

Summer 2017

## Kristin Sauerbrei - Friends of the Family - Waterloo Office

Kristin Sauerbrei  
*University of Northern Iowa*

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Kristin Sauerbrei - Friends of the Family -- Waterloo Office

**Robert and Yvonne Koob Fund for Student Community Engagement**

Instructions: Please work with your internship supervisor to fill out this form. Once completed, return to Julianne Gassman [redacted]

\*\*I have also attached a picture of me speaking at the Freedom Walk and a social media post that I designed.

**Name:** Kristin Sauerbrei      **Agency:** Friends of the Family -- Waterloo Office

**Intern's Phone Number and E-mail Address:**

[redacted]

**Organization Contact Person and Phone:**

Michelle Hall, Manager of Community Engagement: [redacted]

**Academic Advisor Person and Phone:**

Cindy Juby, Social Work Department Head: [redacted]

**Future Plans for student:**

[redacted]

**What did you accomplish during your internship?**

I accomplished researching and forming a human trafficking coalition for the Cedar Valley community. I also accomplished growing my professional and social work skills by engaging in both the administration aspect and directly working one-on-one with survivors of domestic violence, sexual assault, and human trafficking.

**How did the internship benefit the student?**

This internship benefited me through pushing me to step out of my comfort zone as I worked with a diverse population, researched an under-researched problem in our community, answered the crisis line, and served directly in an emergency shelter. All of these were new experiences where I gained skills that will transfer to whatever career I decide to pursue.

**How did the internship benefit the agency?**

This internship benefited Friends of the Family through providing extra global and local research on human trafficking. I was able to utilize my graphic design skills to create various posters and social media postings about to raise awareness about human trafficking. My work in researching and forming the coalition allowed other staff members to focus on other areas of work. On the days that there were agency-wide staff meetings, I was able to assist in covering the emergency shelter so all staff meetings could attend the meeting.

**How does the internship benefit the community?**

This internship benefits the community through directly contacting various community members such as police, legal aid, social service agencies, hotels, gas stations, hospitals, etc about the rising issue of human trafficking that is taking place and what they can do to help. It is crucial for the public to become aware of this issue and be provided with the number to call if they suspect any sign of human trafficking. I was also able to give a presentation about our agency and services at the event titled "Freedom Walk" hosted by the Service and Leadership Council at UNI. This event was open and well attended by both students and the public.

**(Student to complete) One quote that describes the experience gained from completing this internship (to be used for promotional materials; please specify author of quote)?**

"Being the Anti-Human Trafficking Intern allowed me gain diverse experiences as I advocated for human trafficking survivors through providing them with direct resources as well as raised awareness of this issue in Cedar Valley Community." -Kristin Sauerbrei

**(Intern supervisor to complete) One quote that describes the impact the intern had on the community (to be used for promotional materials; please specify author of quote)?**

"Kristin had the opportunity to impact the community by serving our shelter clients both human trafficking clients and clients impacted by domestic violence and sexual assault. She had a positive impact on them by helping them cope with their current situations." -Kenesha Davis, Anti Human Trafficking Specialist at Friends of the Family