's Roster

Name	Yr.	Hometown (High School)
Miles Bern	Fr.	Cedar Falls, IA (Cedar Falls)
Oliver Bodor	So.	Siofok, Hungary (Perczel Mar Gimn)
Rob Brock	Jr.	Dubuque, IA (Senior)
Josh Crain	So.	Marshalltown, IA (Marshalltown)
Balazs Csillag	Sr.	Szekszard, Hungary (I. Bela Ginn)
Trent Graham	So.	Des Moines, IA (Roosevelt)
Phillip Grothus	Fr.	Bettendorf, IA (Pleasant Valley)
Roberto Moreno	So.	Iowa City, IA (Iowa City High)
Mate Nemeth	So.	Szekszard, Hungary (I. Bela Ginn)
Tad Stolley	Fr.	Woodbine, IA (Woodbine)

### 2001 Season Best Times

Name	Distance	Time	Date
Oliver Bodor	8K	24:22	9/22
Rob Brock	8K	25:35	9/22
Josh Crain	8K, 10K	25:19, 33:17.1	9/22, 11/10
Balazs Csillag	8K, 10K	24:20, 30:44.9	9/22, 11/10
Trent Graham	8K, 10K	25:25, 33:40.4	10/27, 11/10
Bob Moreno	8K	25:37	9/22
Mate Nemeth	8K	25:33	10/5
Tad Stolley	10K	35:20.6	11/10

# Women's Cross Country -- 2001 Review

## Women Fight Through Injuries, Adversity

The women began the season as the conference favorites, but injuries turned their season into a frustrating one. Three of the Panthers' top performers from the 2000 season -- Wendy Shaw, Elly Glass and Rita Fiala -- all were hit with the injury bug throughout the entire season.

With those three runners ailing, Coach Chris Bucknam was forced to rely on some young talent to try and salvage a solid season. Emily Shoopman, a freshman from Waterloo (IA), was able to avoid injuries throughout her rookie campaign and ran to consistent times.

"When you lose a couple of girls in cross country, just like on the men's side with Mate Nemeth being out, then it is really tough to stay in the hunt," said Bucknam. "We had high



Rita Fiala



Emily Shoopman

expectations and if we had everyone there in the end, I feel we would've been in the hunt, but our depth limited us from placing higher at the end of the season."

In the MVC

Championship, the women could only muster up seventh place, just nine points out of fourth place. Shoopman led the way with her 20th place finish in a time of 18:54, a season best. Fiala ran to a 26th place finish with a time of 19:12, and Shaw finished with a time of 19:22, good enough for 29th. Freshmen Kris Hand and Emily Schrobilgen rounded out the Panthers' top five, running to 32nd and 64th place, respectively.

"We had four girls run pretty good, and our fifth girl (Schrobilgen) ran her first collegiate race ever," Bucknam said. "We have some work to do, we are not quitters, and I can be positive that the indoor and outdoor seasons are going to be good this year."

In probably its best performance of the year, the women's team tied for first place with Illinois State at the Illinois State Invitational. Both teams finished with 39 points, while Bradley finished in third with 44. Glass competed in her final event of the fall and ran to a time of 19:59.21.

Fiala had her best finish of the season at the Illinois State Invitational when she finished in fourth place with a time of 19:40.95. Her season started with injuries, but she was able to compete towards the end of the season. An all-MVC runner during the 2000 season, she also finished 26th at the MVC Championships with a time of 19:12.29.

Shoopman was the only member that competed for the women's team in the Midwest Regional due to a multitude of

injuries. Shoopman finished the 5K event with a time of 24:37.2, earning her 137th place.

"Emily did good this year and we feel she is a Division I runner," said Bucknam. "She needs to get stronger and more confident, then her talent will come out more and she'll be able to show us some more."

Her consistency was evident throughout the entire fall. Her times of 19:06 at Illinois, 19:09 at Notre Dame, 19:44 at Illinois State and 18:54 at the MVC Championship let the coaches know what to expect out of her.

Shaw had a great beginning to the season, placing 31st at the Illini Invitational with a time of 18:25, her best of the season. She finished in the top 15 at the MVC Championships in 2000, but stress fractures kept her from performing her best and kept her out of the Midwest Regional this season.

Hand, a redshirt freshman, finished fourth on the team in every meet and ran her best time of the fall at the Illini Invitational, 19:15.

Even with the trying year that the women faced, some battles were won. They showed that they could compete with pain, and still put together solid performances.

It is likely that the Panthers will be looked at as a solid team going into next season if everyone is healthy. With all seven members of this year's team gaining experience and returning next fall, there should be big things on the horizon.

### 2001 Women's Roster

Name	Yr.	Hometown (High School)
Mandy Bartelt	Fr.	Calmar, IA (South Winneshiek)
Rita Fiala	Jr.	Johnston, IA (Johnston)
Elly Glass	So.	Dubuque, IA (Senior)
Kristina Hand	Fr.	Mason City, IA (Nora Springs-Rock Falls)
Emily Schrobilgen	Fr.	Dubuque, IA (Senior)
Wendy Shaw	So.	Davenport, IA (Central)
Emily Shoopman	Fr.	Waterloo, IA (West)

### 2001 Season Best Times

Name	Distance	Time	Date
Rita Fiala	5K	19:06	10/5
Elly Glass	5K	18:52	9/22
Kristina Hand	5K	19:15	9/22
Emily Schrobilgen	5K	20:48	10/27
Wendy Shaw	5K	18:25	9/22
Emily Shoopman	5K, 6K	18:52, 24:37.2	9/22, 11/10

# Men's Cross Country Top Performances

## TOP 8,000 METER PERFORMANCES

1.	Balazs Csillag	'01	24:20
2.	Oliver Bodor	'01	24:22
3.	Kyle Kepler	'97	24:25
4.	Jay Brock	'96	24:27
5.	Chris Leonard	'82	24:27
6.	Marty Greene	'92	24:28
7.	Levente Timar	'99	24:33
8.	Mate Nemeth	'00	24:35
9.	Rob Brock	'97	24:40
10.	Dan Fick	'84	24:40
11.	Jay Brock	'97	24:41
12.	Dan Hostager	'88	24:43
13.	Jason Meyer	'92	24:45
14.	Rob Semelroth	'97	24:52
15.	Jeff Joiner	'92	24:53
16.	Carl Burrell	'84	24:53
17.	Doug Nelson	'81	24:54
18.	Chad Flynn	'91	25:03
19.	Steve Gearhart	'84	25:04
20.	Carlos Valdez	'82	25:07
21.	Dave Swanson	'84	25:09
22.	Sam Burkett	'95	25:11
23.	Matt Lindaman	'92	25:13
24.	Jeff Short	'91	25:14
25.	Tom Penningroth	'86	25:18
26.	Josh Crain	'01	25:19
27.	Bill Castle	'89	25:21
28.	Trent Graham	'01	25:25
29.	Scott Jackson	'86	25:28
30.	Brad Martin	'86	25:29

## TOP 10,000 METER PERFORMANCES

1.	Dan Fick	'83	30:27
2.	Chris Leonard	'83	30:28
3.	Dan Hostager	'88	30:45
4.	Oliver Bodor	'00	30:50
5.	Levente Timar	'99	30:55
6.	Todd Goodell	'85	30:58
7.	Kyle Kepler	'97	31:02
8.	Tom Penningroth	'88	31:21
9.	Steve Gearhart	'83	31:23
10.	Bill Castle	'88	31:23
11.	Rob Semelroth	'97	31:25
12.	Balazs Csillag	'00	31:25
13.	Greg Skopec	'83	31:26
14.	Brian Glassmaker	'83	31:32
15.	Mate Nemeth	'00	31:37
16.	Bob Jirele	'85	31:37
17.	Jay Brock	'97	31:38
18.	Doug Nelson	'81	31:41
19.	Todd Peverill	'80	31:54
20.	Dave Swanson	'85	32:01
21.	Trent Timson	'88	32:04
22.	Jeff Joiner	'92	32:05
23.	Marty Greene	'92	32:07
24.	Rob Brock	'97	32:10
25.	Jason Meyer	'92	32:17
26.	Trent Graham	'00	32:17
27.	Matt Lindeman	'92	32:21
28.	Sam Burkett	'97	32:35
29.	Chad Flynn	'92	32:36
30.	Rob Semelroth	'96	32:40

## IRV WARREN G.C. - 10,000 METER BEST TIMES

1.	Daniel Kinvua	'00	Iowa St.	30:28
2.	David Vasquez	'00	Ok. St.	30:29
3.	Nick Smith	'00	Missouri	30:31
4.	Charlie Gruber	'00	Kansas	30:38
5.	Jason Bialka	'00	East. Ill.	30:40
6.	Aaron Carrizales	'00	Nebraska	30:40
7.	Marcus Witter	'00	Nebraska	30:42
8.	Mark Reed	'00	Illinois St.	30:46
9.	Terrance McComb	'00	Minnesota	30:47
10.	Oliver Bodor	'00	UNI	30:50

## IRV WARREN G.C. - 8,000 METER BEST TIMES

1.	Jason Bialka	'00	E. Illinois	24:54
2.	Oliver Bodor	'00	UNI	25:24
3.	Balazs Csillag	'00	UNI	25:24
4.	Mate Nemeth	'00	UNI	25:34
5.	Damon Nicholas	'00	E. Illinois	25:40
6.	John Sipple	'00	E. Illinois	25:57
7.	Dan Mackey	'00	E. Illinois	26:01
8.	Josh Vance	'00	E. Illinois	26:02
9.	Trent Graham	'00	UNI	26:14
10.	Josh Crain	'00	UNI	26:28

## TEAM CONFERENCE CHAMPIONSHIPS

1982	Mid-Continent
1983	Mid-Continent
1984	Mid-Continent
1988	Mid-Continent
1990	Mid-Continent
1992	Missouri Valley
1997	Missouri Valley
2001	Missouri Valley

## INDIVIDUAL CONFERENCE CHAMPS

1979, '81	Doug Nelson	Mid-Continent
1986, '88	Dan Hostager	Mid-Continent
1989	Bill Castle	Mid-Continent
2000	Mate Nemeth	Missouri Valley
2001	Balazs Csillag	Missouri Valley

## TOP DISTRICT PERFORMERS

1980	Chris Leonard	31:37
1981	Doug Nelson	31:41
1982	Dan Fick	32:14
1983	Chris Leonard	32:31
1984	Dan Fick	31:51
1985	Steve Gearhart	33:12
1986	Dan Hostager	32:24
1987	Dan Hostager	33:17
1988	Dan Hostager	31:11
1989	Bill Castle	31:37
1990	Bill Castle	32:48
1992	Jeff Joiner	32:05
1993	Jeff Joiner	34:16
1994	Kyle Kepler	32:25
1995	Kyle Kepler	32:16
1996	Jay Brock	32:33
1997	Kyle Kepler	33:18
1998	Levente Timar	32:41
1999	Levente Timar	30:55
2000	Oliver Bodor	30:50
2001	Balazs Csillag	30:44

## ALL-CONFERENCE PERFORMERS

1981	Doug Nelson (1), Bryan Huhnerhock (3), Chris Leonard (8), Todd Peverill (10)
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1982	Chris Leonard (4), Dan Fick (5), Carlos Valdez (6)
1983	Dan Fick (2), Chris Leonard (3)
1984	Dan Fick (2), Todd Goodell (8), Brian Glassmaker (9)
1985	Todd Goodell (3), Bob Jirele (6), Steve Gearhart (7), Dave Swanson (9)
1986	Dan Hostager (1)
1987	Dan Hostager (4), Trent Timson (6)
1988	Dan Hostager (1), Tom Penningroth (3), John Ruth (5)
1989	Bill Castle (1), Trent Timson (6)
1990	Bill Castle (2), Trent Timson (6)
1991	Jeff Joiner (7)
1992	Marty Greene (2), Jason Meyer (5), Jeff Joiner (9)
1993	Jeff Joiner (5), Jason Meyer (6), Kyle Kepler (10)
1994	Kyle Kepler (8)
1995	Kyle Kepler (3), Jay Brock (4)
1996	Jay Brock (4)
1997	Kyle Kepler (3), Rob Brock (5), Levente Timar (6), Rob Semelroth (10)
1998	Levente Timar (6), Rob Brock (8)
1999	Balazs Csillag (6), Levente Timar (9)
2000	Mate Nemeth (1), Oliver Bodor (3), Balazs Csillag (5)
2001	Balazs Csillag (1), Oliver Bodor (4), Rob Brock (6)

## ACADEMIC ALL-CONFERENCE (SINCE 1987)

1987	Dan Hostager	Mid-Continent
1987	Brad Martin	Mid-Continent
1988	Dan Hostager	Mid-Continent
1988	Brad Martin	Mid-Continent
1989	Jim Johnson	Mid-Continent
1989	Matt Lindaman	Mid-Continent
1992	Chad Flynn	Missouri Valley
1992	Matt Lindaman	Missouri Valley
1992	Jason Meyer	Missouri Valley
1993	Jeff Joiner	Missouri Valley
1993	Jason Meyer	Missouri Valley
1993	Chad Flynn	Missouri Valley
1994	Kyle Kepler	Missouri Valley
1995	Kyle Kepler	Missouri Valley
1995	Jeff Joiner	Missouri Valley
1995	Marshall Blaine	Missouri Valley
1997	Kyle Kepler	Missouri Valley
1998	Rob Brock	Missouri Valley
1998	Levente Timar	Missouri Valley
1999	Balazs Csillag	Missouri Valley
1999	Levente Timar	Missouri Valley
2000	Balazs Csillag	Missouri Valley
2000	Levente Timar	Missouri Valley
2001	Balazs Csillag	Missouri Valley
2001	Oliver Bodor	Missouri Valley
2001	Rob Brock	Missouri Valley
2001	Josh Crain	Missouri Valley

## NCAA DIVISION I QUALIFIERS

1999	Levente Timar
2000	Oliver Bodor
2001	Balazs Csillag

## NCAA DIVISION II ALL-AMERICANS

1970-73	Rich Twedt
1973-74	Ron Peters
1979	Jim Erredige
1979	Kim Spain

# Women's Cross Country Top Performances

## TOP 5,000 METER PERFORMANCES

1.	Emily Montgomery	'94	17:27
2.	Sandy Elsberry	'82	17:35
3.	J'ne Day	'82	17:55
4.	Jenny Jackson	'98	17:56
5.	Paulette Nemmers	'92	18:03
6.	Cindra Schelling	'94	18:06
7.	Sue Holtkamp	'99	18:07
8.	Rita Fiala	'99	18:10
9.	Evette Iverson	'99	18:11
10.	Kari Thilges	'00	18:12
11.	Karla Federspeil	'82	18:16
12.	Laura Little	'95	18:17
13.	Jenny Owens	'89	18:17
14.	Stacy Roberts	'80	18:19
15.	Julie Mazzitelli	'92	18:21
16.	Kris Skov	'81	18:25
17.	Michelle Wing	'93	18:27
18.	Barb Clark	'87	18:28
19.	Teresa Grothus	'99	18:29
20.	Elly Glass	'00	18:30
21.	Cherie Fisher	'87	18:30
22.	Kari Clevenger	'94	18:31
23.	Kary Kleber**	'83	18:31
24.	Karin Diestelmeier	'99	18:32
25.	Stacie Winter	'94	18:32
26.	Suzie Scheer	'84	18:33
27.	Mary Pound	'82	18:34
28.	Heather Mullenberg	'97	18:35
29.	Becky Slick	'96	18:37
30.	Cindy McGohan	'82	18:38

## TOP 6,000 METER PERFORMANCES

1.	Kari Thilges	'00	21:25
2.	Wendy Shaw	'00	22:02
3.	Rita Fiala	'00	22:06
4.	Elly Glass	'00	22:20
5.	Teresa Grothus	'00	22:35
6.	Becky Kobliska	'00	24:17
7.	Anne Heefner	'00	25:15

## IRV WARREN G.C. - 6,000 METER BEST TIMES

1.	Amy Mortimer	'00	Kan. St.	20:34
2.	Korine Hinds	'00	Kan. St.	20:45
3.	Darja Vasiljeva	'00	Minn.	20:54
4.	Kelly Brinkman	'00	Iowa St.	20:55
5.	Sara Wells	'00	Ok. St.	20:56
6.	Alexandria Lindquist	'00	Ok. St.	21:01
7.	Kerry Hills	'00	Mizzou	21:02
8.	Annie Wetterhus	'00	Kan. St.	21:08
9.	Elaine Eggelston	'00	Minn.	21:09
10.	Corrine Nimtz	'00	Minn.	21:10

## TEAM CONFERENCE CHAMPIONSHIPS

2000 Missouri Valley

## ALL-CONFERENCE PERFORMERS

1982	J'ne Day (9)
1984	Sandy Elsberry (5)
1989	Jenny Owens (3)
1992	Paulette Nemmers (10)
1993	Emily Montgomery (3)
1995	Emily Montgomery (7)
1996	Jenny Jackson (7)
1998	Jenny Jackson (6)
1999	Rita Fiala (9)
2000	Kari Thilges (2), Rita Fiala (4), Elly Glass (5)

## ACADEMIC ALL-CONFERENCE

1992	Kelly Van der Pol
1993	Kelly Van der Pol, Heidi Heiar
1994	Laura Little
1995	Laura Little
1996	Jenny Jackson
1997	Kari Clevenger, Heather Mullenberg, Kari Thilges
1998	Jenny Jackson, Kari Thilges
1999	Kari Thilges, Sue Holtkamp
2000	Kari Thilges, Teresa Grothus, Rita Fiala

## TOP DISTRICT PERFORMANCES

1980	Stacy Roberts*	19:37
1981	Kris Skov*	18:56
1982	Sandy Elsberry	18:29
1983	Sandy Elsberry	18:49
1984	Sandra Elsberry	17:54
1986	Cherie Fisher	19:26
1987	Cherie Fisher	18:51
1998	Jenny Owens	19:00
1990	Kathy Allen	19:04
1991	Heidi Heiar	19:31
1992	Paulette Nemmers	18:48
1993	Paulette Nemmers	20:03
1994	Emily Montgomery	18:40
1995	Emily Montgomery	18:33
1996	Jenny Jackson	18:45
1997	Kari Thilges	19:22
1998	Sue Holtkamp	18:39
1999	Rita Fiala	18:10
2000	Kari Thilges (6K)	21:25

\* - 1980-81 AIAW District



2001 Men's Cross Country: Front - Mate Nemeth, Balazs Csillag, Oliver Bodor, Josh Crain. Back - Miles Bern, Trent Graham, Tad Stolley, Phillip Grothus, Roberto Moreno.



2001 Women's Cross Country: Front - Rita Fiala, Dee Wear. Back - Emily Shoopman, Kris Hand, Elly Glass, Wendy Shaw.

# Gallery of Greats



All-American Jeff Burris  
Indoor 800 Meters • 1989



National Champion Brent  
Geringer  
Discus • 1978



All-American Dan Hostager  
Indoor 3,000 Meters • 1988



All-American Shantel Twiggs  
55-Meter Dash • 1993-94



All-American Dianna Leftridge  
Indoor Long Jump • 1995



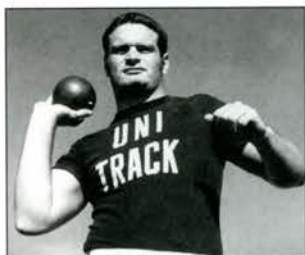
All-American Bill Lawson  
Decathlon • 1977-80



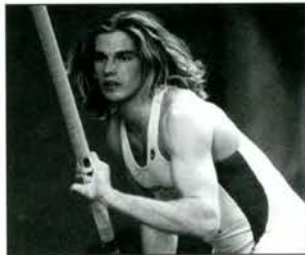
All-American Larry McCready  
120-Yard Hurdles • 1968-69



All-American Dave Jennings  
35# Weight Throw • 2001



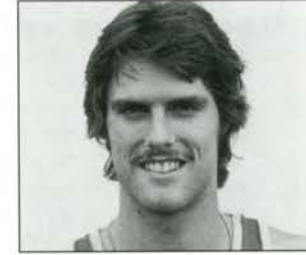
All-American Mike McCready  
Shot Put • 1971-72  
National Champion



All-American Juri Roivan  
Indoor Pole Vault • 1996  
Outdoor Pole Vault • 1997-98



All-American Dennis Schultz  
Mile • 1973-74



All-American Bill Glassmaker  
Outdoor 800 Meters • 1977-1979



All-American Rich Twedt  
Cross Country • 1970-73  
Three-Mile • 1971  
Six-Mile • 1974



All-American Eric Potter  
800 Meters, Distance Medley •  
2000



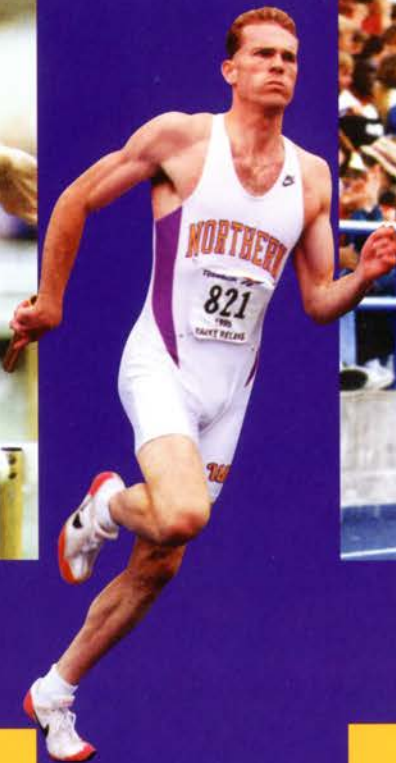
All-American Johnny Westbrook  
Decathlon • 1977-80

# National Champions



## Joey Woody

**Gold Medalist:** World Championships, 1999  
**World Recordholder:** 4x800 Relay, 2000  
**NCAA Champion:** 400 Meter Hurdles, 1997  
**All-American:** Indoor 800 Meters, 1996  
 400 Meters Hurdles 1994-95, 97



## Jake Pauli

**NCAA Champion:** Indoor Pole Vault, 2001  
**All-American:** Indoor Pole Vault, 1999-01  
 Outdoor Pole Vault, 1998-01







### Indoor Track

Dec. 7	ISU Holiday Meet	Ames, IA
Jan. 19	Panther Open	Cedar Falls, IA
Jan. 25-26	Nebraska Invitational	Lincoln, NE
Feb. 1	UNI Invitational	Cedar Falls, IA
Feb. 8-9	ISU Classic	Ames, IA
Feb. 15	UNI-Dome Open	Cedar Falls, IA
Feb. 22-23	MVC Championships	Cedar Falls, IA
Mar. 1	ISU National Qualifier	Ames, IA
Mar. 8-9	NCAA Championships	Fayetteville, AR



Host of the 2002 Missouri Valley Conference Indoor Championship



### Outdoor Track

Mar. 22-24	Alabama Relays	Tuscaloosa, AL
Mar. 29-30	Stanford Invitational	Palo Alto, CA
Apr. 4-6	Texas Relays	Austin, TX
Apr. 5	Missouri Relays	Columbia, MO
Apr. 12-13	Sea Ray Relays	Knoxville, TN
Apr. 12-13	Jim Duncan Invitational	Des Moines, IA
Apr. 20	UNI Open	Cedar Falls, IA
Apr. 25-27	Drake Relays	Des Moines, IA
May 4	Badger Open	Madison, WI
May 15-18	MVC Championships	Cedar Falls, IA
May 29-June 1	NCAA Championships	Baton Rouge, LA

Host of the 2002 Missouri Valley Conference Outdoor Championship