Forward Together Update, February 1, 2022

University of Northern Iowa
Dear Panther Community,

Vaccines, *including boosters*, remain the best way to protect yourself from COVID-19 and to slow the spread in our community. The CDC recommends that people remain up to date with their vaccines, which includes a booster dose.

### Increasing Vaccine Effectiveness from 82% to 97%

A CDC study found that boosters increased vaccine effectiveness against hospitalization among adults without and with immunocompromising conditions, from 82% to 97% and from 69% to 88%, respectively.

### 5x Higher Risk of Infection

Adults who were unvaccinated had a 5x higher risk of infection compared with adults who were fully vaccinated with a booster according to another CDC study.

**Getting your booster is easy.** The Student Health Clinic will be offering COVID-19 vaccines throughout the spring 2022 semester on Wednesday afternoons from 1 - 3 p.m. and Thursday mornings from 9 - 11 a.m. Please call the COVID-19 phone line at 319-273-2100 to set up an appointment. To locate a vaccine off campus, visit [vaccines.gov](http://vaccines.gov) to find vaccination providers near you.

If you have a question, please visit [forwardtogether.uni.edu](http://forwardtogether.uni.edu) or email it to [forwardtogether@uni.edu](mailto:forwardtogether@uni.edu). Thanks for all that you do to keep yourself, your family and the Panther community safe. Your proactive efforts make a difference, which helps immensely in ensuring a successful spring semester.

Stay Well,

Joseph Rayzor,
Director of Risk Management, Environmental Health and Safety