

1994

## Swimming & Diving 1993-94

University of Northern Iowa

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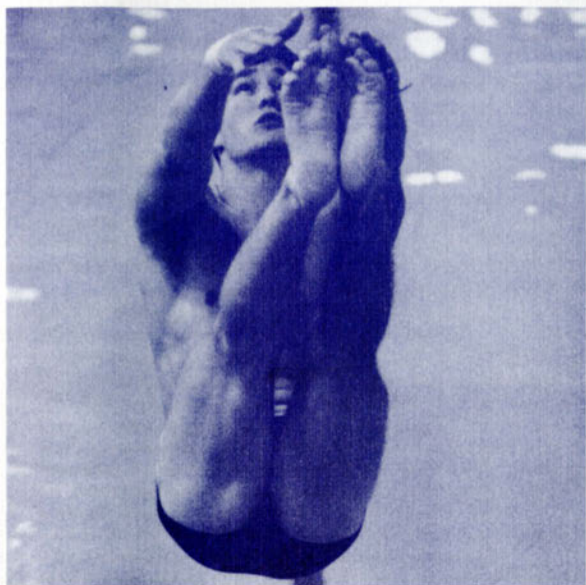
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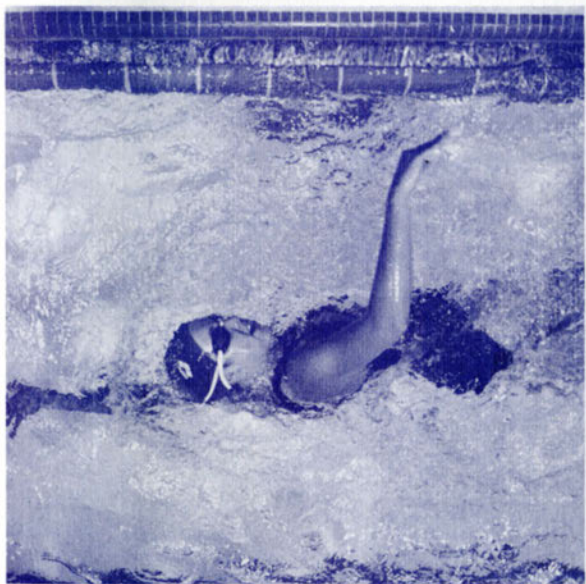
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# *Swimming & Diving*

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*1993-94*



# Panther Profiles



**Jay Atwood:** A senior captain from West Des Moines (IA) Valley High School has made his name present in the UNI record books. He is 5th place on the all-time 100 yard backstroke and third place on the 200 yard backstroke. An academic all-American in high school, Atwood was also a three-time district champion. At UNI, he is a member of the Dean's list and a six-time Director's Award winner for academic success.

**Ryan Person:** A senior captain from Runnells, IA, Person is majoring in mathematics/secondary education. He will compete in breaststroke and middle distance races this season. He was academic all-conference three times and a state qualifier two years at South East Polk High School and his chief ambition is to secure a teaching job and be a swim coach.



**Ian Barnhouse:** A Iowa City (IA) West High School graduate, this sophomore is expected to compete in the 100 and 200 yard backstroke. Barnhouse is a three-time high school letterwinner whose goal this year is to break the breaststroke record.

**Eric Hoak:** A freshman from Sioux City, IA, Hoak broke three school records at North High. He was team captain for two years and voted team captain MVP and Most Dedicated. The management major is expected to compete in the backstroke this season.



**Jason Pavelka:** A graduate of Southeast Polk High School, this senior from Des Moines, IA, competes in the one- and three-meter diving events. He earned second and third place finishes in the conference meet last year. Majoring in environmental planning and geology, Pavelka hopes to qualify for nationals and win the conference.

**Tim Perkins:** A senior from Dubuque, IA, Perkins is expected to compete in the backstroke and mid distance races. A graduate of Hempstead High School, this academic all-stater competed in the state meet four times. He hopes to make money and be the President of the United States after receiving his degree in public administration.



**Ben Reinking:** A sophomore from Sioux City, IA, Reinking was a four-year MVP in swimming at East High School. Expected to compete in sprint events this year, the biology/pre-med major aspires to go to medical school. He won four varsity letters in swimming and cross country, and won two letters in track.



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**Shannon Bunger:** This senior captain is a graduate of Northern University in Cedar Falls, IA. A healthy list of accomplishments in high school has followed her to her collegiate days. She was a junior national qualifier, was top 10 in swimming for four years, all-conference, all-state, and a team captain. Bunger is a member of three record-holding teams at UNI, and her chief ambition is to be wealthy.

**Hester Dean:** A senior captain from Ames, IA, she is a three-year letterwinner in swimming. An art/graphic design major, Dean was a member of the academic all-conference team in 1989 at Ames Senior High. She is expected to swim the 50 free this year.



**Kim Kadlec:** A graduate of Valley High School in West Des Moines, IA, she is a member of five record-holding relay teams and holds three individual records. Kadlec is a social work major who has won three collegiate letters. She has a 3.99 GPA, a member of the Dean's list, and a Gateway Academic Scholar. Her chief ambition is to graduate.

**Nadine Ellis:** A junior from Urbandale, IA, she is a two-year letterwinner and is majoring in elementary education with a minor in special education. Ellis was second team all-state and all-academic her senior year in high school. She is expected to swim in the 100 and 200 breaststroke and the 200 individual medley.



**Jenny Folsom:** A sophomore from Des Moines, IA, she graduated from West Des Moines Dowling High School where she held three diving records, was a state qualifier, conference champion, and most valuable diver two consecutive years. While attending UNI, Folsom has placed third in the three-meter competition and seventh in the one-meter competition at conference in 1993.

**Emily O'Toole:** A junior from Marshalltown, IA, majoring in community health, she has won two collegiate letters for swimming. In high school, she was a two-time all-state performer in the 100 backstroke and finished in the top ten in four events. Her chief ambition is to graduate with a GPA of 3.2 or higher.



**Tina Purdy:** A sophomore leisure services major from Marshall, MO, Purdy is a part of the record holding 200 free relay team. She will compete in sprint, free, and butterfly events this year and her chief ambition is to get a job in corporate fitness.

## UNI Quick Facts

Location: Cedar Falls, IA  
 Founded: 1876  
 Nickname: Panthers  
 Enrollment: 12,800  
 Colors: Old Gold and Purple  
 Conference: Missouri Valley  
 Affiliation: NCAA Division I  
 President: Dr. Constatine Curris  
 Athletic Director: Christopher Ritrievi  
 Sports Information Director: Nancy Justis  
     Office: (319) 273-6354  
     Home: (319) 277-3631  
 Assistant SID: Kevin Kane  
     Office: (319) 273-3642  
     Home: (319) 277-6828

Swimming Contact: Jeremy Bryan  
     Office: (319) 273-2932  
     Home: (319) 266-9652  
 Coach: Jim Hall  
     Office: (319) 273-2406  
     Home: (319) 277-8545  
 Coach: Jeff Noble  
     Office: (319) 273-2406  
     Home: (319) 266-4410

# Coaches



## Jim Hall

Panther head coach  
Jim Hall dives into  
his 11th season at UNI  
with an experienced

team that could surprise some people. Named Midwest Championship Coach of the Year in 1989, Hall has a 55-97 career record at UNI, including a 5-11 record last year.

A graduate of Eastern Illinois, Hall held records in the 800 freestyle relay and the 200 and 500 yard freestyle. He was an all-American in six events and was named to three all-conference and all-American teams.

The Panthers have broken 33 of the school's 42 records, including every women's record, since Hall has been at UNI. Last year, the team broke seven records.



## Jeff Noble

Jeff Noble begins his fifth year as the Panthers' head diving and assistant swimming coach with a lot of experience and youth in the diving program.

After graduation from Iowa State in 1988, Noble earned a master's degree in recreation administration from Western Illinois. He began his coaching career at Urbandale High School in Urbandale, IA, where he coached two state qualifiers. He returned to Western Illinois and coached two school record-holders, a conference record-holder and a two-year NCAA Zone Qualifier.

# Panther Record Book

Women (Bold indicates members of 1993-94 team)

50 Freestyle	Kris Naae	25.06	1992
100 Freestyle	Kris Naae	54.15	1992
200 Freestyle	Mary McCuskey	1:58.24	1991
500 Freestyle	Mary McCuskey	5:08.13	1991
1000 Freestyle	Mary McCuskey	10:38.19	1993
1650 Freestyle	Mary McCuskey	17:39.07	1993
100 Butterfly	Renee Bunger	1:00.80	1988
200 Butterfly	Kim Kadlec	2:19.38	1992
100 Backstroke	Emily O'Toole	1:01.91	1993
200 Backstroke	K. Christianson	2:17.78	1992
100 Breaststroke	Nadine Ellis	1:10.85	1992
200 Breaststroke	Nadine Ellis	2:35.02	1993
200 Ind. Medley	Kim Kadlec	2:15.90	1991
400 Ind. Medley	Kim Kadlec	4:50.08	1992
One Meter Diving	Heather Gross	386.85	1992
Three Meter Diving	Heather Gross	434.70	1992
200 Freestyle Relay	Bunger, O'Toole, Purdy, Kadlec	1:41.25	1993
200 Medley Relay	O'Toole, Naae, Sondall, Kadlec	1:54.10	1992
400 Freestyle Relay	Bunger, Naae, Kadlec, O'Toole	3:40.35	1992
400 Medley Relay	O'Toole, Ellis, Kadlec, Bunger	4:09.31	1993
800 Freestyle Relay	McCuskey, Peak, Ellis, Kadlec	8:06.21	1992

## Men

50 Freestyle	Mike Dehann	21.45	1980
100 Freestyle	Brad Gerrish	46.80	1980
200 Freestyle	Dennis Davis	1:42.38	1980
500 Freestyle	Mark Sullivan	4:40.44	1987
1000 Freestyle	Kevin Meacham	9:50.00	1977
1650 Freestyle	Mark Sullivan	16:22.83	1986
100 Butterfly	Marc Long	50.51	1986
200 Butterfly	Phil Luebke	1:55.97	1993
100 Backstroke	Brad Schoentag	53.85	1992
200 Backstroke	Brad Schoentag	1:59.56	1992
100 Breaststroke	Dan Glascock	58.79	1988
200 Breaststroke	Dan Glascock	2:07.93	1988
200 Ind. Medley	Matt Lawson	1:55.71	1987
400 Ind. Medley	Matt Lawson	4:08.00	1987
One Meter Diving	Mike Radech	478.80	1975
Three Meter Diving	Jeff Samuelson	504.30	1981
200 Freestyle Relay	Luebke, Schoentag, Uhelhopp, Oaks	1:27.01	1992
200 Medley Relay	Schoentag, Uhelhopp, Luebke, Oaks	1:37.35	1992
400 Freestyle Relay	Gerrish, Dehaan, Dekock, Davis	3:07.89	1980
400 Medley Relay	Flatness, Glascock, Wiemers, Lawson	3:33.46	1987
800 Medley Relay	Davis, Arntzen, Gerrish, Dekock	6:58.78	1980



# 1993-94 Rosters

## Women

Sara Bainbridge	So.	Back/Free	Coralville, IA/Regina HS
Andrea Brown*	So.	Breaststroke	Des Moines, IA/East HS
Shannon Bunker**	Sr.	Freestyle	Cedar Falls, IA/ N.U. High
Hester Dean***	Sr.	Freestyle	Ames, IA
Amber Denney	Fr.	Breast/IM	Urbandale, IA
Nadine Ellis**	Jr.	Breast/IM	Urbandale, IA
Melissa Fey	Fr.	Free/Distance	Freeport, IL
Jenny Folsom*	So.	Diving	Des Moines, IA/Dowling HS
Sara Galligan	Fr.	Free/IM	Marshalltown, IA
Andrea Glasscock	Fr.	Distance	Cedar Falls, IA/Cedar Falls HS
Kelly Heidner	Fr.	Diving	Waukesha, WI/North HS
Mary Frances Houston**	Jr.	Fly/Free/IM	Des Moines, IA/Dowling HS
Stacie Jackson	Fr.	Breast/Free/IM	Cedar Rapids, IA/Jefferson HS
Kim Kadlec***	Sr.	Butterfly/IM	W. Des Moines, IA/Valley HS
Sara Murphy*	So.	Backstroke	Ankeny, IA
Robyn Nolan	Fr.	Distance	Ankeny, IA
Emily O'Toole**	Jr.	Back/Sprints	Marshalltown, IA
Tina Purdy*	So.	Fly/Sprints	Marshall, MO
Natalie Reinking	Fr.	Distance/Free	Sioux City, IA/East HS
Kim Staab*	So.	Distance	Cedar Rapids, IA/Jefferson HS
Molly Streit*	So.	Back/IM	Cedar Rapids, IA/LaSalle HS
Kaia Thiese	Fr.	Distance	Des Moines, IA/Hoover HS
Karin Tollefson	Fr.	Diving	Ames, IA
Allison Tomhave	Fr.	Breast/Sprints	Marshalltown, IA
Gina Walton	Fr.	Back/Free	Cedar Rapids, IA/Washington HS

## Men

Jay Atwood***	Sr.	Back/Fly	Urbandale, IA/Valley HS
Ian Barnhouse*	So.	Breaststroke	Iowa City, IA/ West HS
Kenny Barr	Fr.	Breast/Fly	Dallas, TX/J.J. Pearce HS
Blake Bextine*	So.	Breaststroke	Bedford, TX/L.D. Bell HS
Patrick Bonuso	Fr.	Sprints	Arlington Heights, IL
Thomas Bruun	Fr.	Diving	Cedar Falls, IA/N.U. High
Kevin Drees*	So.	Freestyle	West Des Moines, IA/Dowling HS
Micha Hanson**	Jr.	Freestyle	Cedar Falls, IA/Cedar Falls HS
Jon Havenstrite**	Jr.	Freestyle	Cedar Falls, IA/Cedar Falls HS
Eric Hoak	Fr.	Backstroke	Sioux City, IA/North HS
Aaron Martin	Fr.	Sprints	Newton, IA
Jason Martin**	Jr.	Freestyle	Cedar Falls, IA/Cedar Falls HS
Pat McDonald	So.	Back/Sprints	Albia, IA
Andy McElmeel	So.	Freestyle	Rockford, IL/Jefferson HS
Mark Miller*	So.	Distance	Mason City, IA
Steve Neu	Jr.	Free/Sprints	Bettendorf, IA/Pleasant Valley HS
Jason Pavelka***	Sr.	Diving	Des Moines, IA/S. E. Polk HS
Tim Perkins**	Sr.	Middle Distance	Dubuque, IA/Hempstead HS
Ryan Person***	Sr.	Breast/IM	Runnells, IA/S.E. Polk HS
Ben Reinking*	So.	Sprints	Sioux City, IA/East HS
Joel Stevens	So.	Butterfly	Burlington, IA
Paul Stover	Fr.	Diving	Granger, IA/Johnston HS
Jamie Weihrauch	Fr.	Back/Free	Sioux City, IA/East HS

\*Letters Won

# 1993-94 Schedule

Nov. 6	Western Illinois	Cedar Falls, IA	1:00
Nov. 12-13	Eastern Illinois Invitational	Charleston, IL	TBA
Nov. 19	Northeastern Illinois	Chicago, IL	5:00
Dec. 3-5	MVC Conference Invitational	Carbondale, IL	TBA
Dec. 28-Jan. 10	CSCAA Swim Forum	Ft. Lauderdale, FL	
Jan. 14-15	Bradley Invitational	Peoria, IL	TBA
Jan. 22	Northern Illinois	DeKalb, IL	1:00
Jan. 28	Iowa State	Cedar Falls, IA	4:00
Jan. 29	Bradley	Cedar Falls, IA	1:00
Feb. 4	Wisconsin-Milwaukee	Cedar Falls, IA	5:00
Feb. 5	Wisconsin-Green Bay	Cedar Falls, IA	12:00
Feb. 12	Western Illinois Diving Invitational	Macomb, IL	TBA
Feb. 17-19	Mid-East Championships	Indianapolis, IN	TBA

All Meets are Co-Ed

Time Changes May Arise

All Home Meets Will be Held in the East Gym Pool

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# 1993-94 Outlook

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The Northern Iowa swimming team is working hard and preparing itself for the upcoming season. Coach Jim Hall is excited about the freshmen on this team. "We have the largest number of freshmen out this year that we've ever had and there is some real talent here," he said.

Some freshmen swimmers to watch this year, according to Hall, are Melissa Fey, Sara Galligan, Allison Tomhave, Natalie Reinking, Eric Hoak, Kenny Barr, Patrick Bonuso, and Blake Bextine. "These are people we are going to count on to win some races for us," said Hall. The diving team also picked up two freshmen who will be looked to for some points. "Kelly Heidner and Thomas Bruun are good divers and are really going to push some others on the diving squad."

With the graduation of Mary McCuskey and Phil Luebke from last year's team, "we are needing our upper classmen to step forward and be our leaders," said Hall. "We are waiting for some seniors, juniors, and sophomores to step up because they have been in the program now and know how things work around here." Hall is looking for Kim Kadlec, Shannon Bunger, Hester Dean, Jay Atwood, and Ryan Person to assume these roles because they are the captains of this year's team. In the last two years, half of the team has been lost to graduation. "It takes one to two years to get the kids to where I want them, in terms of times," said Hall, "and then I lose them to graduation before they really start to do something."

Some questions are yet to be answered when it comes to what swimmers will be swimming what events. "We are having time trials now to find out who swims the best times. Our early meets will answer many questions about our swimmers," said Hall. "We use the first half of the season to get in shape and then the second half is used to prepare for the Mid-East Championships."

The women's team returns 12 letterwinners from a team that posted a 3-5 record last year. This year's team consists of five members who currently are part of 11 school records. The men's team also returns 12 letterwinners from a team that had a 2-6 record. A mixture of letterwinners and freshmen is going to be the key to success for this swimming and diving squad.

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## 1992-93 Results

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	<u>Men (2-6)</u>	<u>Women (3-5)</u>
@Western Illinois	70-160	80-160
Northeastern Illinois	78-23	81-17
Eastern Illinois Invitational	3rd of 6	4th of 7
Wisconsin-Milwaukee Invitational	2nd of 3	3rd of 4
CSCAA Swim Forum	No team scores	No team scores
Bradley Braves Invitational	1st of 6	3rd of 6
@Iowa State	28-84	44-60
vs. South Dakota (at Ames, IA)	24-84	76-37
Northern Illinois	43-67	45-67
Bradley	65-46	63-32
@Wisconsin-Milwaukee	92-110	103-123
@Wisconsin-Green Bay	108-124	95-138
@Western Illinois Diving Invitational	No team scores	No team scores
@Mid-East Classic	4th of 11	3rd of 11