1999

Northern Iowa Track and Field '99

University of Northern Iowa

Let us know how access to this document benefits you

Copyright ©1999 Athletics, University of Northern Iowa
Follow this and additional works at: https://scholarworks.uni.edu/amg

Part of the Higher Education Commons

Recommended Citation
University of Northern Iowa, "Northern Iowa Track and Field '99" (1999). Athletics Media Guides. 252.
https://scholarworks.uni.edu/amg/252

This Book is brought to you for free and open access by the Athletics at UNI ScholarWorks. It has been accepted for inclusion in Athletics Media Guides by an authorized administrator of UNI ScholarWorks. For more information, please contact scholarworks@uni.edu.
Northern Iowa
Track and Field
'99
1999

<table>
<thead>
<tr>
<th>Indoor</th>
<th>Mar. 19-20</th>
<th>Florida State Relays</th>
<th>Tallahassee, Fla.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 11 Iowa State Holiday Classic</td>
<td>Mar. 19-20</td>
<td>All-Sport/SEMotion Relays</td>
<td>Cape Girardeau, Mo.</td>
</tr>
<tr>
<td>Jan. 17 Badger Invitational</td>
<td>Apr. 3</td>
<td>Jim Duncan Invitational</td>
<td>Des Moines</td>
</tr>
<tr>
<td>Jan. 23 Iowa State Open</td>
<td>Apr. 10</td>
<td>LSU Invitational</td>
<td>Baton Rouge, La.</td>
</tr>
<tr>
<td>Jan. 29 Mercantile Bank Invitational</td>
<td>Apr. 17</td>
<td>Drake Relays</td>
<td>Des Moines</td>
</tr>
<tr>
<td>Feb. 6 Iowa State Classic</td>
<td>Apr. 23-24</td>
<td>Northern Iowa Open</td>
<td>Cedar Falls</td>
</tr>
<tr>
<td>Feb. 12 UNI-Dome Open</td>
<td>May 1</td>
<td>Hawkeye Open</td>
<td>Iowa City</td>
</tr>
<tr>
<td>Feb. 19-20 Missouri Valley Conference Championships</td>
<td>May 8</td>
<td>Missouri Valley Conference Championships</td>
<td>Carbondale, Ill.</td>
</tr>
<tr>
<td>Feb. 26 NCAA Qualifier</td>
<td>May 12-15</td>
<td></td>
<td></td>
</tr>
<tr>
<td>Mar. 5-6 NCAA Championships</td>
<td>May 21</td>
<td></td>
<td></td>
</tr>
<tr>
<td></td>
<td>June 2-5</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Outdoor</th>
<th>Florida State Relays</th>
<th>Tallahassee, Fla.</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mar. 19-20</td>
<td>Florida State Relays</td>
<td>Tallahassee, Fla.</td>
</tr>
<tr>
<td>Apr. 3</td>
<td>All-Sport/SEMotion Relays</td>
<td>Cape Girardeau, Mo.</td>
</tr>
<tr>
<td>Apr. 10</td>
<td>Jim Duncan Invitational</td>
<td>Des Moines</td>
</tr>
<tr>
<td>Apr. 17</td>
<td>LSU Invitational</td>
<td>Baton Rouge, La.</td>
</tr>
<tr>
<td>Apr. 23-24</td>
<td>Drake Relays</td>
<td>Des Moines</td>
</tr>
<tr>
<td>May 1</td>
<td>Northern Iowa Open</td>
<td>Cedar Falls</td>
</tr>
<tr>
<td>May 8</td>
<td>Hawkeye Open</td>
<td>Iowa City</td>
</tr>
<tr>
<td>May 12-15</td>
<td>Missouri Valley Conference Championships</td>
<td>Carbondale, Ill.</td>
</tr>
<tr>
<td>May 21</td>
<td>NCAA Qualifier</td>
<td></td>
</tr>
<tr>
<td>June 2-5</td>
<td>NCAA Championships</td>
<td></td>
</tr>
</tbody>
</table>
University Information

The University
Location: Cedar Falls, Iowa 50614
Founded: 1876
Enrollment: 13,200
Conference: Missouri Valley
Nickname: Panthers
Colors: Purple & Old Gold
Athletics Website: www.uni.edu/athletic
President: Dr. Robert Koob
Athletic Director: Chris Ritrievi
Associate Athletic Directors: Dr. Sandra Williamson,
Julie Bright, Kevin Buisman
Faculty Representative: Dr. Jack Wilkinson

Track & Field
Head Coach: Chris Bucknam (Norwich '78)
Assistant Head Coach: Bill Lawson (Northern Iowa '80)
Assistant Coach: Shantel Twiggs (Northern Iowa '94)
Assistant Coach: Joey Woody (Northern Iowa '97)
Volunteer Assistant Coach: Bob Edwards (Northern Iowa '92)
Volunteer Assistant Coach: Kyle Kepler (Northern Iowa '98)
Strength Coach: Jim Kramer
Head Trainer: Terry Noonan
Indoor Facility (Capacity): UNI-Dome (16,400)
Outdoor Facility: UNI Complex (Opened 1998)
Academic Advisor: Vicki Melnick
Track & Field Phone: (319) 273-6481
Track & Field FAX: (319) 273-7215

Athletic Media Relations
Athletic Media Relations Director: Nancy Justis
Associate Athletic Media Relations Director (Track): Kevin Kane
Assistant Athletic Media Relations Director: Robert Anderson
Student Assistant (Track): Mark Beltz
Media Relations Phone: (319) 273-3642
Media Relations FAX: (319) 273-3602
Kane at Home: (319) 277-6828
Kane e-mail: kevin.kane@uni.edu

Contents
1999 Men's Roster...............................2
1999 Women's Roster...........................3
1999 Men's Outlook...........................4
1999 Women's Outlook.........................5
Academics..................................6
First-Class Facilities.......................7
Missouri Valley Conference................8
Coaches..............................9-11
Panther Profiles..........................12-19
1998 Season Bests..........................20
NCAA Qualifying Standards...............21
UNI-Dome..................................22
UNI Outdoor Complex.......................23
Men's Indoor Records.......................24
Women's Indoor Records....................25
Men's Outdoor Records.....................26
Women's Outdoor Records..................27
UNI Honor Roll...........................28-30
Cross Country................................31
All-Time Greats............................32-IBC

Credits
The 1999 Northern Iowa Track & Field Media Guide was written, edited, and designed by Kevin Kane, UNI Associate Media Relations Director, with assistant from Mark Beltz, student assistant. Photography by UNI Office of Public Relations, except inside back cover Joey Woody photo by Doug Wells.

On the Covers:
Front: All-American pole vaulter Jacob Pauli (l) and Missouri Valley conference hurdles champion Brenna Fleishman.
Back: Two-time Missouri Valley shot put champion Andrea Miller (l) and Academic All-American and two-time conference 400 champion Jon Judisch.
MEN'S ROSTER

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Yr.</th>
<th>Hometown/High School (College)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jeff Adam</td>
<td>Sprints</td>
<td>So</td>
<td>Batavia, Iowa/Cardinal of Eldon</td>
</tr>
<tr>
<td>Eddie Berlin</td>
<td>High Jump</td>
<td>Jr.</td>
<td>Indianola, Iowa/Indianola</td>
</tr>
<tr>
<td>Luke Bernardy</td>
<td>Sprints</td>
<td>Fr.</td>
<td>Spencer, Iowa/Spencer</td>
</tr>
<tr>
<td>Burke Stockman</td>
<td>Hurdles</td>
<td>Fr.</td>
<td>Decorah, Iowa/Decorah</td>
</tr>
<tr>
<td>Brock Boettcher</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Cedar Rapids, Iowa/Prairie</td>
</tr>
<tr>
<td>Jason Boness</td>
<td>High Jump/Triple Jump</td>
<td>Fr.</td>
<td>Casper, Wyo./Kelly Walsh</td>
</tr>
<tr>
<td>Rob Brock</td>
<td>Distance</td>
<td>So.</td>
<td>Dubuque, Iowa/Senior</td>
</tr>
<tr>
<td>Brent Browner</td>
<td>Sprints</td>
<td>So.</td>
<td>Davenport, Iowa/North</td>
</tr>
<tr>
<td>Sam Burkett</td>
<td>Distance</td>
<td>Fr.</td>
<td>Sumner, Iowa/Sumner</td>
</tr>
<tr>
<td>Wyatt Conrad</td>
<td>Hurdles</td>
<td>So.</td>
<td>Szekszard, Hungary/Bela Ginn</td>
</tr>
<tr>
<td>Balasz Csillag</td>
<td>Distance</td>
<td>Fr.</td>
<td>Pickering, Ontario/Pickering</td>
</tr>
<tr>
<td>Devon Davis</td>
<td>Sprints/Jumps</td>
<td>Jr.</td>
<td>Davenport, Iowa/Bettendorf</td>
</tr>
<tr>
<td>Marshall Frazier</td>
<td>Decathlon</td>
<td>So.</td>
<td>Linden, Iowa/Panorama</td>
</tr>
<tr>
<td>Travis Geopfert</td>
<td>Hurdles</td>
<td>So.</td>
<td>Runnels, Iowa/Southeast Polk</td>
</tr>
<tr>
<td>Nate Glenn</td>
<td>Sprints</td>
<td>Jr.</td>
<td>Sully, Iowa/Lynville-Sully</td>
</tr>
<tr>
<td>Shawn Huyser</td>
<td>Thows</td>
<td>Fr.</td>
<td>Nevada, Iowa/Nevada</td>
</tr>
<tr>
<td>Dave Jennings</td>
<td>Hurdles</td>
<td>Jr.</td>
<td>Des Moines, Iowa/Des Moines</td>
</tr>
<tr>
<td>Rob Johnson</td>
<td>Sprints</td>
<td>Sr.</td>
<td>Tripoli, Iowa/Tripoli</td>
</tr>
<tr>
<td>Jon Judisch</td>
<td>Javelin</td>
<td>Jr.</td>
<td>Lyndonville, Vt./Lyndon Institute</td>
</tr>
<tr>
<td>Tim Kirchoff</td>
<td>Hurdles</td>
<td>Jr.</td>
<td>Forest City, Iowa/Forest City (Waldorf)</td>
</tr>
<tr>
<td>Nate Ludwig</td>
<td>Middle Distance</td>
<td>Sr/Jr.</td>
<td>Jefferson, Iowa/Jefferson-Scranton</td>
</tr>
<tr>
<td>Brent MacLagan</td>
<td>Middle Distance</td>
<td>So/Jr.</td>
<td>Charlotte, Iowa/Northeast Goose Lake</td>
</tr>
<tr>
<td>Luke Mcclimon</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Worland, Wyo./Worland</td>
</tr>
<tr>
<td>Ben Mischke</td>
<td>Pole Vault</td>
<td>Jr.</td>
<td>Mt. Pleasant, Iowa/Mt. Pleasant</td>
</tr>
<tr>
<td>Cedric Mullen</td>
<td>Sprints</td>
<td>Fr.</td>
<td>Winfield, Iowa/Winfield-Mt. Union</td>
</tr>
<tr>
<td>Bill Nordyke</td>
<td>Throws</td>
<td>Fr.</td>
<td>Nevada, Iowa/Nevada</td>
</tr>
<tr>
<td>Brian Ottman</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Davenport, Iowa/Assumption</td>
</tr>
<tr>
<td>Tim O'Neill</td>
<td>Thows</td>
<td>Jr./So.</td>
<td>Hanna City, Ill./Farmington</td>
</tr>
<tr>
<td>Jacob Pauli</td>
<td>Middle Distance</td>
<td>Jr.</td>
<td>Sioux City, Iowa/Heelan</td>
</tr>
<tr>
<td>Eric Potter</td>
<td>Sprints</td>
<td>Jr.</td>
<td>Sioux City, Iowa/Heelan</td>
</tr>
<tr>
<td>Jason Potter</td>
<td>Hurdles</td>
<td>Jr.</td>
<td>Sioux City, Iowa/Heelan</td>
</tr>
<tr>
<td>Marc Reifenrath</td>
<td>Distance</td>
<td>Sr.</td>
<td>Dubuque, Iowa/Senior</td>
</tr>
<tr>
<td>David Repass</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Mason City, Iowa/Newman</td>
</tr>
<tr>
<td>Ben Schlicher</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Monticello, Iowa/Monticello</td>
</tr>
<tr>
<td>Michael Schneiter</td>
<td>Middle Distance</td>
<td>Fr.</td>
<td>Cedar Falls, Iowa/Northern University</td>
</tr>
<tr>
<td>Luke Stater</td>
<td>Sprints/Middle Distance</td>
<td>Fr.</td>
<td>Woodbine, Iowa/Woodbine</td>
</tr>
<tr>
<td>Joel Sullivan</td>
<td>Middle Distance</td>
<td>So.</td>
<td>Szegdestefegervar, Hungary/Teleki Blanka</td>
</tr>
<tr>
<td>Levente Timar</td>
<td>Distance</td>
<td>Fr.</td>
<td>Spirit Lake, Iowa/Spirit Lake</td>
</tr>
<tr>
<td>Brad Travis</td>
<td>Thows</td>
<td>Fr.</td>
<td>Newton, Iowa/Newton</td>
</tr>
<tr>
<td>Grant Wesson</td>
<td>Thows</td>
<td>Fr.</td>
<td>Atlanta, Ga./South Cobb</td>
</tr>
<tr>
<td>Jason Young</td>
<td>Hurdles</td>
<td>Fr.</td>
<td></td>
</tr>
</tbody>
</table>

1999 Panthers: front row (l-r) - Bill Nordyke, Balasz Csillag, Sam Burkett, Jon Judisch, Nate Ludwig, Eric Potter, Ben Mischke; second row (l-r) - Joel Sullivan, Brock Boettcher, Shawn Huyser, Jason Potter, Ben Schlicher, Luke Stater, Brent MacLagan, Wyatt Conrad; third row (l-r) - Dave Jennings, Brad Travis, Travis Geopfert, Jason Boness, Luke Mcclimon, Tim O'Neill, Eddie Berlin, Burke Boekman; fourth row (l-r) - Grant Wesson, Levente Timar, Brian Ottman, Nate Glenn, Jeff Adam, Marshall Frazier; back row (l-r) - Luke Bernardy, Jacob Pauli, Marc Reifenrath, Rob Brock, Marcus Reeves, Brent Browner.
## WOMEN'S ROSTER

<table>
<thead>
<tr>
<th>Name</th>
<th>Event</th>
<th>Yr.</th>
<th>Hometown/High School (College)</th>
</tr>
</thead>
<tbody>
<tr>
<td>Jill Bakewell</td>
<td>Sprints</td>
<td>So./Fr.</td>
<td>Ossian, Iowa/South Winneshiek</td>
</tr>
<tr>
<td>Tracy Burress</td>
<td>Sprints</td>
<td>Jr.</td>
<td>Bloomfield, Iowa/Davis County</td>
</tr>
<tr>
<td>Deborah Cordner</td>
<td>Sprints</td>
<td>Fr.</td>
<td>St. Louis Park, Minn./St. Louis Park</td>
</tr>
<tr>
<td>Stephanie Corey</td>
<td>Throws</td>
<td>Fr.</td>
<td>Cedar Falls, Iowa/Cedar Falls</td>
</tr>
<tr>
<td>Angie Dannenfeldt</td>
<td>Distance</td>
<td>Fr.</td>
<td>Bettendorf, Iowa/Pleasant Valley</td>
</tr>
<tr>
<td>Rachel Dozark</td>
<td>Distance</td>
<td>Jr.</td>
<td>Vail, Iowa/Ar-We-Va</td>
</tr>
<tr>
<td>Jennifer Duffy</td>
<td>Throws</td>
<td>Fr.</td>
<td>New Hampton, Iowa/New Hampton</td>
</tr>
<tr>
<td>Amy Engle</td>
<td>High Jump</td>
<td>Sr.</td>
<td>Newton, Iowa/Newton</td>
</tr>
<tr>
<td>Brenna Fleishman</td>
<td>Hurdles</td>
<td>Sr.</td>
<td>Carlisle, Iowa/Carlisle</td>
</tr>
<tr>
<td>Susan Francois</td>
<td>Throws</td>
<td>Fr.</td>
<td>Dundee, Iowa/West Delaware</td>
</tr>
<tr>
<td>Jill George</td>
<td>Multi-Events</td>
<td>So./Fr.</td>
<td>Newton, Iowa/Newton</td>
</tr>
<tr>
<td>Teresa Grothus</td>
<td>Middle Distance</td>
<td>So.</td>
<td>Bettendorf, Iowa/Pleasant Valley</td>
</tr>
<tr>
<td>Kara Hulse</td>
<td>Long Jump</td>
<td>Fr.</td>
<td>Cedar Falls, Iowa/Cedar Falls</td>
</tr>
<tr>
<td>Evette Iverson</td>
<td>Distance</td>
<td>So.</td>
<td>Paulina, Iowa/South O'Brien</td>
</tr>
<tr>
<td>Jenny Jackson</td>
<td>Middle Distance</td>
<td>Sr.</td>
<td>Cedar Rapids, Iowa/Jefferson</td>
</tr>
<tr>
<td>Katie Johnson</td>
<td>High Jump</td>
<td>Fr.</td>
<td>Omaha, Neb./Millard North</td>
</tr>
<tr>
<td>Amanda Koester</td>
<td>High Jump</td>
<td>Fr.</td>
<td>Clinton, Iowa/Clinton</td>
</tr>
<tr>
<td>Andrea Miller</td>
<td>Throws</td>
<td>Fr.</td>
<td>Mt. Vernon, Iowa/Mt. Vernon</td>
</tr>
<tr>
<td>Nikki Nelson</td>
<td>Sprints/Long Jump</td>
<td>Fr.</td>
<td>Burlington, Iowa/Burlington</td>
</tr>
<tr>
<td>Amy Oleson</td>
<td>Sprints/Hurdles</td>
<td>Fr.</td>
<td>Ankeny, Iowa/Ankeny</td>
</tr>
<tr>
<td>Tiffany Ratzlaff</td>
<td>Hurdles</td>
<td>Jr.</td>
<td>Cedar Rapids, Iowa/Washington</td>
</tr>
<tr>
<td>Kendra Stannard</td>
<td>Multi-Events</td>
<td>Sr.</td>
<td>West Bend, Iowa/West Bend-Mallard</td>
</tr>
<tr>
<td>Kari Thilges</td>
<td>Distance</td>
<td>So./Jr.</td>
<td>New London, Iowa/Mt. Pleasant</td>
</tr>
<tr>
<td>Dee Wear</td>
<td>Hurdles</td>
<td>Fr./So.</td>
<td>Grand Mound, Iowa/Calamus-Wheatland</td>
</tr>
<tr>
<td>Kari Whitman</td>
<td>Distance</td>
<td>Sr.</td>
<td>Belvidere, Ill./Belvidere</td>
</tr>
<tr>
<td>Melissa Yerk</td>
<td>Throws</td>
<td>Sr.</td>
<td>Belvidere, Ill./Belvidere</td>
</tr>
</tbody>
</table>

Head Coach: Chris Bucknam  
Assistant Head Coach: Bill Lawson  
Assistant Coaches: Shantel Twiggs, Joey Woody  
Volunteer Assistants: Bob Edwards, Kyle Kepler  

1999 Panthers: front row (l-r) - Brenna Fleishman, Tracy Burress, Amy Oleson, Amanda Koester, Katie Johnson, Jill Bakewell; second row (l-r) - Rachel Dozark, Tiffany Ratzlaff, Dee Wear, Amy Engle, Deb Cordner, Sue Holtkamp, Kara Hulse, Evette Iverson; third row (l-r) - Angie Dannenfeldt, Kendra Stannard, Jill George, Kari Thilges, Nikki Nelson, Jenny Jackson; back row (l-r) - Stephanie Corey, Andrea Miller, Teresa Grothus, Susan Francois, Jennifer Duffy, Melissa Yerk, Kari Whitman.
If the Northern Iowa men's track and field team is to repeat it's success of a year ago when it won the Missouri Valley Conference outdoor title and finished second indoors, it will have to rely on a true team effort.

Although the Panthers will have one of their youngest teams ever, they'll also have one of their most balanced and will be looking for rapid development from a stable of talented youngsters.

"We're really very young...we'll only have one senior on the track, both indoor and outdoor," said Panther coach Chris Bucknam. "So a lot is going to depend on the development of our younger people. We also have to stay healthy.

"I also think we're represented in every event across the board as well as we've ever been. We're not as deep as we'd like to be in every event, but I think we're capable of scoring at the conference meet in each event."

**Sprints**

Senior Jon Judisch is the headliner, although he has just an outdoor season remaining. A two-time indoor champ in the 400, Judisch is among the all-time best at UNI on the track and is an Academic All-American off it.

"He's been hampered by injuries in the past, but he's ready to go for one last time outdoors," Bucknam noted. "He'd love to have an outdoor championship to go along with those indoor titles and he'll be on a mission."

Junior Marshall Frazier and sophomore Jeff Adam figure to be conference title contenders in the short sprints, but they are backed up by little depth. Adam is the school recordholder in the 100 while Frazier ranks second on the school's 200 list indoors.

Freshman Devon Davis leads the rest of the young sprint corps. He's a Canadian champion in the 100 along with the long and triple jumps.

The Panthers have more depth and balance in the 400 with the likes of Jason Potter, Luke Stater, Travis Geopfert and Burke Bockman. Potter is a past all-conference performer and Stater is capable of winning a conference title, according to Bucknam. Geopfert is the defending league champ in the decathlon.

"We're not as deep as we'd like to be in the 55, 100 and 200," said the Panther coach, "but Judisch, Adam, Frazier, Stater...they're all contenders for a conference championship."

**Middle Distance**

Much of UNI's hopes in the 800 will ride on the junior duo of Brent MacLagan and Eric Potter. Both are past all-conference runners, with Potter having won the Valley outdoor title two years ago. MacLagan ranks fourth on UNI's all-time indoor list.

"They're the horses we're going to ride in the 800," Bucknam said. "We've got some very talented youngsters there in Joel Sullivan, Ben Schlicher and Brian Oltman, too."

Sophomore Balasz Csillag ranks as one of the Panthers' most valuable runners because of his range. He is the team's top man in the mile and 1,500, but will also be a top 5,000 and 10,000 performer.

"Balasz has unbelievable range," said Bucknam. "We'll use him from the mile on up. He's a great competitor who just wants to run and do what's best for the team."

**Distance**

A traditional UNI strength, the distances will likely be anchored by Csillag and fellow Hungarian Levente Timar with sophomore Rob Brock redshirting due to an injury. All three are sophomores who have made a big impact early in their careers and will be the foundation around which the distance events are built in the upcoming seasons.

"Not having Rob (Brock) in there this year hurts us, no question," said Bucknam. "We're pretty young here, too, but Levi's a horse and we're looking for Sam Burkett to step up in his senior year."

**Hurdles**

Although lacking a standout, the Panthers have more depth in the hurdles than at any time in recent memory. Nate Ludwig is the only upperclassman in this unproven group which also includes sophomores Nate Glenn and Jake Pauli, and freshmen Burke Bockman, Wyatt Conrad, Rob Johnson, Marc Reifenrath and Jason Young.

"We're going to be very good in the hurdles over the next several years," Bucknam said. "In fact, I think we'll show a tremendous amount of improvement from the beginning of the year to the end. There are some talented young men there who just need time to develop."

**Jumps**

The Panthers have a legitimate conference championship contender at each event, but not much depth. Freshman Devon Davis is a multiple Canadian national champion in the long and triple jumps and already holds the school record in the long jump (25-2 1/2) and is just inches off the all-time conference record. In the triple jump, he already ranks third on the UNI all-time list and is the best UNI has had since school recordholder Junior Chukukere in the early '90s.

Junior Eddie Berlin and freshman Jason Boness have a potentially strong 1-2 punch in the high jump. Berlin, who's also an all-conference receiver on the football, is coming off the Valley outdoor title last spring and Boness has broken the seven-foot barrier just a month into his college career. He could also compete in the triple jump.

**Pole Vault**

Sophomore Jake Pauli is simply one of the best in the nation, having automatically qualified for the '99 NCAA Indoor Championships with a school-record 18-2 1/2 vault. He provisionally qualified as a freshman a year ago and placed third at the conference outdoor meet.

**Throws**

The Panthers have plenty of depth and potential in the throws with senior Bill Nordyke, and sophomores Tim O'Neil and Dave Jennings leading the way. O'Neil, a defensive tackle on the football team, picked up all-conference honors last outdoor season by finishing third in the shot put.

The coaching staff has high hopes for redshirt freshman Brad Travis, a two-time state discus champion, and freshman Grant Wesson.

**Decathlon**

Freshman Travis Geopfert lived up to his advance billing by winning the decathlon as a freshman. A high school all-American, Bucknam says Geopfert has the size, strength and potential to be "big-time."
The climb to prominence continues for the Northern Iowa women's program. After adding the women's duties to the men's head coaching job last season, the coaching staff has the Panthers on the right track. "We're really happy with the young women we've been able to bring into the program," said Bucknam. "They are really the foundation for the future. But we've got a handful of seniors we're counting on right now."

The Panthers placed a strong fourth a year ago at the Missouri Valley indoor meet, but placed eighth outdoors.

"We're definitely headed in the right direction," Bucknam added. "Last year, we said we wanted to be conference contenders in a year.

UNI's 400 hurdles list.
Add Tiffany Ratzlaff, Jill George, Dee Wear, Kendra Stannard and Amy Oleson and the Panthers have perhaps as solid a group as any team in the conference. Ratzlaff has been a consistent scorer at the conference meet and placed third last indoor season. Wear ranks among the school's top five all-time both indoor and outdoor and George is a multi-event performer who also specializes in the long jump.

Stannard is a multi-event senior who has an outdoor season left and Oleson a true freshman.

Jumps
One of the strengths of the squad, the jumps are loaded with a stable of talented youngsters. The experience in the group belongs to Stannard, with an outdoor season left, who has gone over 19 feet in the long jump and 38 feet in the triple jump.

Among the youngsters, Jill George is closing in on the 18-foot mark in the long jump while freshman Amanda Koester already has tied the school record in the high jump. Koester also adds depth in the long and triple jump.

Senior Amy Engle has topped out at 5-6 and freshman Katie Johnson will help out in the high jump. Freshmen Nikki Nelson and Kara Hulse also figure to be major contributors in the long jump after winning state titles in high school.

Throws
UNI's hopes in the throws will rest on the shoulders of seniors Andrea Miller and Melissa Yerk. Miller swept the conference indoor and outdoor titles in the shot put while Yerk was a national qualifier in the 20-pound weight and set the school record in the hammer.

"Those two are the real deal," Bucknam said. "Andrea's stepped up and done it at the conference level and we expect her to be at the same level again. Melissa really came on last year and we think she's national-caliber type of thrower."

The Panthers figure to have a little less depth outdoors with just the two proven throwers to cover the shot, hammer, discus and javelin. They'll be looking for help from freshmen Stephanie Corey, Jennifer Duffy and Susan Francois.

Heptathlon
Senior Kendra Stannard is the school recordholder and a past scorer at the conference level and Jill George will be competing in her first outdoor season.

Sprints
The sprints may be the youngest, but also the most talented events for the Panthers. Sophomore Jill Bakewell set the school indoor record in the 400 last year as a freshman, but an injury forced her to miss the outdoor season. She's joined by freshman Nikki Nelson, one of the most decorated athletes in Iowa high school history, who already has established herself as one of the top runners in the Valley.

Another outstanding freshman, Deb Cordner, a multiple Minnesota state champ, has been equally as impressive in the early going while competing anywhere from the 60-meter dash to the 400. Junior Tracy Burress and freshman Amy Oleson also will be counted on to contribute. Burress was a member of the Panthers' top 4 x 400-meter relay team last season.

Middle Distance
One of those aforementioned seniors being counted on is half-mile/miler Jenny Jackson. She redshirted last season, but has earned all-conference honors indoors, outdoors and in cross country.
"J.J.'s a great athlete with outstanding range," Bucknam said. "She's without a doubt one of the top runners in the conference, a championship-caliber athlete."

Jackson is the cornerstone of the middle distance corps, but she will be joined by sophomore Teresa Grothus and junior Rachel Dozark. With Jackson sitting out, Grothus emerged as the team's top middle distance performer last season, grabbing all-conference honors in the 800 by placing third at the Valley indoor meet.

Distance
The anchor of the distance corps is junior Kari Thilges, the team's most consistent 3,000 and 5,000-meter performer last season.
"Kari's the one to build around in the distances," Bucknam said. "She keeps getting better and we're hopeful she can make an impact at the conference level."
Senior Kari Whitman and sophomore Evette Iverson also will be counted on in the distances.

Hurdles
Senior Brenna Fleishman won the 55 hurdles last indoor season, but has just an outdoor season of eligibility remaining. There is little argument that she is the top hurdler in Panther history. She is the school recordholder in the 55 and 100 hurdles and ranks second on
Winning in the classroom and achieving an academic degree is the primary goal for the student-athlete at the University of Northern Iowa. It is the University's chief objective to allow each individual to have the maximum opportunity to participate in a positive educational experience and ultimately earn a college degree.

As a medium-sized public university with a faculty committed to quality undergraduate education, Northern Iowa is proud of its student-athletes' performance in the classroom. In information taken from the 1998 NCAA Division I Graduation Rates Report, UNI athletes graduated at a rate higher than the general student body and at a higher rate than any of their Missouri Valley Conference counterparts. In fact, 35 to 40 percent of UNI student-athletes perennially post grade-point averages of 3.0 or better.

The key to Northern Iowa's academic program is the individual -- the student-athlete gets out of the system what he or she puts into it. UNI has geared its academic program to make its student-athletes better individuals. It is important that the student-athletes develop a sense of pride in themselves as students, as athletes, as citizens, and as representatives of the University of Northern Iowa.

Athletes can take advantage of the Athletics Academic Advisor, who has responsibilities specifically to Panther student-athletes. The Advisor will assist athletes in scheduling, choice of major, tutorial services and other services to assure satisfactory progress toward a degree.

The Athletics Academic Advisor's Office also has established the Panther Athletic Academic Center, or PAAC for short. PAAC is a service which provides student-athletes with study services during daytime and evening hours that better accommodate their active schedules.

### Northern Iowa's Missouri Valley Conference Scholar-Athlete Performers

<table>
<thead>
<tr>
<th>Year</th>
<th>Names</th>
</tr>
</thead>
<tbody>
<tr>
<td>1993</td>
<td>Gregg Garn, Jason McCleary, Chad Flynn, Cole Honeck, Jeff Joiner, Jason Meyer, Bob Smith, Dyan Fluhrer, Keri Hamilton, Heidi Heiar, Paula Nemmers, Marchelle Short, Kelly VanDePol</td>
</tr>
<tr>
<td>1994</td>
<td>Gregg Garn, Jeff Joiner, Tim Suchan, Matt Casillas, Chad Flynn, Jason Meyer, Mike Moats, Kory Swart, Guy Willey, Jacque Askeland, Kelly VanDePol, Jennifer Bradford, Keri Hamilton, Heidi Heiar, Laura Little</td>
</tr>
<tr>
<td>1995</td>
<td>Alex Garn, Chad Flynn, Kory Swart, Tim Suchan, Matt Casillas, Laura Little, Theresa Lux</td>
</tr>
<tr>
<td>1996</td>
<td>Chad Flynn, Alex Garn, Jon Judisch, Kyle Kepler, Mike Maddox, Jason Meyer, Tim Suchan, Kory Swart, Joey Woody, Jenny Jackson, Laura Little, Theresa Lux, Cindra Schelling</td>
</tr>
</tbody>
</table>

### Judisch Receives National Academic Honor

Jon Judisch, a senior sprinter from Tripoli, Iowa, was honored for his excellence in the classroom in 1998 by being named to the GTE Academic All-America Team for the second time in his career. Judisch was voted to the team by the College Sports Information Directors of America after previously receiving the same honor in 1996.

Judisch has maintained a 3.86 grade-point average while majoring in Biology. On the track, he has been a two-time conference champion in the 400 meters indoors and a member of UNI's championship 4 x 400 relay team outdoors.
**Sports Medicine**

The Northern Iowa sports medicine program features top-rate facilities and the outstanding services of sports and health care professionals.

The sports medicine program focuses on injury prevention. Staff members utilize Merac strength-testing devices, provide dietary analysis, measure physiological capacity and outline program's to improve an athlete's flexibility.

Athletic trainers and physicians work together to design rehabilitation programs for injured athletes. A wide variety of facilities and equipment, not only in the Sports Medicine Lab but in the new Wellness and Recreation Center, including swimming pools, Merac equipment, Stairmasters and various exercise bicycles, help athletes rehabilitate injuries and minimize the loss of fitness during recuperative time.

---

**Conditioning**

The Northern Iowa strength and conditioning program is a blend of science, technology and one-on-one attention to each student-athlete.

Throughout the year, UNI athletes can spend more time working on strength and conditioning than any other aspect of their sport. During the off-season, athletes work on strength improvement, speed, power, agility and conditioning. The in-season program is devoted to continuation of strength gains and performance-related conditioning.

During an athlete's first year on campus, baseline measures of strength, speed, power, flexibility and endurance are collected. Measures of body composition and weight also are recorded. With this information, goals are set for development and maintenance. Programs are established for each athlete by strength and conditioning coach Jim Kramer.
Since its beginning in 1907, the Missouri Valley Conference has been progressive in its thinking and aggressive in capitalizing on its opportunities.

Now in its 92nd year of existence, the Valley has become a leader among today's collegiate athletic conferences.

Based in St. Louis since 1985, the conference has been aggressive in the approach to playing host to NCAA basketball championship events, producing a revenue-generating in-house television network, bidding out the right to play host to several sport championships and landing title sponsorships for those events.

Athletic accomplishments on the men's side include four national basketball championships, 17 trips to the NCAA Men's Basketball Final Four and a 1989 national baseball championship. During the 1992-93 academic year, though, women's athletics were added under the MVC umbrella, and the relationship has been mutually beneficial for both.

Valley teams boast a proud, rich tradition in track and field and cross country, and have produced numerous all-Americans over the years. In terms of individual performances, a number of MVC student-athletes annually represent the league at the NCAA Championships.

National champions and all-Americans aren't anything new for Missouri Valley student-athletes. In the decade of the '90's, 85 MVC athletes have earned all-America honors with 13 of those winning a national championship. Included in the national champions are Northern Iowa's Joey Woody, who captured the 400-meter hurdles title at the 1997 NCAA Outdoor Championships in Bloomington, Ind.

Additionally, Valley athletes have gone on to compete in the Olympic Games or World Championships on 55 occasions. Woody also is included among that group, having competed at the World Championships.

Since joining the MVC in 1991, Northern Iowa's men's program has been one of the most consistent forces in the league. In fact, in the first 21 meets since UNI's membership began, the Panthers have the best composite record in the conference.

Seeds for the creation of the Missouri Valley Conference were planted by eight administrators representing five institutions who gathered at the Midland Hotel in Kansas City, Mo., on January 12, 1907. Basketball became the first competitive sport and served as the initial step in establishing the MVC as one of the most respected leagues in the nation.

In addition to track and field and cross country, the Missouri Valley Conference sponsors the following sports: baseball, men's and women's basketball, men's and women's golf, men's soccer, softball, Men's and women's swimming, men's and women's tennis and women's volleyball.

Members of the Missouri Valley Conference include: Bradley University, Creighton University, Drake University, the University of Evansville, Illinois State University, Indiana State University, the University of Northern Iowa, Southern Illinois University, Southwest Missouri State University and Wichita State University.

### Composite Standings Since 1991-92

(average finish in MVC meets)

<table>
<thead>
<tr>
<th>MEN</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>NORTHERN IOWA</td>
<td>2.38</td>
</tr>
<tr>
<td>2.</td>
<td>Illinois State</td>
<td>2.57</td>
</tr>
<tr>
<td>3.</td>
<td>Indiana State</td>
<td>3.10</td>
</tr>
<tr>
<td>4.</td>
<td>Southern Illinois</td>
<td>3.62</td>
</tr>
<tr>
<td>5.</td>
<td>Wichita State</td>
<td>4.71</td>
</tr>
<tr>
<td>6.</td>
<td>Southwest Missouri</td>
<td>5.38</td>
</tr>
<tr>
<td>7.</td>
<td>Drake</td>
<td>6.61</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>WOMEN</th>
<th></th>
<th></th>
</tr>
</thead>
<tbody>
<tr>
<td>1.</td>
<td>Indiana State</td>
<td>2.11</td>
</tr>
<tr>
<td>2.</td>
<td>Illinois State</td>
<td>2.61</td>
</tr>
<tr>
<td>3.</td>
<td>Southern Illinois</td>
<td>3.28</td>
</tr>
<tr>
<td>4.</td>
<td>Southwest Missouri</td>
<td>4.06</td>
</tr>
<tr>
<td>5.</td>
<td>Drake</td>
<td>5.22</td>
</tr>
<tr>
<td>6.</td>
<td>NORTHERN IOWA</td>
<td>5.44</td>
</tr>
<tr>
<td>7.</td>
<td>Wichita State</td>
<td>5.67</td>
</tr>
<tr>
<td>8.</td>
<td>Bradley</td>
<td>7.50</td>
</tr>
</tbody>
</table>
Head Coach
Chris Bucknam

In the 16 years since he first took over the Northern Iowa men's track and field program, Chris Bucknam certainly has made his mark.

Under his guidance, the Panther program has emerged as one of the finest all-around programs not only in the Midwest, but in the nation.

During Bucknam's tenure, UNI has won 15 conference titles -- six in indoor track, six in cross country and three outdoor crowns. A year ago, Northern Iowa captured the Missouri Valley Conference cross country and outdoor track titles while finishing second at the indoor championships.

Now in his second year directing both the men and women's programs, Bucknam and his staff are charting the same course for success that the men's team has travelled so successfully.

"Taking over the women's program has been quite a challenge for us just in terms of the number of athletes involved," he says. "What we try to teach is not what's here and now, but what's down the road. We have a vision where we want this program to go, both on the women's and men's side, and we want our athletes to have that same vision now or three years down the road. We want them to expect the best."

Since his arrival at UNI in 1979 as an assistant to long-time head coach Lynn King, the Panthers have won or shared 21 conference titles in track and field and cross country, and produced 19 all-Americans.

Bucknam oversaw Northern Iowa's 1991 move to the Missouri Valley, where the Panthers have left an indelible mark on the league.

Although the Valley historically has been one of the best conferences in the nation, boasting numerous all-Americans and national champions, UNI stepped in and became one of the top competitors in the league instantly.

In fact, in the seven years since joining the conference, the Panthers have the best average finish in the league on the men's side, having claimed six titles, six runnerup finishes, four thirds and two fourths.

Bucknam's teams have never finished lower than fourth at a conference track meet, and in the past decade have sent 32 qualifiers to the NCAA Indoor and Outdoor Championships, with 10 earning all-America honors.

Bucknam picked up his sixth Missouri Valley Coach of the Year honor after UNI captured the league outdoor title last May. He has been voted the Valley's top coach by his peers twice in outdoor track, twice indoors and twice in cross country.

Prior to UNI joining the Valley, he was named the top coach in the Mid-Continent Conference seven times. After the Panthers won the MVC outdoor championship in 1995, Bucknam was named District V Coach of the Year and was a finalist for National Coach of the Year.

Bucknam and his staff took the UNI men's program to an even higher level in 1997 when the Panthers placed 17th at the NCAA Outdoor Championships.

"That top 20 finish was huge for our program," he says. "It sends the message to the University and the Missouri Valley Conference that we are a national caliber program. We've been rated highly in some relays, we've had all-Americans, and we've had national qualifiers in nearly every event.

"We're not a one-dimensional team and this is not your ordinary program. This is a national caliber program and we try to conduct it that way."

Bucknam coached his first NCAA champion in 1997 when current assistant coach Joey Woody won the 400-meter hurdles at the national outdoor meet.

A native of Beverly, Mass., Bucknam attended Norwich University in Northfield, Vt., where he was a four-time letterwinner in track, specializing in the middle distances. He was elected co-captain his senior year and graduated in 1978 with bachelor's degree in physical education. He earned his master's in physical education from Northern Iowa in 1982.

Bucknam and his wife, Cindy, reside in Cedar Falls with their son, Eric, and daughter, Kate.

---

**CONFERENCE CHAMPIONSHIPS UNDER BUCKNAM & LAWSON**

<table>
<thead>
<tr>
<th>Year</th>
<th>Conference</th>
</tr>
</thead>
<tbody>
<tr>
<td>1998</td>
<td>Missouri Valley Outdoor</td>
</tr>
<tr>
<td>1997</td>
<td>Missouri Valley Cross Country</td>
</tr>
<tr>
<td>1996</td>
<td>Missouri Valley Indoor</td>
</tr>
<tr>
<td>1995</td>
<td>Missouri Valley Indoor</td>
</tr>
<tr>
<td>1992</td>
<td>Missouri Valley Outdoor</td>
</tr>
<tr>
<td>1990</td>
<td>Mid-Continent Cross Country</td>
</tr>
<tr>
<td>1988</td>
<td>Mid-Continent Cross Country</td>
</tr>
<tr>
<td>1987</td>
<td>Mid-Continent Cross Country</td>
</tr>
<tr>
<td>1986</td>
<td>Mid-Continent Indoor</td>
</tr>
<tr>
<td>1985</td>
<td>Mid-Continent Indoor</td>
</tr>
<tr>
<td>1984</td>
<td>Mid-Continent Cross Country</td>
</tr>
</tbody>
</table>
Assistant Head Coach
Bill Lawson

Recognized as one of the greatest athletes in Northern Iowa history, Bill Lawson has been with head coach Chris Bucknam nearly every step of the way as the Panther assistant head coach and field event coach the past 14 seasons.

A 1980 UNI graduate, Lawson returned to his alma mater after serving three years as boys' and girls' track and field and cross country coach, and girls' basketball coach at John Marshall High School in Rochester, Minn.

The Carthage, Ill., native was a four-time all-American at UNI from 1977-80 and ranks second on the school's all-time decathlon list. He was a two-time co-captain for the Panthers and was a senior when Bucknam was named assistant coach in 1979. He qualified for national competition in the decathlon, pole vault and triple jump four times.

Lawson won the National Master's Decathlon Championship in 1987 and 1992, and has been runner-up four times. He also captured the first Master's Pentathlon title two years ago.

His duties with the Panthers include coordinating the fall track program and conditioning, and coaching the field events and decathlon during the indoor and outdoor seasons. He is recognized as an excellent field event coach and motivator.

"The thing about Bill is that he has a never-say-die attitude," Bucknam says. "When you are coaching with Bill, you always feel like you are in the meet and not every coach has that type of attitude."

Along with Bucknam, he has coached UNI athletes to 132 individual conference championships. The Panther head man is quick to point out that Lawson has played a part just as important to the Panthers' success as his.

"I don't consider Bill my assistant," says Bucknam. "He is our field events coach. I sincerely believe he is one of the finest coaches in the country."

Among the field athletes who have excelled under Lawson's direction are current men's pole vaulter Jake Pauli, an 18-foot vaulter who has broken school records and qualified for the NCAA Championships in just his second year.

He's also coached former conference athletes of the year Juri Rovan, Tim Suchan, Allan Walz and Jason McCleary. In all, he's coached 22 NCAA Division I qualifiers since arriving on the scene in 1985.

"He has a rare combination of not only having a tremendous knowledge of the field events, but the ability to motivate at the same time," Bucknam added. "There are a lot of coaches who have one or the other, but don't have both. Bill has the rare combination of being able to do both as well as anyone I've seen. Our athletes in the field events are always prepared to compete and do their best."

Lawson and his wife, Jodie, have a daughter, Abbie, and son, T.J.,

Assistant Coach
Shantel Twiggs

Shantel Twiggs joined the Northern Iowa staff a year ago as the program's second full-time assistant coach.

As a competitor at Northern Iowa, Twiggs was the most accomplished sprinter in school history, still owning the school record in four individual sprint events.

Twiggs earned all-conference honors six times in her career as a Panther, which stretched from 1990-94. She holds the school record in the 55-meter dash, 100-meter dash and both the indoor and outdoor 200 meters. She's also a member of the school recordholding teams in the indoor and outdoor 4 x 200 relay and the mile relay squad.

In addition to her records and all-conference honors, she also was UNI's first Division I national qualifier on the women's side. She qualified for the 55-meter dash in 1991 and later went on to become the first Panther all-American when she placed in the 55 in 1993 and again in 1994. Twiggs also captured the 100-meter dash championship at the prestigious Drake Relays in 1993 and '94.

"Shantel has been an outstanding addition to our staff," said head coach Chris Bucknam. "She has all the tools. She has a strong knowledge base, great enthusiasm, and she has been a competitor not only on the national, but international level."

Twiggs' primary responsibilities on the staff are coaching the short sprinters while also being involved heavily in recruiting. In her first season coaching the sprinters, the Panthers set two school records and earned six all-conference honors.

Prior to joining the UNI staff a year ago, Twiggs was the assistant boys' and girls' track and field coach at Berkeley High School in her native St. Louis, Mo.

Assistant Coach
Joey Woody

Perhaps the best track athlete the University of Northern Iowa has ever produced, Joey Woody is in his second season as a Panther assistant after graduating from UNI in 1997.

During his career with the Panthers, Woody earned all-America honors in the 400-meter hurdles three times and, in 1997, won UNI's first Division I track and field national championship.

He also earned all-America honors in 1996 in the indoor 800 meters and was named Missouri Valley Conference Track Athlete of the Year on three occasions, including his final collegiate season at the 1997 Outdoor Championships. Woody won the 400-meter hurdles at the Drake Relays two consecutive years and was named the top male athlete at the event in 1994.

A native of Iowa City, Woody brings plenty of valuable experience to the Panther program. In addition to his collegiate experience, he
finished seventh at the 1996 Olympic Trials and is a member of the U.S. team that competed at the 1997 and ’98 World Championships. He enjoyed a productive 1998, winning a gold medal at the World Championships as a member of the 4 x 400-meter relay and taking fifth in the 400 hurdles. He won the bronze medal at the U.S. Championships, placed fourth at the Goodwill Games and won the Drake Relays title.

He also has competed frequently in Europe over the past two years as a member of the Reebok Track Club and will again be competing overseas in 1999. He plans to continue his training in his quest for an Olympic berth in 2000.

Woody’s main focus as a coach is with the hurdlers, long sprinters and middle distance runners. That UNI contingent set three school records last season and brought home 18 all-conference awards.

"Joey is going to be an outstanding coach," Bucknam said. "He is a knowledgeable, elite athlete who has gained experience all over the world and can bring that information back to our program."

Woody and his wife, Heather, who competed as a sprinter at UNI, live in Cedar Falls.

Assistant Coach
Bob Edwards

Bob Edwards is in his sixth season as a volunteer assistant in charge of pole vaulters.

Edwards enjoyed an outstanding career at UNI as a vaulter, winning the Missouri Valley Conference outdoor title as a senior. He also won an indoor and outdoor championship in the Mid-Continent Conference in 1990. His vault of 17-4 1/2 in 1992 places him second on UNI’s all-time outdoor list, and he ranks fourth on the indoor chart at 17-1 1/2.

"Bob’s done a fabulous job with our vault crew over the years," said head coach Chris Bucknam. "He was the best pole vaulter at UNI before Juri (Rovan) got here and he is another one of our coaches who brings a lot of knowledge and experience to the program."

Edwards and assistant head coach Bill Lawson have played a major role in the development of recent Panther standouts Juri Rovan and Jake Pauli. Rovan was a two-time all-American and is the school outdoor recordholder while Pauli is the indoor recordholder and the only UNI vaulter to eclipse the 18-foot mark indoors (18-2 1/2).

Assistant Coach
Kyle Kepler

Former Panther distance runner Kyle Kepler is in his first season as a student assistant coach after completing a stellar career last spring.

A native of Webster City, Iowa, Kepler joined the UNI program in 1993 after earning all-state cross country honors in high school. It didn’t take long to make an impression as he placed 10th at the Missouri Valley Conference cross country meet and earned all-conference honors. Kepler went on to become a four-time all-conference cross country runner, finishing as high as third place his senior year. He became a member of the all-district team by finishing 15th at the NCAA District V meet in 1997.

On the track, Kepler was an all-conference performer six times in three different events -- in the 5000 meters, 10,000 meters and as a member of the distance medley relay team. Last spring, in his final collegiate competition, he claimed a runnerup finish at the Missouri Valley Conference Outdoor Championships in the 10,000 meters.

In the classroom, Kepler was a three-time selection to the conference all-academic team and three additional times to the cross country squad.

"Kyle was one of those guys who was the heart and soul of our distance corps. truly a team guy," said Panther coach Chris Bucknam. "He brings those same qualities to coaching. Whatever it takes, he’ll do it. He’s a great addition to our staff."

As a coach, he assists with the distance runners and is responsible for various administrative duties, including the track program’s alumni newsletter.

Jeff Adam
Sophomore • Sprints
Batavia, Iowa (Cardinal Eldon HS)

1998: Outdoor - An all-conference performer outdoors who tied for third in the Valley 100-meter dash (10.41) and placed fourth in the 200 meters with a team season-best 21.12...his 100- and 200-meter times at the Valley meet were the fourth-fastest in the conference during the season...also ran on the 4x100 relay that finished second at the Valley meet...placed fifth in the 200 at Florida State Relays (22.04)...also ran on the 4x100 relay team that set a school record (40.55) at Florida State...finished second at the Jim Duncan Invitational in the 100 (10.59). Indoor - Just missed all-conference honors indoors, taking fourth in the MVC 55-meter dash (6.40)...captured the 55-meter title at the Hawkeye Open in 6.40...posted a season-best 6.39 time at the Iowa State Open, finishing tied for ninth. 1997: Redshirted. High School: Won the state 100-meter title as a junior and senior...captured the 200-meter championship as a senior...also lettered four times in football and three in basketball. Personal: Majoring in General Studies...son of Nick and Cyndy Adam... Personal Bests: 55m--6.39; 100m--10.41; 200m--22.19 (indoor), 21.12 (outdoor).

Eddie Berlin
Junior • High Jump
Urbandale, Iowa (Urbandale HS)

1998: Outdoor - Won the Missouri Valley Conference high jump title, clearing a season conference high of 6-10. Indoor - Earned all-conference honors by tying for second at the MVC Championships at 6-7 1/2...jumped his season-best 6-8 while winning the Mercantile Bank/Big Four Invitational. 1997: Outdoor - Redshirted. Indoor - Tied for second at the Valley meet with a leap of 6-9 3/4...finished second (6-9) at the Iowa Invitational. High School: Won the state Class 4-A high jump as a junior and finished second in the long jump as a senior, also ran on the state 4x100 team as an all-state defensive back in football and an all-conference basketball and baseball player. Personal: Majoring in Business...son of Bruce and Carla Berlin... also a two-time all-conference receiver on the Panther football team who ranked third in the league last season in receptions and receiving yards. Personal Bests: High Jump--6-9 3/4 (indoor), 6-10 (outdoor).

Jason Boness
Freshman • High Jump
Casper, Wy. (Kelly Walsh HS)

High School: Was twice named Gatorade Track and Field Athlete of the Year in Wyoming...a five-time all-stater and state champion in the high jump...holds the state Class 4-A record with a 6-10 jump as a junior...also lettered twice in football and basketball. Personal: Undecided major...son of Greg and Selina Boness... Personal Bests: High Jump--7-3 (indoor).

Brock Boettcher
Junior • Hurdles/Sprints
Cedar Rapids, Iowa (Prairie HS)

1998: Outdoor - Scored for the Panthers at the Missouri Valley Conference meet, placing fifth in the 400-meter hurdles (54.18)...finished third at the Jim Duncan Invitational (54.59) and UNI Open (54.37) in the 400 hurdles, fifth at the Iowa Open (54.77). Indoor - Turned in a season-best 50.29 in the 400 at the UNI-Dome Open to finish sixth. 1997: Outdoor - Redshirted. Indoor - Ran a season-best 51.74 in the 400 at the Iowa State Holiday Classic. High School: A first team all-stater in track and honorable mention pick in football. Personal: Majoring in Elementary/Middle School Education...son of Paul and Jan Boettcher... transferred to UNI from Eastern Oregon University. Personal Bests: 400m--50.29 (indoor); 400m hurdles--54.18.

Rob Brock
Sophomore • Middle Distance
Dubuque, Iowa (Senior HS)

1998: Cross Country - Earned his second all-conference honor in as many seasons by placing eighth at the Missouri Valley Conference Championships...was the low Panther finisher in five of the team's eight competitions...earned a spot on the Valley all-scholar team in his first year of eligibility with a 3.37 GPA...named MVC Athlete of the Week Sept. 21 after finishing third at the Iowa Open and Oct. 10 after winning the Indiana State Invitational. Outdoor - In his first collegiate outdoor competition, won the 800 and finished second in the 1,500 at the Florida State Relays with times of 1:53.90 and 3:52.01, respectively...a member of the 4x800 relay team that placed eighth at the Drake Relays...finished second at the UNI Open by running a 3:58.98 in the mile. Indoor - Placed sixth at the conference meet in the mile (4:16.14) and earned all-conference honors on the runner-up distance medley relay team (9:56.38)...recorded the team's top 1,000-meter performance (2:28.98) in winning the Mercantile Bank/Big Four Invitational...won the 800 meters at the UNI-Dome Open in 1:54.56...placed second in the mile (4:12.23) at the Husker Invitational. 1997: Cross Country - Burst on the scene as one of the top freshmen in the Missouri Valley, taking fifth at the conference meet to earn his first all-conference award...took 32nd at the regional meet...placed 13th at the U.S. Junior Championships. High School: Highly-recruited prep who won the state two-mile title four times...captured the state 800-meter title his senior year and won the mile his junior season...the Drake Relays champ in the two-mile run as a junior and senior...anchored the Rams' Drake Relays championship teams in the medley as a junior and 4x800 as a senior as well...won the state cross country title his sophomore and junior seasons. Personal: Majoring in Criminology...son of James and Janice Brock... brother, Jay, was a three-time conference steeplechase champ for the Panthers. Personal Bests: 800--2:44.40; 1500m--4:54.56 (indoor), 4:53.90 (outdoor); 1,500m--3:52.01; Mile--4:12.33; 3,000m--8:48.14; 5,000m--14:47.35 (outdoor).

Brent Browner
Sophomore • Sprints
Davenport, Iowa (North HS)

1998: Outdoor - Picked up all-conference honors as a freshman by running the lead-off leg on the Panthers' runner-up 4x100 team...also a member of the 4x400 relay squad that set the school record (3:40.55) at the Florida State Relays. Indoor - Recorded his best 200-meter time (22.61) of the season at the UNI-Dome Open and his top 55 time (6.49) at the Hawkeye Open, finishing third. 1997: Redshirted. High School: Earned letters in track, football and soccer...an all-state track performer. Personal: Majoring in Computer Science...son of John and Shirley Browner... started nine games and made 36 tackles as a defensive back on the Panther football team this past season. Personal Bests: 55m--6.49; 100m--11.01; 200m--22.61 (indoor).
Ranked in Season-best finish was third in the 8:31.65; 3,000 at the Missouri Open, running a 4:21.76 ...

Bests: Bradley Invitational and 14th Bests: the season in the 800 (1:53.13), mile (4:09.42) and 5,000 (8:23.64).rowned fifth at the meet in the

Personal: Majoring in Political Science...son of Susie McLaughlin ...

Personal Bests: 55m–6.36; 100m–10.53; 200m–21.86 (indoor), 21.55 (outdoor).

Travis Geopfert Sophomore • Decathlon Panora, Iowa (Panorama HS)

1998: Outdoor - Burst on the scene by winning the Missouri Valley Conference decathlon title as a freshman with 7,031 points, which was the top point total in the conference during the season and fourth-best in UNI history...placed sixth at the Drake Relays decathlon (6,724).

Personal: Decathlon-7.03 pts.; 55m HH–8.04; 100m–11.03; 110m HH–15.99; 200m–22.67 (indoor); 400m–50.19 (indoor); 50.09 (outdoor); high jump–6-0 (indoor); long jump–21-4 (indoor), 19-11 3/4 (outdoor); shot put–42-8 (indoor), 42-6 1/4 (outdoor); discus–134-3; javelin–161-3.

Devon Davis Freshman • Sprints/Jumps Pickering, Ontario (Pickering HS)

High School: A four-time Canadian national champion in the triple jump and two-time national long jump champ...won the Ontario triple jump title four times and long jump championship once...finished second at the provincial meet in the 100-meter dash as a sophomore, third as a senior.

Personal: Undecided major...son of Patrick and Monica Davis... Personal Bests: long jump–25-2 1/2 (indoor); triple jump–49-5 Indoor.
Dave Jennings
Sophomore • Throws
Nevada, Iowa (Nevada HS)

1998: Redshirted. High School: A four-sport athlete who earned 14 letters in track, football, basketball and baseball...ran the 400 in 48.54 as a senior...named first team all-state in football and honorable mention in baseball. Personal: Majoring in Biology...son of Lawrain and Marcia Judisch. Personal Bests: 400m-47.91 (indoor), 47.70 (outdoor).

Jon Judisch
Senior • Sprints
Tripoli, Iowa (Tripoli HS)

1998: Outdoor - Redshirted. Indoor - Voted Third Team Academic All-American by the College Sports Information Directors of America for the second time in his career...finished third at the Valley Championships in the 400 (48.96)...also ran the anchor leg on UNI's runnerup 4 x 400 relay team...his 47.91 clocking at the Iowa State Open was the team's best of the season in the 400 and the second-fastest in school history...placed second at the Mercantile Bank Invitational (49.07). 1997: Outdoor - Ran a personal-best 47.70 to place fifth at the MVC Championships...also a member of the Panthers' second-place 4 x 400 squad...placed 11th at the strong Arizona Invitational...voted to the all-district academic team. Indoor - Took sixth at the conference meet in 49.54...finished second at the Iowa State Classic...took third in the 600 at the Iowa Invitational...recorded the team's fastest 400-meter time of the season, 48.83. 1996: Outdoor - Ran second in the 400 at the Missouri Valley meet (47.92)...also won all-conference honors by running on the third-place 4 x 100 relay unit (42.31)...won the 400-meter title at the Dr. Keeler Invitational over the summer...voted Third Team Academic All-American. Indoor - Won his second consecutive Missouri Valley title in the 400 with a 48.19 performance...also a member of the championship 4 x 400 relay team...ran the lead-off leg on the school recordsetting 4 x 400 team (3:11.55)...won the 400 championship at the Iowa State Holiday Classic. 1995: Outdoor - Earned a spot in the school record book as a member of the 4 x 400 relay squad (3:09.48). Indoor - Captured the Valley 400-meter championship (49.41) as a freshman...ran on the conference championship 4 x 400 relay. High School: A four-sport athlete who earned 14 letters in track, football, basketball and baseball...ran the 400 in 48.54 as a senior...named first team all-state in football and honorable mention in baseball. Personal: Majoring in Biology...son of Steve and Deb Jennings. Personal Bests: 35#-57-8 3/4; shot put-46-7 1/2 (indoor); discus--149-11; hammer--167-4.

Nate Ludwig
Senior • Hurdles
Bettendorf, Iowa (Bettendorf HS)

1998: Outdoor - Tied for seventh in the 110 hurdles at the Valley meet with a season-best 14.80...placed third in the 110 hurdles at the UNI Open (14.89) and sixth at the Iowa Open (15.38).... Indoor - Claimed fourth in the 440-meter hurdles (57.56)...finished fourth in the 55 hurdles at the Mercantile Bank Invitational (7.65), sixth at the UNI-Dome Open (7.79). High School: A two-time state champ in the 110-meter hurdles, also placed sixth in the high jump...also an all-state performer in baseball, basketball and football. Personal: Majoring in Criminal Justice...son of Gary and Barb Ludwig...relative of Olympic figure skating legend Sonja Henie transfereed from Waldorf College...also a member of the UNI football team, having played quarterback, h-back and defensive back. Personal Bests: 55m hurdles--7.56; 110m hurdles--14.80.

Brent MacLagan
Junior • Middle Distance/Hurdles
Jefferson, Iowa (Jefferson-Scranton HS)

1998: Outdoor - Claimed runnerup honors in the 400-meter hurdles at the Missouri Valley Conference meet (52.46)...also a member of the Panthers' fourth-place 4 x 400 relay team (3:13.41)...won the 400 hurdles at the Florida State Relays (52.83) and Jim Duncan Invitational (53.27)...took second in the UNI Open (52.75), and fifth at the Sun Devil Relays (54.22) and Wisconsin Invitational (52.78). Indoor - Ran the second leg on the 4 x 400 relay team that finished second at the conference championships (3:15.66)...his 1:49.66 in the 800 meters at the Iowa State Last Chance Meet was the second-best in the Valley during the season...won 600 meters at the Iowa State Holiday Classic (1:20.11), and the MVC Championships (1:20.13). Personal: Majoring in Marketing. Personal Bests: 400m-49.33 (indoor), 50.13 (outdoor).

Ben Mischke
Senior • Pole Vault
Worland, Wyo. (Worland HS)

1998: Outdoor - Registered a fifth-place finish in the pole vault at the Missouri Valley meet with a 15-5 3/4 performance...turned in a season-best 16-3 1/4 at the UNI-Dome Open to tie for second...placed fourth at the Florida State Relays (15-7) and Sun Devil Relays (15-7 3/4). Indoor - Vaulted a season-best 16-2 3/4 at the Cyclone Invitational to finish fifth...won the Mercantile Bank Invitational (16-0 1/4)...placed third at the UNI-Dome Open (16-1 3/4). 1997: Outdoor - Finished eighth in the decathlon at the conference championships...tied for fifth at the Kansas Relays (16-1). Indoor - Finished fifth at the MVC meet (15-11 3/4)...took second at the Wisconsin Invitational (16-0 3/4) and Iowa State Holiday Classic (16-0)...vaulted a personal-best 16-4 3/4 at the Mercantile Bank Invitational to place fourth. 1996: Outdoor - Placed seventh at the MVC Championships (15-3 1/2)...placed fourth at the Wisconsin Invitational (15-10). Indoor - Best finish came at the Iowa State Holiday Classic, where he finished third (15-0) in his first collegiate meet...vaulted 16-1 1/4 at the conference meet, where he finished seventh...was sixth at the UNI-Dome Open (15-3). High School: A two-time state champ in the pole vault...lettered 10 times, four in track and field...also a member of the all-conference basketball team. Personal: Majoring in Health Promotion...son of Steve and Linda Mischke. Personal Bests: pole vault--16-4 3/4 (indoor), 16-3 1/4 (outdoor).
Bill Nordyke
Junior • Throws
Winfield, Iowa (Winfield-Mt. Union HS)

1998: Outdoor - Just missed earning his first all-conference award, placing fourth in the discus (160-0) at the Valley meet...finished fourth at the Jim Duncan Invitational in the discus (146-6). Indoor - The Panthers’ top thrower in the 35# weight, he ranked eighth in the league in the final best list with a toss of 51-2 1/2 at the Iowa Invitational, where he finished second...took third at the Mercantile Bank Invitational (50-10 1/4).


High School: Won the state title in the discus as a senior, finished second at the Drake Relays...also lettered in football. Personal: Majoring in Biology...son of Bill and Georgette Nordyke. Personal Bests: 35# weight--51-2 1/2; discus--160-0.

Tim O’Neill
Junior • Throws
Davenport, Iowa (Assumption HS)

1998: Outdoor - Earned all-conference honors by placing second at the Valley meet in the shot put with a 52-6 1/2 toss...finished fifth at the Iowa Open (52-1). Indoor - Just missed all-Valley honors, finishing fourth in the league meet with a 50-10 3/4 performance...turned in a season-best 51-7 3/4 at the Iowa State Classic...finished sixth at the Mercantile Bank Invitational (48-9 1/2) and ninth at the Iowa State Open (50-3 1/4).


Jacob Pauli
Sophomore • Pole Vault
Hanna City, Ill. (Farmington HS)

1998: Outdoor - Earned all-conference honors for the first time by placing third in the pole vault at the MVC Championships with a 15-9 3/4 effort...top performance of the season was 17-3 at the Drake Relays, tying for eighth...won the Sea Ray Relays (15-11 1/4)...finished third at the Florida State Relays (16-0 3/4), second at the Iowa Invitational (16-1 3/4) and third at the UNI Open (16-3 1/4). Indoor - Placed fifth at the Valley meet, vaulting 16-7 1/2...provisionally qualified for the NCAA's with a 17-2 3/4 at the Iowa State Classic to finish third...captured the UNI-Dome Open title (16-7 3/4)...vaulted 17-1 1/2 at the Husker Invitational to finish fifth...named Missouri Valley Field Athlete of the Week following the Husker Invitational...took second at the Iowa Open (15-5 3/4). High School: Won the state championship twice and was ranked seventh in the nation as a senior. Personal: Majoring in Computer Science...son of Gregg and Cathy Pauli. Personal Bests: pole vault--18-2 1/2 (indoor), 17-3 (outdoor).

Eric Potter
Junior • Middle Distance
Sioux City, Iowa (Heelan HS)

1998: Cross Country - One of the top five runners on UNI's team that placed sixth at the Valley meet. Outdoor - Finished third in the 800 at the Missouri Valley Conference Championships with a 1:53.30, to earn his fourth all-conference honor in four seasons (indoor/outdoor) as a collegian...turned in a track season-best 1:51.07 while finishing second at the UNI Open...ran second at the Jim Duncan Invitational (1:53.53), fourth at Florida State (1:52.25) and second at the Sun Devil Relays (1:52.54). Indoor - Finished as runnerup in the 800 at the conference meet (1:51.99)...placed second in the 600 at the UNI-Dome Open (1:20.35) and third at the Mercantile Bank Invitational (1:20.76)...took seventh at the Husker Invitational in the 800 (1:53.91). 1997: Cross Country - A member of the Panthers' conference championship cross country team, placing 38th in the league meet. Outdoor - Ran a team-best and personal-best 1:49.70 to win the 800 meters at the MVC meet...finished fourth at the Sun Devil Relays (1:51.69), fifth in the 800 at the Kansas Relays (1:54.19) and Wisconsin Invitational (1:52.58), and 10th at the Arizona Invitational (1:54.04). Indoor - Earned all-conference honors in his first collegiate season by running on the second-place distance medley relay team...placed seventh at the Valley meet (1:54.89)...took second at the Wisconsin Invitational (1:56.81)...placed second in the mile at the Iowa State Holiday Classic; his first collegiate meet (4:29.86). High School: Earned all-conference honors in track his junior and senior years...also lettered in basketball. Personal: Majoring in Accounting/Economics...son of Eugene and Joanne Potter...twin brother, Eric, also on the Panther squad...


Jason Potter
Junior • Sprints
Sioux City, Iowa (Heelan HS)

1998: Outdoor - Turned in his best performance in the 400 at the UNI Open, running 48.36 to finish second...missed scoring in the Missouri Valley meet by one place, finishing seventh in the 400 at 50.20...took fifth at the Florida State Relays (48.83) and 14th at the Sun Devil Relays (49.59). Indoor - Earned all-conference honors by running the third leg on UNI's 4 x 400 relay team that finished second in the Valley meet; also placed sixth in the 400...won the UNI-Dome Open 400 (49.41)...placed fourth at the Mercantile Bank Invitational (49.49) in the 400.

1997: Outdoor - Finished 10th in the 400 at the conference meet as a freshman (49.72)...finished sixth at the Wisconsin Invitational (49.52). Indoor - Placed seventh in the 400 at the Iowa State Holiday Classic (50.12) in his first collegiate meet...finished third at the Iowa Invitational (51.85) and seventh at the Mercantile Bank Invitational (50.64). High School: lettered three times in track and twice in football. Personal: Majoring in Elementary Education...son of Eugene and Joanne Potter...twin brother, Eric, also on the Panther squad...

Personal Bests: 400m--49.41 (indoor), 48.36 (outdoor).
Luke Stater  
Sophomore • Sprints  
Cedar Falls, Iowa (Northern University HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing sixth...top 400-meter hurdles time (55.11) also came at FSU, where he was runnerup...placed fourth in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

Brad Travis  
Freshman • Throws  
Spirit Lake, Iowa (Spirit Lake HS)  


Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  


Deborah Cordner  
Freshman • Sprints  
St. Louis Park, Minn. (St. Louis Park HS)  

1998: Outdoor - Selected by the Throws All-American Committee as a member of the 200 meter medley relay team.  

PANTHER PROFILES

Levente Timar  
Sophomore • Distance  
Szekesfehervar, Hungary (Teleki Blanka HS)  

1998: Cross Country - A member of the Missouri Valley all-conference and scholar-athlete teams...finished fifth at the conference meet and first among UNI runners (3:37.90)...took second at the Indiana State Invitational (25.21).  

Outdoor - Placed third at the conference meet in the 5,000 (14:58.64) to earn all-conference honors...finished fourth in the 10,000 at the Valley meet (32:02.00)...won the steeplechase at the Jim Duncan Invitational (9:15.81)...ran third at the Florida State Relays in the 10,000 (30:58.95)...recorded a season-best 14:44.43 to finish 14th in the 5,000 at the Sun Devil Relays...placed third in the 1,500 at the UNI Open (3:59.42)...finished 10th at the Drake Relays in the 5,000 (14:47.36).  

1997: Cross Country - Finished 14th at his first Missouri Valley Conference championship (25.00) as UNI won the team title.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...  

Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing second in the 200 at the Sun Devil Relays...placed second in the 5,000 at the UNI Open (14:44.43)...ranked second at the conference meet in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...  

Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing second in the 200 at the Sun Devil Relays...placed second in the 5,000 at the UNI Open (14:44.43)...ranked second at the conference meet in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...  

Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing second in the 200 at the Sun Devil Relays...placed second in the 5,000 at the UNI Open (14:44.43)...ranked second at the conference meet in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...  

Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing second in the 200 at the Sun Devil Relays...placed second in the 5,000 at the UNI Open (14:44.43)...ranked second at the conference meet in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...  

Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing second in the 200 at the Sun Devil Relays...placed second in the 5,000 at the UNI Open (14:44.43)...ranked second at the conference meet in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...  

Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing second in the 200 at the Sun Devil Relays...placed second in the 5,000 at the UNI Open (14:44.43)...ranked second at the conference meet in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...  

Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing second in the 200 at the Sun Devil Relays...placed second in the 5,000 at the UNI Open (14:44.43)...ranked second at the conference meet in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...  

Jill Bakewell  
Sophomore • Sprints  
Ossian, Iowa (South Winneshiek HS)  

1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing second in the 200 at the Sun Devil Relays...placed second in the 5,000 at the UNI Open (14:44.43)...ranked second at the conference meet in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team.  

High School: Named outstanding student and outstanding athlete of the Hungarian Republic in 1996.  

Personal: Majoring in Economics...son of Bela Timar and Irma Molnar...
Rachel Dozark  
Junior • Middle Distance  
Vail, Iowa (Ar-We-Va HS)  

1998: Cross Country -  
Finished seventh for the Panthers and 54th overall at the Missouri Valley Conference Championships.  
Outdoor - Recorded a season-best 2:20.12 in the 800 at the UNI Open to finish sixth...also placed sixth at the Jim Duncan Invitational (2:24.96) and Florida State Relays (2:20.35), and 22nd at the Sun Devil Relays (2:23.93). Indoor - Posted a season-best 2:21.14 in the 800 at the UNI-Dome Open...placed fifth at the Mercantile Bank Invitational (2:24.57).  

1997:  
Outdoor - Opened the season by taking 14th in the 1,500 meters at the Florida State Relays (4:50.67)...placed sixth at the Wisconsin Invitational in the 1,500 (4:51.45)...a member of the Panthers' 4 x 800 and distance medley relay teams. Indoor - Recorded best conference finish ever, fifth in the mile at the MVC meet (5:12.19)...ran sixth in the 800 at the Mercantile Bank Invitational (2:23.21), second at the Iowa Invitational (2:24.37)...tied in a season-best 2:19.36 at the Iowa State Classic...ran second at the Redbird Open (5:13.05)  

High School: An all-state track performer who was a member of seven state championship relay teams...also lettered in volleyball and basketball.  
Personal: Majoring in Communication Disorders...daughter of Dennis and Julie Dozark.  
Personal Bests: 800m—2:19.36 (indoor); 2:20.12 (outdoor); mile—5:12.19; 1,500m—4:50.67.  

Brenna Fleishman  
Senior • Hurdles/Sprints  
Carlisle, Iowa (Carlisle HS)  

1998: Outdoor - Redshirted. Indoor - Captured the 55-meter hurdle title at the Missouri Valley Conference Championships (8.00)...ran 5:50.67 at the MVC Championships, where she finished third...placed third in the 800 at the UNI-Dome Open.  
1997: Indoor - Broke a 20-year-old school record in the 100-meter hurdles, clocking a 14.57 at the MVC Championships, where she finished third...placed third in the 100 and 100 hurdles at the Florida State Relays (15.03) and Iowa Invitational (14.82), and fifth at the Wisconsin Invitational (14.82)....a member of the conference all-academic team. Indoor - Placed fourth at the conference meet (8.38)...set a then-school record in the 55 hurdles, recording 8.30 for third place at the Mercantile Bank Invitational...ran the UNI-Dome Open in 8.36...ran second at the Redbird Open (8.43), third at the Iowa Invitational (8.68).  
1996: Outdoor - Placed seventh at the Valley meet (14.90) in the 100 hurdles...won the New Mexico (15.2), Iowa (16.07) and Simpson (15.26) Invitationsals...finished fourth in the Jim Duncan Invitational (15.05) and seventh at Nike Invitational (15.09). Indoor - Ran a season-best 8.50 in the 55-meter hurdles at the UNI-Dome Open, where she finished fifth...placed fourth at the Mercantile Bank Invitational (8.72) and Iowa State Holiday Classic (8.90), fifth at the Wisconsin Invitational (8.84).  
1995: Outdoor - Placed fourth at the Jim Duncan Invitational (14.88), seventh at the Kansas Relays (15.42) and eighth at the EMotion Relays (15.76). Indoor - Finished fifth at the Mercantile Bank Invitational in the 55 hurdles (8.88) and the 200 (27.40)...placed third in her first collegiate competition with a 8.61 in the 55 hurdles at the Iowa State Holiday Classic...won the Panther Invitational (8.69)...ran fifth at the Iowa State Classic (8.64).  
High School: The school recordholder at Carlisle in seven events...a four-time state runnerup and 10-time conference champion...also lettered in volleyball and basketball, where her team advanced to the state tournament her junior year.  
Personal: Majoring in Community Health...daughter of Wayne and Kathy Fleishman.  
Personal Bests: 55m hurdles—8.00; 100m hurdles—14.67.  

Jill George  
Sophomore • Multi-Events  
Newton, Iowa (Newton HS)  

1998: Outdoor - Redshirted. Indoor - Recorded a season-best in the long jump in her first collegiate event at the Iowa State Holiday Classic (16.11)...placed sixth in the long jump (16.7-1'4) at the Mercantile Bank Invitational.  
High School: A state champion in the pentathlon...as a senior, placed fourth in the long jump, fifth in the 400-meter hurdles and seventh in the 100-meter hurdles at the state meet...finished 11th in the long jump at the Drake Relays...also placed 11th in the long jump at the state meet and Drake Relays as a junior.  
Personal: Undecided major...daughter of Fred and Cheryl George.  

Amy Engle  
Senior • High Jump  
Newton, Iowa (Newton HS)  

1998: Outdoor - Tied for for seventh in the high jump at the Missouri Valley Conference meet (5-3 3/4)...recorded a season-best 5-8 to win the UNI Open...placed third in the Jim Duncan Invitational (5-3 3/4) and fourth at the Iowa Invitational (5-4 1/4). Indoor - Tied for fifth at the Valley meet (5-5), her best performance of the season...placed third at the UNI-Dome Open (5-4 1/4).  
1997: Outdoor - Jumped a season-best 5-3 3/4 at the Valley meet to finish eighth. Indoor - Finished eighth at the conference meet (5-3)...took third at the Redbird Open (5-2 3/4), third at the Iowa Invitational (5-0) and sixth at the Mercantile Bank Invitational (5-2).  
1996: Outdoor - Jumped 5-2 1/2 to finish 10th at the conference meet...finished second at the Iowa Invitational (5-0 1/4) and fifth at the Nike Invitational (5-3 1/4). Indoor - Jumped 5-3 to finish third in her first collegiate meet at the Iowa State Holiday Classic...won the Mercantile Bank Invitational (5-3 1/4)...took fourth at the UNI-Dome Open (5-3 1/4), third at the Iowa State Classic (5-3 3/4) and fourth at the Wisconsin Invitational (5-2 1/4). High School: State runnerup in the high jump as a junior...outstanding all-around athlete who lettered 13 times in four sports--track, volleyball, basketball and softball...earned all-conference honors in all four sports.  
Personal: Majoring in Leisure Services...daughter of Karyl and Gail Engle.  
Personal Bests: high jump—5-5 (indoor), 5-6 (outdoor).  

Teresa Grothus  
Sophomore • Middle Distance  
Bettendorf, Iowa (Pleasant Valley HS)  

1998: Cross Country -  
A member of the Panthers' cross country team that finished fifth at the Missouri Valley meet...finished sixth on the team and 37th overall at the conference meet (19:12). Outdoor - Redshirted. Indoor - Earned all-conference honors by finishing third at the Missouri Valley Championships in the 800 meters with a 2:16.40, tops on the team for the season...also ran the lead-off leg on the Panthers' distance medley relay team that placed fourth...placed fourth at the Mercantile Bank Invitational (2:23.44), sixth at the Iowa State Open (2:17.18) and 17th at the Iowa State Classic (2:17.65)...also registered a 2:17.18 at the Husker Invitational. High School: Took second in the 800 at the Drake Relays her junior and senior seasons, eighth at the state meet as a senior.  
Personal: Majoring in Math Education...daughter of Bill and Celie Grothus.  
Personal Bests: 800m—2:16.40 (indoor), 2:15.68 (outdoor); 5K—19:12.
Kara Hulse
Freshman • Long Jump
Cedar Falls, Iowa (Cedar Falls HS)

High School: Won the state long jump championship as a senior with a 17-10 performance after finishing second as a junior (17-7 1/2) and 13th as a sophomore (16-2). Placed 10th at the Drake Relays her senior year. 14th as a sophomore and junior...named her school’s Female Athlete of the Year as a senior...also lettered in cross country and basketball. Personal: Undecided major...daughter Dave and Jill Hulse. Personal Bests: long jump—16-3 3/4 (indoor), 17-10 (outdoor).

Jenny Jackson
Senior • Middle Distance
Cedar Rapids, Iowa (Jefferson HS)

1998: Cross Country - The Panthers’ top runner, she earned all-conference honors by finishing sixth overall and first on the team (17-56)...also named to the Missouri Valley Conference all-scholar team...placed second at the Illinois Invitational (18:11), fifth at the Illinois State Invitational (18:55), eighth at the Indiana State Invitational (19:02), 11th at Iowa Invitational (19:10) and 15th at Iowa State Memorial (19:18). Outdoor - Redshirted. Indoor - Redshirted. 1997: Cross Country - Redshirted. Outdoor - A member of the all-conference team after finishing third in the 800 at the MVC meet (2:11.09)...ran a season-best 2:10.53 at the Drake Relays, where she placed fifth; also ran 12th at the Sea Ray Relays (2:12.32)...ran the last leg on the sprint medley relay team that set a school record at the Drake Relays (3:53.38)...finished fifth in the 1,500 at the Florida State Relays (4:36.93) and sixth at the Iowa Invitational (4:49.33)...also a member of the 4 x 400 relay team. Indoor - Took third in the mile (4:52.47) and sixth in the 800 (2:21.15) at the Missouri Valley Conference Championships...set the school record with her 4:52.47 performance in the mile...her 2:10.39 in the 800 at the Iowa State Last Chance Meet was the best Valley performance of the season and second-best in school history... provisionally qualified for the NCAA Championships in the 800...set the school record in the 1,000 meters while winning the UNI-Dome Open (2:53.02)...won the Redbird Relays in the 800 (2:16.63), placed fourth at the Mecantile Bank Invitational (2:19.75) and eighth at the Iowa State Classic (2:15.60)...won the mile at the Iowa Invitational (5:16.32) and finished 12th at the Iowa State Classic (5:09.36). 1996: Cross Country - Earned all-conference honors by finishing seventh at the Valley championship (18:08)...placed 12th at the Illinois Invitational (18:23) and 27th at the Iowa State Memorial (19:17). Outdoor - An all-conference performer in the 800, where she finished third at the conference meet in 2:15.77...recorded a season-best 2:14.33 in the 800 at the Nike Invitational...posted a fifth-place finish at the Iowa Invitational (2:18.8) and sixth at the Jim Duncan Invitational (2:21.61). Indoor - Placed sixth at the league meet in the 1,000 meters (3:12.42), ran a season-best 2:59.07 in the prelims...won the UNI-Dome Open 1,000 in 3:02.20...placed second at the Mecantile Bank Invitational (2:59.73). 1995: Cross Country - A member of the Panther team that placed fifth at the conference meet. Outdoor - Picked up all-conference mention as part of UNI’s third-place 4 x 800 relay squad...took sixth in the 800 at the Foster/Jamaican Invitational (2:26.0). Indoor - Finished 12th at her first collegiate meet in the 800, running 2:30.88 at the Iowa State Holiday Classic...placed third in the 600 at the Panther Invitational (1:42.77) and fifth at the Redbird Open (1:44.11). High School: A four-year letterwinner in cross country, track and softball...also lettered three times in basketball...earned second team all-state honors in basketball...named her school’s track and cross country athlete of the year. Personal: Majoring in Psychology...daughter of Roger and Rhonda Jackson. Personal Bests: 800m—2:10.39 (indoor); 2:10.53 (outdoor); 1,000m—2:53.02; mile—4:52.47; 1,500m—4:36.93; 5K—17:56.

Evette Iverson
Sophomore • Distance
Paullina, Iowa (South O'Brien HS)

1998: Cross Country - Placed fourth for the team and 33rd overall at the Missouri Valley Championships (19:05)...finished ninth at the Illinois State Invitational (19:23)...was among the team’s top four runners throughout the season. Outdoor - Had her best performance of the season at the UNI Open, where she ran 10:48.48 to finish fifth in the 3,000 meters. Indoor - Best time was 10:52.57 at the Iowa State Classic, where she finished 26th...also finished 25th at the Iowa State Open (11:18.53). 1997: Cross Country - Registered a 35th-place finish at the Valley meet, fourth on the team (19:15). High School: Placed in the top 10 at the state cross country meet all four years, including third as a junior and second as a senior...finished second at the state meet in the 3,000 and fourth in the 1,500 her junior year...also lettered in softball. Personal: Undecided major...daughter of Keith Iverson. Personal Bests: 3,000m—10:52.57 (indoor), 10:48.48 (outdoor); 5K—19:05.

Katie Johnson
Freshman • High Jump
Omaha, Neb. (Millard North HS)

High School: An all-state performer in the high jump...also an all-stater in volleyball. Personal: Majoring in Business...daughter of Paul and Deb Johnson. Personal Bests: high jump—5-5 3/4.

Amanda Koester
Freshman • Jumps
Clinton, Iowa (Clinton HS)

High School: Won the state high jump title as a junior and senior after finishing third as a sophomore...a three-time runnerup in the high jump at the Drake Relays...placed 10th in the long jump her senior season...a member of the runnerup shuttle hurdle relay team. Personal: Majoring in Physical Education...daughter of Tom and Sandy Koester. Personal Bests: high jump—5-6; long jump—16-6 1/2.

Andrea Miller
Senior • Shot Put
Lee’s Summit, Mo. (Davenport North HS)

1998: Outdoor - Captured the Missouri Valley shot put title with a career best 47-8 1/2...also won the Jim Duncan Invitational (45-4 1/2), UNI Open (44-4 1/4) and Florida State Relays (46-8 1/4)...finished fourth in the discus at the Duncan Invitational (125-9)...qualified for the Drake Relays, where she...
finished 17th (43.8 3/4)... placed ninth at the Sun Devil Relays (44.5 1/2)... runnerup in the discus (138-7) at the UNI Open. \textit{Indoor} - Registered a 46-11 toss in the shot put to win the conference championship... placed second at the Iowa Open (43-2), third at the Mercantile Bank Invitational (45-3 1/2). \textbf{1997:} \textit{Outdoor} - Earned all-conference honors with a runnerup finish at the Valley meet (45-10)... took second at the Iowa Invitational (43-11 3/4)... tossed 44-1 1/4 in the shot to finish second at the Wisconsin Invitational... won the Simpson Invitational (45-5)... took runnerup honors at the Florida State Relays (43-7 1/4). \textit{Indoor} - Earned her first all-conference honor by finishing third at the league championship (43-5)... finished third in the shot put (43-6) at the Iowa State Holiday Classic, her first meet at UNI; also the second-best effort of the season in the conference... took second at the Iowa Invitational (40-5 1/2)... placed third at the UNI-Dome Open (43-0 1/4). \textbf{1996:} Attended the University of Arkansas. \textbf{High School:} Won the Drake Relays and state indoor and outdoor titles in the shot put... also lettered in volleyball, basketball, softball and soccer. \textbf{Personal:} Majoring in Psychology/Health Education... daughter of Lonnie and Marlene Miller... 4) ... tossed 44-11 1/4 in the shot to finish second at the Drake University Dome Open (43-0 1/4).

\textbf{Tiffany Ratzlaff} \\
\textbf{Junior} • Hurdles \\
\textbf{Ankeny, Iowa (Ankeny HS)}

\textbf{Education}... daughter of Don and Pat Oleson... \textbf{Personal Bests:} 400-meter hurdles--1.06.03.

\textbf{Nikki Nelson} \\
\textbf{Freshman} • Sprints/Hurdles \\
\textbf{Mt. Vernon, Iowa (Mt. Vernon HS)}

\textbf{High School:} One of the most successful athletes in Iowa high school track history, she won the state Class 2-A championship in four events as a senior -- 200 meters (25.31), 400 meters (56.84), long jump (17-4 1/4) and as a member of the sprint medley relay team... a three-event state champ as a junior, winning the 200, 400 and long jump... won the first of her three titles in the 400 as a sophomore while placing third in the long jump... won the 800 at the Drake Relays as a senior while finishing sixth in the 100-meter dash and long jump... placed ninth at the Drake Relays long jump as a sophomore and junior... also lettered in softball, basketball and volleyball. \textbf{Personal:} Undecided major... daughter of Gary and Karen Nelson... \textbf{Personal Bests:} 200m-25.31 (outdoor); 400m-56.54 (outdoor); long jump-17-8 (outdoor).

\textbf{Amy Oleson} \\
\textbf{Freshman} • Sprints/Hurdles \\
\textbf{Burlington, Iowa (Burlington HS)}

\textbf{High School:} Finished third at the state meet in the 400-meter hurdles as a sophomore, seventh as a junior... took fourth in the 440-yard dash at the state indoor meet as a junior... also lettered in softball, basketball and cross country. \textbf{Personal:} Majoring in Elementary Education... daughter of Don and Pat Oleson... \textbf{Personal Bests:} 400-meter hurdles--1.06.03.

\textbf{Kendra Stannard} \\
\textbf{Senior} • Jumps/Multi-Events \\
\textbf{Cedar Rapids, Iowa (Washington HS)}

\textbf{1998:} \textit{Outdoor} - Redshirted. \textit{Indoor} - Finished sixth at the Missouri Valley Championships in the triple jump (38-0), fourth in the 55-meter hurdles (8.18) and ran on the second-place 4 x 400 relay team... placed fourth in the 55 hurdles (8.18) at the UNI-Dome Open (8.23), sixth at the Mercantile Bank Invitational (8.15) and ran 8.15 at the Husker Invitational... won the long jump with a season-best 19-1 3/4 at the Mercantile Bank Invitational, also won at the Hawkeye Open (18-1 1/4)... placed second in the long jump at the UNI-Dome Open (18-9 1/4), eighth at the Iowa State Last Chance Meet (18-2). \textbf{1997:} \textit{Outdoor} - Finished sixth at the conference meet in the heptathlon (4,350), seventh in the 100 hurdles (15.50) and long jump (17-7), ninth in the triple jump (35-7 1/4)... notched 4,197 points to finish 12th in the heptathlon at the Sea Ray Relays... ran the second leg on UNI's sixth-place sprint medley relay team at the Drake Relays... finished fifth at the Iowa Invitational in the javelin (89-6) and fifth at the Wisconsin Invitational (87-2)... placed fifth in the long jump at the Wisconsin Invitational (16-2 1/4) and a member of the MVC all-academic team by maintaining a 3.42 GPA. \textit{Indoor} - Placed fifth in the long jump (18-2 1/2) and 11th in the triple jump (35-4 1/2) at the Missouri Valley meet... won the long jump at the Iowa Invitational (17-0), finished second at the Redbird Open (17-7), eighth at the Iowa State Classic (18-10 1/4) and fourth at the ISU Holiday Classic (17-11 1/4)... captured third in the triple jump at the Mercantile Bank Invitational (36-10 1/4) and Redbird Open (36-2)... placed fifth in the 55 hurdles at the Redbird Open (9.09) and sixth at the Iowa Invitational (9.15). \textbf{1996:} \textit{Outdoor} - The Panthers' top long and triple jumper, she broke a nine-year-old school record in the heptathlon by scoring 4,748 to win the Minnesota/Nike Invitational... finished fifth in the Drake Relays (4,587) and Missouri Valley Conference heptathlons (4,420)... placed sixth in the long jump at the MVC meet (18-5 3/4)... placed second in the 100-meter hurdles at the Iowa Invitational (16-54)... won the long jump (17-9) and finished third in the 200-meter dash at the New Mexico Invitational (25.81) and sixth in the javelin (81-11)... won the triple jump at the SEMotion Relays (37-8)... ran on the 4 x 400 team that won the Iowa Invitational. \textit{Indoor} - Finished third at the MVC meet in the pentathlon (3,365) and sixth in the triple jump as a freshman (36-11 1/2)... set six personal bests at the conference meet -- in the pentathlon, long jump, triple jump, 800 meters, high jump and shot put... took second in the long jump (17-11) and triple jump (33-11 1/2), and fifth in the 55 hurdles (8.90) at the Mercantile Bank Invitational... won the UNI-Dome Open long jump (17-10 1/4) and placed sixth at the Wisconsin Invitational (17-5)... placed second in the long jump (18-1 1/4) and sixth in the...
Panther Profiles

Kari Thilges
Junior • Distance
West Bend, Iowa (West Bend-Mallard HS)

1998: Cross Country - Placed third for UNI and 15th overall at the Missouri Valley Conference Championships...named to the conference all-scholar team...among the team's top four runners all year with a season-best time of 18:25...top finish was 12th at the Indiana State Invitational. Outdoor - Placed sixth in the 3,000 at the conference meet (10:27.40) and 11th in the 10,000 (41:22.25)...took fourth in the 3,000 at the Jim Duncan Invitational (10:49.20), sixth at the Florida State Relays (10:33.41), ninth at the Wisconsin Invitational (10:29.07) and 10th at the Sun Devil Relays (10:23.04)...placed fourth in the mile at the UNI Open (4:51.58). Indoor - Ran a season-best 10:25.84 in the 3,000 at the Iowa State Holiday Classic and turned in her top 5,000 time of 18:25.45 on the same track at the Iowa State Classic...finished third in the 3,000 at the UNI-Dome Open (10:31.08), third at the Hawkeye Open (11:32.20), fifth at the Mercantile Bank Invitational (10:33.45) and eighth at the Iowa State Open (10:34.07). 1997: Cross Country - Placed third for UNI and 19th overall at the Valley meet...named to the conference all-scholar team...finished 23rd at the district meet to earn all-district honors. Outdoor - Placed 12th in the 3,000 and 15th in the 5,000 at the conference meet as a freshman...took fifth in the 3,000 at the Florida State Relays (10:30.66), fourth at the Iowa Invitational (10:33.74) and ninth at the Wisconsin Invitational (10:35.04)...posted a fifth-place finish at the SEMotion Relays in the 5,000 (18:40.18). Indoor - Placed 13th at the conference meet in the 3,000 as freshman (10:28.66)...won the 3,000 at the UNI-Dome Open (10:33.68)...ran third in the 3,000 at the Mercantile Bank Invitational (10:45.28), Iowa State Holiday Classic (10:56.29), Iowa Invitational (10:58.00) and Redbird Open (10:37.40). High School: Finished third at the state meet in the 3,000 and fifth in the 1,500 as a senior...also lettered in basketball. Personal: Majoring in Business Management...daughter of Lloyd and Jean Thilges.

Personal Bests: 5K--18:25; 3000m--10:25.84 (indoor), 10:23.04 (outdoor); 5000m--18:25.45 (indoor), 18:18.61 (outdoor).

Dee Wear
Sophomore • Hurdles
Mt. Pleasant, Iowa (Mt. Pleasant HS)

1998: Outdoor - Just missed all-conference honors in the 100-meter hurdles, finishing fourth at the Valley meet (14.50)...placed second at the Iowa Invitational (14.58), fifth at the UNI Open (15.03), seventh at the Jim Duncan Invitational (15.18), and 18th at the Sun Devil Relays (14.97). Indoor - Redshirted. High School: An elite all-state performer who won the state 100-meter hurdles title as a junior and finished sixth her senior year. Personal: Undecided major...daughter of Lawrence and Sindy Wear. Personal Bests: 55m hurdles--8.40; 100m hurdles--14.50.

Kari Whitman
Senior • Distance
Grand Mound, Iowa (Calamus-Wheatland HS)

1998: Cross Country - A member of UNI's team that placed fifth at the Missouri Valley Conference Championships. Outdoor - Posted a season-best 5:00.44 in the 1,500 at the UNI Open, where she finished sixth. Indoor - Redshirted. 1997: Outdoor - Redshirted. Indoor - Recorded her season-best time in the mile, 5:37.95, at the Redbird Open, finishing 11th. 1996: Cross Country - Finished fourth for the Panthers and 32nd overall at the Valley meet...a consistent member of the team's top four runners. Indoor - Placed 13th in the mile run at the conference meet (5:33.77)...finished eighth in the mile at the Iowa State Holiday Classic (5:36.52). High School: A state track and cross country qualifier her first three years...named her conference's most valuable cross country and track runner...also lettered in basketball. Personal: Majoring in Physical Therapy...daughter of Wayne and Marcia Whitman.

Personal Bests: mile--5:33.77; 1500m--5:00.44.

Melissa Yerk
Senior • Throws
Belvidere, Ill. (Belvidere HS)

1998: Outdoor - Set a UNI record in the hammer throw with a toss of 163-11 in winning the Wisconsin Invitational...qualified for the Drake Relays in the hammer, placing 17th (159-1/2)...placed fifth at the Missouri Valley meet in the hammer (163-9)...captured the hammer throw (163-4) and discus (142-8) at the UNI Open...finished fourth at the Sun Devil Relays (156-1)...runnerup in the hammer at the Florida State Relays (155-6). Indoor - Provisionally qualified for the NCAA Championships with a school-record 56-2 effort in the 20-pound weight at the Husker Invitational, which also was the fifth-best throw in the Valley...won the Iowa Invitational (52-9 3/4) and finished second at the UNI-Dome Open (55-9 3/4) and Mercantile Bank Invitational (56-0)...finished fourth at the Iowa State Open (57-3/4). 1997: Outdoor - Finished fourth in the hammer (130-0) and eighth in the discus (117-5) at the Florida State Relays...took fifth in the hammer (135-0) at the Wisconsin Invitational. Indoor - Recorded a season-best 52-8 1/2 in the weight throw at the Mercantile Bank Invitational, finishing second...placed second at the UNI-Dome Open (47-10 3/4) and third at the Iowa Invitational (45-8 1/2). 1996: Outdoor - Set a then-school record in the hammer at 149-1 at the SEMotion Relays...placed fifth in the hammer (146-7) and ninth in the shot put (39-4 1/2) at the MVC Championships. Indoor - Set a then-school record and provisionally qualified for the NCAA meet with a 51-9 3/4 effort in an NCAA Last Chance Meet in Ames...took second at the UNI-Dome Open (48-3)...threw 50-1 in the 20# weight while finishing third at the Mercantile Bank Invitational. High School: Placed second at the state meet in the discus as a senior...a four-year all-conference performer...also lettered in volleyball. Personal: Majoring in Leisure Services/Therapeutic Recreation...daughter of Gary and Sheridan Yerk.

Personal Bests: 20# weight--56-2; hammer--163-11.
### NCAA QUALIFYING STANDARDS

#### MEN

<table>
<thead>
<tr>
<th>Event</th>
<th>AUTOMATIC</th>
<th>PROVISIONAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>55 Meters</td>
<td>6.16</td>
<td>6.28</td>
</tr>
<tr>
<td>60 Meters</td>
<td>6.62</td>
<td>6.74</td>
</tr>
<tr>
<td>55-Meter Hurdles</td>
<td>7.23</td>
<td>7.37</td>
</tr>
<tr>
<td>60-Meter Hurdles</td>
<td>7.74</td>
<td>7.88</td>
</tr>
<tr>
<td>200 Meters</td>
<td>21.30</td>
<td>21.60</td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>46.97</td>
<td>46.7</td>
</tr>
<tr>
<td>(200m/220 yds)*</td>
<td>46.72</td>
<td>46.4</td>
</tr>
<tr>
<td>(Over 200m/220 yds)*</td>
<td>46.32</td>
<td>46.0</td>
</tr>
<tr>
<td>800 Meters</td>
<td>1:48.25</td>
<td>1:48.0</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>1:47.65</td>
<td>1:47.4</td>
</tr>
<tr>
<td>Mile</td>
<td>4:01.80</td>
<td>4:01.5</td>
</tr>
<tr>
<td>(Over 200m/220 yds)*</td>
<td>4:00.07</td>
<td>4:00.7</td>
</tr>
<tr>
<td>3,000 Meters</td>
<td>7:59.50</td>
<td>7:59.2</td>
</tr>
<tr>
<td>(200m/220 yds)*</td>
<td>7:58.20</td>
<td>7:57.9</td>
</tr>
<tr>
<td>(Over 200m/220 yds)*</td>
<td>8:12.00</td>
<td>8:11.7</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>14:00.00</td>
<td>13:59.7</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>13:58.15</td>
<td>13:57.9</td>
</tr>
<tr>
<td>Mile Relay</td>
<td>3:10.00</td>
<td>3:09.7</td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>3:08.50</td>
<td>3:08.2</td>
</tr>
<tr>
<td>(Over 200m/220 yds)*</td>
<td>3:06.80</td>
<td>3:06.6</td>
</tr>
<tr>
<td>Distance Medley Relay-Meters</td>
<td>6:40.00</td>
<td>6:39.7</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>6:37.75</td>
<td>6:37.5</td>
</tr>
<tr>
<td>Distance Medley Relay-Yards</td>
<td>9:43.50</td>
<td>9:43.2</td>
</tr>
<tr>
<td>(Over 200m/220 yds)*</td>
<td>9:41.25</td>
<td>9:41.0</td>
</tr>
</tbody>
</table>

#### OUTDOOR

<table>
<thead>
<tr>
<th>Event</th>
<th>AUTOMATIC</th>
<th>PROVISIONAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Meters</td>
<td>10.18</td>
<td>10.34</td>
</tr>
<tr>
<td>200 Meters</td>
<td>20.50</td>
<td>20.65</td>
</tr>
<tr>
<td>400 Meters</td>
<td>45.40</td>
<td>45.1</td>
</tr>
<tr>
<td>800 Meters</td>
<td>1:47.20</td>
<td>1:46.9</td>
</tr>
<tr>
<td>1,500 Meters</td>
<td>3:41.30</td>
<td>3:41.0</td>
</tr>
<tr>
<td>Mile</td>
<td>3:59.00</td>
<td>3:58.7</td>
</tr>
<tr>
<td>3,000-Meter Steeplechase</td>
<td>8:43.00</td>
<td>8:42.7</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>13:48.00</td>
<td>13:47.7</td>
</tr>
<tr>
<td>10,000 Meters</td>
<td>29:10.00</td>
<td>29:09.7</td>
</tr>
<tr>
<td>110-Meter Hurdles</td>
<td>13.72</td>
<td>14.00</td>
</tr>
<tr>
<td>400-Meter Hurdles</td>
<td>50.15</td>
<td>49.9</td>
</tr>
<tr>
<td>400-Meter Relay</td>
<td>39.35</td>
<td>39.1</td>
</tr>
<tr>
<td>440-Yard Relay</td>
<td>39.55</td>
<td>39.3</td>
</tr>
<tr>
<td>1,600-Meter Relay</td>
<td>3:04.00</td>
<td>3:03.7</td>
</tr>
<tr>
<td>Mile Relay</td>
<td>5:05.20</td>
<td>5:04.9</td>
</tr>
<tr>
<td>High Jump</td>
<td>2:25 (7-4 1/2)</td>
<td>2:16 (7-1)</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>5:50 (18-0 1/2)</td>
<td>5:25 (17-2 3/4)</td>
</tr>
<tr>
<td>Long Jump</td>
<td>7:85 (25-9 1/4)</td>
<td>7:55 (24-9 1/4)</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>16:20 (53-1 1/4)</td>
<td>15:50 (52-1 1/4)</td>
</tr>
<tr>
<td>Shot Put</td>
<td>19.00 (62-4)</td>
<td>18.00 (58-3 1/4)</td>
</tr>
<tr>
<td>Shot Put Weight</td>
<td>20.65 (68-5)</td>
<td>19.30 (63-4)</td>
</tr>
</tbody>
</table>

#### WOMEN

<table>
<thead>
<tr>
<th>Event</th>
<th>AUTOMATIC</th>
<th>PROVISIONAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>55 Meters</td>
<td>6.78</td>
<td>6.88</td>
</tr>
<tr>
<td>60 Meters</td>
<td>7.28</td>
<td>7.38</td>
</tr>
<tr>
<td>55-Meter Hurdles</td>
<td>7.64</td>
<td>7.84</td>
</tr>
<tr>
<td>60-Meter Hurdles</td>
<td>8.17</td>
<td>8.37</td>
</tr>
<tr>
<td>200 Meters</td>
<td>23.90</td>
<td>24.45</td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>53.80</td>
<td>53.5</td>
</tr>
<tr>
<td>(200m/220 yds)*</td>
<td>53.50</td>
<td>53.2</td>
</tr>
<tr>
<td>(Over 200m/220 yds)*</td>
<td>53.20</td>
<td>52.9</td>
</tr>
<tr>
<td>800 Meters</td>
<td>2:07.50</td>
<td>2:07.2</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>2:07.10</td>
<td>2:06.8</td>
</tr>
<tr>
<td>Mile</td>
<td>4:44.00</td>
<td>4:43.7</td>
</tr>
<tr>
<td>(Over 200m/220 yds)*</td>
<td>4:43.40</td>
<td>4:43.1</td>
</tr>
<tr>
<td>3,000 Meters</td>
<td>9:24.00</td>
<td>9:23.7</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>9:23.20</td>
<td>9:22.9</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>16:20.00</td>
<td>16:19.7</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>16:18.45</td>
<td>16:18.2</td>
</tr>
<tr>
<td>Mile Relay</td>
<td>3:40.50</td>
<td>3:40.2</td>
</tr>
<tr>
<td>(Under 200m/220 yds)*</td>
<td>3:38.50</td>
<td>3:38.2</td>
</tr>
<tr>
<td>(Over 200m/220 yds)*</td>
<td>3:37.30</td>
<td>3:37.0</td>
</tr>
<tr>
<td>Distance Medley Relay-Meters</td>
<td>3:41.75</td>
<td>3:41.5</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>3:39.75</td>
<td>3:39.5</td>
</tr>
<tr>
<td>Distance Medley Relay-Yards</td>
<td>9:12.00</td>
<td>9:11.7</td>
</tr>
<tr>
<td>(200m/220 yds or less)*</td>
<td>9:11.80</td>
<td>9:11.5</td>
</tr>
</tbody>
</table>

#### OUTDOOR

<table>
<thead>
<tr>
<th>Event</th>
<th>AUTOMATIC</th>
<th>PROVISIONAL</th>
</tr>
</thead>
<tbody>
<tr>
<td>100 Meters</td>
<td>11.25</td>
<td>11.55</td>
</tr>
<tr>
<td>200 Meters</td>
<td>23.00</td>
<td>23.55</td>
</tr>
<tr>
<td>400 Meters</td>
<td>52.20</td>
<td>51.9</td>
</tr>
<tr>
<td>800 Meters</td>
<td>2:05.00</td>
<td>2:04.7</td>
</tr>
<tr>
<td>1,500 Meters</td>
<td>4:18.00</td>
<td>4:17.7</td>
</tr>
<tr>
<td>Mile</td>
<td>4:38.64</td>
<td>4:38.4</td>
</tr>
<tr>
<td>3,000 Meters</td>
<td>9:19.00</td>
<td>9:18.7</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>16:16.00</td>
<td>16:15.7</td>
</tr>
<tr>
<td>10,000 Meters</td>
<td>34:30.00</td>
<td>34:29.7</td>
</tr>
<tr>
<td>100-Meter Hurdles</td>
<td>13.10</td>
<td>13.55</td>
</tr>
<tr>
<td>400-Meter Hurdles</td>
<td>57.50</td>
<td>57.2</td>
</tr>
<tr>
<td>400-Meter Relay</td>
<td>44.00</td>
<td>43.7</td>
</tr>
<tr>
<td>440-Yard Relay</td>
<td>44.20</td>
<td>43.9</td>
</tr>
<tr>
<td>1,600-Meter Relay</td>
<td>3:32.50</td>
<td>3:32.2</td>
</tr>
<tr>
<td>Mile Relay</td>
<td>3:33.70</td>
<td>3:33.4</td>
</tr>
<tr>
<td>High Jump</td>
<td>1:87 (6-1 1/4)</td>
<td>1:77 (5-9 3/4)</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>4:00 (13-1 1/2)</td>
<td>3:50 (11-5 3/4)</td>
</tr>
<tr>
<td>Long Jump</td>
<td>6:34 (20-9 1/2)</td>
<td>6:10 (20-0)</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>13.15 (43-1 3/4)</td>
<td>12.60 (41-1 4/4)</td>
</tr>
<tr>
<td>Shot Put</td>
<td>16.10 (52-10)</td>
<td>14.90 (48-10 3/4)</td>
</tr>
<tr>
<td>Shot Put Weight</td>
<td>19.20 (63-0)</td>
<td>17.70 (58-1)</td>
</tr>
</tbody>
</table>
The UNI-Dome is a unique, multi-purpose athletic facility built in 1976 which has earned a reputation as one of the finest collegiate athletic facilities in America.

It has been the site of numerous nationally prominent track and field meets such as the Central Collegiate Conference Championships, the Mid-Continent Conference Championships, the AIAW National Championships and is annually the site of the premier indoor high school track meet in Iowa, the A.D. Dickinson Relays. In February of 1999, the Dome will host its third Missouri Valley Conference Championship, having previously played host to the event in 1993 and '96.

A glance at the UNI-Dome records list shows some of America's finest athletes, both past and present, have competed in the facility in its 22-year history.

The Dome combines the features of a fieldhouse, football stadium and large auditorium. In addition to top track and field events, it also has hosted NCAA football playoffs and was the home of the 1997 NCAA Division I Wrestling Championships, which shattered all previous attendance marks.

Approximately 16,400 spectators can be seated for football games and track meets and 10,000 for course-side activities.

The facility provides an ideal training atmosphere for the Northern Iowa track and field program. The Panthers are able to train in the Dome from November to March, utilizing all the field event stations simultaneously due to the spacious arrangement on the arena floor.

With one of the fastest 200-meter indoor tracks in America to call home, the Panthers annually attract some of the finest teams in the Midwest to their home meets.

With its recent conversion to a hybrid roof system and the installation of a new polyurethane, two-tone track just completed in January, the UNI-Dome is unsurpassed as one of the premier indoor track and field facilities in the United States.

To date, nearly eight million people are estimated to have attended events in the Dome.

### UNI-Dome Records

<table>
<thead>
<tr>
<th>Event</th>
<th>Year</th>
<th>Record</th>
<th>Name</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td>55-Meter Dash</td>
<td>1994</td>
<td>6.09</td>
<td>Mark Witherspoon</td>
<td>Mizuno/Houston Track Club</td>
</tr>
<tr>
<td>55-Meter Hurdles</td>
<td>1996</td>
<td>7.20</td>
<td>Reggie Torian</td>
<td>Wisconsin</td>
</tr>
<tr>
<td>400 Meters</td>
<td>1986</td>
<td>46.38</td>
<td>Tim Simon</td>
<td>Illinois</td>
</tr>
<tr>
<td>600 Meters</td>
<td>1997</td>
<td>1:18.14</td>
<td>Joey Woody</td>
<td>Northern Iowa</td>
</tr>
<tr>
<td>800 Meters</td>
<td>1996</td>
<td>1:47.22</td>
<td>Einars Tupuritis</td>
<td>Wichita State</td>
</tr>
<tr>
<td>1,000 Meters</td>
<td>1994</td>
<td>2:27.92</td>
<td>Dmitry Dorzdov</td>
<td>Iowa State</td>
</tr>
<tr>
<td>Mile</td>
<td>1989</td>
<td>4:01.52</td>
<td>Roland Pauweis</td>
<td>Iowa State</td>
</tr>
<tr>
<td>3,000 Meters</td>
<td>1998</td>
<td>8:02.24</td>
<td>Barnaba Korir</td>
<td>Iowa State</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>1998</td>
<td>14:09.59</td>
<td>Don Johns</td>
<td>Eastern Michigan</td>
</tr>
<tr>
<td>Mile Relay</td>
<td>1986</td>
<td>3:10.68</td>
<td>Illinois</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1988</td>
<td>3:34.34</td>
<td>Northern Iowa</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1976</td>
<td>9:57.37</td>
<td>Notre Dame</td>
<td></td>
</tr>
<tr>
<td></td>
<td>1988</td>
<td>2:34.54</td>
<td>Eastern Illinois</td>
<td></td>
</tr>
<tr>
<td>35# Weight</td>
<td>1996</td>
<td>6:7-2</td>
<td>Cedric Chapman</td>
<td>Illinois State</td>
</tr>
<tr>
<td>Shot Put</td>
<td>1976</td>
<td>66-10 1/2</td>
<td>Al Fuerbach</td>
<td>Pacific Coast Track Club</td>
</tr>
<tr>
<td>High Jump</td>
<td>1998</td>
<td>7-5 1/4</td>
<td>Tim Suchan</td>
<td>Unattached</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>1998</td>
<td>52-23/4</td>
<td>Dion Simmons</td>
<td>Unattached</td>
</tr>
<tr>
<td>Long Jump</td>
<td>1998</td>
<td>25-7</td>
<td>Bashir Yimini</td>
<td>Arizona State</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>1990</td>
<td>17-9 1/4</td>
<td>Kelly Riley</td>
<td>Arkansas State</td>
</tr>
</tbody>
</table>

### Women

<table>
<thead>
<tr>
<th>Event</th>
<th>Year</th>
<th>Record</th>
<th>Name</th>
<th>School</th>
</tr>
</thead>
<tbody>
<tr>
<td>55-Meter Dash</td>
<td>1993</td>
<td>6.76</td>
<td>Holli Hyche</td>
<td>Indiana State</td>
</tr>
<tr>
<td>55-Meter Hurdles</td>
<td>1991</td>
<td>7.82</td>
<td>Scylla Murray</td>
<td>Western Illinois</td>
</tr>
<tr>
<td>200 Meters</td>
<td>1993</td>
<td>23.18</td>
<td>Holli Hyche</td>
<td>Indiana State</td>
</tr>
<tr>
<td>400 Meters</td>
<td>1996</td>
<td>54.55</td>
<td>Ellen Grant</td>
<td>Iowa</td>
</tr>
<tr>
<td>600 Meters</td>
<td>1993</td>
<td>1:32.39</td>
<td>Metria Bell</td>
<td>Illinois State</td>
</tr>
<tr>
<td>800 Meters</td>
<td>1998</td>
<td>2:08.17</td>
<td>Janet Westphal</td>
<td>Wisconsin</td>
</tr>
<tr>
<td>1,000 Meters</td>
<td>1993</td>
<td>2:52.44</td>
<td>Joanna Johnson</td>
<td>Drake</td>
</tr>
<tr>
<td>Mile</td>
<td>1982</td>
<td>4:38.30</td>
<td>Darlene Beckford</td>
<td>Harvard</td>
</tr>
<tr>
<td>3,000 Meters</td>
<td>1991</td>
<td>9:45.90</td>
<td>Kathy Campbell</td>
<td>Western Illinois</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>1991</td>
<td>17:34.62</td>
<td>Debbie Ramsay</td>
<td>Indiana State</td>
</tr>
<tr>
<td>Mile Relay</td>
<td>1986</td>
<td>3:44.56</td>
<td>Texas</td>
<td></td>
</tr>
<tr>
<td>Sprint Medley Relay</td>
<td>1982</td>
<td>11:21.92</td>
<td>Virginia</td>
<td></td>
</tr>
<tr>
<td>Distance Medley Relay</td>
<td>1992</td>
<td>8:47.26</td>
<td>Florida State</td>
<td></td>
</tr>
<tr>
<td>Two-Mile Relay</td>
<td>1982</td>
<td>8:47.26</td>
<td>Brown</td>
<td></td>
</tr>
<tr>
<td>20# Weight</td>
<td>1997</td>
<td>62-6 1/2</td>
<td>Kris Corwyn</td>
<td>Iowa State</td>
</tr>
<tr>
<td>Shot Put</td>
<td>1982</td>
<td>54-11 3/4</td>
<td>Rosemarie Blauch</td>
<td>Tennessee</td>
</tr>
<tr>
<td>High Jump</td>
<td>1982</td>
<td>6-1 3/4</td>
<td>Gale Charmaine</td>
<td>Arizona</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>1995</td>
<td>40-2 3/4</td>
<td>Diana Leftridge</td>
<td>Northern Iowa</td>
</tr>
<tr>
<td>Long Jump</td>
<td>1982</td>
<td>20-8 3/4</td>
<td>Donna Thomas</td>
<td>North Texas State</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>1998</td>
<td>9-0 1/4</td>
<td>Jessica Fisher</td>
<td>Northern Iowa</td>
</tr>
<tr>
<td>Pentathlon</td>
<td>1982</td>
<td>4266 pts.</td>
<td>Julie White</td>
<td>Boston University</td>
</tr>
</tbody>
</table>
Northern Iowa's track and field teams compete outdoors at the new UNI Complex, located just across the street from the UNI-Dome.

The complex, which combined with the UNI-Dome gives Northern Iowa the finest combination of indoor and outdoor facilities in America, opened just last spring. In its inaugural season, the complex hosted the first annual Northern Iowa Open and the Missouri Valley Conference Championships, which the Panther men's team won.

The University's investment in these new surfaces gives the Panthers the advantage of training and competing under ideal conditions any time of the year.

The new 400-meter, eight-lane track is made of the latest state-of-the-art polyurethane surface. The track surrounds a field area that features a steeplechase water jump, two pits each for the long and triple jump, dual throw rings for the weights, a discus/hammer cage and full pour takeoffs for the pole vault, long jump and triple jump.

### UNI Outdoor Complex Records

#### Men

<table>
<thead>
<tr>
<th>Event</th>
<th>Time/Score</th>
<th>Competitor(s)</th>
<th>University/Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>100-Meter Dash</td>
<td>10.19</td>
<td>Clarkson Reid</td>
<td>Southwest Missouri State (1998)</td>
</tr>
<tr>
<td>400 Meters</td>
<td>47.00</td>
<td>Andre Morris, Unattached</td>
<td>(1998)</td>
</tr>
<tr>
<td>400-Meter Hurdles</td>
<td>49.58</td>
<td>Joey Woody, Reebok</td>
<td>(1998)</td>
</tr>
<tr>
<td>800 Meters</td>
<td>1:50.88</td>
<td>Mike Layne</td>
<td>Iowa (1998)</td>
</tr>
<tr>
<td>1,500 Meters</td>
<td>3:55.56</td>
<td>Jay Brock, Northern Iowa</td>
<td>(1998)</td>
</tr>
<tr>
<td>3,000-Meter Steeplechase</td>
<td>9:02.58</td>
<td>Jay Brock, Northern Iowa</td>
<td>(1998)</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>14:45.94</td>
<td>Chad Schwitters</td>
<td>(1998)</td>
</tr>
<tr>
<td>10,000 Meters</td>
<td>31:45.76</td>
<td>Chris Bailey, Illinois State</td>
<td>(1998)</td>
</tr>
<tr>
<td>4 x 100 Relay</td>
<td>40.54</td>
<td>Hawkins, Reid, Crookendale, Estwick</td>
<td>(1998)</td>
</tr>
<tr>
<td>4 x 400 Relay</td>
<td>3:11.89</td>
<td>Archer, King, Wilson, Forder</td>
<td>Southern Illinois (1998)</td>
</tr>
<tr>
<td>Javelin</td>
<td>201-1</td>
<td>Devyn Resmer, Southern Illinois</td>
<td>(1998)</td>
</tr>
<tr>
<td>High Jump</td>
<td>7-2</td>
<td>Tim Suchan, Unattached</td>
<td>(1998)</td>
</tr>
<tr>
<td>Pole Vault</td>
<td>17-11</td>
<td>Juri Rovan, Northern Iowa</td>
<td>(1998)</td>
</tr>
<tr>
<td>Decathlon</td>
<td>7031 pts.</td>
<td>Travis Geopfert</td>
<td>Northern Iowa (1998)</td>
</tr>
</tbody>
</table>

#### Women

<table>
<thead>
<tr>
<th>Event</th>
<th>Time/Score</th>
<th>Competitor(s)</th>
<th>University/Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>100-Meter Dash</td>
<td>11.71</td>
<td>Trudi Garrett</td>
<td>Southwest Missouri State (1998)</td>
</tr>
<tr>
<td>100-Meter Hurdles</td>
<td>13.94</td>
<td>Paula Ruen</td>
<td>Iowa (1998)</td>
</tr>
<tr>
<td>400 Meters</td>
<td>54.42</td>
<td>Juliet Pommells</td>
<td>Southwest Missouri State (1998)</td>
</tr>
<tr>
<td>400-Meter Hurdles</td>
<td>1:01.53</td>
<td>Angie Bruecker</td>
<td>Indiana State (1998)</td>
</tr>
<tr>
<td>800 Meters</td>
<td>2:11.44</td>
<td>Jenny Jackson, Unattached</td>
<td>(1998)</td>
</tr>
<tr>
<td>1,500 Meters</td>
<td>4:35.07</td>
<td>Angie Menser</td>
<td>Indiana State (1998)</td>
</tr>
<tr>
<td>3,000 Meters</td>
<td>9:56.72</td>
<td>Mary Ellen Hill, Bradley</td>
<td>(1998)</td>
</tr>
<tr>
<td>5,000 Meters</td>
<td>17:47.21</td>
<td>Mary Ellen Hill, Bradley</td>
<td>(1998)</td>
</tr>
<tr>
<td>10,000 Meters</td>
<td>37:25.73</td>
<td>Jenny Monaco, Southern Illinois</td>
<td>(1998)</td>
</tr>
<tr>
<td>4 x 100 Relay</td>
<td>45.88</td>
<td>Julianne, Southern Missouri State</td>
<td>(1998)</td>
</tr>
<tr>
<td>4 x 400 Relay</td>
<td>3:42.09</td>
<td>Southtown Missouri State</td>
<td>(1998)</td>
</tr>
<tr>
<td>Shot Put</td>
<td>47-8-1/2</td>
<td>Andrea Miller, Northern Iowa</td>
<td>(1998)</td>
</tr>
<tr>
<td>Hammer</td>
<td>199-2</td>
<td>Katie Panek, Wichita State</td>
<td>(1998)</td>
</tr>
<tr>
<td>Javelin</td>
<td>176-10</td>
<td>Deana Alexander, Wichita State</td>
<td>(1998)</td>
</tr>
<tr>
<td>High Jump</td>
<td>5-10-3/4</td>
<td>Melissa Dyal, Indiana State</td>
<td>(1998)</td>
</tr>
<tr>
<td>Long Jump</td>
<td>18-10</td>
<td>Jessica Watkins, Southwest Missouri State (1998)</td>
<td></td>
</tr>
</tbody>
</table>

NORTHERN IOWA TRACK & FIELD
<table>
<thead>
<tr>
<th>Event</th>
<th>Record</th>
<th>Year</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>MEN'S INDOOR RECORDS</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>55-Meter Dash</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Dedric Ward</td>
<td>6.31</td>
<td>1998</td>
<td></td>
</tr>
<tr>
<td>3. Joe Fuller</td>
<td>6.34</td>
<td>1984</td>
<td></td>
</tr>
<tr>
<td>4. Doug Case</td>
<td>6.37</td>
<td>1984</td>
<td></td>
</tr>
<tr>
<td><strong>Mile Run</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Tom Penningroth</td>
<td>4:07.54</td>
<td>1989</td>
<td></td>
</tr>
<tr>
<td>3. Bill Glassmaker</td>
<td>4:09.77</td>
<td>1984</td>
<td></td>
</tr>
<tr>
<td>4. Dennis Schultz</td>
<td>4:09.84</td>
<td>1974</td>
<td></td>
</tr>
<tr>
<td>5. Chad Flynn</td>
<td>4:10.57</td>
<td>1993</td>
<td></td>
</tr>
<tr>
<td><strong>Shot Put</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Brent Geringer</td>
<td>60-3 1/4</td>
<td>1979</td>
<td></td>
</tr>
<tr>
<td>3. Arnie Doden</td>
<td>57-0 3/4</td>
<td>1983</td>
<td></td>
</tr>
<tr>
<td>5. Matt Casillas</td>
<td>55-10 1/2</td>
<td>1996</td>
<td></td>
</tr>
<tr>
<td><strong>35# Weight</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Matt Casillas</td>
<td>67-7</td>
<td>1996</td>
<td></td>
</tr>
<tr>
<td>3. Dave Jennings</td>
<td>58-10</td>
<td>1999</td>
<td></td>
</tr>
<tr>
<td>4. Mike Maddox</td>
<td>54-4 3/4</td>
<td>1997</td>
<td></td>
</tr>
<tr>
<td>5. Brad Travis</td>
<td>52-6 3/4</td>
<td>1999</td>
<td></td>
</tr>
<tr>
<td><strong>55-Meter Hurdles</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Johnny Westbrook</td>
<td>7.29</td>
<td>1993</td>
<td></td>
</tr>
<tr>
<td>2. Jay Connor</td>
<td>7.31</td>
<td>1984</td>
<td></td>
</tr>
<tr>
<td>3. Jason Mc Cleary</td>
<td>7.32</td>
<td>1993</td>
<td></td>
</tr>
<tr>
<td>5. Alonzo Clayton</td>
<td>7.40</td>
<td>1997</td>
<td></td>
</tr>
<tr>
<td><strong>200 Meters</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. David Harrington</td>
<td>22.14</td>
<td>1988</td>
<td></td>
</tr>
<tr>
<td><strong>3,000 Meters</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Dan Hostager</td>
<td>8:02.67</td>
<td>1989</td>
<td></td>
</tr>
<tr>
<td>2. Tom Penningroth</td>
<td>8:15.77</td>
<td>1989</td>
<td></td>
</tr>
<tr>
<td>3. Bill Castle</td>
<td>8:17.61</td>
<td>1991</td>
<td></td>
</tr>
<tr>
<td>4. Balazs Csillag</td>
<td>8:23.31</td>
<td>1998</td>
<td></td>
</tr>
<tr>
<td>5. Trent Timson</td>
<td>8:27.94</td>
<td>1988</td>
<td></td>
</tr>
<tr>
<td><strong>4 x 400-Meter Relay</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. 3:14.27</td>
<td>1998</td>
<td></td>
<td></td>
</tr>
<tr>
<td>3. 3:15.01</td>
<td>1988</td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. 3:15.02</td>
<td>1987</td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. 3:15.18</td>
<td>1990</td>
<td></td>
<td></td>
</tr>
<tr>
<td><strong>400 Meters</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Jim Turner</td>
<td>47.01</td>
<td>1990</td>
<td></td>
</tr>
<tr>
<td>2. Jon Judisch</td>
<td>47.07</td>
<td>1998</td>
<td></td>
</tr>
<tr>
<td>4. Brooks Glasnapp</td>
<td>48.44</td>
<td>1987</td>
<td></td>
</tr>
<tr>
<td>5. Joey Woody</td>
<td>48.54</td>
<td>1994</td>
<td></td>
</tr>
<tr>
<td><strong>5,000 Meters</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Dan Hostager</td>
<td>14:27.01</td>
<td>1989</td>
<td></td>
</tr>
<tr>
<td>4. Dan Fick</td>
<td>14:32.95</td>
<td>1985</td>
<td></td>
</tr>
<tr>
<td>5. Marty Greene</td>
<td>14:33.34</td>
<td>1993</td>
<td></td>
</tr>
<tr>
<td><strong>600 Meters</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Gregg Garn</td>
<td>1:20.75</td>
<td>1994</td>
<td></td>
</tr>
<tr>
<td><strong>High Jump</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Tim Suchan</td>
<td>7-4 1/2</td>
<td>1995</td>
<td></td>
</tr>
<tr>
<td>2. Pete Herber</td>
<td>7-3 1/4</td>
<td>1994</td>
<td></td>
</tr>
<tr>
<td>3. Steve Daugherty</td>
<td>7-1 1/2</td>
<td>1992</td>
<td></td>
</tr>
<tr>
<td>4. Ryan Santi</td>
<td>7-0 1/2</td>
<td>1994</td>
<td></td>
</tr>
<tr>
<td>5. Jason Boness</td>
<td>7-0 1/4</td>
<td>1999</td>
<td></td>
</tr>
<tr>
<td><strong>Long Jump</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Devon Davis</td>
<td>25-2 1/2</td>
<td>1999</td>
<td></td>
</tr>
<tr>
<td>2. Jason Mc Cleary</td>
<td>24-8 1/4</td>
<td>1993</td>
<td></td>
</tr>
<tr>
<td>3. Brad Miller</td>
<td>24-0 1/2</td>
<td>1991</td>
<td></td>
</tr>
<tr>
<td>5. Jason Woodford</td>
<td>23-9</td>
<td>1983</td>
<td></td>
</tr>
<tr>
<td><strong>1,000 Meters</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Chad Flynn</td>
<td>2:27.99</td>
<td>1995</td>
<td></td>
</tr>
<tr>
<td>5. Joey Woody</td>
<td>2:30.29</td>
<td>1996</td>
<td></td>
</tr>
<tr>
<td><strong>Triple Jump</strong></td>
<td></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Junior Chukukere</td>
<td>52-1</td>
<td>1992</td>
<td></td>
</tr>
<tr>
<td>2. Alen Toplovcan</td>
<td>50-5 1/4</td>
<td>1997</td>
<td></td>
</tr>
<tr>
<td>3. Devon Davis</td>
<td>49-5</td>
<td>1999</td>
<td></td>
</tr>
<tr>
<td>4. Bill Lawson</td>
<td>49-0 1/4</td>
<td>1978</td>
<td></td>
</tr>
<tr>
<td>5. Bob Williams</td>
<td>46-10 1/4</td>
<td>1982</td>
<td></td>
</tr>
</tbody>
</table>
### WOMEN'S INDOOR RECORDS

<table>
<thead>
<tr>
<th>Event</th>
<th>Record</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>55-Meter Dash</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Sherry Shedd</td>
<td>7.08</td>
<td>1991</td>
</tr>
<tr>
<td>3. Denise Sauerbrei</td>
<td>7.12</td>
<td>1997</td>
</tr>
<tr>
<td>4. Dianna Leftridge</td>
<td>7.15</td>
<td>1995</td>
</tr>
<tr>
<td>5. Amy Goodlaxson</td>
<td>7.18</td>
<td>1996</td>
</tr>
<tr>
<td><strong>Mile Run</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Jenny Jackson</td>
<td>4:52.47</td>
<td>1997</td>
</tr>
<tr>
<td>2. Emily Montgomery</td>
<td>4:56.96</td>
<td>1995</td>
</tr>
<tr>
<td>3. Julie Mazzitelli</td>
<td>5:00.30</td>
<td>1993</td>
</tr>
<tr>
<td>4. Kris Skov Wallace</td>
<td>5:01.44</td>
<td>1982</td>
</tr>
<tr>
<td>5. Kathy Allen</td>
<td>5:02.43</td>
<td>1991</td>
</tr>
<tr>
<td><strong>3,000 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Julie Mazzitelli</td>
<td>9:59.64</td>
<td>1993</td>
</tr>
<tr>
<td><strong>200 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Shantel Twiggs</td>
<td>24.12</td>
<td>1994</td>
</tr>
<tr>
<td>2. Denise Sauerbrei</td>
<td>24.52</td>
<td>1997</td>
</tr>
<tr>
<td>4. Deb Cordner</td>
<td>25.32</td>
<td>1999</td>
</tr>
<tr>
<td>5. Julie Davis</td>
<td>25.36</td>
<td>1991</td>
</tr>
<tr>
<td><strong>400 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>2. Rhonda Eiben</td>
<td>56.49</td>
<td>1997</td>
</tr>
<tr>
<td>3. Deb Cordner</td>
<td>56.87</td>
<td>1999</td>
</tr>
<tr>
<td>4. Dyan Fluhrer</td>
<td>57.00</td>
<td>1992</td>
</tr>
<tr>
<td>5. Shantel Twiggs</td>
<td>57.08</td>
<td>1994</td>
</tr>
<tr>
<td><strong>600 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Diane Black</td>
<td>1:33.60</td>
<td>1990</td>
</tr>
<tr>
<td>2. Jacque Askeland</td>
<td>1:33.71</td>
<td>1994</td>
</tr>
<tr>
<td>3. Nikki Nelson</td>
<td>1:34.87</td>
<td>1999</td>
</tr>
<tr>
<td>4. Heather Sellers</td>
<td>1:36.05</td>
<td>1995</td>
</tr>
<tr>
<td>5. Michelle Surber</td>
<td>1:36.31</td>
<td>1995</td>
</tr>
<tr>
<td><strong>800 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Emily Montgomery</td>
<td>2:09.00</td>
<td>1996</td>
</tr>
<tr>
<td><strong>1,000 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Jenny Jackson</td>
<td>2:53.02</td>
<td>1997</td>
</tr>
<tr>
<td>2. Barb Clark</td>
<td>2:54.74</td>
<td>1988</td>
</tr>
<tr>
<td>4. Natalie Sueppel</td>
<td>2:56.64</td>
<td>1988</td>
</tr>
<tr>
<td>5. Kelly VanDePol</td>
<td>2:58.10</td>
<td>1994</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Record</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>55-Meter Hurdles</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Brenna Fleishman</td>
<td>8.00</td>
<td>1998</td>
</tr>
<tr>
<td>2. Kendra Stannard</td>
<td>8.15</td>
<td>1998</td>
</tr>
<tr>
<td>3. Tiffany Ratzlaff</td>
<td>8.16</td>
<td>1998</td>
</tr>
<tr>
<td>4. Dianna Leftridge</td>
<td>8.40</td>
<td>1995</td>
</tr>
<tr>
<td><strong>3,000 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Sandy Elsberry</td>
<td>17:38.04</td>
<td>1983</td>
</tr>
<tr>
<td>2. Becky Slick</td>
<td>18:20.75</td>
<td>1998</td>
</tr>
<tr>
<td>5. Shawn Magnall</td>
<td>18:30.34</td>
<td>1990</td>
</tr>
<tr>
<td><strong>5,000 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>4. Jessica Fisher</td>
<td>8-0 1/2</td>
<td>1998</td>
</tr>
<tr>
<td>5. Jessica Fisher</td>
<td>8-0</td>
<td>1998</td>
</tr>
<tr>
<td><strong>20# Weight</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Melissa Yerk</td>
<td>56-2</td>
<td>1998</td>
</tr>
<tr>
<td>3. Melissa Yerk</td>
<td>56-0</td>
<td>1998</td>
</tr>
<tr>
<td>5. Melissa Yerk</td>
<td>55-5 1/2</td>
<td>1998</td>
</tr>
<tr>
<td><strong>400 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Shantel Twiggs</td>
<td>24.12</td>
<td>1994</td>
</tr>
<tr>
<td>2. Denise Sauerbrei</td>
<td>24.52</td>
<td>1997</td>
</tr>
<tr>
<td>4. Deb Cordner</td>
<td>25.32</td>
<td>1999</td>
</tr>
<tr>
<td>5. Julie Davis</td>
<td>25.36</td>
<td>1991</td>
</tr>
<tr>
<td><strong>600 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Diane Black</td>
<td>1:33.60</td>
<td>1990</td>
</tr>
<tr>
<td>2. Jacque Askeland</td>
<td>1:33.71</td>
<td>1994</td>
</tr>
<tr>
<td>3. Nikki Nelson</td>
<td>1:34.87</td>
<td>1999</td>
</tr>
<tr>
<td>4. Heather Sellers</td>
<td>1:36.05</td>
<td>1995</td>
</tr>
<tr>
<td>5. Michelle Surber</td>
<td>1:36.31</td>
<td>1995</td>
</tr>
<tr>
<td><strong>800 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Emily Montgomery</td>
<td>2:09.00</td>
<td>1996</td>
</tr>
<tr>
<td><strong>1,000 Meters</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>1. Jenny Jackson</td>
<td>2:53.02</td>
<td>1997</td>
</tr>
<tr>
<td>2. Barb Clark</td>
<td>2:54.74</td>
<td>1988</td>
</tr>
<tr>
<td>4. Natalie Sueppel</td>
<td>2:56.64</td>
<td>1988</td>
</tr>
<tr>
<td>5. Kelly VanDePol</td>
<td>2:58.10</td>
<td>1994</td>
</tr>
</tbody>
</table>

<table>
<thead>
<tr>
<th>Event</th>
<th>Record</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>4 x 400-Meter Relay</strong></td>
<td></td>
<td></td>
</tr>
<tr>
<td>5. Shedd, Jeschke, Isaacson, Black</td>
<td>3:49.37</td>
<td>1990</td>
</tr>
</tbody>
</table>
### Men's Outdoor Records

#### 100-Meter Dash
1. Jeff Adam 10.41 1998
3. Maceo Strickland 10.43 1994
5. John Harland 10.54 1977

#### 3,000-Meter Steeplechase
1. Jay Brock 8:51.64 1998
2. Jeff Short 9:04.85 1991
3. Steve Gehrart 9:05.74 1986
4. Jim Whitemb 9:10.54 1983
5. Levente Timar 9:15.81 1998

#### Shot Put
1. John Holler 58-6 1978
2. Tom Reints 58-4 1982
3. Mike McCready 57-8 3/4 1971
4. Brent Geringer 57-6 1/4 1979
5. Matt Casillas 54-11 1/2 1995

#### 110-Meter Hurdles
2. Larry McCready 13.84 1967
3. Jeff Adam 13.97 1993
5. Jason McCleary 14.11 1993

#### 5,000 Meters
3. Matt Casillas 14:31.54 1979
4. Brent Geringer 14:32.24 1979
5. Matt Casillas 14:32.58 1993

#### Hammer
1. Allan Walz 197-11 1996
2. Matt Haven 195-7 1984
3. Matt Haven 187-10 1984
4. Matt Casillas 195-7 1996
5. John Holler 165-3 1977

#### 200 Meters
1. Dedric Ward 20.87 1997
2. Kenny Shedd 20.95 1992

#### 10,000 Meters
2. Bryan Huhnerkoch 29:59.24 1979

#### Discus
1. Brent Geringer 199-6 1979
2. Matt Haven 187-10 1984
3. Allan Walz 184-8 1995
4. Arnie Doden 178-0 1983
5. Mike Maddox 177-2 1996

#### 400 Meters
1. Joey Woody 46.46 1997
2. Dennis Roloff 46.94 1972
4. Brooks Glasnapp 47.40 1986
5. Jim Turner 47.43 1991

#### Pole Vault
2. Bob Edwards 17-4 1/2 1992
3. Russ Adams 17-4 1/4 1985
4. Jacob Pauli 17-3 1988
5. Brad Miller 17-0 1990

#### Javelin
1. Juri Rovan 207-7 1995
2. Mike Raffensperger 204-8 1989
4. Brad Miller 192-9 1986
5. Bill Cook 185-7 1996

#### 400-Meter Hurdles
2. Alex Garn 51.69 1995
3. Gregg Garn 51.78 1993
4. Tom Akers 52.00 1979
5. Joel Hartman 52.47 1988

#### High Jump
1. Tim Suchan 7-3 3/4 1991
2. Pete Herber 7-1 3/4 1994
3. Ryan Santi 7-0 1993
5. Steve Weaver 6-11 1983

#### Decathlon
1. Brad Miller 7,419 1992
2. Bill Lawson 7,314 1980
3. Jason McCleary 7,225 1993
4. Travis Geopfert 7,031 1998
5. Bill Cook 6,821 1974

#### 400-Meter Relay
1. Jeff Burris 1:48.10 1988
5. Kent Terrillion 1:49.70 1990

#### 1,500 Meters
1. Junio Chukukere 3:44.06 1979
2. Alen Topolovcan 3:47.65 1980
4. Chad Flynn 3:49.20 1995
5. Carl Burrell 3:50.74 1984

#### Long Jump
1. Wayne Simon 24-10 3/4 1987
2. Jason McCleary 24-10 1/4 1993
4. Todd Madsen 24-2 1/4 1993
5. Bob Smith 24-1 3/4 1992

#### Triple Jump
1. Junior Chukukere 51-6 1/4 1992
2. Alen Topolovcan 50-7 1/4 1996
5. Craig Fay 49-6 1/2 1968

26 NORTHERN IOWA TRACK & FIELD
## Women's Outdoor Records

### 100-Meter Dash
1. Shantel Twiggs 11.20 1994
2. Denise Sauerbrei 11.70 1997
3. Sherry Shedd 11.96 1992
   Michelle Dunagan 12.04 1985

### 100-Meter Hurdles
4. Sue Buffington 14.84 1977
   Cathy Rardin 14.84 1982

### 200 Meters
1. Shantel Twiggs 23.04 1993
2. Denise Sauerbrei 23.73 1997
3. Sherry Shedd 24.29 1990
4. Tracy Wentzien 24.85 1979
5. Rhonda Eiben 24.91 1997

### 400 Meters
1. Sherry Shedd 53.74 1992
2. Diane Black 55.27 1991
3. Rhonda Eiben 55.32 1997
4. Jill Bakewell 55.84 1998
5. Dyan Fluhrer 55.99 1993

### 400-Meter Hurdles
1. Michelle Surber 1:02.72 1997
2. Brenna Fleishman 1:04.69 1998
3. Deb Schmeling 1:05.24 1980
4. Deb TeSlaa 1:06.80 1989
5. Amy Wheeler 1:07.44 1990

### 800 Meters
1. Emily Montgomery 2:08.39 1995
4. Darsi Evans 2:12.28 1987

### 1,500 Meters
1. Emily Montgomery 4:33.45 1995
2. J'ne Day 4:33.46 1982

### 3,000 Meters
1. Sandy Elsberry 9:52.74 1984
2. Julie Mazzitelli 10:00.24 1993
3. Kary Kleber 10:05.55 1986
4. Becky Slick 10:07.27 1998
5. Heather Muilenburg 10:15.10 1997

### 5,000 Meters
1. Sandy Elsberry 17:11.14 1994
2. Heidi Heiar 17:43.14 1993
3. Amy Gielau 18:02.11 1996
4. Heather Muilenburg 18:07.70 1993

### 10,000 Meters
1. Suzie Scheer 36:06.04 1984
2. Amy Gielau 37:32.91 1993
3. Heidi Heiar 38:27.64 1993
4. Michelle Wing 38:55.98 1993

### Pole Vault

### High Jump
1. Jeannette Brown 5-7 1982
2. Karen Smith 5-7 1987
3. Amy Engle 5-6 1998
4. Amy Oleson 5-6 1994
5. Molly Ostrander 5-4 1/2 1993

### Long Jump
1. Dianna Leftridge 21-3 1994
2. Sheila Sohner 18-6 3/4 1982
5. Julie Davis 16-9 1/2 1991

### Triple Jump
1. Dianna Leftridge 41-9 1/4 1994
2. Kendra Stannard 38-2 1/4 1996
3. Rhonda Butt 37-3 1/2 1985

### Shot Put
1. Lisa Tatman 48-0 1988
2. Andrea Miller 47-8 1/2 1998
3. Donna Wheeler 45-1 1989
4. Vicki White 44-0 1993
5. Maren Sehusen 43-10 1/2 1984

### Hammer
2. Stephanie Wainscott 129-5 1996

### Discus
1. Kristie Oleen 146-0 1990
2. Lisa Tatman 144-3 1988
3. Kari Thilges 146-0 1990
4. Lisa Tatman 144-3 1988
5. Andrea Miller 138-7 1998

### Javelin
1. Donna Wheeler 148-7 1988
2. Joan Sexton 141-6 1981
3. Lisa Tatman 135-1 1989
5. Angie Beck 119-3 1989

### Heptathlon
1. Kendra Stannard 4,748 1996
2. Karen Smith 4,639 1987
3. Val Patterson 4,212 1994
4. Molly Ostrander 4,091 1994

### 4 x 400-Meter Relay
1. Fluhrer, Depew, Twiggs, Shedd 3:45.07 1992
2. Jenny Jackson 3:46.09 1994
3. 3:46.39 1991
4. 3:46.84 1997
5. 3:49.75 1995
MEN'S INDOOR

All-Americans
1989 - Jeff Burris (800 Meters)
  Dan Hostager (3,000 Meters)
1993 - Johnny Westbrook (55-Meter Hurdles)
1996 - Joey Woody (800 Meters)
  Juri Rovan (Pole Vault)

NCAA Division I Qualifiers
(Automatic & Provisional)
1988 - Jeff Burris, 800 Meters
1989 - Jeff Burris, 800 Meters
  Dan Hostager, 3,000 Meters
1990 - Jim Turner, 400 Meters
  Kenny Shedd, 200 Meters
1991 - Brad Miller, Pole Vault
  Bob Edwards, Pole Vault
  Steve Daugherty, High Jump
  Tim Suchan, High Jump
1993 - Johnny Westbrook, 55-Meter Hurdles
  Jason McCleary, 55-Meter Hurdles
  Miklos Arpasi, 800 Meters
1994 - Tim Suchan, High Jump
  Pete Herber, High Jump
  Miklos Arpasi, 800 Meters
1995 - Tim Suchan, High Jump
  Jason McCleary, 55-Meter Hurdles
  Matt Casillas, 35# Weight
1996 - Matt Casillas, 35# Weight
  Allan Walz, 35# Weight
  Juri Rovan, Pole Vault
  Joey Woody, 55-Meter Hurdles/800 Meters
1997 - Juri Rovan, Pole Vault
1998 - Juri Rovan, Pole Vault
  Jacob Pauli, Pole Vault

Conference Champions
1960 - Jerry Stillwell, Broad Jump
  Bill Kaufmann, High Jump
  Jim Duea, Vault
  Hal Byram, 440 Yards
  Dennis Corwin, 880 Yards
  John States, 60-Yard Hurdles
1961 - Paul Dielke, High Jump
  Dick Dotson, Vault
  Jim Miller, Mile Run
  Dick Sherman, Shot Put
  Max Huffman, Broad Jump
  Gary Shoemaker, 60-Yd. H. Hurdles
  Dick Juhl, Two-Mile Run
  Eight-Lap Relay
1962 - Delbert Lowery, High Jump
  Dave Sunken, High Jump
  Bill Hood, Shot Put
  Dick Dotson, Vault
  Bob Crane, Vault
  Jay Prichard, Mile Run
  Jay Prichard, Two-Mile Run
  John Bagley, Broad Jump
  Larry Markley, 440-Yd. Dash
  Larry Markley, 880-Yd. Run
  John Raffensperger, 60-Yd. L. Hurdles
  Jim Miller, 1000-Yd. Run
1963 - Hank Sattari, High Jump
  George McBee, Broad Jump
  George McBee, Vault
  Jim Erickson, Shot Put
  Jay Prichard, Mile Run
  Jay Prichard, Two-Mile Run
  Dave Linder, 440-Yd. Dash
  Dave Linder, 880-Yd. Run
  Gary Shoemaker, 60-Yd. H. Hurdles
  Doug Larson, 60-Yd. L. Hurdles
  Eight-Lap Relay
1964 - George McBee, Broad Jump
  George McBee, Vault
  Glenn Conner, Triple Jump
  Dave Sunken, 440-Yd. Dash
  Bill Bergan, 600-Yd. Dash
  Jay Prichard, Two-Mile Run
  Doug Larson, 80-Yd. L. Hurdles
1966 - Mark Harper, Shot Put
  Bill Rauhausser, Long Jump
  Bill Rauhausser, Triple Jump
  Jim Drouhy, Pole Vault
  Ron Gerard, 50-Yd. H. Hurdles
  Sprint Medley Relay
1967 - Larry McCready, 60-Yd. H. Hurdles
  Larry McCready, 60-Yd. L. Hurdles
  Larry McCready, 60-Yd. Hurdles
  Larry McCreddy, 60-Yd. L. Hurdles
  Craig Fay, Triple Jump
1969 - Rich Franklin, Long Jump
  Larry McCreedy, 60-Yd. H. Hurdles
  Larry McCreedy, 60-Yd. L. Hurdles
  Wayne Carpenter, 1000-Yd. Run
  Larry Daniels, 880-Yd. Run
1970 - Wayne Carpenter, Mile Run
1972 - Dennis Roloff, 440-Yd. Dash
1973 - Dennis Schultz, 1000-Yd. Run
  Dennis Schultz, 880-Yd. Run
  Dennis Roloff, 600-Yd. Dash
  John Wessely, 60-Yd. I. Hurdles
1974 - Not available
1975 - John Holler, Shot Put
1976 - John Holler, Shot Put
  Joel Rogers, 60-Yd. H. Hurdles
1977 - Al Atherton, 60-Yd. Dash
  John Holler, Shot Put
  Bill Glassmaker, 1000-Yd. Run
  Bill Glassmaker, 600-Yd. Dash
  Rick Friedman, 880-Yd. Run
  Mile Relay
1978 - Kelly Ellis, 60-Yd. Dash
  Kelly Ellis, 300-Yd. Dash
  John Holler, Shot Put
  Bill Glassmaker, 600-Yd. Dash
  Rick Friedman, 880-Yd. Run
  Mile Relay
1979-83 No conference meet
1984 - Jay Connor, 60-Yd. Hurdles
  Steve Muntz, 880 Yards
  Russ Adams, Pole Vault
  Distance Medley Relay
1985 - Paul Egger, 1000 Yards
  Troy Becker, Pole Vault
  Todd Goodell, Two Mile
  Distance Medley Relay
1986 - Joe Fuller, 60-Yd. Dash
  Wayne Simon, Long Jump
  Wayne Simon, Triple Jump
  Brooks Glasnapp, 600 Yards

Conference Athlete of the Year
(since 1984)
1989 - Dan Hostager
1990 - Jim Turner
1995 - Tim Suchan (Field)
1997 - Juri Rovan (Field)
UNI HONOR ROLL

Conference Coach of the Year
(since 1984)
1984 - Lynn King
1985 - Chris Bucknam
1986 - Chris Bucknam
1988 - Chris Bucknam
1989 - Chris Bucknam
1990 - Chris Bucknam
1995 - Chris Bucknam
1996 - Chris Bucknam

Bill Lawson (Decathlon)
Mike McCready, Discus
Bill Glassmaker, 800 Meters
Bill Lawson (Decathlon)

MEN’S OUTDOOR
National Champions
1997 - Joey Woody (400-Meter Hurdles)
Division II
1978 - Brent Geringer (Discus)
World Championships
1997 - Joey Woody (400-Meter Hurdles)

All-Americans
1939 - William Jenkins (Cross Country)
1974 - Brent Geringer (Discus)
1994 - Joey Woody (400-Meter Hurdles)
1995 - Joey Woody (400-Meter Hurdles)
1997 - Joey Woody (400-Meter Hurdles)
1998 - Juri Rovan (Pole Vault)

Division II
1968 - Larry McCready (120 Hurdles)
1969 - Larry McCready (120 Hurdles)
Wayne Carpenter (Mile)
1970 - Wayne Carpenter (Mile)
Mike McCready (Shot Put)
Rich Twedt (Cross Country)
1971 - Mike McCready (Shot Put, Discus)
Rich Twedt (Three-Mile, Cross Country)
1972 - Mike McCready (Shot Put)
Rich Twedt (Cross Country)
1973 - Rich Twedt (Cross Country)
Ron Peters (Cross Country)
Dennis Roloff (Mile)
Dennis Schultz (Mile)
Davie Anderson, Mike Byington, Steve DeSerano,
Dennis Roloff (Mile Relay)
1974 - Dennis Schultz (Mile)
Rich Twedt (Six-Mile)
Scott Noltensmeier (120 Hurdles)
Steve Ford (Pole Vault)
Kent Wessely (High Jump)
Bill Cook (Decathlon)
1975 - Keith Schmidt (Pole Vault)
1977 - Bill Friedman (1,500 Meters)
John Holler (Shot Put)
Brent Geringer (Discus)
Bill Glassmaker (800 Meters)
Bill Lawson (Decathlon)
1978 - Brent Geringer (Discus, Shot Put)
Bob Friedman (1,500 Meters)
Bill Glassmaker (800 Meters)
Bill Lawson (Decathlon)
Tom Rogers (Pole Vault)
1979 - Bob Friedman (1,500 Meters)

Brent Geringer (Discus, Shot Put)
Bill Glassmaker (600 Meters)
Tom Akers (400 Hurdles)
Miklos Arpasi, 800 Meters

NCAA Qualifiers
(Automatic & Provisional)
1985 - Russ Adams, Pole Vault
1990 - Jeff Burris, 800 Meters
1992 - Brad Miller, Decathlon
1993 - Joey Woody, 400 Hurdles
Jason McCleary, Decathlon
Miklos Arpasi, 800 Meters
1994 - Joey Woody, 400 Hurdles
Tim Suchan, High Jump
Miklos Arpasi, 800 Meters
1995 - Tim Suchan, High Jump
Joey Woody, 400 Hurdles
Allan Walz, Discus
1996 - Juri Rovan, Pole Vault
Allan Walz, Discus/Hammer Throw
1997 - Joey Woody, 110 Hurdles/400 Hurdles
400 Meters
Juri Rovan, Pole Vault

Conference Champions
1960 - Hay Byram, 440-Yd. Dash
Dick Dotson, Pole Vault
Mile Relay
1961 - Dick Dotson, Pole Vault
1962 - Dave Suntken, 440-Yd. Dash
John Raffensperger, 220-Yd. Dash
Delbert Lowery, High Jump
Dick Dotson, Pole Vault
1963 - Dave Suntken, 440-Yd. Dash
Dave Linder, 880-Yd. Run
Hank Sattari, Javelin
1964 - Hank Sattari, Javelin
Jay Prichard, Mile Run
Dave Suntken, High Jump
Rich Engel, 880-Yd. Run
George McBee, Pole Vault
1965 - Bill Rauhauser, Broad Jump
Bill Rauhauser, Triple Jump
Ron Gerard, 120-Yd. H. Hurdles
Mike Long, 330-Yd. I. Hurdles
1966 - Ron Gerard, 120-Yd. H. Hurdles
Bob Ruchti, 220-Yd. Dash
1967 - Larry McCready, High Jump
Larry McCready, 120-Yd. H. Hurdles
Bob Ruchti, 100-Yd. Dash
Bob Ruchti, 220-Yd. Dash
Ken Huelman, Shot Put
1968 - Dick Miller, Discus
Larry McCready, 120-Yd. H. Hurdles
Skip Anderson, High Jump
Craig Fay, Triple Jump

1969 - Mike McCready, Discus
Mike McCready, Shot Put
Larry McCready, 120-Yd. H. Hurdles
Wayne Carpenter, Mile Run
Larry Daniels, 440-Yd. Dash
Craig Fay, Triple Jump
1970 - Mike McCready, Discus
Mike McCready, Shot Put
Wayne Carpenter, Mile Run
Wayne Carpenter, 880-Yd. Run
1971 - Mike McCready, Discus
1972 - Mike McCready, Shot Put
Dennis RoIoff, 440-Yd. Dash
1973 - Mark Chardoulias, Long Jump
Scott Noltensmeier, 120-Yd. H. Hurdles
Dennis RoIoff, 440-Yd. Dash
440-Yard Relay
1974 - Scott Noltensmeier, 120-Yd. H. Hurdles
Dennis RoIoff, 440-Yd. Dash
Kenny Jackson, Long Jump
Dennis Schultz, 880-Yd. Run
Gene Chinander, Javelin
440-Yd. Relay
1975 - Ken Schwartz, Shot Put
Keith Schmidt, Pole Vault
1976 - Bob Friedman, 1500-Meter Run
1977 - Brent Geringer, Discus
John Holler, Shot Put
Tom Akers, 110-Yd. H. Hurdles
Bill Glassmaker, 440-Yd. Dash
1978 - Bill Lawson, Decathlon
Brent Geringer, Discus
Tom Akers, 110-Yd. H. Hurdles
John Holler, Shot Put
Bill Glassmaker, 440-Yd. Dash
440-Yd. Relay
Mile Relay
1979 - Bill Lawson, Decathlon
Tom Reints, Hammer Throw
Tom Reints, Shot Put
Rick Friedman, High Jump
Brent Geringer, Discus
1980 - Bill Lawson, Decathlon
Mitch Willett, Hammer Throw
Mark Feyereisen, 1500 Meters
1981 - Tom Reints, Hammer Throw
Tom Reints, Shot Put
Tim Jameison, Pole Vault
Bob Williams, Long Jump
1982 - Tom Reints, Hammer Throw
Tom Reints, Shot Put
Doug Nelson, 10,000 Meters
Russ Adams, Pole Vault
Bob Williams, Long Jump
Bob Williams, Triple Jump
Matt Haven, Discus
Brian Glassmaker, 1500 Meters
Mile Relay
1983 - Jay Connor, 400-Meter Hurdles
Jason Woodford, Long Jump
Kirk Anderson, 800 Meters
Brian Makela, Triple Jump

NORTHERN IOWA TRACK & FIELD
UNI HONOR ROLL

RUSS ADAMS, Decathlon
RUSS ADAMS, Pole Vault
AMIE DODEN, Shot Put
AMIE DODEN, Discus
440-Yd. Relay

1984 - Kirk Anderson, 800 Meters
Steve Weaver, High Jump
John Place, Decathlon
Matt Haven, Discus

1985 - Chris Leonard, 5000 Meters
Chris Leonard, 10,000 Meters
Solomon Anderson, 800 Meters
Steve Weaver, High Jump
Russ Adams, Pole Vault

1986 - Eric White, 110-Meter Hurdles
Eric White, 400-Meter I. Hurdles
Dave Swanson, 5000 Meters
Todd Goddell, 10,000 Meters
Brooks Glasnap, 400 Meters
Steve Oehrman, 3000-Meter Steeplechase
Jeff Burris, 800 Meters
Troy Becker, Pole Vault
440-Yd. Relay

1987 - Dan Hostager, 5000 Meters
Joel Hartman, 400-Meter I. Hurdles
Brent Wright, High Jump
Mile Relay

1988 - Rodney Garrett, Long Jump
Dan Hostager, 5000 Meters
Dan Hostager, 10,000 Meters
Kelly Tagtow, Discus
Bob Edwards, Pole Vault
Joel Hartman, 400-Meter I. Hurdles

1989 - John Ruth, 3000-Meter Steeplechase
Mike Raffensperger, Javelin
Jim Turner, 200 Meters
Kent Terrillion, 800 Meters
Steve Jay, 1500 Meters
Tom Penningroth, 5000 Meters

1990 - Jeff Short, 3000-Meter Steeplechase
Dan Hostager, 5000 Meters
Dan Hostager, 10,000 Meters
Jeff Burris, 1500 Meters
Dave Cleveland, High Jump
Brad Miller, Pole Vault
Kent Terrillion, 800 Meters
Kenny Shedd, 200 Meters

1991 - Brad Miller, Decathlon
Junior Chukukere, Triple Jump
Tim Suchan, High Jump
Jim Turner, 400 Meters
Bill Castle, 5000 Meters

1992 - Kenny Shedd, 400 Meters
4 x 100 Relay
4 x 400 Relay
Bob Edwards, Pole Vault
Brad Miller, Decathlon

1993 - Jennifer Guy, 110 Hurdles
Joey Woody, 400 Hurdles
4 x 400 Relay
Jason McCleary, Long Jump
Jason McCleary, Decathlon

1994 - Maceo Strickland, 100-Meter Dash
Joey Woody, 110 Hurdles
Joey Woody, 400 Hurdles

1995 - Joey Woody, 110 Hurdles
Joey Woody, 400 Hurdles
Allan Walz, Discus
Juri Rovan, Javelin
Ryan Santi, Decathlon

1996 - Jay Brock, 3000-Meter Steeplechase
Juri Rovan, Pole Vault

1997 - Eric Potter, 800 Meters
Jay Brock, 3000-Meter Steeplechase
Joey Woody, 110 Hurdles
Joey Woody, 400 Hurdles
4 x 400 Relay

1998 - Jay Brock, 3000-Meter Steeplechase
Eddie Berlin, High Jump
Juri Rovan, Pole Vault
Travis Geopfert, Decathlon

Conference Athlete of the Year
(since 1983)
1993 - Jason McCleary (Field)
1994 - Joey Woody (Track)
1995 - Joey Woody (Track)
1996 - All-Americans
1997 - Allan Walz (Field)
1998 - Joey Woody (Track)

Conference Coach of the Year
(since 1983)
1993 - Lynn King
1994 - Lynn King
1995 - Chris Bucknam
1996 - Chris Bucknam

WOMEN'S INDOOR

All-Americans
1993 - Shantel Twiggs (55-Meter Dash)
1994 - Shantel Twiggs (55-Meter Dash)
1995 - Dianna Leftridge (Long Jump)

NCAA Division I Qualifiers
(Automatic & Provisional)
1988 - Shantel Twiggs (55-Meter Dash)
1994 - Shantel Twiggs (55-Meter Dash)
1995 - Dianna Leftridge (Long Jump)
1996 - Emily Montgomery (800 Meters)
Melissa Yerk (20# Weight)

Conference Champions
1987 - 4 x 800 Relay
1988 - Donna Wheeler, Shot Put
4 x 800 Relay
1989 - Lisa Tatman, Shot Put
1990 - Diane Black, 600 Meters
1991 - Sherry Shedd, 55-Meter Dash
Diane Black, 600 Meters
Kathy Allen, 1000 Meters
4 x 400 Relay
1992 - Dyan Fluhrer, 400 Meters
4 x 400 Relay
1993 - Paula Nemmers, 800 Meters
1994 - Dianna Leftridge, Long Jump
1995 - Dianna Leftridge, Long Jump

MVC high jump champion Eddie Berlin

30
NORTHERN IOWA TRACK & FIELD
A campus-wide commitment to great teaching lies at the heart of the University of Northern Iowa's reputation for providing exceptional undergraduate education, as well as complementary programs at the master's, specialist's and doctoral levels.

Building on its historic excellence in teacher education, the University has developed outstanding programs in business, natural sciences, humanities and fine arts, and social and behavioral sciences.

UNI's heritage and philosophy place great value on providing a student-centered educational experience. The University's medium size allows it to offer the faculty, facilities and academic choices of a major university, while retaining a friendly, small college atmosphere.

Throughout the years, the University's academic reputation has proven a key factor in landing recognition as one of the top undergraduate institutions in the region.

*U.S. News and World Report* has recognized the University by ranking it among the best values and most efficient of regional universities in the Midwest in 1997. In past years, UNI as been cited by the magazine in other categories such as "best," best buy," "up and coming," and "#1 in academic reputation."


Enrollment on the 860-acre campus stands at about 13,000 students from every county in Iowa, 40 states and 48 foreign countries.

The school was founded in 1876 as the Iowa State Normal School. In 1909, it became Iowa State Teachers College. In 1961, the name was changed to State College of Iowa, and in 1967, the Iowa Legislature acted to change the status of the institution to that of a university under its present title.

While maintaining its heritage in teacher education, the University has continued its metamorphosis toward a multi-purpose institution, with nationally acclaimed programs in many disciplines. UNI's accounting program continues to be ranked among the best in the nation.

The College of Business Administration has become the largest undergraduate business school in Iowa and has gained a reputation as one of the finest in the Midwest. Student groups ranging from chemistry to conservation to public relations have been recognized by their respective national groups for the excellence of their programs.

UNI also realizes the value of a liberal arts education and has implemented a rigorous General Education curriculum that equips students with a broad understanding and knowledge of how to apply and acquire new information throughout life.

The University of Northern Iowa has a compact, park-like walking campus located in Cedar Falls, an inviting and historic community of about 35,000 people. Together with the adjacent city of Waterloo, the metropolitan area has a culturally diverse population of 115,000 and combines big city opportunities with small town friendliness. Cedar Falls/Waterloo is a center for industry, finance, commerce, recreation and cultural activities for northeast Iowa.
GALLERY OF GREATS

All-American Jeff Burris
Indoor 800 Meters • 1989

All-American Dianna Leftridge
Indoor Long Jump • 1995

All-American Mike McCready
Shot Put • 1970-72

National Champion Brent Geringer
Discus • 1978

All-American Bill Lawson
Decathlon • 1977-80

All-American Juri Rovan
Indoor Pole Vault • 1996
Outdoor Pole Vault • 1997-98

All-American Dan Hostager
Indoor 3000 Meters • 1988

All-American Larry McCready
120-Yard Hurdles • 1968-69

All-American Dennis Schultz
Mile • 1973-74
GALLERY OF GREATS

NCAA Champion
Joey Woody
400-Meter Hurdles
1997

All-American
Indoor 800 Meters
1996
400-Meter Hurdles
1994-95

All-American Rich Twedt
Cross Country • 1970-73
Three-Mile • 1971
Six-Mile • 1974

All-American Shantel Twiggs
55-Meter Dash • 1993-94

All-American Johnny Westbrook
55-Meter High Hurdles • 1993