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Community Engagement

Spring 2017

Maria Capul - Black Hawk County Health Department

Maria Capul

University of Northern Iowa

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Maria Capul - Black Hawk County Health Department
Robert and Yvonne Koob Fund for Student Community Engagement

Instructions: Please work with your internship supervisor to fill out this form. Once completed, return to Julianne Gassman [REDACTED]

Name Maria Jose Rosado Cupul **Agency** _Black Hawk County Health Department

Intern's Phone Number and E-mail Address [REDACTED]

Organization Contact Person and Phone Gabbi DeWitt [REDACTED]

Academic Advisor Person and Phone Sherry Hester [REDACTED]

Future Plans for student: [REDACTED]
[REDACTED]

What did you accomplish during your internship?

- Presented and designed health presentations for Hispanic populations in topics, like breast cancer, cervical cancer, colon cancer and nutrition.
- Redesigned "Care for Yourself Program" brochure to be more health literate
- Enrolled Hispanic people for cancer screening programs
- Helped Spanish community navigate their environment both health and non health needs.
- Shadowed and assisted the Nutrition department and the Refugee clinic
- Translated enrollment forms for the STD Clinic

How did the internship benefit the student?

Having the opportunity to be in an intern at the Black Hawk County Health Department helped me realized the circumstances of health that minority groups face day to day. Also, it benefit me understanding how a government organization works and how does health programs get implemented.

How did the internship benefit the agency?

Maria Jose has skills that will be hard to find in another intern, or an employee for that matter. She did quite a bit of desktop graphic design for us, that included spanish translation of materials. She also created 4 unique presentations and was available to make phone calls and

conduct home visits for Spanish speaking participants. The connection we built with the participants has been very eye opening. It proves that language line is not a great alternative to face to face interpretation.

(Intern supervisor and Student to complete) How does the internship benefit the community?

In 16 short weeks, Maria Jose was able to present on cancer topics such as breast cancer, cervical cancer and colon cancer. She also presented two nutrition presentations. Every time she gave a presentation more people came. They had lots of questions for her. This community is hungry for information in their own language presented in a way they can understand. During her time with us she also did some one on one work with participants on sensitive topics. It was very beneficial to have her with me in person, rather than using a phone line interpreter.

(Student to complete) One quote that describes the experience gained from completing this internship (to be used for promotional materials; please specify author of quote)?

“This internship make me grow in so many levels, gave me professional skills, but the most important make me grow personally and become a better health advocate”. Maria Jose Rosado Cupul, intern.

(Intern supervisor to complete) One quote that describes the impact the intern had on the community (to be used for promotional materials; please specify author of quote)?

“Maria Jose brought a unique skill set to this internship. But beyond her skills and her language capabilities, she brought compassion. Anyone working in health promotion must have compassion, and the women and men of our community could tell that she cared about them. We are all very fortunate to have worked with Maria Jose.” Gabbi DeWitt, Internship supervisor.

Please provide a reproducible photo of the intern in action at their internship for media purposes.