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## Forward Together Update [Reminder Vaccination, When to Stay at Home, & Panther Health Survey], November 3, 2021

University of Northern Iowa

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# University of Northern Iowa

## Forward Together Update

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Dear Panther Community,

### Be Prepared for a Healthy Final Exam Week (vaccines or booster)

Ensure that you feel your best during finals week by taking the steps now to be fully vaccinated against COVID-19 and the flu prior to the start of exams. And yes, according to the CDC you can get a flu vaccine at the same time you get a COVID-19 vaccine or a booster.

Individuals who receive their first dose of the Pfizer-BioNTech COVID-19 vaccine in the next week, prior to November 11, will be fully vaccinated prior to the start of finals. The Student Health Clinic continues to offer the Pfizer-BioNTech vaccine on Thursday afternoons from 1:00 – 3:00 p.m. and Friday mornings from 9:00 – 11:00 a.m. Please call the Covid-19 phone line at (319) 273-2100 to set up an appointment. If you are looking for a COVID-19 vaccine off-campus, search [vaccines.gov](https://www.vaccines.gov), text your ZIP code to 438829, or call 1-800-232-0233 to find locations near you.

The Student Health Clinic is also hosting three more flu vaccine clinics at the SHC this month. The cost of the Flu Shot is \$30 for those students without health insurance or the Student Health Clinic will file a claim with your health insurance. According to the CDC, it takes about two weeks after vaccination for antibodies to develop in the body and provide protection against influenza virus infection.

### Pfizer-BioNTech COVID-19 Booster Clinics

Certain individuals are now eligible to receive a COVID-19 booster dose on campus. The UNI Student Health Clinic will host Pfizer-BioNTech COVID-19 booster clinics for students, faculty, and staff at the following dates and times:

#### Date Time

Wednesday, November 3 12:30 p.m. - 4 p.m.

Thursday, November 4 8 a.m. - 12 p.m.

Wednesday November 10 12:30 p.m. - 4 p.m.

Thursday, November 11 8 a.m. - 12 p.m.

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You must call the UNI Student Health Clinic COVID-19 phone lines at 319-273-2100 between 8 a.m.-4:30 p.m. Monday-Friday to schedule your appointment. No walk-in appointments are available.

## Stay Home When Sick

Feeling ill? Students, faculty, staff and visitors with signs or symptoms of infectious illness should stay home and seek medical care.

## Panther Health Survey

The university is continuing to use the Panther Health Survey to assist those who are:

Experiencing symptoms of COVID-19 (regardless of vaccination status);  
Have been exposed to COVID-19 and are unvaccinated; or  
Unable to report to campus for class, work, or other assignments due to COVID-19.

If you fall into any of these categories please complete the survey as it helps provide relevant campus support services to those impacted by COVID-19, supports our cleaning and disinfecting efforts, and allows students to receive alternative class assignments, which are available for individual students who are unable to attend class due to COVID-related health issues. The Panther Health Survey must be completed to have faculty notified of students needing to be absent from classes. Students directed not to come to campus or who are unable to participate in class due to COVID-19 related illness, self-isolation, or quarantine should utilize the information provided in the survey.

If you have a question, please visit [forwardtogether.uni.edu](https://forwardtogether.uni.edu) or email it to [forwardtogether@uni.edu](mailto:forwardtogether@uni.edu). Thanks for all that you do to keep yourself, your family and the Panther community safe.

Stay Well,

John Vallentine,  
Associate Provost for Faculty

Joseph Rayzor,  
Director of Risk Management, Environmental Health and Safety