

10-6-2020

## Forward Together Update [Continue to Prevent Spread & New CDC Guidance], October 6, 2020

University of Northern Iowa

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# University of Northern Iowa

## Forward Together Update—10/6/20

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### We're Halfway There

Panthers, you've officially made it halfway through this semester - not an easy feat - and you deserve some recognition. We're proud of you and the hard work, patience, and understanding you have collectively put into helping us reach this point.

While we've made it halfway, we still need to remain focused on the preventative steps we can all take to slow the spread of COVID-19 in order to finish the semester in-person. In fact, most experts predict a national uptick in cases during the fall and winter as more of us move indoors and flu season begins. Don't forget to take advantage of the Student Health Clinic's [free flu shots](#) over the next few weeks.

Please remember to keep wearing a mask and stay physically distanced. Last week's changes in quarantine rules by the Iowa Department of Public Health do not mean that masks are sufficient on their own. Keep up the great work and let's finish this semester strong.



## New CDC Guidance

As you may have seen in the news this week, the Centers for Disease Control on Monday updated its guidance on [How the Coronavirus Spreads](#) pointing to new evidence that COVID-19 can sometimes be spread by airborne transmission in enclosed spaces that have inadequate ventilation.

As part of our planning process this summer, UNI changed our HVAC systems to bring more fresh air into classrooms and common spaces. The air in rooms is now exchanged at least six times per hour and new filtration has been installed.

Available data indicate that it is much more common for the virus to spread through close contact rather than airborne transmission. So please continue wearing masks and physically distancing. These are extremely important ways we can continue protecting our campus.

## Have questions? Reach out to us

Students seeking answers to questions about COVID-19-related issues should email us at [forwardtogether@uni.edu](mailto:forwardtogether@uni.edu). You can also find resources and information about COVID-19 on the [Forward Together website](#).

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