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Super Bowl Precautions

University of Northern Iowa

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Super Bowl Precautions

Dear Panther Community,

With the Super Bowl approaching this weekend, please remember that gathering indoors with people you do not live with for this event or other similar activities increases your risk of getting or spreading COVID-19. The CDC recommends gathering virtually to watch the game or limiting your get-together to only those people you live with.

If you are around people who don't live with you, wearing a mask and staying socially distanced (at least 6 feet apart) will help protect you and others. Remember people without symptoms or with a recent negative test result can still spread COVID-19. Guests should avoid any direct contact, including handshakes or hugs, according to the CDC.

Get Tested

Don't forget COVID-19 testing is available on campus through the Student Health Clinic (SHC). If you have symptoms or believe you've been exposed call the SHC COVID-19 hotline at 319-273-2100 between 8 a.m. - 4:30 p.m., Monday-Friday to talk to a nurse to be assessed for a test. Panthers seeking a test can also use the UNI Test Iowa location on campus, which offers a broader set of criteria to qualify for a test, or their private health care provider.
PantherHealth Survey

Please continue to complete the PantherHealth survey, which is an important tool to track your own and our campus' health. The survey is designed to alert you not to come to campus if you're experiencing COVID-19 symptoms or have been exposed. Staying home as a precaution helps protect everyone.

According to the CDC, after you receive a vaccine you may have some side effects that last for a few days, which are normal signs that your body is building protection. In all cases, if you're having symptoms, please report them in the survey and remain at home. If you have a question, please visit forwardtogether.uni.edu or email it to forwardtogether@uni.edu. Thanks for all that you do to keep yourself, your family and the Panther community safe.

Stay Well,

University of Northern Iowa

John Vallentine, Associate Provost for Faculty

Joseph Rayzor, Director of Risk Management, Environmental Health and Safety