1994 Turn up the Heat

Northern University High School

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Beside the burned up Nielsen Field House, cheerleaders fire up the crowd at the Homecoming pep rally.

On the morning of June 9, 1993, the rubble that was once the Nielsen Field House still smolders.
In the hot August sun, Coach Neil Phipps drills the football team into shape during pre-season workouts.

Dr. Don Darrow and Mr. Doug Nichols serenade Homecoming queen candidates.

A charred field house brick becomes a good luck charm and focus of pre-game rituals for the '93 softball team.

On what was once the field house floor, Matt Maloy and Matt Janssen scurry for the ball.
What didn’t go up in smoke on the afternoon of June 8, 1993, was the spirit of the Northern University High School Panthers. In fact, the tenacious spirit of NUHS really caught fire as students and staff started the ’93-’94 year right on schedule.

The Nielsen Field House razed by a $3 million arson blaze, Coach Bob Lee and his physical education department and Athletic Director Paul Waack moved quickly to readjust team schedules and class plans.

More readjustment came on the heels of Governor Terry Brandstad’s proposed bond resolutions package that included only $2.5 million for the field house and necessitated State Legislature approval.

Is it Hans? Frans? No! It’s junior Gabe Mallin all pumped up on Homecoming Spirit Day.

“Freshmen, freshmen, don’t be shy!” Doug Conner roars the battle cry at the Homecoming pep rally.
Lindsay Oleson and Sara Bailey “clown around” at PTP’s Carnival, which raised over $6,000.

Julie LaMendola and Tony Dutcher enter Maucker Union in style for the winter formal.

Work it, Adlai. Mr. Griffith’s a lean, mean, DJ machine at yearbook’s “Best NU Dance Ever.”

“Roses are red, Violets are blue. I like peanut butter. Let’s swim!” Coach Ben Myers yells encouragement.
A class act, the cast of *The Diary of Anne Frank* captivates a sell-out crowd on opening night.

Leah Ostby, Leah Kamienski, Becca Moon, Annika Fischer, Tony Dutcher boogie down at yearbook’s dance.

**The NU style.** It sparks attention—from theater stages to university gridirons. It’s a “can do/will do” attitude with just the right touch of individuality.

Fostered and nurtured in and beyond classrooms at 19th and Campus, it expresses imagination, determination, fascination, and exhilaration.

Inspiring confidence and camaraderie, it can last a lifetime.

The NU style. It didn’t go up in smoke either.

Leah Ostby, Leah Kamienski, Becca Moon, Annika Fischer, Tony Dutcher boogie down at yearbook’s dance.

Home on break from U. of Neb., superstar Trev Alberts (NUHS ’89) greets Tom Hanks in the West Gym.
Style is not just about clothes. Style defines attitude and personality. NU students displayed style throughout the year while coping with difficulties the fire created.

In P.E. classes students adjusted dutifully. They step aerobically in the hallway or played aggressive broom ball on the newly created ice rink despite sub-zero temperatures.

The weight room still intact, weightlifting was even more popular than before and inspired stylish T-shirts. Lifters could earn shirts by meeting various goals.

Clothing styles at NU High continued to be diverse. Whether in knee-highs, body suits, bell-bottoms, flannels, or baseball caps, students are considered à la mode. Junior Brenda Downing concluded, "There are no fads. Everyone at NU is cool."

Asked What gives a person style?, Andrae, Mya, Brenda, and Tony replied as follows.

"The way they act and dress."  
Andrae Rainey

"Their clothes."  
Mya Kruger

"Attitude."  
Brenda Downing

"The music they listen to."  
Tony Dutcher
Senior year: the anticipated turning point

Since nursery school Beth LaGary and Livia Chamberlin have been MPLS classmates. Here they arrive at Welch Village for the Senior Ski Trip.

any of our experiences in growing took place within this building. In 1981 14 kindergartners learned the simple lessons about sharing and picking up toys here. Later we learned how to drive, how to endure first dates and dances, how to manipulate student teachers. We got to know exchange students who came to our small school planning to learn about our culture and ended up teaching us lessons in being open-minded.

Our senior year. Finally we can look behind us as well as ahead. We tend to view classmates in light of who they used to be; the time has come to look around again and truly see what we have become—some very remarkable young men and women.

Although we are ready to move on, at no time has it been easier to realize just what we are leaving behind.

14 seniors started kindergarten together at MPLS

Teresa Abraham
Durrell Campbell
Livia Chamberlin
Tony Dutcher
Zina Everton

Susan Hagenow
Aaron Howard
Shannon Jackson
Kim Keefe
Beth LaGary

Holly Maxson
Zachary Nielsen
Abby Ostby
Mark Wilson
10 Seniors

Kara Ann East

Monica Jean Gilbert

Rebecca Delapield

Larissa Ann Hageman

Craig A. Douglas

Annita Fischer

Susan Hagenow
SENIOR CLASS OFFICERS

President: Becky Delafield
Vice President: Aaron Card
Secretary-Treasurer: Shannon Jackson
Student Council Representatives: Damon Lew and Zach Nielsen
Sponsor: Sue Ellen Savereide
Juniors turn on the responsibility

With the help of junior class parents, the Class of '95 earned $1,350 at a late summer garage sale. This was the most lucrative fund-raiser as juniors assumed responsibility for funding the Junior-Senior Prom.

Another big project was the traditional Homecoming Breakfast. Coach Neil Phipps rounded up the junior football players to prepare the pancakes and sausage at 5 a.m. After the collapse of the football players, the junior girls took over the kitchen. Foreign candy and wild card sales rounded out the year's money making projects as junior officers agreed "the hard work will pay off."

Class President: Tiffani Grimes
Vice President: Mike Steffen
Secretary-Treasurer: Rachel Wilson
Student Council Representatives: Natalie Kettner and Sol Wikert
Sponsor: Neil Phipps

Erica Lee and Alisson Hoy serve sausages and pancakes in the NU cafeteria to early morning risers at the Homecoming Breakfast sponsored by juniors.

All pumped up to put on prom

Damian Bakula
Tim Boorom
Stacy Cochran
Wendy Conner
Eric Cook-Wiens

Jennifer Downs
B.K. Fernandez
Nathan Fitzgerald
Kelli Freese
Jennifer Frost

Tiffani Grimes
Andrew Grote
Semyya Hart
Stephanie Houlson
Alisson Hoy
Matt Janssen
Aaron Johnson
Dan Kane
Natalie Kettner
Erica Lee

Clayton Lichty
Chris Lieder
Gabe Mallin
Matt Maloy
Jessica McCarty

Melissa McLaughlin
Jay Meier
Susie Newsom
Regan Penaluna
Wesley Platz

Jennifer Rezabek
Nell Sawyer
Angela Schlichtmann
Isaiah Schoeman
Bobbie Sells

Ben Smaldino
Andrea Spaeth
Mike Steffen
Jennifer Thurman
Matt Wertz

Jessica West
Erik Westin
Sol Wikert
Cy Wilkinson
Rachel Wilson

Not Photographed:
Brenda Downing
Alejandro Palma
Nick Baade
Sam Bailey
Brandon Baker
Stephanie Bastron
Kris Bolhuis

Dan Bolin
Rayleshia Burton
James Chung
Caleb Cutwright
Debarshi Das

Adam DeJoode
Janene Doddema
Amy Dow
Justin Downs
Melinda Egger

Molly Fitzgerald
Michael Girsch
Jedadiah Gors
Karen Goyen
Adlai Griffith

Nicole Hahn
Mark Hays
Vicky Higby
Chris Hilyard
Terry Hundley

Lori Hutchens
Shawneequa Kimbrough
Mike Koch
Mya Kruger
Leah LaGary

Andy Liao
Robert Mallinger
Ryan McCabe
Ajanet McClain
Ryan McCray

16 Sophomores
Class of '96: stirred up and active

Sophomores heated up the competition among classes early in the year by going after the hall decorating prize during Homecoming. Turning the social studies hallway into a wild animal cage with hundreds of balloons suspended in plastic, the class hoped to "burn" the seniors. That didn't happen, but the spirited group didn't cool down. Energizing varsity athletic teams and musical and drama productions, this class made its mark.

Leading the class were officers Stephanie Bastron, president; Nick Baade, vice-president; Lindsay Oleson, secretary-treasurer; Seth Nieman and Justin Staker, student council representatives. Rick Vanderwall and Merrie Schroeder are class sponsors.

In a characteristic show of unity, sophomore girls gathered to capture a moment in time at the Winter Formal in the Maucker Union Expansion on the UNI campus.
They sizzle — not fizzle — under fire

Reflecting on his class’ first year in high school, President Nathan Loenser remarked, “Although the ninth graders were faced with many new challenges and expectations, they took it all in stride.”

Citing academic and athletic rigors, Nathan credited freshmen with “helping each other and encouraging each of their classmates to succeed.” Freshmen could cheer classmates on not only in varsity competition but also in the spring musical *Oliver* as this class played key roles in high school activities.

Joining Nathan in leadership positions were Jamie Phipps, vice-president; Mindy Carbiener, secretary-treasurer; Kevin Davison and Leah Kamienski, Student Council representatives. Class sponsor is Mr. Jim Maltas.

“Good job, freshmen, and keep going!” Words of inspiration from Nathan Loenser.
Charlotte Driver
Jake Flanscha
Allison Fremont
Kelli Frye
Tom Hanks

Alicia Janssen
Audra Johnson
Christopher Judas
Leah Kamienski
Lindsey Kane

Bradley Kendall
Kim Knutson
Eric Lewis
Nathan Loensner
Nick Lyons

Matt McLaughlin
Nic Moran
Nathan Mort
Eric Olson
Jamie Phipps

Isaac Podolefsky
Stephanie Potter
Hari Rajendran
Joe Richlie
Shane Rundall

Melanie Schuller
Holly Sells
Delphine Tourne
Janessa Uhl-Carper
Peter Vanderwall

Not Photographed:
Galen Cook-Wiens
David Correll
Kevin Davison
Jeremy Jubera
Jeff Moravec
Andrae Rainey

Bryce Weber
Stacey Wertz
Mike Wilson
In the aftermath of the June 8th fire, students returned in August with many unsure feelings. Dr. Linda Fernandez, Laboratory School director, helped ease that uncertainty.

In honor of her hard work and loyalty, students presented her with a plaque at the opening day assembly. The plaque now hangs in her office and reads:

"In recognition and appreciation for meritorious service under stress."

Faculty and staff appreciated her dedication too. "She was the center coordinator of all the decisions that needed to be made," emphasized Mrs. Victoria Robinson, secondary school principal. "She worked nonstop to help the school function."
At NU's first Winter Formal, Sara Bailey, Nell Sawyer, and Alisson Hoy snap to the beat.
School is a lot more than academics, and at NU most students participate in athletics, performing arts, special events, and social events. Opportunities to participate abound; opportunities to excel abound.

For instance, where else but Northern University High School would a swimmer compete in the state meet in the afternoon at Fort Dodge and then drive back to Cedar Falls to take the stage in the lead role of the fall play that night? Junior B.K. Fernandez believes the best thing about NU is sports “because everyone can participate.” Senior Aaron Card says “pep band rocks.” Sophomore Aja McClain insists that volleyball is the best because of “getting in shape.” And freshman Alicia Janssen couldn’t pinpoint just one activity — “everything.”

Asked What’s the best part about the activities at NU?, Alicia, Aja, B.K., and Aaron replied as follows:

“You can be whoever you want.”
Alicia Janssen

“The challenge.”
Aja McClain

“I like the way we are all out there to win.”
B.K. Fernandez

“Being a part of a group.”
Aaron Card
In the senior hall Manny Bubser takes a break from constructing a cardboard scoreboard to pursue his true passion.

Swim team co-captain Shannon Jackson takes a good-natured try at hula hooping at the pep assembly.

Panthers refuse to let the absence of the field house douse their spirited fire at the pep assembly.

Pajama Day gives Kim Keefe and Jessica Schachterle the chance to skip the morning shower.
Call of the Wild

Week's activities fan flames of panther spirit

Starting with the decoration of the halls on Sunday afternoon, Homecoming Week 1993 revitalized school spirit. At Monday morning's assembly, Teresa Abraham, Becky Delafield, Larissa Hageman, Holly Maxwell, and Abby Ostby learned they were in contention for queen.

At the end of the week, a pep rally on the tennis courts heightened enthusiasm for the game with Gladbrook-Reinbeck. Coach Bob Lee had been scheduled to skydive to the vacant gym area, but high winds put a stop to his plans.

Juniors Gabe Mallin and Regan Penaluna maximize the suspense of the raffle on Friday morning.

Abby Ostby started off the week by ignoring the warning and checking on the panther in the senior hallway.

Mike Steffen whips up pancake batter for early morning risers at the Junior Class Homecoming Breakfast.
Freshmen Lynsey Bolin and Peter Vanderwall attend their first Homecoming dance.

Kelli Freese, Natalie Kettner, Erica Lee, and Eric Cook-Wiens take a break from dancing to chat.

Dancers make room for Jason Dorris and his funky moves on the dance floor at JB’s on Saturday night.

One for posterity. Here is the official photograph of the 1993 Homecoming Court and their dates.
Her proud grandfather to her right, Becky Delafield receives the crown from Theresa Girsch, '92 queen.

Panthers on the 50-yard line at the Dome roar encouragement to a team trying to post a Homecoming victory.

Adam DeJoode receives a touchdown pass and congratulations from BK Fernandez. Cory Warmuth is #35.

Crowned and content, Becky Delafield relaxes in the stands with friends during the last half.

Luke Stater rips around the right side for a healthy gain against Gladbrook-Reinbeck. Final score: NU 6, GR 34.
An unquenchable spirit

Cast stirs hearts and minds of sell-out crowd

A summer visit to the United States Holocaust Memorial Museum in Washington D.C. convinced Rick Vanderwall to proceed with plans to stage The Diary of Anne Frank at NU in the fall. He did not regret his decision.

"Working on this play with this exceptional group of young adults has been an emotional experience. As they came to know and understand what had happened to Anne and her family, their performance gained depth and resonance. We discovered that this is not a play about the death of these people but, rather, about their living and the positive spirit of a small, energetic young woman who never quit believing in people. I can think of no greater lesson to teach," Mr. Vanderwall noted.

An inspired cast of 10 opened on Friday night, November 5, to a captivated, SRO crowd in Butzler Auditorium.

Behind the scenes were over 30 students and faculty working on technical crews.

An anxious Mrs. Frank (Becky Delafeld) in the background, Mr. Dussel (Adlai Griffith) voices frustration.

In a delightful display of humor, Anne mimics the complaining Mr. VanDaan (Michael McGuire).

Anne (Regan Penaluna) tries to be upbeat but is often bewildered by her emotional ups and downs.
"We talked about the most private things," Peter VanDaan (Zach Nielsen) and Anne become friends.

At first choosing to spend time alone in his attic room, Peter is oblivious to Anne's mockery of his father.

Anne surprises Margot (Angie Schlichtmann) with a gift as Mrs. VanDaan (Julie LaMendola) looks on.

Their link with the outside world, Mr. Kraler (Nate Fitzgerald) warns Otto Frank (Mark Hays) about burglars.

"How it came about so suddenly I don't know, but before we went downstairs he kissed me!"
Thawing out in style on a sub-zero Saturday night

DJ Adlai Griffith pumped up the volume, and things started heating up on the dance floor at NU’s first ever Winter Formal. Temperatures were far below zero outside, where parents braved the cold to provide valet parking for students heading to the toasty confines of the Maucker Union Expansion.

Velvet, satin, and wool party dresses were the norm as students jumped at the chance to dress up. “It was fun getting dressed up because it was out of the ordinary and a different kind of dance,” explained junior Natalie Kettner, who was in black lace.

The cheerleaders decided to start a new NU tradition and at the same time squelch the winter blahs by sponsoring the formal.

“It was fun getting dressed up because it was out of the ordinary and a different kind of dance.”
Natalie Kettner

NU’s DJ of Choice. Adlai Griffith once again displays a knack for appealing to the diverse musical tastes of his audience.

It’s nearly midnight, but Teresa Abraham, Regan Penaluna, and particularly Tim Slinker are still going strong on the dance floor at Maucker.
Vicky Higby, Sara Bailey, Nell Sawyer, Alicia Janssen, and Stacey Wertz heat up the action and dance the cold, cold night away.

Dressed ever so stylishly in crushed red velvet, Stacy Cochran adjusts the corsage of Susie Newsom, spectacular in green velvet.

Having kicked off her shoes long before, Kim Keefe poses between her buddies Laura Wood and Emily Smith.
Damon Lew, Cory "Tommy Moe" Warmuth, and Molly Brammer prepare to ski off the bus.

Robo Christian Krejberg ascends the hill. (This was before the mogul run-in.)

The inimitable Matt Johnson leads the pack, and Mo Schluppeck, Eric Anderson, and Damon Lew follow.

This is as cool as it gets. Cory Warmuth and Zach Nielsen practice THE CHAIR LIFT.
Warm memories of cold northern slopes

Top Ten Memories:
10. Neel Sheth’s ski lift face-plant
9. Grumpy old bus driver
8. Overpriced, undercooked food
7. Tiny cabin/triple bunks
6. 1, 3, and 5 a.m. shouting matches of Larissa Hageman and Cory Warmuth
5. Christian Krejberg’s mogul run-in
4. Matt Johnson’s antics
3. Saturday’s perfect powder
2. First-time skiers on Black Diamonds
1. Time shared among friends

Kirstin Cutwright, Teresa Abraham, and Abby Ostby unload their gear after a bus trip that started at 6 a.m.

Laura Wood, Sarah Hilyard, and Beth Rewoldt find a few square inches to stretch out in the teeny cabin.

Eric Anderson gets vertical at Welch, Minnesota. Next on the circuit for Eric — Lillehammer, Norway.

Larissa Hageman, Holly Maxson, Jenny Bozik, and Shannon Jackson warm up in the Welch Village sauna.
Oliver (Alicia Janssen) “will do anything” for Bet (Natalie Kettner).

Mr. Bumble (Sol Wikert) sweeps Widow Corney (Kim Nicholson) off her feet.

Oliver asks the London street crowd “Who Will Buy?”

Fagin (Bryce Weber) tells his boys “You’ve Got To Pick a Pocket or Two.”
Bill Sikes (Mark Hays) sings "My Name" with gusto.

Director Rick Vanderwall, Assistant Director Becky Delafield, and Stage Manager Kim Keefe critique the dress rehearsal.

"Reviewing the Situation": Oliver burns March blahs

The cast and crew of Oliver, in true NU tradition, managed to wait until the last possible moment to get the whole production together the second week in March.

Assistant Director Becky Delafield ("the little Dickens") summed it up: "It was the best of times. And it was the worst of times. It was a time no one will forget!!"

The contrast between what the audience saw and the chaos that existed backstage was remarkable. Cast members were disappearing when they were needed on stage, some lines were rearranged, and the crew was always running around trying to get everything in place. To top it all off, on opening night the brand new spotlight refused to work.

In spite of it all, Oliver was a breakthrough musical performance for NU and will long be remembered.

Oliver and The Artful Dodger (Jessica Schachterle) lead the chorus in "Consider Yourself" against the backdrop designed by Jeff Moravec.
Oliver and Dodger become best of friends soon after meeting each other.

Nancy (Julie LaMendola) thinks that everything will be all right “As Long As He Needs Me.”

The entire cast takes a well-deserved bow in front of a packed auditorium on opening night.

Fagin tells Oliver to “Be Back Soon.”
Oliver "considers himself at home" among the upper crust of London.

Mr. Brownlow (Michael McGuire) and Mrs. Bedwin (Laura Wood) look on as Dr. Grimwig (Jim McCullagh) examines Oliver.

Mrs. Bedwin comforts Oliver with "Where Is Love."

Nancy leads a drunken chorus in a rousing "Oom-Pah-Pa."

The curtain comes down on Oliver with Fagin "Reviewing the Situation" one last time.
Live bands turn up the volume, heat up the night

Eric Anderson reigned over an evening that ended earlier than planned when faculty members got a little hot over Mark Wilson's guitar and shoe flinging when he was on stage with his band Wormhole. Those who attended Sadie Hawkins festivities divided their time between the bands in the auditorium and the dance in the cafeteria. The bands definitely drew the larger crowd.

The night began with the coronation in the auditorium. Members of Eric's court included Arindam Kar, Zach Nielsen, Neel Sheth, Tim Slinker, Kai Adam, Dimitry Koupriaynov, Christian Krejberg, and Mo Schluppeck.

"It was craziness. That's the last time they'll let bands play. Cartoon craziness."

Mark Wilson

This was the first (and maybe the last) time NU had live bands at a dance. Desert Fish led off with Chinchilla Dust and then Wormhole playing next.

Nell Sawyer TP's Zach Nielsen during the Mummy Wrap Contest on stage in Butzier Auditorium.

To the delight of the crowd, Tim Slinker gives his escort, Teresa Abraham, a ride down the aisle during his grand entrance.
"A Breed Apart." Seth Nieman entertains the crowd on hand to hear Desert Fish open the jam in the auditorium.

In coronation games organized by the senior girls, Eric Anderson serenades the crowd as part of the Lip Sync Contest.

In the FINAL act of the evening, Mark Wilson performs with his band Wormhole. Things came to a halt shortly after this picture was snapped.
Isaiah Schoeman and his date, Gina Mark, are among the first to arrive on Saturday night.

Ditching Aaron Card, Kim Keefe finds a better (?) dance partner.

Having spent hours on Prom details, Angie Schlichtmann takes time for herself and NU alum Trace Steffen.
Juniors turn on the style for senior guests

Whether it was the starry evening, the big turnout, the perfect dress, or slam dancing at its finest, "Now and Forever" was a success and the Cedar Falls Woman's Club the hot place to be on the evening of May 1st.

Decorations Committee Chair Angie Schlichtmann made sure that the Junior Class went all out to give the seniors a beautiful Prom.

A moment of panic ensued when soon-to-be-crowned King Neel Sheth couldn't be found, but he did show and—as usual—stole the show.

A "Now and Forever" moment—the Senior Class at Prom '94.

Queen Julie LaMendola and King Neel Sheth acknowledge the cheers of the crowd after coronation.

Jesi McCarty, Steph Houlson, Kara East, Sarah Hilyard, Monica Gilbert, and Beth Rewoldt share a table.

Resplendent in “five-alarm red,” Emily Smith and her date, Justin Goeres, get their souvenir tickets.
Right from the start, NU's Swimmin' Women pull together as a team.
The year started off with the baseball team having to borrow equipment from Dike/NH a day after the Field House fire. When the team did get its own equipment out of a storage closet, it was charcoaled and smelled like barbecue. And then there’s the story of that charred brick, those superstitious softball girls, and their Cinderella season.

With fall came the challenge of finding practice slots in the West Gym for volleyball and then basketball when UNI’s wrestling and volleyball teams weren’t there. Volleyball and swimming teams had record-breaking seasons due in part to off-season dedication and strong leadership.

The first season without the Field House was also the first season for five-on-five for the girls’ basketball team. Strong senior leadership provided the glue for the team.

In the early, cold spring came 6 a.m. track practices in the Dome. All in all, the ‘93-’94 season proved that Panther spirit prevails.

For seniors, that spirit undergirded their best memories.

"Playing football. We beat Janesville."
Durrell Campbell

"Becoming sectional champs in softball."
Holly Maxson

"Sticking together despite losing in football."
Eric Anderson

"Setting a school record for volleyball wins."
Larissa Hageman
The red hot swimmin’ women

Annik Fischer swims her specialty, the breast stroke, in the meet against West Waterloo.

NU’s Brooke Penaluna and Shari Terpstra from Parkersburg play around before warm-ups.

VARSITY SWIMMING
Invitational
NU Invitational, 1st of 8
Charles City, 1st of 6
Cedar Falls, 3rd of 6

Dual Meets
NUHS Opp.
West Waterloo 76 31
Williamsburg 82 27
Vinton 74 36
Linn-Mar 68 41
East Waterloo 87 23
Vinton 79 29
Cedar Falls 70 130

District
2nd of 11 teams

State
6th of 56 teams

Regan Penaluna watches as Stacey Wertz anchors the 200 free relay at the NU Invitational.

The team spirit of Erica Lee, Sarah West, Nadine Hinkle, Liz Smith, and Stacey Wertz in action.

The members of the most successful girls' swim team at NU in five years prided themselves on their team spirit. As Coach Ben Myers put it, "The team pulled together this year and had a real sense of unity. We succeeded and had fun, and that's what it's all about." Team co-captains Shannon Jackson, Ann West, and Becky Delafielld were role models for spirit and unity.

State qualifiers were Kathryn Kjar from Waverly, Regan Penaluna, Brooke Penaluna, and Stacey Wertz. All placed high in their events, but the highlight was Stacey placing first in the 50 free. The NU team placed 6th of 56 high school teams in Iowa.

Stacey received first team all-state honors. Kathryn, Regan, and Brooke received all-state honorable mention.
The setting sun at his back, Gabe Mallin heads for the finish line at the NU Invitational.

Freshman letter winner Stuart Clausen accepts theade of teammate Adlai Griffith after a grueling run.

CROSS COUNTRY
Team Captain
Jimmy McCullagh

Invitations
Eldora/NP 5th of 7
Waverly 12th of 21
South Tama rained out
Hudson 10th of 16
Vinton 5th of 10
Dike 7th of 11
NU 7th of 11

Metro
4th of 5
NICL
6th of 9
District
8th of 24

For the first time, NU High fielded a girls’ cross country team. Not only were the girls trailblazers but also they were competitors. They placed 2nd at the NICL conference meet.

Eight enthusiastic girls took on the challenge with Coach Dennis Kettner. Coach Kettner approached Paul Waack, athletic director, after some girls expressed an interest in the sport. Both Coach Waack and Coach Bob Lee, boys’ cross country team coach, were very supportive. “Coach Lee guided us through practice. I learned a lot from him,” expressed Coach Kettner. “It was interesting to find out how good we were.”

At mid-season the team set goals. Placing 2nd at NICL was one; giving Eldora a scare was another.

For senior Kim Keefe, being an NU cross country runner was a goal she’d had since she was a sophomore.

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**CROSS COUNTRY**

**Team Captain**
Kim Keefe

**Invitationals**

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<th>Meet</th>
<th>Place</th>
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<tr>
<td>Waverly</td>
<td>no place</td>
</tr>
<tr>
<td>South Tama</td>
<td>rained out</td>
</tr>
<tr>
<td>Hudson</td>
<td>8th of 17</td>
</tr>
<tr>
<td>Vinton</td>
<td>7th of 8</td>
</tr>
<tr>
<td>Dike</td>
<td>5th of 11</td>
</tr>
<tr>
<td>NU</td>
<td>4th of 12</td>
</tr>
</tbody>
</table>

**Metro**

- 3rd of 4

**NICL**

- 2nd of 9

**District**

- 8th of 16

**All-Metro Honors**

- Natalie Kettner
With a record-breaking winning season of 26-5-3, there is no doubt NU's volleyball team was on fire this year.

What was the secret of the team's success? "Being so close as a team," said starter Mindy Pedersen. "All of us got along."

There is something to be said for team unity. "Every time someone would have a bad game, or a couple of bad plays, there was always someone else who helped pick her up and keep the team playing together," commented Tiffani Grimes.

Even in all-day tournaments, the Panthers proved their mighty power. Of the four tournaments of the season, NU claimed the winning title in three of them and took second in the fourth.

Not only was the team strong together, but also it had many outstanding individuals. Four of the seven starters were named to NICL All-Conference teams.

With all of the team's accomplishments, what was the best part about the season? According to Janene, it was "how young we were. Almost everyone will be back next season, so we'll be able to improve from where we left off."

What's left to improve? "Beating Dike, said Mindy. "We've come so close, but we've never actually beat them. Next year we're going to do it."

Janene Doddema goes on the attack as Coach Verly waits in awe.

\[\text{Varsity Volleyball} \]
\[26-5-2\]

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<th>Tournaments</th>
<th>All-Conference</th>
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<td>Larissa Hageman</td>
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<tr>
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<td>Janene Doddema</td>
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<td>Kelly Smith</td>
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<td>NU</td>
<td>Mindy Pedersen</td>
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<td>Honorable Mention</td>
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Second Place
First Place
First Place
First Place
First Team
First Team
Second Team

During a time out, Coach Verly talks strategy with the team.

Larissa Hageman sets up a kill for an awaiting teammate.

Holly Maxson eyes her spot across the net before executing the serve in tournament play.

Powerhouse Kelly Smith displays perfect form as she pounds the ball to the floor at Dike-NH.
The NU Panthers

Drilled on PHD

Pride. Hustle. Discipline. These were the focus of the '93NU football season. No matter what the scoreboard said, after every game the team was able to be proud of the fact that it never gave up and hustled to the end.

The most notable gains were a 48-point effort against Janesville and a 23-point showing against a tough Grundy Center defense.

Sportsmanship was important for this team, which received letters from officials commending conduct on the field.

With continuing teamwork and off-season preparation, NU can be competitive.

Earning All-District honors were: Durrell Campbell (1st); Cory Warmuth, Justin Staker (2nd); Mike Girsch, Luke Stater (honorable mention).

VARSIY FOOTBALL

<table>
<thead>
<tr>
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<th>Opp.</th>
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<tbody>
<tr>
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<tr>
<td>Janesville</td>
<td>48</td>
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<tr>
<td>North Tama</td>
<td>14</td>
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<tr>
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<td>East Buchanan</td>
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<td>BCLUW</td>
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</tr>
<tr>
<td>Hudson</td>
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Record: 1—8

Taking the heat and gaining experience

Co-captain Durrell Campbell stiff-arms an opponent on his way to a gain in the Homecoming game.

Sophomore Luke Stater strikes a Heisman Trophy pose while eluding a defender.

Quarterback Mike Girsch lets one fly under heavy pressure.

The high octane offense of NU High lines up for take-off.

Freshmen Lindsey Kane and Janessa Uhl-Carper brave the elements to show their spirit at the Hudson game.
NU's spark plugs

Cheerleaders met the challenge of not having a practice area and focused on trying new and more difficult cheers and stunts. Veterans Livia Chamberlin and Abby Ostby provided leadership for the squads, which were larger in number than previous years.

For a week during the summer, squad members attended camp sponsored by the United Cheerleading Association on the campus at UNI. “Cheerleading camp introduced us to the West Gym,” noted Abby.

Besides planning and carrying out pep assemblies and “panther pawing” in the wee hours of the morning for Homecoming, the cheerleaders sponsored NU’s first-ever and very successful winter formal in the Maucker Union Expansion on the UNI campus.


The basketball cheerleaders adjust to cheering in the West Gym at the varsity games with Hubbard/Radcliff.

At the NU Invitational are Abby Ostby, Emily Smith, Nikki Hahn, Katie Ostby, and Susan Hagenow.

The football cheerleaders fire up the crowd for Homecoming at the first pep assembly of the year.
A Season of Rebuilding

Warming Up

With only one varsity player returning and early season injuries, the basketball team got off to a slow start and finished with a 3-16 record.

For senior Zach Nielsen, team captain, highlights included beating North Tama twice, his shooting a 3-pointer at the wrong end of the court and making it, Luke Stater’s “Jordanesque” lay-up over Jared Devries of Aplington-Parkersburg, Adam DeJoode’s half court shot against Denver, and the 3-point show of Michael Girsch and himself against Union. Highlights too were “the usual verbal blunders of Coach Waack”: “no pop on games of days”; “Luke side weak”; “I’d love to give them two losses in a low.”

Nielsen was named first team All-Conference and Girsch honorable mention.
During pregame warm-ups, team captain Zach Nielsen glides in for a lay-up.

At the last home game, Matt Wertz skies over a Janesville defender and lets one fly for two.

Senior leaders create unity

Her eyes on the ball, senior Co-captain Teresa Abraham hustles down the court in the West Gym.

Mindy Pedersen fights off a Dike-NH defender as Janene Doddema gets into position to help.

Natalie Kettner intimidates Dike-NH while Mindy Pedersen and Larissa Hageman work to deny the pass.

**Strong Start**

**Five on Five**

The first season of 5 on 5 basketball started off with a bang as the girls chalked up two wins against Dunkerton (42-26) and Janesville (41-25). What the 5-15 record didn't show was a year of building skills, learning, and improving step-by-step.

As seniors Teresa Abraham, Larissa Hageman and Holly Maxson noted, "Even though we didn't have a great record, IT WAS BETTER THAN THE BOYS'!"

Team pre-game dinners, locker room superstitions, "pinky prayers in the dark," and "Carlin's observatory" were highlights. So were nicknames like "Apples" Maxson, "Beans" Doddema, "Plunge" Pedersen, "Spaghetti Limbs" Smith.

"Trees" Abraham and "Bell" Hageman were co-captains. "Skid Marks" Kettner was All-Conf. Hon. Mention.

Freshman Nick Lyons slices his way through NU waters in his butterfly event in the dual with Charles City.

The Youngster and the Veteran. Freshman Peter Vanderwall and senior Aaron Howard await events.

The team comes together for motivation and inspiration in its final home meet of the season.

Ben Myers does some sideline coaching beside Aaron Howard and Ass't. Coach Steve Oaks.

Senior Tim Slinker executes a dive for the Panthers.

Swimmers on fire at districts
Springing off the block, Glee Nordquist gets off to a good start in the dual meet with Charles City.

95% P.R.'s

Strong Finish

For Coach Ben Myers, the highlight of the '94 season was "the district meet, where we had 95% personal records."

He also points to veteran leadership on his squad of 23. "There was a lot of good senior leadership. We graduated seven hard-working guys who set an example for the younger swimmers." The NU seniors on the squad were Aaron Howard, Tim Slinker, and Kai Adam.

NU underclassmen earning letters were: Galen Cook-Wiens, Bryce Weber, Nick Lyons, Stuart Clausen, Eric Cook-Wiens, and Nate Fitzgerald.

Seniors Shannon Jackson and Becky Delafield and sophomores Alicia Mercado and Amy Dows were team managers.


VARSITY SWIMMING
Invitational
Newton, 2nd of 6
Cedar Falls, 3rd of 6
West Waterloo, 3rd of 8

Dual Meets
NUHS Opp.
Williamsburg 76 34
Vinton 82 27
West W’loo 56 78
Cedar Falls 51 81
Charles City 80 31
East W’loo 104 21
Vinton 91 57

District
3rd of 8 teams
Co-Captains
Aaron Howard
Jeremy Voights
Torching records

Two school records fell and two more nearly did in a season that saw the girls' track teams set school records at state.

"WE'VE GOT A DYNASTY GOING."

Rachel Wilson, junior

"We've got a dynasty going," remarked Rachel Wilson, in regards to the team's second consecutive conference championship. Strong junior leadership and positive attitudes were key in a team that considered Denver its top rival. Denver never beat the NU girls during the '94 season.

Top team scorer for the season was sophomore Ryan McCray.

Practicing the 4x4 hand-off, Kelly Smith receives the baton from Ryan McCray. The 4x4 relay team set a school record (4:11.6).

On her way to a school record, Jenny Frost runs the second leg of the 4x4 at the state meet in Des Moines.

Season Record
No. Tama Invitational, 1st of 6
Jesup Invitational, 6th of 9
Spartan Invitational, 1st of 6
Raiderette Relays, 2nd of 10
Wolverine Invitational, 1st of 8
NUHS Invitational, 3rd of 16
Conference Meet, 1st of 8
BCL-UW Relays, 2nd of 6
Districts, 3rd of 25

Season Honors
State Qualifiers
Rayleshia Burton, Kelli Freese, Jenny Frost, Tiffani Grimes, Natalie Kettner, Ryan McCray, Alicia Mercado, Kelly Smith

State Places
Distance Medley, 6th place
4 x 400 Relay, 6th place
4 x 800 Relay, 8th place

Sophomore Alicia Mercado dedicates her practice time to the hurdles.

On the NU track, Rayleshia Burton and Brooke Penaluna work on their blind 4 x 100 exchange.

At the state meet, Ryan McCray concentrates on the approaching runner in the 4 x 200.

Freshman Katy Baumgardner and junior Kelli Freese execute a near-perfect hand-off in practice on the NU track.
Brandon Baker and Jason “Boom Boom” Dorris work on exchanges for the dramatic Weightman’s Relay.

**Future Burns Brightly**

Beware of Dog

Experience. Experience. Experience. With only three seniors on the roster, the '94 team worked hard to compensate for inexperience.

The team did improve throughout the season. After qualifying only the 4 x 100 meter relay for the Drake Relays, the squad progressed to qualify seven events for State. Sol Wikert captured a 4th place in the discus and the medley team (Cory Warmuth, Durrell Campbell, Luke Stater, Erik Westin) brought home a 4th place finish. The team finished 21st overall.

In District the team finished 2nd of 23. Sol Wikert and Luke Stater were All-Conference.

The future looks bright with 27 members returning. The Dog will be walkin’ in '95.

**BOYS’ TRACK**

Wartburg Inv., 5th of 12
Cowboy Relays, 5th of 6
Raider Relays, 4th of 9
Collinge Relays, 7th of 8
NICL East, 5th of 8
Spartan Relays, 4th of 6
Aldrich Relays, 8th of 18
Dubuque Relays, 11th of 11
District, 2nd of 23
State, 21st

Medley team & Wikert place at state meet

Sol Wikert launches the discus on his way to a 1st place District finish and a trip to State.

Eric Olson stretches for those last few inches while competing in the long jump.

District champion Luke Stater tries to stay warm while awaiting his next attempt in the high jump.

State qualifier Isaiah Schoeman battles down the back stretch at the Collinge Relays at Cedar Falls High.

Bryce Weber works on his starts before the high hurdles race in Collinge Relays competition.
In red-hot pursuit

The doubles team of Nell Sawyer and Mindy Pedersen ushered in summer in style as they advanced to the 1-A semifinals in State competition and ended up in fourth place overall. (Girls' State competition has only two divisions.)

“Our goal was to win in the first round—I never thought we’d be in the semifinals. We’re winning it all next year,” proclaimed Nell.

Coach Craig Pitcher thinks Nell and Mindy have a shot at the title in ’95. “They played awfully well—I’m proud of them as a coach and as a friend. They’ll be back next year.”

Nell and Mindy got to State by winning Districts after placing second in conference play. The No. 2 Doubles team of seniors Emily Smith and Susan Hagenow finished third in the NICL. Overall the young team tied for fifth in the conference.

Nell will be the only returning senior in the ’95 season.
Season Scores 3-7

NUHS 4 5 Eldora/NP
NUHS 8 1 Grundy Center
NUHS 3 6 Waverly
NUHS 9 0 Union
NUHS 4 5 Hudson
NUHS 2 7 Eldora/NP
NUHS 2 7 Dike/NH
NUHS 3 6 Apli/Parkersburg
NUHS 1 8 Ackley/Geneva
NUHS 9 0 Union

Season Honors

State Competition

Nell Sawyer and Mindy Pedersen, 4th Place Doubles, Class 1-A

Mindy Pedersen serves for match point in the first round of State competition on a sunny June morning.

On her home court, senior Susan Hagenow practices her down-the-line shots before play with Dike-New Hartford begins.

Susan Hagenow, Mindy Pedersen, Nell Sawyer, and Emily Smith talk strategy and try to keep warm on the blustery morning of Districts at NU.

Emily Smith hits a forehand return to keep her Wolverine opponent running.

Girls' Tennis 65
B.K. Fernandez hits a cross-court forehand to keep his opponent running.

Sophomore Debarshi Das serves his Eldora opponent off the court.

Senior Manny Bubser returns with a strong one-handed backhand. Manny had the most NU team experience of any squad member.

Season Record 4-5

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<td>7</td>
<td>Grundy Center</td>
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<td>Union</td>
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</tbody>
</table>

Letter Winners

Manny Bubser, 12
Arindam Kar, 12
Damian Bakula (Capt.), 11
B.K. Fernandez, 11
Nick Baade, 10
Debarshi Das, 10
Practicing at Pheasant Ridge on a warm May afternoon, Matt Wertz prepares to putt from the edge of the green.

Contrary to what their "formal" team photo indicates, the golf team does take the game seriously.

Thankful for a dry spring, the team got in a lot of good practice time at Pheasant Ridge Golf Course.

Returning lettermen Matt Wertz, Clayton Lichty, Matt Janssen and Dan Bolin set the pace for a team that finished third of 8 at Sectionals. Matt Wertz shot a 79 in Sectional play. Only two golfers bettered this score with 78's; they received the medalist and runner-up medals and advanced to District competition.

Encouraged by the team's play at Sectionals, Matt Wertz predicts that "next year we ought to be a threat in the NICL Conference."

Medalists were Dan Bolin, 8th place, and Matt Wertz, 3rd place, at the Aplington-Parkersburg Invitational.

Designated Most Valuable were Dan and Matt Wertz and Most Improved, Matt Janssen and Nic Moran.

**Tournament Standings**

Grundy Center, 6th of 8
Apl/Park., 5th of 8
NICL, 7th of 8
Sectional, 3rd of 8

**Season Honors**

Medalists
Matt Wertz, Dan Bolin

Most Valuable
Matt Wertz, Dan Bolin

Most Improved
Matt Janssen, Nic Moran
Junior Damian “Catfish” Bakula uncorks a fast ball against Dike-New Hartford.

Head Coach Corey Rhoads delivers a motivating pregame speech to a team that finished the season at 5-15-1.

**VARITY BASEBALL**

**NUHS Honors**
Co-Captains: Aaron Knutson and Trace Steffen

MVP: Mike Steffen
Most Improved: Erik Westin
Gold Glove: Cory Warmuth

**All-Conference**
Mike Steffen, Hon. Mention

**Team Record**
5-15-1

Rain dampens fields not spirits

**VARITY BASEBALL: Front Row**: Cory Warmuth, Matt Kamienski, Aaron Knutson, Jason Heerts, Trace Steffen, Tim Slinker, Sol Wikart. **Back Row**: Head Coach Corey Rhoads, Mike Girsch, Adam DeJoode, Mike Steffen, Damian Bakula, Shane Rundall, Erik Westin, Asst. Coach Jamie Dingus.
At home against Dike-NI, Alisson Hoy digs in as Liz Kinne gets down her timing.

**Sect. Champs**

**Was It the Brick?**

A charred brick from the Nielsen Field House became a symbol of good luck as softball players carried it to every game but inadvertently left it in Jesup, site of the team’s sweep of sectional play. They did not advance in district competition.

In the first post-season win since 1987, the Panther softball team started sectional play by beating third-ranked Jesup on its home field. Victories against East Buchanan and Don Bosco followed.

The strong post-season showing followed early season errors that forced the team to make many adjustments. Players—including senior Liz Kinne—learned new positions in an attempt to find the perfect line-up.

In a season marked by wind, rain, and fire, the Panthers posted a 5-9 record in conference action.

**VARSITY SOFTBALL**

**NUHS Honors**

Co-Captains: Liz Kinne and Kim Riehle
MVP (Off.): Liz Kinne
MVP (Def.): Natalie Kettner
Most Improved Player: Rachel Wilson

**All-Conference**

Liz Kinne, 2nd Team
Kim Riehle, 2nd Team
Natalie Kettner, Hon. Men.

**Team Record**

10-25

Sectional Champs
Patti Wood, make-up artist, puts the finishing touches on Adlai Griffith, actor in *The Diary of Anne Frank*.
The creative fires burned within the performing artists of NUHS in 1993-94.

Freshman Jeffrey Moravec created a dramatic charcoal backdrop for the spring musical *Oliver* and a cast of over 100 lit up the stage that a crew had labored over for weeks on Saturday mornings. Make-up artists transformed PIS elementary students into little urchins. Musicians added a touch of class not only to the all-school musical but also to their own concerts throughout the year, concerts that culminated in "Late Night With Leonard Upham" in May and a spring choir concert featuring a piece written especially for NU's choir by Jeremy Beck entitled "Blue Peaceful Sky."

The accolades extended beyond the NU stage. Speech contestants earned outstanding honors at state. Violinist Andy Liao received the very top rank at IHSMA contest in April.

Is all of the hard work worth it? The performers say YES.

**BRAVO!!**

"It's an outlet for me to go crazy!"

Bryce Weber

"It's been a big part of my life."

Debarshi Das

"'cause that's all I know how to do."

Julie LaMendola

"It's a different way to express yourself."

Tiffani Grimes
Mr. Rick Vanderwall makes suggestions to the *Oliver* set crew on a Saturday morning.

Nate Fitzgerald applies the wrinkles that will help transform him into Mr. Kraler for the fall play.

Sarah West leaves the scene shop loaded down with props for *The Diary of Anne Frank*.

On an early Saturday morning, Christian Krejberg puts finishing touches on *Oliver* scenery.

As stage manager for the fall play, Sarah West makes sure technical crews know their cues.
Making sure NU’s stars shimmer and shine

Thanks in part to the efforts of crews behind the scenes, performers on stage in Butzier Auditorium dazzle. Countless hours of preparation precede the performances, and a lot of teamwork from students not seen by the audience makes smooth shows possible.

Unseen by the audience as well is NU’s drama director, Rick Vanderwall. Senior Laura Wood notes, “Mr. V. has an infinite amount of patience and expertise. He believes in kids and gives so many a chance to contribute.”

Becky Delafield, ass’t. director, confers with Mr. V. while Mrs. V. and Alicia Janssen watch the rehearsal.

A script, a deck of cards (for moments of backstage solitude), and tapes for sound effects.

On costume crew, Alicia Mercado helps Michael McGuire add necessary bulk for the role of Mr. Van-Daan.
Andy Liao prepares his public address and radio news presentations at Districts in Dike, where he received I and II ratings.

Are these people inhibited or what? Coach Kathy Oakland tries to keep Coach Douglas Nichols in line.

Andrea Spaeth (Dramatic Acting) and Lynsey Bolin (Literary Program) settle in at Districts. Andrea earned a I and Lynsey a II from judges.

“I'll fix Anthony,” whines Sara Bailey as she gives the presentation that earned her an Outstanding rating in state competition.
When you’re hot, ... you’re hot

Two earn “double outstanding” awards

Among the “cream of the crop,” the 44 high school speech contest winners who received Double Outstanding Performer Awards, are Sara Bailey (Humorous Acting and Original Prose) and Michael McGuire (Literary Program and Original Oratory). Only six high schools in Iowa could claim two Double Outstanding Performers.

Other All-State Performers from NU were Arindam Kar (Book Review), Kim Nicholson (Dramatic Acting), and B. K. Fernandez (Poetry).

Advancing to State with District I ratings were: Adlai Griffith (Radio News), Laura Wood (Poetry), Andrea Spaeth (Dramatic Acting), Mark Hays (Prose), Neel Sheth (Humorous Acting), and Andy Liao (Public Address).

Also participating in Districts were: Vicky Higby (Dramatic Acting), Stephanie Houlson (Extemporaneous), Patti Wood (Improvisation), Kim Knutson (Literary Program), Lynsey Bolin (Literary Program), Bryce Weber (Storytelling), and Glee Nordquist (Storytelling).
High School Concert Choir


High School Chamber Choir

Contests, concerts, & a bit of C. Dickens

Iowa High School Music Association Contest

Mark Hays, Solo I
Stephanie Bastron, Solo I
Julie LaMendola, Solo I
Adlai Griffith, Solo I
Bryce Weber, Solo I
Natalie Kettner, Solo I
Patti Wood, Solo II

Early A.M. rehearsals were the norm for the concert choir. Here members practice for the spring concert.

Sopranos Julie LaMendola and Natalie Kettner perform in the spring musical.

Bryce Weber captivates the Oliver crowd with his inspired portrayal of Fagin.

Michael McGuire confers with Director Christine Jubera during an Oliver rehearsal.

Choir 77
All-state musicians: Davison, Hays, Liao

Iowa High School Music Association Contest

Zina Everton, Viola Solo I
Charlotte Driver, Viola Solo I
Andy Liao, Violin Solo I
Debarshi Das, Violin Solo I
Arindam Kar, Violin Solo II
Andy Grote, Violin Solo II

All State Orchestra
Andy Liao
Mark Hays
Kevin Davison

Shown here at the April Dessert Concert, Andy Liao received the highest score in IHSMA solo competition.

Senior Zina Everton performs at her last Dessert Concert.

In preparation for contest competition, Charlotte Driver gets a few pointers from Director Laurie Busch.

Arindam Kar, Debarshi Das, Natalie Kettner, Kevin Davison and Bryce Weber entertain fall playgoers.

Concertmaster Arindam Kar performs at the Dessert Concert.
High School Orchestra


High School Chamber Orchestra

Michael McGuire, Glee Nordquist and Seth Nieman on snare drums at the Dessert Concert in April.

It's Friday! Band Director Leonard Upham plays his part in the pep band during halftime at the West Gym.


Susie Newsom plays timpani in a quintet at the Dessert Concert.

Stylish sounds and sights. Neel Sheth and his mentor Jim Gosnell perform a sax duet at the Dessert Concert.
Abby Ostby, Erica Lee, Jenny Frost and Tiffani Grimes say for parents and friends assembled in the band room for the Desert Concert.

Hot Rock to Cool Classics

Iowa High School Music Association
Solo/Ensemble Contest

Tiffani Grimes, Flute Solo I
Seth Nieman, Percussion Solo I

Stuart Clausen, High Brass Solo II
Glee Nordquist, Seth Nieman, Michael McGuire, Percussion Trio II
Aaron Card, High Brass Trio II
Vicky Higby, Low Brass Solo III

High School Concert Band
At NU, Mme. Viviane Tourne placed the following item in the high school daily bulletin: “Thanks to all teachers and everybody who looked after Delphine’s friends during the last weeks. Everybody is back to Europe and the apartment is very quiet!!! Audrey, Susie, and Julie asked me to say how well they appreciated the kindness of everybody at school. I won’t talk about Delphine, who realized that it won’t be long before she follows them and she does not like this idea.”

With her daughter Delphine, Viviane Tourne arrived in Cedar Falls at the end of August 1993 to trade jobs for a year with NU’s Lowell Hoeft as part of the Fulbright Exchange. While she was teaching French classes at NU, M. Hoeft was teaching English classes in Chelles, a town about 15 minutes outside Paris.

Another Fulbright teacher is Russian teacher Jim Sweigert, who spent the summer of ’93 in Russia and will return there in the winter of ’95 with NU students of Russian. Also heading abroad during the ’94-’95 school year will be Melinda Egger to Holland and Adlai Griffith to Germany.

During the ’93-’94 school year Bobbie Sells traveled to Mexico over Spring Break with a group of students from Waterloo East and West. The previous summer Susan Hagenow and Emily Smith toured France with students from across the country. Emily is already planning a trip to the Middle East her junior year at St. Olaf College. “Americans tend to be ethnocentric. I want to break away from that. I want to experience other cultures and understand them.”

In France, M. Lowell Hoeft sends a holiday greeting to NU along with his students Magali and Murielle.
Mme. Tourne and Delphine, honorary Homecoming queen, wait for the halftime coronation to begin in the UNI Dome.

In the midst of a 16-hour road trip, Bobbie Sells finds a friend in a rest stop near Merida, Mexico, over Spring Break.

Mr. Sweigert on Red Square in Moscow.

M. Hoeft with the English class in Chelles, "except for Cedric, who took the picture."

After visiting Palais de Chambord, Emily Smith and Susan Hagenow pose for the folks back home.
SIX WHO CAME TO EXPERIENCE AMERICA

What stands out?

What will you remember most?

Dimitry: In this country you can do almost anything.

Christian: On the ski trip I lost my camera, busted my boot, & hit my head. I love skiing!

Delphine: I really enjoyed cross country and tennis. It was good fun.

Kai: On my first driving lesson in this country I got into an accident. That freak bumped into me.


Ale: What will I remember? I'll remember all of it—forever. There are so many unusual people here.

Six students came to the US from Germany, Russia, France, Argentina, and Denmark to experience a new culture. They brought with them ideas and attitudes that have played a major role in NU's environment. We have learned of alternative styles of "dress" and how soccer is really played, been shown up often in the classroom (including English class of all places!), and through discussions and observations have seen parts of not only other cultures but also of some very remarkable individuals who dropped everything for a year in order to have the experience of living in another country. That in itself takes a great deal of courage and determination.

Although each of these individuals has interests and friends, as a group they have had a great impact on NU and its students.

They have been such an important part of our school, it's hard to believe they are about to head home. They will most likely take with them many memories, but those of us who have had the chance to know them are the ones who have benefited most.

They stirred things up around here and will not be soon forgotten.
Kai Adam takes off at NU.

Delphine (Del-piney) Tourne

Dimitry (Dem) Koupriaynov

Maurice (Mo) Schluppeck

International Exchange 85
Kai Adam brought his own dance style to NU. Here he is at the Yearbook Dance in December.

Dimitry Koupriaynov takes Delphine Toume for a ride.

Yearbook photographer Ale Palma is caught in front of the camera at track practice.

KAI!!

With Susie from London and Audrey from Paris, Delphine E-mails friends in Europe who haven't come to visit.
In PE class, Christian Krejberg burns the opposition in a friendly game of soccer.

Their stay nearly over, Christian, Dimitry, Alejandro, Delphine, Kai, and Mo gather in front of NU.

Dimitry takes to the slopes on the Senior Ski Trip at Welch, Minnesota.

Christian and Kai helped backstage for *Oliver* and decided to dress the part, whatever the part is.
Sarah Buck and Jamie Berning take charge of the camera in speech, a new course offering for freshmen.
While creative approaches to learning are a hallmark of the Laboratory School, the elimination of the Field House really stretched imaginations in the PE Dept. and required on-the-spot innovation.

Innovation was evident as well in the integrated physics and advanced math course offered for the first time. NU initiated participation in the Close Up program in the Capitol. Also, students applied to work on a unique summer research project at the Hoover Library in West Branch.

In the spring students tried out for the new Advanced Shakespeare Seminar that will combine study and performance of *A Midsummer Night's Dream* in spring of '95. And after at least 15 years, the creative writing magazine was resurrected and given a new name —*Creases*— by the Writing for Publications class.

Something for everyone as the following opinions from senior Damon Lew, junior Wendy Conner, sophomore Caleb Cutwright, and freshman Stuart Clausen about favorite class indicate.
Emily Smith sits in the press release room of the Supreme Court.

The United States Capitol on a raw March morning.

Abby Ostby, Annika Fischer, Susan Hagenow, and Emily Smith rest between meetings with Congressmen.
In the heat of politics

Challenging Sens. Tom Harkin and Charles Grassley about their views on health care reform, ethanol regulations, term limits, the information superhighway, education, and the balanced budget amendment was a part of the week-long Close Up experience in Washington, D.C. for seniors Annika Fischer, Susan Hagenow, Abby Ostby, and Emily Smith and juniors Regan Penaluna and Nell Sawyer. They also attended seminars about government and the political process and met with lobbyists, government officials, and journalists in discussion groups.

Joining students from across the country, NU students participated for the first time, thanks to the efforts of Mr. Lee Weber, social studies instructor.

Senator Tom Harkin met with Susan Hagenow, Nell Sawyer, Regan Penaluna, Annika Fischer, Emily Smith, and Abby Ostby during Close Up Week Feb. 27-Mar. 5.

In the midst of high school students from all over Iowa is Senator Harkin. Close by in this Close Up shot are Annika Fischer and Emily Smith.
Annika Fischer served as clerk for a session of Model State Legislature held November 17-19 in Des Moines.

At Model UN on the UNI campus, Mark Hays votes on Germany's position on aid to Bosnia.

Jimmy McCullagh voices an opinion during the Model State Legislative session in the State Capitol.

Taking the floor at Model UN, Annika Fischer, who earned special honors as an Outstanding Delegate.
Debating the hot issues

Annika Fischer and Adlai Griffith earned Outstanding Delegate status at the 30th Iowa High School Model United Nations Conference held on the UNI campus in April. NU was one of 75 schools to participate and represented Germany.

Arindam Kar headed the NU delegation, and seated on the Security Council were Mark Hays and Emily Smith. Other participants included Laura Wood, Michael McGuire, Bryce Weber, Susan Hagenow, Tiffani Grimes, Abby Ostby, Jim McCullagh, Nell Sawyer and Regan Penaluna.

To participate in heated discussions and to gain a global perspective on issues, delegates must devote a substantial amount of time to prepare for the conference. According to Mary Beth Kueny, faculty sponsor, "The primary task of any model United Nations is to provide an educational experience for its participants. The areas for this experience are almost unlimited, but if the delegate is to make the most of this opportunity, he or she must be prepared to learn. This preparation is much more than just knowing how his or her country has voted for the last 25 years and in which power bloc he or she belongs."

A few months earlier, five seniors—Jim McCullagh, Emily Smith, Laura Wood, Susan Hagenow, and Annika Fischer—headed to Des Moines for Model State Legislature and the chance to get into the heat of the action on issues affecting Iowans.

Laura and Susan were lobbyists, Annika was a page and a clerk for a session, and Emily and Jim were representatives.

Emily was assistant whip for the majority party and sponsored a bill supporting euthanasia legislation that was debated on the floor with no amendments but failed 48-52.
In a crowded corridor by the locker rooms, Adam Wittmayer and Mya Kruger take on the opposition.

In another hall, Liz Smith, Lindsay Oleson, and Amy Dow burn calories in a vigorous stair step workout.

Matt Janssen and B.K. Fernandez prepare to face off in another aggressive game of broom ball in junior PE class.

Coach Bob Lee, the human Zamboni, prepares the Nielsen Ice Rink for broom ball on a crisp February morning.
Rachel Wilson and Kelli Freese prepare to try out their scuba gear in the East Gym Pool on the UNI campus.

February brought the start of broom ball season. The junior men compete in a lively game before lunch.

The coaches who could: inspirational innovators

“Inconvenience is not harsh enough to describe what we have been through since June 8, 1993. Scheduling nightmares have been evident and programs have suffered, but a strong survivor spirit has kept us going. Creativity and innovation have come to the forefront, and our students have been outstanding in their willingness to cooperate,” expressed Bob Lee, head of the PE/Wellness Dept.

Coaches Lee, Waack, Vis, Myers, Phipps, and Bucknam utilized every possible space in the school to provide activities for not only high school but also middle and elementary school students in the absence of the Field House.

Faculty and staff showed their appreciation to the PE/Wellness Dept. at a Sunday morning brunch in May at the Broom Factory.

“A strong survivor spirit has kept us going.”

Coach Bob Lee

On a sunny April morning, Christian Krejberg, Maurice Schluppeck, and Tony Dutcher get into some soccer action.
Seniors who get the edge

The Tech Prep movement arrived at NU this year when Tom Keller, guidance counselor, arranged a shadowing program for seniors opting for a vocational or two-year instead of a four-year college program. Andy Chrisman, Durrell Campbell, and Tim Slinker took advantage of the chance to pursue interests in criminology, construction, auto mechanics, and photography.

"This really gives these kids an edge," explained Mr. Keller.

At Porter's Camera Warehouse, Tim Slinker checks over developing supplies as part of the hands-on experience in photography that he gained second semester.

At Deery Motors, Durrell Campbell gets practical on-the-job training in auto mechanics. Durrell attends classes at NU mornings and heads off to Deery's after lunch.

In his third work place experience, Andy Chrisman checks in customers at Menard Cashway Lumber in Waterloo in the spring.
A record number of NU juniors and seniors attended classes at UNI for university credit. Twenty-one students made the trek up Campus Street rain or shine to take classes ranging from psychology to German.

Susan Hagenow remembers 40-below-zero temperatures on the first day of her German class at UNI, a day when classes at NU were cancelled due to extreme cold. She also recalls 20 minutes for lunch—including walking time back to NU.

The payoff for the often hectic schedule is college credit with no tuition for students who qualify and can maintain at least a 2.00 grade point for college work.

The policy statement agreed upon by both NU and UNI requires that dual enrollment students be juniors or seniors with a high school class rank in the upper one-fourth.
Emily Smith adds an activated DNA solution to her column to test for polymerase of the alpha enzyme.

With his father, Dr. Lynn Nielsen, at the piano, Zach Nielsen entertains the crowd with "It Had To Be You."
Four class acts

burning midnight oil to prepare recitals, complete research

Senior project. A senior’s chance to shine or (depending upon the senior) scramble to get in enough hours to produce a tangible outcome for a semester of work.

Both Emily Smith and Laura Wood took advantage of the opportunity to do scientific research—Emily in biochemistry and Laura in prairie conservation.

Zach Nielsen and Julie LaMendola performed recitals to culminate years of study and practice. An added treat at Julie’s recital was the reception catered by Tony Dutcher.

Emily Smith checks for a dish in each container before running it through an isotope counter.

Teresa LaMendola proudly congratulates her sister after Julie’s recital.

Laura Wood waters prairie plants as part of her commitment to prairie conservation and the environment.
Recognizing seniors’ scholarship, service

National Honor Society
Teresa Abraham, Becky Delafield, Annika Fischer, Susan Hagenow, Shannon Jackson, Arindam Kar, Damon Lew, Jim McCullagh, Zach Nielsen, Abby Ostby, Neel Sheth, Emily Smith, Laura Wood

Academic Honors
Karl Bubser, Tony Dutcher, Annika Fischer, Aaron Howard, Shannon Jackson, Arindam Kar, Damon Lew, Holly Maxson, Zach Nielsen, Emily Smith, Laura Wood

Academic High Honors
Teresa Abraham, Becky Delafield, Susan Hagenow, Jim McCullagh, Abby Ostby, Neel Sheth

For her growth as a writer, Kirstin Cutwright receives the VanderBeek Writing Award from Sue Savereide.

Seniors sign the National Honor Society Enrollment Book of Alpha Chapter, Iowa’s oldest.

Sarah West accepts the Les Hale Music Scholarship from Melanie Griffith.

Aaron Howard receives the Science Service Award from Jody Stone in recognition of his computer expertise.

Vickie Robinson awards the prestigious R.J. McElroy Scholarship to Shannon Jackson.
Davidson presents the Family and Consumer Science Dept. Award to Jenni Bozik. Shannon Jackson also received the award.

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**Honors and Awards**

Getting their due

Dept. of Teaching Awards
- Dwight Curtis Memorial: Abby Ostby
- Dept. of Teaching Scholarship: Becky Delafield
- Ferdinand C. Riechmann Memorial: Abby Ostby
- Boehmler Award: Zach Nielsen
- Malcolm and Mary Day Price Memorial Scholarships: Susan Hagenow, Arindam Kar
- Brian Smith Multicultural Leadership: Neel Sheth
- Iowa State Bar Association American Citizenship: Laura Wood
- R.J. McElroy Scholarship: Shannon Jackson
- Parent-Teacher Scholarship: Teresa Abraham, Annika Fischer, Jim McCullagh
- DAR Good Citizenship: Becky Delafield
- Outstanding Academic Growth: Jenni Bozik, Larissa Hageman
- Special Service: Livia Chamberlin

Rick Vanderwall acknowledges Julie LaMendola's contributions to the Drama Dept. with the presentation of the Kenneth G. Butzier Scholarship.

NUHS Principal Vickie Robinson congratulates Abby Ostby on her receipt of the Dwight Curtis Memorial Award at the Senior Honors Assembly in May.
Standing before her assembled 46 classmates in the "Old Aud." on the campus of UNI, Senior Class President Becky Delafield spoke of the "blank page" that faces each and of the "future, unwritten and wide open" that awaits each upon the turning of the page.

She celebrated the diversity of the class. "Despite our unique personalities and, at times contrasting viewpoints, we have come together as a class ... to provide a subtle form of leadership for NU High. We bound together to become a foundation of support during this somewhat unstable year ... We have learned many things, but most importantly we have learned to incorporate the ideas of others without compromising our own."

"... we have learned to incorporate the ideas of others without compromising our own."

Becky Delafield

Following Becky’s remarks, Commencement speaker Rick Vanderwall shared winsome wisdom.
Tim Slinker delighted fellow graduates by snapping their pictures as he stepped on stage to receive his diploma. Here he is at the reception in the Union.

Dr. Linda Fernandez bestows her congratulations and his diploma on “Best of Class,” Neel Sheeth.

Cory Warmuth and Holly Maxson head for the dressing room in the Old Aud prior to Commencement exercises.

This was a dream shot for parents and friends and the '94 Yearbook photographer. Graduates assembled behind the President’s house across from Old Aud.

Graduate Kim Keefe, NUHS ’94, wears exuberance beautifully as she waves to family and friends following Commencement ceremonies.
I am no longer the cheerleader,
the fair-haired child,
the girl everyone likes.
I am the girl alone in the crowd,
the girl no one sees,
the girl no one cares for.
I am drifting in a world of darkness,
alone and unsure of myself.

I want to be the cheerleader again,
the fair-haired child,
the girl everyone likes.
I no longer want to be the girl alone in the crowd,
the girl no one sees,
the girl no one cares for.
I want to be drifting in a world of light,
with friends and faith in myself.

—Gina Marie Kreklau

A Tribute from NUHS Student Council
"Life in slow motion suits you fine."

Love,
Mom & Teresa

To Manny,
I'm proud of who you are and what you've accomplished. Wherever you go, I know you'll do your best, and I'll be with you in spirit every step of the way.

Love,
Mom

Teresa Abraham

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the places
you’ll go!

Love,
Mom


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Dear Larissa,

You have grown from a cute “little munchkin” into a lovely young woman. (Thank goodness you didn’t shave your head!)

You’ll always have our love and support in all you do. Our wish for you is for much happiness and success. May God be with you always.

Love,
Mom, Dad, Brian, and Ron

Monica,

It seems like yesterday when you and your brother were children. Now you are graduating and setting out to meet new challenges.

Good luck with whatever you do in your future.

We love you now and always—

Mom, Dad, and Damian
Children in a family are like flowers in a bouquet. There’s always one determined to face in an opposite direction. Love, Mom & Dad

James John—

May life return to you year after year the joy that you have given to us.

Love, Mom and Dad

Dear Zach,

We are very proud of you for who you are and for the things you have accomplished.

We know you will be guided and helped as you continue to grow and explore.

Much love,

Dad and Mom
“The building of a free and responsible society depends upon the foundation provided for its youth. Let our school be part of that foundation.”

Joseph L. Griffith
Cory,
This is the age when you must win, 'cause there's no gold upon the streets today. You have to find it from within. We can build this dream together, standing strong forever! Nothing's Gonna Stop You Now.

We don't call the shots here. We don't make the rules—it's learning the hard way—you can't build a dream without a plan. Passion speaks—let them hear you speak. They play to win—you play for keeps. It's not over until it's over. The odds are against you, they say you don't stand a chance. But there's no giving up—no giving in. When push comes to shove—you gotta fight for what you love, do what you can.

It's in the air tonight.
IT'S THE STUFF DREAMS ARE MADE OF!!!!!!

Love, Mom & Dad

John & Holly Southall
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Dear Livia,
Our gal in the class '94,
You ain't gonna live here no more.
We'll have hot water showers
And the phone will be ours,
But it's you we will always adore!
Love,
Mom, Dad (& Jeff too)

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Gerald and Claire Smith

"You've Come A Long Way!"

Congratulations from Mom, Dad, and Scot

Kara—So many smiles later, we can hardly believe it!! Keep listening to the drum that only you can hear and keep walking the path that only you can see. We're so glad you came to us and hope your dreams come true.

Love, Amber, Mom, and Dad

Memories—Josh, kitty, Cuban bread, the ship, violin, science fairs, spelling bees, soccer, fishing, Smoky Mountains, Reinbeck, Sea Camp, Disney World, Strolling Strings, Peter Pan, cottage on the lake, Samantha, corn management, swim team, Vermont, horses, and on to Purdue. Whew! Love, Mom, Dad, Kari

the Brown Bottle

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Emily,

As we held you—our precious, first-born baby—in our arms, we had many hopes and dreams for you. Em, the person you have become has exceeded those hopes and dreams in every way. You are a class act! You have built a strong, well-balanced foundation upon which to follow your dreams. May they all come true. We will always love you. God bless you.

Mom, Dad, and Lindsay

To Laura—

We love you and wish you joy in your successes and love in your life.

Mom, Dad, Pati, & Jonathan

Aaron,

You’re a very special person—full of creativity and love. We are very proud of your academic and musical accomplishments. Take your talents into the world, knowing God and our love are always with you. We wish you luck in achieving your goals in life.

You’re terrific!

Love,

Mom & Dad

Dear Susan,

We received a great gift when God sent you to us. You are a wonderful, talented individual, and we are very proud of your accomplishments. We love you and wish you happiness in the future.

God bless you,

Mom, Dad, and Chris

Special Thanks

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Colophon

The 1994 Panther, a 120-page book, is published by Walsworth Publishing Co. in Marceline, Missouri. The book is printed on 7 3/4 x 10 1/2 inch, 80-pound enamel paper with 8 pages of color and spot color in the Title and Opening sections. Most copy is 10-point Times; most captions are 8-point Times.

The cover design originated with staff members. The cover is #701 Permacote. Applied colors are #185 Cherry Red and Thermal Color #TC-210 Red to Yellow. Cooper is the cover font.

Lifetouch National School Studios took underclass and faculty/staff portraits. Lattin’s was the official group photographer.

The 1994 Panther had a press run of 220 copies and sold for $28 ($30 with name embossed on cover). It is a student-produced, nonprofit publication of Northern University High School, Cedar Falls, Iowa.
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Eleven months after the Field House fire, the student body, faculty, staff, and administration of Malcolm Price Laboratory School walked up Campus Street *en masse* to celebrate with the governor of the state of Iowa and area legislators the signing of the bill that authorized $2.6 million for the rebuilding of the Field House.

For months, proponents of the bill had *turned up the heat* with letters and phone calls as support for funding ebbed and flowed with the political tide.

The celebration at Maucker Union was a fitting end to a school year that blazed with NUHS spirit and style. *When you're hot, you're hot!*

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118 Closing
Laura Wood chuckles in victory after defeating Emily Smith in a massive sumo collision at Post Prom.

Senior Damon Lew has fire on his side as he experiments with methane gas the last week of school.

Aaron "Hot Lips" Card, NUHS Class of '94, gives it all he's got at Band trek '94 two days after Graduation.

No. 5 in the first round of the NFL draft, NU alum Trev Alberts autographs Mo Schluppeck's shirt.

Laura Wood chuckles in victory after defeating Emily Smith in a massive sumo collision at Post Prom.
The 1994 Yearbook Staff with Editor-in-chief Emily Smith in the driver's seat is ready to put out the fire.

Yearbook Advisor Sue Ellen Sasse fire a parting shot.