

1984

1984 University of Northern Iowa Men's Track and Field

University of Northern Iowa

Let us know how access to this document benefits you

Copyright ©1984 Athletics, University of Northern Iowa

Follow this and additional works at: <https://scholarworks.uni.edu/amg>



Part of the [Higher Education Commons](#)

Recommended Citation

University of Northern Iowa, "1984 University of Northern Iowa Men's Track and Field" (1984). *Athletics Media Guides*. 122.

<https://scholarworks.uni.edu/amg/122>

This Book is brought to you for free and open access by the Athletics at UNI ScholarWorks. It has been accepted for inclusion in Athletics Media Guides by an authorized administrator of UNI ScholarWorks. For more information, please contact scholarworks@uni.edu.

Offensive Materials Statement: Materials located in UNI ScholarWorks come from a broad range of sources and time periods. Some of these materials may contain offensive stereotypes, ideas, visuals, or language.

1984

**University of Northern Iowa
Men's Track and Field**



1984 University of Northern Iowa Track and Field Roster

Russ Adams	Pole Vault	Sr.	Business Ed.	Pocohantas, IA
Kirk Anderson	Middle Distance	Sr.	Sociology	Mason City, IA
Solomon Anderson	Middle Distance	Sr.	Public Relations	South Bend, IN
Troy Becker	Pole Vault	Jr.	Industrial Arts	Waterloo, IA
Rod Been		So.	Business Mgt.	Belmond, IA
Tim Bohlmann	Middle Distance	Fr.	Business	Eldridge, IA
Carl Burrell	Distance	So.	P&E Technology	Mississauga, Ont.
Dave Butler		Fr.	Undecided	Waukon, IA
Doug Case	Short Sprints	Jr.	Graphic Design	Marshalltown, IA
Jay Connor	Hurdles	Sr.	Radio/TV	Nashua, IA
Mike DeBo	Long Sprints	Jr.	General Studies	Naples, FL
Robert Durham	Middle Distance	Fr.	Business Mgt.	Minneapolis, MN
Paul Egger	Middle Distance	Jr.	Home Economics	Muscatine, IA
Craig Faber		So.	Landscaping	Des Moines, IA
Dan Fick	Long Distance	Jr.	Biology	Muscatine, IA
Joe Fuller	Short Sprints	So.	Elem. Education	Minneapolis, MN
Bruce Garner		Fr.	Undecided	Wheaton, IL
Steve Gearhart	Middle Distance	So.	Public Relations	Waukon, IA
Brian Glassmaker	Middle Distance	Sr.	Physical Education	Byron, MN
Brooks Glasnap	Long Sprints	Fr.	Undecided	Roland, IA
Todd Goodell	Distance	So.	Social Sciences	Oelwein, IA
Matt Haven	Weights	Sr.	Industrial Arts	Independence, IA
Ken Jarrett	Middle Distance	Sr.	Physical Education	Maquoketa, IA
James Kindig	Long Jump	Sr.	Physical Education	Marion, IA
Chuck Klose		Fr.	Business	Aurora, IL
Gary Lamparek	Weights	So.	Education	Cedar Rapids, IA
Craig Lampright	Middle Distance	Jr.	Marketing	Algona, IA
Robert Lathrop	Hurdles	Fr.	Computer Systems	Aurora, IL
Chris Leonard	Long Distance	Sr.	Art	Ankeny, IA
Tim Long		Fr.	Undecided	Mason City, IA
Burton Marlowe	Long Distance	Sr.	Mathematics	Clinton, IA
Greg Mason		Fr.	Pre-Med	Cedar Falls, IA
Mike McGrath		So.	Graphic Arts	West Des Moines, IA
Jeff Melchert		So.	Construction Mgt.	Dubuque, IA
Steve Muntz	Middle Distance	Grad	Communications	Dubuque, IA
Greg Petersen	Long Sprints	So.	Biology	Urbandale, IA
John Place	Pole Vault	Fr.	Undecided	Rochelle, IL
Mike Reed		Fr.	Business Admin.	Fort Dodge, IA
Don Samuel	Short Sprints	Jr.	Political Sci.	Maywood, IL
Mike Schmitz		Fr.	Business	Ankeny, IA
Wayne Simon	Long Jump	Fr.	Industrial Ed.	Maywood, IL
Greg Skopec	Long Distance	Sr.	Biology	Cedar Rapids, IA
Paul Skopec	Long Distance	So.	Biology	Cedar Rapids, IA
Scott Sloan	Javelin	So.	Industrial Arts	Altoona, IA
David Swanson	Long Distance	So.	Chemistry	Glenwood, IA
Kelly Tagtow	Weights	Fr.	Computer Science	Fairbanks, IA
Jim Thompson	Short Sprints	Sr.	Geology	Ames, IA
Steve Weaver	High Jump	So.	Business Mgt.	Moline, IL
Jon Weih	Middle Distance	So.	Radio/TV	Tipton, IA
Eric White	Hurdles	Fr.	Business Mgt.	Burlington, IA
Rod Wiese	Jumps	So.	Computer Science	Traer, IA
John Wisman	Long Sprints	Sr.	Geology	Mason City, IA
Bret Younger	Hurdles	Sr.	Community Rec.	Atlantic, IA

Table of Contents

Roster	Inside Front Cover
Table of Contents	1
Athletic Administration	1
Quick Facts	1
Credits	1
1984 Prospectus	2
Coaches	3
Weights	4
Short Sprinters	4
Long Sprinters	5
Middle Distances	6
Long Distance	7
Jumpers & Hurdles	8
Vaulters	9
Cross Country Results	10
Indoor Track Results	11
Outdoor Track Results	12
Panther All-Americans	12
Indoor Top Performances	13
Outdoor Top Performances	14
Records	15
UNI-Dome & UNI-Dome Records	16
Running Mates	16
Team Picture	Inside Back Cover
Schedule	Outside Back Cover

UNI Athletic Administration

Athletic Director: Bob Bowlsby	(319) 273-2470
Associate Athletic Director: John "Jersey" Jermier	273-3097
Associate Athletic Director: Sandra Williamson	273-6033
Assistant Athletic Director: Chuck Patten	273-6488
Business Manager: Ann Hill	273-2475
Sports Information Director: Nancy Justis	273-6354
Sports Medicine	
Head Trainer: C. David Burton	273-6369
Asst. Trainer: Terry Noonan	273-6476
Asst. Trainer: Brenda Sneed	273-6369
For information on the Panther Track Squad, contact the UNI Sports Information Office (319) 273-3642	

Credits

Editor:	Jim Husbands
Production:	Beth Conrad LaVelle, Debbie Blake Lenius
Composition:	Phototype America
Printing:	Wenthe Printing Co.
Photography:	Bill Witt

Quick Facts

Location: Cedar Falls, IA 50614
Founded: 1876
Enrollment: 12,725
Nickname: Panthers
Colors: Purple and Old Gold
Facility: (Indoors) UNI-Dome, 16,400
 (Outdoors) Cedar Falls High School and O.R. Lathum Field
National Affiliation: NCAA Division I
Conference: Association of Mid-Continent Universities
President: Dr. Constantine Curris

University of Northern Iowa

The University of Northern Iowa, located in Cedar Falls, was founded in 1876 as the Iowa State Normal School. From a single building on a 40-acre campus, the University has grown to include more than 40 major buildings, a 723-acre campus, 675 faculty members and 11,200 students.

Northern Iowa emphasizes outstanding undergraduate education, with complementary graduate programs at the master's, specialist's and doctoral levels. Building on its traditional strength in teacher education, Northern Iowa has developed other excellent programs in its School of Business, College of Humanities and Fine Arts, College of Natural Sciences and College of Social and Behavioral Sciences.

Campus landmarks include the Campanile, the Education Center, Strayer-Wood Theatre, Maucker University Union and the UNI-Dome. Special academic resources include the 500,000-volume University Library, the Industrial Technology Center and the Communications Arts Center. The campus, classrooms and residence halls are highly handicapped-accessible.

Northern Iowa is the home of *The North American Review*, a quarterly journal of literature that has received two National Magazine Awards in the fiction category. The University also operates KUNI-FM and KHKE-FM, whose 4,000-member "Friends" organization makes them two of the most popular public radio stations in the United States.

Northern Iowa competes in men's and women's athletics at the NCAA Division I level. In addition to a traditionally strong wrestling program, the University is competitive in football (Mid-Continent Conference, Division IAA) and men's basketball (Association of Mid-Continent Universities). In women's athletics the softball team has been especially successful, winning the AIAW Division II College World Series twice in recent years.

Northern Iowa is a state-assisted university, part of the Iowa Regents system that also includes the University of Iowa and Iowa State University. The University's more than 40,000 alumni in the United States and other countries lend additional support through the UNI Foundation and other alumni programs.

Panthers Aim for Fourth Conference Title

Head Coach Lynn King is optimistic about the prospects of his 1984 team. "Historically, we have been a very well balanced team with our field events being our strength. This year, we have that same balance but our strength has shifted events. In the past, we have been strong in the shot, the long jump and the triple jump, but due to graduation, we lost some key people in those events. This year, we will be deep in the sprints, the middle distance events, the pole vault, the javelin and the discus. We also have a few very high quality people in distance events and high jump.

"This year's team will have a lot of seniors on it who have the ability to qualify for the National Meet. This is our big goal, to qualify as many of these people as we can. It is their last go-around and I know they all want to do well."

Among the top returnees are Doug Case and Don Samuel in the short sprints, Mike DeBo and John Wisman in the long sprints, middle distance runners Sol Anderson, Kirk Anderson, Steve Muntz, Brian Glassmaker and Paul Egger. In the distance events, King will be counting on Dan Fick, Chris Leonard and Carl Burrell. Jay Connor leads the hurdle corps.

In the field, the pole vault will be the Panther's strongest event. Russ Adams, the school record holder at 16-8½ returns for his senior year. Troy Becker, who won the outdoor title at the Big Four Meet last year, has shown great improvement going from 14 feet in high school to 16 feet as a college sophomore. According to King, "... his potential is unlimited."

The high jump will be handled by Steve Weaver, UNI's first seven foot jumper. The long and triple jumps are questionable areas. The graduation of Jason Woodford has left the horizontal jumps weak in proven experience.

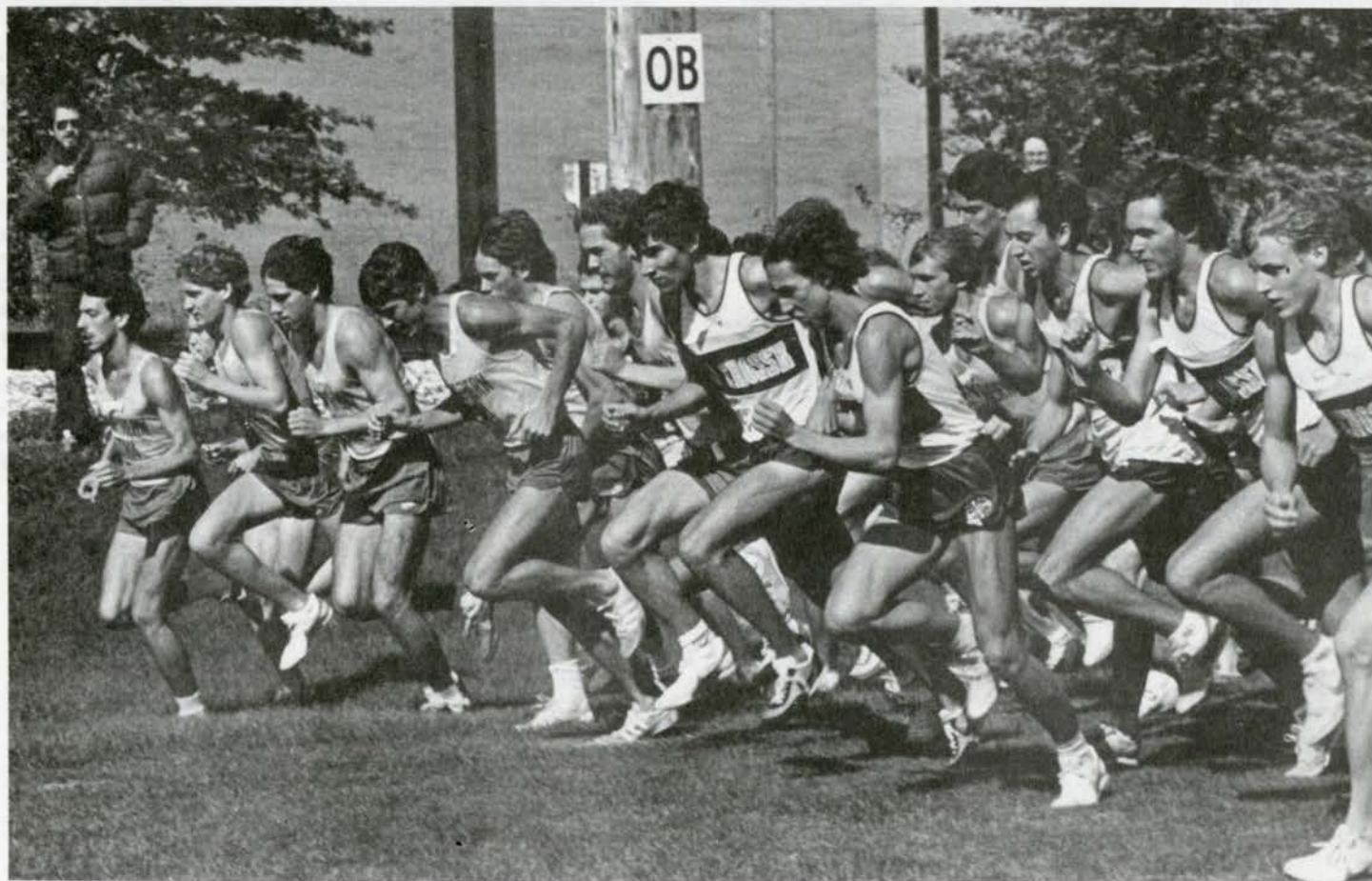
In the weights, the shot will not be as strong while the discus and javelin will be the strongest ever. Arnie Doden's graduation has created the same problems in the shot as Woodford's departure caused in the long jump. Matt Haven, with a personal best of 177 feet, will head the discus corps. Scott Sloan, a pole vaulter and only in his second year in the event, has shown tremendous improvement over the summer in the javelin, increasing his distance almost thirty feet to just under 200 feet.

In addition to the returnees, King has added several blue chip athletes to the roster and they are being counted on to help the Panthers defend their conference track crown.

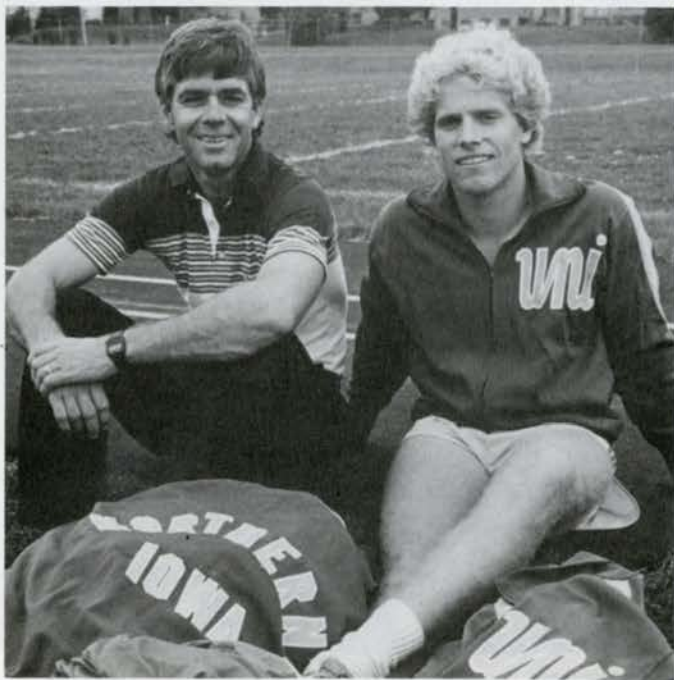
Joe Fuller will trade his football cleats for track shoes this spring and should add to an already strong sprint group. Tim Bohlmann and Brooks Glasnap were Iowa's best high school quarter milers last year and both are expected to break the 48 second barrier. Two outstanding high school hurdlers should push Connor for the top spot in that event. Eric White, Iowa's top hurdler and Rob Lathrop from Illinois, have both shown great promise in early workouts. The already strong pole vault contingent was made stronger when John Place joined the Panthers from Roselle High in Illinois. Place will also compete in the decathlon.

Kelly Tagtow has a personal best of 175 feet, throwing the ¾ pound high school discus. He is being counted on to provide a strong one-two punch in that event.

"We had a good recruiting year," commented King, "but we were not able to fill some of the holes left by graduation. The big question I have is, will our strong events be enough to fill in the holes and give us the points we need to win. I guess I'll start learning the answer to that question at the Big Four."



UNI Panther Coaching Staff



UNI Head Coach Lynn King and Assistant Coach Chris Bucknam

Head Coach Lynn King

Head Coach Lynn King is beginning his ninth campaign as the University of Northern Iowa track and field boss with hopes that his 1984 squad will follow in the footsteps of last year's team that captured the Mid-Continent Conference title. King earned Coach-of-the-Year honors after his squad's runaway win in the '83 meet, and also was tabbed for the same award after his 1983 cross country squad put together an impressive victory at the Association of Mid-Continent Universities meet last fall.

When King took over the post in 1976, he became the third man to ever hold the position. He has continued to develop the tradition of great track and field teams at Northern Iowa and is hoping that the back-to-back victories in track and cross country are just the beginning to many years of success in the newly developed Association of Mid-Continent Universities. Under his guidance, the Panthers have also developed an outstanding indoor program in the spacious UNI-Dome, which serves as the site for nearly all of UNI's indoor schedule.

Prior to King's tenure at Northern Iowa, he served as head coach at Rochester Community College (Rochester, MN) and produced one All-American during his four-year stint.

In his first year at the UNI track helm, King's squad took the championship trophy home from the 1977 Iowa Intercollegiate Big Four meet (UNI, Iowa, Iowa State and Drake) for the first time in school history, finished second in the North Central Conference indoor and outdoor meets and crowned five All-Americans en route to a 10-place finish at nationals.

The 1978 Panthers won both the NCC track and cross country titles, established 22 new school records, and produced seven All-Americans including one national champion in the discus. They finished ninth at the NCAA Division II meet after qualifying 19 performers for the competition.

His 1979 squad improved the '78 performance with a fifth-place spot at the Division II outdoor championships and a fourth-place effort at the national cross country championships. That squad catapulted the Panthers into the national limelight with the distance medley and 4 x 800-meter relays placing high in four of six prestigious relay meets. 1979 also marked the last time prior to 1982 that UNI took home a conference track title when the Panthers captured the first Mid-Continent Conference meet. The six All-Americans crowned in the '79 season accounted for one-fourth of the 24 which King has directed in his 10 years of coaching.

A native of Cedar Falls, IA, King graduated from UNI in 1969 with a B.A. in physical education and received his M.A. in physical education in 1971 from UNI. He was a four-year starter on the Northern Iowa football team as a defensive back and was an all-around performer for Coach Jack Jennet in track and field.

Lynn and his wife Jan have two children, Jason, 12 and Kelly, 10.

Assistant Coach Chris Bucknam

Chris Bucknam is beginning his fifth season as the Northern Iowa sprint coach and holds the distinction as UNI's first full-time assistant track and field coach. Bucknam assists King with practice and meet preparation while directing the sprint-hurdle corps — an area which has shown significant improvement in recent years. Under his guidance the Panthers have established new school marks in the 60-yard dash, 300-yard dash, 60-yard high hurdles, 70-yard high hurdles, 440 relay and shuttle hurdle relay.

Head Coach Lynn King touted him as "one of the outstanding young sprint coaches in the midwest" and added "he has done an outstanding job as our sprint and hurdle coach."

In addition to his coaching duties, Bucknam also is an instructor in the Northern Iowa physical education department and is the faculty advisor to the "I-Club" for UNI letterwinners from all men's and women's sports.

A native of Beverly, MA, he attended Norwich University in Northfield, VT, where he was a four-time letterwinner on the track team, specializing in the middle and long-distance events. "Bucky" was elected co-captain of the squad his senior year and graduated from Norwich in 1978 with a B.A. in physical education, while earning his M.A. in 1982 from Northern Iowa in physical education.

Bucknam and his wife Cindy have been married for two years and reside in Cedar Falls.

Weight Men



1st row: Craig Faber, Jeff Melchert; 2nd row: Matt Haven, Kelly Tagtow, Gary Lamparek

Matt Haven . . . 6-6 . . . 255 . . . Senior
Independence, IA (Jefferson H.S.) H.S. Coach: Lyle Leinbaugh
Parents: Burnell & Pat Haven

Haven did another good job in 1983. But like many of the other athletes, the weather during the spring took its toll. "Matt really only had three or four good throwing opportunities in 1983. He is big, strong and fast, his technique is basically strong and 1984 should be his year. Matt has been well over 180-0 in practice and that confidence should help him in 1984. He will also see some duty as a shotputter." Major: Industrial Arts Education.

Career Best: Discus 177-6

Gary Lamparek . . . 6-3 . . . 250 . . . Sophomore
Cedar Rapids, IA (Prairie H.S.) H.S. Coach: Bob Hawkins
Parents: Leo & Leota Lamparek

Lamparek did a fine job in 1983. After a fine high school career, he came to UNI at mid-year and earned a spot on the varsity team. He made progress but has been inconsistent. In 1984, he is "The Man" in UNI shotputting. With the graduation of Arnie Doden, the latest in UNI's long list of outstanding throwers, now it is up to Lamparek. "Gary has had good early season workouts, he is getting stronger and his technique has improved. He will be ready when the season starts." Major: Spanish.

Career Best: SP 49-5½ Discus 140-0 Hammer 102-0

Kelly Tagtow . . . 6-2 . . . 195 . . . Freshman
Fairbanks, IA (Wapsie Valley H.S.) H.S. Coach: Leonard Griffith
Parents: Lawrence & Donna Tagtow

Tagtow came in with a great attitude and has done a good job in the weight room. He is blessed with a really "quick" arm and that will show when his technique improves. He came to UNI after a fine high school career that included a state championship in 1983 in the discus. "We are excited about Kelly's future," says King. "He has all the tools to be a great collegiate thrower. He is a very coachable young man and a very hard worker." Major: Computer Science.

Career Best: Discus 175-7 Shot 54-0

Short Sprinters



1st row: Dave Butler, Doug Case; 2nd row: Greg Mason, Tom Stroh, Joe Fuller; 3rd row: Mike McGrath, Jim Thompson; 4th row: Don Samuel

Doug Case . . . 6-0 . . . 160 . . . Junior
Marshalltown, IA (Marshalltown H.S.) H.S. Coach: George Haws
Parents: Larry & Edith Case

Case had another good year in 1983. He added another school record to his list of achievements when he tied the 60 yard dash record of 6.2. A personable young man, he is one guy who will keep the team loose and ready to go. He is the main weapon in UNI's short sprint corps. He ran on the conference championship 400M relay team, earning All-Conference honors. "Doug has looked impressive in the early drills, he must continue to work on his consistency for the 1984 season." Case could be the leader in a fine UNI sprint group.

Career Best: 60Y-6.2; 100M-10.67; 200M-22.0; 400M-49.9

Don Samuel . . . 6-0 . . . 165 . . . Junior
Maywood, IL (Walther Lutheran H.S.) H.S. Coach: Stan Reddel
Parents: Jefferson & Shirley Samuel

Samuel tied the school record mark in the 60 yard dash as a freshman and also ran on the 1982 440-yard relay foursome which established a new indoor best. His indoor performance of 31.64 in the 300-yard dash rates as the third best ever at UNI. Outdoors, his best of 11.03 in the 100 meters is the 10th fastest effort and his 21.8 time at 200 meters ties for fourth on the list. Samuel enjoyed outstanding indoor seasons, but had trouble adjusting to the outdoor campaign. King feels "he is much stronger this season and should contend for several school marks before he graduates." Samuel was involved in a host of prep activities including Who's Who Among American High School Students and earned All-Conference, All-State and All-American honors in track. Major: Pre-Med.

Career Best: 60Y-6.44; 300Y-31.64; 100M-11.03; 200M-21.8; 400M-48.7

Joe Fuller . . . 5-10 . . . 170 . . . Sophomore
Minneapolis, MN (Central H.S.) H.S. Coach: L. Carter
Parents: Don & Barb Fuller

This will mark Fuller's first appearance in a UNI running uniform. An All Conference defensive back on the Panther football team, Joe is making 1984 his initial track season. He had a great high school career, capped by a senior season in which he ran undefeated the entire campaign. "We are very pleased to have Joe with us," says King. "He was a great high school runner and can contribute to our success immediately. He has a good attitude and has looked outstanding in the early going." Major: Recreation.

Career Best: 100Y-9.5

Long Sprinters



1st row: Jim Long, Don Samuel, Rod Been, Mike DeBo; 2nd row: Greg Peterson, Tim Bohlmann, Sol Anderson, John Wisman, Brooks Glasnap

Mike DeBo . . . 5-10 . . . 155 . . . Junior

Des Moines, IA (W.D.M. Dowling H.S.) H.S. Coach: Jim Blasingame
Parents: Ron & Joanne DeBo

DeBo's sophomore season was one of highs and lows. After a freshman year which saw him establish new freshmen marks of 1:12.58 in the 600 yard dash and 47.8 in the 400 meters, he instantly became one of the finest long sprinters in UNI history. He was hampered by nuisance injuries much of the year. Now after a great fall training, King feels DeBo is back and ready. "Mike is a great talent. He probably will be most effective in the 800 meters eventually. Right now, we need him in many areas, he will see plenty of action." Major: General Studies

Career Best: 440Y-49.9; 600Y-1:12.58 (Freshman Record); 400M-47.8 (Freshman Record); 800M-1:56.0

John Wisman . . . 6-4 . . . 185 . . . Senior

Mason City, IA (Mason City H.S.) H.S. Coach: Dave Long
Parents: Theodore & Lynne Wisman

After a fine sophomore year in 1982, Wisman was also up and down in 1983. He owns the school record in the 300 yard dash at 31.47. The highlight of his 1983 season was his performance at the AMCU Conference Championships where he won the 400 meters in 48.63 and ran on the winning mile relay team. "John is a big, strong runner. The kind of guy that can overpower you. We are really looking forward to 1984 with him in good form. The 1984 mile relay unit could be strong and Wisman will be counted upon to help lead that unit." Major: Pre-Med

Career Best: 300Y-31.47 (School Record); 440Y-50.40; 400M-48.63

Tim Bohlmann . . . 6-1 . . . 170 . . . Freshman

Eldridge, IA (North Scott H.S.) H.S. Coach: Delmar Ryan
Parents: Gordon & Arlene Bohlmann

Bohlmann comes to UNI with outstanding high school credentials. He has run 21.6 and 48.6 respectively in the 200 and 400 meters. Noted for his competitiveness, he was a consistent winner in high school. "Tim has a great attitude," says King. "The freshman year is always tough, but he knows his capabilities. We will count on him heavily this year." Major: Business

Career Best: 200M-21.6; 400M-48.6

Brooks Glasnap . . . 6-0 . . . 165 . . . Freshman

Roland, IA (Roland-Story H.S.)
Parents: Gale & Judy Glasnap

Glasnap gives UNI a great freshman 1-2 punch. He has similar credentials to Bohlmann, 21.8 and 48.6 in the 200 and 400 meters. He also is known for his competitive nature. "One of the things that really drew us to Brooks was his ability to do what had to be done to win." One of the best 400 meter runners to be recruited into UNI's program, Brooks will undoubtedly find his spot on the team in 1984. Major: Undecided

Career Best: 200M-21.8; 400M-48.6

Middle Distance Runners



1st row: Dan Gibart, Steve Gearhart, Robert Durham, Dan Couger, Mike Schmitz, Craig Lampright;
2nd row: Mike Reed, Ken Jarrett, Brian Glassmaker, Kirk Anderson, Steve Muntz, Jon Weih

Kirk Anderson . . . 6-1 . . . 160 . . . Senior
Mason City, IA (Mason City H.S.) H.S. Coach: Dave Long
Parents: Mr. & Mrs. A.J. Anderson

Kirk came a long way in 1983. For one reason or another, he has seen limited action in his first couple seasons at UNI. Although he ran well, he did not reach his full potential until last season. Even in a year with bad weather, he ran some great races. The best one being his 1:49.7, 800 meters at the conference championship meet. "That time is where he should be consistently," says King. "Andy has fantastic potential. He also listed times of 1:50.9 and a 1:52.1 in the rain and cold to win the Iowa Intercollegiate title at Drake. 1984 is Kirk's last, let's hope it is his best." Major: Sociology
Career Best: 440Y-49.2; 800M-1:49.7; 1500M-3:52.26

Solomon Anderson . . . 6-2 . . . 165 . . . Senior
South Bend, IN (John Adams H.S.) H.S. Coach: Doug Snyder
Mr. & Mrs. Winard Anderson

Sol has been a steady performer for the Panthers. He can make a significant contribution in 1984 in both the 400 and 800 meters. "Solomon has a great range and could be effective in many areas." Improvement in 1984 is his goal. His personal bests of 1:51:50 in the 800 meter and 1:12:94 in the 600 yards are indications of what he can do. Currently, he ranks in the UNI all-time Top 10 of each of these events.
Career Best: 440Y-50.55; 600Y-1:12.94; 800M-1:51.50

Brian Glassmaker . . . 6-0 . . . 155 . . . Senior
Byron, MN (Byron H.S.) H.S. Coach: Mike Cabaya
Parents: William & Una Glassmaker

Glassmaker's 1983 cross country season is just an indication of what he is capable of. In that season, Brian made the Top 5 and helped UNI to their AMCU-8 title. "Brian's confident now that he can run those fast mile times. He is a different runner now." His talent was never a question as he has run 3:50.9 (1500M) and 1:52.2 (800M). The only question was exactly how good could he become. The early track drills indicated that he can become one of the best in UNI track and field history. Major: Physical Education
Career Best: 400M-51.6; 1000Y-2:16.0; 1500M-3:50.9; 800M-1:52.2

Ken Jarrett . . . 6-3 . . . 160 . . . Senior
Maquoketa, IA (Maquoketa H.S.) H.S. Coach: Clark Weaver
Parent: Joy Jarrett

Jarrett owns a Panther freshman record in the 1000 yard run at 2:14.8 and has the talent to improve on that. He has been inconsistent in his meet performances and needs to improve there. He has had some fine early season workouts and could be a factor in 1984. Major: Physical Education
Career Best: 1000Y-2:14.52

Paul Egger . . . 6-2 . . . 160 . . . Junior
Muscatine, IA (Muscatine H.S.) H.S. Coach: Dave Mathews
Parents: Carl & Bonnie Egger

Egger could be an important factor in the outcome of the 1984 season. He has the potential to become one of the finest middle distance runners ever at UNI. In that vein, 1984 is his key year. "Paul has shown signs of greatness at times and with consistency will develop into a fine half-miler." He won eight letters in four sports at Muscatine and anchored a state championship two-mile relay team his senior year. Major: Home Economics
Career Best: 800M-1:55.3

Steve Gearhart . . . 5-9 . . . 135 . . . Sophomore
Waukon, IA (Waukon H.S.) H.S. Coach: Randy Erion
Parents: Dick & Ann Gearhart

Gearhart had a great freshman year in 1982-83. He was one of the top five runners on the cross country team and helped them to the AMCU title. He knocked nine seconds off his mile best with a 4:16 indoors. Then, he came back outdoors to run a fine leg on a school recordsetting four-mile relay team. He also broke the freshman record for the steeplechase at 9:17.9. His 1983 cross country season proved highly successful as he ran #3 man on the AMCU championship team. "Steve has had a great year-and-a-half with us. He has one of the best attitudes on the team and is definitely one of our leaders of the future." Major: Public Relations
Career Best: 800M-1:56.4 1500M-4:16.1 3000M Steeplechase-9:17.9

Steve Muntz . . . 6-2 . . . 170 . . . Senior
Dubuque, IA (Hempstead H.S.) H.S. Coach: Norm Anderson
Parents: Richard & Delores Muntz

A one time walk on, Muntz is now a senior and a top performer for the Panthers. "Steve is definitely one of our keys to a great season in 1984. He has spectacular talent and is a great competitor. If we are to do well in the big relay meet, Steve must be there." A 1982 Big Four Champ in the 800 meters at 1:52.2, Muntz ran a fine 1:51.9 in the AMCU Conference championship. Leadership in the middle distance corps is a must and Steve can help fill that role. Major: Communications
Career Best: 800M-1:51.9; 1000M-2:17.64

Robert Durham . . . 5-10 . . . 155 . . . Freshman
Minneapolis, MN (Washburn H.S.) H.S. Coach: Gene Lowman

Durham comes to UNI with good credentials. As one of the top middle distance runners in Minnesota in 1983, he made UNI's Top 7 in cross country and helped them to their AMCU title. "Rob has the competitiveness to be a factor at UNI. Coming off knee surgery last summer, he has done a good job so far."
Career Best: 800M-1:57.0; 1600M-4:19.1; 3200M-9:22

Distance Runners



1st row: Greg Skopec, Carl Burrell, Todd Goodell; 2nd row: Chuck Klose, Dan Fick, Paul Skopec, Dave Swanson, Chris Leonard

Carl Burrell . . . 5-6 . . . 128 . . . Sophomore

Mississauga, Ontario (T.L. Kennedy H.S.) H.S. Coach: Sean Hollman
Parents: Milford & Olga Burrell

After a hot and cold freshman year, which was highlighted by an indoor freshman record in the 1500 meters (3:52.2), Burrell was red-shirted his sophomore cross country season. "Carl has fantastic potential and needs only to direct all his efforts to become a national class runner. He should be a factor in 1984." Major: P. & E. Technology

Career Best: 1500M-3:52.2; 5000M-14:49.9; 10,000M-30:16.4

Dan Fick . . . 5-8 . . . 135 . . . Sophomore

Muscatine, IA (Muscatine H.S.) H.S. Coach: Dave Mathews
Parents: Donald & Barbara Fick

Fick has begun to show the talent we thought he had. Dan had a great 1983 track season and followed it with a great 1983 cross country season. In track, he ran under 9:00 in the two mile on three different occasions. His 8:58 ranks third on the all-time list. He also dropped 9 seconds off his best mile time. In cross country, he challenged Chris Leonard for the #1 spot on the team and led UNI to their second consecutive AMCU title, running a personal best 30:27 for 10,000 meters. "The 1984 track season is important for Dan. He has high goals and the ability to meet them." Fick carries a 3.8 GPA in Pre-Med. Major: Pre-Med

Career Best: Mile-4:15; 2 Mile-8:58.5; 10,000M-30:27

Todd Goodell . . . 5-9 . . . 140 . . . Sophomore

Oelwein, IA (Oelwein H.S.) H.S. Coach: Ken Robinson
Parents: Ron & Sally Goodell

Goodell was much improved during the 1983 cross country season. He made the Top 7 and contributed the entire year. "Todd really came on during the cross country season. What a difference a year makes." He could be a factor during the outdoor season, if he can lower his times. Major: Education.

Chris Leonard . . . 5-10 . . . 140 . . . Senior

Ankeny, IA (Ankeny H.S.) H.S. Coach: Scott Osborn
Parent: Shirley Leonard

One of the top distance runners ever at UNI, Leonard has been a mainstay in the UNI distance corps every year he has been competing. His distance personal bests rank him in the all-time top five. In 1983, he improved his two mile best to 9:05.2 and in the fall was a part of the 1-2 punch with Dan Fick which led to another AMCU Cross Country title. "Chris has as much talent as any distance runner we have ever had. He is hardworking and dedicated to his running. 1984 will hopefully be his year to break some more UNI school records." Leonard owns the indoor three mile (14:02) and 5000 meter (14:29.69) records.

Career Best: Mile-4:16.9; 2 Mile-9:05.2; 5000M-14:29.69;
10,000M-30:16.31

Greg Skopec . . . 5-8 . . . 130 . . . Senior

Cedar Rapids, IA (Kennedy H.S.) H.S. Coach: Al Stiers
Parents: Dr. Francis & Pat Skopec

Skopec had his best cross country season ever in 1983, finding a consistent competitive groove he had lacked in years past. Skopec made a solid contribution in the fall of 1983. He ran #3-#4 man in each meet and was an important factor on the team all year. "I'm proud of the way Greg performed last fall," said King. "I think it will make a big difference in his 1984 track performance." Major: Biology

Career Best: Mile-4:27; 2 Mile-9:23; Marathon-2:28:15

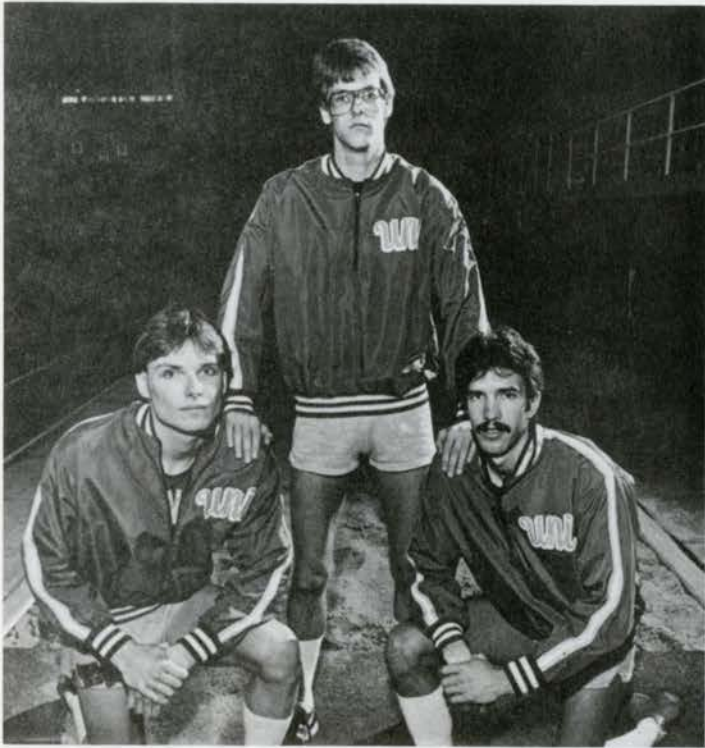
Burton Marlowe . . . 5-11 . . . 148 . . . Senior

Clinton, IA (Clinton H.S.) H.S. Coach: Bill Holsclaw
Parents: David & Jane Marlowe

Marlowe has shown vast improvement over the last two seasons due to hard work and dedication. With the same kind of improvement this season, he could be a good contributor to the teams' success. He needs to develop more consistent times. Major: Mathematics

Career Best: Mile-4:25; 2 Mile-9:52.4

Jumpers



Jim Kindig, Rod Weise, Steve Weaver

Steve Weaver . . . 5-10 . . . 130 . . . Sophomore
Moline, IL (Moline H.S.) H.S. Coach: Gene Shipley
Parents: Richard & Dorothy Weaver

Weaver is coming off a fine freshman year which included new school records indoors (7-0) and outdoors (6-11¼). "Steve became UNI's first seven foot jumper and proved his consistency indoors. The weather really hurt him outdoors and he was not able to do some of the things we would have liked." King's goal for Weaver in 1984 is to establish new school records and qualify for the nationals. Steve broke a toe this fall and is now beginning his training for the spring season. Major: Business Management.

Career Best: HJ 7-0 Indoor School Record; 6-11¼ Outdoor School Record

Rod Wiese . . . 6-2 . . . 145 . . . Sophomore
Traer, IA (North Tama H.S.) H.S. Coach: Tom McDermott
Parents: Daryl & Joyce Wiese

Wiese had a difficult freshman year. Jumping in the shadow of Weaver, he worked hard to improve the areas of his technique which were limiting him. King had indicated that the natural "spring" is there, what is needed is technique improvement. Rod will also be used in the triple jump in 1984. Major: Computer Science

Career Best: HJ 6-8¾

Hurdlers



Jay Connor, Rob Lathrop, Eric White

Bret Younger . . . 5-8 . . . 160 . . . Senior
Atlantic, IA (Atlantic H.S.) H.S. Coach: Bob Younger
Parents: Bob & Marilyn Younger

Younger is an outstanding competitor, capable of having a great year in 1984. He formerly held the Iowa State Interscholastic record in the 400-meter low hurdles, breaking the state mark in both 1979 and 1980. He will be counted on to score in both the high hurdles and the immediates this season. Indoors, he placed in both the UNI Triangular and the UNI Quad in the 60-yard highs. Major: Recreation

Career Best: 60Y HH-7.6; 400M IH-53.8

Jay Connor . . . 6-3 . . . 170 . . . Senior
Nashua, IA (Nashua Community) H.S. Coach: Charles Buckle
Parents: Lenos & Kay Connor

Connor exploded during his sophomore season establishing a new school mark in the 60Y high hurdles two times during the 1982 season as well as accounting for four of the five quickest UNI indoor times ever in that event. He took first place in the 60 HH at the Iowa Big Four Meet and the UNI Quad, breaking the school mark on both occasions. He battles teammate Craig Nordlie for top honors throughout the indoor season and was an integral part of the school record shuttle hurdle relay squad. He was the AMCU-8 400M immediate hurdle champ last year with a time of 54.01. King is convinced that he has the ability to qualify for Nationals in the 400-meter immediate hurdles. He was used in both events this season. Major: Broadcasting

Career Best: 60Y HH-7.42 (School Record); 110M HH-14.52; 400M IH-53.24

Eric White . . . 6-0 . . . 178 . . . Freshman
Burlington, IA (Burlington H.S.) H.S. Coach: Darryl Kockman
Parents: Mr. & Mrs. Thomas White

The premier hurdler in the state last year, White accomplished what most Iowa trackmen dream of — he won both the Drake Relays and Iowa State Championships. He also played football at UNI this fall and found duty as a wide receiver. "We were impressed by Eric's competitiveness, he seems to have a great desire to succeed." He will run the 110M hurdles and also the shuttle hurdle relay. Major: Business Management

Career Best: 110M HH-14.4

Robert Lathrop . . . 6-2 . . . 167 . . . Freshman
Aurora, IL (Aurora H.S.) H.S. Coach: John Bell

Lathrop is a solid competitor in the 110 meter hurdles. He was one of the top hurdlers in Illinois last year. His personal best is 14.2. He comes into a fine group of hurdlers at UNI and will add to that group's depth. He is an excellent technician and has good speed. An improved start is his immediate goal and of course a good competitive indoor season. "Rob was not good out of the blocks in high school, but he could really fly after the start. If he can improve that start, he will be one of our all-time greats." Major: Computer Systems

Career Best: 100M HH-14.2

Pole Vaulters



1st row: Bruce Garner, Troy Becker; 2nd row: Russ Adams, Scott Sloan, John Place

Russ Adams . . . 6-3 . . . 175 . . . Senior

Pocahontas, IA (Pocahontas H.S.) H.S. Coach: Joel Shaner
Parents: Mr. & Mrs. Al Krejchi

Continued development was the theme for Adams in 1983. The indoor season provided that, as he shattered the indoor school record with a fine 16'8½ vault. The vault made him the premier vaulter in the state. Outdoors, the weather took its toll as one of the worst springs on record hampered his quest for national qualification. One of the consistent winners on the team, Russ won both the pole vault and the decathlon at the Conference Championships in May. A co-captain in 1983, Russ will be counted upon heavily in 1984 for leadership and point production. Major: Business Ed.

Career Best: 16-8½ Indoor School Record; 16-7 Outdoor School Record

Troy Becker . . . 5-9 . . . 150 . . . Junior

Elk Run Heights, IA (Waterloo Columbus) H.S. Coach: Terry Brennan

Becker made great strides in 1983. Upping his personal bests from 14-6 to 15-0 indoors and then adding one-and-a-half feet to his outdoor best by making 16-0 to win the annual Iowa Intercollegiate Championships. "Troy has had a great 1983 and we are really looking forward to his improvement in 1984. He and Russ really compliment each other. He is just now learning how to use his speed and upper body strength effectively." Major: Industrial Arts

Career Best: 15-0 Indoors; 16-0 Outdoors

Scott Sloan . . . 5-11 . . . 150 . . . Sophomore

Altoona, IA (North Polk H.S.) H.S. Coach: Larry White
Parents: Dallas & Irene Sloan

Sloan made good progress in the vault his freshman year, upping his personal best to 14-0 and improving his technique. But the big move that Sloan made was to pick up the javelin and begin to compete in that event. After throwing only four weeks, he threw 167-0 in the rain at the Iowa Intercollegiate. After a summer of hard training, he has already thrown 198-0 this fall. "Scott's first goal is to break the oldest record on the books at UNI (207-0 by Lloyd Grady in 1937). He should become the best javelin thrower we have ever had. Major: Industrial Arts Education

Career Best: PV 14-6 Outdoors Javelin 170-11

John Place . . . 6-0 . . . 165 . . . Freshman

Rochelle, IL (Rochelle H.S.) H.S. Coach: Bob Erwin
Parents: John & Bess Place

Place comes to UNI after a fine high school career in Illinois. He owns a personal best of 15-0 in the pole vault and will also compete as a decathlete. "John has great potential. I have been very impressed in the early drills," says King. "John can throw well and is an excellent all-around athlete. We are excited about getting back into decathlon competition. I feel that John is one of the stars in our future. Major: Undecided

Career Best: PV 15-0

1983 Panther Cross Country Results

Rock Island Invitational — 4 Mile
September 10, 1983
Rock Island, IL

No Team Score Kept

Individual UNI Finishers

Dan Fick	2nd	20:31
Greg Skopec	3rd	20:33
Chris Leonard	4th	20:44
Steve Gearhart	7th	20:59
Tim Harris	8th	21:03
Todd Goodell	13th	21:13
Dave Swanson	15th	21:23
Brian Glassmaker	17th	21:44
Dave Holvey	18th	21:47
Burt Marlowe	19th	21:52
Robert Durham	23rd	22:07

Iowa State Open Cross County Meet — 5 Miles

September 17, 1983
Iowa State University, Ames, IA

Individual UNI Finishers

Dan Fick	2nd	25:45.8
Chris Leonard	3rd	26:02.1
Greg Skopec	7th	26:20.6
Todd Goodell	10th	26:37.6
Brian Glassmaker	11th	26:39.3
Tim Harris	19th	27:19.3
Burt Marlowe	20th	27:21.7
Dave Holvey	26th	27:39.6
Paul Skopec	43rd	29:20.0

UNI vs. Wisconsin-LaCrosse — 5 Miles

September 24, 1983
University of Northern Iowa, Cedar Falls, IA

UNI wins 27-29

Individual UNI Finishers

Dan Fick	1st	25:08
Chris Leonard	2nd	25:10
Steve Gearhart	7th	25:43
Greg Skopec	8th	25:50
Todd Goodell	9th	25:56
Brian Glassmaker	10th	26:08
Robert Durham	13th	26:21

Big 4 Cross Country Meet — 5 Miles
October 1, 1983
Drake University, Des Moines, IA

Team Standings

1. Northern Iowa	34
2. Iowa State	35
3. Iowa	77
4. Drake	86

Individual UNI Finishers

Chris Leonard	4th	25:50
Greg Skopec	6th	26:35
Dan Fick	7th	26:42
Steve Gearhart	8th	26:46
Todd Goodell	9th	26:48
Robert Durham	15th	27:18
Dave Swanson	16th	27:23
Brian Glassmaker	17th	27:25
Burt Marlowe	22nd	27:54

Iowa State Invitational — 10,000 Meters

October 15, 1983
Iowa State University, Ames, IA

Team Standings

1. Iowa State	34
2. Oral Roberts	59
3. Nebraska	63
4. Kansas State	84
5. Northern Iowa	130
6. Missouri	176
7. Central Missouri	192
8. Drake	246

Individual UNI Finishers

Chris Leonard	9th	31:29.5
Dan Fick	13th	31:42.6
Steve Gearhart	35th	33:10.7
Brian Glassmaker	37th	33:14.0
Robert Durham	39th	33:16.7
Greg Skopec	43rd	33:22.0
Todd Goodell	47th	33:48.0
Burt Marlowe	50th	34:08.4

Association of Mid-Continent Universities Meet — 10,000 Meters

October 29, 1983
University of Northern Iowa, Cedar Falls, IA

Team Standings

1. Northern Iowa	42
2. Cleveland St.	51
3. SW Missouri	52
4. E. Illinois	75
5. W. Illinois	161
6. Valparaiso	179
7. Wis-Green Bay	189
8. Ill-Chicago	233

Individual UNI Finishers

Dan Fick	2nd	30:27
Chris Leonard	3rd	30:38
Steve Gearhart	11th	31:23
Greg Skopec	12th	31:26
Brian Glassmaker	14th	31:32
Todd Goodell	21st	31:55
Robert Durham	28th	32:46

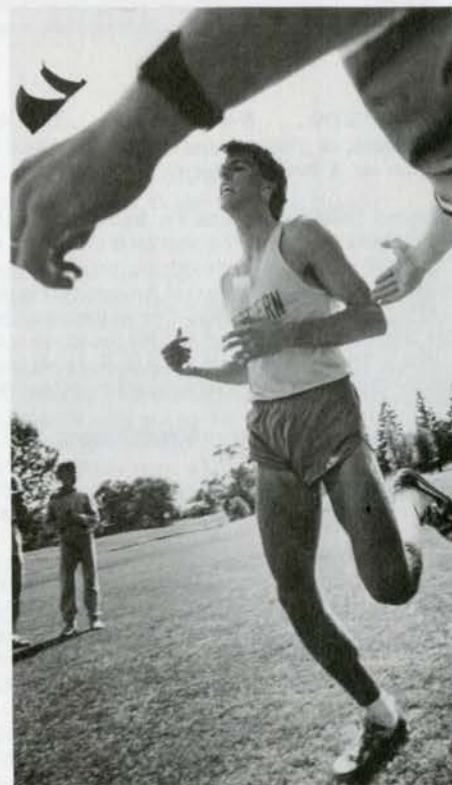
NCAA District V Cross Country Championships — 10,000 Meters
November 12, 1983
Iowa State University, Ames, IA

Team Standings

1. Iowa State	49
2. Oral Roberts	65
3. Southern Illinois	96
4. Nebraska	106
5. Colorado	107
6. Oklahoma State	164
7. Kansas State	172
8. Northern Iowa	177
9. Bradley	196
10. SW Missouri	262

Individual UNI Finishers

Chris Leonard	25th	32:31.9
Steve Gearhart	35th	33:08.9
Dan Fick	38th	33:24.6
Brian Glassmaker	47th	33:39.1
Greg Skopec	50th	33:46.0
Todd Goodell	62nd	34:14.9
Robert Durham	71st	34:59.0



1983 UNI Panther Indoor Results

Iowa Big Four Meet

January 29, 1983

Iowa City, IA

Final Scoring: ISU 76, Iowa 45, UNI 24, Drake 17

High Jump:	3. Steve Weaver	6-9
Shot Put:	3. Arnie Doden	55-4
600 Yd Run:	4. Sol Anderson	1:13.77
	5. Mike DeBo	1:14.13
880 Yd Run:	2. Steve Muntz	1:54.0
	3. Paul Egger	1:55.3
	4. Ken Jarrett	1:57.3
Long Jump:	4. Jason Woodford	22-7
1000 Yd Run:	4. Kirk Anderson	2:14.63
Pole Vault:	1. Russ Adams	16-0
2 Mile Run:	4. Dan Fick	9:01.48
Triple Jump:	4. Brian Makela	45-8

UNI Triangular Meet

February 5, 1983

UNI-Dome, Cedar Falls, IA

Final Scoring: UNI 106, St Cloud 37, Wisconsin-Stout 29

Shot Put:	1. Arnie Doden	52-8
	2. Gary Lamparek	48-11
Mile Run:	2. Carlos Valdez	4:17.5
	4. Jim Whitcomb	4:18.8
60HH:	1. Kevin Smith	7.84
	4. Bret Younger	
440 Dash:	1. Sol Anderson	51.6
	3. John Wisman	51.6
	4. Scott Middleton	51.8
600 Dash:	2. Bret Younger	1:15.29
	4. John Weih	1:15.52
High Jump:	1. Steve Weaver	7-0
	2. Rod Wiese	6-7
60 Dash:	1. Don Samuel	6.55
	2. Doug Case	6.57
	4. Jason Woodford	6.69
880 Run:	1. Mike DeBo	1:58.17
	4. Burton Marlow	2:01.63
Pole Vault:	1. Russ Adams	16-0
	2. Troy Becker	15-0
	5. Scott Sloan	13-6
1000 Run:	2. Brian Glassmaker	2:17.60
	3. Steve Gearhart	2:18.79
Long Jump:	1. Jason Woodford	23-6
300 Dash:	1. Don Samuel	32.24
	2. Jim Thompson	32.65
	3. Doug Case	32.84
2 Mile Run:	1. Dan Fick	8:58.5
	2. Chris Leonard	9:07.6
	3. Carl Burrell	9:10.4
Mile Relay:	1. UNI	3:28.38
Triple Jump:	1. Brian Makela	45-11
	5. Kevin Smith	41-11
2M Relay:	1. UNI	8:01.56

UNI Open

February 11, 1983

UNI-Dome, Cedar Falls, IA

Final Scoring: UNI 165, Drake 111, NE Missouri 100, Marquette 53, Western Illinois 42, Wisconsin-Milwaukee 20

Mile Run:	4. Carlos Valdez	4:15.86
	6. Jim Whitcomb	4:18.25
60 HH:	2. Jay Connor	7.63
	4. Bret Younger	7.89
440 Dash:	3. Mike DeBo	50.66
60 Dash:	3. Don Samuel	6.52
	4. Doug Case	6.55
Shot Put:	2. Arnie Doden	54-10
	3. Barry Cuvelier	51-8
	7. Gary Lamparek	47-5
880 Run:	2. Paul Egger	1:56.63
	3. Steve Muntz	1:56.65
	6. Steve Gearhart	1:58.62
1000 Run:	1. Kirk Anderson	2:13.33
	2. Ken Jarrett	2:14.52
	7. Larry Lawler	2:18.90
300 Dash:	3. Don Samuel	31.64
Pole Vault:	1. Russ Adams	16-6
	3. Troy Becker	14-6
	4. Scott Sloan	13-6
Long Jump:	1. Jason Woodford	23-9
2 Mile Run:	1. Dan Fick	8:59.6
	5. Chris Leonard	9:15.5
Mile Relay:	5. UNI	3:32.61
High Jump:	1. Steve Weaver	6-7
	4. Rod Wiese	6-7
2M Relay:	3. UNI	7:58.2
Triple Jump:	3. Brian Makela	46-1



UNI Quadrangular Meet

February 19, 1983

UNI-Dome, Cedar Falls, IA

Final Scoring: UNI 81, South Dakota 35, Mankato St. 30, Wisconsin-LaCrosse 27

Mile Run:	2. Dan Fick	4:15.0
	5. Carlos Valdez	4:18.2
	6. Steve Gearhart	4:21.0
60 HH:	1. Jay Connor	7.65
	2. Kevin Smith	7.87
	6. Bret Younger	8.07
Shot Put:	1. Arnie Doden	55-3
	5. Barry Cuvelier	50-4
	8. Dave Siler	47-1
440 Dash:	1. Don Samuel	49.93
	3. Mike DeBo	50.61
600 Run:	1. Steve Muntz	1:13.00
	2. Sol Anderson	1:13.31
60 Dash:	4. Doug Case	6.61
880 Run:	2. Ken Jarrett	1:56.60
	4. Brian Glassmaker	1:57.70
	5. Kirk Anderson	1:57.75
1000 Run:	1. Paul Egger	2:15.9
	5. Carlos Valdez	2:18.3
	7. Carl Burrell	2:19.0
High Jump:	1. Steve Weaver	6-11
	6. Rod Wiese	6-5
Long Jump:	1. Jason Woodford	23-7
300 Dash:	1. John Wisman	31.79
	4. Jay Connor	32.51
	5. Doug Case	32.97
2 Mile Run:	1. Chris Leonard	9:05.2
	4. Jim Whitcomb	9:21.6
	6. Dan Fick	9:24.2
Mile Relay:	1. UNI	3:20.18
Pole Vault:	1. Russ Adams	16-8
	3. Troy Becker	15-0
2M Relay:	3. UNI	7:59.52
Triple Jump:	1. Brian Makela	46-7

UNI Open

February 26, 1983

UNI-Dome, Cedar Falls, IA

High Jump:	1. Steve Weaver	6-10
2 Mile Run:	1. Dan Fick	9:02.1
	4. Jim Whitcomb	9:11.8
440 Relay:	1. UNI	42.78
Shuttle Hurdler Relay:	1. UNI	29.24
5000 Meters:	2. Chris Leonard	14:29.69
880 Run:	1. Steve Muntz	1:58.30
70 HH:	2. Craig Nordlie	8.61
	4. Jay Connor	8.95
	5. Bret Younger	9.01
60 Dash:	3. Doug Case	6.3
Shot Put:	2. Arnie Doden	57-1
440 Dash:	3. Mike DeBo	49.9
	4. Dave Gibbs	50.5
Distance Medley:	1. UNI	10:26.3
600 Dash:	3. Sol Anderson	1:12.8
300 Dash:	4. Jim Thompson	32.74
	5. Jay Connor	33.15
Pole Vault:	3. Russ Adams	16-0
1500 Meters:	2. Carl Burrell	3:52.49
Mile Relay:	1. UNI	3:21.88
Triple Jump:	5. Brian Makela	46-9

1983 Outdoor Results

Domino Pizza Relays March 18-19, 1983 Tallahassee, FL

10,000 Meters:	5. Chris Leonard	30:22.7
Discus:	4. Arnie Doden	169-6
Shot Put:	6. Arnie Doden	53-5
Triple Jump:	3. Brian Makela	46-5
Steeplechase:	3. Jim Whitcomb	9:25.6
110 Hurdles:	4. Jay Connor	14.7
Pole Vault:	5. Troy Becker	15-0
1,500 Meters:	4. Carlos Valdez	3:52.8

Semotom Relays April 2, 1983 Cape Girardeau, MO

4 x 1600 Meter Relay:	5. UNI	17:45.5
4 x 110 Meter Hurdles:	4. UNI	1:01.4
Distance Medley:	3. UNI	10:09.57
4 x 800 Meter Relay:	5. UNI	7:46.5
Sprint Medley Relay:	6. UNI	3:32.4
4 x 200 Meter Relay:	3. UNI	1:28.4
1500 Invitational:	4. Carl Burrell	3:57.4
	7. Carlos Valdez	3:59.5
Discus:	2. Arnie Doden	167-8
	4. Matt Haven	161-4
Long Jump:	6. Jason Woodford	22-1
High Jump:	6. Steve Weaver	6-6
Triple Jump:	5. Brian Makela	44-8
Shot Put:	3. Arnie Doden	53-7
Pole Vault:	2. Russ Adams	16-0
	5. Troy Becker	15-6

Iowa State Invitational April 16, 1983 Ames, IA

Shot Put:	5. Arnie Doden	
Long Jump:	5. Jason Woodford	22-9
1500 Meters:	3. Brian Glassmaker	3:57.36
	4. Carlos Valdez	3:57.51
110 Hurdles:	3. Craig Nordlie	14.00
	5. Jay Connor	14.32
100 Meters:	7. Doug Case	10.72
800 Meters:	5. Steve Muntz	1:54.65
	8. Kirk Anderson	1:55.33
5,000 Meters:	6. Dan Fick	14:46.4
Pole Vault:	2. Russ Adams	16-6
Discus:	3. Arnie Doden	178-0

Association of Mid-Continent Universities April 22-23, 1983 Macomb, IL Final Scoring: UNI 222, Eastern Illinois 153, SW Missouri 96, Western Illinois 95, Cleveland St 48, Illinois-Chicago 36

Decathlon:	1. Russ Adams	5973pts
	2. Bret Younger	5819pts
	5. Scott Sloan	4764pts
Long Jump:	1. Jason Woodford	23-4
	5. Troy Becker	21-2
Shot Put:	1. Arnie Doden	54-5
Steeplechase:	5. Steve Gearhart	9:17.86
10,000 Meters:	3. Chris Leonard	30:22.19
	5. Dan Fick	30:34.35
Javelin:	5. Scott Sloan	163-0
Discus:	1. Arnie Doden	169-10
	2. Matt Haven	165-10

Pole Vault:	1. Russ Adams	16-0
	2. Troy Becker	15-6
High Jump:	2. Steve Weaver	6-7
	4. Rod Wiese	6-4
Triple Jump:	1. Brian Makela	46-7
	3. Jason Woodford	43-6
400 Relay:	1. UNI	42.19
1500 Meters:	6. Carlos Valdez	3:53.54
400 Meters:	1. John Wisman	48.53
	2. Mike DeBo	48.66
	4. Don Samuel	49.60
	6. Dave Gibbs	50.62
100 Meters:	3. Doug Case	10.63
	5. Jason Woodford	10.80
800 Meters:	1. Kirk Anderson	1:50.84
	3. Sol Anderson	1:54.83
	5. Steve Muntz	1:55.72
	6. Paul Egger	1:56.04
400 Meters IM:	1. Jay Connor	54.01
	3. Dave Gibbs	55.72
200 Meters:	3. Doug Case	21.95
	4. John Wisman	22.16
	6. Don Samuel	22.62
5,000 Meters:	5. Chris Leonard	14:42.83
1600 Relay:	1. UNI	3:16.53

Drake Relays April 30, 1983 Des Moines, IA

Distance Medley:	20th	10:03.4
Shot Put:	12. Arnie Doden	53-7
Pole Vault:	8. Russ Adams	16-6

Panther All-Americans

1939

William Jenkins (Cross Country)

1969

Larry McCready (120 High Hurdles)

Wayne Carpenter (Mile Run)

1970

Wayne Carpenter (Mile Run)

Mike McCready (Shot Put)

Rich Twedt (Cross Country)

1971

Mike McCready (Shot Put)

Mike McCready (Discus)

Rich Twedt (Cross Country)

Rich Twedt (3-mile Run)

1972

Mike McCready (Shot Put)

Rich Twedt (Cross Country)

1973

Rich Twedt (Cross Country)

Ron Peters (Cross Country)

Dennis Roloff (Mile Run)

Dennis Schultz (Mile Run)

Dave Anderson (Mile Relay)

Mike Byington

Steve De Serano

Dennis Roloff

1974

Dennis Schultz (Mile Run)

Rich Twedt (6 Mile Run)

Scott Noltensmeier (120 High Hurdles)

Steve Ford (Pole Vault)

Kent Wessely (High Jump)

Bill Cook (Decathlon)

1975

Keith Schmidt (Pole Vault)

1976

Bob Friedman (1500 Meter Run)

John Holler (Shot Put)

1977

Bob Friedman (1500 Meter Run)

John Holler (Shot Put)

Brent Geringer (Discus)

Bill Glassmaker (800 Meter Run)

Bill Lawson (Decathlon)

1978

Brent Geringer (Discus, *National Champion*)

Brent Geringer (Shot Put)

Bob Friedman (1500 Meters)

Bill Glassmaker (800 Meters)

Bill Lawson (Decathlon)

Tom Rogers (Pole Vault)

1979

Bob Friedman (1500 Meters)

Brent Geringer (Shot Put)

Brent Geringer (Discus)

Bill Glassmaker (800 Meters)

Bill Lawson (Decathlon)

Tom Akers (400 High Hurdles)

Tim Jamerson (Pole Vault)

1980

Bill Lawson (Decathlon)

1981

Doug Nelson (Cross Country)

University of Northern Iowa Top Indoor Performances

60-yard dash

1. :06.2	Bill Hall, 1949
2. :06.2	Frank Robinson, 1957
3. :06.2	Al Atherton, 1977
4. :06.2	Kelly Ellis, 1978
5. :06.2	Doug Case, 1983
6. :06.44	Don Samuel, 1982
7. :06.45	Kelly Ellis, 1982
8. :06.45	Don Samuel, 1982
9. :06.47	Doug Case, 1982
10. :06.47	Doug Case, 1983
11. :06.48	Kelly Ellis, 1979
12. :06.48	Kelly Ellis, 1982
13. :06.49	Kelly Ellis, 1978
14. :06.50	Kelly Ellis, 1979
15. :06.50	Kelly Ellis, 1982
16. :06.51	Al Atherton, 1977
17. :06.51	Kelly Ellis, 1979
18. :06.51	Kelly Ellis, 1982
19. :06.51	Kelly Ellis, 1982

300-yard dash

1. :31.47	John Wisman, 1982
2. :31.4	Kelly Ellis, 1978
3. :31.64	Don Samuel, 1983
4. :31.65	Kelly Ellis, 1982
5. :31.66	Don Samuel, 1982
6. :31.69	Mike Shaw, 1980
7. :31.5	Kelly Ellis, 1979
8. :31.5	Kelly Ellis, 1979
9. :31.77	Kelly Ellis, 1979
10. :31.79	John Wisman, 1983
11. :31.84	Don Samuel, 1982
12. :31.6	Dennis Roloff, 1972

440-yard dash

1. :49.2	Larry Daniels, 1968
2. :49.4	Dennis Roloff, 1972
3. :49.4	Dennis Roloff, 1974
4. :49.7	Dave Sunken, 1964
5. :49.83	Don Samuel, 1983
6. :49.9	Dennis Roloff, 1974
7. :49.9	Mike DeBo, 1983
8. :50.0	Dennis Roloff, 1973
9. :50.29	Mike DeBo, 1982
10. :50.34	Mike Hopkins, 1978
11. :50.34	Dave Thumm, 1980
12. :50.34	Mike DeBo, 1982
13. :50.40	John Wisman, 1982

600-yard dash

1. 1:12.02	Bill Glassmaker, 1978
2. 1:12.2	Dennis Roloff, 1975
3. 1:12.58	Mike DeBo, 1982
4. 1:12.63	Bill Glassmaker, 1977
5. 1:12.6	Mike DeBo, 1983
6. 1:12.6	Bill Glassmaker, 1979
7. 1:12.90	Ken Hopkins, 1980
8. 1:12.7	Dennis Roloff, 1974
9. 1:12.94	Sol Anderson, 1983
10. 1:13.02	Kerry Ecker, 1979
11. 1:13.09	Bill Glassmaker, 1978
12. 1:12.9	Bill Glassmaker, 1978
13. 1:12.9	Dennis Roloff, 1975

880-yard dash

1. 1:52.9	Bill Glassmaker, 1978
2. 1:53.15	Bill Glassmaker, 1978
3. 1:53.0	Roy Eiben, 1953
4. 1:53.7	Dennis Schultz, 1974
5. 1:53.9	Dennis Schultz, 1973
6. 1:54.0	Dennis Schultz, 1974
7. 1:54.0	Steve Muntz, 1983
8. 1:54.4	Bob Friedman, 1977
9. 1:55.15	Mike Lind, 1981
10. 1:55.23	Kirk Anderson, 1982
11. 1:55.23	Steve Muntz, 1982
12. 1:55.6	Steve MacTaggart, 1975
13. 1:55.86	Todd Peverill, 1981
14. 1:55.8	Kirk Anderson, 1982
15. 1:55.9	Bob Friedman, 1976
16. 1:55.9	Todd Peverill, 1982

1000-yard run

1. 2:10.6	Bill Glassmaker, 1979
2. 2:10.7	Dennis Schultz, 1974
3. 2:10.99	Bill Glassmaker, 1979
4. 2:12.0	Mike Lind, 1981
5. 2:12.59	Bill Glassmaker, 1977
6. 2:12.90	Bill Glassmaker, 1977
7. 2:13.33	Kirk Anderson, 1983
8. 2:14.18	Kirk Anderson, 1982
9. 2:14.0	Dennis Schultz, 1972
10. 2:14.0	Dennis Schultz, 1974
11. 2:14.28	Mark Feyerheisen, 1980
12. 2:14.3	Mark Feyerheisen, 1980
13. 2:14.3	Bob Friedman, 1976

Mile run

1. 4:09.6	Dennis Schultz, 1974
2. 4:11.1	Dennis Schultz, 1973
3. 4:11.2	Dennis Schultz, 1974
4. 4:11.5	Rich Twedt, 1974
5. 4:12.09	Bob Friedman, 1978
6. 4:12.2	Dennis Schultz, 1972
7. 4:12.2	Dennis Schultz, 1972
8. 4:12.8	Rich Twedt, 1974
9. 4:13.52	Joe Teeling, 1979
10. 4:13.4	Steve MacTaggart, 1975
11. 4:13.5	Bob Friedman, 1978

Two-mile run

1. 8:54.70	Dave O'Brien, 1979
2. 8:57.1	Doug Nelson, 1982
3. 8:58.5	Dan Fick, 1983
4. 8:58.6	Rich Twedt, 1973
5. 8:59.25	Kim Sprain, 1980
6. 8:59.6	Dan Fick, 1983
7. 9:01.5	Dan Fick, 1983
8. 9:03.09	Dave O'Brien, 1980
9. 9:02.90	Dennis Schultz, 1974
10. 9:05.20	Chris Leonard, 1983
11. 9:05.52	Doug Nelson, 1981
12. 9:06.0	Doug Nelson, 1981
13. 9:06.1	Chris Leonard, 1981
14. 9:06.1	Doug Nelson, 1980
15. 9:07.5	Rich Twedt, 1974
16. 9:07.6	Joe Teeling, 1977

Three-mile run

1. 14:02	Chris Leonard, 1983
2. 14:11.6	Doug Nelson, 1981
3. 14:18.2	Bryan Huhnerkoch, 1979
4. 14:23.03	Ron Peters, 1975

5,000-meter run

1. 14:29.69	Chris Leonard, 1983
2. 14:38.4	Doug Nelson, 1981
3. 14:45.9	Bryan Huhnerkoch, 1979
4. 14:56.1	Chris Leonard, 1981
5. 15:08.0	Kim Sprain, 1979

60-yard high hurdles

1. :07.42	Jay Connor, 1982
2. :07.45	Jay Connor, 1982
3. :07.48	Craig Nordlie, 1981
4. :07.49	Jay Connor, 1982
5. :07.52	Jay Connor, 1982
6. :07.53	Craig Nordlie, 1982
7. :07.53	Craig Nordlie, 1982
8. :07.57	Larry McCready, 1968
9. :07.57	Larry McCready, 1969
10. :07.57	Scott Noltensmeier, 1974
11. :07.57	Tom Akers, 1978
12. :07.57	Craig Nordlie, 1981

70-yard high hurdles

1. :08.3	Tom Akers, 1978
2. :08.3	Craig Nordlie, 1979
3. :08.3	Craig Nordlie, 1982
4. :08.61	Craig Nordlie, 1981
5. :08.67	Craig Nordlie, 1980
6. :08.78	Craig Nordlie, 1980
7. :08.79	Tom Akers, 1977
8. :08.79	Joel Rogers, 1977

Triple jump indoor

1. 49-1/4	Bill Lawson, 1978
2. 48-5 1/2	Bill Lawson, 1980
3. 48-2	Bill Lawson, 1980
4. 48-1 1/4	Bill Lawson, 1980
5. 48-1/2	Bill Lawson, 1979
6. 47-11 1/2	Bill Lawson, 1979
7. 47-10 1/2	Bill Lawson, 1978
8. 47-8	Bill Lawson, 1979
9. 47-7	Bill Lawson, 1978
10. 47-5 1/2	Bill Lawson, 1979
11. 47-3 3/4	Bill Lawson, 1978
12. 47-3	Bill Lawson, 1977

Pole vault

1. 16-8 1/2	Russ Adams, 1983
2. 16-6	Russ Adams, 1983
3. 16-2	Russ Adams, 1983
4. 16-1	Russ Adams, 1982
5. 16-0	Tom Rogers, 1979
6. 16-0	Russ Adams, 1983
7. 16-0	Russ Adams, 1983
8. 15-9	Tim Jamerson, 1981
9. 15-8 1/4	Russ Adams, 1982
10. 15-7 1/2	Bill Lawson, 1979
11. 15-7 1/2	Bill Lawson, 1980
12. 15-7 1/2	Tim Jamerson, 1980
13. 15-7 1/2	Tim Jamerson, 1980
14. 15-7	Tim Jamerson, 1979
15. 15-6	Tim Jamerson, 1981
16. 15-6	Tim Jamerson, 1981
17. 15-6	Tim Jamerson, 1981
18. 15-6	Russ Adams, 1982

High jump

1. 7-0	Steve Weaver, 1983
2. 6-11	Steve Weaver, 1983
3. 6-10 1/2	Steve Weaver, 1983
4. 6-10 1/4	Rick Friedman, 1979
5. 6-10	Rick Friedman, 1979
6. 6-10	Steve Weaver, 1983
7. 6-9	Rick Friedman, 1978
8. 6-9	Steve Weaver, 1983
9. 6-8	Rick Friedman, 1978
10. 6-8	Rick Friedman, 1979
11. 6-8	Rick Friedman, 1979
12. 6-8	Kirk Hobbs, 1980
13. 6-8	Rick Bolsinger, 1981
14. 6-7	Bob Hathaway, 1969
15. 6-7	Rod Wiese, 1983
16. 6-7	Steve Weaver, 1983

Long jump

1. 23-9	Jason Woodford, 1983
2. 23-7 1/2	Jason Woodford, 1982
3. 23-7 1/4	Mark Chardoulas, 1975
4. 23-5 1/2	Jason Woodford, 1983
5. 23-4	John Bogley, 1962
6. 23-3 3/4	Bobby Williams, 1982
7. 23-3 1/2	Jason Woodford, 1982
8. 23-2 1/2	Jason Woodford, 1982
9. 23-2 1/2	Jason Woodford, 1982
10. 23-2	Rich Franklin, 1969
11. 23-2	Kelly Ellis, 1978
12. 23-1 1/4	Mark Chardoulas, 1975
13. 22-11 1/2	Jason Woodford, 1982
14. 22-11 1/4	Bobby Williams, 1981
15. 22-10 1/4	Bobby Williams, 1981
16. 22-10	Bobby Williams, 1982

Shot put

1. 60-3 1/4	Brent Geringer, 1979
2. 58-8 1/4	Brent Geringer, 1979
3. 58-2	Tom Reints, 1981
4. 57-11	Brent Geringer, 1979
5. 57-9	Tom Reints, 1982
6. 57-5	Tom Reints, 1982
7. 57-2 1/4	Tom Reints, 1981
8. 56-6 1/2	Brent Geringer, 1978
9. 56-5 1/2	John Holler, 1978
10. 56-5	Tom Reints, 1982
11. 56-1 1/2	Tom Reints, 1981
12. 55-4 1/2	Tom Reints, 1981

440 relay

1. :42.50 in 1982
2. :42.78 in 1983
3. :43.1 in 1978
4. :43.2 in 1977
5. :43.50 in 1979
6. :43.70 in 1981
7. :43.8 in 1976
8. :44.0 in 1980

Mile relay

1. 3:19.80 in 1978
2. 3:20.18 in 1983
3. 3:20.83 in 1978
4. 3:21.29 in 1980
5. 3:21.6 in 1982
6. 3:21.95 in 1982
7. 3:22.11 in 1977
8. 3:21.9 in 1977
9. 3:21.9 in 1977
10. 3:22.0 in 1977
11. 3:22.33 in 1977

Two mile relay

1. 7:43.79 in 1978
2. 7:46.2 in 1979
3. 7:51.50 in 1979
4. 7:53.44 in 1980
5. 7:54.87 in 1982
6. 7:56.38 in 1980
7. 7:57.0 in 1975
8. 7:57.43 in 1982
9. 7:57.90 in 1981
10. 7:58.4 in 1971

Distance Medley Relay

1. 10:00.3 in 1978
2. 10:14.18 in 1978
3. 10:17.79 in 1981
4. 10:17.9 in 1976
5. 10:18.0 in 1974
6. 10:18.82 in 1982
7. 10:22.4 in 1977
8. 10:27.96 in 1980

Shuttle Hurdle Relay (240 Yards)

1. :29.50 in 1982
2. :29.56 in 1982
3. :29.3 in 1982
4. :29.5 in 1979
5. :29.5 in 1982
6. :30.18 in 1981
7. :30.2 in 1979
8. :30.69 in 1980

University of Northern Iowa Top Outdoor Performances

100 meters

1. :10.53	Kelly Ellis, 1978
2. :10.66	Jason Woodford, 1982
3. :10.67	Doug Case, 1982
4. :10.74	Mike Shaw, 1980
5. :10.76	Doug Case, 1982
6. :10.6	Kelly Ellis, 1982
7. :10.6	Kelly Ellis, 1982
8. :10.7	Jason Woodford, 1982
9. :10.95	Kelly Ellis, 1982
10. :10.95	Jerry Kennedy, 1981
11. :11.03	Don Samuel, 1982

200 meters

1. :21.71	Kelly Ellis, 1978
2. :21.5	Mike Shaw, 1980
3. :21.5	Mike Shaw, 1980
4. :21.8	Mike Shaw, 1978
5. :21.8	Don Samuel, 1982
6. :21.9	Mike Shaw, 1980
7. :22.0	Mike Shaw, 1980
8. :22.0	John Harland, 1976
9. :22.0	Doug Case, 1983
10. :22.26	Terry Wintz, 1981
11. :22.1	Dave Thumm, 1980
12. :22.30	Don Samuel, 1982
13. :22.33	Kelly Ellis, 1982
14. :22.33	John Wisman, 1982

400 meters

1. :47.94	Lester Young, 1979
2. :47.8	Mike DeBo, 1982
3. :48.4	John Wisman, 1983
4. :48.6	Mike DeBo, 1983
5. :48.65	Dave Thumm, 1980
6. :48.76	John Wisman, 1982
7. :48.91	John Wisman, 1982
8. :48.7	Dave Thumm, 1980
9. :49.21	Lester Young, 1979
10. :49.29	Ken Hopkins, 1980
11. :49.3	Don Samuel, 1983
12. :49.33	Bill Glassmaker, 1980
13. :49.61	Ken Hopkins, 1979
14. :49.5	Terry Wintz, 1982
15. :49.8	Ken Hopkins, 1980

800 meters

1. :1:48.55	Bill Glassmaker, 1979
2. :1:48.79	Bill Glassmaker, 1978
3. :1:49.8	Kirk Anderson, 1983
4. :1:50.78	Bill Glassmaker, 1979
5. :1:50.9	Kirk Anderson, 1983
6. :1:51.20	Bill Glassmaker, 1978
7. :1:51.24	Bill Glassmaker, 1978
8. :1:51.43	Bill Glassmaker, 1979
9. :1:51.50	Solomon Anderson, 1982
10. :1:51.84	Bob Friedman, 1979
11. :1:51.90	Jim Erredge, 1980
12. :1:52.0	Steve Muntz, 1983
13. :1:52.2	Steve Muntz, 1982
14. :1:52.68	Bill Glassmaker, 1979
15. :1:52.7	Solomon Anderson, 1982

1500 meters

1. 3:44.06	Bob Friedman, 1979
2. 3:46.10	Bob Friedman, 1978
3. 3:47.65	Mark Feyerheisen, 1980
4. 3:48.28	Joe Teeling, 1979
5. 3:48.68	Bob Friedman, 1979
6. 3:48.74	Mark Feyerheisen, 1980
7. 3:49.40	Bob Friedman, 1979
8. 3:49.64	Bob Friedman, 1976
9. 3:49.80	Bob Friedman, 1978
10. 3:50.4	Mark Feyerheisen, 1980
11. 3:50.6	Jim Erredge, 1980
12. 3:50.87	Bob Friedman, 1979
13. 3:50.9	Brian Glassmaker, 1982
14. 3:51.41	Bob Friedman, 1979
15. 3:51.8	Todd Peverill, 1980

3000-meter steeplechase

1. 9:10.3	Jim Whitcomb, 1983
2. 9:15.8	Steve MacTaggart, 1977
3. 9:16.8	Steve MacTaggart, 1976
4. 9:17.9	Steve Gearhart, 1983
5. 9:21.5	Don Schultz, 1980
6. 9:24.0	Steve MacTaggart, 1976
7. 9:24.5	Don Schultz, 1980
8. 9:25.6	Jim Whitcomb, 1983
9. 9:25.68	Bryan Huhnerkoch, 1982
10. 9:25.80	Jim Whitcomb, 1982
11. 9:26.0	Bryan Huhnerkoch, 1981
12. 9:29.2	Jamie Van Nostrand, 1974
13. 9:29.50	Bryan Huhnerkoch, 1982
14. 9:32.0	Jamie Van Nostrand, 1975
15. 9:32.5	Jamie Van Nostrand, 1975

5000 meter

1. 14:31.3	Jim Erredge, 1979
2. 14:32.0	Dave O'Brien, 1979
3. 14:35.1	Chris Leonard, 1983
4. 14:36.20	Doug Nelson, 1982
5. 14:38.0	Jim Erredge, 1980
6. 14:40.92	Jim Erredge, 1979
7. 14:41.02	Jim Erredge, 1980
8. 14:43.07	Jim Erredge, 1979
9. 14:44.85	Dave O'Brien, 1979
10. 14:46.0	Dave O'Brien, 1980
11. 14:46.4	Dave Fick, 1983
12. 14:47.62	Doug Nelson, 1980
13. 14:48.51	Dave O'Brien, 1980
14. 14:50.0	Chris Leonard, 1981

10,000 meters

1. 29:59.0	Bryan Huhnerkoch, 1979
2. 30:13.2	Doug Nelson, 1982
3. 30:16.31	Chris Leonard, 1982
4. 30:19.41	Chris Leonard, 1981
5. 30:22.0	Chris Leonard, 1983
6. 30:26.7	Kim Sprain, 1979
7. 30:30.9	Bryan Huhnerkoch, 1980
8. 30:34.0	Dave Fick, 1983
9. 30:53.5	Dave O'Brien, 1980

110 meter high hurdles

1. :14.0	Craig Nordlie, 1983
2. :14.36	Tom Akers, 1979
3. :14.4	Jay Connor, 1983
4. :14.50	Tom Akers, 1979
5. :14.52	Jay Connor, 1982
6. :14.3	Craig Nordlie, 1980
7. :14.3	Craig Nordlie, 1980
8. :14.3	Jay Connor, 1982
9. :14.56	Tom Akers, 1979
10. :14.57	Craig Nordlie, 1979
11. :14.59	Craig Nordlie, 1979
12. :14.61	Craig Nordlie, 1980
13. :14.72	Tom Akers, 1979
14. :14.83	Jay Connor, 1981
15. :14.87	Jay Connor, 1982
16. :14.7	Craig Nordlie, 1982
17. :14.95	Craig Nordlie, 1980

400 meter intermediate hurdles

1. :52.00	Tom Akers, 1979
2. :52.29	Tom Akers, 1979
3. :52.65	Tom Akers, 1979
4. :52.66	Tom Akers, 1979
5. :52.95	Tom Akers, 1979
6. :53.17	Tom Akers, 1979
7. :53.24	Jay Connor, 1982
8. :53.29	Craig Nordlie, 1980
9. :53.3	Jay Connor, 1982
10. :53.58	Tom Akers, 1979
11. :53.6	Craig Nordlie, 1980
12. :53.8	Bret Younger, 1982

High jump

1. 6-11	Steve Weaver, 1983
2. 6-9 3/4	Steve Weaver, 1983
3. 6-8 1/2	Kent Wessely, 1974
4. 6-8	Kent Wessely, 1974
5. 6-8	Kent Wessely, 1974
6. 6-8	Rick Friedman, 1979
7. 6-8	Rick Friedman, 1979
8. 6-7 1/2	Steve Weaver, 1983
9. 6-6 1/2	Steve High, 1971
10. 6-6 1/4	Steve High, 1971
11. 6-6	Kent Wessely, 1974
12. 6-6	Kent Wessely, 1974
13. 6-6	Rick Friedman, 1979
14. 6-6	Rick Friedman, 1979
15. 6-6	Kirk Hobbs, 1980
16. 6-6	Kirk Hobbs, 1980
17. 6-6	Rick Friedman, 1980

Long jump

1. 24-2 1/2	Bobby Williams, 1981
2. 24-2 1/4	Bobby Williams, 1981
3. 24-1	Jason Woodford, 1982
4. 24 1/2	Ken Jackson, 1974
5. 23-11	Bobby Williams, 1981
6. 23-10 1/2	Jason Woodford, 1982
7. 23-10 1/2	Bobby Williams, 1982
8. 23-9 3/4	Jason Woodford, 1981
9. 23-9 1/2	John Begley, 1962
10. 23-6 1/2	Ken Jackson, 1975
11. 23-6	Mark Chardoulas, 1973
12. 23-6	Mark Chardoulas, 1975
13. 23-5 1/2	Jason Woodford, 1982
14. 23-5	Mark Chardoulas, 1975
15. 23-4 3/4	Bobby Williams, 1982

Pole vault

1. 16-7	Russ Adams, 1982
2. 16-6	Russ Adams, 1983
3. 16-0	Tom Rogers, 1979
4. 16-0	Tim Jamerson, 1981
5. 16-0	Russ Adams, 1983
6. 16-0	Troy Becker, 1983
7. 15-9	Tom Rogers, 1979
8. 15-7	Tom Rogers, 1979
9. 15-6 1/4	Tom Rogers, 1979
10. 15-6 1/4	Tim Jamerson, 1979
11. 15-6	Keith Schmidt, 1975
12. 15-6	Keith Schmidt, 1978
13. 15-6	Tim Jamerson, 1981
14. 15-6	Tim Jamerson, 1981
15. 15-6	Russ Adams, 1982
16. 15-6	Russ Adams, 1982
17. 15-6	Russ Adams, 1982

Shot put

1. 58-6	John Holler, 1978
2. 58-4	Tom Reints, 1982
3. 57-11	Tom Reints, 1982
4. 57-8 3/4	Mike McCready, 1971
5. 57-6 1/4	Brent Geringer, 1979
6. 57-6	Tom Reints, 1981
7. 57-3	Tom Reints, 1981
8. 56-11 1/4	Mike McCready, 1969
9. 56-10 3/4	Brent Geringer, 1979
10. 56-9	John Holler, 1979
11. 56-8	Tom Reints, 1982
12. 56-8	Mike McCready, 1971
13. 56-4	Brent Geringer, 1978
14. 56-2 1/4	John Holler, 1978
15. 55-6	Brent Geringer, 1979

Triple jump

1. 50-2	Bill Lawson, 1977
2. 49-7	Bill Lawson, 1979
3. 49-6 3/4	Bobby Williams, 1982
4. 49-6 1/4	Craig Fay, 1968
5. 49-1/2	Craig Fay, 1970
6. 48-5 1/2	Bobby Williams, 1982
7. 48-3	Bill Lawson, 1979
8. 47-9 1/2	Bill Lawson, 1979
9. 47-8	Brian Makela, 1982
10. 47-7	Craig Fay, 1970
11. 47-4 3/4	Bill Lawson, 1978
12. 47-4 1/2	Bill Lawson, 1979

Discus

1. 199-6	Brent Geringer, 1979
2. 194-3	Brent Geringer, 1979
3. 187-6	Brent Geringer, 1977
4. 186-9	Brent Geringer, 1979
5. 181-4	Brent Geringer, 1978
6. 178-0	Arnie Doden, 1983
7. 177-6	Matt Haven, 1983
8. 177-0	Brent Geringer, 1979
9. 175-0	Brent Geringer, 1979
10. 172-10	Matt Haven, 1982
11. 172-0	Arnie Doden, 1983
12. 171-9	Matt Haven, 1982
13. 170-2	Matt Haven, 1982
14. 170-1	Brent Geringer, 1979
15. 169-4	Brent Geringer, 1979
16. 167-6	Ken Schwartz, 1975
17. 167-5 1/2	Matt Haven, 1982
18. 166-8	Matt Haven, 1981

Javelin

1. 207-4 3/4	Lloyd Gnagy, 1937
2. 199-6	Gene Chinander, 1974
3. 195-1	Doug Reeves, 1975
4. 189-8	Doug Reeves, 1975
5. 186-10	Todd Schultz, 1980
6. 186-7	Doug Reeves, 1974
7. 186-2 3/4	Lynn King, 1968
8. 186-2	Lynn King, 1968
9. 186-0	Doug Reeves, 1974
10. 184-10 1/2	Lynn King, 1968
11. 184-10	Lynn King, 1968
12. 183-6	Jim Becker, 1969
13. 182-6	Steve High, 1974
14. 182-4	Doug Reeves, 1975
15. 180-9 1/2	Doug Newell, 1968

Hammer throw

1. 185-9	Tom Reints, 1982
2. 177-7	Tom Reints, 1981
3. 174-3	Tom Reints, 1982
4. 168-5	Tom Reints, 1978
5. 166-0	Tom Reints, 1979
6. 164-3	Tom Reints, 1979
7. 164-0	Ken Schwartz, 1975
8. 163-11	Ken Schwartz, 1975
9. 162-5	Ken Schwartz, 1975
10. 162-4	Mitch Willet, 1980

440 yard relay

1. :41.29 in 1978
2. :41.5 in 1973
3. :41.91 in 1982
4. :41.7 in 1982
5. :42.25 in 1981
6. :42.2 in 1981
7. :42.49 in 1979
8. :42.8 in 1972

4 x 100 meter relay

1. :41.2 in 1978
2. :41.58 in 1978
3. :41.88 in 1979
4. :41.94 in 1982
5. :42.29 in 1979
6. :42.1 in 1982
7. :42.2 in 1980
8. :42.4 in 1980
9. :42.47 in 1979
10. :42.53 in 1980
11. :42.53 in 1981
12. :43.3 in 1981

Mile relay

1. 3:14.1 in 1973
2. 3:14.44 in 1982
3. 3:17.0 in 1979
4. 3:17.8 in 1980
5. 3:19.82 in 1982
6. 3:19.91 in 1981
7. 3:20.6 in 1967
8. 3:22.50 in 1980

4 x 400 meter relay

1. 3:14.13 in 1979
2. 3:14.2 in 1982
3. 3:14.3 in 1983
4. 3:14.5 in 1982
5. 3:15.48 in 1979
6. 3:16.04 in 1979
7. 3:17.45 in 1979
8. 3:18.51 in 1981
9. 3:18.64 in 1980
10. 3:18.5 in 1980
11. 3:20.4 in 1976
12. 3:20.5 in 1981
13. 3:21.0 in 1982

Decathlon

1. 7261	Bill Lawson, 1980
2. 7128	Bill Lawson, 1980
3. 7116	Bill Lawson, 1980
4. 7009	Bill Lawson, 1979
5. 6994	Bill Lawson, 1979
6. 6821	Bill Cook, 1974
7. 6655	Gary Wittman, 1979
8. 6513	Rick Friedman, 1980
9. 6508	Gary Wittman, 1978
10. 6316	Al Engebretson, 1980

UNI Indoor Records

50 yd. Dash — :05.5, Jim Finnessey, 1968, Larry White, 1969, Rick Freeburg, 1972.
60 yd. Dash — :06.2, Bill Hall, 1949, Frank Robinson, 1957, Al Atherton, 1977, Kelly Ellis, 1978, Don Samuel, 1982, Doug Case, 1983
300 yd. Dash — :31.47, John Wisman, 1982
440 yd. Dash — :49.2, Larry Daniels, 1968
600 yd. Run — 1:12.02, Bill Glassmaker, 1978
880 yd. Run — 1:52.9, Bill Glassmaker, 1978
1000 yd. Run — 2:10.6, Bill Glassmaker, 1979
1500m — 3:52.49, Carl Burrell, 1983
Mile Run — 4:09.6, Dennis Schultz, 1974
2-Mile Run — 8:54.7, Dave O'Brien, 1979
3-Mile Run — 14:02.0, Chris Leonard, 1983
5000m — 14:29.69, Chris Leonard, 1983
60 H.H. — 7.42, Jay Connor, 1982
60 L.H. — :06.8, Larry McCready, 1969
60 I.H. — :07.1, Kent Wessely, 1972
70 H.H. — :08.3, Tom Akers, 1978, Craig Nordlie, 1979, 1982
50 yd. High — :06.3, Ron Gerard, 1965, Larry McCready, 1969
50 yd. Lows — :05.9, Larry McCready, 1968, Kent Wessely, 1972
50 yd. I.H. — :06.5, Ron Hamel, 1972
High Jump — 7'0", Steve Weaver, 1983
Long Jump — 23'9", Jason Woodford, 1983
Triple Jump — 49'¼", Bill Lawson, 1978
Pole Vault — 16'8½", Russ Adams, 1983
Shot Put — 60'¾", Brent Geringer, 1979
440 Relay — 42.50, Robert Williams, Kelly Ellis, Doug Case, Don Samuel, 1982
Mile Relay — 3:19.80, Wes Dickerson, Tim Hemming, Terry Brennan, Clark Rasmussen, 1978

2-Mile Relay — 7:43.79, Clark Rasmussen, Bob Friedman, Terry Brennan, Bill Glassmaker, 1978
Distance Medley — 10:00.3, Ken Hopkins, Bill Glassmaker, Terry Brennan, Bob Friedman, 1978
240 Shuttle Hurdle Relay — 29.50 Jay Connor, Bret Younger, Darryl Goree, Craig Nordlie, 1982

UNI Freshman Indoor Records

60 yd. Dash — :06.2, Kelly Ellis, 1978, :06.44, Don Samuel, 1982
300 yd. Dash — :31.4, Kelly Ellis, 1978
440 yd. Dash — 49.4, Dennis Roloff, 1972
600 yd. Dash — 1:12.58, Mike DeBo, 1982
880 yd. Dash — 1:55.2, Steve MacTaggart, 1974
1000 yd. Dash — 2:14.8, Ken Jarrett, 1981
1500m Run — 3:52.49, Carl Burrell, 1983
Mile Run — 4:14.8, Steve MacTaggart, 1974
2-Mile Run — 8:54.7, Dave O'Brien, 1979
3-Mile Run — 14:26.2, Chris Leonard, 1981
5000m Run — 14:56.1, Chris Leonard, 1981
70 Yd. H.H. — 8.3, Craig Nordlie, 1979
60 yd. H.H. — 7.5, Larry McCready, 1966
70 yd. L.H. — 8.3, Kent Wessely, 1971
60 yd. L.H. — 7.1, Larry McCready, 1966
60 yd. I.H. — 7.3, Kent Wessely, 1971
Pole Vault — 15'¾", Tom Winder, 1980
Long Jump — 23'2", Rich Franklin, 1969, Kelly Ellis, 1978
Triple Jump — 46'¾", Bobby Williams, 1981
Shot Put — 52'5", Tom Reints, 1978
High Jump — 7'0", Steve Weaver, 1983
2-Mile Relay — 8:02.0, Ecker, T. Teeling, Niffenegger, Cook, 1977
Mile Relay — 3:24.9, Peverill, Ross, Tims, Thumm, 1980

UNI Outdoor Records

100y — 9.5, Dave Hershkamp, 1971
100m — 10.53, Kelly Ellis, 1978
200y — 21.0, Bob Ruchti, 1967
200m — 21.71, Kelly Ellis, 1978
440y — 46.8, Dennis Roloff, 1972
400m — 47.94, Lester Young, 1979
800m — 1:48.55, Bill Glassmaker, 1979
880y — 1:50.7, Dennis Schultz, 1974
1500m — 3:44.06, Bob Friedman, 1979
Mile Run — 4:03.7, Dennis Schultz, 1974
3000m Steeplechase — 9:10.3, Jim Whitcomb, 1983
2-Mile Run — 9:15.0, Rich Twedt, 1971
3-Mile Run — 13:52.0, Rich Twedt, 1971
5000m Run — 14:31.3, Jim Erredge, 1979
6-Mile — 29:08.0, Bryan Huhnerkoch, 1979
10,000m Run — 29:59.0, Bryan Huhnerkoch, 1979
120 H.H. — 13.6, Larry McCready, 1967
110m H.H. — 14.0, Craig Nordlie, 1983
400m H.H. — 52.00, Tom Akers, 1979
440 I.H. — 53.1, Mark Sanborn, 1967
High Jump — 6'11", Steve Weaver, 1983
Long Jump — 24'2¼", Bobby Williams, 1981
Triple Jump — 50'2", Bill Lawson, 1977
Pole Vault — 16'7", Russ Adams, 1982
Shot Put — 58'6", John Holler, 1978
Discus — 199'6", Brent Geringer, 1979
Javelin — 207'¾", Lloyd Gnagy, 1937
Hammer — 185'9", Tom Reints, 1982
440 Relay — 41.5, Keith Schmidt, Rick Freeburg, Dennis Roloff, Steve Mott, 1973
880 Relay — 1:26.33, Wes Dickson, Kelly Ellis, Ken Hopkins, Mike Shaw, 1978
400m Relay — 41.2, Tom Akers, Kelly Ellis, Wes Dickson, Mike Shaw, 1978
Mile Relay — 3:14.1, Dave Anderson, Steve DeSerano, Mike Byington, Dennis Roloff, 1973
Sprint Medley Relay — 3:22.5, Rick Freeburg, Steve DeSerano, Dennis Roloff, Dennis Schultz, 1973

4 × 800m Relay — 7:25.95, Kerry Ecker, Joe Teeling, Bob Friedman, Bill Glassmaker, 1979
Distance Medley Relay — 9:48.13, Bill Glassmaker, Kerry Ecker, Joe Teeling, Bob Friedman, 1979
Shuttle Hurdle Relay — 58.9, Craig Nordlie, Gary King, Bill Ewan, Tom Akers, 1979
Decathlon — 7261, Bill Lawson, 1980

UNI Freshman Outdoor Records

100 yd. Dash — 9.7, Al Morgan, 1974
100m Dash — 10.53, Kelly Ellis, 1978
220 yd. Dash — 21.7, Rick Freeburg, 1972
200m Dash — 21.71, Kelly Ellis, 1978
440 yd. Dash — 46.8, Dennis Roloff, 1972
400m Dash — 47.8, Mike DeBo, 1982
880 yd. Dash — 1:55.2, Don McCullough, 1969
800m Dash — 1:54.0, Ken Rose, 1980
1500m Run — 3:51.8, Todd Peverill, 1980
Mile Run — 4:14.8, Dennis Schultz, 1971
3000m Steeplechase — 9:17.7, Steve Gearhart, 1983
5000m Run — 14:32.0, Dave O'Brien, 1979
10,000m Run — 30:19.41, Chris Leonard, 1981
110m H.H. — 14.59, Craig Nordlie, 1979
440 I.H. — 55.1, Gary King, 1977
Long Jump — 24'2¼", Bobby Williams, 1981
High Jump — 6'11", Steve Weaver, 1983
Triple Jump — 47'8", Brian Makela, 1982
Pole Vault — 15'1¼", Tim Jamerson, 1978
Discus — 164'10", Matt Haven, 1981
Javelin — 175'11", Steve Sheets, 1981
Shot Put — 56'11¼", Mike McCready, 1969
Hammer — 168'5", Tom Reints, 1978
440 Relay — 42.8, Schmidt, Matt, Roloff, Freeburg, 1972
880 Relay — 1:29.6, Davis, Gilmore, McCready, Miller, 1966
Sprint Medley Relay — 3:29.7, Brand, Campbell, White, Daniels, 1976
Distance Medley Relay — 10:41.8, Gilmore, Davis, Witt, Denney, 1966
Mile Relay — 3:20.6, Brand, Daniels, White, Campbell, 1967

The UNI-Dome — One of America's Premier Indoor Facilities

UNI supporters and the entire State of Iowa realized a dream come true with the completion of the UNI-Dome — a completely covered, multi-purpose facility with an air-supported roof — in February of 1975.

UNI-Dome, the prefix standing for the University of Northern Iowa, as well as meaning unique, combines the features of three buildings — a football stadium, fieldhouse and large auditorium. It hosts such events as concerts, exhibitions, trade shows, pageants, rallies and convocations, as well as football, basketball, softball and field hockey games and wrestling and track meets.

Multi-Purpose Use

The UNI-Dome was designed with "something for everyone." Its artificial turf for football games and practices can be rolled up in 45 minutes. Underneath, on a synthetic floor area, are basketball and tennis courts and an eight-lane, 220-yard oval running track. As many as 12 tennis matches and two basketball games can take place simultaneously at the field level.

Approximately 16,400 spectators can be seated for football and 7,254 for court-side activities. For stage activities, such as commencement, concerts

and artist or speaker series, total capacity — using movable bleachers and folding chairs — can reach 25,000.



UNI-Dome Records

Shot Put — 66-10½, Al Feurbach (Pacific Coast TC) 1976
High Jump — 7-3, Brian Tjiens (North-Central Manly H.S.) '81
Long Jump — 25-4½, Ed Stewart (Mankato State) 1982
Triple Jump — 50-4, Peter Pratt (Mankato State) 1977
Pole Vault — 16-6, Dave Nielsen (Iowa TC) 1976
60 yd. Dash — :06.23, Jeff Byrd (Lincoln University) 1981
60 yd. HH — :07.1, Greg Rumble (Drake University) 1976
70 yd. HH — :08.3, Tom Akers (UNI) 1978; Ricky Davenport 1979;
 Craig Nordlie (UNI) 1979, 1982
300 yd. Dash — :30.45, Sunday Uti (Iowa State) 1982
440 yd. Dash — :49.03, Ray Armstead (Northeast Missouri) '82
600 yd. Run — 1:10.8, David Korir (Iowa State) 1976
880 yd. Run — 1:52.9, Bill Glassmaker (UNI) 1979
1,000 yd. Run — 2:09.49, Randy Wilson (Unattached) 1980
1,500-meter Run — 3:47.5, John Clarke (Iowa TC) 1977

Mile Run — 4:06.1, Jeff Myers (Iowa State) 1977
2-Mile Run — 8:50.85, Richard Kaitany (Iowa State) 1980
5000m Run — 14:28.6, Mike Palmquist (Good Times TC) 1981
2-Mile Walk — 15:01.3, Jeff Moznac (Wis.-Platteville) 1977
440 yd. Relay — :43.2, UNI (Al Atherton, John Harland, Wes Dickerson, Bright Ebenezer) 1977
Mile Relay — 3:19.7, Iowa (Mike McDowell, Tom Slak, Andy Jensen, Bill McCalister) 1977
Sprint Medley Relay — 3:34.1, UNI (Ebenezer, Robers, Froehle, Connell) 1976
Distance Medley Relay — 10:00.3, UNI (Hopkins, Brennan, Glassmaker, Friedman) 1978
Shuttle Hurdle Relay — :29.50, UNI (Jay Connor, Bret Younger, Daryl Goree, Craig Nordlie) 1982
2-Mile Relay — 7:43.79, UNI (Rasmussen, Brennan, Friedman, Glassmaker) 1978

1983-84 Running Mates

Name	Home Town	Status	Major
Tracy Anderson	Atlantic	Fr.	Psychology
Vonda Borchering	Belmond	So.	Elem. Ed.
Shelly Ehresman	Tipton	Jr.	Family Services
Lisa Geerts	Charles City	Fr.	Undecided
Denise Henrickson	Gruver	So.	Elem. Ed.
Lisa Hofer	Ames	Sr.	Special Ed.
Anne Houston	Pocahontas	Fr.	Special Ed.
Karmen Meier	Wheatland	Jr.	Special Ed.
Rena Reiling	Wheatland	Jr.	Computers
Melissa Scharf	Dubuque	Fr.	Business
Kathy Schrieber	Cedar Falls	So.	Recreation
Lori Sivesind	Waukon	Fr.	Special Ed.
Mary Skopec	Cedar Rapids	Fr.	Biology
Lori Hunt	Hopkinton	Jr.	Fashion Merchandise
Steph Steinbruck	Atlantic	So.	Marketing
Jane Varley	Dubuque	Fr.	English
Kay Wasson	Eldridge	So.	Therapeutic Rec.
Jill Zimmerman	Maquoketa	Jr.	Special Ed.

"They are important people in our program which we really appreciate and respect for their loyalty and support."

That's what UNI Head Coach Lynn King quipped of the 18 Northern Iowa coeds who are members of the 1984 Running Mates. In just a few years, the volunteer organization has grown into an integral part of the program with members contributing their time to several different aspects of the program.

Each Running Mate is scheduled to work at a practice two or three times a week taking times, making sure each athlete completes his workout as well as other basic practice duties which allows King and Bucknam to work on a more individualized basis with the athletes. During meets the group times races, runs all field events and gives out the awards to the competitors. They alternate working in the track office and are responsible for some correspondence, handling phone calls, record updates, meet preparation and various recruiting preparation.

The Running Mates also help with fund-raising events and participate in various social events with each other and the members of the track squad. Picnics, parties and other activities help the organization get to know each other, as well as the UNI track team members, on a more informal basis.



1984 University of Northern Iowa Track and Field Squad

Front row: Tim Long, Dave Butler, Greg Mason, Rod Been, Carl Burrell, Robert Durham, Dan Gibart, Troy Becker, Tom Stroh, Todd Gibart, Greg Skopec; 2nd row: Mike Schmitz, Mike McGrath, Paul Skopec, Craig Lampright, Brooks Glasnap, Chuck Klose, Dave Swanson, Mike DeBo, Eric White, Steve Gearhart, Dan Fick, Chris Leonard; 3rd row: Scott Sloan, Tim Bohlmann, Dan Conger, Jim Thompson, Bruce Garner, Jon Weih, John Place, Steve Weaver, Mike Reed, Rob Lathrop, Jim Kindig, Greg Peterson; 4th row: Steve Muntz, Russ Adams, Brian Glassmaker, Solomon Anderson, Gary Lamparek, Kirk Anderson, John Wisman, Don Samuel, Matt Haven, Doug Case, Craig Faber, Jay Connor, Rod Wiese, Paul Egger, Kelly Tagtow

Running Mates

First Row: Denise Henrickson, Melissa Scharf, Lisa Hofer, Tracy Anderson. 2nd Row: Jill Zimmerman, Lisa Geerts, Jane Varley, Lori Sivesind. 3rd Row: Lori Hunt, Steph Steinbruck, Mary Skopec, Kathy Schrieber, Shelly Ehresman. 4th Row: Vonda Borcharding, Renae Reiling, Kay Wasson.



UNI Indoor Schedule

Jan. 21	Varsity vs. Alumni	(Noon)	UNI-Dome
Jan. 28	Big Four Meet	(Noon)	Iowa City, IA
Feb. 4	UNI, St Cloud, Wisconsin-Stout	(Noon)	UNI-Dome
Feb. 10	UNI Invitational (Drake, Western Illinois, Marquette, UNI)	(7:30 pm)	UNI-Dome
Feb. 18	UNI, Mankato St., South Dakota	(Noon)	UNI-Dome
Feb. 26	UNI-Dome Open	(10:30 am)	UNI-Dome
Mar. 2-3	AMCU-8 Indoor Championships		Macomb, IL
Mar. 8-10	NCAA Indoor Championships		Syracuse, NY

UNI Outdoor Schedule

March 17	Domino Relays (Florida State University)	Tallahassee, FL
April 7	Semotom Relays (S.E. Missouri State)	Cape Girardeau, MO
April 14	Iowa Intercollegiate Meet	Ames, IA
April 20-21	Kansas Relays	Lawrence, KS
April 27-28	Drake Relays	Des Moines, IA
May 4-5	AMCU-8 Outdoor Championships	Macomb, IL
May 12	Last Chance Meet (Univ. of Minnesota)	Minneapolis, MN
May 18-19	Tom Black Classic (Univ. of Tennessee)	Knoxville, TN
May 28-	NCAA Outdoor Championships	Eugene, OR
June 2	(Univ. of Oregon)	

