1987 Northern Iowa
Women’s Track and Field
Building a
Tradition
Northern Iowa Quick Facts

Location: Cedar Falls, IA 50614
Enrollment: 11,500
Colors: Purple and Old Gold
Nickname: Panthers
Conference: Gateway Collegiate Athletic Conference
Affiliation: NCAA Division I
Director of Athletics: Robert Bowlsby
Director of Sports Information: Nancy Justis (319-273-6354)
Asst. SID: Roger Crimmins (319-273-3642)
Women’s Track Contact: Jeff Liebermann (319-277-4928; Home)
Head Trainer: Terry Noonan

1987 UNI Indoor Schedule

Jan. 23-24 @Redbird Invitational at Normal, IL 7 p.m.
Jan. 31 UNI Indoor Invitational 9 a.m.
Feb. 7 Iowa Open 9 a.m.
Feb. 14 UNI Panther Invitational 9 a.m.
Feb. 20 UNI Quadrangular 6:30 p.m.
Feb. 27-28 GCAC Championships TBA
March 13-14 NCAA Indoor Championships at Oklahoma City, OK TBA

1987 UNI Outdoor Schedule

March 16 @Memphis State Invitational TBA
March 20-21 @Paper Tiger Invitational at Baton Rouge, LA TBA
April 4 @Iowa TBA
April 11 @Drake Women’s Invitational 1 p.m.
April 17-18 @Kansas Relays TBA
April 24-25 @Drake Relays TBA
May 2 @Iowa State Invitational 11:30 a.m.
May 9 @Minnesota Invitational 12 Noon
May 14-16 @GCAC Championships at Charleston, IL TBA
June 3-6 NCAA Championships at Baton Rouge, LA TBA

Boldface denotes home meets

On the cover: 1987 co-captains and coaching staff. Front, left to right: Darsi Evans, Head Coach Lea Ann Shaddox, Denise Organ. Back, left to right: Kary Kleber, Natalie Sueppel, Assistant Coach Terri Soldan.
Head Coach Lea Ann Shaddox

UNI women’s track coach Lea Ann Shaddox is ready to start her second year at the helm of the Panthers.

Shaddox first came to UNI as a student after graduating from Cascade (IA) High School. After receiving a B.A. in Spanish with minors in English and physical education with a coaching endorsement, she went on to teach and coach at Marquette High School in West Point, IA.

In her seven years at Marquette, Shaddox coached several state cross country and track qualifiers. It was then that her interest in running became a passion.

“I became addicted to running and the girls started to take track very seriously,” she said, “I found myself trying hard to get through the school day just to coach.”

Shaddox then enrolled at the University of Iowa to complete her graduate work and to become a graduate assistant track coach. She finished her master’s in physical education with a coaching emphasis and then came to UNI.

Shaddox handles the middle distance and distance runners as well as coaching cross country in the fall.
Assistant Coach Terri Soldan

Terri Soldan brings a new look to the Panther track program. Soldan enters her first fulltime position after completing her master’s degree in physical education from the University of Iowa in August of 1986.

Soldan, a native of Richmond, MI, was all set to go to Michigan State before deciding on Iowa. While an undergraduate, Soldan competed in track, throwing the javelin, shot and discus in her years as a Hawkeye.

After completing her B.A., she became a graduate assistant at Iowa and that is where she met another graduate assistant, future Panther head coach Lea Ann Shaddox.

“As soon as I completed my graduate work I got a call from Lea Ann,” said Soldan, “I liked the idea of becoming a Division I assistant and I really liked the possibilities that the UNI track program holds.”

At UNI, Soldan is in charge of the sprinters, hurdlers, jumpers and throwers.

“My specialty is the throwing events, but I like working with the other events,” said Soldan.

1987 Panther Outlook

The Panthers this year will bring a young, untested team into the Gateway Collegiate Athletic Conference race. But, that does not mean there is not a lot of talent on the team.

Assistant coach Terri Soldan will be handling the sprinters this year and she thinks she has some good ones. Freshmen Dwanna Ingram and Laura Case will be the ones to watch over the course of the season. Ingram is one of the fastest runners UNI has had and with some work has a good shot at placing high in the conference. Case will not be far behind Ingram’s pace and could be a real surprise. Hurdler Nicole Adams also shows a lot of promise.

The real strength of the team this year lies in the middle distance and distance events. Junior Natalie Sueppel is coming off a year in which she set three individual records and three more as part of relay teams. Another one to watch will be senior Kary Kleber, who has a definite shot at all-conference honors.

The throwers, Lisa Tatman and Donna Wheeler, both have the skill to score at conference this year, all they need to do is refine their style and they both could set personal records.

Heptathlete Karen Smith is one of the best athletes on the team. In a time when heptathletes excel in only one portion of the competition, Smith can run and throw equally as well.

If you ask head coach Lea Ann Shaddox to describe the thing she is looking forward to the most, she’ll tell you the two mile relay indoors and the $4 \times 800$ outdoors. Sueppel will be joined by Denise Organ, Darsi Evans and Jan Jacobson in a relay that could prove to be a powerful combination. The sprint relays also should do well for the Panthers.
**Sprinters**

*Front row, left to right — Jill Woods, Dwanna Ingram, Laura Case. Back row — Michelle Sweeney, Lisa Holt, Nicole Adams.*

**Laura Case**

| **Hometown:** | Davenport, IA |
| **High School (Coach):** | Davenport Central High School (Randy Peters) |
| **Major:** | Business |
| **Born:** | January 30, 1968 |
| **Number of Letters:** | 0 |
| **Parents:** | Robert and Carol Chase |

Laura lettered three years at Central and set a school record in the 4 x 100m and 4 x 400m relays. Laura chose UNI because of the good reputation of the School of Business. Her hobbies include playing the piano. "Laura has a lot of strength and a very good base built up," says assistant coach Soldan.
**Dwanna Ingram**  
**Fr.**

<table>
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<tr>
<th>Hometown:</th>
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<tr>
<td>High School (Coach):</td>
<td>Rufus King High School (Beverly Holmes)</td>
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<tr>
<td>Major:</td>
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<tr>
<td>Born:</td>
<td>October 1, 1968</td>
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<td>Number of Letters:</td>
<td>0</td>
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<tr>
<td>Parent:</td>
<td>Gayle Peer</td>
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A conference champion in three events at Rufus King, Dwanna came to UNI because it was the best scholarship offer. Her hobby is singing. "Dwanna has loads of potential," says assistant coach Soldan. "She is one of the most powerful runners I've seen in a while. She will score big in meets this spring and is a future GCAC champion."

**Janelle Newhouse**  
**Fr.**

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<th>Hometown:</th>
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<tr>
<td>High School (Coach):</td>
<td>Huxley-Ballard High School (Norm Dale)</td>
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<td>Major:</td>
<td>Undecided</td>
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<td>Born:</td>
<td>April 3, 1968</td>
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<td>Number of Letters:</td>
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<td>Parents:</td>
<td>Paul and Lorna Newhouse</td>
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Janelle won three conference championships and three district championships at Huxley-Ballard. She also was a member of the National Honor Society and the Honor Roll. She chose UNI for its friendly atmosphere and its smaller size. Her hobbies are cross stitching and spending time with family and friends. "Her speed, along with her good aerobic background, could mean big things for us this year," says assistant coach Soldan.

**Michele Sweeney**  
**Fr.**

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<th>Hometown:</th>
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<tr>
<td>High School (Coach):</td>
<td>Osage High School (J. Neuwohner)</td>
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<td>Major:</td>
<td>Physical Therapy</td>
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<td>Born:</td>
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<td>Parents:</td>
<td>Gene and Dorthy Sweeney</td>
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A four-year conference champ, Michele earned a track scholarship to UNI. "She has the best start of anyone on the team," says assistant coach Soldan. "She will perform well for us in the 60yd dash and as a lead off leg in the sprint relays."
Hurdlers, Seated left to right — Brenda Bumgardner, Lisa Holt. Standing — Karen Smith, Nicole Adams, Denise Organ.

Nicole Adams

Hometown: Rockford, IL
High School (Coach): Rockford Auburn Senior High (William Cossey, Jr.)
Major: Psychology
Born: November 29, 1968
Number of Letters: 0
Parent: Jacqueline A. Charles

Nicole competed in the Illinois State Track Championships her junior and senior years of high school. She chose UNI because it has a lot to offer as far as pursuing her major and becoming a better athlete. Her hobbies include spending time with friends and running. "She is a freshman with a lot of potential," says assistant coach Soldan. "She has yet to prove herself against this level of competition. We will use her a lot in the hurdles and the short sprints."
Middle Distance/Distance

Middle Distance/Distance, Front row, left to right — Jan Jacobson, Darsi Evans, Janelle Newhouse, Denise Organ, Natalie Sueppel. Back row — Jackie Geiser, Barb Clark, Kary Kleber, Sara Sudmeier, Valerie Honohan.

Barb Clark

| Hometown:          | Marshalltown, IA       |
| High School (Coach): | Marshalltown High School (Eldon Oh) |
| Major:             | Office Information Systems |
| Born:              | August 20, 1966        |
| Number of Letters: | 2                      |
| Parents:           | Donnie and Zona Clark  |

A Big 8 Conference champion in high school, she went on to place sixth in the 800m run at state. Barb is part of the 4 × 800 record setting relay team. She chose UNI for its size and because it is close to her hometown. Her hobbies include running and basketball. “Barb came back to school in great shape but has developed some hip and knee problems,” says coach Shaddox. “She is a hard worker and will continue to run until she can’t finish. That is the mark of a good competitor.”

Darsi Evans

| Hometown:          | Iowa Falls, IA         |
| High School (Coach): | Iowa Falls High School (John Neuman) |
| Major:             | Physical Education     |
| Born:              | May 3, 1964            |
| Number of Letters: | 3                      |
| Parent:            | Carol Hawkins          |

Darsi placed second at the state meet in the 4 × 400m relay. She went on to place seventh in the GCAC outdoor meet in the 800m run. A holder of four school records, Darsi chose UNI to pursue a teaching and coaching career. Her hobbies include cooking, reading and running. "Darsi has a good base," says Shaddox, "and she has speed on top of that. She will run the half mile indoor and the 800m outdoor, along with the 4 × 800m relay."
Kimberly Gramenz

Hometown: Independence, IA
High School (Coach): Independence High School (Gene Ficker)
Major: Dietetics/French
Born: September 14, 1964
Number of Letters: 1
Parents: Ronald and Melva Gramenz

Kim was all-conference in track in high school, competing in three state meets. She chose UNI for its convenient-sized campus and the many extra-curricular opportunities. Kim likes to read, ride horses and be with friends in her spare time. “Kim went through double knee surgery last year and just started working out in late November,” Shaddox says. “Her status for this year is doubtful, but we are counting on her coming back in the future.”

Jan Jacobson

Hometown: Lacona, IA
High School (Coach): Southeast Warren High School (Jim Carr)
Major: Business
Born: August 15, 1968
Number of Letters: 1
Parents: Ramon and Marylin Jacobson

A very involved student at Southeast Warren, Jan found time to earn 14 letters, including four in track. In her first year at UNI, she placed 23rd in the GCAC Championships. She chose UNI for its perfect size and its great business program. Jan’s hobbies are water skiing, running, listening to the radio and reading. “Jan is a freshman that is not intimidated by the Division I competition,” says Shaddox. “She is learning from the upper-classmen and should run a strong 800m for us this spring.”

Kary Kleber

Hometown: Rochester, MN
High School (Coach): John Marshall High School (Al Gilman)
Major: Elementary Education
Born: June 17, 1965
Number of Letters: 7
Parents: Kelvin and Mary Ann Kleber

Kary competed in four sports in high school and was a member of the National Honor Society. She was the leading competitor for the Panthers during the cross country season last fall. She chose UNI because it has everything that a large university has, but it is smaller. Kary’s hobbies are fishing and water skiing. “Kary is actually better on the track than in cross country,” says Shaddox. “She runs a strong mile and two mile and she will put everything she has into a race. She is definite all-conference material.”
Denise Organ

Hometown: Iowa City, IA  
High School (Coach): City High ("Bud" Williams)  
Major: Biology  
Born: May 8, 1966  
Number of Letters: 3  
Parents: Jim and Connie Organ

Denise comes from a good track background. At City High, she placed at the state meet in the 400m hurdles and the 4 × 800m relay. A three-time Mississippi Valley Conference champ, she came to UNI and helped set the record in the 2 mile indoor relay. She chose UNI originally because she was planning on majoring in education. When not in school, Denise is a junior league softball coach and works as a volunteer in a hospital. Coach Shaddox speaks highly of Denise. "She was injured last year, but has come back strong. Denise was co-MVP for the cross country team and that gave her a great base for middle distance."

Natalie Sueppel

Hometown: Iowa City, IA  
High School (Coach): Regina High School (Sherri King)  
Major: Middle School Education  
Born: October 14, 1965  
Number of Letters: 4  
Parents: Paul and Judy Sueppel

A three-time competitor at the state meet, Natalie placed second in the 400m and was named to the All-State team in 1984. Last year, she set three individual and three relay school records for the Panthers. She chose UNI because she likes the size of the school and for its great education program. "As a co-MVP of the cross country team this past fall, we can't afford to have Natalie hurt," says coach Shaddox. "She is ahead of last year's pace and her time in the 600yd indoor run could place in the conference meet."

Throwers

Throwers, Seated left to right — Lisa Tatman, Donna Wheeler.
Lisa Tatman

Hometown: Belle Plaine, IA
High School (Coach): Belle Plaine High School (Don McKinney)
Major: English
Born: August 10, 1967
Number of Letters: 1
Parents: Keith and Loras Tatman

Lisa placed third in the shot put and fourth in the discus at the state meet. Last year, she missed placing in the GCAC Championships in the shot put by one-eighth of an inch. She chose UNI for its excellent teaching program and the opportunity to compete in Division I athletics. Her hobbies are cooking, listening to music and sewing. “Lisa should place in the conference meet,” says Soldan. “All she needs to do is refine her technique.”

Donna Wheeler

Hometown: Delhi, IA
High School (Coach): Maquoketa Valley High School (Pat Meehan)
Major: Physical Education
Born: August 8, 1967
Number of Letters: 1
Parents: Wallace and Mary Wheeler

Iowa state champion in the shot put her senior year of high school. While at Maquoketa Valley, she also set several school and conference records in the throwing events. Lisa placed in the shot put in last year’s GCAC outdoor meet. She chose UNI because she liked the size of it and the track program appealed to her. Her hobbies include all kinds of sports, but she especially likes outdoor sports. “Lisa is very disciplined,” says Soldan. “She really knows how to throw the shot well and her javelin is coming along.”

Heptathlon/Pentathlon

Karen Smith

Hometown: Naperville, IL
High School (Coach): Naperville Central High (George Cyr)
Major: Physical Education
Born: June 2, 1966
Number of Letters: 2
Parents: Joseph and Yvonne Smith

An all-conference performer in high school, Karen placed in the state meet three years in a row. She came to UNI and set the school record in the heptathlon and finished seventh in the conference in that event. She chose UNI for its all-around academic soundness. Karen’s hobbies are basketball, swimming and music. “She has all the physical tools to be a good heptathlete,” says Soldan, “but she needs experience to reach her full capabilities.”
Jumpers, Bottom row, left to right — Brenda Bumgardner, Karen Smith. Standing — Joan Franke.

Pentathletes/Heptathletes, left to right — Brenda Bumgardner, Karen Smith.
Captains, left to right — Kary Kleber, Darsi Evans, Denise Organ, Natalie Sueppel.

1987 Roster

<table>
<thead>
<tr>
<th>Name</th>
<th>Class</th>
<th>Hometown</th>
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<tr>
<td>Adams, Nicole</td>
<td>Fr.</td>
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<td>Bumgardner, Brenda</td>
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<td>Case, Laura</td>
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<td>Clark, Barb</td>
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<td>Evans, Darsi</td>
<td>Sr.</td>
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<td>Franke, Joan</td>
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<td>Geiser, Jackie</td>
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<td>Gramenz, Kim</td>
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<td>Ingram, Dwanna</td>
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<td>Smith, Karen</td>
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<td>Sweeney, Michelle</td>
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<td>Tatman, Lisa</td>
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<td>Wheeler, Donna</td>
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<td>Woods, Jill</td>
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1986 Results

Indoor
Northeast Missouri, Lincoln (MO), Central Panther Invitational
@Redbird Invitational
UNI Invitational
@GCAC Indoor Championships

Outdoor
@Western Illinois Invitational
@Drake Invitational
@Wisconsin-LaCrosse Invitational
@Augustana Invitational
@Viesha Invitational
@Minnesota Open
@GCAC Championships

Cross Country
@Midwest Collegiate Cross Country Meet
@Iowa State Women's Invitational
@Simpson Invitational
@Iowa State Memorial
@Minnesota Invitational
@GCAC Championships
@NCAA District V Championships

Tie 8th of 10 Teams
17th of 17 Teams
2nd of 8 Teams
No Team Scores
No Team Scores
No Team Scores
No Team Scores
5th of 5 Teams
7th of 13 Teams
3rd of 9 Teams
No Team Scores
No Team Scores
12th of 21 Teams
4th of 4 Teams
1st of 5 Teams
5th of 6 Teams
3rd of 5 Teams
7th of 10 Teams
8th of 9 Teams
### UNI Indoor Records

#### 50yd Hurdles
- Cathy Rardin: 07.18 (1982)
- Sue Buffington: 08.2 (1976)
- JoeAnn Jackson: 06.28 (1982)
- JoeAnn Jackson: 06.9 (1983)
- Karla Federspiel: 07.8 (1980)

#### 60yd Hurdles
- Sue Buffington: 36.57 (1982)

#### 55m Dash

#### 60m Dash
- Karla Federspiel: 07.1B (1982)

#### 60m Hurdles

#### 55m Hurdles
- Roxanne Meyer: 09.2 (1983)

#### 50yd Dash
- JoeAnn Jackson: 06.9 (1983)

#### 60yd Dash
- Karla Federspiel: 07.8 (1980)

#### 220yd Dash
- Karla Federspiel: 41.00 (1982)

#### 500m Dash
- Sue Buffington: 57.7 (1983)

#### 400m Dash
- Karla Federspiel: 59.1 (1983)

#### 600yd Dash
- J'ne Day: 1:27.9 (1982)

#### 600m Dash
- Carey Calvert: 2:18.9 (1983)

#### 880yd Run

#### 800m Run
- Natalie Sueppel: 2:18.9 (1983)

#### 1,000yd Run

#### 1,000m Run

#### Mile Run
- Kris Skov: 5:01.2 (1982)

#### 1,500m Run
- Kris Skov: 4:41.7 (1982)

#### Two Mile Run

#### 3,000m Run
- Sandy Elsberry: 10:14.7 (1983)

#### Three Mile Run
- Sandy Elsberry: 16:29.0 (1985)

#### 5,000m Run
- Sandy Elsberry: 17:37.8 (1983)

#### 4 x 110yd Relay

#### 4 x 160yd Relay

#### 4 x 220yd Relay
- J. Jackson, C. Ropa, C. Van Deest, K. Federspiel: 1:46.3 (1982)

#### 4 x 200m Relay

#### 4 x 440yd Relay

#### 4 x 400m Relay

#### 4 x 880yd Relay

#### 4 x 800m Relay
- D. Organ, B. Clark, D. Evans, N. Sueppel: 9:45.5 (1985)

#### Distance Medley Relay

#### Shot Put

#### Long Jump

#### High Jump

#### Triple Jump

#### Pentathlon
- Amy Usher: 2,901 pts. (1984)
### UNI Outdoor Records

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<th>Time</th>
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<td>100m Hurdles</td>
<td>Sue Buffington</td>
<td>14.6</td>
<td>1977</td>
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<td>100m Dash</td>
<td>Ann Bader, Michelle Dunagan</td>
<td>11.8</td>
<td>1976, 85</td>
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<td>220yd Dash</td>
<td>Tracy Wentzien</td>
<td>25.91</td>
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<td>400m Hurdles</td>
<td>Deb Schmeling</td>
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<td>400m Dash</td>
<td>Karla Federspiel</td>
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<td>880yd Run</td>
<td>Deb Schmeling</td>
<td>2:21.61</td>
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<td>800m Run</td>
<td>Darsi Evans</td>
<td>2:12.55</td>
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<td>Mile Run</td>
<td>Kris Skov</td>
<td>5:04.6</td>
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<td>J'ne Day</td>
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<td>Shirley Walker</td>
<td>11:09.47</td>
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<td>3000m Run</td>
<td>Sandy Elsberry</td>
<td>9:52.5</td>
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<tr>
<td>5000m Run</td>
<td>Sandy Elsberry</td>
<td>17:10.9</td>
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<td>Six Mile Run</td>
<td>Terri Leisinger</td>
<td>37:57.5</td>
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<td>10km Run</td>
<td>Suzie Scheer</td>
<td>36:05.8</td>
<td>1984</td>
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<td>440yd Relay</td>
<td>C. Howard, T. Wentzien, K. Kenney, K. Federspiel</td>
<td>50.32</td>
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<td>400m Relay</td>
<td>M. Jaycox, J. Jackson, C. Ropa, C. Rardin</td>
<td>48.06</td>
<td>1982</td>
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#### 880yd Medley Relay

- J. Jackson, C. Ropa, K. Federspiel, C. Rardin | 1:45.15 | 1982

#### 800m Medley Relay

- J. Jackson, C. Ropa, K. Federspiel, C. Rardin | 1:47.28 | 1982

#### Mile Relay

- C. Rardin, K. Federspiel, R. Roemig, J. Day | 3:54.30 | 1982

#### 2 Mile Relay


#### 3200m Relay

- D. Evans, J. Saunders, B. Clark, N. Sueppel | 9:18.9 | 1986

### Distance Medley

- K. Kleber, T. Hennessey, C. McGohan, S. Scheer | 12:45.31 | 1984

### Shot Put

- Maren Seehusen | 43-10¼ | 1984

### Discus

- Jennifer Van Etten | 139-2 | 1985

### Javelin

- Joan Sexton | 120-7 | 1981

### Long Jump

- Shelia Soehner | 18-6¼ | 1982

### High Jump

- Jeanette Brown | 5-7 | 1982

### Triple Jump

- Rhonda Butt | 37-3 | 1985

### Heptathlon

- Karen Smith | 4197 pts. | 1986

<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Distance</th>
</tr>
</thead>
<tbody>
<tr>
<td>Shot Put</td>
<td>Maren Seehusen</td>
<td>8.87*</td>
</tr>
<tr>
<td>Long Jump</td>
<td></td>
<td>4.56*</td>
</tr>
<tr>
<td>High Jump</td>
<td></td>
<td>1.63*</td>
</tr>
<tr>
<td>100m Hurdles</td>
<td></td>
<td>16.5</td>
</tr>
<tr>
<td>800m Run</td>
<td></td>
<td>2:31.04</td>
</tr>
<tr>
<td>200m Dash</td>
<td></td>
<td>26.7</td>
</tr>
<tr>
<td>Javelin</td>
<td></td>
<td>31.42*</td>
</tr>
</tbody>
</table>

*metric distances

### UNI Cross Country Records

<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Time</th>
<th>Year</th>
</tr>
</thead>
<tbody>
<tr>
<td>Three Mile</td>
<td>Sandy Elsberry</td>
<td>18:22</td>
<td>1982</td>
</tr>
<tr>
<td>Five Kilometer</td>
<td>Sandy Elsberry</td>
<td>17:21</td>
<td>1983</td>
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UNI-Dome Records

<table>
<thead>
<tr>
<th>Event</th>
<th>Name</th>
<th>Time</th>
<th>School</th>
<th>Year</th>
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</thead>
<tbody>
<tr>
<td>60yd Hurdles</td>
<td>Benita Fitzgerald</td>
<td>07:54</td>
<td>Tennessee</td>
<td>1982</td>
</tr>
<tr>
<td>60yd Dash</td>
<td>Merlene Ottey</td>
<td>06:61</td>
<td>Nebraska</td>
<td>1982</td>
</tr>
<tr>
<td>300yd Dash</td>
<td>Merlene Ottey</td>
<td>03:26</td>
<td>Nebraska</td>
<td>1982</td>
</tr>
<tr>
<td>440yd Dash</td>
<td>Lori McCauley</td>
<td>05:12</td>
<td>Rutgers</td>
<td>1982</td>
</tr>
<tr>
<td>600yd Dash</td>
<td>Delisa Walton</td>
<td>1:17</td>
<td>Tennessee</td>
<td>1982</td>
</tr>
<tr>
<td>880yd Run</td>
<td>Doraine McElvain</td>
<td>2:05</td>
<td>Cornell</td>
<td>1982</td>
</tr>
<tr>
<td>1,000yd Run</td>
<td>Joetta Clark</td>
<td>2:26</td>
<td>Tennessee</td>
<td>1982</td>
</tr>
<tr>
<td>Mile Run</td>
<td>Darlene Beckford</td>
<td>4:38</td>
<td>Harvard</td>
<td>1982</td>
</tr>
<tr>
<td>Two Mile Run</td>
<td>Bernadette Madigan</td>
<td>9:58</td>
<td>Kentucky</td>
<td>1982</td>
</tr>
<tr>
<td>Three Mile Run</td>
<td>Kellie Cathy</td>
<td>15:18</td>
<td>Oklahoma</td>
<td>1982</td>
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<tr>
<td>High Jump</td>
<td>Gale Charmane</td>
<td>6-1¼</td>
<td>Arizona</td>
<td>1982</td>
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<tr>
<td>Long Jump</td>
<td>Donna Thomas</td>
<td>20-8½</td>
<td>N. Texas</td>
<td>1982</td>
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<tr>
<td>Shot Put</td>
<td>Rosemarie Blauch</td>
<td>54-11½</td>
<td>Tennessee</td>
<td>1982</td>
</tr>
<tr>
<td>Pentathlon</td>
<td>Julie White</td>
<td>4268 pts.</td>
<td>Boston University</td>
<td>1982</td>
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<tr>
<td>Triple Jump</td>
<td>Lois Groen</td>
<td>38-7½</td>
<td>Iowa State</td>
<td>1984</td>
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<tr>
<td>880 Relay</td>
<td>Nebraska</td>
<td>1:37</td>
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<tr>
<td>Mile Relay</td>
<td>Texas</td>
<td>3:44</td>
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<td>Two Mile Relay</td>
<td>Florida State</td>
<td>8:47</td>
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<td>Distance Medley</td>
<td>Virginia</td>
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</table>

The Gateway Collegiate Athletic Conference

In 1982, the NCAA allowed 10 Midwestern schools to bind their athletic and academic interests and form the Gateway Collegiate Athletic Conference.

Northern Iowa, Drake, Bradley, Western Illinois, Indiana State, Wichita State, Illinois State, Eastern Illinois, Southern Illinois and Southwest Missouri State are the charter and current members of the conference.

On August 21, 1985, the conference decided to add football to the list of conference sports, making Commissioner Patty Viverito the first woman to head a conference that includes a men’s sport.

The conference headquarters are in St. Louis, MO. The GCAC sponsors championships in nine Division I women’s sports, including cross country, golf, volleyball, basketball, indoor and outdoor track, swimming and diving, tennis, softball and Division IAA football.
The University of Northern Iowa

The University of Northern Iowa was founded in 1876 as the Iowa State Normal School. From one building on a 40 acre campus, the University has blossomed into a campus that includes more than 40 major buildings, 675 faculty members and 11,500 students.

The University offers programs at the undergraduate, master's and doctoral levels. UNI is known for its excellent teacher education programs and the reputation of the UNI School of Business has increased since a major publication ranked it as one of the top business schools in the Midwest. The College of Humanities and Fine Arts, College of Natural Sciences and College of Social and Behavioral Sciences also provide excellent education.

Campus landmarks include the Campanile, the Education Center, Strayer-Wood Theater, Maucker University Union and the UNI-Dome. The main library houses over 600,000 volumes of reference material. The campus is highly accessible to the handicapped.

Northern Iowa is home to the magazine North American Review, a quarterly journal of literature that has received two National Magazine Awards in the fiction category. The two public radio stations on campus, KUNI and KHKE, have the largest listenerships in the United States. The Management Development Center and the Small Business Development Center are just two more ways that the University serves the community.

Northern Iowa competes in Division I-AA in football and Division I in all other men's and women's sports. In recent years, the football team has been ranked nationally and the women's softball team has won the AIAW Division II World Series.

Northern Iowa is a state assisted University along with the University of Iowa and Iowa State University. The University's more than 50,000 alumni throughout the world provide additional support through the UNI Foundation and various other alumni programs.
The UNI-Dome

The UNI-Dome is Northern Iowa’s unique athletic complex. The UNI-Dome contains facilities to hold a variety of events, such as concerts, exhibitions, trade shows, pageants, rallies and convocations, as well as football, basketball and softball games and wrestling and track meets.

The UNI-Dome seats approximately 16,400 spectators for football games and 9,200 for courtside activities. Under an artificial turf lies basketball and tennis courts and an eight lane, 220 yard oval track. Using moveable bleachers and chairs, the UNI-Dome can accommodate around 25,000 persons for stage activities.