

1975

## Panther Gymnastics 1974-75

University of Northern Iowa

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### Recommended Citation

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21/02/03

# **PANTHER GYMNASTICS 1974-75**



**University      Northern Iowa  
Cedar Falls, Iowa    50613**



# 1974-75 Schedule

DATE	OPPONENT	TIME
October 25	INTRA SQUAD I	7:00
November 16	ALUMNI MEET	7:00
November 23	Kansas State Invitational	All Day
December 14	INTRA SQUAD II	7:00
January 17	ST. OLAF COLLEGE	7:00
January 20	IOWA	7:00
January 24	ST. CLOUD STATE	4:30
February 1	SOUTH DAKOTA STATE	1:00
February 7	Mankato State	7:30
February 14	KANSAS STATE, WISCONSIN-LACROSSE	7:00
February 20	KANSAS	7:30
February 22	Western Illinois	2:00
March 8	North Dakota	2:00 Comp. 7:30 Opt.
March 20-22	NCAA II Gym Championships	All Day
To be determined	NCAAC Gym Championships	All Day
	(Home Meets in CAPS)	

## UNI Roster

NAME	EVENT	CLASS	HOMETOWN
Mark DeVolder	AA	Fr.	Marshalltown
*Mike Doty	AA	So.	Cedar Rapids
Dave Engle	AA	Fr.	Marion
*Dave Eppert	FX, PH, PB	Jr.	Council Bluffs
**Dan Grandick	AA	Jr.	Council Bluffs
Mike Grandick	PB, PH	Jr.	Council Bluffs
George Hall	AA	Fr.	Council Bluffs
**Jerry Hamilton	RINGS, FX, Sr. VAULT		Tipton
Steve Jess	RINGS	Jr.	WestDes Moines
*Mark Kopriva	HB	Sr.	Dike
Pat Oehler	PH, PB	Fr.	Manchester
Al Philippi	PH, PB, RINGS	Fr.	Waterloo
Mark Royer	PH	Fr.	Council Bluffs
**Brad Stary	PH	Sr.	Cedar Rapids
Randy Stichter	FX, HB	Sr.	McCausland
*Denotes letters won			

## Coaching Records

Coach	Year	W L	CONF. FINISH
Stych	1966-67	0- 7	---
Stych	1967-68	2- 9	2nd*
Stych	1968-69	5- 6	1st*
Stych	1969-70	5- 8	2nd
Stych	1970-71	3- 9	2nd
Stych	1971-72	7-10	2nd
Stych	1972-73	10- 7	2nd
Stych	1973-74	7- 8	2nd

Totals: 8 yrs. (39-64) (44-71)\* Unofficial NCC Tourney

Stych 1974-75 5-7 1st  
11th NCAA II

# University of Northern Iowa

LOCATION: Cedar Falls, Iowa 50613  
FOUNDED: 1876  
ENROLLMENT: 8,800  
PRESIDENT: Dr. John J. Kamerick  
ATHLETIC DIRECTOR: Stan Sheriff (Cal Poly, 1954)  
(319) 273-2141  
CONFERENCE: North Central  
NATIONAL AFFILIATION: NCAA II

TEAM NICKNAME: Panthers  
SCHOOL COLORS: Purple and Old Gold  
HOME FACILITY: Men's Gymnasium (3,500)  
1973-74 RECORD: 7-8 (Overall)  
2nd in NCC  
LETTERMEN LOST: None  
LETTERMEN RETURNING: 7

HEAD COACH: Garf Stych (Iowa, 1958)  
YEAR AT UNI: 8th  
RECORD AT UNI: 39-64  
COLLEGIATE RECORD: 39-64

ASSISTANT: Keith Hicklin (UNI, 1969)

SPORTS INFORMATION DIRECTOR: James W. Shaffer  
(319) 273-2761

## Stych Begins 8th Year

Garf Stych is a native of Cedar Rapids, Iowa and was a 3-year letterman in gymnastics at the University of Iowa in the mid 1950's. After graduating from Iowa in 1958 Stych began his coaching career at Elgin High School in Elgin, Illinois. Here he guided the gymnastics and cross country teams before earning his Masters Degree from Iowa in 1960.

recorded his best mark in 1972-73 when UNI finished 10-7 and placed 2nd in the NCC. Last year Stych piloted the Panthers to their first trip ever to the nationals.

Garf and his wife Lillian have three children, Jim, 15; Jerry, 12 and Jeff, 8.

Stych then went to Eau Claire, Wisconsin from 1960-66. He coached at both Memorial High and North High in four sports including gymnastics, track, wrestling and football.

Stych moved to Cedar Falls in 1966 and revived the gymnastics program at UNI. He has coached the Panthers since and





# Meet the Panthers



DeVolder



Doty



Engle



Eppert



D. Grandick



M. Grandick



Hall



Hamilton



Jess



Kopriva



Oehler



Philippi



Royer



Stary



Stitcher



Keith Hicklin  
Assistant Coach



## GYMNASTICS SKETCHES:

**DeVolder, Mark**— Freshman from Marshalltown, Mark is expected to help carry load in all-around category.

**Doty, Mike**— Ranked No. 1 for UNI last season in total points, Mike is an all-around performer for UNI and holds Panther record in his events.

**Engle, Dave**— Another all-around performer, Dave was standout for Marion High School and should add depth to the squad.

**Eppert, Dave**— Best event is floor exercise, Dave also racks up points in both pommel horse and parallel bars.

**Grandick, Dan**— Keeps improving in the all-around, could push others for the top spots if continues progress.

**Grandick, Mike**— 2-year letterman, Mike specializes in the pommel horse and parallel bar, one of the Panther leaders over the last few seasons.

**Hall, George**— Freshman from Council Bluffs, George is another all-around gymnast and could help after some experience.

**Hamilton, Jerry**— A team leader for Panthers, Jerry is a 2-year letter winner and consistent high point getter on the rings, floor exercise and vault.

**Jess, Steve**— Gives UNI fine support in the rings and the West Des Moines junior should help the Panthers a great deal this season.

**Kopriva, Mark**— Best on the squad on horizontal bar, Mark is back for his final year and should make strong contribution.

**Oehler, Pat**— Routines include pommel horse and parallel bar, Pat is a freshman from Manchester with fine potential.

**Philippi, Al**— Waterloo Freshman, Al is expected to help Panther scoring in pommel horse, parallel bars and rings.

**Royer, Mark**— Good prospect for Panthers in pommel horse, Mark is a freshman from Council Bluffs.

**Stary, Brad**— Only other letterman of more than 1 year, Brad is team leader on pommel horse and expected to become stronger over last season.

**Stitcher, Randy**— Back for his final year, Randy is consistent performer in the floor exercise and horizontal bar.

## Outlook

Head coach Garf Stych welcomed back seven lettermen for 1974-75 as Panther gymnastics practice began a month ago. Similar to last season, UNI is plagued by a tough schedule, but Stych is optimistic and pleased with early progress of his team.

The Panthers finished 7-8 last year and this doesn't indicate their true potential. Competing against the strongest opposition in the Midwest, UNI excelled late in the season, placing 2nd in the North Central Conference and qualified for the nationals. This marked the first time in history a UNI gymnastics team was represented nationally.

Heading the list of returning lettermen are Mike Doty (So., Cedar Rapids) and Dan Grandick (Jr., Council Bluffs). Doty holds UNI's All-Around record and was a strong performer for UNI last season. Grandick excelled on the Parallel Bars and Pommel Horse and consistently collected points for the Panthers.

Versatile Dave Eppert (Jr., Council Bluffs) returns in three events: including Floor Exercise, Pommel Horse and Parallel Bars. Randy Stichter (Sr., McCausland) performed well last year in the Floor Exercise and also competes on the High Bar.

Two mainstays in Panther gymnastics in the last few years are back for their final season. Jerry Hamilton (Sr., Tipton) and Brad Stary (Sr., Cedar Rapids) are both two-year lettermen and have been team leaders for Stych. Hamilton's routines include the Rings, Floor Exercise and Vaulting while Stary specializes on the Pommel Horse.

Mark Kopriva (Sr., Dike) is a specialist on the High Bar and also was a top point-getter for UNI last season. Also counted on for strong support are Mark DeVolder (Fr., Marshalltown) in the All-Around and Mark Royer (Fr., Council Bluffs) on the Pommel Horse.

The schedule sees UNI competing against defending North Central Conference Champion Mankato State, Western Illinois and Big 10 Champion Iowa in duals. Other head-on battles include Kansas and Kansas State.

"Our schedule is certainly a tough one, but I feel we need the competition to excel," says Stych. "We have set two goals for our team. Make a repeat trip to the nationals and win the North Central Conference Championship."



# 1973-74 Dual Records

UNI		Opp.
124.15	Northern Illinois	148.10
119.00	Mankato State	133.05
113.75	Central Missouri	89.95
109.37	South Dakota State	109.15
113.70	St. Olaf	102.50
119.90	St. Cloud State	135.35
113.70	Northern Michigan	127.85
125.30	Wisconsin-Stevens Point	111.55
117.70	Central Missouri	79.50
117.70	Fort Hayes	130.00
139.25	Kansas	155.85
139.25	Kansas State	113.50
125.00	Wisconsin-LaCrosse	146.25
140.05	University of North Dakota	118.20
131.25	Western Illinois	132.65

NCC — 2nd

# 1973-74 Ind. Scoring

RANK	POINTS
1. Mike Doty	475.014
2. Dan Grandick	447.385
3. Dave Eppert	405.40
4. Jerry Hamilton	346.14
5. Randy Stichter	81.78
6. Brad Stary	78.00
7. Mark Kopriva	2.65

# Records

## Individual

Floor Exercise	8.85	Dave Eppert, 1974
Pommell Horse	8.35	Don Niewoehner, 1972
Rings	8.40	Jerry Hamilton, 1974
Vaulting	9.40	Jeff Conner, 1971
Parallel Bars	8.40	Mike Doty, 1974
Horizontal Bar	8.40	Mike Doty, 1974
All-Around	47.10	Mike Doty, 1974

## Team

Floor Exercise	25.65	1974 vs. Kansas, Kansas State
Pommell Horse	20.65	1973 vs. Western Illinois
Rings	22.70	1974 vs. North Dakota
Vaulting	27.00	1974 vs. North Dakota
Parallel Bars	24.80	1974 vs. Nebraska, Kansas, Kansas State
Team Points	140.05	1974 vs. North Dakota