

1999

Northern Iowa Track and Field '99

University of Northern Iowa

Let us know how access to this document benefits you

Copyright ©1999 Athletics, University of Northern Iowa

Follow this and additional works at: <https://scholarworks.uni.edu/amg>



Part of the [Higher Education Commons](#)

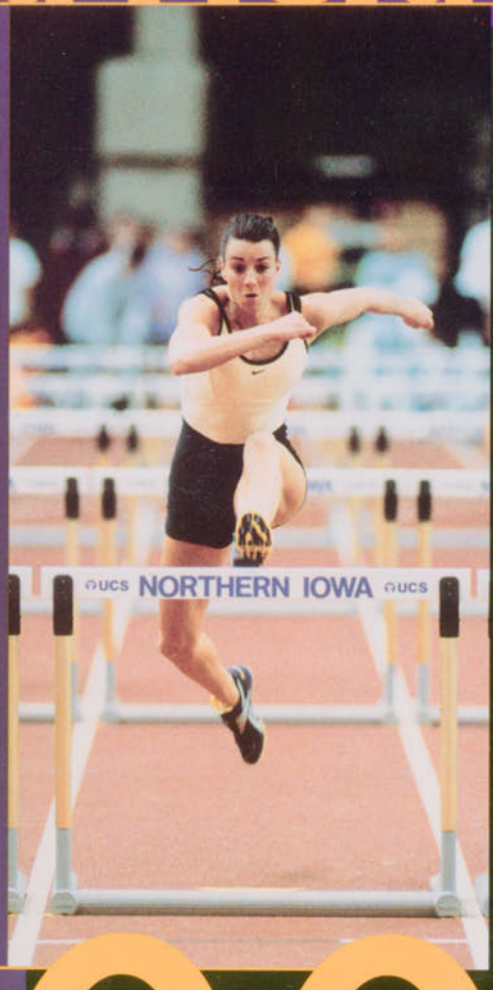
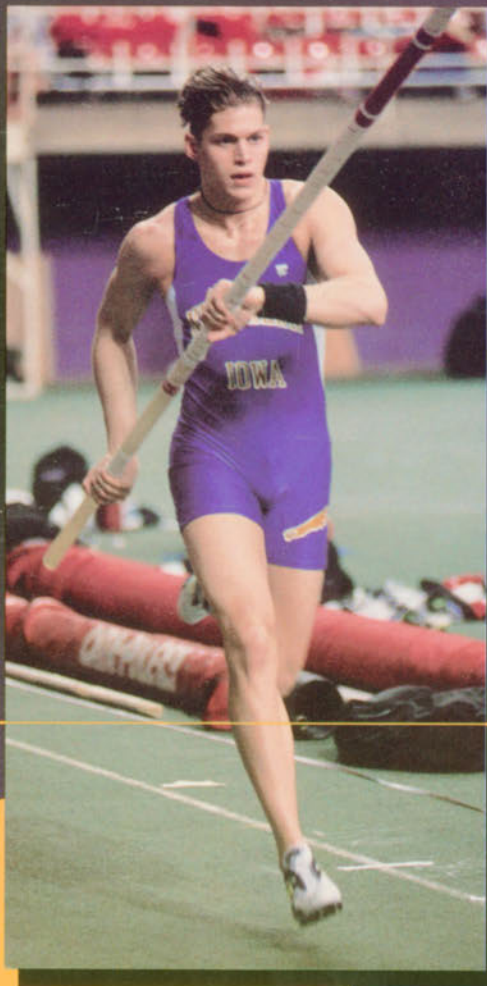
Recommended Citation

University of Northern Iowa, "Northern Iowa Track and Field '99" (1999). *Athletics Media Guides*. 252.
<https://scholarworks.uni.edu/amg/252>

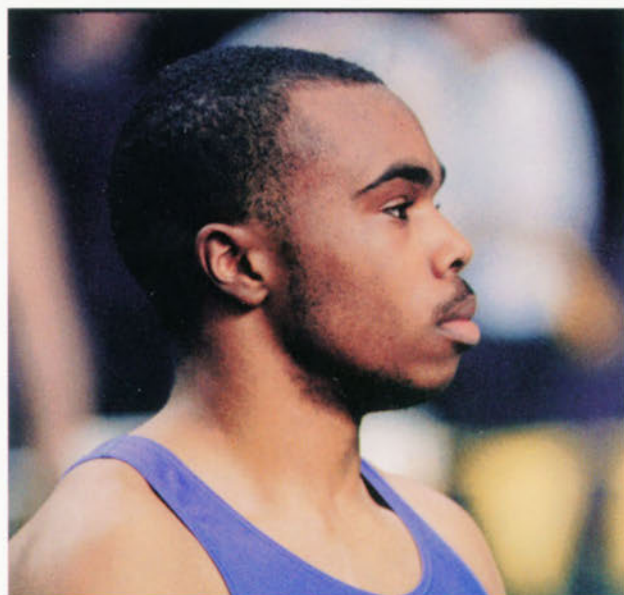
This Book is brought to you for free and open access by the Athletics at UNI ScholarWorks. It has been accepted for inclusion in Athletics Media Guides by an authorized administrator of UNI ScholarWorks. For more information, please contact scholarworks@uni.edu.

Offensive Materials Statement: Materials located in UNI ScholarWorks come from a broad range of sources and time periods. Some of these materials may contain offensive stereotypes, ideas, visuals, or language.

Northern Iowa Track and Field



'99



1999

Northern Iowa Schedule

Indoor

Dec. 11	Iowa State Holiday Classic	Ames
Jan. 17	Badger Invitational	Madison, Wis.
Jan. 23	Iowa State Open	Ames
Jan. 29	Mercantile Bank Invitational	Cedar Falls
Feb. 6	Iowa State Classic	Ames
Feb. 12	UNI-Dome Open	Cedar Falls
Feb. 19-20	Missouri Valley Conference Championships	Cedar Falls
Feb. 26	NCAA Qualifier	Ames
Mar. 5-6	NCAA Championships	Indianapolis, Ind.

Outdoor

Mar. 19-20	Florida State Relays	Tallahassee, Fla.
Apr. 3	All-Sport/SEMotion Relays	Cape Girardeau, Mo.
Apr. 10	Jim Duncan Invitational	Des Moines
Apr. 17	LSU Invitational	Baton Rouge, La.
Apr. 23-24	Drake Relays	Des Moines
May 1	Northern Iowa Open	Cedar Falls
May 8	Hawkeye Open	Iowa City
May 12-15	Missouri Valley Conference Championships	Carbondale, Ill.
May 21	NCAA Qualifier	Cedar Falls
June 2-5	NCAA Championships	Boise, Idaho

UNIVERSITY INFORMATION

The University

Location: Cedar Falls, Iowa 50614

Founded: 1876

Enrollment: 13,200

Conference: Missouri Valley

Nickname: Panthers

Colors: Purple & Old Gold

Athletics Website: www.uni.edu/athletic

President: Dr. Robert Koob

Athletic Director: Chris Ritrievi

Associate Athletic Directors: Dr. Sandra Williamson,
Julie Bright, Kevin Buisman

Faculty Representative: Dr. Jack Wilkinson

Track & Field

Head Coach: Chris Bucknam (Norwich '78)

Assistant Head Coach: Bill Lawson (Northern Iowa '80)

Assistant Coach: Shantel Twiggs (Northern Iowa '94)

Assistant Coach: Joey Woody (Northern Iowa '97)

Volunteer Assistant Coach: Bob Edwards (Northern Iowa '92)

Volunteer Assistant Coach: Kyle Kepler (Northern Iowa '98)

Strength Coach: Jim Kramer

Head Trainer: Terry Noonan

Indoor Facility (Capacity): UNI-Dome (16,400)

Outdoor Facility: UNI Complex (Opened 1998)

Academic Advisor: Vicki Melnick

Track & Field Phone: (319) 273-6481

Track & Field FAX: (319) 273-7215

Athletic Media Relations

Athletic Media Relations Director: Nancy Justis

Associate Athletic Media Relations Director (Track): Kevin Kane

Assistant Athletic Media Relations Director: Robert Anderson

Student Assistant (Track): Mark Beltz

Media Relations Phone: (319) 273-3642

Media Relations FAX: (319) 273-3602

Kane at Home: (319) 277-6828

Kane e-mail: kevin.kane@uni.edu

Credits

The 1999 Northern Iowa Track & Field Media Guide was written, edited and designed by Kevin Kane, UNI Associate Media Relations Director, with assistant from Mark Beltz, student assistant. Photography by UNI Office of Public Relations, except inside back cover Joey Woody photo by Doug Wells.

On the Covers:

Front: All-American pole vaulter Jacob Pauli (I) and Missouri Valley conference hurdles champion Brenna Fleishman.

Back: Two-time Missouri Valley shot put champion Andrea Miller (I) and Academic All-American and two-time conference 400 champion Jon Judisch.

Opposite page (clockwise from upper left): Melissa Yerk, Jason Potter, Jenny Jackson, Marshall Frazier.

Contents

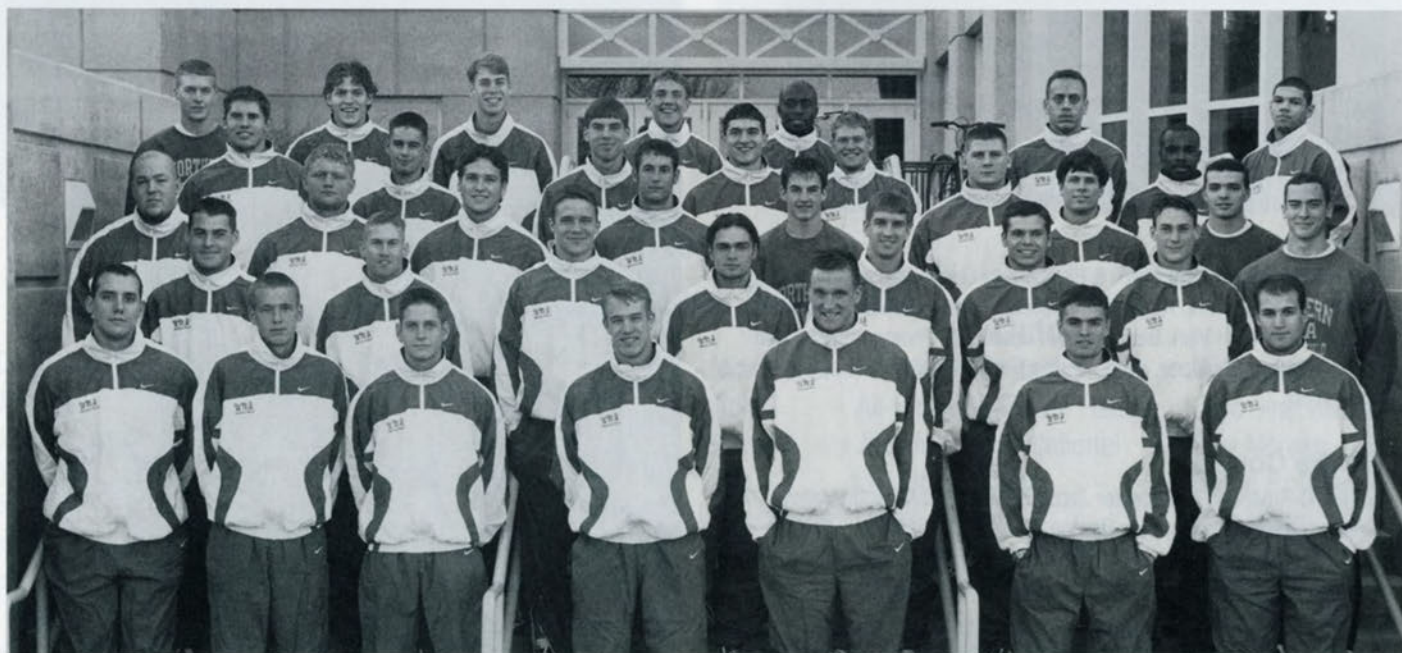
1999 Men's Roster.....	2
1999 Women's Roster.....	3
1999 Men's Outlook.....	4
1999 Women's Outlook.....	5
Academics.....	6
First-Class Facilities.....	7
Missouri Valley Conference.....	8
Coaches.....	9-11
Panther Profiles.....	12-19
1998 Season Bests.....	20
NCAA Qualifying Standards.....	21
UNI-Dome.....	22
UNI Outdoor Complex.....	23
Men's Indoor Records.....	24
Women's Indoor Records.....	25
Men's Outdoor Records.....	26
Women's Outdoor Records.....	27
UNI Honor Roll.....	28-30
Cross Country.....	31
All-Time Greats.....	32-IBC



Jill Bakewell

MEN'S ROSTER

Name	Event	Yr.	Hometown/High School (College)
Jeff Adam	Sprints	So	Batavia, Iowa/Cardinal of Eldon
Eddie Berlin	High Jump	Jr.	Indianol, Iowa/Indianola
Luke Bernardy	Sprints	Fr.	Spencer, Iowa/Spencer
Burke Bockman	Hurdles	Fr.	Decorah, Iowa/Decorah
Brock Boettcher	Middle Distance	Jr.	Cedar Rapids, Iowa/Prairie
Jason Boness	High Jump/Triple Jump	Fr.	Casper, Wyo./Kelly Walsh
Rob Brock	Distance	So.	Dubuque, Iowa/Senior
Brent Browner	Sprints	So.	Davenport, Iowa/North
Sam Burkett	Distance	Sr.	Urbandale, Iowa/Urbandale
Wyatt Conrad	Hurdles	Fr.	Sumner, Iowa/Sumner
Balasz Csillag	Distance	So.	Szekszard, Hungary/I. Bela Ginn
Devon Davis	Sprints/Jumps	Fr.	Pickering, Ontario/Pickering
Marshall Frazier	Sprints	Jr.	Davenport, Iowa/Bettendorf
Travis Geopfert	Decathlon	So.	Linden, Iowa/Panorama
Nate Glenn	Hurdles	So.	Runnels, Iowa/Southeast Polk
Shawn Huyser	Sprints	Jr.	Sully, Iowa/Lynville-Sully
Dave Jennings	Throws	So.	Nevada, Iowa/Nevada
Rob Johnson	Hurdles	Fr.	Des Moines, Iowa/
Jon Judisch	Sprints	Sr.	Tripoli, Iowa/Tripoli
Tim Kirchoff	Javelin	Jr.	Lyndonville, Vt./Lyndon Institute
Nate Ludwig	Hurdles	Sr.	Forest City, Iowa/Forest City (Waldorf)
Brent MacLagan	Middle Distance	So/Jr..	Jefferson, Iowa/Jefferson-Scranton
Luke McClimon	Middle Distance	Fr.	Charlotte, Iowa/Northeast Goose Lake
Ben Mischke	Pole Vault	Sr.	Worland, Wyo./Worland
Cedric Mullen	Sprints	Fr.	Mt. Pleasant, Iowa/Mt. Pleasant
Bill Nordyke	Throws	Sr.	Winfield, Iowa/Winfield-Mt. Union
Brian Oltman	Middle Distance	Fr.	Nevada, Iowa/Nevada
Tim O'Neill	Throws	Jr./So.	Davenport, Iowa/Assumption
Jacob Pauli	Pole Vault/Hurdles	So.	Hanna City, Ill./Farmington
Eric Potter	Middle Distance	Jr.	Sioux City, Iowa/Heelan
Jason Potter	Sprints	Jr.	Sioux City, Iowa/Heelan
Marc Reifenrath	Hurdles	Fr.	Audubon, Iowa/Audubon
David Repass	Distance	Sr.	Dubuque, Iowa/Senior
Ben Schlicher	Middle Distance	Fr.	Mason City, Iowa/Newman
Michael Schneiter	Middle Distance	Sr.	Monticello, Iowa/Monticello
Luke Stater	Sprints/Middle Distance	Jr.	Cedar Falls, Iowa/Northern University
Joel Sullivan	Middle Distance	Fr.	Woodbine, Iowa/Woodbine
Levente Timar	Distance	So.	Szejestefegervar, Hungary/Teleki Blanka
Brad Travis	Throws	Fr.	Spirit Lake, Iowa/Spirit Lake
Grant Wesson	Throws	Fr.	Newton, Iowa/Newton
Jason Young	Hurdles	Fr.	Atlanta, Ga./South Cobb



1999 Panthers: front row (l-r) - Bill Nordyke, Balasz Csillag, Sam Burkett, Jon Judisch, Nate Ludwig, Eric Potter, Ben Mischke; second row (l-r) - Joel Sullivan, Brock Boettcher, Shawn Huyser, Jason Potter, Ben Schlicher, Luke Stater, Brent MacLagan, Wyatt Conrad; third row (l-r) - Dave Jennings, Brad Travis, Travis Geopfert, Jason Boness, Luke McClimon, Tim O'Neill, Eddie Berlin, Burke Bockman; fourth row (l-r) - Grant Wesson, Levente Timar, Brian Oltman, Nate Glenn, Jeff Adam, Marshall Frazier; back row (l-r) - Luke Bernardy, Jacob Pauli, Marc Reifenrath, Rob Brock, Marcus Reeves, Brent Browner.

WOMEN'S ROSTER

Name	Event	Yr.	Hometown/High School (College)
Jill Bakewell	Sprints	So./Fr.	Ossian, Iowa/South Winneshiek
Tracy Burress	Sprints	Jr.	Bloomfield, Iowa/Davis County
Deborah Cordner	Sprints	Fr.	St. Louis Park, Minn./St. Louis Park
Stephanie Corey	Throws	Fr.	Cedar Falls, Iowa/Cedar Falls
Angie Dannenfeldt	Distance	Fr.	Bettendorf, Iowa/Pleasant Valley
Rachel Dozark	Distance	Jr.	Vail, Iowa/Ar-We-Va
Jennifer Duffy	Throws	Fr.	New Hampton, Iowa/New Hampton
Amy Engle	High Jump	Sr.	Newton, Iowa/Newton
Brenna Fleishman	Hurdles	Sr.	Carlisle, Iowa/Carlisle
Susan Francois	Throws	Fr.	Dundee, Iowa/West Delaware
Jill George	Multi-Events	So./Fr.	Newton, Iowa/Newton
Teresa Grothus	Middle Distance	So.	Bettendorf, Iowa/Pleasant Valley
Kara Hulse	Long Jump	Fr.	Cedar Falls, Iowa/Cedar Falls
Evette Iverson	Distance	So.	Paullina, Iowa/South O'Brien
Jenny Jackson	Middle Distance	Sr.	Cedar Rapids, Iowa/Jefferson
Katie Johnson	High Jump	Fr.	Omaha, Neb./Millard North
Amanda Koester	High Jump	Fr.	Clinton, Iowa/Clinton
Andrea Miller	Throws	Sr.	Davenport, Iowa/North
Nikki Nelson	Sprints/Long Jump	Fr.	Mt. Vernon, Iowa/Mt. Vernon
Amy Oleson	Sprints/Hurdles	Fr.	Burlington, Iowa/Burlington
Tiffany Ratzlaff	Hurdles	Jr.	Ankeny, Iowa/Ankeny
Kendra Stannard	Multi-Events	Sr.	Cedar Rapids, Iowa/Washington
Kari Thilges	Distance	So./Jr.	West Bend, Iowa/West Bend-Mallard
Dee Wear	Hurdles	Fr./So.	New London, Iowa/Mt. Pleasant
Kari Whitman	Distance	Sr.	Grand Mound, Iowa/Calamus-Wheatland
Melissa Yerk	Throws	Sr.	Belvidere, Ill./Belvidere

Head Coach: Chris Bucknam

Assistant Head Coach: Bill Lawson

Assistant Coaches: Shantel Twiggs, Joey Woody

Volunteer Assistants: Bob Edwards, Kyle Kepler



1999 Panthers: front row (l-r) - Brenna Fleishman, Tracy Burress, Amy Oleson, Amanda Koester, Katie Johnson, Jill Bakewell; second row (l-r) - Rachel Dozark, Tiffany Ratzlaff, Dee Wear, Amy Engle, Deb Cordner, Sue Holtkamp, Kara Hulse, Evette Iverson; third row (l-r) - Angie Dannenfeldt, Kendra Stannard, Jill George, Kari Thilges, Nikki Nelson, Jenny Jackson; back row (l-r) - Stephanie Corey, Andrea Miller, Teresa Grothus, Susan Francois, Jennifer Duffy, Melissa Yerk, Kari Whitman.

If the Northern Iowa men's track and field team is to repeat its success of a year ago when it won the Missouri Valley Conference outdoor title and finished second indoors, it will have to rely on a true team effort.

Although the Panthers will have one of their youngest teams ever, they'll also have one of their most balanced and will be looking for rapid development from a stable of talented youngsters.

"We're really very young...we'll only have one senior on the track, both indoor and outdoor," said Panther coach Chris Bucknam. "So a lot is going to depend on the development of our younger people. We also have to stay healthy.

"I also think we're represented in every event across the board as well as we've ever been. We're not as deep as we'd like to be in every event, but I think we're capable of scoring at the conference meet in each event."

Sprints

Senior Jon Judisch is the headliner, although he has just an outdoor season remaining. A two-time indoor champ in the 400, Judisch is among the all-time best at UNI on the track and is an Academic All-American off it.

"He's been hampered by injuries in the past, but he's ready to go for one last time outdoors," Bucknam noted. "He'd love to have an outdoor championship to go along with those indoor titles and he'll be on a mission."

Junior Marshall Frazier and sophomore Jeff Adam figure to be conference title contenders in the short sprints, but they are backed up by little depth. Adam is the school recordholder in the 100 while Frazier ranks second on the school's 200 list indoors..

Freshman Devon Davis leads the rest of the young sprint corps. He's a Canadian champion in the 100 along with the long and triple jumps.

The Panthers have more depth and balance in the 400 with the likes of Jason Potter, Luke Stater, Travis Geopfert and Burke Bockman. Potter is a past all-conference performer and Stater is capable of winning a conference title, according to Bucknam. Geopfert is the defending league champ in the decathlon.

"We're not as deep as we'd like to be in the 55, 100 and 200," said the Panther coach, "but Judisch, Adam, Frazier, Stater...they're all contenders for a conference championship."

Middle Distance

Much of UNI's hopes in the 800 will ride on the junior duo of Brent MacLagan and Eric Potter. Both are past all-conference runners, with Potter having won the Valley outdoor title two years ago. MacLagan ranks fourth on UNI's all-time indoor list.

"They're the horses we're going to ride in the 800," Bucknam said. "We've got some very talented youngsters there in Joel Sullivan, Ben Schlicher and Brian Oltman, too."

Sophomore Balasz Csillag ranks as one of the Panthers' most valuable runners because of his range. He is the team's top man in the mile and 1,500, but will also be a top 5,000 and 10,000 performer.

"Ballasz has unbelievable range," said Bucknam. "We'll use him from the mile on up. He's a great competitor who just wants to run and do what's best for the team."

Distance

A traditional UNI strength, the distances will likely be anchored by Csillag and fellow Hungarian Levente Timar with sophomore Rob Brock redshirting due to an injury. All three are sophomores who have made a big impact early in their careers and will be the foundation around which the distance events are built in the upcoming seasons.

"Not having Rob (Brock) in there this year hurts us, no question," said Bucknam. "We're pretty young here, too, but Levi's a horse and we're looking for Sam Burkett to step up in his senior year."

Hurdles

Although lacking a standout, the Panthers have more depth in the hurdles than at any time in recent memory. Nate Ludwig is the only upperclassman in this unproven group which also includes sophomores Nate Glenn and Jake Pauli, and freshmen Burke Bockman, Wyatt Conrad, Rob Johnson, Marc Reifenrath and Jason Young.

"We're going to be very good in the hurdles over the next several years," Bucknam said. "In fact, I think we'll show a tremendous amount of improvement from the beginning of the year to the end. There are some talented young men there who just need time to develop."

Jumps

The Panthers have a legitimate conference championship contender at each event, but not much depth. Freshman Devon Davis is a multiple Canadian national champion in the long and triple jumps and already holds the school record in the long jump (25-2 1/2) and is just inches off the all-time conference record. In the triple jump, he already ranks third on the UNI all-time list and is the best UNI has had since school recordholder Junior Chukukere in the early '90s.

Junior Eddie Berlin and freshman Jason Boness pack a potentially strong 1-2 punch in the high jump. Berlin, who's also an all-conference receiver on the football, is coming off the Valley outdoor title last spring and Boness has broken the seven-foot barrier just a month into his college career. He could also compete in the triple jump.

Pole Vault

Sophomore Jake Pauli is simply one of the best in the nation, having automatically qualified for the '99 NCAA Indoor Championships with a school-record 18-2 1/2 vault. He provisionally qualified as a freshman a year ago and placed third at the conference outdoor meet.

Throws

The Panthers have plenty of depth and potential in the throws with senior Bill Nordyke, and sophomores Tim O'Neill and Dave Jennings leading the way. O'Neill, a defensive tackle on the football team, picked up all-conference honors last outdoor season by finishing third in the shot put.

The coaching staff has high hopes for redshirt freshman Brad Travis, a two-time state discus champion, and freshman Grant Wesson.

Decathlon

Freshman Travis Geopfert lived up to his advance billing by winning the decathlon as a freshman. A high school all-American, Bucknam says Geopfert has the size, strength and potential to be "big-time".

'99 WOMEN'S OUTLOOK

The climb to prominence continues for the Northern Iowa women's program. After adding the women's duties to the men's head coaching job last season, the coaching staff has the Panthers on the right track.

"We're really happy with some of the young women we've been able to bring into the program," said Bucknam. "They are really the foundation for the future. But we've got a handful of seniors we're counting on right now."

The Panthers placed a strong fourth a year ago at the Missouri Valley indoor meet, but placed eighth outdoors.

"We're definitely headed in the right direction," Bucknam added. "Last year, we said we wanted to be conference contenders in a year and I think we've put ourselves in that position."

Sprints

The sprints may be the youngest, but also the most talented events for the Panthers. Sophomore Jill Bakewell set the school indoor record in the 400 last year as a freshman, but an injury forced her to miss the outdoor season. She's joined by freshman Nikki Nelson, one of the most decorated athletes in Iowa high school history, who already has established herself as one of the top runners in the Valley.

Another outstanding freshman, Deb Cordner, a multiple Minnesota state champ, has been equally as impressive in the early going while competing anywhere from the 60-meter dash to the 400. Junior Tracy Burress and freshman Amy Oleson also will be counted on to contribute. Burress was a member of the Panthers' top 4 x 400-meter relay team last season.

Middle Distance

One of those aforementioned seniors being counted on is half-mile/miler Jenny Jackson. She redshirted last season, but has earned all-conference honors indoors, outdoors and in cross country.

"J.J.'s a great athlete with outstanding range," Bucknam said. "She's without a doubt one of the top runners in the conference, a championship-caliber athlete."

Jackson is the cornerstone of the middle distance corps, but she will be joined by sophomore Teresa Grothus and junior Rachel Dozark. With Jackson sitting out, Grothus emerged as the team's top middle distance performer last season, grabbing all-conference honors in the 800 by placing third at the Valley indoor meet.

Distance

The anchor of the distance corps is junior Kari Thilges, the team's most consistent 3,000 and 5,000-meter performer last season.

"Kari's the one to build around in the distances," Bucknam said. "She keeps getting better and we're hopeful she can make an impact at the conference level."

Senior Kari Whitman and sophomore Evette Iverson also will be counted on in the distances.

Hurdles

Senior Brenna Fleishman won the 55 hurdles last indoor season, but has just an outdoor season of eligibility remaining. There is little argument that she is the top hurdler in Panther history. She is the school recordholder in the 55 and 100 hurdles and ranks second on

UNI's 400 hurdles list.

Add Tiffany Ratzlaff, Jill George, Dee Wear, Kendra Stannard and Amy Oleson and the Panthers have perhaps as solid a group as any team in the conference. Ratzlaff has been a consistent scorer at the conference meet and placed third last indoor season. Wear ranks among the school's top five all-time both indoor and outdoor and George is a multi-event performer who also specializes in the long jump.

Stannard is a multi-event senior who has an outdoor season left and Oleson a true freshman.

Jumps

One of the strengths of the squad, the jumps are loaded with a stable of talented youngsters. The experience in the group belongs to Stannard, with an outdoor season left, who has gone over 19 feet in the long jump and 38 feet in the triple jump.

Among the youngsters, Jill George is closing in on the 18-foot mark in the long jump while freshman Amanda Koester already has tied the school record in the high jump. Koester also adds depth in the long and triple jump.

Senior Amy Engle has topped out at 5-6 and freshman Katie Johnson will help out in the high jump. Freshmen Nikki Nelson and Kara Hulse also figure to be major contributors in the long jump after winning state titles in high school.

Throws

UNI's hopes in the throws will rest on the shoulders of seniors Andrea Miller and Melissa Yerk. Miller swept the conference indoor and outdoor titles in the shot put while Yerk was a national qualifier in the 20-pound weight and set the school record in the hammer.

"Those two are the real deal," Bucknam said. "Andrea's stepped up and done it at the conference level and we expect her to be at the same level again. Melissa really came on last year and we think she's national-caliber type of thrower."

The Panthers figure to have a little less depth outdoors with just the two proven throwers to cover the shot, hammer, discus and javelin. They'll be looking for help from freshmen Stephanie Corey, Jennifer Duffy and Susan Francois.

Heptathlon

Senior Kendra Stannard is the school recordholder and a past scorer at the conference level and Jill George will be competing in her first outdoor season.

ACADEMICS

Winning in the classroom and achieving an academic degree is the primary goal for the student-athlete at the University of Northern Iowa. It is the University's chief objective to allow each individual to have the maximum opportunity to participate in a positive educational experience and ultimately earn a college degree.

As a medium-sized public university with a faculty committed to quality undergraduate education, Northern Iowa is proud of its student-athletes' performance in the classroom. In information taken from the 1998 NCAA Division I Graduation Rates Report, UNI athletes graduated at a rate higher than the general student body and at a higher rate than any of their Missouri Valley Conference counterparts. In fact, 35 to 40 percent of UNI student-athletes perennially post grade-point averages of 3.0 or better.

The key to Northern Iowa's academic program is the individual -- the student-athlete gets out of the system what he or she puts into it. UNI has geared its academic program to make its student-athletes better individuals. It is important that the student-athletes develop a sense of pride in themselves as students, as athletes, as citizens, and as representatives of the University of Northern Iowa.

Athletes can take advantage of the Athletics Academic Advisor, who has responsibilities specifically to Panther student-athletes. The Advisor will assist athletes in scheduling, choice of major, tutorial services and other services to assure satisfactory progress toward a degree.

The Athletics Academic Advisor's Office also has established the Panther Athletic Academic Center, or PAAC for short. PAAC is a service which provides student-athletes with study services during daytime and evening hours that better accommodate their active schedules.

Northern Iowa's Missouri Valley Conference Scholar-Athlete Performers

- | | |
|------|---|
| 1993 | Gregg Garn, Jason McCleary, Chad Flynn, Cole Honeck, Jeff Joiner, Jason Meyer, Bob Smith, Dyan Fluhrer, Keri Hamilton, Heidi Heiar, Paula Nemmers, Marchelle Short, Kelly VanDePol |
| 1994 | Gregg Garn, Jeff Joiner, Tim Suchan, Matt Casillas, Chad Flynn, Jason Meyer, Mike Moats, Kory Swart, Guy Willey, Jacque Askeland, Kelly VanDePol, Jennifer Bradford, Keri Hamilton, Heidi Heiar, Laura Little |
| 1995 | Alex Garn, Chad Flynn, Kory Swart, Tim Suchan, Matt Casillas, Laura Little, Theresa Lux |
| 1996 | Chad Flynn, Alex Garn, Jon Judisch, Kyle Kepler, Mike Maddox, Jason Meyer, Tim Suchan, Kory Swart, Joey Woody, Jenny Jackson, Laura Little, Theresa Lux, Cindra Schelling |
| 1997 | Marshall Blaine, Jon Judisch, Kyle Kepler, Joey Woody, Keri Clevenger, Rhonda Eiben, Brenna Fleishman, Denise Sauerbrei, Kendra Stannard, Michelle Surber |
| 1998 | Marshall Blaine, Jon Judisch, Kyle Kepler, Brent MacLagan, Juri Rovon, April Stepanek |



Judisch Receives National Academic Honor



Jon Judisch, a senior sprinter from Tripoli, Iowa, was honored for his excellence in the classroom in 1998 by being named to the GTE Academic All-America Team for the second time in his career. Judisch was voted to the team by the College Sports Information Directors of America after previously receiving the same honor in 1996.

Judisch has maintained a 3.86 grade-point average while majoring in Biology. On the track, he has been a two-time conference champion in the 400 meters indoors and a member of UNI's championship 4 x 400 relay team outdoors.

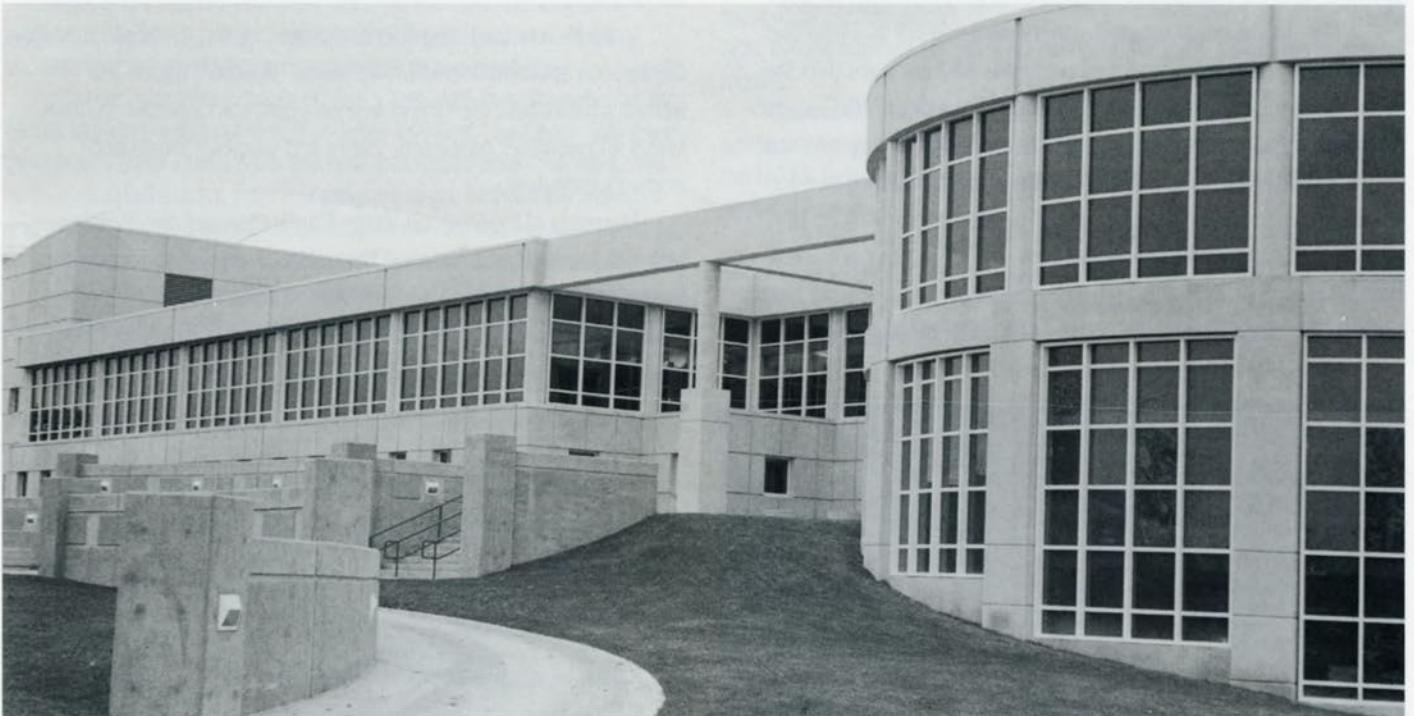
FIRST-CLASS FACILITIES

Sports Medicine

The Northern Iowa sports medicine program features top-rate facilities and the outstanding services of sports and health care professionals.

The sports medicine program focuses on injury prevention. Staff members utilize Merac strength-testing devices, provide dietary analysis, measure physiological capacity and outline program's to improve an athlete's flexibility.

Athletic trainers and physicians work together to design rehabilitation programs for injured athletes. A wide variety of facilities and equipment, not only in the Sports Medicine Lab but in the new Wellness and Recreation Center, including swimming pools, Merac equipment, Stairmasters and various exercise bicycles, help athletes rehabilitate injuries and minimize the loss of fitness during recuperative time.



Conditioning

The Northern Iowa strength and conditioning program is a blend of science, technology and one-on-one attention to each student-athlete.

Throughout the year, UNI athletes can spend more time working on strength and conditioning than any other aspect of their sport. During the off-season, athletes work on strength improvement, speed, power, agility and conditioning. The in-season program is devoted to continuation of strength gains and performance-related conditioning.

During an athlete's first year on campus, baseline measures of strength, speed, power, flexibility and endurance are collected. Measures of body composition and weight also are recorded. With this information, goals are set for development and maintenance. Programs are established for each athlete by strength and conditioning coach Jim Kramer.



MISSOURI VALLEY CONFERENCE

Since its beginning in 1907, the Missouri Valley Conference has been progressive in its thinking and aggressive in capitalizing on its opportunities.

Now in its 92nd year of existence, the Valley has become a leader among today's collegiate athletic conferences.

Based in St. Louis since 1985, the conference has been aggressive in the approach to playing host to NCAA basketball championship events, producing a revenue-generating in-house television network, bidding out the right to play host to several sport championships and landing title sponsorships for those events.

Athletic accomplishments on the men's side include four national basketball championships, 17 trips to the NCAA Men's Basketball Final Four and a 1989 national baseball championship. During the 1992-93 academic year, though, women's athletics were added under the MVC umbrella, and the relationship has been mutually beneficial for both.

Valley teams boast a proud, rich tradition in track and field and cross country, and have produced numerous all-Americans over the years. In terms of individual performances, a number of MVC student-athletes annually represent the league at the NCAA Championships.

National champions and all-Americans aren't anything new for Missouri Valley student-athletes. In the decade of the '90's, 85 MVC athletes have earned all-America honors with 13 of those winning a national championship. Included in the national champions are Northern Iowa's Joey Woody, who captured the 400-meter hurdles title

at the 1997 NCAA Outdoor Championships in Bloomington, Ind.

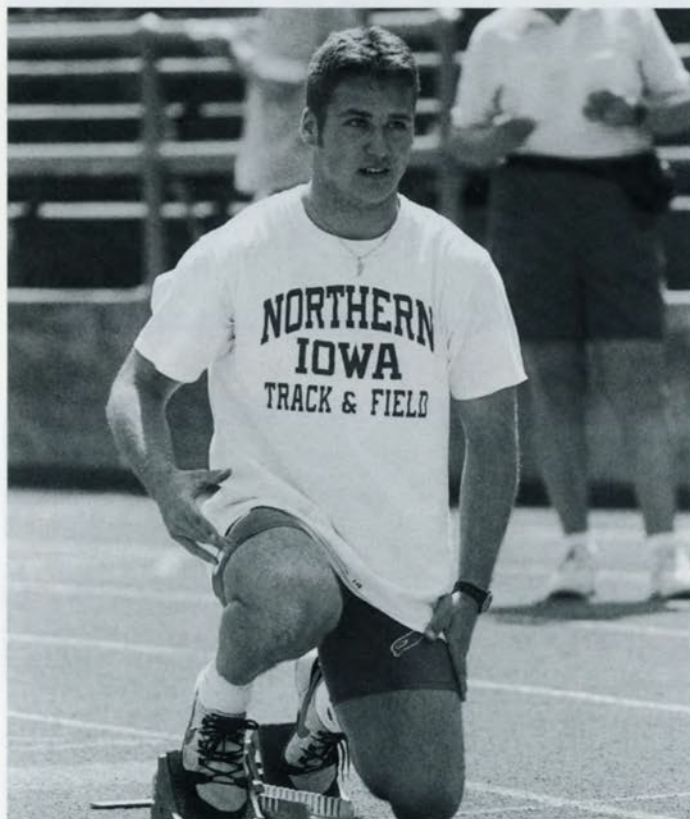
Additionally, Valley athletes have gone on to compete in the Olympic Games or World Championships on 55 occasions. Woody also is included among that group, having competed at the World Championships.

Since joining the MVC in 1991, Northern Iowa's men's program has been one of the most consistent forces in the league. In fact, in the first 21 meets since UNI's membership began, the Panthers have the best composite record in the conference.

Seeds for the creation of the Missouri Valley Conference were planted by eight administrators representing five institutions who gathered at the Midland Hotel in Kansas City, Mo., on January 12, 1907. Basketball became the first competitive sport and served as the initial step in establishing the MVC as one of the most respected leagues in the nation.

In addition to track and field and cross country, the Missouri Valley Conference sponsors the following sports: baseball, men's and women's basketball, men's and women's golf, men's soccer, softball, Men's and women's swimming, men's and women's tennis and women's volleyball.

Members of the Missouri Valley Conference include: Bradley University, Creighton University, Drake University, the University of Evansville, Illinois State University, Indiana State University, the University of Northern Iowa, Southern Illinois University, Southwest Missouri State University and Wichita State University.



Missouri Valley Conference decathlon champion Travis Geopfert

Composite Standings Since 1991-92

(average finish in MVC meets)

MEN

1. NORTHERN IOWA	2.38
2. Illinois State	2.57
3. Indiana State	3.10
4. Southern Illinois	3.62
5. Wichita State	4.71
6. Southwest Missouri	5.38
7. Drake	6.61

WOMEN

1. Indiana State	2.11
2. Illinois State	2.61
3. Southern Illinois	3.28
4. Southwest Missouri	4.06
5. Drake	5.22
6. NORTHERN IOWA	5.44
7. Wichita State	5.67
8. Bradley	7.50



Head Coach Chris Bucknam

In the 16 years since he first took over the Northern Iowa men's track and field program, Chris Bucknam certainly has made his mark.

Under his guidance, the Panther program has emerged as one of the finest all-around programs not only in the

Midwest, but in the nation.

During Bucknam's tenure, UNI has won 15 conference titles -- six in indoor track, six in cross country and three outdoor crowns. A year ago, Northern Iowa captured the Missouri Valley Conference cross country and outdoor track titles while finishing second at the indoor championships.

Now in his second year directing both the men and women's programs, Bucknam and his staff are charting the same course for success that the men's team has travelled so successfully.

"Taking over the women's program has been quite a challenge for us just in terms of the number of athletes involved," he says. "What we try to teach is not what's here and now, but what's down the road. We have a vision where we want this program to go, both on the women's and men's side, and we want our athletes to have that same vision now or three years down the road. We want them to expect the best."

Since his arrival at UNI in 1979 as an assistant to long-time head coach Lynn King, the Panthers have won or shared 21 conference titles in track and field and cross country, and produced 19 all-Americans.

Bucknam oversaw Northern Iowa's 1991 move to the Missouri Valley, where the Panthers have left an indelible mark on the league.

CONFERENCE CHAMPIONSHIPS UNDER BUCKNAM & LAWSON

1998	Missouri Valley Outdoor
1997	Missouri Valley Cross Country
1996	Missouri Valley Indoor
1995	Missouri Valley Indoor Missouri Valley Outdoor
1992	Missouri Valley Cross Country
1990	Mid-Continent Indoor Mid-Continent Cross Country
1988	Mid-Continent Indoor Mid-Continent Cross Country
1987	Mid-Continent Cross Country
1986	Mid-Continent Indoor Mid-Continent Outdoor
1985	Mid-Continent Indoor
1984	Mid-Continent Cross Country

Although the Valley historically has been one of the best conferences in the nation, boasting numerous all-Americans and national champions, UNI stepped in and became one of the top competitors in the league instantly.

In fact, in the seven years since joining the conference, the Panthers have the best average finish in the league on the men's side, having claimed six titles, six runnerup finishes, four thirds and two fourths.

Bucknam's teams have never finished lower than fourth at a conference track meet, and in the past decade have sent 32 qualifiers to the NCAA Indoor and Outdoor Championships, with 10 earning all-America honors.

Bucknam picked up his sixth Missouri Valley Coach of the Year honor after UNI captured the league outdoor title last May. He has been voted the Valley's top coach by his peers twice in outdoor track, twice indoors and twice in cross country.

Prior to UNI joining the Valley, he was named the top coach in the Mid-Continent Conference seven times. After the Panthers won the MVC outdoor championship in 1995, Bucknam was named District V Coach of the Year and was a finalist for National Coach of the Year.

Bucknam and his staff took the UNI men's program to an even higher level in 1997 when the Panthers placed 17th at the NCAA Outdoor Championships.

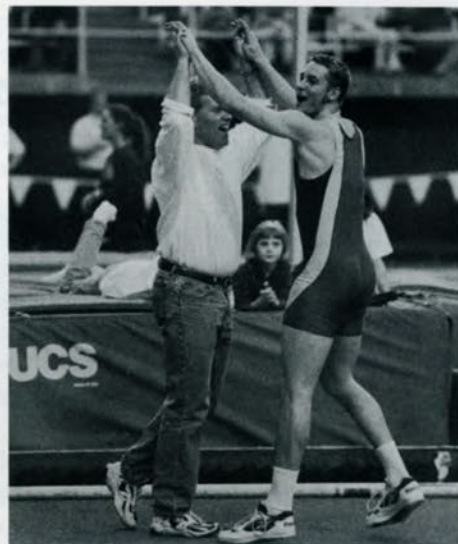
"That top 20 finish was huge for our program," he says. "It sends the message to the University and the Missouri Valley Conference that we are a national caliber program. We've been rated highly in some relays, we've had all-Americans, and we've had national qualifiers in nearly every event."

"We're not a one-dimensional team and this is not your ordinary program. This is a national caliber program and we try to conduct it that way."

Bucknam coached his first NCAA champion in 1997 when current assistant coach Joey Woody won the 400-meter hurdles at the national outdoor meet.

A native of Beverly, Mass., Bucknam attended Norwich University in Northfield, Vt., where he was a four-time letterwinner in track, specializing in the middle distances. He was elected co-captain his senior year and graduated in 1978 with bachelor's degree in physical education. He earned his master's in physical education from Northern Iowa in 1982.

Bucknam and his wife, Cindy, reside in Cedar Falls with their son, Eric, and daughter, Kate.





Assistant Head Coach Bill Lawson

Recognized as one of the greatest athletes in Northern Iowa history, Bill Lawson has been with head coach Chris Bucknam nearly every step of the way as the Panther assistant head coach and field event coach the past 14 seasons.

A 1980 UNI graduate, Lawson returned to his alma mater after serving three years as boys' and girls' track and field and cross country coach, and girls' basketball coach at John Marshall High School in Rochester, Minn.

The Carthage, Ill., native was a four-time all-American at UNI from 1977-80 and ranks second on the school's all-time decathlon list. He was a two-time co-captain for the Panthers and was a senior when Bucknam was named assistant coach in 1979. He qualified for national competition in the decathlon, pole vault and triple jump four times.

Lawson won the National Master's Decathlon Championship in 1987 and 1992, and has been runnerup four times. He also captured the first Master's Pentathlon title two years ago.

His duties with the Panthers include coordinating the fall track program and conditioning, and coaching the field events and decathlon during the indoor and outdoor seasons. He is recognized as an excellent field event coach and motivator.

"The thing about Bill is that he has a never-say-die attitude," Bucknam says. "When you are coaching with Bill, you always feel like you are in the meet and not every coach has that type of attitude."

Along with Bucknam, he has coached UNI athletes to 132 individual conference championships. The Panther head man is quick to point out that Lawson has played a part just as important to the Panthers' success as his.

"I don't consider Bill my assistant," says Bucknam. "He is our field events coach. I sincerely believe he is one of the finest coaches in the country."

Among the field athletes who have excelled under Lawson's direction are current men's pole vaulter Jake Pauli, an 18-foot vaulter who has broken school records and qualified for the NCAA Championships in just his second year.

He's also coached former conference athletes of the year Juri Rovin, Tim Suchan, Allan Walz and Jason McCleary. In all, he's coached 22 NCAA Division I qualifiers since arriving on the scene in 1985.

"He has a rare combination of not only having a tremendous knowledge of the field events, but the ability to motivate at the same time," Bucknam added. "There are a lot of coaches who have one or the other, but don't have both. Bill has the rare combination of being able to do both as well as anyone I've seen. Our athletes in the field events are always prepared to compete and do their best."

Lawson and his wife, Jodie, have a daughter, Abbie, and son, T.J.



Assistant Coach Shantel Twiggs

Shantel Twiggs joined the Northern Iowa staff a year ago as the program's second full-time assistant coach.

As a competitor at Northern Iowa, Twiggs was the most accomplished sprinter in school history, still owning the school record in four individual sprint

events.

Twiggs earned all-conference honors six times in her career as a Panther, which stretched from 1990-94. She holds the school record in the 55-meter dash, 100-meter dash and both the indoor and outdoor 200 meters. She's also a member of the school recordholding teams in the indoor and outdoor 4 x 200 relay and the mile relay squad.

In addition to her records and all-conference honors, she also was UNI's first Division I national qualifier on the women's side. She qualified for the 55-meter dash in 1991 and later went on to become the first Panther all-American when she placed in the 55 in 1993 and again in 1994. Twiggs also captured the 100-meter dash championship at the prestigious Drake Relays in 1993 and '94.

"Shantel has been an outstanding addition to our staff," said head coach Chris Bucknam. "She has all the tools. She has a strong knowledge base, great enthusiasm, and she has been a competitor not only on the national, but international level."

Twiggs' primary responsibilities on the staff are coaching the short sprinters while also being involved heavily in recruiting. In her first season coaching the sprinters, the Panthers set two school records and earned six all-conference honors.

Prior to joining the UNI staff a year ago, Twiggs was the assistant boys' and girls' track and field coach at Berkeley High School in her native St. Louis, Mo.



Assistant Coach Joey Woody

Perhaps the best track athlete the University of Northern Iowa has ever produced, Joey Woody is in his second season as a Panther assistant after graduating from UNI in 1997.

During his career with the Panthers, Woody earned all-America honors in the 400-meter hurdles three times and, in 1997, won UNI's first Division I track and field national championship.

He also earned all-America honors in 1996 in the indoor 800 meters and was named Missouri Valley Conference Track Athlete of the Year on three occasions, including his final collegiate season at the 1997 Outdoor Championships. Woody won the 400-meter hurdles at the Drake Relays two consecutive years and was named the top male athlete at the event in 1994.

A native of Iowa City, Woody brings plenty of valuable experience to the Panther program. In addition to his collegiate experience, he

COACHES

finished seventh at the 1996 Olympic Trials and is a member of the U.S. team that competed at the 1997 and '98 World Championships. He enjoyed a productive 1998, winning a gold medal at the World Championships as a member of the 4 x 400-meter relay and taking fifth in the 400 hurdles. He won the bronze medal at the U.S. Championships, placed fourth at the Goodwill Games and won the Drake Relays title.

He also has competed frequently in Europe over the past two years as a member of the Reebok Track Club and will again be competing overseas in 1999. He plans to continue his training in his quest for an Olympic berth in 2000.

Woody's main focus as a coach is with the hurdlers, long sprinters and middle distance runners. That UNI contingent set three school records last season and brought home 18 all-conference awards.

"Joey is going to be an outstanding coach," Bucknam said. "He is a knowledgeable, elite athlete who has gained experience all over the world and can bring that information back to our program."

Woody and his wife, Heather, who competed as a sprinter at UNI, live in Cedar Falls.

major role in the development of recent Panther standouts Juri Rován and Jake Pauli. Rován was a two-time all-American and is the school outdoor recordholder while Pauli is the indoor recordholder and the only UNI vaulter to eclipse the 18-foot mark indoors (18-2 1/2).



Assistant Coach Kyle Kepler

Former Panther distance runner Kyle Kepler is in his first season as a student assistant coach after completing a stellar career last spring.

A native of Webster City, Iowa, Kepler joined the UNI program in 1993 after earning all-state cross country honors in

high school. It didn't take long to make an impression as he placed 10th at the Missouri Valley Conference cross country meet and earned all-conference honors. Kepler went on to become a four-time all-conference cross country runner, finishing as high as third place his senior year. He became a member of the all-district team by finishing 15th at the NCAA District V meet in 1997.

On the track, Kepler was an all-conference performer six times in three different events -- in the 5000 meters, 10,000 meters and as a member of the distance medley relay team. Last spring, in his final collegiate competition, he claimed a runnerup finish at the Missouri Valley Conference Outdoor Championships in the 10,000 meters.

In the classroom, Kepler was a three-time selection to the conference all-academic team and three additional times to the cross country squad.

"Kyle was one of those guys who was the heart and soul of our distance corps, truly a team guy," said Panther coach Chris Bucknam. "He brings those same qualities to coaching. Whatever it takes, he'll do it. He's a great addition to our staff."

As a coach, he assists with the distance runners and is responsible for various administrative duties, including the track program's alumni newsletter.



Assistant Coach Bob Edwards

Bob Edwards is in his sixth season as a volunteer assistant in charge of pole vaulters.

Edwards enjoyed an outstanding career at UNI as a vaulter, winning the Missouri Valley Conference outdoor title as a senior. He also won an indoor and

outdoor championship in the Mid-Continent Conference in 1990. His vault of 17-4 1/2 in 1992 places him second on UNI's all-time outdoor list, and he ranks fourth on the indoor chart at 17-1 1/2.

"Bob's done a fabulous job with our vault crew over the years," said head coach Chris Bucknam. "He was the best pole vaulter at UNI before Juri (Rován) got here and he is another one of our coaches who brings a lot of knowledge and experience to the program."

Edwards and assistant head coach Bill Lawson have played a



1999 Northern Iowa coaching staff (l-r): Joey Woody, Shantel Twiggs, head coach Chris Bucknam, Bob Edwards, assistant head coach Bill Lawson, Kyle Kepler.

PANTHER PROFILES

Jeff Adam

Sophomore • Sprints
Batavia, Iowa (Cardinal Eldon HS)



1998: Outdoor - An all-conference performer outdoors who tied for third in the Valley 100-meter dash (10.41) and placed fourth in the 200 meters with a team season-best 21.12...his 100- and 200-meter times at the Valley meet were the fourth-fastest in

the conference during the season...also ran on the 4 x 100 relay squad that finished second at the Valley meet...placed fifth in the 200 at Florida State Relays (22.04)...also ran on the 4 x 100 relay team that set a school record (40.55) at Florida State...finished second at the Jim Duncan Invitational in the 100 (10.59). **Indoor** - Just missed all-conference honors indoors, taking fourth in the MVC 55-meter dash (6.40)...captured the 55-meter title at the Hawkeye Open in 6.40...posted a season-best 6.39 time at the Iowa State Open, finishing tied for ninth. **1997: Redshirted. High School:** Won the state 100-meter title as a junior and senior...captured the 200-meter championship as a senior...also lettered four times in football and three in basketball. **Personal:** Majoring in General Studies...son of Nick and Cyndy Adam... **Personal Bests:** 55m--6.39; 100m--10.41; 200m--22.19 (indoor), 21.12 (outdoor).

Brock Boettcher

Junior • Hurdles/Sprints
Cedar Rapids, Iowa (Prairie HS)



1998: Outdoor - Scored for the Panthers at the Missouri Valley Conference meet, placing fifth in the 400-meter hurdles (54.18)...finished third at the Jim Duncan Invitational (54.59) and UNI Open (54.37) in the 400 hurdles, fifth at the

Iowa Open (54.77). **Indoor** - Turned in a season-best 50.29 in the 400 at the UNI-Dome Open to finish sixth. **1997: Outdoor** - Redshirted. **Indoor** - Ran a season-best 51.74 in the 400 at the Iowa State Holiday Classic. **High School:** A first team all-stater in track and honorable mention pick in football. **Personal:** Majoring in Elementary/Middle School Education...son of Paul and Jan Boettcher... transferred to UNI from Eastern Oregon University. **Personal Bests:** 400m--50.29 (indoor); 400m hurdles--54.18.

Eddie Berlin

Junior • High Jump
Urbandale, Iowa (Urbandale HS)



1998: Outdoor - Won the Missouri Valley Conference high jump title, clearing a season conference high of 6-10. **Indoor** - Earned all-conference honors by tying for second at the MVC Championships at 6-7 1/2...jumped his season-best 6-8 while

winning the Mercantile Bank/Big Four Invitational. **1997: Outdoor** - Redshirted. **Indoor** - Tied for second at the Valley meet with a leap of 6-9 3/4...finished second (6-9) at the Iowa Invitational. **High School:** Won the state Class 4-A high jump as a junior and finished second in the long jump as a senior, also ran on the state 4 x 100 team...an all-state defensive back in football and an all-conference basketball and baseball player. **Personal:** Majoring in Business...son of Bruce and Carla Berlin... also a two-time all-conference receiver on the Panther football team who ranked third in the league last season in receptions and receiving yards. **Personal Bests:** High Jump--6-9 3/4 (indoor), 6-10 (outdoor).

Jason Boness

Freshman • High Jump
Casper, Wyo. (Kelly Walsh HS)



High School: Was twice named Gatorade Track and Field Athlete of the Year in Wyoming...a five-time all-stater and state champion in the high jump...holds the state Class 4-A record with a 6-10 jump as a junior...also lettered twice in football and basketball.

Personal: Undecided major...son of Greg and Selina Boness... **Personal Bests:** High Jump--7-3 (indoor).

Rob Brock

Sophomore • Middle Distance
Dubuque, Iowa (Senior HS)



1998: Cross Country - Earned his second all-conference honor in as many seasons by placing eighth at the Missouri Valley Conference Championships...was the low Panther finisher in five of the team's eight competitions...earned a

spot on the Valley all-scholar team in his first year of eligibility with a 3.37 GPA...named MVC Athlete of the Week Sept. 21 after finishing third at the Iowa Open and Oct. 10 after winning the Indiana State Invitational. **Outdoor** - In his first collegiate outdoor competition, won the 800 and finished second in the 1,500 at the Florida State Relays with times of 1:53.90 and 3:52.01, respectively...a member of the 4 x 800 relay team that placed eighth at the Drake Relays...finished second at the UNI Open by running a 3:58.98 in the mile. **Indoor** - Placed sixth at the conference meet in the mile (4:18.14) and earned all-conference honors on the runnerup distance medley relay team (9:56.38)...recorded the team's top 1,000-meter performance (2:28.98) in winning the Mercantile Bank/Big Four Invitational...won the 800 meters at the UNI-Dome Open in 1:54.56...placed second in the mile (4:12.33) at the Husker Invitational. **1997: Cross Country** - Burst on the scene as one of the top freshmen in the Missouri Valley, taking fifth at the conference meet to earn his first all-conference award...took 32nd at the regional meet...placed 13th at the U.S. Junior Championships. **High School:** Highly-recruited prep who won the state two-mile title four times...captured the state 800-meter title his senior year and won the mile his junior season...the Drake Relays champion in the two-mile run as a junior and senior...anchored the Rams' Drake Relays championship teams in the medley as a junior and 4 x 800 as a senior...also won the state cross country title his sophomore and junior seasons. **Personal:** Majoring in Criminology...son of James and Janice Brock...

...brother, Jay, was a three-time conference steeplechase champ for the Panthers. **Personal Bests:** 8K--24:40; 800m--1:54.56 (indoor), 1:53.90 (outdoor); 1,500m--3:52.01; Mile--4:12.33; 3,000m--8:48.14; 5,000m--14:47.35 (outdoor).

Brent Browner

Sophomore • Sprints
Davenport, Iowa (North HS)



1998: Outdoor - Picked up all-conference honors as a freshman by running the lead-off leg on the Panthers' runnerup 4 x 100 team...also a member of the 4 x 100 relay squad that set the school record (40.55) at the Florida State Relays.

Indoor - Recorded his best 200-meter time (22.61) of the season at the UNI-Dome Open and his top 55 time (6.49) at the Hawkeye Open, finishing third. **1997: Redshirted. High School:** Earned letters in track, football and soccer...an all-state track performer. **Personal:** Majoring in Computer Science...son of John and Shirley Browner...started nine games and made 36 tackles as a defensive back on the Panther football team this past season. **Personal Bests:** 55m--6.49; 100m--11.01; 200m--22.61 (indoor).

PANTHER PROFILES

Sam Burkett

Senior • Distance
Urbandale, Iowa (Urbandale HS)



1998: Cross Country - Finished fourth for the Panthers and 36th overall at the conference meet. **Outdoor** - Finished seventh in the 5,000 meters (15:13.95) at UNI Open...turned in his top 1,500-meter performance of the season (3:59.31) in

winning the Jim Duncan Invitational. **Indoor** - Placed sixth at the Iowa Open with his best 3,000-meter time of the season (8:44.14). **1997: Cross Country** - Member of UNI's conference championship team...top finishes included 45th at Illinois Invitational and 56th at Region V meet. **Outdoor** - Finished eighth at the MVC Championships in the 10,000...placed ninth in the 5,000 at the Sun Devil Relays. **Indoor** - Took third in the mile at the Iowa Invitational and the 3,000 at the Iowa State Holiday Classic...scored for UNI, finishing fifth at the Missouri Valley meet in the 3,000. **1996: Cross Country** - Enjoyed his best season, placing 18th at the Missouri Valley Conference meet...finished fourth at Minnesota and seventh at the Iowa Invitational. **Outdoor** - Redshirted. **Indoor** - Best finish was third in the mile run at the UNI-Dome Open, running a 4:21.76...also took third in the 3,000 at the Iowa State Holiday Classic and fifth at the Mercantile Bank 3,000...ran sixth in the 3,000 and 5,000 at the conference championship meet. **1995: Cross Country** - Member of UNI's second-place conference team, finishing third for the team and 14th overall...ran a personal-best 25:11 at the Bradley Invitational to finish 13th...placed 11th at the Illinois State Invitational. **High School**: Anchored the winning medley relay team at the state meet his senior season...finished fourth at the state cross country meet as a senior after second his junior year. **Personal**: Majoring in Biology...son of Paul and Mary Burkett... **Personal Bests**: 8K--25:11; 1,500m--3:59.31; 3,000m--8:31.65; 5,000m--14:41.30 (outdoor).

Wyatt Conrad

Freshman • Hurdles
Sumner, Iowa (Sumner HS)



High School: Took fourth and seventh in the 100-meter high hurdles his final two years at the Class 1-A state meet...also lettered in football and basketball. **Personal**: Majoring in Management Information Systems...son of Dean Deb Conrad...

Balazs Csillag

Sophomore • Middle Distance
Szekszard, Hungary (I. Bela Ginn HS)



1998: Cross Country - One of the team's top runners throughout the season, finishing in the top three on the team in every meet...posted best time of 25:21 at Indiana State Invitational. **Outdoor** - Took fourth at the Valley meet in the 1,500 (4:08.16)...posted

the fourth-best time in the league in the 1,500 with a 3:50.81 at the Sun Devil Rays, where he finished seventh...ran second in the steeplechase at Jim Duncan Invitational (9:20.19)...recorded a season-best time (1:53.11) in the 800 at the UNI Open, finishing third...a member of the Panthers' top distance medley relay team. **Indoor** - Ranked in the top six in the Missouri Valley in the 800 (1:53.13), mile (4:09.42) and 3,000 (8:23.64)...placed fifth at the conference meet in the mile run (4:15.57)...won the 3,000 at the Iowa Open (8:35.7)...placed second in the 1,000 at the Iowa State Open (2:30.31)...doubled up by winning the 800- and 3,000-meter runs at the Mercantile Bank/Big Four Invitational with times of 1:54.82 and 8:26.45, respectively...came away with a runnerup finish in the mile at the tough Husker Invitational with a 4:09.42, the second-fastest time in school history...ran second in the 3,000 (8:23.31) at the UNI-Dome Open...recorded UNI's top times during the season in the mile and 3,000. **Personal**: Majoring in Economics...son of Sandor Csillag and Polixena Szantho... **Personal Bests**: 8K--25:21; 800m--1:53.13 (indoor), 1:53.11 (outdoor); mile--4:09.42; 1,500m--3:50.81; 3,000m--8:23.31; 3,000m steeplechase--9:20.19; 5,000m--14:33.71 (outdoor).

Devon Davis

Freshman • Sprints/Jumps
Pickering, Ontario (Pickering HS)

High School: A four-time Canadian national champion in the triple jump and two-time national long jump champ...won the Ontario triple jump title four times and long jump championship once...finished second at the provincial meet in the 100-meter dash as a sophomore, third as a senior. **Personal**: Undecided major...son of Patrick and Monica Davis... **Personal Bests**: long jump--25-2 1/2 (indoor); triple jump--49-5 (indoor).

Marshall Frazier

Sophomore • Sprints
Bettendorf, Iowa (Bettendorf HS)



1998: Outdoor - Earned all-conference honors by running on UNI's runnerup 4 x 100 relay team...ranked in the top 10 in the Missouri Valley Conference in the 100 and 200 with season-best times of 10.53 and 21.55, respectively...a member of the school

recordholding 4 x 100 squad...placed fourth in the 100 at Florida State (10.87)...ran a career-best 10.53 to finish eighth at the Sun Devil Relays...captured second in the 200 at the UNI Open (21.55). **Indoor** - Ran a 21.90 in the 200 at the conference meet to finish second...his 21.86 at the Cyclone Invitational was the third-best time in the Valley; also the third-best time in school history...tied for seventh-best time in the league at 6.36 in the 55-meter dash at the UNI-Dome Open. **1997: Redshirted. High School**: An all-state and all-conference track performer. **Personal**: Majoring in Political Science...son of Susie McLaughlin... **Personal Bests**: 55m--6.36; 100m--10.53; 200m--21.86 (indoor), 21.55 (outdoor).

Travis Geopfert

Sophomore • Decathlon
Panora, Iowa (Panorama HS)



1998: Outdoor - Burst on the scene by winning the Missouri Valley Conference decathlon title as a freshman with 7,031 points, which was the top point total in the conference during the season and fourth-best in UNI history...placed sixth at the Drake Relays

decathlon (6,724). **Indoor** - Season-best performances--8.04 in the 55 hurdles at the Mercantile Bank Invitational; 22.67 in the 200 at the Iowa State Open; 50.19 in the 400 at the Cyclone Invitational; 21-4 in the long jump at Mercantile Bank Invitational; 42-8 in the shot put at the Iowa State Holiday Classic. **High School**: A first team all-state track performer four times...lettered four times in track, football and basketball...a first team all-state linebacker and running back in football...also earned honorable mention to the all-state basketball team. **Personal**: Majoring in Communications...son of Gary and Theresa Geopfert... **Personal Bests**: Decathlon--7,031 pts.; 55m HH--8.04; 100m--11.03; 110m HH--15.99; 200m--22.67 (indoor); 400m--50.19 (indoor), 50.00 (outdoor); high jump--6-0 (indoor); long jump--21-4 (indoor), 19-11 3/4 (outdoor); shot put--42-8 (indoor), 42-6 1/4 (outdoor); discus--134-3; javelin--161-3.

PANTHER PROFILES

Dave Jennings

Sophomore • Throws
Nevada, Iowa (Nevada HS)



1998: Redshirted. **High School:** A four-sport athlete who earned 14 letters in track, football, basketball and baseball...ran the 400 in 48.54 as a senior...named first team all-state in football and honorable mention in baseball. **Personal:**

Undecided major...son of Steve and Deb Jennings... **Personal Bests:** 35# weight--57-9 3/4; shot put 46-7 1/2 (indoor); discus--149-11; hammer--167-4.

Jon Judisch

Senior • Sprints
Tripoli, Iowa (Tripoli HS)



1998: **Outdoor** - Redshirted. **Indoor** - Voted Third Team Academic All-American by the College Sports Information Directors of America for the second time in his career...finished third at the Valley Championships in the 400

(48.96)...also ran the anchor leg on UNI's runnerup 4 x 400 relay team...his 47.91 clocking at the Iowa State Open was the team's best of the season in the 400 and the second-fastest in school history...placed second at the Mercantile Bank Invitational (49.07). **1997:** **Outdoor** - Ran a personal-best 47.70 to place fifth at the MVC Championships...also a member of the the Panthers' second-place 4 x 400 squad...placed 11th at the strong Arizona Invitational...voted to the all-district academic team. **Indoor** - Took sixth at the conference meet in 49.54...finished second at the Iowa State Classic...took third in the 600 at the Iowa Invitational...recorded the team's fastest 400-meter time of the season, 48.83. **1996:** **Outdoor** - Ran second in the 400 at the Missouri Valley meet (47.92)...also won all-conference honors by running on the third-place 4 x 100 relay unit (42.31)...won the 400-meter title at the Dr. Keeler Invitational over the summer...voted Third Team Academic All-American. **Indoor** - Won his second consecutive Missouri Valley title in the 400 with a 48.19 performance...also a member of the championship 4 x 400 relay team...ran the lead-off leg on the school recordholding 4 x 400 team (3:11.55)...won the 400 championship at the Iowa State Holiday Classic. **1995:** **Outdoor** - Earned a spot in the school record book as a member of the 4 x 400 relay squad (3:09.48). **Indoor** - Captured the Valley 400-meter championship (49.41) as a freshman...ran on the conference championship 4 x 400 relay. **High**

School: A four-sport athlete who earned 14 letters in track, football, basketball and baseball...ran the 400 in 48.54 as a senior...named first team all-state in football and honorable mention in baseball.

Personal: Majoring in Biology...son of Lawain and Marcia Judisch...

Bests: 400m--47.91 (indoor), 47.70 (outdoor).

Nate Ludwig

Senior • Hurdles
Bettendorf, Iowa (Bettendorf HS)



1998: **Outdoor** - Tied for seventh in the 110 hurdles at the Valley meet with a season-best 14.80...placed third in the 110 hurdles at the UNI Open (14.89) and sixth at the Iowa Open (15.38).... **Indoor** - Claimed fourth at the conference meet in the 55-meter hurdles

(7.56)...finished fourth in the 55 hurdles at the Mercantile Bank Invitational (7.65), sixth at the UNI-Dome Open (7.79). **High School:** A two-time state champ in the 110-meter hurdles, also placed sixth in the high jump...also an all-state performer in baseball, basketball and football. **Personal:** Majoring in Criminal Justice...son of Gary and Barb Ludwig...relative of Olympic figure skating legend Sonja Henie...transferred from Waldorf College...also a member of the UNI football team, having played quarterback, h-back and defensive back. **Personal Bests:** 55m hurdles--7.56; 110m hurdles--14.80.

Brent MacLagan

Junior • Middle Distance/Hurdles
Jefferson, Iowa (Jefferson-Scranton HS)



1998: **Outdoor** - Claimed runnerup honors in the 400-meter hurdles at the Missouri Valley Conference meet (52.48)...also a member of the Panthers' fourth-place 4 x 400 relay team (3:13.41)...won the 400 hurdles at the Florida State Relays (52.83) and

Jim Duncan Invitational (53.27)...took second in the UNI Open (52.75), and fifth at the Sun Devil Relays (54.22) and Wisconsin Invitational (52.78). **Indoor** - Ran the second leg on the 4 x 400 relay team that finished second at the conference championships (3:15.66)...his 1:49.66 in the 800 meters at the Iowa State Last Chance Meet was the second-best in the Valley during the season...won the 600 meters at the Iowa State Holiday Classic (1:19.4), Mercantile Bank Invitational (1:19.21) and Iowa Invitational (1:21.6)...placed third in the 800 at the Iowa State Open (1:51.21)...ran a season-best 49.33 in the 400 meters at the Cyclone Invitational...finished fourth in

the 400 at the UNI-Dome Open (49.87). **1997:**

Outdoor - A member of the conference championship 4 x 400 relay squad (3:09.61), a time that ranks second on the school's all-time list...won the 400 hurdles at the Iowa Invitational (55.35)...his 1:53.23 in the 800 at the Sun Devil Relays was seventh-best in the Valley. **Indoor** - Placed third in the 800 at the MVC Championships (1:53.40) and was a member of the runnerup 4 x 400 relay squad (3:16.17)...ran a team-best 1:19.52 in the 600 in finishing second at the Mercantile Bank Invitational...took second in the 600 at the Wisconsin Invitational (1:19.64)...placed second in the 800 at the Iowa State Holiday Classic (1:53.98)...recorded a season-best in the 400 (50.23) at the UNI-Dome Open. **1996:** **Outdoor** - Redshirted. **Indoor** - Finished second in the 600 meters in his first collegiate meet at the Iowa State Holiday Classic (1:19.71)...placed fifth in the 600 at the Mercantile Bank Invitational (1:21.89). **High School:** Won three state titles in the 400-meter hurdles and one in the 1,600 meters...a first team all-state selection twice in football. **Personal:** Majoring in Biology...son of Doug and Sue Rieder...

Personal Bests: 400m--49.33 (indoor); 400m hurdles--52.48; 600m--1:19.21; 800m--1:49.66 (indoor), 1:53.23 (outdoor).

Ben Mischke

Senior • Pole Vault
Worland, Wyo. (Worland HS)



1998: **Outdoor** - Registered a fifth-place finish in the pole vault at the Missouri Valley meet with a 15-5 3/4 performance...turned in a season-best 16-3 1/4 at the UNI Open to tie for second...placed fourth at the Florida State Relays (15-7) and Sun Devil

Relays (15-7 3/4). **Indoor** - Vaulted a season-best 16-2 3/4 at the Cyclone Invitational to finish fifth...won the Mercantile Bank Invitational (16-0 1/4)...placed third at the UNI-Dome Open (16-1 3/4). **1997:** **Outdoor** - Finished eighth in the decathlon at the conference championships...tied for fifth at the Kansas Relays (16-1). **Indoor** - Finished fifth at the MVC meet (15-11 3/4)...took second at the Wisconsin Invitational (16-0 3/4) and Iowa State Holiday Classic (16-0)...vaulted a personal-best 16-4 3/4 at the Mercantile Bank Invitational to place fourth. **1996:** **Outdoor** - Placed seventh at the MVC Championships (15-3 1/2)...placed fourth at the Wisconsin Invitational (15-10). **Indoor** - Best finish came at the Iowa State Holiday Classic, where he finished third (15-0) in his first collegiate meet...vaulted 16-1 1/4 at the conference meet, where he finished seventh...was sixth at the UNI-Dome Open (15-3). **High School:** A two-time state champion in the pole vault...lettered 10 times, four in track and field...also a member of the all-conference basketball team. **Personal:** Majoring in Health Promotion...son of Steve and Linda Mischke... **Personal Bests:** pole vault--16-4 3/4 (indoor), 16-3 1/4 (outdoor).

PANTHER PROFILES

Bill Nordyke

Junior • Throws

Winfield, Iowa (Winfield-Mt. Union HS)



1998: Outdoor - Just missed earning his first all-conference award, placing fourth in the discus (160-0) at the Valley meet...finished fourth at the Jim Duncan Invitational in the discus (146-8). **Indoor** - The Panthers' top thrower in the 35# weight, he

ranked eighth in the league in the final best list with a toss of 51-2 1/2 at the Iowa Invitational, where he finished second...took third at the Mercantile Bank Invitational (50-10 1/4). **1997: Outdoor** - Finished seventh in the discus at the MVC Championships with a season-best throw of 150-8. **Indoor** - Recorded his best 35# weight throw of the season, 49-11 3/4, at the Valley championships. **High School**: Won the state title in the discus as a senior, finished second at the Drake Relays...also lettered in football. **Personal**: Majoring in Biology...son of Bill and Georgette Nordyke

Personal Bests: 35# weight--51-2 1/2; discus--160-0.

Tim O'Neill

Junior • Throws

Davenport, Iowa (Assumption HS)



1998: Outdoor - Earned all-conference honors by placing second at the Valley meet in the shot put with a 52-6 1/2 toss...finished fifth at the Iowa Open (52-1). **Indoor** - Just missed all-Valley honors, claiming fourth in the league meet with a 50-10 3/4

performance...turned in a season-best 51-7 3/4 at the Iowa State Classic...finished sixth at the Mercantile Bank Invitational (48-9 1/2) and ninth at the Iowa State Open (50-3 1/4). **1997: Outdoor** - Redshirted. **Indoor** - Recorded a ninth-place finish in the shot put at the conference meet as a freshman (48-6 1/4)...had a season-best 49-4 at the UNI-Dome Open. **High School**: Earned a total of nine letters in track, football and wrestling.

Personal: Majoring in Health Promotion...son of James and Terrie O'Neill...a defensive tackle on the Panther football team.

Personal Bests: shot put--51-7 3/4 (indoor), 52-6 1/2.

Jacob Pauli

Sophomore • Pole Vault

Hanna City, Ill. (Farmington HS)



1998: Outdoor - Earned all-conference honors for the first time by placing third in the pole vault at the MVC Championships with a 15-9 3/4 effort...top performance of the season was 17-3 at the Drake Relays, tying for eighth...won the Sea Ray Relays (15-11

1/4)...finished third at the Florida State Relays (16-0 3/4), second at the Iowa Invitational (16-1 3/4) and third at the UNI Open (16-3 1/4). **Indoor** - Placed fifth at the Valley meet, vaulting 16-7 1/2...provisionally qualified for the NCAA's with a 17-2 3/4 at the Iowa State Classic to finish third...captured the UNI-Dome Open title (16-7 3/4)...vaulted 17-1 1/2 at the Husker Invitational to finish fifth...named Missouri Valley Field Athlete of the Week following the Husker Invitational...took second at the Iowa Open (15-5 3/4). **High School**: Won the state championship twice and was ranked seventh in the nation as a senior. **Personal**: Majoring in Computer Science...son of Gregg and Cathy Pauli...

Personal Bests: pole vault--18-2 1/2 (indoor), 17-3 (outdoor).

Eric Potter

Junior • Middle Distance

Sioux City, Iowa (Heelan HS)



1998: Cross Country - One of the top five runners on UNI's team that placed sixth at the Valley meet. **Outdoor** - Finished third in the 800 at the Missouri Valley Conference Championships with a 1:53.30, to earn his fourth all-conference honor in four

seasons (indoor/outdoor) as a collegian...turned in a team season-best 1:51.07 while finishing second at the UNI Open...ran second at the Jim Duncan Invitational (1:53.53), fourth at Florida State (1:52.25) and second at the Sun Devil Relays (1:52.54). **Indoor** - Finished as runnerup in the 800 at the conference meet (1:51.99)...placed second in the 600 at the UNI-Dome Open (1:20.35) and third at the Mercantile Bank Invitational (1:20.76)...took seventh at the Husker Invitational in the 800 (1:53.91). **1997: Cross Country** - A member of the Panthers' conference championship cross country team, placing 38th in the league meet. **Outdoor** - Ran a team-best and personal-best 1:49.70 to win the 800 meters at the MVC meet...finished fourth at the Sun Devil Relays (1:51.69), fifth in the 800 at the Kansas Relays (1:54.19) and Wisconsin Invitational (1:52.58), and 10th at the Arizona Invitational (1:54.04). **Indoor** - Earned all-conference honors in

his first collegiate season by running on the second-place distance medley relay team...placed seventh at the Valley meet (1:54.89)...took second at the Wisconsin Invitational (1:56.81)...placed second in the mile at the Iowa State Holiday Classic, his first collegiate meet (4:29.86). **High School**: Earned all-conference honors in track his junior and senior years...also lettered in basketball. **Personal**: Majoring in Accounting/Economics...son of Eugene and Joanne Potter...twin brother, Jason, also on the Panther squad...

Personal Bests: 800m--1:51.99 (indoor), 1:49.70 (outdoor).

Jason Potter

Junior • Sprints

Sioux City, Iowa (Heelan HS)



1998: Outdoor - Turned in his best performance in the 400 at the UNI Open, running 48.36 to finish second...missed scoring in the Missouri Valley meet by one place, finishing seventh in the 400 at 50.20...took fifth at the Florida State Relays (48.83) and 14th

at the Sun Devil Relays (49.59). **Indoor** - Earned all-conference honors by running the third leg on UNI's 4 x 400 relay team that finished second in the Valley meet; also placed sixth in the 400...won the UNI-Dome Open 400 (49.41)...placed fourth at the Mercantile Bank Invitational (49.49) in the 400.

1997: Outdoor - Finished 10th in the 400 at the conference meet as a freshman (49.72)...finished sixth at the Wisconsin Invitational (49.52). **Indoor** - Placed seventh in the 400 at the Iowa State Holiday Classic (50.12) in his first collegiate meet...finished third at the Iowa Invitational (51.85) and seventh at the Mercantile Bank Invitational (50.64). **High School**: Lettered three times in track and twice in football. **Personal**: Majoring in Elementary Education...son of Eugene and Joanne Potter...twin brother, Eric, also on the Panther squad...

Personal Bests: 400m--49.41 (indoor), 48.36 (outdoor).

PANTHER PROFILES

Luke Stater

Sophomore • Sprints

Cedar Falls, Iowa (Northern University HS)



1998: Outdoor - Ran season-best 49.00 in the 400 at the Florida State Relays, finishing sixth...top 400-meter hurdles time (55.11) also came at FSU, where he was runnerup...placed fourth in the 400 hurdles at the Jim Duncan Invitational (56.10), sixth

at the Iowa Open (55.21) and ninth at the Sun Devil Relays (56.22)...also a member of the 4 x 400 relay team. **Indoor** - Best time of the season was a 49.14

in the 400 at the Iowa State Open, where he finished 16th...placed second at the UNI-Dome Open (49.70), third at the Iowa Open (50.04) and fifth at the Mercantile Bank Invitational (49.90).

1997: Redshirted. High School: Placed third at the state meet in the 400 as a senior. **Personal:** Majoring in Construction Management...son of John and Sue Stater...

Bests: 400m--49.14 (indoor), 49.00 (outdoor); 400m hurdles--55.11.

Joel Sullivan

Freshman • Middle Distance

Woodbine, Iowa (Woodbine HS)



High School: Took runnerup honors at the state meet in the Class 1-A 800-meter run as a senior...also lettered in basketball and cross country. **Personal:** Majoring in Biology...son of John and Debbie Sullivan...

Personal

Bests: 800m--1:55.91 (indoor).

Levente Timar

Sophomore • Distance

Szekesfehervar, Hungary
(Teleki Blanka HS)



1998: Cross Country - A member of the Missouri Valley all-conference and scholar-athlete teams...finished fifth at the conference meet and first among UNI runners in 24:40...took second at the Indiana State Invitational (25:21).

Outdoor - Placed third at the conference meet in the 5,000 (14:58.64) to earn all-conference

honors...finished fourth in the 10,000 at the Valley meet (32:02.00)...won the steeplechase at the Jim Duncan Invitational (9:15.81)...ran third at the Florida State Relays in the 10,000 (30:58.95)...recorded a season-best 14:44.43 to finish 14th in the 5,000 at the Sun Devil Relays...placed third in the 1,500 at the UNI Open (3:59.42)...finished 10th at the Drake Relays in the 5,000 (14:47.36). **1997: Cross Country** - Finished 14th at his first Missouri Valley Conference championship (25:00) as UNI won the team title. **High School:** Named outstanding student and outstanding athlete of the Hungarian Republic in 1996. **Personal:** Majoring in Economics...son of Bela Timar and Irma Molnar...

Personal Bests:

mile--4:17.49; 1,500m--3:59.42; 3,000m--8:30.14; 3,000m steeplechase--9:15.81; 5,000m--14:33.82 (indoor), 14:44.43 (outdoor); 10,000m--30:58.95; 8K--24:40.

Brad Travis

Freshman • Throws

Spirit Lake, Iowa (Spirit Lake HS)



1998: Redshirted. High School: A two-time state champion in the discus...also lettered in wrestling and football...qualified for the state meet twice in wrestling...selected to play in the Shrine Bowl football all-star game.

Personal: Majoring in

Art Education...son of Bob and Collette Travis...

Personal Bests: 35# weight--52-4 3/4; shot put--49-2 1/2 (indoor); discus--159-4.

Jill Bakewell

Sophomore • Sprints

Ossian, Iowa (South Winneshiek HS)



1998: Outdoor - Redshirted. **Indoor** - Earned all-conference honors in her first season by placing third in the 400 at the Valley meet (56.82)...set a school record in the 400 at the Iowa State Classic with a 55.94 on a 300-meter track, converted to 56.24,

finished third...took fifth in the 400 at the Iowa State Open (56.82)...won the 400 at the Mercantile Bank Invitational (56.68)...finished second in the 600 at the Iowa Open (1:37.90)...ran second in the 200 at the UNI-Dome Open (25.44)...took eighth in the 400 at the Iowa State Last Chance Meet (56.66)...a member of the Panthers' top 4 x 400 relay team that placed second at the conference championship (3:49.42). **High School:** The 400-meter runnerup at the state meet her last three years...also a member of the state championship sprint medley

team as a junior and senior, and the 4 x 800 champs as a freshman...placed eighth in the 200 as a junior...also lettered in volleyball. **Personal:** Undecided major...daughter of Jim and Joyce Bakewell...

Personal Bests:

200m--25.44 (indoor); 400m--56.24 (indoor), 55.84 (outdoor); 600m--1:37.90

Tracy Burress

Sophomore • Sprints

Bloomfield, Iowa (Davis County HS)



1998: Outdoor - Notched her season-best time of 58.55 in the 400 at the Sun Devil Relays...her best 200-meter performance (25.89) came at the UNI Open, where she placed second...came in fifth in the 400 at the Florida State Relays (59.65)...fin-

ished ninth in the 200 at the Jim Duncan Invitational (26.92)...also competed on the 4 x 400, sprint medley and distance medley relay squads. **Indoor** - Earned all-conference honors as a member of the runnerup 4 x 400 relay team at the Missouri Valley Conference Championships...season-best 26.69 in the 200 came at the UNI-Dome Open, where she finished sixth...took fifth at the Iowa Open in the 200 (26.90). **1997: Redshirted. High School:** Won the state 400-meter title as a senior after finishing third as a junior...ran on Davis County's two state 4 x 400 championship teams...also lettered in basketball and cross country. **Personal:** Majoring in Health Promotion...daughter of Robert and Paula Burress...

Personal Bests:

200m--26.69 (indoor), 25.89 (outdoor); 400m--59.91 (indoor), 58.55 (outdoor).

Deborah Cordner

Freshman • Sprints

St. Louis Park, Minn. (St. Louis Park HS)



High School: A three-time state champ in the 200 meters who also won the 400-meter title as a senior...won the 100-meter dash championship as a sophomore, finished second as a junior and third as a senior...400-meter runnerup her

junior season...also lettered in gymnastics.

Personal: Majoring in Business

Administration...daughter of Lloyd and Annette Cordner...born April 27, 1980. **Personal Bests:** 60m--7.75; 200m--25.69 (indoor).

PANTHER PROFILES

Rachel Dozark

Junior • Middle Distance
Vail, Iowa (Ar-We-Va HS)



1998: Cross Country - Finished seventh for the Panthers and 54th overall at the Missouri Valley Conference Championships.

Outdoor - Recorded a season-best 2:20.12 in the 800 at the UNI Open to finish sixth...also placed sixth at the Jim

Duncan Invitational (2:24.96) and Florida State Relays (2:20.35), and 22nd at the Sun Devil Relays (2:23.93). **Indoor** - Posted a season-best 2:21.14 in the 800 at the UNI-Dome Open...placed fifth at the Mercantile Bank Invitational (2:24.57). **1997:**

Outdoor - Opened the season by taking 14th in the 1,500 meters at the Florida State Relays (4:50.67)...placed sixth at the Wisconsin Invitational in the 1,500 (4:51.45)...a member of the Panthers' 4 x 800 and distance medley relay teams. **Indoor** -

Recorded best conference finish ever, fifth in the mile at the MVC meet (5:12.19)...ran sixth in the 800 at the Mercantile Bank Invitational (2:23.21), second at the Iowa Invitational (2:24.37)...turned in a season-best 2:19.36 at the Iowa State Classic...took fifth in the mile at the Redbird Open (5:13.05) **High School:** An all-state track performer who was a member of seven state championship relay teams...also lettered in volleyball and basketball..

Personal: Majoring in Communication Disorders...daughter of Dennis and Julie Dozark.. **Personal**

Bests: 800m--2:19.36 (indoor), 2:20.12 (outdoor); mile--5:12.19; 1,500m--4:50.67.

Amy Engle

Senior • High Jump
Newton, Iowa (Newton HS)



1998: Outdoor - Tied for seventh in the high jump at the Missouri Valley Conference meet (5-3 3/4)...recorded a season-best 5-6 to win the UNI Open...placed third in the Jim Duncan Invitational (5-3 3/4) and fourth at the Iowa Invitational (5-4 1/4).

Indoor - Tied for fifth at the Valley meet (5-5), her best performance of the season...placed third at the UNI-Dome Open (5-4 1/4). **1997: Outdoor** -

Jumped a season-best 5-3 3/4 at the Valley meet to finish eighth. **Indoor** - Finished eighth at the conference meet (5-3)...took third at the Redbird Open (5-2 3/4), third at the Iowa Invitational (5-0) and sixth at the Mercantile Bank Invitational (5-2).

1996: Outdoor - Jumped 5-2 1/2 to finish 10th at the conference meet...finished second at the Iowa Invitational (5-0 1/4) and fifth at the Nike Invitational

(5-3 1/4). **Indoor** - Jumped 5-4 to finish third in her first collegiate meet at the Iowa State Holiday Classic...won the Mercantile Bank Invitational (5-4 1/4)...took fourth at the UNI-Dome Open (5-3 1/4), third at the Iowa State Classic (5-3 3/4) and fourth at the Wisconsin Invitational (5-2 1/4). **High School:**

State runnerup in the high jump as a junior...outstanding all-around athlete who lettered 13 times in four sports--track, volleyball, basketball and softball...earned all-conference honors in all four sports. **Personal:** Majoring in Leisure Services...daughter of Karyl and Gail Engle...

Personal Bests: high jump--5-5 (indoor), 5-6 (outdoor).

Brenna Fleishman

Senior • Hurdles/Sprints
Carlisle, Iowa (Carlisle HS)



1998: Outdoor - Redshirted. **Indoor** - Captured the 55-meter hurdle title at the Missouri Valley Conference Championships (8.07)...her 8.00 clocking in the 55 hurdles at the UNI-Dome Open set a school record and was the best time in the

conference during the season...placed third at the Iowa Invitational (8.23), fifth at the Mercantile Bank Invitational (8.14), seventh at the Iowa State Classic (8.14) and eighth at the Iowa State Open (8.23)...ran a season-best 7.41 in the 55-meter dash at the UNI-Dome Open. **1997: Outdoor** - Broke a

20-year-old school record in the 100-meter hurdles, clocking a 14.57 at the MVC Championships, where she finished third...claimed third in the 100 hurdles at the Florida State Relays (15.03) and Iowa Invitational (14.82), and fifth at the Wisconsin Invitational (14.82)...a member of the conference all-academic team. **Indoor** - Placed fourth at the conference meet (8.38)...set a then-school record in the 55 hurdles, recording 8.30 for third place at the Mercantile Bank Invitational...won the UNI-Dome Open in 8.36...took second at the Redbird Open (8.43), third at the Iowa Invitational (8.68). **1996:**

Outdoor - Placed seventh at the Valley meet (14.90) in the 100 hurdles...won the New Mexico (15.2), Iowa (16.07) and Simpson (15.26) Invitationals...finished fourth in the Jim Duncan Invitational (15.05) and seventh at Nike Invitational (15.09). **Indoor** - Ran a season-best 8.50 in the 55-meter hurdles at the UNI-Dome Open, where she finished fifth...placed fourth at the Mercantile Bank Invitational (8.72) and Iowa State Holiday Classic (8.90), fifth at the Wisconsin Invitational (8.84).

1995: Outdoor - Placed fourth at the Jim Duncan Invitational (14.88), seventh at the Kansas Relays (15.42) and eighth at the SEMotion Relays (15.76). **Indoor** - Finished fifth at the Mercantile Bank Invitational in the 55 hurdles (8.88) and the 200 (27.40)...placed third in her first collegiate competition with a 8.61 in the 55 hurdles at the Iowa State Holiday Classic...won the Panther Invitational (8.69)...ran fifth in the Iowa State Classic (8.64).

High School: The school recordholder at Carlisle

hurdles during the season...placed third at the Iowa Invitational (8.23), fifth at the Mercantile Bank Invitational (8.14), seventh at the Iowa State Classic (8.14) and eighth at the Iowa State Open (8.23)...ran a season-best 7.41 in the 55-meter dash at the UNI-Dome Open. **1997: Outdoor** - Broke a

20-year-old school record in the 100-meter hurdles, clocking a 14.57 at the MVC Championships, where she finished third...claimed third in the 100 hurdles at the Florida State Relays (15.03) and Iowa Invitational (14.82), and fifth at the Wisconsin Invitational (14.82)...a member of the conference all-academic team. **Indoor** - Placed fourth at the conference meet (8.38)...set a then-school record in the 55 hurdles, recording 8.30 for third place at the Mercantile Bank Invitational...won the UNI-Dome Open in 8.36...took second at the Redbird Open (8.43), third at the Iowa Invitational (8.68). **1996:**

Outdoor - Placed seventh at the Valley meet (14.90) in the 100 hurdles...won the New Mexico (15.2), Iowa (16.07) and Simpson (15.26) Invitationals...finished fourth in the Jim Duncan Invitational (15.05) and seventh at Nike Invitational (15.09). **Indoor** - Ran a season-best 8.50 in the 55-meter hurdles at the UNI-Dome Open, where she finished fifth...placed fourth at the Mercantile Bank Invitational (8.72) and Iowa State Holiday Classic (8.90), fifth at the Wisconsin Invitational (8.84).

1995: Outdoor - Placed fourth at the Jim Duncan Invitational (14.88), seventh at the Kansas Relays (15.42) and eighth at the SEMotion Relays (15.76). **Indoor** - Finished fifth at the Mercantile Bank Invitational in the 55 hurdles (8.88) and the 200 (27.40)...placed third in her first collegiate competition with a 8.61 in the 55 hurdles at the Iowa State Holiday Classic...won the Panther Invitational (8.69)...ran fifth in the Iowa State Classic (8.64).

High School: The school recordholder at Carlisle

High in seven events...a four-time state runnerup and 10-time conference champion...also lettered in volleyball and basketball, where her team advanced to the state tournament her junior year. **Personal:** Majoring in Community Health...daughter of Wayne and Kathy Fleishman...

Personal Bests: 55m hurdles--8.00; 100m hurdles--14.67.

Jill George

Sophomore • Multi-Events
Newton, Iowa (Newton HS)



1998: Outdoor - Redshirted. **Indoor** - Recorded a season-best in the long jump in her first collegiate event at the Iowa State Holiday Classic (16-11)...placed sixth in the long jump (16-7 1/4) at the Mercantile Bank Invitational. **High**

School: A state champion in the pentathlon...as a senior, placed fourth in the long jump, fifth in the 400-meter hurdles and seventh in the 100-meter hurdles at the state meet...finished 11th in the long jump at the Drake Relays...also placed 11th in the long jump at the state meet and Drake Relays as a junior. **Personal:** Undecided major...daughter of Fred and Cheryl George...

Personal Bests: long jump--16-11 (indoor), 16-10 3/4 (outdoor).

Teresa Grothus

Sophomore • Middle Distance
Bettendorf, Iowa (Pleasant Valley HS)



1998: Cross Country - A member of the Panthers' cross country team that finished fifth at the Missouri Valley meet...finished sixth on the team and 37th overall at the conference meet (19:12). **Outdoor** - Redshirted. **Indoor** - Earned all-conference

honors by finishing third at the Missouri Valley Championships in the 800 meters with a 2:16.40, tops on the team for the season...also ran the lead-off leg on the Panthers' distance medley relay team that placed fourth...placed fourth at the Mercantile Bank Invitational (2:23.44), sixth at the Iowa State Open (2:17.18) and 17th at the Iowa State Classic (2:17.65)...also registered a 2:17.18 at the Husker Invitational. **High School:** Took second in the 800 at the Drake Relays her junior and senior seasons, eighth at the state meet as a senior. **Personal:** Majoring in Math Education...daughter of Bill and Celie Grothus...

Personal Bests: 800m--2:16.40 (indoor), 2:15.68 (outdoor); 5K--19:12.

PANTHER PROFILES

Kara Hulse

Freshman • Long Jump
Cedar Falls, Iowa (Cedar Falls HS)



High School: Won the state long jump championship as a senior with a 17-10 performance after finishing second as a junior (17-7 1/2) and 13th as a sophomore (16-2)...placed 10th at the Drake Relays her senior year, 14th as a

sophomore and junior...named her school's Female Athlete of the Year as a senior...also lettered in cross country and basketball. **Personal:** Undecided major...daughter Dave and Jill Hulse...

Personal Bests: long jump--16-3 3/4 (indoor), 17-10 (outdoor).

Evette Iverson

Sophomore • Distance
Paullina, Iowa (South O'Brien HS)



1998: Cross Country - Placed fourth for the team and 33rd overall at the Missouri Valley Championships (19:05)...finished ninth at the Illinois State Invitational (19:23)...was among the team's top four runners throughout the season. **Outdoor -**

Had her best performance of the season at the UNI Open, where she ran 10:48.48 to finish fifth in the 3,000 meters. **Indoor -** Best time was 10:52.57 at the Iowa State Classic, where she finished 26th...also finished 25th at the Iowa State Open (11:18.53). **1997: Cross Country -** Registered a 35th-place finish at the Valley meet, fourth on the team (19:15). **High School:** Placed in the top 10 at the state cross country meet all four years, including third as a junior and second as a senior...finished second at the state meet in the 3,000 and fourth in the 1,500 her junior year...also lettered in softball. **Personal:** Undecided major...daughter of Keith Iverson... **Personal Bests:** 3,000m--10:52.57 (indoor), 10:48.48 (outdoor); 5K--19:05.

Jenny Jackson

Senior • Middle Distance
Cedar Rapids, Iowa (Jefferson HS)



1998: Cross Country - The Panthers' top runner, she earned all-conference honors by finishing sixth overall and first on the team (17:56)...also named to the Missouri Valley Conference all-scholar team...placed second at the Illinois Invitational

(18:11), fifth at the Illinois State Invitational (18:55), eighth at the Indiana State Invitational (19:02), 11th at Iowa Invitational (19:10) and 15th at Iowa State Memorial (19:18). **Outdoor -** Redshirted. **Indoor -** Redshirted. **1997: Cross Country -** Redshirted. **Outdoor -** A member of the all-conference team after finishing third in the 800 at the MVC meet (2:11.09)...ran a season-best 2:10.53 at the Drake Relays, where she placed fifth; also ran 12th at the Sea Ray Relays (2:12.32)...ran the last leg on the sprint medley relay team that set a school record at the Drake Relays (3:55.38)...finished fifth in the 1,500 at the Florida State Relays (4:36.93) and sixth at the Iowa Invitational (4:49.33)...also a member of the 4 x 400 relay team. **Indoor -** Took third in the mile (4:52.47) and sixth in the 800 (2:21.15) at the Missouri Valley Conference Championships...set the school record with her 4:52.47 performance in the mile...her 2:10.39 in the 800 at the Iowa State Last Chance Meet was the best Valley performance of the season and second-best in school history...provisionally qualified for the NCAA Championships in the 800...set the school record in the 1,000 meters while winning the UNI-Dome Open (2:53.02)...won the Redbird Open in the 800 (2:16.63), placed fourth at the Mercantile Bank Invitational (2:19.75) and eighth at the Iowa State Classic (2:15.60)...won the mile at the Iowa Invitational (5:16.32) and finished 12th at the Iowa State Classic (5:09.36). **1996: Cross Country -** Earned all-conference honors by finishing seventh at the Valley championship (18:08)...placed 12th at the Illinois Invitational (18:23) and 27th at the Iowa State Memorial (19:17). **Outdoor -** An all-conference performer in the 800, where she finished third at the conference meet in 2:15.77...recorded a season-best 2:14.33 in the 800 at the Nike Invitational...posted a fifth-place finish at the Iowa Invitational (2:18.8) and sixth at the Jim Duncan Invitational (2:21.81). **Indoor -** Placed sixth at the league meet in the 1,000 meters (3:12.42), ran a season-best 2:59.07 in the prelims...won the UNI-Dome Open 1,000 in 3:02.20...placed second at the Mercantile Bank Invitational (2:59.73). **1995: Cross Country -** A member of the Panther team that placed fifth at the conference meet. **Outdoor -** Picked up all-conference mention as part of UNI's third-place 4 x 800 relay squad...took sixth in the 800 at the Foster/Jamaican Invitational (2:26.0). **Indoor -** Finished 12th at her first collegiate meet in the 800, running 2:30.88 at the Iowa State Holiday Classic...placed third in the 600 at the Panther Invitational (1:42.77) and fifth at the Redbird Open

(1:44.11). **High School:** A four-year letterwinner in cross country, track and softball...also lettered three times in basketball...earned second team all-state honors in basketball...named her school's track and cross country athlete of the year. **Personal:**

Majoring in Psychology...daughter of Roger and Rhonda Jackson... **Personal Bests:** 800m--2:10.39 (indoor), 2:10.53 (outdoor); 1,000m--2:53.02; mile--4:52.47; 1,500m--4:36.93; 5K--17:56.

Katie Johnson

Freshman • High Jump
Omaha, Neb. (Millard North HS)



High School: An all-state performer in the high jump...also an all-stater in volleyball.

Personal: Majoring in Business...daughter of Paul and Deb Johnson...

Personal Bests: high jump--5-5 3/4.

Amanda Koester

Freshman • Jumps
Clinton, Iowa (Clinton HS)



High School: Won the state high jump title as a junior and senior after finishing third as a sophomore...a three-time runnerup in the high jump at the Drake Relays...placed 10th in the long jump her senior season...a member of the runnerup shuttle

hurdle relay team. **Personal:** Majoring in Physical Education...daughter of Tom and Sandy Koester...

Personal Bests: high jump--5-6; long jump--16-6 1/2.

Andrea Miller

Senior • Shot Put
Lee's Summit, Mo. (Davenport North HS)



1998: Outdoor - Captured the Missouri Valley shot put title with a career best 47-8 1/2...also won the Jim Duncan Invitational (45-4 1/2), UNI Open (44-4 1/4) and Florida State Relays (46-8 1/4)...finished fourth in the discus at the Duncan Invitational (125-9)...qualified for the Drake Relays, where she

PANTHER PROFILES

finished 17th (43-8 3/4)...placed ninth at the Sun Devil Relays (44-5 1/2)...runnerup in the discus (138-7) at the UNI Open. **Indoor** - Registered a 46-11 toss in the shot put to win the conference championship...placed second at the Iowa Open (43-2), third at the Mercantile Bank Invitational (45-3 1/2). **1997: Outdoor** - Earned all-conference honors with a runnerup finish at the Valley meet (45-10)...took second at the Iowa Invitational (43-11 3/4)...tossed 44-1 1/4 in the shot to finish second at the Wisconsin Invitational...won the Simpson Invitational (45-5)...took runnerup honors at the Florida State Relays (43-7 1/4). **Indoor** - Earned her first all-conference honor by finishing third at the league championship (43-5)...finished third in the shot put (43-6) at the Iowa State Holiday Classic, her first meet at UNI; also the second-best effort of the season in the conference...took second at the Iowa Invitational (40-5 1/2)...placed third at the UNI-Dome Open (43-0 1/4). **1996:** Attended the University of Arkansas. **High School:** Won the Drake Relays and state indoor and outdoor titles in the shot put...also lettered in volleyball, basketball, softball and soccer. **Personal:** Majoring in Psychology/Health Education...daughter of Lonnie and Marlene Miller... **Personal Bests:** shot put--46-11 (indoor), 47-8 1/2 (outdoor).

Nikki Nelson

Freshman • Sprints/Long Jump
Mt. Vernon, Iowa (Mt. Vernon HS)



High School: One of the most successful athletes in Iowa high school track history, she won the state Class 2-A championship in four events as a senior -- 200 meters (25.31), 400 meters (56.84), long jump (17-4 1/4) and as a member of the sprint

medley relay team...a three-event state champ as a junior, winning the 200, 400 and long jump...won the first of her three titles in the 400 as a sophomore while placing third in the long jump...won the 800 at the Drake Relays as a senior while finishing sixth in the 100-meter dash and long jump...placed ninth at the Drake Relays long jump as a sophomore and junior...also lettered in softball, basketball and volleyball. **Personal:** Undecided major...daughter of Gary and Karen Nelson... **Personal Bests:** 200m--25.31 (outdoor); 400m--56.54 (outdoor); long jump--17-8 (outdoor).

Amy Oleson

Freshman • Sprints/Hurdles
Burlington, Iowa (Burlington HS)



High School: Finished third at the state meet in the 400-meter hurdles as a sophomore, seventh as a junior...took fourth in the 440-yard dash at the state indoor meet as a junior...also lettered in softball, basketball and cross country. **Personal:** Majoring in Elementary

Education...daughter of Don and Pat Oleson... **Personal Bests:** 400-meter hurdles--1:06.03.

Tiffany Ratzlaff

Junior • Hurdles
Ankeny, Iowa (Ankeny HS)



1998: Outdoor - The Panthers' top hurdler who earned all-conference honors by placing third in the 100-meter hurdles at the Valley meet (14.33)...her conference meet time was the third-fastest in the conference during the season...finished second

at the Jim Duncan Invitational (14.50) and fourth at the UNI Open (14.64). **Indoor** - Finished third in the 55-meter hurdles to pick up all-conference honors at the MVC Championships (8.17)...finished second in the 55 hurdles at the UNI-Dome Open (8.17), fifth at the Hawkeye Open (8.45)...ran 8.20 at the Husker Invitational. **1997: Outdoor** - Ran a 14.97 in the 100-meter hurdles to finish sixth at the conference meet...turned in a season-best 14.67 in the prelims at the Valley meet...took first at the Simpson Invitational (15.37), 12th at the Florida State Relays (15.50) and fourth at the Iowa Invitational (15.32). **Indoor** - Scored at her first Missouri Valley meet, taking sixth in the 55 hurdles (8.41)...placed sixth at the Mercantile Bank Invitational (8.45), and fourth at the Iowa Invitational (8.87) and UNI-Dome Open (8.52)...finished fourth in her first collegiate meet, running 9.19 in the 60-meter hurdles. **High School:** Won the state indoor title in the 55-meter hurdles twice...placed third in the 100 hurdles at the state meet as a senior...a member of two state championship shuttle hurdle relay teams. **Personal:** Majoring in Marketing...daughter of Bev Stone... **Personal Bests:** 55-meter hurdles--8.17; 100-meter hurdles--14.33.

Kendra Stannard

Senior • Jumps/Multi-Events
Cedar Rapids, Iowa (Washington HS)



1998: Outdoor - Redshirted. **Indoor** - Finished sixth at the Missouri Valley Championships in the triple jump (38-0), fourth in the 55-meter hurdles (8.18) and ran on the second-place 4 x 400 relay team...placed fourth in the 55 hurdles

at the UNI-Dome Open (8.23), sixth at the Mercantile Bank Invitational (8.15) and ran 8.15 at the Husker Invitational...won the long jump with a season-best 19-1 3/4 at the Mercantile Bank Invitational, also won at the Hawkeye Open (18-1 1/4)...placed second in the long jump at the UNI-Dome Open (18-9 1/4), eighth at the Iowa State Last Chance Meet (18-2). **1997: Outdoor** - Finished sixth at the conference meet in the heptathlon (4,350), seventh in the 100 hurdles (15.30) and long jump (17-7), and ninth in the triple jump (35-7 1/4)...notched 4,197 points to finish 12th in the heptathlon at the Sea Ray Relays...ran the second leg on UNI's sixth-place sprint medley relay team at the Drake Relays...finished fifth at the Iowa Invitational in the javelin (89-6) and fifth at the Wisconsin Invitational (87-2)...placed fifth in the long jump at the Wisconsin Invitational (16-2 1/4)...a member of the MVC all-academic team by maintaining a 3.42 GPA. **Indoor** - Placed fifth in the long jump (18-2 1/2) and 11th in the triple jump (35-4 1/2) at the Missouri Valley meet...won the long jump at the Iowa Invitational (17-0), finished second at the Redbird Open (17-7), eighth at the Iowa State Classic (18-10 1/4) and fourth at the ISU Holiday Classic (17-11 1/4)...captured third in the triple jump at the Mercantile Bank Invitational (36-10 1/4) and Redbird Open (36-2)...placed fifth in the 55 hurdles at the Redbird Open (9.09) and sixth at the Iowa Invitational (9.15). **1996: Outdoor** - The Panthers' top long and triple jumper, she broke a nine-year-old school record in the heptathlon by scoring 4,748 to win the Minnesota/Nike Invitational...finished fifth in the Drake Relays (4,587) and Missouri Valley Conference heptathlons (4,420)...placed sixth in the long jump at the MVC meet (18-5 3/4)...placed second in the 100-meter hurdles at the Iowa Invitational (16.54)...won the long jump (17-9) and finished third in the 200-meter dash at the New Mexico Invitational (25.81) and sixth in the javelin (81-11)...won the triple jump at the SEMotion Relays (37-8)...ran on the 4 x 400 team that won the Iowa Invitational. **Indoor** - Finished third at the MVC meet in the pentathlon (3,365) and sixth in the triple jump as a freshman (36-11 1/2)...set six personal bests at the conference meet -- in the pentathlon, long jump, triple jump, 800 meters, high jump and shot put...took second in the long jump (17-11) and triple jump (33-11 1/2), and fifth in the 55 hurdles (8.90) at the Mercantile Bank Invitational...won the UNI-Dome Open long jump (17-10 1/4) and placed sixth at the Wisconsin Invitational (17-5)...placed second in the long jump (18-1 1/4) and sixth in the

Panther Profiles

55 hurdles (8.94) at the Iowa State Holiday Classic. **1995: Outdoor** - Jumped 37-1 1/4 in the triple jump at the conference meet to finish 10th; also finished 10th in the heptathlon (3,555)...placed eighth in the heptathlon at the Jim Duncan Invitational (3,737).

Indoor - Placed eighth in the long jump (17-8 1/4) and triple jump (35-6 3/4) at the Valley Championships...finished second in the long jump (18-4 1/2), fifth in the triple jump (34-0 1/4) and fourth in the 200-meter dash (26.83) at the Mercantile Bank Invitational...took third in the 55 hurdles (9.14) and fourth in the long jump (17-2 1/4) at the Panther Invitational. **High School:** Placed second at the state meet in the long jump and fourth in the 200 as a senior...named the Mississippi Valley Conference Female Athlete of the Year...finished second in the long jump at the Drake Relays. **Personal:** Majoring in Health Promotion...daughter of Sue Stannard...

Personal Bests: long jump--19-1 3/4 (indoor), 18-5 3/4 (outdoor); triple jump--38-0 (indoor), 38-2 3/4 (outdoor); heptathlon--4,748; 55-meter hurdles--8.15.

Kari Thilges

Junior • Distance

West Bend, Iowa (West Bend-Mallard HS)



1998: Cross Country - Placed third for UNI and 15th overall at the Missouri Valley Conference Championships...named to the conference all-scholar team...among the team's top four runners all year with a season-best time of

18:25...top finish was 12th at the Indiana State Invitational. **Outdoor** - Placed sixth in the 3,000 at the conference meet (10:27.40) and 11th in the 10,000 (41:22.25)...took fourth in the 3,000 at the Jim Duncan Invitational (10:49.20), sixth at the Florida State Relays (10:33.41), ninth at the Wisconsin Invitational (10:29.07) and 10th at the Sun Devil Relays (10:23.04)...placed fourth in the mile at the UNI Open (4:51.58). **Indoor** - Ran a season-best 10:25.84 in the 3,000 at the Iowa State Holiday Classic and turned in her top 5,000 time of 18:25.45 on the same track at the Iowa State Classic...finished third in the 3,000 at the UNI-Dome Open (10:31.08), third at the Hawkeye Open (11:32.20), fifth at the Mercantile Bank Invitational (10:33.45) and eighth at the Iowa State Open (10:34.07). **1997: Cross Country** - Placed third for UNI and 19th overall at the Valley meet...named to the conference all-scholar team...finished 23rd at the district meet to earn all-district honors. **Outdoor** - Placed 12th in the 3,000 and 15th in the 1,500 at the conference meet as a freshman...took fifth in the 3,000 at the Florida State Relays (10:30.66), fourth at the Iowa Invitational (10:33.74) and ninth at the Wisconsin Invitational (10:35.04)...posted a fifth-place finish at the SEMotion Relays in the 5,000 (18:40.18). **Indoor** - Placed 13th at the conference meet in the 3,000 as a freshman (10:28.86)...won the 3,000 at the UNI-Dome Open (10:33.68)...ran third

in the 3,000 at the Mercantile Bank Invitational (10:45.28), Iowa State Holiday Classic (10:56.29), Iowa Invitational (10:58.00) and Redbird Open (10:37.40). **High School:** Finished third at the state meet in the 3,000 and fifth in the 1,500 as a senior...also lettered in basketball. **Personal:** Majoring in Business Management...daughter of Lloyd and Jean Thilges...

Personal Bests: 5K--18:25; 3,000m--10:25.84 (indoor), 10:23.04 (outdoor); 5,000m--18:25.45 (indoor), 18:18.61 (outdoor).

Dee Wear

Sophomore • Hurdles

Mt. Pleasant, Iowa (Mt. Pleasant HS)



1998: Outdoor - Just missed all-conference honors in the 100-meter hurdles, finishing fourth at the Valley meet (14.50)...placed second at the Iowa Invitational (14.58), fifth at the UNI Open (15.03), seventh at the Jim Duncan Invitational (15.18), and

18th at the Sun Devil Relays (14.97). **Indoor** - Redshirted. **High School:** An elite all-state performer who won the state 100-meter hurdle title as a junior and finished sixth her senior year.

Personal: Undecided major...daughter of Lawrence and Cindy Wear...

Personal Bests: 55m hurdles--8.40; 100m hurdles--14.50.

Kari Whitman

Senior • Distance

Grand Mound, Iowa (Calamus-Wheatland HS)



1998: Cross Country - A member of UNI's team that placed fifth at the Missouri Valley Conference Championships. **Outdoor** - Posted a season-best 5:00.44 in the 1,500 at the UNI Open, where she finished sixth. **Indoor** - Redshirted. **1997:**

Outdoor - Redshirted. **Indoor** - Recorded her season-best time in the mile, 5:37.95, at the Redbird Open, finishing 11th. **1996: Cross Country** - Finished fourth for the Panthers and 32nd overall at the Valley meet...a consistent member of the team's top four runners. **Indoor** - Placed 13th in the mile run at the conference meet (5:33.77)...finished eighth in the mile at the Iowa State Holiday Classic (5:36.52). **High School:** A state track and cross country qualifier her first three years...named her conference's most valuable cross country and track runner...also lettered in basketball. **Personal:** Majoring in Physical Therapy...daughter of Wayne and Marcia Whitman...

Personal Bests: mile--5:33.77; 1,500m--5:00.44.

Melissa Yerk

Senior • Throws

Belvidere, Ill. (Belvidere HS)



1998: Outdoor - Set a UNI record in the hammer throw with a toss of 163-11 in winning the Wisconsin Invitational...qualified for the Drake Relays in the hammer, placing 17th (159-4 1/2)...placed fifth at the Missouri Valley meet in the hammer

(163-9)...captured the hammer throw (163-4) and discus (142-8) at the UNI Open...finished fourth at the Sun Devil Relays (156-1)...runnerup in the hammer at the Florida State Relays (156-6). **Indoor** - Provisionally qualified for the NCAA Championships with a school-record 56-2 effort in the 20-pound weight at the Husker Invitational, which also was the fifth-best throw in the Valley...won the Iowa Invitational (52-9 3/4) and finished second at the UNI-Dome Open (55-9 3/4) and Mercantile Bank Invitational (56-0)...took fourth at the Iowa State Open (56-1 3/4). **1997: Outdoor** - Finished fourth in the hammer (130-0) and eighth in the discus (117-5) at the Florida State Relays...took fifth in the hammer (135-0) at the Wisconsin Invitational.

Indoor - Recorded a season-best 52-8 1/2 in the weight throw at the Mercantile Bank Invitational, finishing second...placed second at the UNI-Dome Open (47-10 3/4) and third at the Iowa Invitational (45-8 1/2). **1996: Outdoor** - Set a then-school record in the hammer at 149-1 at the SEMotion Relays...placed fifth in the hammer (146-7) and ninth in the shot put (39-4 1/2) at the MVC Championships. **Indoor** - Set a then-school record and provisionally qualified for the NCAA meet with a 51-9 3/4 effort in an NCAA Last Chance Meet in Ames...took second at the UNI-Dome Open (48-3)...threw 50-1 in the 20# weight while finishing third at the Mercantile Bank Invitational. **High School:** Placed second at the state meet in the discus as a senior...a four-year all-conference performer...also lettered in volleyball. **Personal:** Majoring in Leisure Services/Therapeutic Recreation...daughter of Gary and Sheridan Yerk...

Personal Bests: 20# weight--56-2; hammer--163-11.

NCAA QUALIFYING STANDARDS

MEN INDOOR

Event	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 Meters	6.16	-	6.28	-
60 Meters	6.62	-	6.74	-
55-Meter Hurdles	7.23	-	7.37	-
60-Meter Hurdles	7.74	-	7.88	-
200 Meters				
(Under 200m/220 yds)*	21.30	-	21.60	-
(200m/220 yds)*	21.15	-	21.45	-
(Over 200m/220 yds)*	20.90	-	21.20	-
400 Meters				
(Under 200m/220 yds)*	46.97	46.7	47.75	47.5
(200m/220 yds)*	46.72	46.4	47.50	47.2
(Over 200m/220 yds)*	46.32	46.0	47.10	46.8
800 Meters				
(200m/220 yds or less)*	1:48.25	1:48.0	1:50.40	1:50.1
(Over 200m/220 yds)*	1:47.65	1:47.4	1:49.80	1:49.5
1 Mile				
(200m/220 yds or less)*	4:01.80	4:01.5	4:05.50	4:05.2
(Over 200m/220 yds)*	4:01.00	4:00.7	4:04.70	4:04.4
3,000 Meters				
(200m/220 yds or less)*	7:59.50	7:59.2	8:12.00	8:11.7
(Over 200m/220 yds)*	7:58.20	7:57.9	8:10.70	8:10.4
5,000 Meters				
(200m/220 yds or less)*	14:00.00	13:59.7	14:20.00	14:19.7
(Over 200m/220 yds)*	13:58.15	13:57.9	14:18.15	14:17.9
1,600-Meter Relay				
(Under 200m/220 yds)*	3:10.00	3:09.7	3:13.50	3:13.2
(200m/220 yds)*	3:08.50	3:08.2	3:12.00	3:11.7
(Over 200m/220 yds)*	3:06.90	3:06.6	3:10.40	3:10.1
1 Mile Relay				
(Under 200m/220 yds)*	3:11.20	3:10.9	3:14.70	3:14.4
(200m/220 yds)*	3:09.70	3:09.4	3:13.20	3:12.9
(Over 200m/220 yds)*	3:08.10	3:07.8	3:11.60	3:11.3
Distance Medley Relay-Meters				
(200m/220 yds or less)*	9:40.00	9:39.7	9:48.00	9:47.7
(Over 200m/220 yds)*	9:37.75	9:37.5	9:45.75	9:45.5
Distance Medley Relay-Yards				
(200m/220 yds or less)*	9:43.50	9:43.2	9:51.50	9:51.2
(Over 200m/220 yds)*	9:41.25	9:41.0	9:49.25	9:49.0
High Jump	2.25 (7-4 1/2)		2.16 (7-1)	
Pole Vault	5.50 (18-0 1/2)		5.25 (17-2 3/4)	
Long Jump	7.85 (25-9 1/4)		7.55 (24-9 1/4)	
Triple Jump	16.20 (53-1 1/4)		15.60 (51-2 1/4)	
Shot Put	19.00 (62-4)		18.00 (59-0 3/4)	
35# Weight	20.85 (68-5)		19.30 (63-4)	

*-Size of track.

OUTDOOR

100 Meters	10.18	-	10.34	-
200 Meters	20.50	-	20.85	-
400 Meters	45.40	45.1	46.40	46.1
800 Meters	1:47.20	1:46.9	1:48.80	1:48.5
1,500 Meters	3:41.30	3:41.0	3:45.00	3:44.7
1 Mile	3:59.00	3:58.7	4:03.04	4:02.8
3,000-Meter Steeplechase	8:43.00	8:42.7	8:54.00	8:53.7
5,000 Meters	13:48.00	13:47.7	14:10.00	14:09.7
10,000 Meters	29:10.00	29:09.7	29:55.00	29:54.7
110-Meter Hurdles	13.72	-	14.00	-
400-Meter Hurdles	50.15	49.9	51.30	51.0
400-Meter Relay	39.35	39.1	40.00	39.7
440-Yard Relay	39.55	39.3	40.20	39.9
1,600-Meter Relay	3:04.00	3:03.7	3:07.00	3:06.7
1 Mile Relay	3:05.20	3:04.9	3:08.20	3:07.9
High Jump	2.25 (7-4 1/2)		2.18 (7-1 3/4)	
Pole Vault	5.55 (18-2 1/2)		5.30 (17-4 1/2)	
Long Jump	8.00 (26-3)		7.65 (25-1 1/4)	
Triple Jump	16.40 (53-9 3/4)		15.70 (51-6 1/4)	
Shot Put	19.00 (62-4)		18.00 (59-0 3/4)	
Discus	60.00 (196-10)		56.00 (183-9)	
Javelin	73.00 (239-6)		67.00 (219-10)	
Hammer	67.50 (221-5)		60.00 (196-10)	
Decathlon	7,600 pts.	7,100 pts.		

WOMEN INDOOR

Event	AUTOMATIC		PROVISIONAL	
	FAT	MT	FAT	MT
55 Meters	6.78	-	6.88	-
60 Meters	7.28	-	7.38	-
55-Meter Hurdles	7.64	-	7.84	-
60-Meter Hurdles	8.17	-	8.37	-
200 Meters				
(Under 200m/220 yds)*	23.90	-	24.45	-
(200m/220 yds)*	23.70	-	24.25	-
(Over 200m/220 yds)*	23.50	-	24.05	-
400 Meters				
(Under 200m/220 yds)*	53.80	53.5	55.30	55.0
(200m/220 yds)*	53.50	53.2	55.00	54.7
(Over 200m/220 yds)*	53.20	52.9	54.70	54.4
800 Meters				
(200m/220 yds or less)*	2:07.50	2:07.2	2:09.50	2:09.2
(Over 200m/220 yds)*	2:07.10	2:06.8	2:09.10	2:08.8
1 Mile				
(200m/220 yds or less)*	4:44.00	4:43.7	4:50.00	4:49.7
(Over 200m/220 yds)*	4:43.40	4:43.1	4:49.40	4:49.1
3,000 Meters				
(200m/220 yds or less)*	9:24.00	9:23.7	9:42.00	9:41.7
(Over 200m/220 yds)*	9:23.20	9:22.9	9:41.20	9:40.9
5,000 Meters				
(200m/220 yds or less)*	16:20.00	16:19.7	16:58.00	16:57.7
(Over 200m/220 yds)*	16:18.45	16:18.2	16:56.45	16:56.2
1,600-Meter Relay				
(Under 200m/220 yds)*	3:40.50	3:40.2	3:44.00	3:43.7
(200m/220 yds)*	3:38.50	3:38.2	3:42.00	3:41.7
(Over 200m/220 yds)*	3:37.30	3:37.0	3:40.80	3:40.5
1 Mile Relay				
(Under 200m/220 yds)*	3:41.75	3:41.5	3:45.25	3:45.0
(200m/220 yds)*	3:39.75	3:39.5	3:43.25	3:43.0
(Over 200m/220 yds)*	3:38.55	3:38.3	3:42.05	3:41.8
Distance Medley Relay-Meters				
(200m/220 yds or less)*	11:20.00	11:19.7	11:38.00	11:37.7
(Over 200m/220 yds)*	11:18.00	11:17.7	11:36.00	11:35.7
Distance Medley Relay-Yards				
(200m/220 yds or less)*	11:24.20	11:23.9	11:42.20	11:41.9
(Over 200m/220 yds)*	11:22.20	11:21.9	11:40.20	11:39.9
High Jump	1.86 (6-1 1/4)		1.77 (5-9 3/4)	
Pole Vault	4.00 (13-1 1/2)		3.50 (11-5 3/4)	
Long Jump	6.34 (20-9 1/2)		6.10 (20-0)	
Triple Jump	13.15 (43-1 3/4)		12.60 (41-4 1/4)	
Shot Put	16.10 (52-10)		14.90 (48-10 3/4)	
20# Weight	19.20 (63-0)		17.70 (58-1)	

*-Size of track.

OUTDOOR

100 Meters	11.25	-	11.55	-
200 Meters	23.00	-	23.55	-
400 Meters	52.20	51.9	53.70	53.4
800 Meters	2:05.00	2:04.7	2:07.50	2:07.2
1,500 Meters	4:18.00	4:17.7	4:24.30	4:24.0
1 Mile	4:38.64	4:38.4	4:45.44	4:45.2
3,000 Meters	9:19.00	9:18.7	9:39.00	9:38.7
5,000 Meters	16:16.00	16:15.7	16:50.00	16:49.7
10,000 Meters	34:30.00	34:29.7	35:40.00	35:39.7
100-Meter Hurdles	13.10	-	13.65	-
400-Meter Hurdles	57.50	57.2	59.40	59.1
400-Meter Relay	44.00	43.7	45.10	44.8
440-Yard Relay	44.20	43.9	45.30	45.0
1,600-Meter Relay	3:32.50	3:32.2	3:39.00	3:38.7
1 Mile Relay	3:33.70	3:33.4	3:40.20	3:39.9
High Jump	1.87 (6-1 1/2)		1.79 (5-10 1/2)	
Pole Vault	4.00 (13-1 1/2)		3.55 (11-7 3/4)	
Long Jump	6.50 (21-4)		6.15 (20-2 1/4)	
Triple Jump	13.30 (43-7 3/4)		12.60 (41-4 1/4)	
Shot Put	16.05 (52-8)		15.00 (49-2 1/2)	
Discus	56.00 (183-9)		50.50 (165-8)	
Javelin	52.50 (172-3)		47.00 (154-2)	
Hammer	59.00 (193-7)		55.00 (180-5)	
Heptathlon	5,550 pts.	5,075 pts.		

UNI-DOME

The UNI-Dome is a unique, multi-purpose athletic facility built in 1976 which has earned a reputation as one of the finest collegiate athletic facilities in America.

It has been the site of numerous nationally prominent track and field meets such as the Central Collegiate Conference Championships, the Mid-Continent Conference Championships, the AIAW National Championships and is annually the site of the premier indoor high school track meet in Iowa, the A.D. Dickinson Relays. In February of 1999, the Dome will host its third Missouri Valley Conference Championship, having previously played host to the event in 1993 and '96.

A glance at the UNI-Dome records list shows some of America's finest athletes, both past and present, have competed in the facility in its 22-year history.

The Dome combines the features of a fieldhouse, football stadium and large auditorium. In addition to top track and field events, it also has hosted NCAA football playoffs and was the home of the 1997 NCAA Division I Wrestling Championships, which shattered all previous attendance marks.

Approximately 16,400 spectators can be seated for football games and track meets and 10,000 for courtside activities.

The facility provides an ideal training atmosphere for the Northern Iowa track and field program. The Panthers are able to train in the Dome from November to March, utilizing all the field event stations simultaneously due to the spacious arrangement on the arena floor.



With one of the fastest 200-meter indoor tracks in America to call home, the Panthers annually attract some of the finest teams in the Midwest to their home meets.

With its recent conversion to a hybrid roof system and the installation of a new polyurethane, two-tone track just completed in January, the UNI-Dome is unsurpassed as one of the premier indoor track and field facilities in the United States.

To date, nearly eight million people are estimated to have attended events in the Dome.

UNI-Dome Records

Men

55-Meter Dash.....	6.09, Mark Witherspoon, Mizuno/Houston Track Club (1994)
55-Meter Hurdles.....	7.20, Reggie Torian, Wisconsin (1995, '96)
200 Meters.....	21.28, Dazel Jules, Eastern Michigan (1988)
400 Meters.....	46.38, Tim Simon, Illinois (1988)
600 Meters.....	1:18.14, Joey Woody, Northern Iowa (1997)
800 Meters.....	1:47.22, Einars Tupuritis, Wichita State (1996)
1,000 Meters.....	2:27.92, Dmitry Dorzdov, Iowa State (1994)
Mile.....	4:01.52, Roland Pauwels, Iowa State (1989)
3,000 Meters.....	8:02.24, Barnaba Korir, Iowa State (1988)
5,000 Meters.....	14:09.59, Don Johns, Eastern Michigan (1988)
Mile Relay.....	3:10.68, Illinois Tolbert, Bridges, Hamer, Simon (1988)
Sprint Medley Relay.....	3:34.34, Northern Iowa Ebenezer, Roberts, Froehle, Connell (1976)
Distance Medley Relay.....	9:57.37, Notre Dame Rogan, Harris, O'Connor, Garrett (1988)
Two-Mile Relay.....	7:34.54, Eastern Illinois Oaks, Conlon, Neal, Maton (1988)
35# Weight.....	67-2, Cedric Chapman, Illinois State (1996)
Shot Put.....	66-10 1/2, Al Fuerbach, Pacific Coast Track Club (1976)
High Jump.....	7-5 1/4, Tim Suchan, Unattached (1998)
Triple Jump.....	52-2 3/4, Dion Simmons, Unattached (1998)
Long Jump.....	25-7, Bashir Yimini, Iowa (1998)
Pole Vault.....	17-9 1/4, Kelly Riley, Arkansas State (1990)

Women

55-Meter Dash.....	6.76, Holli Hyche, Indiana State (1993)
55-Meter Hurdles.....	7.82, Scyla Murray, Western Illinois (1991)
200 Meters.....	23.18, Holli Hyche, Indiana State (1993)
400 Meters.....	54.55, Ellen Grant, Iowa (1996)
600 Meters.....	1:32.39, Metria Bell, Illinois State (1993)
800 Meters.....	2:08.17, Janet Westphal, Wisconsin (1998)
1,000 Meters.....	2:52.44, Joanna Johnson, Drake (1993)
Mile.....	4:38.30, Darlene Beckford, Harvard (1982)
3,000 Meters.....	9:45.90, Kathy Campbell, Western Illinois (1991)
5,000 Meters.....	17:34.62, Debbie Ramseyer, Indiana State (1991)
Mile Relay.....	3:44.66, Texas Sherfield, Walker, Bean, Coleman (1982)
Distance Medley Relay.....	11:21.92, Virginia Nicholson, Hatchett, Welch, Haworth (1982)
Two-Mile Relay.....	8:47.26, Florida State Coomber, Borovicka, Wood, Brown (1982)
20# Weight.....	62-6 1/2, Kris Curnyn, Iowa State (1997)
Shot Put.....	54-11 3/4, Rosemarie Blauch, Tennessee (1982)
High Jump.....	6-1 3/4, Gale Charmaine, Arizona (1982)
Triple Jump.....	40-2 3/4, Dianna Leftridge, Northern Iowa (1995)
Long Jump.....	20-8 1/2, Donna Thomas, North Texas State (1982)
Pole Vault.....	9-0 1/4, Jessica Fisher, Northern Iowa (1998)
Pentathlon.....	4268 pts., Julie White, Boston University (1982)

UNI OUTDOOR COMPLEX



Northern Iowa's track and field teams compete outdoors at the new UNI Complex, located just across the street from the UNI-Dome.

The complex, which combined with the UNI-Dome gives Northern Iowa the finest combination of indoor and outdoor facilities in America, opened just last spring. In its inaugural season, the complex hosted the first annual Northern Iowa Open and the Missouri Valley Conference Championships, which the Panther men's team won.

The University's investment in these new surfaces gives the

Panthers the advantage of training and competing under ideal conditions any time of the year.

The new 400-meter, eight-lane track is made of the latest state-of-the-art polyurethane surface. The track surrounds a field event area that features a steeplechase water jump, two pits each for the long and triple jump, dual throw rings for the weights, a discus/hammer cage and full pour takeoffs for the pole vault, long jump and triple jump.

UNI Outdoor Complex Records

Men

100-Meter Dash.....	10.19, Clarkson Reid, Southwest Missouri State (1998)
110-Meter Hurdles.....	13.87, Aubrey Herring, Indiana State (1998)
200 Meters.....	20.58, Kenye Pendelton, Illinois State (1998)
400 Meters.....	47.00, Andre Morris, Unattached (1998)
400-Meter Hurdles.....	49.58, Joey Woody, Reebok (1998)
800 Meters.....	1:50.88, Mike Layne, Iowa (1998)
1,500 Meters.....	3:55.56, Jay Brock, Northern Iowa (1998)
3,000-Meter Steeplechase.....	9:02.58, Jay Brock, Northern Iowa (1998)
5,000 Meters.....	14:45.94, Chad Schwitters, Iowa (1998)
10,000 Meters.....	31:45.76, Chris Bailey, Illinois State (1998)
4 x 100 Relay.....	40.54, Southwest Missouri State Hawkins, Reid, Crookendale, Estwick (1998)
4 x 400 Relay.....	3:11.89, Southern Illinois Archer, King, Wilson, Forder (1998)
Shot Put.....	59-2 3/4, Josh Hagedorn, Unattached (1998)
Discus.....	183-6, Brock Jarboe, Illinois State (1998)
Hammer.....	208-9, Tom Barrett, Illinois State (1998)
Javelin.....	201-1, Devyn Resmer, Southern Illinois (1998)
High Jump.....	7-2, Tim Suchan, Unattached (1998)
Triple Jump.....	51-0 3/4, Greg Crookendale, Southwest Missouri State (1998)
Long Jump.....	25-5 1/4, Frankie Young, Indiana State (1998)
Pole Vault.....	17-11, Juri Rovin, Northern Iowa (1998)
Decathlon.....	7031 pts., Travis Geopfert, Northern Iowa (1998)

Women

100-Meter Dash.....	11.71, Trudi Garrett, Southwest Missouri State (1998)
100-Meter Hurdles.....	13.94, Paula Ruen, Iowa (1998)
200 Meters.....	23.40, Trudi Garrett, Southwest Missouri State (1998)
400 Meters.....	54.42, Juliet Pommells, Southwest Missouri State (1998)
400-Meter Hurdles.....	1:01.53, Angie Bruecker, Indiana State (1998)
800 Meters.....	2:11.44, Jenny Jackson, Unattached (1998)
1,500 Meters.....	4:35.07, Angie Menser, Indiana State (1998)
3,000 Meters.....	9:56.72, Mary Ellen Hill, Bradley (1998)
5,000 Meters.....	17:47.21, Mary Ellen Hill, Bradley (1998)
10,000 Meters.....	37:25.73, Jenny Monaco, Southern Illinois (1998)
4 x 100 Relay.....	45.88, Southwest Missouri State Watkins, Garrett, Lesforis, Pommells (1998)
4 x 400 Relay.....	3:42.09, Southwest Missouri State Mauel, Pommells, Garrett, Lesforis (1998)
Shot Put.....	47-8 1/2, Andrea Miller, Northern Iowa (1998)
Discus.....	181-0, Angie Joy, Illinois State (1998)
Hammer.....	199-2, Katie Panek, Wichita State (1998)
Javelin.....	176-10, Deana Alexander, Wichita State (1998)
High Jump.....	5-10 3/4, Melissa Dyal, Indiana State (1998)
Triple Jump.....	40-5, LaShawna Mapp, Illinois State (1998)
Long Jump.....	18-10, Jessica Watkins, Southwest Missouri State (1998)
Pole Vault.....	11-1 3/4, Megan Bowers, Indiana State (1998)
Heptathlon.....	4875 pts., Mellanee Welty, Wichita State (1998)

MEN'S INDOOR RECORDS

55-Meter Dash

1. Kenny Shedd	6.25	1992
2. Dedric Ward	6.31	1998
3. Joe Fuller	6.34	1984
4. Doug Case	6.37	1984
5. Maceo Strickland	6.38	1995

55-Meter Hurdles

1. Johnny Westbrook	7.29	1993
2. Jay Connor	7.31	1984
3. Jason McCleary	7.32	1993
4. Joey Woody	7.38	1996
5. Alonzo Clayton	7.40	1997

200 Meters

1. Kenny Shedd	21.49	1992
2. Jim Turner	21.79	1990
3. Marshall Frazier	21.86	1998
4. Dedric Ward	22.04	1997
5. David Harrington	22.14	1988

400 Meters

1. Jim Turner	47.01	1990
2. Jon Judisch	47.07	1998
3. Kenny Shedd	48.16	1991
4. Brooks Glasnapp	48.44	1987
5. Joey Woody	48.54	1994

600 Meters

1. Joey Woody	1:16.85	1995
2. Brent MacLagan	1:19.52	1998, '99
3. Miklos Arpasi	1:19.59	1994
4. Matt Mullenix	1:20.13	1995
5. Gregg Garn	1:20.75	1994

800 Meters

1. Joey Woody	1:48.35	1996
2. Jeff Burris	1:49.56	1989
3. Miklos Arpasi	1:49.90	1993
4. Brent MacLagan	1:50.26	1998
5. Kent Terrillion	1:50.70	1988

1,000 Meters

1. Chad Flynn	2:27.99	1995
2. Matt Mullenix	2:28.22	1996
3. Rob Brock	2:28.98	1998
4. Kory Swart	2:29.54	1996
5. Joey Woody	2:30.29	1996

Mile Run

1. Tom Penningroth	4:07.54	1989
2. Balasz Csillag	4:09.42	1998
3. Bill Glassmaker	4:09.77	1984
4. Dennis Schultz	4:09.84	1974
5. Chad Flynn	4:10.57	1993

3,000 Meters

1. Dan Hostager	8:02.67	1989
2. Tom Penningroth	8:15.77	1989
3. Bill Castle	8:17.61	1991
4. Balasz Csillag	8:23.31	1998
5. Trent Timson	8:27.94	1988

5,000 Meters

1. Dan Hostager	14:27.01	1989
2. Kyle Kepler	14:28.29	1998
3. Chris Leonard	14:29.69	1983
4. Dan Fick	14:32.95	1985
5. Marty Greene	14:33.34	1993

Pole Vault

1. Jacob Pauli	18-2 1/2	1999
2. Juri Rován	17-9 3/4	1998
3. Brad Miller	17-5 1/4	1991
4. Bob Edwards	17-1 1/2	1991
5. Troy Becker	16-9 1/2	1986

High Jump

1. Tim Suchan	7-4 1/2	1995
2. Pete Herber	7-3 1/4	1994
3. Steve Daugherty	7-1 1/2	1992
4. Ryan Santi	7-0 1/2	1994
5. Jason Boness	7-0 1/4	1999

Long Jump

1. Devon Davis	25-2 1/2	1999
2. Jason McCleary	24-8 1/4	1993
3. Brad Miller	24-0 1/2	1991
4. Bob Smith	23-11	1993
5. Jason Woodford	23-9	1983

Triple Jump

1. Junior Chukukere	52-1	1992
2. Alen Toplovcan	50-5 1/4	1997
3. Devon Davis	49-5	1999
4. Bill Lawson	49-0 1/4	1978
5. Bob Williams	46-10 1/4	1982

Shot Put

1. Brent Geringer	60-3 1/4	1979
2. Tom Reints	58-2	1981
3. Arnie Doden	57-0 3/4	1983
4. John Holler	56-5 1/4	1978
5. Matt Casillas	55-10 1/2	1996

35# Weight

1. Matt Casillas	67-7	1996
2. Allan Walz	66-3 3/4	1996
3. Dave Jennings	58-10	1999
4. Mike Maddox	54-4 3/4	1997
5. Brad Travis	52-6 3/4	1999

4 x 400-Meter Relay

1. Judisch, Garn, Mullenix, Woody	3:11.55	1996
2.	3:14.27	1998
3.	3:15.01	1988
4.	3:15.02	1987
5.	3:15.18	1990



Brent MacLagan

WOMEN'S INDOOR RECORDS

55-Meter Dash

1. Shantel Twiggs	6.85	1994
2. Sherry Shedd	7.08	1991
3. Denise Sauerbrei	7.12	1997
4. Dianna Leftridge	7.15	1995
5. Amy Goodlaxson	7.18	1996

Mile Run

1. Jenny Jackson	4:52.47	1997
2. Emily Montgomery	4:56.96	1995
3. Julie Mazzitelli	5:00.30	1993
4. Kris Skov Wallace	5:01.44	1982
5. Kathy Allen	5:02.43	1991

Shot Put

1. Lisa Tatman	48-3 1/4	1989
2. Andrea Miller	46-11	1998
3. Donna Wheeler	45-8	1988
4. Maren Seehusen	43-3 1/4	1982
5. Arlene Truss	42-6 3/4	1996

55-Meter Hurdles

1. Brenna Fleishman	8.00	1998
2. Kendra Stannard	8.15	1998
3. Tiffany Ratzlaff	8.16	1998
4. Dianna Leftridge	8.40	1995
Dee Wear	8.40	1998

3,000 Meters

1. Julie Mazzitelli	9:59.64	1993
2. Jenny Owens	10:07.09	1990
3. Jan Jacobson	10:10.45	1988
4. Sandy Elsberry	10:14.94	1983
5. Becky Slick	10:17.66	1998

20# Weight

1. Melissa Yerk	56-2	1998
2. Melissa Yerk	56-1 3/4	1998
3. Melissa Yerk	56-0	1998
4. Melissa Yerk	55-9 3/4	1998
5. Melissa Yerk	55-5 1/2	1998

200 Meters

1. Shantel Twiggs	24.12	1994
2. Denise Sauerbrei	24.52	1997
3. Sherry Shedd	24.81	1991
4. Deb Cordner	25.32	1999
5. Julie Davis	25.36	1991

5,000 Meters

1. Sandy Elsberry	17:38.04	1983
2. Becky Slick	18:20.75	1998
3. Kari Thilges	18:25.45	1998
4. Heidi Heiar	18:28.39	1992
5. Shawn Magnall	18:30.34	1990

4 x 400-Meter Relay

1. Shedd, Jeschke, Isaacson, Black	3:48.09	1991
2.	3:48.43	1998
3.	3:48.91	1998
4.	3:48.91	1999
5.	3:49.37	1990

400 Meters

1. Jill Bakewell	56.24	1998
2. Rhonda Eiben	56.49	1997
3. Deb Cordner	56.87	1999
4. Dyan Fluhrer	57.00	1992
5. Shantel Twiggs	57.08	1994

Pole Vault

1. Jessica Fisher	9-7 1/4	1998
2. Jessica Fisher	9-0 1/4	1998
3. Jessica Fisher	8-8 1/4	1998
4. Jessica Fisher	8-0 1/2	1998
5. Jessica Fisher	8-0	1998

600 Meters

1. Diane Black	1:33.60	1990
2. Jacque Askeland	1:33.71	1994
3. Nikki Nelson	1:34.87	1999
4. Heather Sellers	1:36.05	1995
5. Michelle Surber	1:36.31	1995

High Jump

1. Jeannette Brown	5-9	1982
2. Karen Smith	5-7 3/4	1987
3. Amy Oleson	5-7 1/4	1995
4. Dianna Leftridge	5-7	1995
5. Molly Ostrander	5-6 3/4	1994

800 Meters

1. Emily Montgomery	2:09.00	1996
2. Jenny Jackson	2:10.39	1997
3. Paula Nemmers	2:13.53	1993
4. Kathy Allen	2:15.39	1990
5. Cindra Schelling	2:16.23	1996

Long Jump

1. Dianna Leftridge	20-11 1/2	1995
2. Kendra Stannard	19-1 3/4	1998
3. Sheila Soehner	17-11 3/4	1984
4. Jill George	17-9 1/2	1999
5. Julie Davis	17-7 3/4	1991

1,000 Meters

1. Jenny Jackson	2:53.02	1997
2. Barb Clark	2:54.74	1988
3. Kathy Allen	2:56.51	1991
4. Natalie Sueppel	2:56.64	1988
5. Kelly VanDePol	2:58.10	1994

Triple Jump

1. Dianna Leftridge	40-2 3/4	1995
2. Kendra Stannard	38-0	1998
3. Rhonda Butt	37-0	1984
4. Brenda Baumgardner	32-11 3/4	1987
5. Amanda Koester	32-5 3/4	1999



Kendra Stannard

MEN'S OUTDOOR RECORDS

100-Meter Dash

1. Jeff Adam	10.41	1998
2. Dedric Ward	10.42	1998
3. Maceo Strickland	10.43	1994
4. Marshall Frazier	10.53	1998
5. John Harland	10.54	1977

110-Meter Hurdles

1. Joey Woody	13.63	1997
2. Larry McCready	13.84	1967
3. Johnny Westbrook	13.97	1993
4. Jay Connor	14.10	1984
5. Jason McCleary	14.11	1993

200 Meters

1. Dedric Ward	20.87	1997
2. Kenny Shedd	20.95	1992
3. Jeff Adam	21.12	1998
4. Bob Ruchti	21.24	1967
5. Jim Turner	21.36	1991

400 Meters

1. Joey Woody	46.46	1997
2. Dennis Roloff	46.94	1972
3. Kenny Shedd	46.99	1992
4. Brooks Glasnapp	47.40	1986
5. Jim Turner	47.43	1991

400-Meter Hurdles

1. Joey Woody	48.18	1997
2. Alex Garn	51.69	1995
3. Gregg Garn	51.78	1993
4. Tom Akers	52.00	1979
5. Joel Hartman	52.47	1988

800 Meters

1. Jeff Burris	1:48.10	1988
2. Joey Woody	1:48.41	1994
3. Miklos Arpasi	1:48.46	1994
4. Bill Glassmaker	1:48.55	1979
5. Kent Terrillion	1:49.70	1990
Eric Potter	1:49.70	1997

1,500 Meters

1. Bob Friedman	3:44.06	1979
2. Mark Feyerheisen	3:47.65	1980
3. Joe Teeling	3:48.23	1979
4. Chad Flynn	3:49.20	1995
5. Carl Burrell	3:50.74	1984

3,000-Meter Steeplechase

1. Jay Brock	8:51.64	1998
2. Jeff Short	9:04.85	1991
3. Steve Gearhart	9:05.74	1986
4. Jim Whitcomb	9:10.54	1983
5. Levente Timar	9:15.81	1998

5,000 Meters

1. Dan Hostager	14:20.24	1990
2. Bill Castle	14:21.04	1990
3. Kyle Kepler	14:31.16	1998
4. Jim Erredge	14:31.54	1979
5. Dave O'Brien	14:32.24	1979

10,000 Meters

1. Chris Leonard	29:51.64	1985
2. Bryan Huhnerkoch	29:59.24	1979
3. Doug Nelson	30:13.44	1982
4. Todd Goodell	30:14.59	1982
5. Bill Castle	30:22.13	1990

Pole Vault

1. Juri Rován	18-1	1996
2. Bob Edwards	17-4 1/2	1992
3. Russ Adams	17-4 1/4	1985
4. Jacob Pauli	17-3	1998
5. Brad Miller	17-0	1990

High Jump

1. Tim Suchan	7-3 3/4	1991
2. Pete Herber	7-1 3/4	1994
3. Ryan Santi	7-0	1993
4. Steve Daugherty	6-11 3/4	1992
5. Steve Weaver	6-11	1983

Long Jump

1. Wayne Simon	24-10 3/4	1987
2. Jason McCleary	24-10 1/4	1993
3. Bobby Williams	24-2 1/2	1981
4. Todd Madsen	24-2 1/4	1993
5. Bob Smith	24-1 3/4	1992

Triple Jump

1. Junior Chukukere	51-6 1/4	1992
2. Alen Toplovcan	50-7 1/4	1996
3. Bill Lawson	50-2	1977
4. Bobby Williams	49-6 3/4	1982
5. Craig Fay	49-6 1/2	1968

Shot Put

1. John Holler	58-6	1978
2. Tom Reints	58-4	1982
3. Mike McCready	57-8 3/4	1971
4. Brent Geringer	57-6 1/4	1979
5. Matt Casillas	54-11 1/2	1995

Hammer

1. Allan Walz	197-11	1996
2. Matt Casillas	195-7	1996
3. Tom Reints	185-9	1982
4. Ken Schwartz	167-6	1975
5. John Holler	165-3	1977

Discus

1. Brent Geringer	199-6	1979
2. Matt Haven	187-10	1984
3. Allan Walz	184-8	1995
4. Arnie Doden	178-0	1983
5. Mike Maddox	177-2	1996

Javelin

1. Juri Rován	207-7	1995
2. Mike Raffensperger	204-8	1989
3. Scott Sloan	192-9	1986
4. Brad Miller	175-5	1992
5. Jason McCleary	173-2	1993

Decathlon

1. Brad Miller	7,419	1992
2. Bill Lawson	7,314	1980
3. Jason McCleary	7,225	1993
4. Travis Geopfert	7,031	1998
5. Bill Cook	6,821	1974

4 x 400-Meter Relay

1. Judisch, Garn, Mullenix, Woody	3:09.48	1995
2.	3:09.61	1997
3.	3:10.68	1995
4.	3:11.39	1993
5.	3:11.64	1990

WOMEN'S OUTDOOR RECORDS

100-Meter Dash

1. Shantel Twiggs	11.20	1994
2. Denise Sauerbrei	11.70	1997
3. Sherry Shedd	11.96	1992
4. Ann Bader	12.04	1976
Michelle Dunagan	12.04	1985

100-Meter Hurdles

1. Brenna Fleishman	14.13	1998
2. Tiffany Ratzlaff	14.33	1998
3. Dee Wear	14.50	1998
4. Sue Buffington	14.84	1977
Cathy Rardin	14.84	1982

200 Meters

1. Shantel Twiggs	23.04	1993
2. Denise Sauerbrei	23.73	1997
3. Sherry Shedd	24.29	1990
4. Tracy Wentzien	24.85	1979
5. Rhonda Eiben	24.91	1997

400 Meters

1. Sherry Shedd	53.74	1992
2. Diane Black	55.27	1991
3. Rhonda Eiben	55.32	1997
4. Jill Bakewell	55.84	1998
5. Dyan Fluhrer	55.99	1993

400-Meter Hurdles

1. Michelle Surber	1:02.72	1997
2. Brenna Fleishman	1:04.69	1998
3. Deb Schmeling	1:05.24	1980
4. Deb TeSlaa	1:06.80	1989
5. Amy Wheeler	1:07.44	1990

800 Meters

1. Emily Montgomery	2:08.39	1995
2. Jenny Jackson	2:10.53	1997
3. Barb Clark	2:11.43	1988
4. Darsi Evans	2:12.28	1987
5. Natalie Sueppel	2:14.52	1988

1,500 Meters

1. Emily Montgomery	4:33.45	1995
2. J'ne Day	4:33.46	1982
3. Jenny Jackson	4:36.93	1997
4. Kathy Allen	4:37.96	1991
5. Julie Mazzitelli	4:39.14	1993

3,000 Meters

1. Sandy Elsberry	9:52.74	1984
2. Julie Mazzitelli	10:00.24	1993
3. Kary Kleber	10:05.55	1986
4. Becky Slick	10:07.27	1998
5. Heather Muilenburg	10:15.10	1997

5,000 Meters

1. Sandy Elsberry	17:11.14	1984
2. Heidi Heiar	17:43.14	1993
3. Amy Gielau	18:02.11	1993
4. Heather Muilenburg	18:07.70	1996
5. Kari Thilges	18:18.61	1998

10,000 Meters

1. Suzie Scheer	36:06.04	1984
2. Amy Gielau	37:32.91	1993
3. Heather Muilenburg	38:10.02	1996
4. Heidi Heiar	38:27.64	1993
5. Michelle Wing	38:55.98	1993

Pole Vault

1. Jessica Fisher	9-7 3/4	1998
2. Jessica Fisher	9-2 1/4	1998
3. Jessica Fisher	8-10 1/4	1998

High Jump

1. Jeannette Brown	5-7	1982
Karen Smith	5-7	1987
3. Amy Engle	5-6	1998
Amy Oleson	5-6	1994
5. Molly Ostrander	5-4 1/2	1993

Long Jump

1. Dianna Leftridge	21-3	1994
2. Sheila Sohner	18-6 3/4	1982
3. Kendra Stannard	18-5 3/4	1996
4. Nikki Dillard	18-5 1/4	1994
5. Julie Davis	16-9 1/2	1991

Triple Jump

1. Dianna Leftridge	41-9 1/4	1994
2. Kendra Stannard	38-2 1/4	1996
3. Rhonda Butt	37-3 1/2	1985

Shot Put

1. Lisa Tatman	48-0	1988
2. Andrea Miller	47-8 1/2	1998
3. Donna Wheeler	45-1	1989
4. Vicki White	44-0	1993
5. Maren Seehusen	43-10 1/2	1984

Hammer

1. Melissa Yerk	163-11	1998
2. Stephanie Wainscott	129-5	1996

Discus

1. Kristie Oleen	146-0	1990
2. Lisa Tatman	144-3	1988
3. Donna Wheeler	139-9	1987
4. Jennifer Van Etten	139-2	1985
5. Andrea Miller	138-7	1998

Javelin

1. Donna Wheeler	148-7	1988
2. Joan Sexton	141-6	1981
3. Lisa Tatman	135-1	1989
4. Carla Decker	125-9	1992
5. Angie Beck	119-3	1989

Heptathlon

1. Kendra Stannard	4,748	1996
2. Karen Smith	4,639	1987
3. Val Patterson	4,212	1994
4. Molly Ostrander	4,091	1994

4 x 400-Meter Relay

1. Fluhrer, Depew, Twiggs, Shedd	3:45.07	1992
2.	3:46.09	1994
3.	3:46.39	1991
4.	3:46.84	1997
5.	3:49.75	1995

UNI HONOR ROLL

MEN'S INDOOR

All-Americans

- 1989 - Jeff Burris (800 Meters)
Dan Hostager (3,000 Meters)
- 1993 - Johnny Westbrook (55-Meter Hurdles)
- 1996 - Joey Woody (800 Meters)
Juri Rován (Pole Vault)

NCAA Division I Qualifiers

(Automatic & Provisional)

- 1988 - Jeff Burris, 800 Meters
- 1989 - Jeff Burris, 800 Meters
Dan Hostager, 3,000 Meters
- 1990 - Jim Turner, 400 Meters
Kenny Shedd, 200 Meters
- 1991 - Brad Miller, Pole Vault
Bob Edwards, Pole Vault
Steve Daugherty, High Jump
Tim Suchan, High Jump
- 1993 - Johnny Westbrook, 55-Meter Hurdles
Jason McCleary, 55-Meter Hurdles
Miklos Arpasi, 800 Meters
- 1994 - Tim Suchan, High Jump
Pete Herber, High Jump
Miklos Arpasi, 800 Meters
- 1995 - Tim Suchan, High Jump
Jason McCleary, 55-Meter Hurdles
Matt Casillas, 35# Weight
- 1996 - Matt Casillas, 35# Weight
Allan Walz, 35# Weight
Juri Rován, Pole Vault
Joey Woody, 55-Meter Hurdles/800 Meters
- 1997 - Juri Rován, Pole Vault
- 1998 - Juri Rován, Pole Vault
Jacob Pauli, Pole Vault

Conference Champions

- 1960 - Jerry Stillwell, Broad Jump
Bill Kaufmann, High Jump
Jim Duea, Vault
Hal Byram, 440 Yards
Dennis Corwin, 880 Yards
John States, 60-Yard Hurdles
- 1961 - Paul Diefke, High Jump
Dick Dotson, Vault
Jim Miller, Mile Run
Dick Sherman, Shot Put
Max Huffman, Broad Jump
Gary Shoemaker, 60-Yd. H. Hurdles
Dick Juhl, Two-Mile Run
Eight-Lap Relay
- 1962 - Delbert Lowery, High Jump
Dave Suntken, High Jump
Bill Hood, Shot Put
Dick Dotson, Vault
Bob Crane, Vault
Jay Prichard, Mile Run
Jay Prichard, Two-Mile Run
John Begley, Broad Jump
Larry Markley, 440-Yd. Dash
Larry Markley, 880-Yd. Run
John Raffensperger, 60-Yd. L. Hurdles
Jim Miller, 1000-Yd. Run
- 1963 - Hank Sattari, High Jump
George McBee, Broad Jump
George McBee, Vault

- Jim Erickson, Shot Put
Jay Prichard, Mile Run
Jay Prichard, Two-Mile Run
Dave Linder, 440-Yd. Dash
Dave Linder, 880-Yd. Run
Gary Shoemaker, 60-Yd. H. Hurdles
Doug Larson, 60-Yd. L. Hurdles
- 1964 - George McBee, Broad Jump
George McBee, Vault
Glenn Conner, Triple Jump
Dave Suntken, 440-Yd. Dash
Bill Bergan, 600-Yd. Dash
Jay Prichard, Two-Mile Run
Doug Larson, 60-Yd. L. Hurdles
Eight-Lap Relay
- 1966 - Mark Harper, Shot Put
Bill Rauhauser, Long Jump
Bill Rauhauser, Triple Jump
Jim Dlouhy, Pole Vault
Ron Gerard, 50-Yd. H. Hurdles
Sprint Medley Relay
- 1967 - Larry McCready, 60-Yd. H. Hurdles
Larry McCready, 60-Yd. L. Hurdles
Mile Relay
- 1968 - Larry Daniels, 440-Yd. Dash
Larry McCready, 60-Yd. H. Hurdles
Larry McCready, 60-Yd. L. Hurdles
Craig Fay, Triple Jump
- 1969 - Rich Franklin, Long Jump
Larry McCready, 60-Yd. H. Hurdles
Larry McCready, 60-Yd. L. Hurdles
Wayne Carpenter, 1000-Yd. Run
Larry Daniels, 880-Yd. Run
- 1970 - Wayne Carpenter, Mile Run
- 1972 - Dennis Roloff, 440-Yd. Dash
- 1973 - Dennis Schultz, 1000-Yd. Run
Dennis Schultz, 880-Yd. Run
Dennis Roloff, 600-Yd. Dash
Kent Wessely, 60-Yd. I. Hurdles
- 1974 - Not available
- 1975 - John Holler, Shot Put
- 1976 - John Holler, Shot Put
Joel Rogers, 60-Yd. H. Hurdles
- 1977 - Al Atherton, 60-Yd. Dash
John Holler, Shot Put
Bill Glassmaker, 1000-Yd. Run
Bill Glassmaker, 600-Yd. Dash
Mile Relay
- 1978 - Kelly Ellis, 60-Yd. Dash
Kelly Ellis, 300-Yd. Dash
John Holler, Shot Put
Bill Glassmaker, 600-Yd. Dash
Rick Friedman, 880-Yd. Run
Mile Relay
- 1979-83 - No conference meet
- 1984 - Jay Connor, 60-Yd. Hurdles
Steve Muntz, 880 Yards
Russ Adams, Pole Vault
Distance Medley Relay
- 1985 - Paul Egger, 1000 Yards
Troy Becker, Pole Vault
Todd Goodell, Two Mile
Distance Medley Relay
- 1986 - Joe Fuller, 60-Yd. Dash
Wayne Simon, Long Jump
Wayne Simon, Triple Jump
Brooks Glasnapp, 600 Yards

- Jeff Burris, 880 Yards
Todd Goodell, Two Mile
Mile Relay
- 1987 - Jeff Burris, 880 Yards
Dan Hostager, Two Mile
Mile Relay
- 1988 - Kelly Tagtow, 35# Weight
Brad Miller, Pole Vault
Tom Penningroth, 3000 Meters
Dave Cleveland, High Jump
Kent Terrillion, 800 Meters
Dan Hostager, 5000 Meters
Mile Relay
- 1989 - Dan Hostager, 3000 Meters
Dan Hostager, 5000 Meters
Jim Turner, 400 Meters
Jeff Burris, 600 Yards
Kent Terrillion, 800 Meters
Steve Jay, 1000 Yards
Dave Cleveland, High Jump
Two-Mile Relay
- 1990 - Kenny Shedd, 200 Meters
Jim Turner, 400 Meters
Kent Terrillion, 800 Meters
Bill Castle, 3000 Meters
Mile Relay
Two-Mile Relay
Bob Edwards, Pole Vault
Steve Daugherty, High Jump
Junior Chukukere, Triple Jump
- 1991 - Kenny Shedd, 200 Meters
Kenny Shedd, 400 Meters
Bill Castle, Mile
Bill Castle, 3000 Meters
Marty Greene, 5000 Meters
Junior Chukukere, Triple Jump
Brad Miller, Pole Vault
- 1992 - Kenny Shedd, 200 Meters
Junior Chukukere, Triple Jump
- 1993 - Johnny Westbrook, 55-Meter Hurdles
Miklos Arpasi, 400 Meters
4 x 400 Relay
Jason McCleary, Long Jump
- 1994 - Alonzo Clayton, 55-Meter Hurdles
Miklos Arpasi, 800 Meters
- 1995 - Jason McCleary, 55-Meter Hurdles
Jon Judisch, 400 Meters
Matt Mullenix, 600 Meters
Joey Woody, 800 Meters
4 x 400 Relay
Tim Suchan, High Jump
Allan Walz, 35# Weight
- 1996 - Jon Judisch, 400 Meters
4 x 400 Relay
Matt Casillas, Shot Put
- 1997 - Juri Rován, Pole Vault
- 1998 - Distance Medley Relay
Juri Rován, Pole Vault

Conference Athlete of the Year

(since 1984)

- 1989 - Dan Hostager
- 1990 - Jim Turner
- 1995 - Tim Suchan (Field)
- 1997 - Juri Rován (Field)

UNI HONOR ROLL

Conference Coach of the Year

(since 1984)

- 1984 - Lynn King
- 1985 - Chris Bucknam
- 1986 - Chris Bucknam
- 1988 - Chris Bucknam
- 1990 - Chris Bucknam
- 1995 - Chris Bucknam
- 1996 - Chris Bucknam

MEN'S OUTDOOR

National Champions

- 1997 - Joey Woody (400-Meter Hurdles)

Division II

- 1978 - Brent Geringer (Discus)

World Championships

- 1997 - Joey Woody (400-Meter Hurdles)

All-Americans

- 1939 - William Jenkins (Cross Country)
- 1979 - Brent Geringer (Discus)
- 1994 - Joey Woody (400-Meter Hurdles)
- 1995 - Joey Woody (400-Meter Hurdles)
- 1997 - Joey Woody (400-Meter Hurdles)
- Juri Rován (Pole Vault)
- 1998 - Juri Rován (Pole Vault)

Division II

- 1968 - Larry McCready (120 Hurdles)
- 1969 - Larry McCready (120 Hurdles)
- Wayne Carpenter (Mile)
- 1970 - Wayne Carpenter (Mile)
- Mike McCready (Shot Put)
- Rich Twedt (Cross Country)
- 1971 - Mike McCready (Shot Put, Discus)
- Rich Twedt (Three-Mile, Cross Country)
- 1972 - Mike McCready (Shot Put)
- Rich Twedt (Cross Country)
- 1973 - Rich Twedt (Cross Country)
- Ron Peters (Cross Country)
- Dennis Roloff (Mile)
- Dennis Schultz (Mile)
- Dave Anderson, Mike Byington, Steve DeSerano,
- Dennis Roloff (Mile Relay)
- 1974 - Dennis Schultz (Mile)
- Rich Twedt (Six-Mile)
- Scott Noltensmeier (120 Hurdles)
- Steve Ford (Pole Vault)
- Kent Wessely (High Jump)
- Bill Cook (Decathlon)
- 1975 - Keith Schmidt (Pole Vault)
- 1977 - Bill Friedman (1,500 Meters)
- John Holler (Shot Put)
- Brent Geringer (Discus)
- Bill Glassmaker (800 Meters)
- Bill Lawson (Decathlon)
- 1978 - Brent Geringer (Discus, Shot Put)
- Bob Friedman (1,500 Meters)
- Bill Glassmaker (800 Meters)
- Bill Lawson (Decathlon)
- Tom Rogers (Pole Vault)
- 1979 - Bob Friedman (1,500 Meters)

- Brent Geringer (Discus, Shot Put)
- Bill Glassmaker (800 Meters)
- Tom Akers (400 Hurdles)
- Tim Jamerson (Pole Vault)
- Bill Lawson (Decathlon)
- Jim Eredge (Cross Country)
- Kim Sprain (Cross Country)
- 1980 - Bill Lawson (Decathlon)

NCAA Qualifiers

(Automatic & Provisional)

- 1985 - Russ Adams, Pole Vault
- 1990 - Jeff Burris, 800 Meters
- 1992 - Brad Miller, Decathlon
- 1993 - Joey Woody, 400 Hurdles
- Jason McCleary, Decathlon
- Miklos Arpasi, 800 Meters
- 1994 - Joey Woody, 400 Hurdles
- Tim Suchan, High Jump
- Miklos Arpasi, 800 Meters
- 1995 - Tim Suchan, High Jump
- Joey Woody, 400 Hurdles
- Allan Walz, Discus
- Alex Garn, 400 Hurdles
- 1996 - Juri Rován, Pole Vault
- Allan Walz, Discus/Hammer Throw
- 1997 - Joey Woody, 110 Hurdles/400 Hurdles
- 400 Meters
- Juri Rován, Pole Vault
- 1998 - Juri Rován, Pole Vault
- Jay Brock, 3000-Meter Steeplechase

Conference Champions

- 1960 - Hay Byram, 440-Yd. Dash
- Dick Dotson, Pole Vault
- Mile Relay
- 1961 - Dick Dotson, Pole Vault
- 1962 - Dave Sunken, 440-Yd. Dash
- John Raffensperger, 220-Yd. Dash
- Delbert Lowery, High Jump
- Dick Dotson, Pole Vault
- Hank Sattari, Javelin
- 1963 - Dave Sunken, 440-Yd. Dash
- Dave Linder, 880-Yd. Run
- Hank Sattari, Javelin
- Mile Relay
- 1964 - Hank Sattari, Javelin
- Jay Prichard, Mile Run
- Dave Sunken, High Jump
- Rich Engel, 880-Yd. Run
- George McBee, Pole Vault
- 1965 - Bill Rauhauser, Broad Jump
- Bill Rauhauser, Triple Jump
- Ron Gerard, 120-Yd. H. Hurdles
- Mike Long, 330-Yd. I. Hurdles
- 1966 - Ron Gerard, 120-Yd. H. Hurdles
- Bob Ruchti, 220-Yd. Dash
- 1967 - Larry McCready, High Jump
- Larry McCready, 120-Yd. H. Hurdles
- Bob Ruchti, 100-Yd. Dash
- Bob Ruchti, 220-Yd. Dash
- Ken Huelman, Shot Put
- Mark Sanborn, 440-Yd. I. Hurdles
- 1968 - Dick Miller, Discus
- Larry McCready, 120-Yd. H. Hurdles
- Skip Anderson, High Jump
- Craig Fay, Triple Jump

- 440-Yd. Relay
- 1969 - Mike McCready, Discus
- Mike McCready, Shot Put
- Larry McCready, 120-Yd. H. Hurdles
- Wayne Carpenter, Mile Run
- Larry Daniels, 440-Yd. Dash
- Craig Fay, Triple Jump
- 440-Yard Relay
- 1970 - Mike McCready, Discus
- Mike McCready, Shot Put
- Wayne Carpenter, Mile Run
- Wayne Carpenter, 880-Yd. Run
- 1971 - Mike McCready, Discus
- Mike McCready, Shot Put
- 1972 - Mike McCready, Shot Put
- Dennis Roloff, 440-Yd. Dash
- 1973 - Mark Chardoulis, Long Jump
- Scott Noltensmeier, 120-Yd. H. Hurdles
- Dennis Roloff, 440-Yd. Dash
- 440-Yd. Relay
- Mile Relay
- 1974 - Scott Noltensmeier, 120-Yd. H. Hurdles
- Dennis Roloff, 440-Yd. Dash
- Kenny Jackson, Long Jump
- Dennis Schultz, 880-Yd. Run
- Gene Chinander, Javelin
- 440-Yd. Relay
- 1975 - Ken Schwartz, Shot Put
- Keith Schmidt, Pole Vault
- 440-Yd. Relay
- 1976 - Bob Friedman, 1500-Meter Run
- 1977 - Brent Geringer, Discus
- John Holler, Shot Put
- Tom Akers, 110-Yd. H. Hurdles
- Bill Glassmaker, 440-Yd. Dash
- 1978 - Bill Lawson, Decathlon
- Brent Geringer, Discus
- Tom Akers, 110-Yd. H. Hurdles
- John Holler, Shot Put
- Bill Glassmaker, 440-Yd. Dash
- 440-Yd. Relay
- Mile Relay
- 1979 - Bill Lawson, Decathlon
- Tom Reints, Hammer Throw
- Tom Reints, Shot Put
- Rick Friedman, High Jump
- Brent Geringer, Discus
- 1980 - Bill Lawson, Decathlon
- Mitch Willett, Hammer Throw
- Mark Feyereisen, 1500 Meters
- 1981 - Tom Reints, Hammer Throw
- Tom Reints, Shot Put
- Tim Jameison, Pole Vault
- Bob Williams, Long Jump
- 1982 - Tom Reints, Hammer Throw
- Tom Reints, Shot Put
- Doug Nelson, 10,000 Meters
- Russ Adams, Pole Vault
- Bob Williams, Long Jump
- Bob Williams, Triple Jump
- Matt Haven, Discus
- Brian Glassmaker, 1500 Meters
- Mile Relay
- 1983 - Jay Connor, 400-Meter I. Hurdles
- Jason Woodford, Long Jump
- Kirk Anderson, 800 Meters
- Brian Makela, Triple Jump

UNI HONOR ROLL

- Russ Adams, Decathlon
- Russ Adams, Pole Vault
- Amie Doden, Shot Put
- Amie Doden, Discus
- 440-Yd. Relay
- 1 Mile Relay
- 1984 - Kirk Anderson, 800 Meters
- Steve Weaver, High Jump
- John Place, Decathlon
- Matt Haven, Discus
- 1985 - Chris Leonard, 5000 Meters
- Chris Leonard, 10,000 Meters
- Solomon Anderson, 800 Meters
- Steve Weaver, High Jump
- Russ Adams, Pole Vault
- 1986 - Eric White, 110-Meter H. Hurdles
- Eric White, 400-Meter I. Hurdles
- Dave Swanson, 5000 Meters
- Todd Goddell, 10,000 Meters
- Brooks Glasnapp, 400 Meters
- Steve Gearhart, 3000-Meter Steeplechase
- Jeff Burris, 800 Meters
- Troy Becker, Pole Vault
- 440-Yd. Relay
- 1 Mile Relay
- 1987 - Dan Hostager, 5000 Meters
- Joel Hartman, 400-Meter I. Hurdles
- Brent Wright, High Jump
- 1 Mile Relay
- 1988 - Rodney Garrett, Long Jump
- Dan Hostager, 5000 Meters
- Dan Hostager, 10,000 Meters
- Kelly Tagtow, Discus
- Bob Edwards, Pole Vault
- Joel Hartman, 400-Meter I. Hurdles
- 1989 - John Ruth, 3000-Meter Steeplechase
- Mike Raffensperger, Javelin
- Jim Turner, 200 Meters
- Kent Terrillion, 800 Meters
- Steve Jay, 1500 Meters
- Tom Penningroth, 5000 Meters
- Jeff Short, 3000-Meter Steeplechase
- 1990 - Dan Hostager, 5000 Meters
- Dan Hostager, 10,000 Meters
- Jeff Burris, 1500 Meters
- Dave Cleveland, High Jump
- Brad Miller, Pole Vault
- Kent Terrillion, 800 Meters
- Kenny Shedd, 200 Meters
- 1991 - Brad Miller, Decathlon
- Junior Chukukere, Triple Jump
- Tim Suchan, High Jump
- Jim Turner, 400 Meters
- Bill Castle, 5000 Meters
- 1992 - Kenny Shedd, 400 Meters
- 4 x 100 Relay
- 4 x 400 Relay
- Bob Edwards, Pole Vault
- Brad Miller, Decathlon
- 1993 - Johnny Westbrook, 110 Hurdles
- Joey Woody, 400 Hurdles
- 4 x 400 Relay
- Jason McCleary, Long Jump
- Jason McCleary, Decathlon
- 1994 - Maceo Strickland, 100-Meter Dash
- Joey Woody, 110 Hurdles
- Joey Woody, 400 Hurdles

- 1995 - Joey Woody, 110 Hurdles
- Joey Woody, 400 Hurdles
- Allan Walz, Discus
- Juri Rován, Javelin
- Ryan Santi, Decathlon
- 1996 - Jay Brock, 3000-Meter Steeplechase
- Juri Rován, Pole Vault
- 1997 - Eric Potter, 800 Meters
- Jay Brock, 3000-Meter Steeplechase
- Joey Woody, 110 Hurdles
- Joey Woody, 400 Hurdles
- 4 x 400 Relay
- 1998 - Jay Brock, 3000-Meter Steeplechase
- Eddie Berlin, High Jump
- Juri Rován, Pole Vault
- Travis Geopfert, Decathlon

- 1996 - Emily Montgomery, 800 Meters
- 1998 - Brenna Fleishman, 55-Meter Hurdles
- Andrea Miller, Shot Put

Conference Athlete of the Year (since 1983)

1995 - Dianna Leftridge (Field)

Conference Coach of the Year (since 1983)

1991 - Lea Ann Shaddox

WOMEN'S OUTDOOR

NCAA Division I Qualifiers

(Automatic & Provisional)

- 1992 - Shantel Twigg (100-Meter Dash)
- Sherry Shedd (400 Meters)
- 1993 - Shantel Twigg (100-Meter Dash)
- Shantel Twigg (200 Meters)
- 1994 - Shantel Twigg (100-Meter Dash)
- Shantel Twigg (200 Meters)
- 4 x 100-Meter Relay
- Dianna Leftridge (Long Jump)
- Dianna Leftridge (Triple Jump)

Conference Champions

- 1988 - Donna Wheeler, Javelin
- 1989 - Donna Wheeler, Javelin
- 1990 - 4 x 100 Relay
- 1992 - Sherry Shedd, 400 Meters
- 1994 - 4 x 400 Relay
- Dianna Leftridge, Long Jump
- 1995 - Dianna Leftridge, Long Jump
- 1998 - Andrea Miller, Shot Put

Conference Athlete of the Year

(since 1983)

- 1993 - Jason McCleary (Field)
- 1994 - Joey Woody (Track)
- 1995 - Joey Woody (Track)
- 1995 - Allan Walz (Field)
- 1997 - Joey Woody (Track)
- 1998 - Juri Rován (Field)

Conference Coach of the Year

(since 1983)

- 1983 - Lynn King
- 1984 - Lynn King
- 1986 - Chris Bucknam
- 1995 - Chris Bucknam
- 1998 - Chris Bucknam

WOMEN'S INDOOR

All-Americans

- 1993 - Shantel Twigg (55-Meter Dash)
- 1994 - Shantel Twigg (55-Meter Dash)
- 1995 - Dianna Leftridge (Long Jump)

NCAA Division I Qualifiers

(Automatic & Provisional)

- 1988 -
- 1994 - Shantel Twigg (55-Meter Dash)
- Shantel Twigg (200 Meters)
- 1995 - Dianna Leftridge (Long Jump)
- 1996 - Emily Montgomery (800 Meters)
- Melissa Yerk (20# Weight)

Conference Champions

- 1987 - 4 x 800 Relay
- 1988 - Donna Wheeler, Shot Put
- 4 x 800 Relay
- 1989 - Lisa Tatman, Shot Put
- 1990 - Diane Black, 600 Meters
- 1991 - Sherry Shedd, 55-Meter Dash
- Diane Black, 600 Meters
- Kathy Allen, 1000 Meters
- 4 x 400 Relay
- 1992 - Dyan Fluhrer, 400 Meters
- 4 x 400 Relay
- 1993 - Paula Nemmers, 800 Meters
- 1994 - Dianna Leftridge, Long Jump
- 1995 - Dianna Leftridge, Long Jump
- Dianna Leftridge, Pentathlon



MVC high jump champion Eddie Berlin

THE UNIVERSITY OF NORTHERN IOWA



A campus-wide commitment to great teaching lies at the heart of the University of Northern Iowa's reputation for providing exceptional undergraduate education, as well as complementary programs at the master's, specialist's and doctoral levels.

Building on its historic excellence in teacher education, the University has developed outstanding programs in business, natural sciences, humanities and fine arts, and social and behavioral sciences.

UNI's heritage and philosophy place great value on providing a student-centered educational experience. The University's medium size allows it to offer the faculty, facilities and academic choices of a major university, while retaining a friendly, small college atmosphere.

Throughout the years, the University's academic reputation has proven a key factor in landing recognition as one of the top undergraduate institutions in the region.

U.S. News and World Report has recognized the University by ranking it among the best values and most efficient of regional universities in the Midwest in 1997. In past years, UNI has been cited by the magazine in other categories such as "best," "best buy," "up and coming," and "#1 in academic reputation."

The book, *Crime at College: The Student Guide to Personal Safety*, credits UNI with having the safest campus/community in the country.

Enrollment on the 860-acre campus stands at about 13,000 students from every county in Iowa, 40 states and 48 foreign countries.

The school was founded in 1876 as the Iowa State Normal School.

In 1909, it became Iowa State Teachers College. In 1961, the name was changed to State College of Iowa, and in 1967, the Iowa Legislature acted to change the status of the institution to that of a university under its present title.

While maintaining its heritage in teacher education, the University has continued its metamorphosis toward a multi-purpose institution, with nationally acclaimed programs in many disciplines. UNI's accounting program continues to be ranked among the best in the nation.

The College of Business Administration has become the largest undergraduate business school in Iowa and has gained a reputation as one of the finest in the Midwest. Student groups ranging from chemistry to conservation to public relations have been recognized by their respective

national groups for the excellence of their programs.

UNI also realizes the value of a liberal arts education and has implemented a rigorous General Education curriculum that equips students with a broad understanding and knowledge of how to apply and acquire new information throughout life.

The University of Northern Iowa has a compact, park-like walking campus located in Cedar Falls, an inviting and historic community of about 35,000 people. Together with the adjacent city of Waterloo, the metropolitan area has a culturally diverse population of 115,000 and combines big city opportunities with small town friendliness. Cedar Falls/Waterloo is a center for industry, finance, commerce, recreation and cultural activities for northeast Iowa.

Where Great Teaching Makes the Difference

GALLERY OF GREATS



All-American Jeff Burris
Indoor 800 Meters • 1989



National Champion Brent Geringer
Discus • 1978



All-American Dan Hostager
Indoor 3000 Meters • 1988



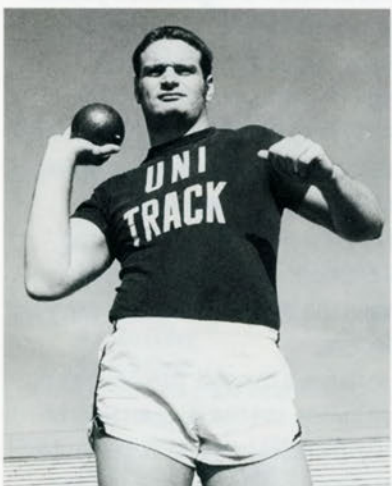
All-American Dianna Leftridge
Indoor Long Jump • 1995



All-American Bill Lawson
Decathlon • 1977-80



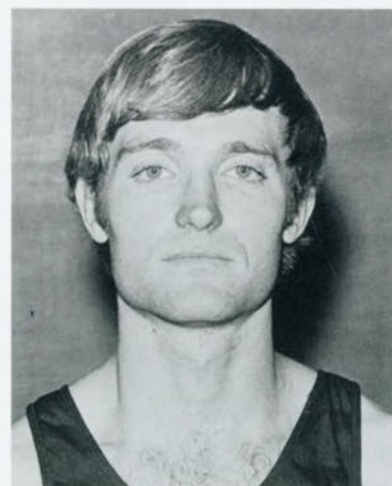
All-American Larry McCreedy
120-Yard Hurdles • 1968-69



All-American Mike McCreedy
Shot Put • 1970-72



All-American Juri Rován
Indoor Pole Vault • 1996
Outdoor Pole Vault • 1997-98



All-American Dennis Schultz
Mile • 1973-74

GALLERY OF GREATS



**NCAA Champion
Joey Woody
400-Meter Hurdles
1997**

**All-American
Indoor 800 Meters
1996
400-Meter Hurdles
1994-95**



**All-American Rich Twedt
Cross Country • 1970-73
Three-Mile • 1971
Six-Mile • 1974**



**All-American Shantel Twigg
55-Meter Dash • 1993-94**



**All-American Johnny Westbrook
55-Meter High Hurdles • 1993**

