LAMPOST THEATRE UPDATES
From our neighbors down Seerley Boulevard:
It's time to jump, jive, and wail! Swing dancing is back at Lampost this Saturday night. Start out the evening with lessons at 7:30, and then the floor will be open to swing the night away! $1 cover charge.

Lampost is in need of a new roof...and here's one way you can help! We will be having a MEGA garage sale this summer to raise funds, so if you have gently-used items to donate, please drop them by the coffee shop. Because we are trying to raise funds (the roof will cost $36,000!), please use discernment with the quality of donated items.

It's heating up outside, so the Lampost Coffee Shop is switching over to summer hours. We'll be open late on Thursday and Saturday nights (keep an eye out for a variety of fun events!) and close at 5 pm on Fridays. And if you need a tasty summer treat, try one of our popular Snickers Java Smoothies!

Soaking up the sun,
The Lampost Crew

Lampost Theatre Company
204 W. Seerley Blvd.
Cedar Falls, IA 50613
319.277.8034
www.lampost.com

THINGS TO DO IN THE AREA THIS SUMMER
Here are just a few things to look forward to this summer in Cedar Falls and Waterloo:

Cedar Falls Farmer's Market: Every Saturday from 8:30 a.m. until noon, south side of Overman park on 3rd Street between Franklin and Clay Streets.

My Waterloo Days, May 31 - June 3: http://www.mywaterloodays.org/

The Sturgis Falls Celebration, June 21-24: http://www.sturgisfalls.org/


Cedar Falls Live to 9 series begins June 8: http://liveto9.com/

Use the Cedar Falls/Waterloo Trail System: http://3dvideomap.com/index.html?name=cedarfallstrails_iowa&skipwelcome=true&centerId=10776&startZoomLevel=13

Visit the Hartman Reserve Nature Center, just off the South Riverside Trail: http://www.co.blackhawk.ia.us/hartman/

Watch the Roller Derby: The Push-Up Brawlers (Cedar Falls/Waterloo local team) will take on the Eastern Iowa Outlaws in a "Bout" that begins at 7:00 p.m. on Saturday, May 19. For more information, please see their Facebook page, "Cedar Valley Derby Divas". This bout will help support Cedar Valley Friends of the Family. They have other "bouts" this summer, just check their schedule on Facebook. What is roller derby, you might ask? Well, the Wikipedia entry provides a good introduction to this sports and entertainment phenomenon: http://en.wikipedia.org/wiki/Roller_derby