

4-11-2022

INSPIRE Student Research & Engagement Conference [Program] April 11-12, 2022

University of Northern Iowa

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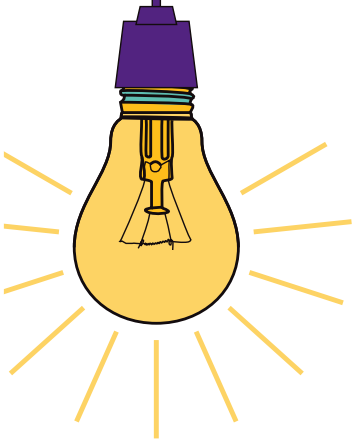
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INSPIRE

STUDENT RESEARCH &
ENGAGEMENT CONFERENCE



APRIL 11-12, 2022

UNI

University of
Northern Iowa

College of Social & Behavioral Sciences
Graduate College

MONDAY, APRIL 11 // POSTER PRESENTATIONS

10 - 10:50 a.m. // Moderator: Kim Baker // Learning Commons

THE GEOGRAPHICAL (AND ALMOST) NON-GEOGRAPHICAL ADVANTAGES ON ACCESS TO WATER RESOURCES

Author: Clemir Abbeg Coproski // Graduate Program: Geography
Faculty Advisor: Lisa Tabor

DO COUPLES WHO FLOW TOGETHER GROW TOGETHER?

Author: Lani Alber // Major: Psychology
Faculty Advisor: Gary Gute

RATING TWEETS FROM NEWS SOURCES

Author: Ian Beatty // Graduate Program: Psychology, Social Psychology
Award: Intercollegiate Academic Fund
Co-Author: Taylor Simington
Faculty Advisor: Helen C. Harton

THIRD PARTY PERSPECTIVE TAKING

Author: Ian Beatty // Graduate Program: Psychology, Social Psychology
Faculty Advisor: Nicholas Schwab

VOLUNTEERING AT RIVERVIEW CENTER

Author: Kate Jensen // Major: Psychology
Faculty Advisor: Carolyn Hildebrandt

RATINGS OF DIFFERENT GROUPS OF PEOPLE

Author: Rishika Sheetal Singh // Graduate Program: Psychology, Social Psychology
Faculty Advisor: Helen C. Harton

11 - 11:50 a.m. // Moderator: Eric Lee // Learning Commons

SOLUTION AVERSION AND CLIMATE CHANGE BELIEFS

Author: Ian Beatty // Graduate Program: Psychology, Social Psychology
Faculty Advisor: Nicholas Schwab

LIBERALS & CONSERVATIVES: CAN FRAMING CHANGE THEIR PREJUDICES?

Author: Aubrey Paschal // Graduate Program: Psychology, Social Psychology
Award: Intercollegiate Academic Fund
Co-Author: Rishika Sheetal Singh
Faculty Advisor: Helen C. Harton

JUROR DECISION MAKING: THE INFLUENCE OF DEFENDANTS' MENTAL ILLNESS, AND SEVERITY OF CRIME

Author: Aubrey Paschal // Graduate Program: Psychology, Social Psychology
Award: Intercollegiate Academic Fund
Faculty Advisor: Jiuqing Cheng

THE INFLUENCE OF GENDER & CULTURE ON PAY EXPECTATION & NEGOTIATION

Author: Thu Hoang // Graduate Program: Digital Marketing, Corporate Comm
Faculty Advisor: Michael Gasser

ASSESSING AND MEETING THE MENTAL HEALTH NEEDS OF STUDENT ATHLETES - A CASE STUDY OF THE UNIVERSITY OF NORTHERN IOWA

Author: Samantha Bennett // Major: Actuarial Science
Faculty Advisors: Jessica Moon, Jennifer Schneiderman

THE ROLE OF COVID-RELATED STRESSORS ON SLEEP & MENTAL HEALTH OUTCOMES

Author: Tyler Anderson // Majors: Biology, Psychology
Faculty Advisor: Dilbur Arsiwalla

HOW VIDEO GAMES TELL STORIES

Author: Jake Chaplin // Major: Interactive Digital Studies
Faculty Advisor: Dana Potter

EMISSIONS OF NFTS

Author: Jacob Nelson // Major: Interactive Digital Studies
Faculty Advisor: Dana Potter

12 - 12:50 p.m. // Moderator: Christine Bennett // Learning Commons

CHANGES IN BRAIN OXYGENATION OF RUGBY PLAYERS BEFORE AND AFTER HEAD TRAUMA: A PRELIMINARY STUDY

Author: Megan Benmore // Major: Movement & Exercise Science
Co-Authors: Ben Boezinger, Kate Hermsen, Dietrich Wagner, Faith Oostra, JD Fielder, Andrew Davis, Mark Hecimovich
Faculty Advisor: Terence Moriarty

AMERICAN AGRICULTURE AND HOW MEXICO PAYS FOR IT: HOW MIDWESTERN AGRICULTURAL RUNOFF HAS COST GULF ECONOMIES

Author: Emma Durian // Major: Geography
Co-Author: Monica Carroll
Faculty Advisor: Lisa Tabor

FLOW FROM TRAUMATIC BRAIN INJURY (TBI): EXPLORATORY CASE ANALYSES OF POST-TRAUMATIC GROWTH AFTER LIFE-ALTERING ATTENTION LOSS

Author: Kaitlyn Grimes // Major: Biology
Faculty Advisor: Gary Gute

MY JOURNEY TO WELLNESS: WORKING AT STUDENT WELLNESS SERVICES

Author: Megan Keniston // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

'LADY IN THE LAKE': AN UNSOLVED CRIME BY WATER JURISDICTION

Author: Hayley Peterson // Graduate Program: Geography

Faculty Advisor: Lisa Tabor

SCHOOL COUNSELING AT CEDAR FALLS HIGH SCHOOL

Author: Chloe Thostenson // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

1 - 1:50 p.m. // Moderator: Jenny Becker // Learning Commons

TEACHER'S ASSISTANT AT THE UNI CHILD DEVELOPMENT CENTER

Author: Madelyn Hibbs // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

PSYCHOLOGICAL INTERNSHIP: ART INSTRUCTION

Author: Jenna Jansen // Majors: Psychology, Fine Arts

Faculty Advisor: Carolyn Hildebrandt

INTERNSHIP AT HOUSE OF HOPE

Author: Ana Marie Juarez-Morales // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

HAVE ATTITUDES TOWARD IMMIGRANTS CHANGED OVER THE LAST 20 YEARS?

Author: Yuan Ling Looi // Graduate Program: Psychology, Social Psychology

Co-Authors: Tenzin Nyima and Matthew Gunderson

Faculty Advisor: Helen C. Harton

OBSERVING OCCUPATIONAL THERAPY IN PRACTICE

Author: Emily Mieke // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

THAT DISTANT SOUND

Author: Kolten Webber // Major: Graphic Technology, Interactive Digital Studies

Award: That Distant Sound

Faculty Advisor: Dana Potter

ENVIRONMENTAL IMPLICATIONS OF CRYPTOCURRENCY

Author: Trey Davis // Major: Graphic Technology, Interactive Digital Studies

Faculty Advisor: Dana Potter

MONDAY, APRIL 11 // ORAL PRESENTATIONS

10 - 11:15 a.m. // Moderator: Emily White // Room 287

10:00 a.m.

CHILDHOOD INEQUALITIES: ADVERSE CHILDHOOD EXPERIENCES & EMOTIONAL DEVELOPMENT OF CHILDREN WHO GROW UP RELIANT ON OLDER SIBLINGS

Author: Jasmine Carbin // Major: Sociology, Political Science

Award: Fruehling Undergraduate Research

Faculty Advisor: Ashleigh Kysar-Moon

10:15 a.m.

WHAT IS IT LIKE TO BE QUEER ON CAMPUS?

Author: Archer Lozier // Major: Sociology

Faculty Advisor: Marybeth Stalp

10:30 a.m.

ARE THERE POSITIVE ASPECTS OF ADHD?
CREATIVITY AND ENTREPRENEURSHIP

Author: J. Sebastian Montesinos Valdivia // Graduate Program: Psychology, Clinical Science

Faculty Advisor: Elizabeth Lefler

11:00 a.m.

VIRTUAL CONVERSATIONS WITH LA UNIVERSIDAD MARISTA

Author: Sara Petersen // Major: Spanish, Communication Sciences & Disorders

Co-Author: Kyle Spaete

Faculty Advisor: Elise DuBord

12:00 - 12:50 p.m. // Moderator: Scott Peters // Room 287

12 p.m.

WAGE DISPARITIES AMONGST ARTISTS DUE TO DISCRIMINATION IN THE UNITED STATES

Author: Raegan Christianson // Major: Sociology, Communication

Award: Fruehling Undergraduate Research

Faculty Advisor: Ashleigh Kysar-Moon

12:15 p.m.

PRESIDENTIAL AGENDA RHETORIC IN THE STATE OF THE UNION ADDRESS FOR THE FIRST TERM OF FORMER PRESIDENT OBAMA & TRUMP

Author: Dani Goedken // Major: Political Science

Faculty Advisor: Donna Hoffman

12:30 p.m.

CIVIL RELIGION AND JOHN F. KENNEDY

Author: Erin Miller // Major: Religion

Faculty Advisor: Cara Burnidge

TUESDAY, APRIL 12 // POSTER PRESENTATIONS

10 - 10:50 a.m. // Moderator: HyeYoung Cho // Learning Commons

UNDERGRADUATE RESEARCH ASSISTANT AT UNIVERSITY OF NORTHERN IOWA CENTER FOR SOCIAL AND BEHAVIORAL RESEARCH

Author: McKenzie Simon // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

VOLUNTEER EXPERIENCE WITH JUNIOR ACHIEVEMENT

Author: McKenzie Simon // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

CONVERSACIONES SOBRE LOS LATINXS EN EE.UU.: A SPANISH-LANGUAGE PODCAST

Author: Emily Robinson // Majors: TESOL, Spanish

Faculty Advisor: Elise DuBord

ACUTE AEROBIC EXERCISE-INDUCED MOTOR PRIMING IMPROVES PIANO PERFORMANCE AND ALTERS MOTOR CORTEX ACTIVATION

Author: Katie Dorman // Major: Movement & Exercise Science

Co-Authors: Maya Deuso, Andrea Johnson, Molly Thomas, Colin Evers, Abi Auten, Kristina Cavey, Kelsey Bourbeau

Faculty Advisor: Terence Moriarty

SHADOWING A SCHOOL COUNSELOR

Author: Jessika Allison // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

RESIDENT ASSISTANT IN RIDER HALL

Author: Natalie Bohnsack // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

SPOTIFY GENERATION

Author: Kane Oleson // Major: Interactive Digital Studies

Faculty Advisor: Dana Potter

11 - 11:50 a.m. // Moderator: Kelli Snyder // Learning Commons

SHINE YOUR LIGHT: SHADOWING AN ELEMENTARY SCHOOL COUNSELOR

Author: Emily Debord // Major: Psychology

Faculty Advisor: Carolyn Hildebrandt

MENTAL ILLNESS STIGMA TOWARD BLACK & WHITE ELITE MALE ATHLETES

Author: Nicholas Clark // Graduate Program: Psychology, Clinical Psychology

Award: Intercollegiate Academic Fund

Faculty Advisor: Elizabeth Lefler

**MORAL EXCLUSION, NEGATIVE WORDS AND SCHADENFREUDE
SURROUNDING THE COVID-19 VACCINE**

Author: Matthew Gunderson // Graduate Program: Psychology, Social
Psychology

Faculty Advisor: Helen C. Harton

**NATIONALISM AND COLLECTIVE GUILT PREDICT ATTITUDES TOWARDS
AMERICAS' PAST INFRACTIONS**

Author: Matthew Gunderson // Graduate Program: Psychology, Social
Psychology

Faculty Advisor: Nicholas Schwab

WHAT'S THE DAM PROBLEM? GEOPOLITICS OF THE NILE

Author: Lucas Corbett // Major: Geographic Information Systems

Faculty Advisor: Lisa Tabor

EATING HABITS AND LIFE SATISFACTION AMONG ADULTS

Author: Yuan Ling Looi // Graduate Program: Psychology, Social Psychology

Award: Intercollegiate Academic Fund

Faculty Advisor: Jiuqing Cheng

DING DONG IT'S DUO

Author: Kenzie Garman // Major: Interactive Digital Studies

Faculty Advisor: Dana Potter

UNEARTHING FAST FASHION

Author: Allyson Davis // Major: Interactive Digital Studies

Faculty Advisor: Dana Potter

12 - 12:50 p.m. // Sheila Benson // Learning Commons

**INTEGRATION OF THE FLOW DIMENSIONS IN RECREATIONAL FITNESS
TRAINING: AN EXPLORATORY INVESTIGATION**

Author: Carter Powell // Major: Psychology, Exercise Science

Faculty Advisor: Gary Gute

STUDENT ATTITUDES TOWARDS THE MILITARY

Author: Alyssa Morgan // Major: Psychology

Faculty Advisor: Michael Gasser

...FOUR FEET HIGH & RISING

Author: Ross Keane // Major: Geography

Faculty Advisor: Lisa Tabor

PERFECTIONISM AS A MODERATOR OF DISORDERED EATING AND ANXIETY AMONG MALE AND FEMALE COLLEGE STUDENTS

Author: Karissa Jensen // Graduate Program: Psychology, Clinical Science

Faculty Advisor: Elizabeth Lefler

INFLUENCE OF TRIGGER WARNING USE ON STUDENT PERCEPTIONS

Author: Karissa Jensen // Graduate Program: Psychology, Clinical Science

Award: Intercollegiate Academic Fund

Co-Author: Megan Bunyer

Faculty Advisor: Helen Harton

BEHIND CLOSED DOORS: A LOOK INTO GENDER VIOLENCE IN THE MILITARY

Author: Holly Rigel // Major: Social Work

Advisor: Jennifer Becker

ZOOM CALL LOCKDOWN

Author: Victoria Moon // Majors: Interactive Digital Studies, Graphic Design

Faculty Advisor: Dana Potter

THE TIGRESS OF FORLI: THE UNDISCUSSED HISTORY OF CATERINA SFORZA

Author: Sydney Peterson // Majors: Interactive Digital Studies

Faculty Advisor: Dana Potter

1 - 1:50 p.m. // Moderator: Katelyn Browne // Learning Commons

THE EFFECT OF DEPRESSION ON ADOLESCENTS' RESILIENCE AND WILLINGNESS TO SUPPORT A DEPRESSED FRIEND

Author: Brendan Weed // Graduate Program: Psychology, Clinical Science

Faculty Advisor: Elizabeth Lefler

ROAD SALT AND ITS EFFECTS ON IOWAN WATERWAYS

Author: Casey Shanaberger // Major: Geography

Faculty Advisor: Lisa Tabor

EVALUATING FOOD INSECURITY ON CAMPUS THROUGH SERVICE-LEARNING PARTNERSHIP WITH PANTHER PANTRY

Author: Ashlyn Miller // Major: Family Services

Co-Authors: Kaleah Davis, Anna Harwick and Laura Solis-Meza

Faculty Advisor: Heather Kennedy

STUDENT EVALUATIONS OF TEACHING: PERCEPTIONS OF OPPORTUNITY TO OBSERVE AND EVALUATION QUALITY

Author: Carter Knapp // Major: Psychology

Co-Authors: Alexander Lopez, Jessika Allison and Tyler Larson

Faculty Advisor: Adam Butler

STUDENT EVALUATIONS OF TEACHING: PERCEPTIONS OF UTILITY

Author: Tyler Larson // Major: Psychology

Co-Authors: Jessika Allison, Alexander Lopez and Carter Knapp

Faculty Advisor: Adam Butler

THE ASSOCIATION BETWEEN PARENT & ADULT CHILD SEVERE MENTAL ILLNESS

Author: Taylor Courier // Graduate Program: Psychology, Clinical Science

Award: Intercollegiate Academic Fund

Faculty Advisor: Seth Brown

THE HIGHS & LOWS

Author: Stephanie Alfaro // Major: IDS - Advertising & Visualization

Faculty Advisor: Dana Potter

TUESDAY, APRIL 12 // ORAL PRESENTATIONS

10 - 11 a.m. // Moderator: Emily Machen // Room 287

10:00 a.m.

THE GENDER BIAS BURDEN ON BUSINESS: WOMEN'S ACCESS TO CREDIT IN BAHRAIN

Author: Sandra Thiman // Major: Political Science

Award: Fruehling Undergraduate Research

Faculty Advisor: Brian Warby

10:15 a.m.

MINDFULNESS, STRESS & WELL-BEING AMONG INDIAN NATIONALS DURING COVID

Author: Tenzin Urygen // Graduate Program: Psychology, Social Psychology

Award: Intercollegiate Academic Fund

Faculty Advisor: Helen C. Harton

10:30 a.m.

A CITIZEN'S DUTY TOWARDS POLITICAL TOPICS AND ISSUES

Author: Adam Ramker

Major: Physics and Philosophy

Faculty Advisor: Yasemin Sari

10:45 a.m.

**MEDIA SUPPRESSION IN AFRICA & THE BALKANS:
HOW ECONOMIC DISTRIBUTION IMPACTS FREEDOM OF THE PRESS
ON AN INTERNATIONAL LEVEL**

Author: Lindsey Ingraham // Major: Political Science, Public Administration
Award: Fruehling Undergraduate Research
Faculty Advisor: Evan Renfro

11 a.m. - 12:30 p.m. // Marybeth Stalp // Room 287

11 a.m. - 12:15 p.m.

RESEARCH FROM HONORS CAPSTONE COURSE

**The Science & Practice of Well-Being:
Exploring Mindfulness, Compassion & Joy**

Faculty Advisor: Sarah Montgomery

RACIAL JUSTICE & MINDFULNESS

Author: Serenity Kollasch // Major: Political Science, Theatre

WELL-BEING & MONEY

Author: Spenser Larson // Major: Biology, Chemistry

JOY RELATED TO COLOR, PERCEPTION

Author: Lizzy Richardson // Major: Biology, Music

SECONDARY TRAUMA & MAINTAINING EMOTIONAL WELL-BEING

Author: Morgan Wickman // Major: Psychology, Family Studies, Mental Health

CHRONIC FATIGUE RELATED TO IRON DEFICIENCY & MENTAL HEALTH

Author: Katelyn Moore // Major: Biology

IMPACT OF SONIC ENVIRONMENTS ON OUR MOOD

Author: Emily Clouser // Major: Music Education: Choral, General

HOW NUTRITION/DIET AFFECTS MINDFULNESS

Author: Sierra Kuhlert // Major: Athletic Training & Rehabilitation Studies

MINDFULNESS AND GARDENING

Author: Carter Pennings // Major: Marketing: Advertising & Digital Media

MINDFULNESS IN INJURY RECOVERY

Author: Megan Benmore // Major: Movement and Exercise Science

CONSUMERISM AND MENTAL HEALTH

Author: Esha Jayswal // Major: Accounting, Economics

RUNNING/EXERCISE AND WELL-BEING

Author: Josh Pulse // Major: Computer Science, Data Science

PUBLIC SERVICE EMPLOYEE BURNOUT & HOW MINDFULNESS CAN HELP

Author: Monica Lewandowski // Major: Public Health, Community Health

NATURE AND MINDFULNESS

Author: Sara Bergin // Major: Biology

THE ALEXANDER TECHNIQUE

Author: Trey Blaser // Major: Composition - Theory

PARENTING STYLES AND MENTAL HEALTH

Author: Eva McCoy // Major: Psychology, Mental Health

BENEFITS OF MINIMALISM ON MENTAL HEALTH

Author: Madison Tenhulzen // Major: Marketing: Advertising & Digital Media

MINDFULNESS IN EDUCATION

Author: Max Tensen // Major: Mathematics Teaching

WEATHER EFFECTS ON MENTAL HEALTH

Author: Brady Beyer // Major: Math: Statistics, Actuarial Science

HOW PETS SUPPORT/IMPACT MENTAL HEALTH?

Author: Christian Jauron // Major: Political Science

MINDFULNESS AND SCHOOL COUNSELING, SCHOOL PSYCH

Author: Tyler Larson // Major: Psychology, Educational Studies

BRAIN INJURY AND WELL-BEING

Author: Steele McKinnon // Major: Management Informations Systems,
Political Science

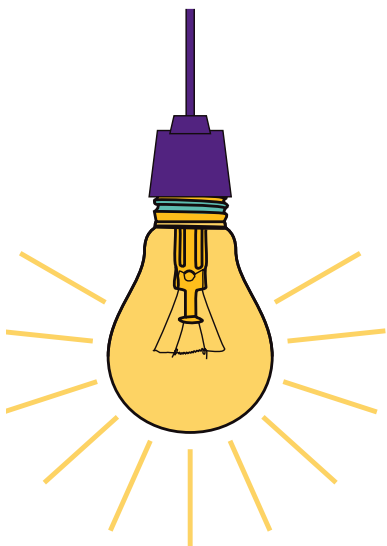
12:15 p.m.

FACULTY BURNOUT DURING THE COVID-19 PANDEMIC

Author: Taylor Sloan // Graduate Program: Psychology, Clinical Science

Co-Author: Tenzin Urygen

Faculty Advisor: Helen Harton



On behalf of the College of Social and Behavioral Sciences and the Graduate College, thank you for your attendance and participation in this year's INSPIRE Conference. We continue to be amazed and proud of the work displayed by our students, a strong testament to the experiential learning opportunities offered by the University of Northern Iowa on both the undergraduate and graduate level.

Thank you to the many faculty across colleges for their mentorship and encouragement to help our students engage in new experiences and apply the dynamic lessons learned both in and outside of the classroom. Even with the uncertainty of the past years, our students continue to thrive at finding solutions to real-world problems. Together, they and our faculty are a motivating change within our world, and for that we are humbly grateful.

We are continually inspired by the research and engagement demonstrated by our students, and know you will be too.

Enjoy!

Brenda L. Bass

Dean, College of Social & Behavioral Sciences

Jennifer J. Waldron

AVP of Research & Innovation / Dean, Graduate College /
Interim Dean, Online & Distance

Helen C. Harton & Windee Weiss

INSPIRE Conference, Co-Chairs

