1989-90 Northern Iowa Women’s Track

On the Right Track
QUICK FACTS

Location: Cedar Falls, IA 50614
Founded: 1876
Enrollment: 11,800
Colors: Purple and Old Gold
Nickname: Panthers
Conference: Gateway
Collegiate Athletic Affiliation: NCAA Division I
Director of Athletics: Robert Bowlsby
President: Dr. Constantine Curris
Head Coach: Lea Ann Shaddox (5th Year)
Assistant Coach: Terri Soldan
Student Assistant: Karen Smith
Coaches Phone: (319) 273-6157
Director of Sports Information: Nancy Justis (319-273-6354)
Student Assistant SID: Josh Lehman (319-277-0551, Home)
Head Trainer: Terry Noonan

Credits

The 1989-90 women's track brochure was written and designed by Josh Lehman, student assistant sports information director. Editing by Kevin Kane, assistant SID.
Photography by David Wagner, UNI office of public relations.
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The University of Northern Iowa is an equal opportunity educator and employer with a comprehensive plan for affirmative action.
Head Coach Lea Ann Shaddox

Now in her fifth year at the helm, Lea Ann Shaddox specializes in coaching the middle distance and distance runners, and also coaches cross country.

Shaddox, a graduate of Cascade (IA) High School, received her bachelor's degree in Spanish from UNI with minors in English and physical education (with a coaching endorsement).

She then went on to teach and coach at Marquette High School in West Point, IA. She was head girls' track coach and assistant girls' basketball coach. Shaddox enrolled at the University of Iowa and received her master's degree in physical education in 1985. During that time she served as a graduate assistant track coach.
Assistant Coach Terri Soldan

Terri Soldan received her master's degree in physical education from the University of Iowa in 1986 and then became a fulltime assistant at UNI. Soldan, who competed in the javelin, shot and discus at Iowa, met Shaddox while they were both graduate assistants with the Hawkeyes. With the Panthers, Soldan is in charge of handling the sprinters, hurdlers, jumpers and throwers.

Graduate Assistant Karen Smith

Karen Smith is in her second year with the Panthers coaching staff. After wrapping up a career at UNI two years ago, Smith brought her success to the staff. She is the current holder of UNI’s pentathalon and heptathalon records, as well as the indoor and outdoor high jump marks.

The Gateway Collegiate Athletic Conference

In 1982, the NCAA allowed 10 Midwestern schools to bind their athletic and academic interests and form the Gateway Collegiate Athletic Conference. Northern Iowa, Drake, Bradley, Western Illinois, Indiana State, Wichita State, Illinois State, Eastern Illinois, Southern Illinois and Southwest Missouri State are the charter and current members of the conference.

On August 21, 1985, the conference decided to add football to the list of conference sports, making Commissioner Patty Viverito the first woman to head a conference that includes a men's sport.

The conference headquarters are in St. Louis, MO. The GCAC sponsors championships in nine Division I women's sports, including cross country, golf, volleyball, basketball, indoor and outdoor track, swimming and diving, tennis, softball and Division IAA football.
1990 Outlook

As was the case with last year's team, the 1990 Panthers are young. Very young, in fact, since no seniors are on this year's squad.

Head coach Lea Ann Shaddox, now in her fifth season as the Panthers' leader, says that for the first time, UNI has a host of sprinters. In the past, UNI has excelled in the middle distance and distance events.

"We're still good in the longer events, but now we have a good group of sprinters to back them up," Shaddox said. "It's very exciting and should be for our fans as well."

The top four sprinters for UNI are all newcomers to the squad. Tri-captain Sherry Shedd (Davenport, IA), a transfer from Iowa State, will not be able to compete until January. But Shaddox said she is in tremendous shape and will be a fine addition to the team.

Other top sprinters are Julie Davis (Cedar Rapids, IA), a transfer from the University of Wisconsin-Madison; Dyan Fluhrer (Charles City, IA), a very dedicated worker and a winner; and Toni Ferguson (Waterloo, IA), a freshman the coaches feel has unlimited potential.

The other two tri-captains can be found in the longer events. Shaddox says junior Diane Black (Newton, IA), although in her first year as captain, is looked up to by the other athletes and is very concerned about the team. Black is the holder of the UNI indoor record in the 200m, 400m and 600m dashes.

Another potential recordbreaker is junior Kathy Allen (Bloomfield, IA). A co-MVP of this year's Panther cross country team (along with Jenny Owens), Shaddox said she feels that because of the great shape she is in, and her experience, many indoor and outdoor records could fall for Allen, who runs middle distance. She is already co-holder of the UNI 4 x 880m relay record.

The talent level doesn't stop there, either. With returnees like Jenny Owens (Neenah, WI), who finished third at the conference cross country meet this year, Jill Isaacson (Ames, IA), the co-holder of several UNI indoor relay records, and Amy Wheeler (Waverly, IA), who set the 55m hurdle indoor record last season, the team seems poised for an outstanding season.

Shaddox feels the same way. "With the experience we have back, I am very excited about the upcoming season," she says. "We have a definite chance to improve on last year. Despite our key losses (shot putter Lisa Tatman, and former captains Donna Wheeler and Brenda Bumgardner), I feel this team can have an outstanding year."
Juniors: (L-R) Erika Jeschke, Jill Isaacson, Cindy Jeffries, Diane Black, Julie Davis, Sherry Shedd, Kathy Allen

Kathy Allen—Junior—Middle Distance

Hometown (High School) — Bloomfield, IA (Davis Co.)
Major — Elementary Education
Born — February 3, 1969
Parents — Wayne and Rosemary Allen
Earned a total of eight letters in track and cross country in high school . . . Twice letterwinner at UNI for indoor track . . . Three year member of UNI cross country team . . . Co-MVP 1989 cross country team . . . Twice captain of track team, including 1989-90 . . . Enjoys swimming and biking . . . Coach Shaddox: “Kathy is so tough and strong this year, she is all set to have the best year of her career.”

Diane Black—Junior—Sprinter

Hometown (High School) — Newton, IA (Newton)
Major — Elementary Education/Early Childhood
Born — February 11, 1969
Parents — Don and Sharon Black
While at Newton High, earned 13 letters in four sports . . . Has earned two letters while at UNI . . . Tri-captain for 1989-90 season . . . Won state 4x400 relay when senior in H.S. at both Drake Relays and state meet . . . Lists chief ambition as to reach potential academically and athletically . . . Coach Shaddox: “She is very well respected by our other athletes, and is very team-oriented. That’s the kind of captain we need.”
Julie Davis-Junior-Sprinter/Jumper

Hometown (High School) — Cedar Rapids, IA (Jefferson)
Major — Elementary Education/Early Childhood
Born — September 28, 1967
Parents — Ron and Jennie Davis
Transfer from University of Wisconsin (Madison) . . . Won two letters with Badgers . . . At Jefferson H.S., was long jump champ '85, 200 champ '86, and member of several championship relays . . . Lists chief ambition as to teach young people . . . Coach Soldan: “Julie brings valuable maturity, leadership and experience to our young sprinters. If she can stay healthy she could re-write the record books.”

Stephanie Davis-Junior-Jumper

Hometown (High School) — Dubuque, IA (Senior)
Major — Education
Born — March 22, 1969
Parents — John and Sue Davis
Lettered in three sports at Senior High . . . Competed all four years at state track meet, with two top ten finishes in high jump . . . All conference in three sports . . . Also member of UNI Women’s basketball team . . . Coach Soldan: “Steph possesses all the tools to be all-conference or even all-american for us in the high jump. She wants to be, and can be, the best.”

Jill Isaacson-Junior-Sprinter

Hometown (High School) — Ames, IA (Ames)
Major — Business Administration
Born — June 17, 1969
Parents — Dean Isaacson and Kathy Isaacson
Earned three track letters at Ames . . . Two time qualifier in state meet . . . Co-holder of several Panther indoor relay records . . . Coach Soldan: “We’re looking to Jill to be a leader of our young sprint group. She has an outstanding committment to be the best.”

Erika Jeschke-Junior-Sprinter/Middle Distance

Hometown (High School) — Poynette, WI (Poynette)
Major — Psychology
Born — March 14, 1969
Parents — Ed and Dorothy Jeschke
All state track four years in a row at Poynette . . . 200 meter state champ 1984 and 85 . . . Nicknamed “Jet” . . . Lists hobbies as running, dancing, skiing . . . Coach Shaddox: “Erika is a sprinter who could, and we’re hoping will, add needed depth to our team. She could easily become one of our top runners.”
Sophomores

Sophomores (T-B) Jenny Owens, Ann Boyd, Shawn Magnall, Dianna Kenneally

Ann Boyd - Sophomore - Distance/Middle Distance

Hometown (High School) — DePere, WI (East DePere)
Major — Advertising
Born — May 27, 1970
Parents — James and Pat Boyd

Lettered in 10 sports at East DePere . . . Winner of state 1600 in 1987 . . . Winner conference 1600 and 3200 four years . . . Desires to be like her sister Casey . . . Coach Shaddox: "Ann had an injury that kept her out of last season, but I know she’ll be at top form this year to help us."
Shawn Magnall—Sophomore—Distance

Hometown (High School) — Waverly, IA (Waverly-Shell Rock)
Major — Business/German
Born — January 15, 1970
Parents — Richard and Kathy Magnall

Four years qualifier for state track meet . . . Two year letterwinner on Panther cross country team . . . Lists hobbies as walking, swimming and friends . . . Coach Shaddox: “Shawn is very strong aerobically and dedicated to doing well. She has quite a bit of mental toughness and I have confidence in her to be one of the better runners for us.”

Jenny Owens—Sophomore—Distance

Hometown (High School) — Neenah, WI (Neenah)
Major — Health Education
Born — August 11, 1969
Parents — Gary and Karen Riemer

Lettered all four years in both track and cross country at Neenah high . . . Has earned four letters at UNI . . . Finished 3rd at GCAC Cross Country championships this year, the highest finish ever for a Panther . . . Two years in a row cross country MVP . . . Hobbies are running and shopping . . . Coach Shaddox: “Jenny could be the best in the conference. After coming off her great cross country season, I would expect her to be near the top all year.”

Sherry Shedd—Sophomore—Sprinter

Hometown (High School) — Davenport, IA (West)
Major — Fashion Merchandising
Born — July 19, 1969
Parents — Bill and Etta Shedd

One of Panther Tri-Captains for 1989-90 season . . . Transfer from Iowa State University . . . Earned all conference honors . . . Holds high school records in 100, 200 and sprint medley . . . Wants to compete in nationals and possibly 1996 Olympics . . . Coach Soldan: “Unfortunately for Sherry, she had to wait two years to compete. But now she’s ready to explode! The sky is the limit.”

Amy Wheeler—Sophomore—Pentathalon/Heptathalon

Hometown (High School) — Waverly, IA (Waverly-Shell Rock)
Major — Psychology
Born — August 26, 1970
Parents — Glen and Jo Wheeler

Won 10 letters in three sports in H.S. . . . Played in state basketball tournament . . . Holds UNI record in 55m hurdles . . . Desires to have fun and compete to the best of her ability . . . Coach Soldan: “Amy will settle for nothing less than the best, thus a conference championship is a definite possibility.”
Cindy Jeffries—Freshman—Thrower

Hometown (High School) — Johnston, IA (Johnston)
Major — History/Secondary Education
Born — May 19, 1969
Parents — Bill and Dee Jeffries
Transfer from Iowa State University . . . Earned seven letters at Johnston High . . . Lists chief ambition as to teach and coach at high school level . . . Coach Soldan: “Cindy sometimes is so driven she frustrates herself unnecessarily. She is making great progress, however, and should contribute.”

Valerie Patterson—Freshman—Pentathalon/Heptathalon

Hometown (High School) — Des Moines, IA (Dowling)
Major — Education
Born — March 15, 1971
Parents — Gary and Vickie Patterson
Earned eight straight letters at Dowling high . . . Four straight letters in track . . . Lists hobbies as horseback riding, basketball, swimming and jogging . . . Coach Soldan: “She has lots of talent, it just needs to be developed. She works hard, and she will be one to watch in the future.”

Marchelle Short—Freshman—Middle Distance

Hometown (High School) — Cedar Falls, IA (Cedar Falls)
Major — Undecided
Born — August 29, 1971
Parents — David and Marcia Short
Earned a total of six letters for Cedar Falls . . . Was all-conference, and team captain for both track and cross country . . . Brother Jeff Short is member of UNI men’s track team . . . Coach Shaddox: “Marchelle is injured right now. When she comes back, we’ll see what she can do for us. We hope she can fit in as a freshman and contribute.”

Vicki White—Freshman—Thrower

Hometown (High School) — Webster City, IA (Webster City)
Major — American Humanics
Born — December 13, 1969
Parents — Jerry and Thelma White
Earned 14 letters in high school, including four in track . . . Lettered on softball team last year . . . State 3-A Champion shot put and discus in 1988 . . . Competed in state track championships from 1985-88 . . . Coach Soldan: “Vicki has consented to throw for us indoors even though she plays softball at UNI. With her great work ethic, she is expected to continue the Panther dominance of the GCAC shot put event.”
Freshmen

Freshman (L-R) Valerie Patterson, Toni Ferguson, Marchelle Short, Vicki White, Michelle Wing, Dyan Fluhrer

Toni Ferguson-Freshman-Sprinter

Hometown (High School) — Waterloo, IA (East)
Major — Education
Born — October 16, 1970
Parent — Greg Ferguson

Qualifier all four years at East for state track meet . . . Was all conference and all state . . . Chief goal is to reach her potential . . . Enjoys playing basketball . . . Coach Soldan: "She's never been really tested. She has a lot of natural talent; I can't wait to see what she can really do!"

Dyan Fluhrer-Freshman-Sprinter

Hometown (High School) — Charles City, IA (Charles City)
Major — Physical Education
Born — November 17, 1970
Parents — Bill and Pat Fluhrer

Four-year participant in state track meet at Charles City . . . Senior year, finished first in the 400, second in long jump, 3rd in the 200 . . . Coach Soldan: "She's just got so much potential. She's very motivated, and accepts nothing less than the best from herself."
Michelle Wing-Freshman-Distance/Middle Distance

Hometown (High School) — Wilton, IA (Wilton)
Major — Home Economics/Interior Design
Born — November 7, 1970
Parents — Jerry and Rita Sloan

Earned 14 total letters in high school, including four in track ... Was 3000 meter champ and 1500 meter runner up in high school ... Was one of top runners on Panther cross country team this fall ... Lists hobbies as skiing, sewing, and shopping ... Coach Shaddox: “Michelle has done so much for us as a freshman. She was very good in cross country, and I look for that trend to continue.”

1988-89 RESULTS

Cross Country
@Bradley Open
@Midwest Collegiate Open
@Iowa State Open
@Nike Invitational
@ Iowa Open
@Western Open
DRAKE
@Gateway Conference Meet
@NCAA District V Championships

Indoor
@Illinois State Open
@Northwest Open
UNI OPEN
@Iowa Open
@Frank Sevinge Husker Invitational
LADY PANTHER EVENING INVITATIONAL
@Gateway Conference Championships

Outdoor
@Hawkeye Open
@Drake Invitational
@Kansas Relays
@Drake Relays
@St. Thomas Invitational
@Gateway Conference Championships

No Team Scores
18th of 27 teams
No Team Scores
13th of 19 teams
4th of 4 teams
3rd of 8 teams
31-24
5th of 10 teams
8th of 8 teams
No Team Scores
No Team Scores
No Team Scores
7th of 10 teams
No Team Scores
No Team Scores
8th of 10 teams
No Team Scores
No Team Scores
No Team Scores
No Team Scores
7th of 10 teams
## UNI Indoor Records

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<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Time</th>
<th>Year</th>
</tr>
</thead>
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<tr>
<td>50yd Hurdles</td>
<td>Cathy Rardin</td>
<td>07.18</td>
<td>1982</td>
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<tr>
<td>55m Hurdles</td>
<td>Amy Wheeler</td>
<td>08.5</td>
<td>1989</td>
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<tr>
<td>60yd Hurdles</td>
<td>Sue Buffington</td>
<td>08.2</td>
<td>1976</td>
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<tr>
<td>60m Hurdles</td>
<td>Roxanne Meyer</td>
<td>09.2</td>
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<tr>
<td>50yd Dash</td>
<td>JoeAnn Jackson</td>
<td>06.28</td>
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<td>55m Dash</td>
<td>JoeAnn Jackson</td>
<td>07.3</td>
<td>1984</td>
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<tr>
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<td>JoeAnn Jackson</td>
<td>06.9</td>
<td>1983</td>
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<tr>
<td>60m Dash</td>
<td>Karla Federspiel</td>
<td>07.8</td>
<td>1980</td>
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<td>220yd Dash</td>
<td>Karla Federspiel</td>
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<td>1980</td>
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<td>200m Dash</td>
<td>Diane Black</td>
<td>26.99</td>
<td>1988</td>
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<td>300yd Dash</td>
<td>Karla Federspiel</td>
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<td>Karla Federspiel</td>
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<td>400m Dash</td>
<td>Diane Black</td>
<td>58.73</td>
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<td>500m Dash</td>
<td>Natalie Sueppel</td>
<td>1:18.99</td>
<td>1985</td>
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<td>600yd Dash</td>
<td>J'ne Day</td>
<td>1:27.9</td>
<td>1982</td>
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<tr>
<td>600m Dash</td>
<td>J'ne Day</td>
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<td>1982</td>
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<tr>
<td>600m Run</td>
<td>Diane Black</td>
<td>1:36.75</td>
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<tr>
<td>880yd Run</td>
<td>Darsi Evans</td>
<td>2:16.85</td>
<td>1987</td>
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<td>800m Run</td>
<td>Natalie Sueppel</td>
<td>2:19.06</td>
<td>1988</td>
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<td>1,000yd Run</td>
<td>Natalie Sueppel</td>
<td>2:35.72</td>
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<td>1,000m Run</td>
<td>Barb Clark</td>
<td>2:54.74</td>
<td>1988</td>
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<tr>
<td>Mile Run</td>
<td>Kris Skov Wallace</td>
<td>5:01.2</td>
<td>1982</td>
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<tr>
<td>1,500m Run</td>
<td>Kris Skov Wallace</td>
<td>4:41.7</td>
<td>1982</td>
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<tr>
<td>Two Mile Run</td>
<td>Suzie Scheer</td>
<td>10:40.4</td>
<td>1984</td>
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<tr>
<td>3,000m Run</td>
<td>Jan Jacobson</td>
<td>10:10.45</td>
<td>1988</td>
</tr>
<tr>
<td>Three Mile Run</td>
<td>Sandy Elsberry</td>
<td>16:29.0</td>
<td>1985</td>
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<tr>
<td>5,000m Run</td>
<td>Sandy Elsberry</td>
<td>17:37.8</td>
<td>1983</td>
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<tr>
<td>4 × 110yd Relay</td>
<td>T. Wentzein, B. Strub, C. Norris, J. Franke</td>
<td>52.9</td>
<td>1983</td>
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<tr>
<td>4 × 160yd Relay</td>
<td>J. Jackson, C. Ropa, S. Soehner, K. Federspiel</td>
<td>1:24.1</td>
<td>1983</td>
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<tr>
<td>4 × 220yd Relay</td>
<td>J. Jackson, C. Ropa, C. Van Deest, K. Federspiel</td>
<td>1:46.3</td>
<td>1982</td>
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<tr>
<td>4 × 200m Relay</td>
<td>D. Black, J. Isaacson, A. Bergquist, L. Case</td>
<td>1:48.44</td>
<td>1988</td>
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<tr>
<td>4 × 440yd Relay</td>
<td>M. Bohlken, C. Rardin, J. Day, K. Federspiel</td>
<td>4:00.5</td>
<td>1982</td>
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<tr>
<td>4 × 400m Relay</td>
<td>D. Black, J. Isaacson, L. Case, N. Sueppel</td>
<td>4:00.9</td>
<td>1988</td>
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<tr>
<td>4 × 880yd Relay</td>
<td>D. Organ, B. Clark, D. Evans, N. Sueppel</td>
<td>9:06.60</td>
<td>1987</td>
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<tr>
<td>4 × 880m Relay</td>
<td>N. Sueppel, B. Clark, K. Allen, D. Organ</td>
<td>9:05.64</td>
<td>1988</td>
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<tr>
<td>Distance Medley Relay</td>
<td>J. Day, K. Federspiel, S. Elsberry, J. Day,</td>
<td>12:23.1</td>
<td>1982</td>
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<tr>
<td>Shot Put</td>
<td>Lisa Tatman</td>
<td>48-3¾</td>
<td>1989</td>
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<tr>
<td>Long Jump</td>
<td>Sheila Soehner</td>
<td>17-11¾</td>
<td>1984</td>
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<tr>
<td>High Jump</td>
<td>Karen Smith</td>
<td>5-7¾</td>
<td>1987</td>
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<tr>
<td>Triple Jump</td>
<td>Rhonda Butt</td>
<td>37-0</td>
<td>1984</td>
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<tr>
<td>Pentathlon</td>
<td>Karen Smith</td>
<td>3,314 pts.</td>
<td>1987</td>
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UNI Outdoor Records

100m Hurdles: Sue Buffington, 14.6, 1977
100m Dash: Ann Bader, Michelle Dunagan, 11.8, 1976, 85
220yd Dash: Tracy Wentzien, 25.91, 1979
200m Dash: Tracy Wentzien, 24.85, 1979
400m Hurdles: Deb Schmeling, 1:05.0, 1980
400m Dash: Laura Case, 57.74, 1987
880yd Run: Deb Schmeling, 2:21.61, 1980
800m Run: Barb Clark, 2:11.43, 1988
Mile Run: Kris Skov, 5:04.6, 1982
1500m Run: J'ne Day, 4:33.46, 1982
Two Mile Run: Shirley Walker, 11:09.47, 1979
3000m Run: Sandy Elsberry, 9:52.5, 1984
5000m Run: Sandy Elsberry, 17:10.9, 1984
Six Mile Run: Terri Leisinger, 37:57.5, 1979
10km Run: Suzie Scheer, 36:05.8, 1984
440yd Relay: C. Howard, T. Wentzien, 48.15, 1982
880yd Relay: J. Jackson, C. Ropa, K. Federspiel, 1:45.15, 1982
800m Medley Relay: J. Jackson, C. Ropa, K. Federspiel, 1:47.28, 1982
800m Medley Relay: C. Rardin, 1:45.15, 1982
1600m Relay: J. Roemig, K. Federspiel, J. Day, 3:54.30, 1982
3200m Relay: D. Evans, B. Clark, D. Organ, N. Sueppel, 9:02.56, 1987
Distance Medley: Shelly Mulherin, Diane Black, Kathy Allen, Jenny Owens, 12:27.06, 1989

UNI Cross Country Records

Three Mile: Sandy Elsberry, 18:22, 1982
Five Kilometer: Sandy Elsberry, 17:21, 1983
<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Time</th>
<th>Year</th>
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<tr>
<td>55m Hurdles</td>
<td>Adrienne Pannier</td>
<td>07.1</td>
<td>1989</td>
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<td>55m Dash</td>
<td>Yolanda Rogan</td>
<td>06.9</td>
<td>W. Illinois 1989</td>
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<td>60y Hurdles</td>
<td>Benita Fitzgerald</td>
<td>07.54</td>
<td>Tennessee 1982</td>
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<td>60y Dash</td>
<td>Merlene Ottey</td>
<td>06.61</td>
<td>Nebraska 1982</td>
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<tr>
<td>200m Dash</td>
<td>Davera Taylor</td>
<td>24.80</td>
<td>Unattached 1988</td>
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<tr>
<td>300y Dash</td>
<td>Merlene Ottey</td>
<td>32.63</td>
<td>Nebraska 1982</td>
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<tr>
<td>400m Dash</td>
<td>Metria Bell</td>
<td>57.6</td>
<td>Illinois St. 1989</td>
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<tr>
<td>440y Dash</td>
<td>Lori McCauley</td>
<td>54.12</td>
<td>Rutgers 1982</td>
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<tr>
<td>600m Run</td>
<td>Deb Betz</td>
<td>1:35.7</td>
<td>Iowa St. 1989</td>
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<td>600y Run</td>
<td>Delisa Walton</td>
<td>1:17.38</td>
<td>Tennessee 1982</td>
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<td>800m Run</td>
<td>Jane Broker</td>
<td>2:14.56</td>
<td>Unattached 1988</td>
</tr>
<tr>
<td>880y Run</td>
<td>Doraine McClive</td>
<td>2:05.34</td>
<td>Cornell University 1982</td>
</tr>
<tr>
<td>1000m Run</td>
<td>Mimi Walz</td>
<td>2:58.4</td>
<td>Iowa St. 1989</td>
</tr>
<tr>
<td>1000y Run</td>
<td>Joetta Clark</td>
<td>2:26.70</td>
<td>Tennessee 1982</td>
</tr>
<tr>
<td>1500m Run</td>
<td>Jane Broker</td>
<td>4:40.74</td>
<td>Unattached 1988</td>
</tr>
<tr>
<td>3000m Run</td>
<td>Karla Burds</td>
<td>10:04.7</td>
<td>Drake 1989</td>
</tr>
<tr>
<td>5000m Run</td>
<td>Jane Asimus</td>
<td>18:39.6</td>
<td>Unattached 1989</td>
</tr>
<tr>
<td>Two Mile Run</td>
<td>Bernadette Madigan</td>
<td>9:58.22</td>
<td>Kentucky 1982</td>
</tr>
<tr>
<td>Three Mile Run</td>
<td>Kellie Cathy</td>
<td>15:18.47</td>
<td>Oklahoma 1982</td>
</tr>
<tr>
<td>High Jump</td>
<td>Gale Charmaine</td>
<td>6-1 ¼</td>
<td>Arizona 1982</td>
</tr>
<tr>
<td>Long Jump</td>
<td>Donna Thomas</td>
<td>20-8 ½</td>
<td>N. Texas State 1982</td>
</tr>
<tr>
<td>Shot Put</td>
<td>Rosemarie Blauch</td>
<td>54-11 ¼</td>
<td>Tennessee 1982</td>
</tr>
<tr>
<td>Triple Jump</td>
<td>Becky Borg</td>
<td>39-6</td>
<td>Iowa 1987</td>
</tr>
<tr>
<td>Pentathlon</td>
<td>Julie White</td>
<td>4,286 pts</td>
<td>Boston University 1982</td>
</tr>
<tr>
<td>880y Relay</td>
<td>Nebraska</td>
<td>1:37.70</td>
<td>1982</td>
</tr>
<tr>
<td>Mile Relay</td>
<td>Texas</td>
<td>3:44.66</td>
<td>1982</td>
</tr>
<tr>
<td>Two Mile Relay</td>
<td>Florida State</td>
<td>8:47.26</td>
<td>1982</td>
</tr>
<tr>
<td>Distance Medley</td>
<td>Virginia</td>
<td>11:21.92</td>
<td>1982</td>
</tr>
</tbody>
</table>

*UNI-Dome track converted from standard to metric in 1988.
The UNI-Dome is one of the Midwest's most unique and most versatile indoor arenas. The Dome, completed in 1976, serves the purpose of three buildings in one — a football stadium, a fieldhouse and a large arena. Events held in the Dome range from football and basketball games to wrestling and track meets, to rallies, concerts, exhibitions and trade shows.

Some of the bigger events that have been held in the Dome are the state high school football playoffs, tractor pulls, the NCAA gymnastics and wrestling championships and concerts by The Who, the Rolling Stones and the Police, among others.

The UNI-Dome can accommodate 16,400 spectators for football games and 10,000 for courtside activities. For stage productions such as concerts and commencement, the Dome can seat up to 25,000.

The Dome's roof, made of woven teflon, encompasses 168,000 square feet and weighs approximately 49 tons. The center of the Dome rises 124 feet above the stadium floor, and the outer edges are anchored to concrete walls 70 feet high.

Two new electronic scoreboards were installed in the fall of 1986 and are located at each end of the Dome. They are programmed by computers located in the press box and add an interesting, as well as entertaining, way to flash messages and information to spectators of all Dome events.

Locker facilities are available in the Physical Education Center, connected to the Dome by an enclosed passageway.
The University of Northern Iowa

The University of Northern Iowa was founded in 1876 as the Iowa State Normal School. From one building on a 40-acre campus, the University has blossomed into a campus that includes more than 40 major buildings, 675 faculty members and 11,500 students.

The University offers programs at the undergraduate, master's and doctoral levels. UNI is known for its excellent teacher education programs and the reputation of the UNI School of Business has increased since a major publication ranked it as one of the top business schools in the Midwest. The College of Humanities and Fine Arts, College of Natural Sciences and College of Social and Behavioral Sciences also provide excellent education.

Campus landmarks include the Campanile, the Education Center, Strayer-Wood Theater, Maucker University Union and the UNI-Dome. The main library houses over 667,000 volumes of reference material. The campus is highly accessible to the handicapped.

Northern Iowa is home to the magazine North American Review, a quarterly journal of literature that has received two National Magazine Awards in the fiction category. The two public radio stations on campus, KUNI and KHKE, have the largest listenerships in the United States. The Management Development Center and the Small Business Development Center are just two more ways that the University serves the community.

Northern Iowa competes in Division I-AA in football and Division I in all other men's and women's sports. In recent years, the football team has been ranked nationally and the women's softball team has won the AlAW Division II World Series.

Northern Iowa is a state assisted University along with the University of Iowa and Iowa State University. The University's more than 50,000 alumni throughout the world provide additional support through the UNI Foundation and various other alumni programs.
# 1989-90 Schedules

## Indoor

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Place</th>
<th>Time</th>
</tr>
</thead>
<tbody>
<tr>
<td>Dec. 8</td>
<td>@Illinois St. Open</td>
<td>Normal, IL</td>
<td>6 pm</td>
</tr>
<tr>
<td>Jan. 20</td>
<td><strong>UNI OPEN INVITATIONAL</strong></td>
<td>CEDAR FALLS, IA</td>
<td>11:30 am</td>
</tr>
<tr>
<td>Jan. 26</td>
<td>@Reebok Invitational</td>
<td>Minneapolis, MN</td>
<td>3:30 pm</td>
</tr>
<tr>
<td>Feb. 3</td>
<td>@Iowa Hawkeye Open</td>
<td>Iowa City, IA</td>
<td>10:30 am</td>
</tr>
<tr>
<td>Feb. 9-10</td>
<td>@Husker Invitational</td>
<td>Lincoln, NE</td>
<td>4 pm</td>
</tr>
<tr>
<td>Feb. 16</td>
<td><strong>LADY PANTHER EVENING INVITATIONAL</strong></td>
<td>CEDAR FALLS, IA</td>
<td>6:30 pm</td>
</tr>
<tr>
<td>Feb. 23-24</td>
<td>@Gateway Conference Championships</td>
<td>Carbondale, IL</td>
<td>TBA</td>
</tr>
</tbody>
</table>

## Outdoor

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Place</th>
</tr>
</thead>
<tbody>
<tr>
<td>Mar. 31</td>
<td>@Western Relays</td>
<td>Macomb, IL</td>
</tr>
<tr>
<td>Apr. 7</td>
<td>@Hawkeye Open</td>
<td>Iowa City, IA</td>
</tr>
<tr>
<td>Apr. 14</td>
<td>@Drake Invitational</td>
<td>Des Moines, IA</td>
</tr>
<tr>
<td>Apr. 18-21</td>
<td>@Kansas Relays</td>
<td>Lawrence, KS</td>
</tr>
<tr>
<td>Apr. 27-28</td>
<td>@Drake Relays</td>
<td>Des Moines, IA</td>
</tr>
<tr>
<td>May 2</td>
<td>@St. Thomas College</td>
<td>St. Paul, MN</td>
</tr>
<tr>
<td>May 10-12</td>
<td>@Gateway Conference Championships</td>
<td>Normal, IL</td>
</tr>
<tr>
<td>May 30-Jun 2</td>
<td>@Nationals</td>
<td>TBA</td>
</tr>
</tbody>
</table>