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Spring 2015

## Michelle Wilke - Center for Violence Prevention

Michelle Wilke

*University of Northern Iowa*

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Michelle Wilke - Center for Violence Prevention

**Robert and Yvonne Koob Fund for Student Community Engagement**

Instructions: Please work with your internship supervisor to fill out this form. Once completed, return to Julianne Gassman [redacted]

**Name** Michelle Wilke **Agency** Center for Violence Prevention

**Intern's Phone Number and E-mail Address** [redacted]

**Organization Contact Person and Phone** Michael Fleming

**Academic Advisor Person and Phone** Steven Onken

**Future Plans for student** [redacted]

**What did you accomplish during your internship?**

During the course of the internship, Michelle worked on two large projects. The first project was to create scenarios for the Girl's Engagement program, which is similar to the MVP bystander approach but is more geared towards adolescent women in middle school and high school. The second project was to devise a violence prevention toolkit for the residence halls. It

include sections on the months of the year where awareness is raised on a concern or a certain group is celebrated, resources, healthy relationships, types of violence, the cycle of violence, dating violence, power and control wheel, victim's rights, sexual assault, consent, LGBTQ, stalking, useful responses, supporting survivors, and the meaning of words, activities to complete with residents, and bulletin board ideas

### **How did the internship benefit the student?**

Michelle was able to benefit from the internship by learning and applying professional social work values into a field placement setting, gained heightened exposure to the systemic approaches within an educational institution, and obtained practical knowledge into the field of social work. Through this experience, Michelle was provided with an opportunity to learn the tasks involved in program and policy development, as well as gaining skills on networking and connecting with students and faculty within the University of Northern Iowa campus and throughout the state of Iowa.

### **How did the internship benefit the agency?**

The Center for Violence Prevention has the opportunity to benefit from the RA toolkit because it is providing additional outreach to existing student leaders on campus. From this RA's will become more informed of steps it takes to prevent and intervene during abusive situations. For the Girl's Engagement program, Michelle provided the center with written scenarios, which provides the organization with an additional program and saves both time and money. Essentially, the CVP can more easily expand its services to a larger population.

### **How does the internship benefit the community?**

The projects Michelle worked on throughout her internship can be delivered to the residence halls on the University of Northern Iowa campus, but this project could also have a state, or even national, impact in the future. The Girl's Engagement program scenarios will be brought to the attention of Jackson Katz and may be possibly incorporated into the Mentors in Violence Prevention (MVP) training programs. Both of these projects will allow students to critically examine the issue of violence and apply strategies to address the problem.

**(Student to complete) One quote that describes the experience gained from completing this internship (to be used for promotional materials; please specify author of quote)?**

This internship has provided me with a supportive environment to seek ways address the issue of violence in our society. I have become more knowledgeable about the issue and several prevention measures that are available. It was certainly an informative and valuable opportunity to serve my field practicum at the Center for Violence Prevention.

**(Intern supervisor to complete) One quote that describes the impact the intern had on the community (to be used for promotional materials; please specify author of quote)?**

Facilitating discussions, reflections, and pro-social actions among undergraduate students around preventing gender violence as well as being appropriately responsive to victims can be challenging for Resident Assistants and students in general. The Resident Assistant Tool kit compiled by Michelle can be a useful resource for RAs. Michelle brought a unique perspective to the project that will contribute to its successful utilization. Her desire to engage students in making a difference, through direct educational and other awareness efforts, speaks to the passion she has for making a difference and to the merits of her being selected for the Koob scholarship.

**Please provide a reproducible photo of the intern in action at their internship for media purposes.**



(Michelle Attending a Conference)



(Michelle Working on RA Toolkit)