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Gender & Sexuality Services Newsletter, March 2022

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GENDER & SEXUALITY SERVICES

March Newsletter

Welcome to Women's History Month!

The weather is warming up and Spring Break is just around the corner. Keep reading to learn more about **Safe Zone Ally** training, **LGBTea Time**, **Pride Week**, and more!



UNI GENDER & SEXUALITY SERVICES PRESENTS

lgbt(ea) time



LGBTea Time

Our next LGBTea Time is coming up on Friday 3/4 at noon! UNI art professor Jeff Byrd will present "Queer Art and Perverse Butterflies."

Queer Art & Perverse
Butterflies
WITH JEFFRY BYRD



Lunch provided, including vegan, halal, and gluten free options.

Masks strongly encouraged.

FRIDAY, MARCH 4

NOON - 1 PM
CME CLASSROOM
LUNCH PROVIDED
FACE MASKS ENCOURAGED



LGBTQ+ in the Workplace

GSS, the Out & Ally Network, and Career Services invite you to join us for a workshop on navigating the job search as an LGBTQ+ adult. Get tips on your resume and cover letter, practice your elevator pitch, and ask your questions about being an LGBTQ+ adult in the workplace. Face masks strongly encouraged.

Friday, March 25th @ noon in the CME classroom. Light refreshments provided, bring your own lunch.

In Honor of Women's History Month



Students, faculty, and staff are invited to

Dare to Disrupt
5 Opportunities for Women to Lead
with **Mo Collins**

Wednesday, March 9

11 AM-1 PM @ Maucker Union Ballroom B+C

Bring your own lunch. Light refreshments provided. Questions? Contact dis@uni.edu

UNI / University of Northern Iowa
Diversity, Inclusion & Social Justice

In honor of Women's History Month, students, faculty, and staff are invited to **Dare to Disrupt** with **Mo Collins** on **Wednesday, March 9 from 11 AM-1 PM**. Mo is a popular speaker at the intersection of women, technology, and entrepreneurship, and her talk will focus on 5 opportunities for women to lead. Refreshments will be provided, and attendees are encouraged to bring their own lunch.

Safe Zone Ally training

Have you participated in the **Safe Zone Ally** program yet? [Register online today!](#)

- Phase One
 - Wednesday, April 6 - 10:30 AM-12:00 PM (*on campus*)
 - Phase Two
 - Wednesday, April 6 - 1:00-3:00 PM (*on campus*)
 - Saturday, May 7 - 1:00-3:00 PM (*virtual*)
-

Midterm De-Stress Fest

Monday, March 7

10:00 AM – 1:00 PM

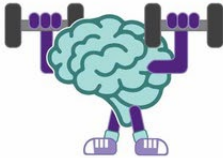
Center for Multicultural Education

(upper level of Maucker Union)

Bracelet Making



Mini Mindfulness Exercises



Notes of
Gratitude



I am
grateful for
friends



Coloring



Snacks



Light
Therapy



UNI

University of
Northern Iowa
Student Life

Individuals with disabilities are encouraged to attend all UNI-sponsored events. If you are a person with a disability who requires a reasonable accommodation in order to participate in this program, please contact Student Wellness Services at (319) 273-3423 or wellness@uni.edu at least one week prior to the event.

Come hang out and relax with your friends during midterm week in the Maucker Union Center for Multicultural Education (CME) March 7th from 10 AM-1 PM. Grab some snacks, learn some mindfulness techniques, color, use light therapy, or show some gratitude to yourself and others! Event sponsored by Student Wellness; Counseling Center; Office of Student Involvement; Diversity, Inclusion & Social Justice; and Office of International Engagement.

#DidYouKnow

85% of sexually active people will get an HPV infection in their lifetime, according to the Centers for Disease Control & Prevention (CDC). This infection affects all genders, and can lead to various cancers and genital warts.

Good News → You can protect yourself!

Get the HPV Gardasil vaccine! Not sure if you've been vaccinated? Check with your health care provider or the Student Health Clinic for your immunization records!

Use condoms or dental dams during vaginal, oral, and anal sex as the vaccine does not protect against all HPV types or other sexually transmitted infections. Pick up protection FREE on campus at the Student Health Clinic.

Protect yourself with the HPV vaccine! Call the UNI Student Health Clinic at 319-273-2009 to make an appointment to receive the vaccine and meet with people who care!

Upcoming Events

March 1: [Safe Zone Ally](#) (on campus)

March 4: [LGBT Tea Time](#) | 12-1 PM | CME

March 5: Toast for Change | 6-9 PM | Maucker Ballrooms

March 7: De-Stress Fest | 10 AM-1 PM | Maucker Plaza

March 9: Dare to Disrupt with Mo Collins | 11 AM-1 PM | Maucker Ballrooms

Wellness Bingo | 11 AM | Maucker Coffeehouse

March 14-18: *Spring Break*

March 25: LGBTQ+ in the Workplace | 12-1 PM | CME Classroom



Stay Connected with Gender & Sexuality Services



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