March Newsletter

Welcome to Women's History Month!

The weather is warming up and Spring Break is just around the corner. Keep reading to learn more about Safe Zone Ally training, LGBTea Time, Pride Week, and more!

LGBTea Time

Our next LGBTea Time is coming up on Friday 3/4 at noon! UNI art professor Jeff Byrd will present "Queer Art and Perverse Butterflies."

Lunch provided, including vegan, halal, and gluten free options.

Masks strongly encouraged.

LGBTQ+ in the Workplace

GSS, the Out & Ally Network, and Career Services invite you to join us for a workshop on navigating the job search as an LGBTQ+ adult. Get tips on your resume and cover letter, practice your elevator pitch, and ask your questions about being an LGBTQ+ adult in the workplace. Face masks strongly encouraged.

Friday, March 25th @ noon in the CME classroom. Light refreshments provided, bring your own lunch.
In honor of Women’s History Month, students, faculty, and staff are invited to Dare to Disrupt with Mo Collins on Wednesday, March 9 from 11 AM-1 PM. Mo is a popular speaker at the intersection of women, technology, and entrepreneurship, and her talk will focus on 5 opportunities for women to lead. Refreshments will be provided, and attendees are encouraged to bring their own lunch.

Safe Zone Ally training
Have you participated in the Safe Zone Ally program yet? Register online today!

- Phase One
  - Wednesday, April 6 - 10:30 AM-12:00 PM (on campus)
- Phase Two
  - Wednesday, April 6 - 1:00-3:00 PM (on campus)
  - Saturday, May 7 - 1:00-3:00 PM (virtual)
Come hang out and relax with your friends during midterm week in the Maucker Union Center for Multicultural Education (CME) March 7th from 10 AM-1 PM. Grab some snacks, learn some mindfulness techniques, color, use light therapy, or show some gratitude to yourself and others! Event sponsored by Student Wellness; Counseling Center; Office of Student Involvement; Diversity, Inclusion & Social Justice; and Office of International Engagement.

#DidYouKnow
85% of sexually active people will get an HPV infection in their lifetime, according to the Centers for Disease Control & Prevention (CDC). This infection affects all genders, and can lead to various cancers and genital warts.

**Good News** → You can protect yourself!

- Get the HPV Gardasil vaccine! Not sure if you’ve been vaccinated? Check with your health care provider or the Student Health Clinic for your immunization records!

- Use condoms or dental dams during vaginal, oral, and anal sex as the vaccine does not protect against all HPV types or other sexually transmitted infections. Pick up protection FREE on campus at the Student Health Clinic.

Protect yourself with the HPV vaccine! Call the UNI Student Health Clinic at 319-273-2009 to make an appointment to receive the vaccine and meet with people who care!

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**Upcoming Events**

March 1: **Safe Zone Ally** *(on campus)*

March 4: **LGBTa Time** | 12-1 PM | CME

March 5: **Toast for Change** | 6-9 PM | Maucker Ballrooms

March 7: **De-Stress Fest** | 10 AM-1 PM | Maucker Plaza
March 9: Dare to Disrupt with Mo Collins | 11 AM-1 PM | Maucker Ballrooms
Wellness Bingo | 11 AM | Maucker Coffeehouse

March 14-18: Spring Break

March 25: LGBTQ+ in the Workplace | 12-1 PM | CME Classroom

Mailing address: Gender & Sexuality Services, 111P Maucker Union, University of Northern Iowa, Cedar Falls, IA, 50614, US