International Engagement, November 21, 2022

University of Northern Iowa. Office of International Engagement.
INTERNATIONAL ENGAGEMENT

HAPPY FALL BREAK!

THINGS WE’RE THANKFUL FOR:

- AN AMAZING INTERNATIONAL EDUCATION WEEK!
- THE OPPORTUNITY TO REST
- THE OPPORTUNITY TO CONNECT WITH FRIENDS, FAMILY AND COMMUNITY (IN PERSON OR VIRTUALLY)

November 21, 2022
Happy Fall Break!

Wishing everyone a safe and fun fall break

After an amazing International Education Week and as things cool down on campus, we know that a lot of us are really looking forward to this break from busy class and/or work schedules. Fall break is a great time to bundle up and relax with friends and family (in person or virtually). At the same time, it's also the perfect opportunity to set yourself up for success in the final weeks of the semester. It doesn't have to take up much time, but it helps to be deliberate about it and even write things down.

This break, we encourage everyone (international students in particular) to take some time to reflect on:
- The goals or vision you had at the beginning of the semester/year
- Lessons learned from any challenges and setbacks
- Successes and progress you're making
- How you want to end the semester and the year

Whether you're able to find the time to reflect or not (and no matter how the semester/year is going), just know that you are valuable, you are loved and you are worthy. There is a whole community of people hoping you'll show up just as you are today and tomorrow.

Warmly,
Your friends at OIE/CIEP
Outstanding International Engagement Awards

The OIE is joining UNI's 2023 annual celebration of Outstanding Leadership Awards to recognize the successful engagement of students (undergraduate and graduate), faculty and staff members. The Awards are sponsored by OIE and will be celebrated each year in tandem with the UNI Student Leadership Awards starting in Spring 2023.

For more information scan the QR code or go to the following link:
https://internationalengagement.uni.edu/outstanding-international-engagement-awards

Hawkeye Community College and Grow Cedar Valley Present

FREE WEBINAR: 5 Leadership Skills You Need Now
Monday, December 5, 2022, 10:00 AM -10:30 AM

What does it take to be a great leader? Abilities and skills seem to change every day especially with changing times. During this 30-minute webinar, Heather Woody, one of our top leadership instructors, will review the top 5 leadership skills that organizations and recruiters are looking for today. Plus, we’ll share 15 more bonus leadership skills after the webinar if you attend.

For more information scan the QR code or go to the following link: https://tinyurl.com/mpzxd8u2
INFO FOR INTERNATIONAL STUDENTS

UNI Scholarship Application

The 2023-2024 UNI Scholarship Application is now available! With one application, you will be considered for over 1,000 scholarships at UNI. The priority date is January 15, 2023.

The 2023-24 UNI Scholarship Application can be completed at: https://admissions.uni.edu/financial-aid/uni-scholarship-application.

What to do if you are leaving the US for break or for an emergency:

If you need to leave the country for break or for a family emergency, please keep the OIE office informed. You need to get your I20 signed by the DSO in order to be able to return. Send us an email at international@uni.edu.

Planning to Stay and Work in the U.S. after Graduating? You Need to Apply for OPT

Now is the best time to apply for the Optional Practical Training (OPT) extension to your student visa. You do not need a job offer to be able to apply for OPT. Some students have their applications approved in under 2 weeks; however, some students have to wait much longer. Getting OPT sorted is a tricky process and it helps to speak with OIE well in advance to ensure that you are legally able to work by the time your future employer wants you to start.
Honest Talk with Nneoma

Nneoma Nnaji, who is the Director of the International Student Affairs on Northern Iowa Student Government (NISG), hosted a town hall style Honest Talk event to connect with her international student constituents and find out what issues are most important to them.

OIE/CIEP Open House

OIE/CiEP hosted an open house in our office in Maucker Union to share about the services and support we provide for international students and scholars on and off campus.

International S'mores at ThreeHouse

ThreeHouse hosted the international community for a night of s'mores, conversation and games.
Taste of Culture this year was a glowing success. Students, faculty and staff from around the world came out in entrancing national colors to showcase the vast diversity we have here on our campus. Guests were treated to a global pallet of foods including West African jollof rice, baklava (from West Asia or Eastern/Southern Europe depending on who you ask), spanakopita (a Greek spinach and feta pie) and golabki (a Polish stuffed cabbage roll). The Ballroom was buzzing with excitement as we brought the world to campus and brought campus to the world.
Coffee Hour cohosted by John Pappajohn Entrepreneurial Center (JPEC) and the Boys & Girls Club of the Cedar Valley

Last week’s coffee hour was cohosted by the John Pappajohn Entrepreneurial Center and the Boys & Girls Club of the Cedar Valley at the Club Teen Center in Waterloo. Members of UNI’s international community (alongside students from JPEC) participated in a diversity and entrepreneurship expo sharing their life experiences, rich cultures and innovative business ideas with members of the Boys and Girls Club and other Waterloo community members. After dinner, the Club members put on a Hip Hop concert that loosened even the stiffest of necks.
**Movie Screening**

Wednesday, November 30th, 2022 6:00 - 8:00 PM

Schindler Education Center, Room 220

After the movie screening, Q&A session will be held with the author,

Refreshments will be provided.

"Silis" by Diana Khudaeva is a documentary film about Indigenous Peoples’ livelihoods and their lifestyle in Arctic villages of Sakha Republic, Northeastern Siberia, Russia.

The event is organized by the UNI ARCTIC Center, with the support of the President's Office and the Office of International Engagement.

The movie screening a unique opportunity to highlight diverse Indigenous histories and cultures around the world and an exciting contribution to both the Native American Heritage Month and the International Education Week in November.
HAPPENING ON CAMPUS

Holiday Coffee Hour with UNI President Mark and Cheryl Nook!

A special coffee hour hosted by our very own President! Come and stop by the President's house for a hot drink to warm up, chat with Mark and his Cheryl, and decorate your own cozy candle holder!

Nov 30
3-5pm

2501 COLLEGE STREET,
CEDAR FALLS, IOWA
HAPPENING ON CAMPUS

coffee hour is with CBiz!

JOIN OUR OFFICES AS WE CELEBRATE THE BEGINNING OF THE HOLIDAY SEASON, WARM UP WITH SOME HOT DRINKS, EAT DELICIOUS SNACKS, AND DECORATE ORNAMENTS!

December 2nd from 4-5pm in the CBB
HAPPENING ON CAMPUS

Experience the Dementia Simulation House

NOVEMBER STUDENT PUSH

Dementia Simulation House

Book here->

Why should I participate?

• Learn what it's like to live with dementia
• Win prizes
• Get a certificate
• Help us get to our goal of 100 students

Email dementia.simulation@uni.edu

Did you know we have a dementia simulation right on campus? Going through the simulation is a great way to educate yourself on dementia and increase your empathy for others. Right now the Dementia Simulation House is trying to reach 100 students. Sign up for a session to help them reach their goal. You could win cool prizes!
Now through the end of the semester!
Winter is just around the corner here in the Midwest and we are in need of cozy clothes for our international community! Coats, Jackets, Sweatshirts, gloves, hats, etc. are all welcomed! Drop them off at our office in MAU 113 or contact our office at international@uni.edu.