

1979

Panther Track 1979

University of Northern Iowa

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Panther Track 1979



Northern Iowa's 5 returning All-Americans

**University
of
Northern Iowa**

1979 Track & Field Schedule

Indoor

Date	Opponent	Location
Jan. 20	EARLY PANTHER OPEN	CEDAR FALLS
Jan. 27	ALUMNI MEET	CEDAR FALLS
Feb. 3	MANKATO ST., ILLINOIS (Chicago Circle), NE MISSOURI ST.	CEDAR FALLS
Feb. 10	WISC-STEVENS POINT, NEB-OMAHA	CEDAR FALLS
Feb. 17	UNI INVITATIONAL	CEDAR FALLS
Feb. 24	UNI-DOME OPEN	CEDAR FALLS
Mar. 23-24	A.D. DICKINSON RELAYS	CEDAR FALLS

Outdoor

Date	Opponent	Location
Mar. 31	Western Illinois	Macomb, IL
April 1	UNI MARATHON	CEDAR FALLS
April 1-2	UNI DECATHLON	CEDAR FALLS
April 6-7	Texas Relays & Iowa St. Invitational	Austin, TX Ames, IA
April 10	Big Four Meet (Iowa, Iowa St., Drake)	Des Moines, IA
April 14	Augustana (IL) Open Invitational	Rock Island, IL
April 20-21	Kansas Relays & Illini Classic	Champaign, IL, Lawrence, KN
April 27-28	Drake Relays	Des Moines, IA
May 5	Iowa State	Ames, IA
May 12	MCC Championships	Macomb, IL
May 23-26	NCAA Division II Nationals	Macomb, IL
May 30-June 2	NCAA Division I Nationals	Champaign, IL

Facts on UNI

Location: Cedar Falls, Iowa 50613
 Founded: 1876
 Enrollment: 10,345
 President: Dr. John J. Kamerick
 Nickname: Panthers
 Colors: Purple and Old Gold
 Home Facility: UNI-Dome (220-yd.
 oval)
 Conference: Mid-Continent
 Athletic Director: Stan B. Sheriff
 Associate Athletic Director: R.C.
 Johnson
 Faculty Representative: Dr. Ray-
 mond Schlicher
 Head Coach: Lynn King (3rd Year)
 Assistant Coach: Steve High (1st
 year)

Lettermen Returning: 22
 Lettermen Lost: 9
 1978 Dual Record: 2-3
 Conference Finish: Indoor — 1st
 Outdoor — 1st
 Track Office Phone: (319) 273-6480
 Sports Information Director:
 Brad Larsen,
 Office: (319) 273-6354
 Home: (319) 277-5820
 Athletic Department Phone: (319)
 273-2143
 Athletic Business Office: (319)
 273-2470

Head Coach Lynn King



When Lynn King took over as head track coach at Northern Iowa in 1976, he became only the third man ever to hold that distinction. King has continued to develop the deep tradition of great track and field teams at UNI and this year's team may be the best ever.

Following a four-year tenure at Rochester Community College in Minnesota, King came to UNI with a goal of making and developing the Panthers into a national power, not only in track and field, but in cross country as well. This past year his track team finished 9th and cross country team 10th at nationals.

In 1977, the Panther thinclads won the "Big Four" Quadrangular meet (Iowa, Iowa State, Drake, UNI) for the first time, finished second in the NCC indoor and outdoor championships and crowned five All-Americans enroute to a 10th place finish at Nationals.

The 1978 team won both conference crowns, established 22 new school records, had seven All-Americans, including one national champion in the discus, and finished ninth at Nationals after qualifying 19 people for the meet.

Including one All-American at Rochester CC, King has coached 13 All-Americans in seven different events in seven years of coaching.

King, a Cedar Falls native, graduated from UNI in 1969 with a B.A. and received his M.A. in 1971. He was a four-year starter on the Panther football team as defensive back and was an all-around performer for Coach Jack Jennett in track and field.

Lynn and his wife Jan have two children, Jason, 7, and Kelly, 5.

Assistant Coach Steve High

Steve returns to Northern Iowa track and field after a year's absence. High was a graduate assistant in 1976-77 under Coach Lynn King before moving to Carthage (IL) High as head mentor where he coached Bill Lawson, an outstanding Panther trackster on this year's squad. Steve is the first full-time assistant track coach at UNI and will be in charge of coaching the long, triple and high jumps, along with the pole vault.

He is married to the former Anne Fullerton, a 1974 alumna of UNI.

1979 Northern Iowa Track Roster

Name	Hometown	Year
Akers, Tom	Ankeny, IA	Sr.
Breeding, Scott	Des Moines, IA	So.
Brown, Steve	Rochester, MN	Jr.
Brown, Vernon	Cedar Rapids, IA	Fr.
Byers, Mark	Lake Park, IA	Sr.
Ciarahan, Rick	Iowa City, IA	Jr.
Conlon, Kevin	Dubuque, IA	Sr.
Cook, Brad	Cedar Falls, IA	So.
Davidson, Steve	Charles City, IA	Fr.
Denton, Wayne	Waterloo, IA	Fr.
Dickenson, Jeff	Urbandale, IA	Fr.
Ecker, Kerry	Cedar Rapids, IA	Jr.
Ellis, Kelly	Waterloo, IA	So.
Erredge, Jim	Zumbrota, MN	Jr.
Ewan, Bill	Ames, IA	Sr.
Fabry, Mark	Rochester, MN	Sr.
*Friedman, Bob	Carroll, IA	Sr.
Friedman, Rick	Carroll, IA	Jr.
Gee, Mike	Ottumwa, IA	So.
*Geringer, Brent	Clarence, MO	Sr.
*Glassmaker, Bill	Byron, MN	Sr.
Hall, Tiffin	Altoona, IA	Fr.
Hanning, Tom	Bondurant, IA	Jr.
Hemming, Tim	Cedar Falls, IA	So.
Hopkins, Ken	Cedar Rapids, IA	Jr.
Huhnerkoch, Bryan	Lewiston, MN	So.
Jamerson, Tim	Waterloo, IA	So.
Kammarmeyer, Paul	Rock Rapids, IA	Jr.
King, Gary	Kasson, MN	Jr.
*Lawson, Bill	Carthage, IL	Jr.
Lind, Mike	Cedar Falls, IA	So.
Lucas, Matt	Davenport, IA	Fr.
Merkey, Steve	Ottumwa, IA	Jr.
McMichael, John	Des Moines, IA	Jr.
Myers, Wayne	Algona, IA	Jr.
Nelson, Doug	Boone, IA	Fr.
Nielsen, Kirk	Oelwein, IA	Fr.
Nielsen, Mark	Oelwein, IA	Jr.
Nordlie, Craig	Nevada, IA	Fr.
O'Brien, Dave	Burnsville, MN	Fr.
Offord, Arturo	Washington, D.C.	Sr.
Pelley, Bob	Waukegan, IL	Fr.
Penquite, Kent	Ankeny, IA	Fr.
Pierce, Scott	Cedar Falls, IA	Fr.
Rasmussen, Clark	San Diego, CA	Jr.
Reed, Michael	Cedar Falls, IA	Fr.
Reints, Tom	Waterloo, IA	So.
Rieck, Jim	Waterloo, IA	Fr.
Rodamaker, Dan	Charles City, IA	Fr.

Rogers, Steven	Brandon, IA	Jr.
*Rogers, Tom	Waterloo, IA	Jr.
Schultz, Don	Greeley, IA	Jr.
Schultz, Todd	Dunlap, IA	Jr.
Schwartz, Don	Dubuque, IA	Fr.
Severson, Keith	Faribault, MN	So.
Shaw, Mike	Nevada, IA	So.
Siler, Bill	Waterloo, IA	Fr.
Smallwood, Bob	Bettendorf, IA	So.
Smith, Kevin	Dubuque, IA	Fr.
Sprain, Kim	Ackley, IA	Jr.
Sprouse, Larry	Aurelia, IA	Fr.
Talley, Andre	Waterloo, IA	Fr.
Thomas, Ed	Iowa Falls, IA	Fr.
Teeling, Joe	Dubuque, IA	Sr.
Thiel, Scott	Ames, IA	So.
Weig, Larry	Wesley, IA	Jr.
Whitcomb, Jim	Glenwood, IA	Fr.
Willett, Mitch	Cedar Falls, IA	Jr.
Wilson, Dave	Mason City, IA	Jr.
Wittman, Gary	Dubuque, IA	Sr.
Young, Lester	Milwaukee, WI	Jr.

*Indicates Returning Lettermen

The '79 Outlook

Five returning All-Americans and 23 lettermen highlight the 1979 Panther track team and all indications are that they are looking forward to one of their best seasons ever.

"This could be the best team ever assembled at UNI," said Head Coach Lynn King. "We have a great group of seniors that are not only talented, but also are fine leaders. The younger members have shown already they are willing to work to continue UNI's tradition of competitive track teams."

Team balance is the word — every event is covered by at least one quality performer-leader. But as is common with most good track teams it will be team depth that pays off and Coach King is feeling comfortable about that aspect.

"For the first time in my coaching career, we have a team that is really well balanced all the way from the field events through the distance races," King said. "We have set our goals to win the first Mid-Continent Conference track championship and to place in the top three in the nation. I'm really anxious to get this season rolling."





Ellis, Kelly



Hemming, Tim



Hopkins, Ken

The Sprints

Outstanding sprinter Al Atherton is gone and will be missed but a fine group of veterans and some promising freshmen return to fill in the gap.

Kelly Ellis and Mike Shaw will be the top two contenders in the short sprints. Both have run sub:10.5 times in the 100-meters and were members of the record-breaking 400-meter and 880-yard relay teams last spring. New-comers Steve Davidson, Vernon Brown, Kent Penquite and Dave Wilson will give the Panthers depth to establish some outstanding relay units.

The long sprint group (440) will be led by Bill Glassmaker, Ken Hopkins, Tim Hemming and Lester Young. Glassmaker, Hopkins and Young have turned in sub :48.0 times, and along with Hemming will make the Mile Relay team tough to beat. Ellis and Tom Akers also will see some action in the 440, along with freshmen Vernon Brown and Ed Thomas.



Akers, Tom



Ewan, Bill



King, Gary

The Hurdles

A solid hurdle corps is headed by senior Co-captain Tom Akers who had times of :14.1 in the 110-meter high hurdles and :52.8 in the 400-meter intermediate hurdles and was instrumental in leading the Panthers to a third-place finish in the Shuttle Hurdle Relay at Drake in 1978. Veterans Gary King and Bill Ewan also return off the Shuttle Team. Both are total team runners and have excellent speed.

Freshman Craig Nordlie promises to make UNI even tougher in the hurdles, adding his :14.1 high school time to this fine group. Overall, this section should be even better than last year.



Ecker, Kerry



Erredge, Jim



Rasmussen, Clark



Teeling, Joseph

The Middle Distances

One of the strongest areas on the team, if not the strongest. Two-time All-American Bill Glassmaker returns in the 800-meters where his 1:48.7 clocking in the NCAA Division II finals placed him fourth. Three-time All-American Bob Friedman finished fourth in the Nationals last spring with a time of 3:46.1 in the 1500-meters.

Along with Glassmaker in the 800-meters will be Clark Rasmussen, Mike Lind, Joe Teeling, Keven Conlon, Kerry Ecker and freshmen Tiffin Hall and Bobby Pelly, giving the event sound depth. Rasmussen had times of :48.8 in the 44 and 1:12.2 in the 600-meters.

Backing up Friedman in the 1500-meters will be JC transfer Jim Erredge and sophomore Scott Thiel. Two freshmen, Kirk Nelson and Dan Rodamaker, round out the field.



Huhnerkoch, Bryan



O'Brien, Dave



Sprain, Kim W.

The Distances

Led by veterans Kim Sprain and Bryan Huhnerkoch, this should be the best group of runners in recent history. Both placed in the NCC 10,000-meter run in 1978.

They will be joined by freshman Dave O'Brien, who already had made his presence felt by setting freshman record times in cross country.

Doug Nelson, Jim Whitcomb, Joe Teeling and Jim Erredge will add depth. Teeling has run 9:07 for two miles this past fall.



Reints, Tom



Willett, Mitch

The Throws

Brent Geringer, the Division II Champion in the discus, is back to defend his crown and should be the number one competitor for the Panthers in both the discus and shot put. He will get plenty of support from Tom Reints and Mitch Willett who were both national qualifiers last year in the shot put. Reints owns the freshman record in the shot as well as the varsity hammer throw mark.

Bill Silor will team with conference place winner Todd Schultz in the javelin to provide a good one-two punch for the Panthers.



Friedman, Rick



Jamerson, Tim

The Jumps

The real strength of the team, led by a corps of five 15-foot pole vaulters. Tom Rogers holds the UNI outdoor mark of 15-7½ and Bill Lawson owns the indoor mark of 15-6½. Tim Jamerson (15-1½), Gary Witham (15-0) and Mark Fabry (15-0) round out the field.

The long jump boasts four jumpers who have gone over 23 feet: Kelly Ellis, Bill Lawson, Arturio Offord and newcomer Wayne Denton, the Iowa State high school champ in 1978 with a jump of 23-2.

School record-holder Lawson (50-2) and Offord (46-8) will be tough to beat in the triple jump. Kevin Smith, a freshman, will add depth.

Only one high jumper returns, but he is a good one. Rick Friedman holds the indoor mark of 6-9 and is a good bet to better that in 1979.

Returning All-Americans



Brent Geringer — National Champion — Discus — Sixth Place, Shot Put
Senior, Clarence, MO

One of the top discus throwers in the country. Geringer capped a great junior season by winning the Division II discus title with a throw of 187-6, identical to his Iowa Intercollegiate record set earlier. Also won the Kansas Relays and North Central Conference titles. Finished third in the NCAA in 1977 in the discus.



Bob Friedman — Fourth Place — 1500-Meters
Senior, Carroll, IA

A four-time UNI track and cross country team captain . . . finished the 1978 season in great form by earning his third All-American status in the 1500-meters. . . . Was one of four runners to break the national meet record with a time of 3:46.1 . . . looked upon to provide team leadership.



Bill Glassmaker — Fourth Place — 800-Meters
Senior, Byron, MN

Finished fourth for the second straight year, except three seconds faster at 1:48.7. A versatile performer, he will see action in the 400-, 800- and 1500-meters . . . holds six Northern Iowa school records and won the North Central Conference titles, both indoor and outdoor, at 600- and 400-meters respectfully . . . was a standout performer for Coach Lynn King while at Rochester Community College.



Bill Lawson — Fifth Place — Decathlon
Junior, Carthage, IL

The most versatile performer on the team . . . followed a great 1977 season with much improvement in 1978 . . . owns school records in the indoor pole vault (15-6½), indoor and outdoor triple jump (50-2) and the North Central Conference decathlon record garnering 6,972 points, qualifying for nationals in all three events in 1977 and '78 . . . was a standout performer at Carthage High where he tutored under Panther assistant coach Steve High, winning the Illinois Class A pole vault championship.



Tom Rogers — Sixth Place — Pole Vault
Junior, Waterloo, IA

Really came through in the nationals . . . broke the school outdoor record with a fine jump of 15-7½ to be the only non-Californian in the top six . . . constant improvement will make him tough this year . . . was a standout at Waterloo — Columbus High.

Panther Sketches

Tom Akers, Sr. Hurdles-Sprints — Ankeny, IA — Returns as one of the top hurdlers in UNI track history . . . owns four school records and is the NCC record holder at :14.1 in the 110-meter high hurdles . . . a respected team leader, one of the 1977 and '78 co-captains . . . a valuable asset on the sprint relay units.

Vernon Brown, Fr. Sprints — Cedar Rapids, IA — One of the top prep sprinters in the state of Iowa in 1978 . . . will be seeing duty from the 60-yard dash through the 440 and possible action in the sprint relays.

Steve Davidson, Fr. Sprints — Charles City, IA — Could be a darkhorse in the young sprinters corp at UNI this year . . . will primarily see action in the relay units.

Wayne Denton, Fr. Long Jump — Waterloo, IA — The Iowa State champ last year, jumping 23-2 . . . will give UNI a strong nucleus of jumpers in the long and triple events . . . an extremely hard worker, also is an excellent hurdler.

Kerry Ecker, Jr. 800 meters — Cedar Rapids, IA — Starting to come into his own . . . has good speed and a winning attitude . . . could very well be a real surprise in 1979.

Kelly Ellis, So. Sprints-Long Jump — Waterloo, IA — Was the high point man on the team last year as a freshman . . . owns school records in the 60- and 300-yd. dash and the 880-, 440-yard and 400-meter relay team events . . . an outstanding running back for the Panther's football team where he has been the leading rusher the past two seasons.

Jim Erredge, Jr. 800, 1500, 500-meters — Zumbrota, MN — A JC transfer, did an excellent job in cross country last fall, leading UNI to a 10th place finish in the NCAA . . . great potential . . . looks to be one of UNI's fine relay performers.

Bill Ewan, Jr. Hurdles — Ames, IA — Helps give UNI one of the top hurdle groups in the Midwest . . . was on the Panther shuttle hurdle team that placed third at the Drake Relays in 1978.

Mark Fabry, Sr. Pole Vault — Rochester, MN — A fine vaulter. An illness slowed him up during the 1978 season but still came on strong at the end of the year to become the fifth UNI vaulter to go over 15 feet.

Rick Friedman, Jr. High Jump — Carroll, IA — Has excellent talent . . . holds the UNI indoor record at 6-10 and most likely will top that mark . . . brother Bob is UNI's top 1500-meters man.

Tiffin Hall, Fr. 400-800 meters — Altoona, IA — Will add much needed depth at 400-meters and will strengthen the 800-meter corp of runners . . . one of the hardest workers on the team showing a great amount of promise for a fine career at UNI.

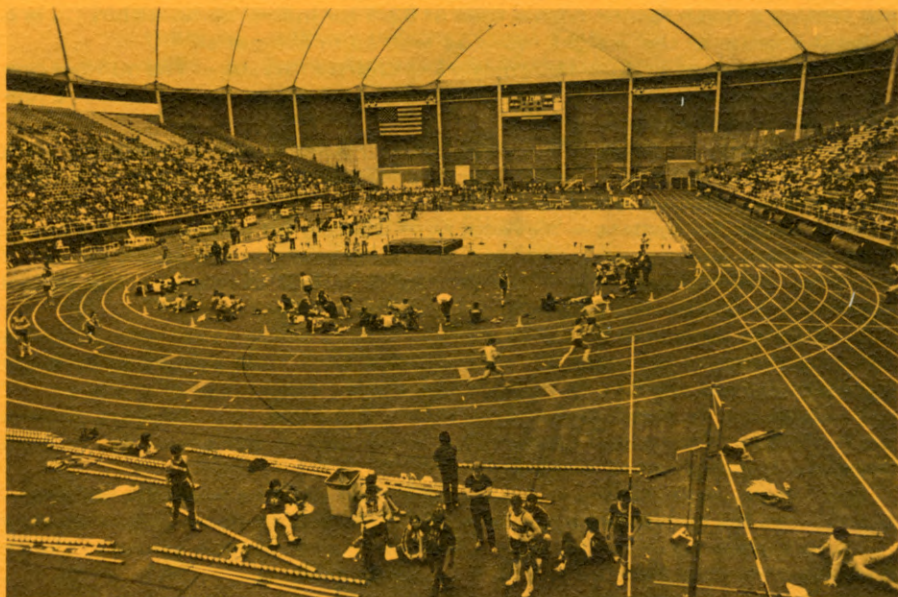
Tim Hemming, So. 400-meters — Cedar Falls, IA — Had a fine freshman campaign placing second in the 440-yd. dash at the NCC indoor meet . . . a fine relay runner also. Will most likely be a mile relay team member.

Ken Hopkins, Jr. 400-meters — Cedar Rapids, IA — Will be one of the leaders on the Panther's relay units . . . was a member of the mile relay team that broke the school indoor record . . . super talent. This should be Ken's best year at UNI.

Bryan Huhnerkoch, So. Distances — Lewiston, MN — A great competitor . . . capped a fine frosh season in 1978 with a gutsy third-place finish in the NCC 10,000-meter run . . . one of UNI's top five cross country runners.

Tim Jamerson, So. Pole Vault — Waterloo, IA — Broke the freshman vault record in 1978 going just over 15-0 . . . has already broke the UNI indoor record in 1979 with a jump of 15-7 . . . gives the Panthers a solid nucleus of pole vaulters.

Action in the Dome



Gary King, Jr. Hurdles — Rochester, MN — A consistent performer in the hurdles . . . is a member of the shuttle hurdle squad that placed third in the Drake Relays last year . . . looks to have his best year since coming to UNI two years ago.

Mike Lind, So. 800 meters — Cedar Falls, IA — Set a freshman record with a time of 1:55.9 in 1978 . . . has worked hard to prepare for this year's schedule . . . will see action on one of the relay teams.

Steve Merkey, Jr. 1500 meters — Ottumwa, IA — Has gone through his first Autumn without injury . . . has improved 5-10 seconds on his mile time each year . . . should have a good year barring injury.

Doug Nelson, So. Distances — Boone, IA — Did a good job on this year's cross country team . . . has shown real improvement over the past two seasons.

Craig Nordlie, Fr. Hurdles — Nevada, IA — The top prep hurdler in Iowa last spring with a time of :14.1 to his credit . . . has good speed and strength. He will be a fine addition to an already strong hurdler group.

Kirk Nielsen, Fr. 800-1500 meters — Oelwein, IA — One of UNI's top cross country runners this past Fall . . . will run at both distances this spring and should learn a lot from the veterans on the team . . . had a fine high school career at Oelwein.

Dave O'Brien, Fr. Distances — Burnsville, MN — Broke the freshman records for five miles and 10,000 meters last Fall in cross country meets . . . turned in a 9:09.7 clocking for two miles . . . a blue-chip athlete who was a high school All-American.

Arturio Offord, Sr. Long Jump-Triple Jump — Washington, D.C. — A consistent performer, scores well in both events . . . helped UNI win two conference meets last year as a JC transfer.

Clark Rasmussen, Jr. 400-800 meters — San Diego, CA — Will run mostly in the 800-meters but has performed well in the 400-meters . . . has been clocked at 1:12.2 in the 600-meters.

Tom Reints, So. Shot Put-Hammer — Waterloo, IA — Holds the school record in the hammer (168-5) and was a national qualifier last year in the shot put setting a frosh record with a toss of 52-5 for indoor competition . . . is a diligent worker in the weight room as well as in competition.

Dan Rodamaker, Fr. 800-1500 meters — Charles City, IA — The number one "darkhorse" on the team . . . with added leg strength he could become a fine middle distance runner at UNI.

Todd Schultz, Jr. Javelin — Dunlap, IA — Found a slot on the team as a javelin thrower in 1978 . . . was a conference placer at last year's NCC meet and looks to improve last year's effort.

Mike Shaw, So. Sprints — Nevada, IA — Coming off a football knee injury that required surgery . . . one of the finest sprinters in the entire state . . . anchored the 880-yard and 400-meter relay teams that broke the school records in both events . . . a national qualifier last year.

Bill Silor, Fr. Javelin — Waterloo, IA — A military academy transfer . . . has a 190-plus throw to his credit . . . will combine with Todd Schultz to give the Panthers a good one-two punch . . . has a good knowledge of the event.

Kevin Smith, Fr. Triple Jump — Hurdles — Dubuque, IA — Appears to have great triple jump potential, breaking the freshman mark in practice . . . had an excellent training period this Fall.

Kim Sprain, Jr. Distances — Ackley, IA — Just starting to realize his potential . . . was the number two runner most of the season during cross country . . . a self-made runner, Kim was a football player in high school . . . with continued improvement he will be a tough competitor.

Joe Teeling, Sr. 800-1500 meters — Dubuque, IA — Has a special competitive quality . . . coming off an excellent pre-season workout training period that could make him one of the outstanding runners this Spring.

Scott Thiel, So. Middle Distances — Ames, IA — Has natural talent as a runner . . . was clocked at 4:16.0 for the mile . . . saw much improvement over his prep times during his freshman season.

Ed Thomas, Fr. 400-800 meters — Long Jump — Decathlon — Iowa Falls, IA — Maybe the most versatile freshman on the squad . . . has potential to develop into a good decathlon man . . . will also compete as a long sprinter and long jumper.

Gary Wittman, Sr. Pole Vault — Decathlon — Dubuque, IA — Has a 15-1 personal record in the pole vault . . . was a national qualifier in the decathlon . . . has made good progress in both events and is a dedicated worker.

Mitch Willett, Jr. Shot Put — Discus — Cedar Falls, IA — A conference scorer two years running . . . was one of four shot put qualifiers in 1978 with a throw of 53-2 . . . not too big but has great power and desire.

Lester Young, Jr. 400 meters — Milwaukee, WI — A JC transfer with excellent credentials . . . was an All-American at Rochester CC with a time of :46.8 in the 400-meters . . . a real blue-chip performer . . . ran for Coach King when he coached at Rochester CC.

The Panther All-Americans

1939	William Jenkins (Cross Country)
1969	Larry McCready (120 High Hurdles) Wayne Carpenter (Mile Run)
1970	Wayne Carpenter (Mile Run) Mike McCready (Shot Put) Rich Twedt (Cross Country)
1971	Mike McCready (Shot Put) Mike McCready (Discus) Rich Twedt (Cross Country) Rich Twedt (3-mile Run)
1972	Mike McCready (Shot Put) Rich Twedt (Cross Country)
1973	Rich Twedt (Cross Country) Ron Peters (Cross Country) Dennis Roloff (440 Yd. Dash) Dennis Schultz (Mile Run) Dave Anderson (Mile Relay) Mike Byington Steve DeSerano Dennis Roloff
1974	Dennis Schultz (Mile Run) Rich Twedt (6 Mile Run) Scott Noltensmeier (120 High Hurdles) Steve Ford (Pole Vault) Kent Wessely (High Jump) Bill Cook (Decathlon)
1975	Keith Schmidt (Pole Vault)
1976	Bob Friedman (1500 Meter Run) John Holler (Shot Put)
1977	Bob Friedman (1500 Meter Run) John Holler (Shot Put) Brent Geringer (Discus) Bill Glassmaker (800 Meter Run) Bill Lawson (Decathlon)
1978	Brent Geringer (Discus, <i>National Champion</i> — Shot Put) Bob Friedman (1500 meters) Bill Glassmaker (800 meters) Bill Lawson (Decathlon) Tom Rogers (Pole Vault)

UNI Indoor Records

EVENT	RECORD	NAME	YEAR
50 yd. Dash	:5.5	Jim Finnessey	1968
		Larry White	1969
		Rick Freeburg	1972
60 yd. Dash	:6.2	Bill Hall	1949
		Frank Robinson	1957
		Al Atherton	1977
		Kelly Ellis	1978
300 yd. Dash	:31.4	Kelly Ellis	1978
440 yd. Dash	:49.2	Larry Daniels	1968
600 yd. Run	1:12.02	Bill Glassmaker	1978
880 yd. Run	1:52.9	Bill Glassmaker	1978
1000 yd. Run	2:10.7	Dennis Schultz	1974
Mile Run	4:09.6	Dennis Schultz	1974
2-Mile Run	8:58.6	Rich Twedt	1973
3-Mile Run	14:23.3	Ron Peters	1975
60 H.H.	:7.3	Larry McCready	1968-69
		Scott Noltensmeier	1974
		Tom Akers	1978
60 L.H.	:6.8	Larry McCready	1969
60 I.H.	:7.1	Kent Wessely	1972
70 H.H.	:8.3	Tom Akers	1978
50 yd. High	:6.3	Ron Gerard	1965
		Larry McCready	1965
50 yd. Lows	:5.9	Larry McCready	1968
		Kent Wessely	1972
50 yd. I.H.	:6.5	Ron Hamel	1972
High Jump	6'9"	Rick Friedman	1978
Long Jump	23-7¼	Mark Chardoulias	1975
Triple Jump	49-¼	Bill Lawson	1978
Pole Vault	15-6½	Bill Lawson	1978
Shot Put	57-¼	John Holler	1978
440 Relay	:43.1	Al Atherton, Mike Shaw	1978
		John Harland, Kelly Ellis	
Mile Relay	3:19.80	Wes Dickerson, Tim Hemming	1978
		Terry Brennan, Clark Rasmussen	
2-Mile Relay	7:43.79	Clark Rasmussen, Terry Brennan	1978
		Bob Friedman, Bill Glassmaker	
Distance Medley	10:00.3	Ken Hopkins, Bill Glassmaker	1978
		Terry Brennan, Bob Friedman	

UNI Outdoor Records

EVENT	RECORD	NAME	YEAR
100	:9.5	Daven Harshkamp	1971
220	:21.0	Bob Ruchti	1967
440	:46.8	Dennis Roloff	1972
800m.	1:48.7	Bill Glassmaker	1978
880	1:50.7	Dennis Schultz	1974
1500m.	3:46.1	Bob Friedman	1978
Mile Run	4:03.7	Dennis Schultz	1974
3000m Steeple Chase	9:15.8	Steve MacTaggart	1977
2-Mile Run	9:15.0	Rich Twedt	1971
3-Mile Run	13:52.0	Rich Twedt	1971
5000m Run	15:08.0	Steve MacTaggart	1977
6-Mile	29:10.3	Rich Twedt	1974
10,000m Run	31:36.9	Steve MacTaggart	1977
120 H.H.	:13.6	Larry McCready	1967
400m H.H.	:52.8	Tom Akers	1977
440 I.H.	:53.1	Mark Sanborn	1967
High Jump	6'8½"	Kent Wessely	1974
Long Jump	24'½"	Ken Jackson	1974
Triple Jump	50'2"	Bill Lawson	1977
Pole Vault	15'7¼"	Tom Rogers	1978
Shot Put	58'6"	John Holler	1978
Discus	187'6"	Brent Geringer	1978
Javelin	207'4¾"	Lloyd Gnagy	1937
Hammer	168'5"	Tom Reints	1978
440 Relay	41.5	Keith Schidt, Rich Freeburg Dennis Roloff, Steve Mott	1973
880 Relay	1:26.33	Wes Dickson, Kelly Ellis Ken Hopkins, Mike Shaw	1978
400m Relay	:41.2	Tom Akers, Kelly Ellis Wes Dickson, Mike Shaw	1978
Mile Relay	3:14.1	Dave Anderson, Steve DeSerano Mike Byington, Dennis Roloff	1973
Sprint Medley	3:22.5	Rich Freeburg, Steve DeSerano Dennis Roloff, Dennis Schultz	1973
2-Mile Relay	7:30.1	Terry Brennan, Bob Connell Bill Glassmaker, Bob Friedman	1978
Distance Medley	9:56.6	Brian Frievert, Terry Brennan Bob Connell, Bob Friedman	1976



Team Captains: Bill Lawson, Bob Friedman, Bill Glassmaker, Tom Akers
with Head Coach Lynn King

