1996 Coming out of the Woodwork

Northern University High School
Coming out of the woodwork

1996 Panther

Northern University High School

19th and Campus Cedar Falls, IA

Plenty of Panther pride
At "Field House of Dreams," NU Panther Alicia Janssen and UNI Panther Brent Askelson prepare to take Governor Terry Branstad on a historic Panther Lap to mark the official dedication of the rebuilt Nielsen Field House on January 12.
As we headed back to school in August, we promised ourselves that this year would be better than ever. We would seek new accomplishments. We would restore pride. We would benefit from our experience, our confidence, and our excitement. We would breathe new life into the place because we were back ... stronger than ever.
"Wild man strength"
At the Homecoming pep assembly, junior Shane Rundall gives a preview of things to come. The Panthers mauled the Grundy Center Spartans in a "pawsome" 28-19 victory, the first Homecoming win since 1988.

Conference champs
After the upset over #1-ranked Dike-NH, an exhilarated Aja McClain embraces fellow senior Leah Ostby as NU fans stormed the court. The victory marked the first time in 15 years that the Panthers had served the Wolverines a defeat.
Ho, ho, ho
On the day before Winter Break, Adam Fisher joins fellow choir members in giving a fun sendoff to the audience at the Brown Bag Concert. This was just one new tradition that Dr. Linda Renfro, choir director, brought to NU in '95-'96.

Launching the season
At Booster Club’s Fall Kick-Off, Terry Hundley, Eric Olson, Mike Poe, Brandon Baker, Luke Stater and Mike Koch fill up. Students and fans gathered on the north lawn near the construction site of the Field House for a potluck.

All Smiles
With the Homecoming victory in sight, junior Lynsey Bolin takes time out from shooting pictures for yearbook to give Isaac Podolefsky the squeeze. Isaac shared mascot duties with Alicia Janssen and Sam Bailey.
No ordinary Joe
Lead singer of
Goth Horror
Band aka
Symphon E Joe
Riehle entertains
the crowd with
one of his
original songs at
the Dedication
Sock Hop in the
home of the
Panther. Other
members of the
band include:
Aaron
McAdams,
Jeremy
McAdams, Steve
Wilson and Mike
Wilson.
Symphon E led
off the evening
of live band
entertainment
that also
featured
Midnight
Edition and Boys
Night Out. Door
prizes and a
floor show by
the NU Singers
rounded out the
evening.
Needless to say,
NU dances were
livelier than
ever.

Job well done!
With the audience applauding
enthusiastically, Cletus
Wander, construction foreman,
accepts a bouquet of thanks
from Andrew Stone. Cletus
continued to attend NU
activities both at home and
away.

Trailblazing
Rushing onto the court in Nielsen
Field House for a game with
Union are Bindy Comito, Becca
Moon and Bonnie Pedersen. The
team posted the first winning
season in over a decade.
Building friendships
Following a long week, sophomore Teresa LaMendola and freshmen Mike Hays and Ben Echeverria meet in the sophomore hallway on a Friday afternoon.

Waiting in the wings
On the floor of the Field House, Dr. Jody Stone, Science Dept. chair and mom of Catherine and Andrew, whispers instructions about when and how to go the stage to present bouquets to honored guests. The Stone family including dad Ted and brother Alex regularly supports NU activities at home and away.
coming into our own

Leadership
At ceremonies dedicating the rebuilt Field House named in his honor, Dr. Ross Nielsen, former director of the Laboratory School, watches as Maggie Struck, NUHS student council president, encourages Catherine Stone to come to the edge of the stage to present flowers to Dr. Linda Fernandez, current director of PLS.

Giving feedback
In Research & Writing, Adam Western listens to Andrae Rainey's I-Search about Waterloo Councilman Joe Collier. Later Andrae returned the favor as Adam read his paper about his great-great grandfather, who bought himself out of slavery.

Taking it in stride
Following a halftime performance of the pep band, freshman Kevin Puetz heads back to the stands to watch the basketball game. Transferring to NU from Waterloo, Kevin quickly became active in music and student council activities.
So, what?

What do you remember most about Nursery/Kindergarten at PLS?

"Our Big Friends. Mine was Matt Hilliard!" —Aja McClain

"The one thing I remember most from kindergarten is playing with the blocks. I would always try to build the Millennium Falcon from *Star Wars* and act like I was Han Solo." —Luke Stater

"I remember that in kindergarten everyone is friends. No judgments are passed, you aren't separated into groups: joiners, non-joiners, boys, girls, black, white—you just accepted the fact that you all were different, and it was okay." —Leah Ostby

"Meeting the fantastic friends that I am still acquainted with, and my favorite class of the day—nap time." —Mike Girsch

"At recess when we would have pretend weddings. We would throw leaves as rice, the whole deal." —Amy Dow

"James Chung used to try and corner me and try to kiss me. One day he successfully cornered me. He never kissed me because I was crying so loud the teacher came and rescued me." —Mindy Pedersen

"After swimming the girls and the boys would race back to the classroom to see who could get ready the fastest. (The girls always won.)" —Janene Doddema
Class of '96

unique,
forever changing,
continually growing

Now that we’re graduating, most of us are ready to move on. Some are going off to college, others to work. Since kindergarten this class has been forever changing and will continue to change. We have lost some special friends but gained great ones. Always competing, whether on the playground at kick ball or in the classroom at mock trial, this class ended up together.

In junior high, we cleaned lockers, desks, and the schoolyard to help out. Middleburg and egg drop are two challenges we overcame. Physical education without the gym was a big challenge, but we dealt with it and touched up on ping pong, bowling, swimming and dancing skills in the process. Plus we acquired new talents for broomball in the bitter cold weather. These and more great memories will always draw us back to our NU High years.

Even though we had some hard times, we always seemed to support each other in the end. On trips to Camp Wyoming, Chicago, and Adventureland, we grew stronger and learned new things about each other. Even though friends may change, we’ll remember everyone after we’ve moved on.

Our class has strong potential. If some teachers say we’re the "worst class" they’ve ever taught, they will all say they had fun with us.

We look around and see how much we've grown. We’ve actually reached the year that always looked so far away. As future years go by, we’ll be successful adults and one day realize how much we left behind.

Go for your dreams and never give up. Stay strong and have faith.

—Alicia Mercado, Class of '96 President
Fue rápido y divertido
Congregating on the table outside the Spanish room, seniors Paco Poe, Pepita Smith, Ricardo Koch, Elena McClain, Isabel Smith, Alicia Mercado, Ana Maria Fitzgerald, Cristina Penaluna, Margarita Doddema and Rosa Dow bond.

Overcoming the odds
While Principal Vickie Robinson looks on, senior Mike Girsch accepts the $5,000 scholarship awarded to him on Horatio Alger Day from the foundation that promotes hard work and integrity among the nation's high school students.

Good-bye and good luck
On Parent/Senior Night, after Becca Moon has just presented her mom Gail with a carnation, Coach Lori Smith and teammate Jamie Phipps present her with flowers and a balloon. Becca lettered in basketball and volleyball.
School's Out

What is your favorite weekend activity?

"Hanging out with my friends."—Megan Curtis

"I love rollerblading when it's nice out to see all of the wonderful people at UNI!! Ha. Ha.—Aaron Bertram

"I like to go to set crew when plays are going on."—Stuart Clausen

"I like to go cruising and going to The Sign and hanging out with my friends."—Fateem Al-Mabuk

"YEARBOOK!!"—Bryce Weber

"Hanging with the homies and shooting hoops."—Andrae Rainey

"Watching cheesy flicks with the ones I love."—Lynsey Bolin

"Lying in a hot tub with the women I love."—Eric Lewis

"Yee! Hanging at V. I. and if that gets stale (which hardly ever happens), then we go hottie hunting!!"—Sarah Buck

"Going to hockey games."—Mindy Carbiener
ELEVENTH GRADE

Tom Hanks
Alicia Janssen
Audra Johnson
Chris Judas

Leah Kamienski
Lindsey Kane
Kim Knutson
Eric Lewis

Nate Loenser
Nick Lyons
Matt McLaughlin
Nic Moran

Jeff Moravec
Nathan Mort
Eric Olson
Jamie Phipps
Where's your favorite place to go out for lunch?

"Bagels & More. The food is awesome." — Jessica Galehouse

"Tai Pei. I like Chinese food." — Bindy Comito

"Bagels & More. The food is healthy but still good." — Beth Koch

"Pepper's. Good food and a fun place to go with your friends." — Margaret Mills

"Tai Pei. A lot of food for a little bit of money." — Tyler Schmidt

"Home. The food is good, and it doesn't cost anything." — Brad Jacobson

"Blue Moon Cafe. They have GREAT Chicago Dogs." — Matt McGuire

"Sub City. They have good food." — Aaron McAdams

"My house. Good food and it's free." — Josh Sawyer

"Ben Buck's house because it has grilled cheese sandwiches." — Joe Ostby
TENTH GRADe

Jonathan Intemann
Brad Jacobson
Vanessa Kettner
Beth Koch

Ed Liao
Emily Lieder
Disa Lubker
Mike Maxson

Aaron McAdams
Brooke McCray
Matt McGuire
Margaret Mills

D'Andre Moore
Josh Mortenson
Becky Nergaard
Joe Ostby

24 Sophomores
Listen Up!

What is your favorite kind of music to listen to?

"I like country music because it has the words I can relate to. I love music and I love the way country music sounds." —Laurie Potter

"I like music that makes me think." —Sarah Stambaugh

"Rage Against the Machine because it's all o' that. Their music is all about taking action for social justice." —Noah Johnson

"Gothish Disco. The morbid heavy lyrics clash perfectly with the jumpy, pre-programmed electronic synthesizer. I'd like to see John Travolta dance to that groove." —Jason Krueger

"I like Bush because they make the kind of music I love and Gavin Rossdale, their lead singer, is hot!" —Kendra Kuhn

"My favorite music is gangsta rap because I like most of the lyrics and I like the bass in it." —Geoffrey Spain

"I like the Beatles because they make me feel all happy inside." —Mary Hanks

"Industrial/Goth/techno/folk because I like music that is having an identity problem." —Eric Dow

"I like R & B (Hip Hop) music like R. Kelly, Mary J. Blige, and Rap (2 Pac). It has a very good beat and the music part makes me want to sing." —Jessica Nash
NINTH GRADE

Demetrius Kimbrough
Brent Knutson
Julie Kolar
Michael Kramer

Kendra Kuhn
Javier Mercado
Keely Moon
Ben Nadler

Jessica Nash
Adam Nienkark
Jill Oleson
Nathaniel Parrish

Lexie Penaluna
Laurie Potter
Eric Pruess
Kevin Puetz

28 Freshmen
Kimbrough - Wright

Will Quegg
Portia Rainey
Briana Richter
Brian Rogers

Tim Sexton
Joe Smith
Sarah Stambaugh
Sehee Tayler

Jeremy Thoman
Tom Vanderwall
Jeremy VanHauen
Cory Wagner

Valerie Washington
Spencer Wikert
Dan Wilson
Justin Wright

Not pictured:
Nick Davis
Meaghan Henry
Noah Johnson
Jason Krueger
Geoff Spain

Freshmen 29
Faculty Favorites

What is your favorite class to teach and why?

"Early Bird Wellness. The students who opt to take a class at 7 A.M. sharp really want to be in that class. For the most part they are highly motivated and enjoy the "laid back" atmosphere of the class."—Bob Lee

"Computer Application because we get to do a variety of things—particularly newsletters, flyers, spreadsheets and database activities."—Dean Primrose

"Beginning French. Students are enthusiastic, want to know about France, the French people, how the language sounds and how to speak French."—Jim Becker

"Introduction to Communication Technology because of enthusiastic students and a large variety of activities. There are many opportunities to explore new uses of the computer."—Don Darrow

"Studies in Multicultural Writing. I have a passion for this kind of literature, and I love sharing that with students who come to love it just as much as I do."—Sue Savereide

"The next one!"—Rick Knivsland

"Criminal Justice allows students to recreate and simulate real life situations which will impact on all of them later in life."—Lee Weber
FACULTY & STAFF

Doug Nichols
Anne Nordquist
Kathy Oakland
Earl Ockenga

Bill O'Dell
Dody Olson
Neil Phipps
Dean Primrose

Vickie Robinson
Jim Rugarber
Glenda Salyer
Valerie Sarenpa

Sue Savereide
Bev Schomaker
Linda Sharp-Renfro
Lori Smith

32 Faculty
"Anything goes"
At the Dedication Sock Hop, junior Sarah Buck and senior Vicky Higby perform with the NU Singers. This was only one of many public performances by the group in its debut year. After auditions, Dr. Linda Renfro selected 22 for the group.

Live from Studio One!
In the studios of KUNI, Jessica Schachterle, Alicia Mercado, Emily Lieder and Sam Bailey lend their voices to "Young Voices: Growing Up in a Rural Community," an audio magazine sponsored by the North Central Regional Education Laboratory.
coming into
the limelight

From London streets to Pacific shores
Veteran performer Bryce Weber tackles another prominent role, this time in the musical *South Pacific*. Here he sings "Bali Hai" as Lt. Joe Cable. As a freshman, Bryce gave an inspired performance as Fagin in the musical *Oliver*. His first role in an NU musical was that of Munchkin General when he was in 7th grade.

High strung
The house lights dim and the orchestra takes over. Under the direction of Dr. Leonard Upham, sophomore Ed Liao and junior Holly Sells heighten the anticipation of the opening night *South Pacific* audience with the Overture.

Rise and shine
In preparation for the fall play, Sara Cufr puts finishing touches on a doorway. Set crew members faithfully arrived every Saturday morning at 9 for doughnuts, friendship, fun, and a lot of hard work.
C'est l'amour

Oblivious to their onlookers, Angelique (Jessica Schachterle) and Cleante (Nick Baade) sing a passage from "a little extemporized opera" that allows them to declare their true feelings for each other.

"Do I have to kiss her?"

Not the smartest guy around, Thomas Diafoirus (Mike Hays) tries to follow his father's directions and not only woo the beautiful Angelique but also impress her father.

"Bleedani, piercesandi, cutandi"

In the finale Beralde (Bryce Weber) decides to have a little fun with the naïve Argan (Adlai Griffith) and performs "A Burlesque Ceremony of the Conferment of a Doctor's Degree" with a company of docs.

"Let us have your pulse."

Disguised as Dr. Purgon, the clever Toinette (Emily Lieder) convinces Argan that he's been getting lousy medical advice and that what he really needs to do is cut off his arm and take out his right eye.

"Moliere elevated French comedy from common farce to biting satire directed at the upper classes." — Rick Vanderwall
"The audacity!"
An angry Dr. Purgon (Brandon Baker) chastises Argan for refusing to take his prescribed enemas and declares him guilty of "flat treason against the whole medical faculty." Purgon shouts that Argan will "fall into a state of bradypepsia."

A sneaky pair in cahoots
Behind Argan's back, his notary (Stuart Clausen) and his wife Beline (Pati Wood) declare their love. Meanwhile Argan has declared that he'll hand over 20,000 francs to Beline for safekeeping.

And they lived happily...
Giving in to his daughter's wishes, Argan declares that she and Cleante may marry—on one condition, of course. "Let him become a doctor and I'll consent to the marriage."

"Wait a minute. I'm dead."
To avoid being whipped for fibbing to her father, Louison (Bonnie Pedersen) pretends to be dead—to the anguish of Argan but to the delight of the opening night crowd in Butzier Auditorium.
The captivators
In lead roles of South Pacific are Mark Hays as Emile de Beque and Jessica Schachterle as Nellie Forbush. For two evenings and an afternoon, the pair turned in strong performances and captivated their audiences.

That a boy, muscles
Flexing everything he has, Marine Staff Sergeant Thomas Hassinger (Noah Johnson) strains to impress the ladies as his workmates yell encouraging comments. This is the last thing the audience saw before the Thanksgiving Follies black-out.

It's the pits
Unaware of anybody watching, Mike Hays flips his music sheets in search of the right spot so he can wait for his entrance. As the solo timpani player, Mike managed to not only maintain his place but also watch his brother on stage.
"Nothin' like a dame"
Versatility is the name of the game for sophomore Bonnie Pedersen, shown here in her role of sailor. Bonnie also appeared as one of the nurses.

We feel blue
They've "got mangoes and bananas," but sailors Ryan Grimes and Nick Baade bemoan the fact that they "ain't got nothin' to put on a clean white shirt for."

The man of the hour
Getting the lowdown on his dangerous spying mission is Lt. Joe Cable (Bryce Weber) from Cmdr. William Harbison (Seth Nieman) and Capt. Brackett (Nathan Mort).

Finishing touches
An hour before the curtain, Libby Vanderwall transforms Emily Lieder into Bloody Mary. Reportedly it took more time to take the make-up off than it did to put it on. An additional part of the transformation was lots of tummy padding.

Nellie's nurses
Enjoying a day at the beach and watching Nellie washing Emile out of her hair are fellow nurses Bonnie Pedersen, Leah Christopher, Sarah Buck, Jamie Phipps and Vanessa Kettner.
Two big turkeys
Taking a moment to acknowledge not only the pleasant time he has had at the Thanksgiving Follies but also his nickname, "Old Iron Belly," is Captain Brackett (Nate Mort).

All washed out
Putting her foot down, Nellie attempts to wash—literally—Emile right out of her life. Noah Johnson, the guy who carried the heavy bucket of water off stage each performance, will attest to that.

Can you find the Higby?
Senior Vickie and sophomore John combine their talents on the Overture at the opening night performance.

What's a fella to do?
Focused on the "dame" subject, the Professor (Brian Rogers) and Stewpot (Stuart Clausen) commiserate about what they really want.
Island lovers
The shy young lovers take advantage of the short time they have together. Lt. Joe Cable (Bryce Weber) learns to sacrifice his military orders for the lovely Liat (Sarah Buck).

"Happy Talk"
Proposing that her daughter Liat marry Joe Cable, a proud mother sings to the couple about the joys of love. The audience rewarded Emily Lieder's energetic performance with rounds of applause.

Just a couple of guys
The Seabees dance, sing, make skirts and collect souvenirs, but something is missing. What don't they got? Aaron McAdams and Bonnie Pedersen lament that they "Ain't Got Dames."

Cracking them up again
In the spring of 1995 it was as Bottom the Weaver in *A Midsummer Night's Dream*. In 1996 it's in a musical written centuries later. Nick Baade leaves 'em laughing on stage and in the audience as a coy young thing in the Thanksgiving Follies.
In the last four years, music has been a big part of my life. Through music, I have made many friends and also found a new way to communicate.

The most memorable times for me came at my four All-State Music Festivals, where I played with a 200 member orchestra, the Solo/Ensemble Contests, where our school always did very well, and the Dorian Festivals, which were full of fun as we discovered our "second mother." Also there were all the great school concerts, Victorian Christmas back in my freshman year, and dessert concerts I will always remember.

Andy Liao

ALL-STATE ORCHESTRA: Ed Liao, Allison Grote, Andy Liao, Mark Hays


Northern University High School Chamber Orchestra
Northern University High School Chorus


NU Singers
State Class 2A Solos & Small Ensembles


Front Row: Director
Leonard Upham.
Second Row:
Mark Hays,
Brad Jacobson,
Justin Wright,
Aaron McAdams.
Third Row:
Kevin Puetz,
Stuart Clausen,
Javier Mercado, Tyler Schmidt, Jared Doddema.
Back Row:
John Higby,
Vicky Higby,
Seth Nieman,
Noah Johnson,
Ryan Grimes,
Jonathan Intemann.

Northern University High School Jazz Band

Division I Solos & Small Ensembles
"Superior performance; outstanding nearly every detail"

Stuart Clausen,
Trumpet;
Seth Nieman,
Multiple Percussion;
Brad Jacobson,
Vibraphone; Ryan Grimes, Clarinet;
Stuart Clausen, Tyler Schmidt,
Vicky Higby, John Higby,
Brass Quintet; Seth Nieman, Nick Baade,
Glee Nordquist,
Percussion Trio;
Nathaniel Parrish,
Violin; Ed Liao,
Violin; Debarshi Das,
Violin; Andy Liao,
Violin, Allison Grote,
Violin; Stuart Clausen, Vocal Solo;
Mark Hays, Vocal Solo (Outstanding Performance Award);
Bryce Weber, Vocal Solo; Emily Lieder and Mark Hays, Vocal Duet

Northern University High School Orchestra


Band
Two big buddies
Relaxing after a day of competition at Districts in Waterloo, seniors Mark Hays and Adlai Griffith relax on the ride home. Both earned number-one rankings and advanced to state.

Putting in practice time
Perfecting his telling of the story of Medeus' slaying is sophomore Santosh Nadipuram, who advanced to state. All team members spent hours in after school workshops.

A helpful listener
Listening intently as Hari Rajendran practices his all-state bound prose selection is Arash Sangha. Both Hari and Arash advanced to state in two categories.

Deep thoughts
Moments before sophomore Chastity Richmond has to perform her poetry selections by Langston Hughes for state judges, she takes time to collect her thoughts.
Speech team members earning top rankings at District competition and advancing to State included: Chastity Richmond, poetry; Nathan Mort, acting; Seth Nieman, acting; Kim Knutson, literary program; Lynsey Bolin, acting; Arash Sangha, acting; Arash Sangha, public address; Noah Johnson, acting; Hari Rajendran, poetry; Hari Rajendran, prose; Angela Thulstrup, storytelling; Adlai Griffith, acting; Kris Bolhuis, improvisation; Mark Hays, extemporaneous; Mark Hays, original oratory; Santosh Nadipuram, storytelling.

Hari came away with all-state honors.

Just for kicks
Outside Clear Lake High School, site of state competition, Meaghan Henry, Coach Doug Nichols, Eric Dow and Chastity Richmond take a break to enjoy the March sun.

Striking a pose
Relaxing before presenting his acting program to district judges at East High in Waterloo, Seth Nieman poses for Coach Nichols' camera. Seth was among the 13 earning #1 district rankings.

That's what friends are for
Lending listening ears to critique Kim Knutson's literary program before judging are Bryce Weber, Lynsey Bolin, Debarshi Das and Hari Rajendran.
"A band that is full of love, emotion, and feeling"

Eric Lewis

"Making the best potato salad in the Midwest."

Seth Niem

**VOICED EMOTION**

**When the music starts, all the differences fade away—**

Look at me out in the rain
Can you see, see my pain
Probably not
My hair's dyed black.
How could you know
Your hair's not black.

Hey, let's get grunge together
We can all be the same
We can paint all our faces
Then watch them
Watch us go insane.

—from
"They're O.K. Sometimes"
*lyrics by Joe Riehle*
"Our band wants to be known for being the 'Ultimate Entertainers.' We like to see people having a good time, we like to play music that everyone enjoys and recognizes. We love to entertain."
—Matt McLaughlin

"Our idols Desert Fish broke up. We made a band, and the band played on."
—Mike Wilson
Ralph Waldo Emerson said it best when he said, "Insist on yourself, never imitate." In this day and age it is easy to get lost in the mass of people and be like everyone else. But by expressing individuality through a unique outlet you find a place in this impersonal world. Many find that their way of expressing themselves is through music and poetry. Through this they can reveal their heart and soul by the sweet sound of a guitar or by the eloquent way words lie on a page.
COFFEE HOUSE BLUES

I've got those fuzzy lazy hazy crazy
Coffee house blues,
feeling warm and sentimental
for chance meeting here not so incidental.
Something i never thought i'd lose.

Short February days
that come and go in shades of grays
and linger in cloudy ways
the color of paper news.

We sat in comfortable chairs
locked in long, lasting stares
sharing our steamy creamy dreaming lack of cares,
in soggy foggy winter hues.

Then came crimes of our words accidental,
and silence fell detrimental.
With peace no long residential
i sit and drink memories, Black
from the yellow cup with the seeping crack
and try to hold the growing flood waters back.

But the coffee drips
from the cracking chips
in the porcelain cup on my lips,
like the tears crawling falling down my face,
coffee house memories calling from this place.

Oh how do you lose
those lazy hazy crazy coffee house blues?

--PATRICIA WOOD
A PICTURE OF YOU

you are
floating in the treetops waiting for a signal,
breaking down branches by the to and the fro;
signing with your own hands, breathing with your own cause
beautiful beautiful
You are
the tip of the ice giant the calm before the storm
the smoke before the inferno, the space in the jar, the dark matter
you are the you that is not you,
breaking your hydra-headed self through
the fog that separates souls
you are
ever-changing
rain cloud
star-enameled
wind-colored
oblivion-light child
leaving clues for me to find
as I listen for the sounds of you in my world; listen for the
moments when I can see other
than that which is me.

—Mark Hays

Storm

"No" he screamed
"Why" he asked
"Please" he pleaded
But the still night would not answer
In pain and anger he sank to his knees
In desperation he screamed to the heavens
But nobody heard
Nobody cared
Nothing listened
The sky was clear, but silent
The moon was bright, but spoke nothing
The earth was freshly scarred, but still
The trees pressed forward as if listening but did not hear
And in the silence on his knees
His calloused hands felt the freshly scarred earth
On his knees
His head hung low before the carved stone surface
In the silence his tears were the only evidence of his pain
And as if the answer to his pain a storm came
It rose from the East and travelled to the West
It darkened the night
It came with lightning
It came with thunder
It came with rain
It came to answer his pain

Its clouds surrounded the moon and sky
As his anger surrounded heart and mind
The lightning streaked and lit the night sky
Reflecting tears upon his face
The thunder roared in the night sky
But it could not challenge the thunder of his voice
The rain fell in torrents seeking to drown his pain
But every drop of rain was consumed by his own
Tears of pain
And the storm tried to console his pain
But its efforts were in vain
His pain could not be consolled
His anger could not be controlled
His anger
His pain
Moved with the power of the storm above
His voice overpowered the thunder
His anger blazed as a forest fire to light the night
His tears consumed the rain
and the storm was in vain.

—Caleb Cutwright
It has happened.
We have become like grown women;
Strangers

We sit over coffee—catching up on all we have missed.
Struggling

to understand each other's lives.
We laugh because we have over-tipped the waiter.

light but knowing hearts we return to your car.
We reminisce about our lost days, when we were only

Learning
to be confused.
We both knew it was easier then.
To

live backwards and blame
it on our ever-expanding knowledge and hate. To

without pain was to conform.
We're still hurting, but it's not together, we're

Apart.

—Lindsay Wood

His thoughts layered terrible seas,
spanning peril between those island words. He used the revolutions' machines to traverse and unite one thought, but the revolving blades sliced his protectively encasing oceans while the rolling smoke coarsened his air. To the night high noon of wet, he now runs again with canvas and board. Floating home, his past so long ago left in that search for clarity. One sees the orange beckon burning in the skies, burning in the skies, calling his rally high, high up his state of frenzy in this sea of ink.

—Bryce Weber

The Swing
The haze broke
the sun went down
the night descended
spreading its gloom

upon the swing—the
instrument of happiness for all children—
extcept now it beckoned
like an ambulance
to an accident scene

my body
gently swayed
feeling numb
and void
as the tears
flowed freely
the wind
tousled my hair
making me shiver
as my arms wished for a coat
the world was spread before me
and I was a small, meaningless part of it
I wanted to be noticed
but then I didn't

I wanted to cry
until I could no longer
actually,

no
I wanted him to appear
like my knight in shining armor
I wanted to bury my head in his chest
for him to comfort me
like no boy had before
I wanted so desperately
to feel safe and secure
I wanted someone to care
if I lived or died
but I knew my knight
wasn't coming
so I left that swing
and stepped back into the world
knowing no one would know

my pain
except that swing
and maybe
not even it

—Megan Curtis

You can be beautiful
cyang ugly.
you can be charming
cyang blunt.
you can be nice
cyang rude.
you can be caring
cyang forgetful.
you can be honest
cyang bealier.
you can be sweet
cyang sour.
you can be respectful
cyang be unworthy.
you can be playful
cyang beazy.
you can be mushy
cyang disgusted. But you are
tandiam.

—Lynsey Bolin
Hear the mouse roar
The little mouse, among the big dogs, shows she can muscle with the best of 'em. Brooke Penaluna, Sara Cordes, Stacey Wertz, Bonnie Pedersen, Brooke Rogge and Coach Ben Myers celebrate NU's third place finish at the State Swim Meet.

Learning from the best
At the Metro Meet in Waterloo, Coach Bob Lee confers with his assistant, Troy McKay. Their cross country runners had a strong season, earning a trip to state.
And he's off! Plunging into district competition, sophomore standout Jason Bachhuber shows perfect form off the platform. The Panthers compiled a three and three season record with wins over Williamsburg, Vinton, and Decorah in a triangular. With 11 returning lettermen, next season looks bright.

Wuba! One last time at center court in Marshalltown minutes before tip-off, the Panthers shout their pre-game ritual. A return to sub-state had been a long five years in coming, and the Panthers lost a heart-breaker to #2 Lynnville-Sully.

Victory comes together Placing a hard-to-get tip on the Wolverines’ court, senior Leah Ostby manipulates the block. One of seven seniors, Leah helped the Panthers to a 31-6-2 season that included long-awaited wins over Dike-NH.
Exhausted
Sweltering heat and a close call at home show on the face of Alicia Janssen, who receives encouragement from freshman Lindsey Jackson. The Panthers finished the regular season with a 12-25 record.

Getting a rest
With NU at bat against No. Tama, Natalie Kettner warms her pitching arm in the company of Vanessa Kettern, Julie Kolar, and Kellie Phipps, bat girl. In sectionals NU had a sweet win against No. Tama.

A new school record for wins

The 1995 softball season ended with a great week of sectional play.

Although the regular season record did not show what the team was capable of, the post-season did. The NU girls beat the 6th rated team, North Tama, in the first round of sectionals. During sectional play, pitcher Natalie Kettner pitched a perfect game, and later the girls broke the school record for games won in a season.

Seniors Natalie Kettner (All-Conference 2nd Team), Rachel Wilson (All-Conference Honorable Mention) and Angie Schlichtman finished their careers, taking with them field leadership and positive attitudes. They will be missed, but the team is young and will benefit from the lessons learned during the '95 season.

Sliding safe
After a big lead-off, Bonnie Pedersen escapes the out with a slide. The NU girls stole a total of 86 bases during the summer of '95.
Huddle
During a time-out, the Panther infield discusses strategy for a victory. The traditional "TEAM" cry that ended each huddle was a reminder of what was important.

Congratulations
After successfully making the tag at home, Rachel Wilson gets deserved praise from Jamie Phipps. The Wolverines of Dike-NH went on to win this one in a close 5-4 contest.

The long walk home
Seniors Natalie Kettner, Rachel Wilson and Angie Schlichtmann leave their last regular season game. The girls would help lead the team to a 3-2 record in post-season play.
THE NORTHERN UNIVERSITY PANTHER VARSITY BASEBALL TEAM

FRONT ROW: JARED DODDEMA, JAKE STAEBELL, ADAM DEJOODE, MIKE STEFFEN.
MIDDLE ROW: JAKE FLANSCHA, NATE LOENSER, NICK LYONS, ERIK WESTIN, COACH TRACE STEFFEN.
BACK ROW: COACH DAVE SMITH, ERIC OLSON, ISAIAH SCHOEMAN,
NICK MORAN, DAMIAN BAKULA, COACH KURT JIRAK.

Hit it hard
Staring down the opposition, Nic Moran is all concentration. Nic was one of the team’s most versatile players and could be found anywhere in the infield.

The agony of defeat
A rare low point for Pitcher Erik Westin after the Hudson game. Erik received First Team All-Conference honors for his pitching and played a key leadership role on the team.

Ring it up!
Another run for the Panthers, this one by pinch-runner, Aaron McAdams. Teammate Erik Westin awaits to congratulate him at home plate.

Baseball Scoreboard

<table>
<thead>
<tr>
<th>Us</th>
<th>Them</th>
</tr>
</thead>
<tbody>
<tr>
<td>Cedar Falls</td>
<td>0</td>
</tr>
<tr>
<td>Hubbard Radcliffe</td>
<td>1</td>
</tr>
<tr>
<td>Ackley-Geneva</td>
<td>7</td>
</tr>
<tr>
<td>Gladbroke-Reinbeck</td>
<td>5</td>
</tr>
<tr>
<td>Grundy Center</td>
<td>8</td>
</tr>
<tr>
<td>Denver</td>
<td>10</td>
</tr>
<tr>
<td>Union</td>
<td>1</td>
</tr>
<tr>
<td>Aplington-Parkersburg</td>
<td>7</td>
</tr>
<tr>
<td>Dike-NH</td>
<td>12</td>
</tr>
<tr>
<td>Hudson</td>
<td>2</td>
</tr>
<tr>
<td>North Tama</td>
<td>4</td>
</tr>
<tr>
<td>Aplington-Parkersburg</td>
<td>6</td>
</tr>
<tr>
<td>Gladbroke-Reinbeck</td>
<td>9</td>
</tr>
<tr>
<td>Dike-NH</td>
<td>16</td>
</tr>
<tr>
<td>Hudson</td>
<td>4</td>
</tr>
<tr>
<td>North Tama</td>
<td>6</td>
</tr>
<tr>
<td>Denver</td>
<td>4</td>
</tr>
<tr>
<td>Union</td>
<td>0</td>
</tr>
<tr>
<td>Wapsie Valley</td>
<td>3</td>
</tr>
</tbody>
</table>

Wins | Losses
12 | 7

58 Baseball
Cocked, aimed and ready to fire
His Highness, Erik "Tyus" Westin lead the "Best NU Team Ever" with his million dollar arm and pitching skills. Westin earned NICL First Team Pitching Honors.

---

After years of disappointing seasons the Panther baseball team finally broke through. The 12-7 overall record (10-4 conference) and second place conference finishes were the best of any NU High team in recent history. Thanks to NICL Coach of the Year, Dave "Look at My Ring" Smith and Assistant Coach, Kurt "Rocket Arm" Jirak, we managed to win seven straight games in June. A thrilling win over conference champs Union, 1-0, and blowouts of Dike-NH (twice) and Denver were among the highlights.

Pitcher Erik "Wonder How Far I Can Throw My Glove" Westin and utility player (?) Mike "I Need A Pop" Steffen earned well-deserved First Team All-Conference honors. Adam "Slowest Homerun Trot Ever" DeJoode and Damian "Throw The Ball Where My Bat Is" Bakula received Second Team honors. Nick "Opra-Nizz Dart!" Lyons earned Honorable Mention. Thanks to all the coaches and seniors who helped turn the program around. Can a Corn!

Lighting the fire
Always a reliable source for igniting a rally, Mike Steffen awaits the pitch. Steffen received First Team All-Conference Honors and set a record for batting average in a season.

Safe
Junior Nick Lyons was caught off guard before diving back into first. Kick always carried a big stick at the plate and received All-Conference Honorable Mention for his work at third base.
Eyes on the Promised Land
With senior guard Justin Staker clearing the way, quarterback Mike Girsch decides to tuck the ball away and run. Girsch was always a double threat to pass or run.

A little help from a friend
Looking for an opening, senior Luke Stater cuts outside while junior teammate Shane Rundall lays a block that knocks the defender into the next time zone.

Winning a big one for Dan

FOOTBALL

Looking for some payback, the Panthers came into the season with an explosive offense, an attacking defense, and many upperclassmen. It started with 90 degree all-a-day practices in mid-August and continued through the freezing rain of late October. Inbetween the Panthers won six games including big wins over perennial power Grundy Center and defending state champ Hudson. Three big plays and 16 points kept the Panthers from their goal of an undefeated season and a playoff berth.

Certain memories will remain always. Winning the Grundy Center game for Dan because he had to sit out the entire season due to a knee injury is one of the best.

Another will be the way the entire team came together with the goal of returning the NU Panther football program back on the winning track. And of course there are the humorous memories: Joz's wubba cheer, the jaws of life, the Club(s), Eldora's execution of wing-t-right 32 fumble, and Coach Harms' in the railroad drill.

Honors and records were numerous. With a talented corps of returning lettermen, next year's season should be a successful one as well. The seniors wish the best of luck to next year's team, and thanks for the memories.

Our Spanish secret weapon
As senior Adam DeJoode holds a picture perfect "laces out" ball, Sergio Arroyo, international student from Spain, boots another extra point for the Panthers' explosive offense.
Breaking through the defense is senior Adam Dejoode. He was a first team All-District wide receiver and set a school record for most receptions in a career.

Decisions, decisions ... In the Eldora game the Panther huddle waits for instructions before another offensive onslaught. The Panthers routed the Tigers 46 to 6.

Truckin' Seeing the light at the end of the tunnel, senior Ryan Smiley simply outruns the opposition. Ryan received All-District (Second Team) recognition at the end of the season.
THE NORTHERN UNIVERSITY PANTHER BOYS' CROSS COUNTRY TEAM
FRONT ROW: AARON MCADAMS, BRYCE WEBER, ADAM TIMMINS, TYLER SCHMIDT, GEOFF SPAIN. SECOND ROW: COACH TROY MCKAY, PETER VANDERWALL, NATHANIEL PARRISH, BEN BUCK, JAVIER MERCADO, COACH BOB LEE. THIRD ROW: JARED DODDEMA, MARK HAYS, STUART CLAUSEN, ERIC LEWIS, JOSH SAVERY, JOSH MORTENSON, JOHN HIGBY.

Bang!
Sprinting off the line at Metro are Aaron McAdams, Javier Mercado, Jared Doddema, Mark Hays and Josh Sawyer. NU finished third, just a few points behind much larger West High.

Oh captain, my captain
Senior Mark “Hard Way” Hays comes down the chute to clinch his spot on the Metro Team. He set some very impressive markers for ’95, advancing to State and making a personal record of 16:00.

A born leader
Sophomore Jared Doddema leads runners from West High and Cedar Falls into the chute. By the end of the season, the varsity team consisted of seven runners, four of them sophomores.

Cross Country Results

<table>
<thead>
<tr>
<th>Event</th>
<th>Place</th>
<th>Points</th>
</tr>
</thead>
<tbody>
<tr>
<td>NU 1st of 9</td>
<td></td>
<td>68</td>
</tr>
<tr>
<td>Eldora-NP Invitational</td>
<td>NU 4th of 22</td>
<td>44</td>
</tr>
<tr>
<td>Waverly-SR Invitational</td>
<td>NU 1st of 10</td>
<td>39</td>
</tr>
<tr>
<td>South Tama Invitational</td>
<td>NU 3rd of 9</td>
<td>56</td>
</tr>
<tr>
<td>North Linn Invitational</td>
<td>NU 1st of 11</td>
<td>29</td>
</tr>
<tr>
<td>Vinton Invitational</td>
<td>NU 3rd of 5</td>
<td>61</td>
</tr>
<tr>
<td>Metro Meet</td>
<td>NU 1st of 15</td>
<td>46</td>
</tr>
<tr>
<td>Dike-NH Invitational</td>
<td>NU 2nd of 15</td>
<td>66</td>
</tr>
<tr>
<td>NU Invitational</td>
<td>NU 1st of 11</td>
<td>46</td>
</tr>
<tr>
<td>NICL Meet</td>
<td>NU 1st of 24</td>
<td>74</td>
</tr>
<tr>
<td>District Meet</td>
<td>NU 7th</td>
<td>191</td>
</tr>
<tr>
<td>State</td>
<td></td>
<td></td>
</tr>
</tbody>
</table>
Whew!
Tired but content for the time being, the varsity squad of '95 slouches for some smiles after running for first place in Districts. Promising performances by runners and fan support pushed the team to succeed.

CROSS COUNTRY

The 1995 Cross Country Season was a season to remember. After a three-year absence from State, the team travelled to Fort Dodge to compete once again. Along the way, we picked up wins at Districts and Conference and made a strong showing at the Metro Meet. The team this year was marked by an earnest drive to succeed, not only as individuals but as a group. Indeed, it was often remarked that it was too bad we couldn't score everybody on the team, JV included.

I will never forget Bryce's poetry corner, Josh Mortenson's pre-meet skillet, Chariots of Fire and our neon orange State Hats, which could be seen for two miles in any direction.

I had a great year as the only senior, and I thank all the other guys for making my last year a good one. I'm almost scared to see how well you guys will do next year. Good Luck!

Mark Wood

A fabulous freshman
Javier Mercado goes for the finish line. Staying on the varsity squad all year long, Javier played a key role in the team's performance.

Kaput! finis, done, termina
Aaron McAdams and Bryce Weber stare at the same nothing after their performances at the Dike Invitational. It was an exciting upset for the Panthers against Jesup.
The team veteran
At Dike junior Katy Baumgardner catches her breath after her varsity two-mile run. In 1996 Katy will be the first NU runner to complete four years on the girls' cross country team.

Perseverance personified
Coming around a big turn at Metro, sophomore Margaret Mills attacks the course step by step. Margaret earned a varsity letter for her efforts during the season.

Ode to the rabbit!

CROSS COUNTRY

Katy, Marge, Disa, Amy, Kate (Who could forget that tag-along?), and I along with three A-P girls made up the cross country team.

Ladies, I've never had as much fun in life as I did the fall of '95! Marge made a joke last without a dull moment. Katy's crazy ideas got Marge going.

Disa, being from Vermont—didn't quite understand why we wanted to run two miles, but we changed her mind. Amy juggled two sports. Then there's Kate, who ran with us faithfully—just for fun!! It was loads of laughs!

ONE TO THE RABBIT!

Go, ladies!
The Panther women bite, scratch, and claw for an explosive start at the Metro Meet in Byrnes Park. Jessica Neavins (third from left) earned a spot on the All-Metro Team.
Rounding the turn
Heading down the course from the Byrnes Park Club House, senior Ryan McCray paces herself. Although a rookie to the team, Ryan provided strong leadership.

The senior and the coach
On a sunny afternoon at Dike, Coach Dennis Kettner and Ryan McCray size up the competition. In a field of 19, the NU girls finished ninth.

Warming up
Limbering up their running legs before the start of the varsity Metro run at Byrnes Park in Waterloo are Katy Baumgardner, Ryan McCray, and Amy Bowlin.

Girls' Cross Country Scoreboard

Eldora Invitational 5th of 8
Waverly Meet No Score
So. Tama Invitational 6th of 9
No. Linn Invitational 5th of 6
Vinton Invitational 5th of 8
Metro 4th of 5
Dike Invitational 9th of 19
NU Invitational 9th of 15
NICL Meet 7th of 11
District Meet 18th of 26

THE NORTHERN UNIVERSITY PANTHER GIRLS' CROSS COUNTRY TEAM
FRONT ROW: BRYNN BURRAGE, RYAN MC CRAY, MARGARET MILLS. BACK ROW: SHAYNA ROELFS, KATY BAUMGARDNER, JESSICA NEAVINS, COACH DENNIS KETNER.
THE NORTHERN UNIVERSITY PANTHER GIRLS' SWIMMING TEAM
FIRST ROW: BONNIE PEDERSEN, LEXIE PENALUNA, AMY BOWLIN, BROOKE ROGGE. SECOND ROW: ANGIE FINZEN, MAGGIE STRUCK, LIZ SMITH, BROOKE PENALUNA, SARA CORDES, KATIE HARKIN, EMILY LIEPER, BROOKE BURRAGE, SARAH BARSIC, BETH KOCH, BINDY COMITO. THIRD ROW: ALICIA MERCADO, MOLLY FITZGERALD, CORRINE HOFFMULLER, VICKY HIGBY, LYNSEY BOLIN, STACEY WERTZ, COACH BEN MEYERS.

The state's best
Receiving recognition at the State Meet from Bob Wren, president of the Iowa State Swimming Coaches Assoc. as "State Coach of the Year" is Ben Meyers.

Swim fast!
School record-breaking diver Alicia Mercado cheers on a teammate in the home meet with Charles City. The senior could be counted on to yell her support.

Smokin'
Swimming herself to a fifth place finish at State is senior Brooke Penaluna, who broke school and pool records all season.

Girls' Swimming
1st of 9  NU Invitational
75  36  West Waterloo
1st of 4  Charles City Inv.
78  27  Vinton
103  45  Linn-Mar
3rd of 8  Cedar Falls Inv.
113  36  East Waterloo
1st of 9  Williamsburg Inv.
103  61  Charles City
62  121  Cedar Falls
3rd of 8  Districts
3rd of 56  State

Wins  Losses
10  2
I got 'em
At the State Meet in Fort Dodge, Brooke Penaluna lets teammates know she's got the traditional box of Goldfish snacks taken to all meets.

All-American girls

SWIMMING

The season began with high hopes of a second place finish at State. Starting with a close win of our own invitational and continuing the momentum, we finished the season with an awesome winning record of 10 and 2.

Alicia Mercado worked hard all season, finally reaching her goal of breaking the long-standing school record for diving.

At Districts our traditional Boom Chika Boom pulled us together as we qualified five swimmers in two relays and eight individual events. Coach Myers received the District and State Coach of the Year awards!

At State, both relays consisting of Sara Cordes, Brooke Penaluna, Stacey Wertz and Brooke Rogge swam to two second place finishes, becoming All-American considerations. Led by Wertz's first place in the 100 freestyle, we won third place overall, four points behind second.

Best of luck to future teams!

Alicia Mercado
Brooke Penaluna

Winning it all
At Districts Stacey "Bayside Papaya" Wertz swims past her competition. Stacey went on to State and won the 100 freestyle for the third year in a row.

Gearing up!
During a relay at Districts, sophomore Bonnie Pedersen waits on the blocks for a fellow swimmer. Bonnie went to State in the 100 backstroke.
Conference champs!

VOLLEYBALL

This year started out very promising. We were all individuals working for one common goal. BEATING DIKE! For the seniors, this was a very long four-year goal. We were close as a team on and off the court whether we were on the Rec League side of the net or the wanna-be Rec League side. We had lots of fan support (Wuba), which led to our great success.

Beating Dike, being conference champions and sectional champions are among the many memories each of us will take with us. GO, REC LEAGUE! HY-VEE COLA FOREVER!

Janene Doddema

Kelly Smith

United victory
After beating #1-ranked Dike-NU in Class 1A, the team celebrates. This victory also helped the Panthers clench the NICL (East) title.
Volleyball Scoreboard

Dug
In back-row play, Becca Moon digs the ball. "Everyone in that gym thought the ball was down but not Becca. She sacrificed herself and saved it for the team."—John Verly

Analyzing
After rotating out of the game, middle blocker Leah Ostby talks over strategy with Coach John Verly in UNI's West Gym, home to the Panthers in the '94 and '95 seasons.

Rec League
Cheering on the team are Jessica Galehouse (Jae), Vanessa Kettner (V-Dog, Yoda Ice), and Kim Knutson (Basketball Coordinator), members of the spirited "Rec League."

THE NORTHERN UNIVERSITY PANTHER VARSITY VOLLEYBALL TEAM
FRONT ROW: LEAH OSTBY, MINDY PEDERSEN. SECOND ROW: STEPHANIE BASTRON, KELLY SMITH, BECCA MOON, JANENE DODDEMA, AJA MC CLAIN. THIRD ROW: COACH JOHN VERLY, JAMIE PHIPPS, LEAH KAMIENSKI, KIM KNUTSON, COACH DANICE NIEMEYER. BACK ROW: VANESSA KETTNER, RACHEL GUTHART, KATHY GoyEN, JESSICA GALEHOUSE.
Cheese!
Sharing a bonding moment with Panther mascot Isaac Podolefsky at the UNI-Dome is Lindsey Kane. Cheering the Panthers to a Homecoming victory was a highlight of the year.

The littlest cheerleader.
During a district basketball game, Sarah Bailey parades Kelly Phipps in a shoulder sit. Kelly cheered with the cheerleaders during football and basketball seasons.
Basketball cheerleaders

Running the lap
As the band strikes up the school song, Leah Ostby joins Governor Terry Branstad in a lap around the new Nielsen Field House during dedication ceremonies.

'Unbelievable' and 'awesome'

CHEERLEADING

For most of us, cheerleading started almost immediately after tryouts in the spring of '95. Our first goal was to get new uniforms, and we met our goal by selling phone books and working at Gus Macker.

Several of us went to a camp in the spring and then one in the summer. We learned several new dances and cheers that we used throughout the year.

The high point of the football season was winning Homecoming. Beating out longtime rival Hudson wasn't too bad either. All in all we had a good time cheering for an unbelievable football season.

Nothing can compare to the awesome basketball season. It was fun not only to cheer for the teams in our new field house but also to watch them play. Having the boys advance to substate and become district champs were great accomplishments.

Everything has rocky moments, as did cheerleading, but I'll never forget the great friends that I have made and the memories I have.

Lindsey Oleson

Bugaloo!
At a football pep assembly, Lindsay Oleson persuades Shane Rundell, Jake Fanscha, and Andrae Rainey to line dance. Athletes enthusiastically participated in games and skits throughout the year.

Very strong, very tough
With Kim Knutson standing by to catch her, Aja McClain and Katie Ostby hold Sarah Bailey up in an elevator stunt. This year's basketball cheerleaders tried more stunts than ever.

Cheerleading 71
Concentration
Squaring up at the charity stripe, senior Luke Stater focuses his thoughts on the task at hand. Stater led the team in field goal percentage with an impressive 66 percent.

Leadership
Three-year starter and leading scorer of the Panther's high-octane offense, senior Mike Girsch, drives around a Vinton-Shellsburg defender. He was First Team All-Conference.

Something to be proud of

**BASKETBALL**

In the 1995-96 basketball season, there were many outstanding achievements, not to mention playing in the new state-of-the-art Nielsen Field House. We were successful in turning last season's 7-12 record into this season's 17-6 record.

Some highlights of the season were victories over Ackley-Geneva, 3A powerhouse Vinton, and Union (twice). Playing in the 1st official game in the Field House was also a thrill. Tournament play started with a 114-45 shellacking of Easy Old Janesville and continued with wins over Dunkerton and GMG.

The season ended with a controversial sub-state game with #2 ranked Lynnville-Sully.

Although the goal of reaching the state tournament fell short, earning second place in the conference was something to be proud of. Michael Girsch earned First Team All-Conference and Shane Rundall was awarded Honorable Mention. Both earned Honorable Mention All-State honors.

With strong underclassmen and a new facility, the NU High basketball program is headed in the right direction.

Bring it home next year, fellas! Oh Hay?

**The captain**
During a time-out, Coach Paul "The Captain" Waack gives orders as juniors Shane Rundall and Eric Olson listen intently. Rundall received Honorable Mention All-Conference.
Skills from down under
"The Australian Delight," senior point guard Heath Fox, looks for the open man. Fox had unmatched ball-handling skills and the ability to see the entire court at all times.

Rising above adversity
In the Dike-New Hartford game, senior guard Adam DeJoode soars above the competition for an easy deuce.

A well-deserved break
In a blow-out versus Janesville, the starters show their support for the reserves. Practices were always competitive as reserves like Nate "Best Practice Player" Loenser brought out the best in the team.
THE NORTHERN UNIVERSITY PANTHER GIRLS' BASKETBALL TEAM
FRONT ROW: KELLY SMITH, BECCA MOON, MINDY PEDERSEN, RYAN MC CRAY.
SECOND ROW: LEAH KAMIENSKI, JAMIE PHIPPS. THIRD ROW: COACH LORI SMITH,
BINDY COMITO, VANESSA KETTNER, ASSISTANT COACH DENNIS KETTNER.

Strike the pose
In picture perfect defensive position is sophomore letterwinner Bindy Comito while fellow sophomore Vanessa Kettner provides more defensive help. Bindy earned Second Team All-Conference Honors.

Nice pass
During the second half of a close Union game, junior Jamie Phipps prepares to make an intense pass. NU came out on top 39-32.

McCray for two
Taking on defender Jody DeVries, senior Ryan McCray squeaks into the heart of the Falcon defense for the goal. Ryan earned All-Conference Honorable Mention recognition.

Girls' Basketball Results

<table>
<thead>
<tr>
<th>Team</th>
<th>us</th>
<th>them</th>
</tr>
</thead>
<tbody>
<tr>
<td>Janesville</td>
<td>45</td>
<td>42</td>
</tr>
<tr>
<td>Dunkerton</td>
<td>74</td>
<td>30</td>
</tr>
<tr>
<td>Ackley-Geneva</td>
<td>77</td>
<td>26</td>
</tr>
<tr>
<td>Aplington-Pburg</td>
<td>52</td>
<td>44</td>
</tr>
<tr>
<td>Gladbrook-R'beck</td>
<td>52</td>
<td>72</td>
</tr>
<tr>
<td>Denver</td>
<td>54</td>
<td>52</td>
</tr>
<tr>
<td>Union</td>
<td>47</td>
<td>50</td>
</tr>
<tr>
<td>Dike-NH</td>
<td>48</td>
<td>35</td>
</tr>
<tr>
<td>Hudson</td>
<td>36</td>
<td>33</td>
</tr>
<tr>
<td>North Tama</td>
<td>56</td>
<td>28</td>
</tr>
<tr>
<td>Aplington-Pburg</td>
<td>40</td>
<td>42</td>
</tr>
<tr>
<td>Gladbrook-R'beck</td>
<td>33</td>
<td>46</td>
</tr>
<tr>
<td>Hubbard-Radcliffe</td>
<td>55</td>
<td>45</td>
</tr>
<tr>
<td>Denver</td>
<td>31</td>
<td>52</td>
</tr>
<tr>
<td>Hudson</td>
<td>50</td>
<td>35</td>
</tr>
<tr>
<td>Union</td>
<td>39</td>
<td>32</td>
</tr>
<tr>
<td>North Tama</td>
<td>43</td>
<td>18</td>
</tr>
<tr>
<td>Dike-NH</td>
<td>53</td>
<td>26</td>
</tr>
<tr>
<td>Aplington-Pburg</td>
<td>33</td>
<td>48</td>
</tr>
</tbody>
</table>

Wins: 13  Losses: 6
Preparing for battle
Taking a break during the contest with Dike-NH, the team listens to Coach Lori Smith's strategy. The strategy worked in this one with the Panthers trouncing the Wolverines 53-26.

A top 20 finish
BASKETBALL

When we ran onto the court for the first time in our new home, the crowd went crazy, and our adrenaline started pumping. After waiting for two years, we finally had our dream—our own court. The feeling was great, and it showed in our playing from then on. We went 25-9 for the season with losing only once to Glad-

brook-Reinbeck on our home court. At one time we were ranked 15th in the state. We ended our season in the Top 20 with a third place finish in the conference. The season was filled with great moments and memorable experiences.

Something call a fire fighter!
Fast as a flash fire in the woods, senior Kelly Smith burns down the opposition. Kelly earned First Team All-Conference honors and along with Ryan McCray was MVP.

Setting up the O
Setting up the Panther offense is Vanessa Kettner. The offense was an explosive one that averaged 48 points a game while giving up only 39 points a game.
Taking a breather
At the Holmes pool, Sergio Arroyo watches his teammates. Sergio was a first year swimmer showing steady improvement throughout the year.

And he's off!
Springing into the big blue, sophomore backstroker Tyler Schmidt reaches out for his destiny in district competition, where NU finished 4th of 7 teams.

'Swimmers live with P.A.T.'

SWIMMING

This season was the best not only because of the way we performed but also because of the way we worked together. Coach Myers told us, "Swimmers live with P.A.T.—Pain, Agony, and Torture." Yet despite all these things and Coach's jokes, we stuck through the season.

Highlights of the year included filling the stands at a home meet, putting all of Stuart in a swim cap, and snowball fights in the pool.

Even though we didn't win every meet or every race, we did our best every time. Every completed season is a "win." As long as you stick with everything you do, you're a winner.

Keep swimming hard, guys. HUB CAP.

Go for it!
At the last home meet, senior lettermen Sergio Arroyo and Sam Bailey shout encouragement to the guys in the water. Other senior letterwinners included Phil Bubb, Mark Hays and Glee Nordquist.

76 Boys' Swimming
Intensity
As the starting buzzer alerts him, junior Stuart Clausen tenses up before entering the water for backstroke competition at Districts. Stuart earned a varsity letter for the season.

The man
The hardworking yet always humorous Coach Ben Myers looks over the splits of a relay at the Cedar Falls Invitational.

Leading by example
Gulping a quick breath, Phil Bubb swims toward another victory in the 500 freestyle. From Waverly-Shell Rock, Phil was team captain for the 1995-96 season.
A lotta hustle
In play against Dike-NH, Mindy Pedersen meets the ball. Mindy was the #1 player for the Panthers and with partner Becca Moon was All-Conference in doubles.

All-conference player
Firing a blast down the throat of her opponent is Becca Moon, who played a steady two seed all season and paired up with fellow senior Mindy Pedersen in doubles.

Reach for the sky
Stretching for a big serve against her Dike-NH opponent is Beth Koch. As a sophomore, Beth held down the third position and earned another varsity letter.
A senior leader
Senior letterwinner Molly Fitzgerald fires a shot back at her last home meet. Playing seventh seed, Molly was a solid player all season.

The motto: fire up!

This tennis season started out like every tennis season—Pitch trying to get us to condition during practice. This idea was shot down as quickly as in past years. We had a pretty good year and won more meets than expected. Because we were very young this year, the team should be very good in upcoming years. Our motto, "Fire Up," helped us out a lot but sometimes annoyed family members and other teams. We had a lot of fun, including "The Point" and "The Match." Both of these involved Becca, so go figure. I'll miss you guys next year. Have fun and Fire Up!

Bring it on
Waiting and ready for anything her opponent has to give is sophomore Kathy Goyen. Kathy was one of three sophomore letterwinners on the young team.

Fire up
At Regionals, Megan Curtis holds her Fire Up plaque as Beth Koch, Mindy Pedersen, Jessica Galehouse, Kathy Goyen, Becca Moon and Coach Pitcher gather around.
The franchise
In a blur of speed, Debarshi Das launches another missile during sectional play at Byrnes Park. The senior was the Panthers' top seed and worked always to improve.

The freshman
Demonstrating that age doesn't have to be a factor, freshman Nic Flanscha practices his serve. Nic, Josh Baade, and Lucas Hinke won varsity letters as freshmen.

'Tr. leadership & new nicknames'

TENNIS

Justin "B.S." (not what you think) Stockdale had a mission to not only make us good tennis players but citizens of the world. After the first meet our hopes were high. Thanks to A-P, those hopes were destroyed. We had met the enemy; they were big. Our only hope was our doubles teams: Baade & Das, who showed Waverly both proper tennis and proper etiquette (HA); Hari & Hinke, who played against each other more than their opponents; Lyle & Blair, the underdogs, who got hit under the belt more than once. As for rock & roll tennis, well, they might not have had a good season, but when you weigh it all, they weighed more. Next year the team can look forward to Mortenson taking on Stockdale in basketball and J. Flanscha showing off those stunning abs to the ladies on hot days. Our advice to Coach Stockdale is to get a jacket that says Coach so that females don't mistake him for a player and never introduce the team to someone named Craven Moorehead. Next year we hope to see the fall of Pots and Scally and pray for a good foreign exchange student to join the team. We leave behind senior leadership, new nicknames, and bad line calls. Drive safely!

Nick Baade Debarshi Das

Having a ball
Unwinding at their end-of-the-season banquet at “a place where everyone knows your name” are Andy Liao, Josh Mortenson, Hari Rajendran, Glenn Dalbey, Josh Baade, Debarshi Das and Nick Baade.
Boys' Tennis

us them
Grundy Center  7  2
A-P            0  9
Waverly/SR    1  8
Union         4  5
Hudson        2  7
Union         2  7
Eldora-NP     7  2
Dike-NH       5  4

But seriously, folks
In sectional play, senior Nick Baade
gives his opponent a stare that
would intimidate Agassi. Off the
court, Nick is a silly guy, but he's all
business on the court as #2 seed.

Is it in?
On the battered, sticky NU courts in
a practice session, Adam Wittmayer
shields his eyes from a sun that
stayed under the clouds during
most of the season’s meets.

Look out, Borg!
Awaiting his partner’s serve, Jake
Flanscha steps up to the practice
competition. During play Jake
sports a headband much like the
tennis great. In the background
Nick Baade practices singles.

THE NORTHERN UNIVERSITY PANTHER BOYS' TENNIS TEAM
FRONT ROW: ADAM WITTMAYER, JAKE FLANSCHA. SECOND ROW: ARASH SANGHA, ERIC PRUESS, ANDY
LIAO, JOE SMITH, JUSTIN WRIGHT, GEOFF SPAIN. THIRD ROW: COACH JUSTIN STOCKDALE, ED LIAO,
SANTHOSH NADIPURAM, BRIAN ROGERS, GLENN DALBEY. BACK ROW: JOSH MORTENSON, NICK BAADE,
JOSH BAADE, LUCAS HINKE, NIC FLANSHA, HARI RAJENDRAN, DEBARSHI DAS.
Looking good!
Nate Loenser, Ben Buck, Joe Ostby, Nic Moran, Dan Bolin and Eric Lewis led NU to the sectional golf title for the first time in a very long time.

Rip it and grip it
Adam Fisher points out to Jason "Black Death" Bachhuber that gripping precedes ripping while the "Black Death" searches for his ball in the sky over Pheasant Ridge.

MVP
Showing off his textbook form, junior Nic Moran tees off. Nic led the golf team with a 9-hole stroke average of 40 and placed first in sectional play.
That ball surrendered!
A newcomer to the squad, Michael "Paco" Poe drives off the first tee. Michael received the 5-H award from the team. (It's an inside thing.)

Expectations were not high for the '96 NU golf season. The team was left with large holes to fill after losing three former varsity players in Matt Wertz, Clayton Lichty, and Justin Lichty. But always inspirational Coach Lee Weber would settle for nothing but the best. The team finished first at sectionals with a score of 318, which tied the school record. At districts we came up short by 5 strokes of making the state meet.

The team entered the season with a new philosophy: GOLF'S DUMB LAWS. Mike Wilson was always quick to point them out. Eric "Happy Gilmore" Lewis's performances picked up at mid-season with the arrival of the KILLER BEE, with which he claimed he could hit a country mile. MVP Nic Moran was the proud recipient of the "Mitch Award." The leadership of Dan Bolin and the comic relief of Paco will be missed. Good luck to next year's squad, and remember to grip it and rip it like Big Cat Williams but not that Daly character, and may Loensersink that hole-in-one on the road.

Nice shot!
At practice for District, Eric Lewis shoots an iron towards the green. Eric is known more for his driving, stinging balls on Par 5's to the green.

Window of opportunity
Four-year letterwinner Dan Bolin takes aim at the window, hoping to sink the putt to beat Coach Weber in a putting contest. Dan was Academic All-Conference.
Handing off
At Dickinson, Kelly Smith and Bonnie Pedersen perform an open handoff in the 4x400m relay. The Panthers broke the school record in the 4x400 with a time of 4:08.43.

A record breaker
In action at the NU Invitational is Leah Kamienski, who had a record breaking season. The junior set a new school shot put record at 34 feet 11 1/2 inches.

Coming home with 3 medals

TRACK

This team consisting of eight seniors, six juniors, seven sophomores, and six freshmen had a lot of depth. The team took five events to state competition: the 4x800, 800m, 4x400, 400m dash, and 400m hurdles. Bindy, Vanessa, Leah, Bonnie, Kelly, Ryan, Katy and Alicia all travelled to Des Moines. The two relays were seeded fairly well, and the three open events were looking strong. With six girls running five events, we knew we could accomplish quite a lot. The two days at State had to have been the hottest (92 degrees on Friday and 90 on Saturday) and muggiest days of the year. Even though the heat was something we weren’t used to (We ran in 60 or below temperatures all season.), we came home with three medals: 4th place in 4x800, 5th in the 4x400, and 3rd in the open 400 hurdles. The seniors wish the rest of the team good luck next year. We want to come back and watch you in Des Moines on the 17th and 19th of May.

Intensity
While Sarah Buck holds her blocks steady, Audra Johnson gets set to run the Dickinson Relays. Both juniors earned a letter for the season.
Determined to win
Standout senior Ryan McRae races to defeat Becky Hlick of Cedar Falls in the open 400m at Metro. Ryan plans to continue running at Morningside College.

Starting off strong
After receiving the baton, freshman Rhonda Bolhuis takes off for the finish line. A strong nucleus of underclassmen provided depth for the team.

Safe landing
At the NU Invitational Bonnie Pedersen competes in high jump. At State Bonnie finished 3rd in the 400 low hurdles and set a school record with a time of 1:05.31.
THE NORTHERN UNIVERSITY PANTHER BOYS' TRACK TEAM

FIRST ROW: ANTON JONES, AARON MCADAMS, RANDALL BURTON, ADAM DEJOODE, ADAM TIMMINS, TERRY HUNDLEY, JUSTIN STAKER, BRAD JACOBSON, TYLER SCHMIDT, LUKE STATER, DEMETRIUS KIMBROUGH. SECOND ROW: COACH BOB LEE, ASST. COACH FRED TIMSON, BEN NADLER, NATHANIEL PARRISH, SERGIO ARROYO, JAVIER MERCADO, SAM BAILEY, BRYCE WEBER, DAN WILSON, NICK LYONS, ASST. COACH MIKE JANSSEN, ASST. COACH TOM SINCLAIR. BACK ROW: HEATH FOX, RYAN SMILEY, STUART CLAUSEN, BRANDON BAKER, SHANE RUNDALL, JOSH SAWYER, JARED DODDEMA, BRENT KNUTSON, MIKE KOCH, ANDRAE RAINEY.

"Set..."
A presence, even on the starting line, senior Mark Hays is ready to race in the 3,200 at the Aldrich Relays. Mark went on to State in the mile and two-mile.

Stride
With characteristically long strides, junior Andrae Rainey walks his heat to the finish line at the District meet. Andrae's long strides also helped him achieve in long jump.

Strength
On his way to a meet record (50.4) in the 400m at Aldrich is Luke Stater, All-Conference Outstanding Performer, third-place finisher in the 400m (50.32) at State, and anchor for the Medley Relay and 4x400.
The 1996 track season started out with a lot of questions. The team was young and unpredictable. Like every other year, the team goal was to win the big and important meets—conference, District and State. Thanks to tough training and dedication, by midseason the team was beginning to look like teams of the past. Later named the "Hog Relay," the weightmen's 4x100 added excitement to the team's morale. Thanks to their extra time spent on sticks, the "Hogs" brought home three gold medals in this event. We finished up the regular season by winning five consecutive meets. Perhaps the biggest victory was the Aldrich Relays, which mostly consisted of 2A schools. We also were conference champions and brought home the District title. We qualified 9 events for State and scored as follows: 2nd, 1600m medley; 3rd, Luke Stater, 400m; 4th, 4 x 400 m; 5th, Shane Rundall, 110 m high hurdles. A total of 18 points helped the 1996 track team finish fourth overall in 1A, the best finish since 1991. This season was truly a turnaround and we set the pace for years to come. "Walk the Dog."
Something to yell about
Yelling for the home team on a Friday night in the Dome are seniors Mya Kruger and Heath Fox and sophomores Shayne Cochran, Jared Doddema and Josh Sawyer. The Panthers provided plenty of thrills for their fans all season.

Flowers in her hair
One of the organizers of Prom 1996, junior Sarah Buck takes to the dance floor and joins in on the fun at "Stairway to Heaven" at the Cedar Falls Woman’s Club the first weekend in May.
Chilly,
soggy,
happy
On Adventureland's Main Street, Debarshi Das, Senior Class treasurer, manages to smile in spite of the weather. The seniors spent a cold and rainy Sunday in April at the amusement park outside Des Moines with their sponsor, Rick Vanderwall, for a final class outing.

Still stirred up
On the Saturday night of Homecoming weekend, NU students dance the night away. The Cedar Falls Woman's Club was packed with excited kids still thrilled about the victory the night before over Grundy Center.

Brotherly pride
On hand to greet the victorious football team after the Homecoming victory are freshman Javier Mercado and his sister Alicia, who reigned over Homecoming 1995. The two were loyal supporters of and participants in Pantheractivities.
A sweet, sweet victory
'We were a psycho sea of orange and black!

Touchdown!
Letting it fly after NU scores first are Mya Kruger, Heath Fox, Mike Koch, Josh Sawyer, Aaron McAdams, Jared Doddema, Ben Buck and Josh Mortenson.

Mr. Football
Nick Lyons listens to Coach Phipps at the pep assembly. The cheerleaders' new fundraiser resulted in Nick being named Mr. Football '95.

The Incredible Hulk
Having just received his hero's purple pants, Mike Girsch can't believe Sarah Buck is giving him his hero too at the kick-off assembly.

Subtle hint
Mark Knutson knows what he wants his favorite team to do. As a line judge, Mark thought he would do his own kind of cheering.
Clawing first blood
Turning to the crowd, Adam DeJoode lets them know the first touchdown is good. The Panthers beat Grundy Center 28-19.

Tough luck
Sidelined for the season due to a soccer injury, Dan Bolin receives senior recognition at the pep assembly. Later that night the team dedicated the win to him.

All smiles
Members of the court pose: Brooke Penaluna, Mindy Pedersen, Kelly Smith, Ana Ramos, Ryan McCray, Corrine Hoffmuller, and Alicia Mercado, who was elected queen.

What was your favorite thing about Homecoming?

"Being a part of the team that whipped Grundy Center for the first time in 6 years. Some of the hits that took place during that football game will never be topped. Thank you, guys!"—Shane Rundall

"All the school pride that everyone showed. The hall decorations were great and so were the fans at the football game."—Aaron McAdams

"We were a psycho sea of orange and black!"—Sarah Buck

"Homecoming kicked donkey because we spanked Grundy Center royally and we had a crazy-cool dance afterwards."—Debarshi Das

"The Dress-Up Days and winning the game. Just being a part of the team was a great experience."—Ryan Smiley
Kicking off shoes AND being totally cool

We know when to take our shoes off and when to keep them on.

We know when to cut loose and when to stay cool. NU dances provided a little something for everyone—from socks and shades to roses and satin.

The master mixers
Saying that "it's harder than you think," DJs Brooke Penaluna, Jamie Phipps, and Lynsey Bolin keep things moving at the first sock hop the weekend before Winter Break.

Out of control!
Cutting loose during "Anything Goes," Sarah Buck performs with the NU Singers to start the festivities and set the tone for an evening of fun at the Dedication Sock Hop.
Freshman Fun
Chilling out and acting cool at the Winter Formal are Adam Nienkark, Lucas Hinke and Demetrius Kimbrough. The third annual dance sponsored by cheerleaders was held for the first time at the Oster Regent.

The original Joe
Joey "Rock 'n' Roll" Namgar a.k.a. Joe Riehle of Goth Horror Band, Symphon E. screams out to the crowd at the Dedication Sock Hop. Joe writes all his own lyrics.

Dancin' dancin'
Having some fun with some good old rock and roll are Alicia Janssen and Bill Moran. They proved that young and younger can have a blast together.

It's Live!
At the Dedication Sock Hop, live bands provided music as parents and other NU supporters joined students in the Nielsen Field House. Midnight Edition (guitarist Dave Correll at left) played that night and also at the very first sock hop in the new field house just before Winter Break.
A chance to 'sculpt a model of pride & unity'

New club raises funds to finance spring trip to Atlanta

Black college tour
Heading for a tour of Spelman College are Geoff Spain, Justin Wright, Jessica Nash, Chyone Young, Valerie Washington, Kiley Coleman and Porsha Chambers. Tours of Spelman College, Morehouse College, Morris Brown College and Clark Atlanta University were a highlight of the P.R.O.U.D. (People Responding to Our Unique Differences) trip to Atlanta in April.

P.R.O.U.D. participants
At the King Memorial, club members pose with sponsor Anthony Moultrie and Jim Rugarber, Edna Crawley and Ethel Washington.

"Uplift"
Admiring a statue dedicated to the first African American female president of Spelman College is freshman Shinita Crawley.
Coming into focus
On the 72nd floor of the Peachtree Plaza Hotel, Geoff Spain tries to get a bird's eye view of Atlanta but zeroes in on Justin Wright instead.

Dr. King, Morehouse class of ’48
This statue on the campus of Morehouse College honors the memory of Dr. Martin Luther King Jr., a Morehouse alumnus.

Eternal flame
After a tour of the Dr. King Center for Nonviolence and the King Memorial, P.R.O.U.D. members quietly reflect at the Eternal Flame.

What was the most special part of the P.R.O.U.D. trip to Atlanta?

"It's hard to narrow it down to one thing, but I would probably say it was getting to know everybody. Before the trip there were some P.R.O.U.D. members I didn't know very well. This trip really brought people together."—Valerie Washington

"I learned how to interview a college and ask the right questions. After visiting these colleges, I think I might be attending Morris Brown in the future."—Adam Western

"The most special part for me was going to the Martin Luther King Center because there was so much to learn about him. To actually see his casket in the middle of the water really surprised me because it was so beautiful."—Shinita Crawley

"Walking on four historically black college campuses and seeing my people being the next lawyers, doctors, computer geniuses motivated me to think higher. Going to the memorial of Martin Luther King Jr. was great because there was a lot more to that man than just his well-known "I Have a Dream" speech. This trip was one that made me a lot closer with myself. I would not trade the memories for anything."—Kiley Coleman
Aja & Debarshi

reign

over Prom 1996

In the packed ballroom of the Woman's Club decorated with silver stars and golden moons, shouts of approval went up as Aja McClain and Debarshi Das were crowned queen and king on a perfect May evening.

Surfin' U.S.A.
Jumping up on a speaker near the stage, senior Nick Baade lets loose with The Beach Boys. Nick caught the dance fever and didn't stop until the end.

Friends forever
With a few weeks of school remaining, junior Kim Knutson says good-bye to volleyball teammates Leah Ostby and Kelly Smith.
Strike a pose
Totally caught up in the moment, senior Arny Dow struts her stuff out on the dance floor. Arny matched the Prom colors of midnight blue, gold and silver.

Prom excitement
Squealing with delight, Mindy Pedersen acknowledges the announcement of Aja McClain as queen. King Debarshi Das waits to congratulate Aja as do Ryan McCray and Justin Staker, members of the court.

Classy couple
The epitome of style, seniors Caleb Cutwright and Alicia Mercado acknowledge the request of the yearbook photographer and pose just before midnight.
The musician and scholar
Gathering with friends outside Lang Hall after Commencement exercises is Andy Liao, who won numerous scholarships including the Iowa Center for the Arts Scholarship to the University of Iowa, where he will begin studies in the fall.

Comer mucho
With Spanish music filling Room 217, junior Mindy Carbiener prepares tamales in Spanish III with her teacher, Rosa Marie Findlay, ready to help. The 1995-96 school year was Mrs. Findlay’s 31st year at PLS.
coming up with the answers

Loving it
Applying very hot wax to cloth, senior Lindsay Oleson meticulously completes the third of her original batik designs for her senior project and individual study in art. As a seventh grader, Lindsay discovered her love for batik and has been perfecting her talent ever since. She will continue her studies at Wartburg.

Beyond the classroom
Pausing in front of an art display at a mall in Moscow is senior Adam Wittmayer, who travelled to Russia in March with six fellow NU students and instructor James Sweigert. This was Adam's second trip to Russia.

She's hooked
At the end of the day and the end of the year, senior Raylesha Burton is totally absorbed in her independent reading in Studies in Multicultural Writing. The course was one of the new nine-week courses offered by the Language Arts Department.
Celebrating Sarah's membership in National Honor Society are her sisters Leah and Hannah. Hidden behind Hannah is Aja McClain.

One of four 1995 inductees, senior Becca Moon expresses her thoughts on the ideal of scholarship to the newest members of NHS.

Pledging their commitment to the four ideals of character, leadership, service and scholarship are Brooke Penaluna, Alicia Mercado, Nick Lyons and Nathan Loenser.
A legacy of excellence

"This is the highest honor our school bestows."—Victoria Robinson

Since its founding in 1922, the Alpha Chapter of the National Honor Society has inducted 542, including the 20 most recent juniors and seniors chosen for membership and inducted on February 1. They include: Sarah Buck, Stuart Clausen, Debarshi Das, Adam DeJoode, Michael Girsch, Adlai Griffith, Mark Hays, Vicky Higby, Audra Johnson, Leah Kamienski, Andy Liao, Nathan Loenser, Nick Lyons, Alicia Mercado, Brooke Penaluna, Jamie Phipps, Brandon Sears, Bryce Weber, Kelly Smith and Patricia Wood.

Seniors inducted in the winter of 1995 were Janene Doddema, Becca Moon, Justin Staker and Maggie Struck, who participated in this year's ceremony and spoke on the ideals of character, leadership, service and scholarship.

Drawing on his 35 years of teaching math to NU students, Dr. John Tarr shares his thoughts on what wisdom really is.

Loving the wit and intellect of Dr. Tarr are inductees Leah Kamienski, Audra Johnson, Vicky Higby and Mark Hays.
Les amis
Four friends who traveled to France over Spring Break enjoy the sights at Miniature France: Jessica Schachterle, Brad Jacobson, Brandie Davidson and Vanessa Kettner.

In "Mother Russia"
On his second trip to Russia, senior Adam Wittmayer poses in front of St. Basil's Cathedral on Red Square in Moscow. Adam was one of six NU students making the trip with instructor Jim Sweigart.

Peter and the caribou
Posing for the folks back home is Peter Vanderwall, who spent the second semester in Tyumen, Siberia, and met up with the NU contingent in March.
V.I.P.'s
In the U.S. Capitol, Mikki Carmichael and Lynsey Bolin meet with Iowa's Senator Tom Harkin during their spring visit to Washington D.C. with Close-Up.

At school in Siberia
With Natasha, daughter of the math teacher, are junior David Correll, who spent the semester there, and senior Justin Downs, one of the six March travelers.

What was the highlight of your spring trip?

Brad Jacobson: "The best part of the French trip was the host family. They were very nice and made sure I learned more about their culture. The food was great too."

Mike Williams: "The trip to Russia was very different but a lot of fun. My favorite experience was visiting the Museum of Oddities in St. Petersburg."

Kevin Davison: "Visiting Washington D.C. for the first time and seeing the sights were the highlights for me."

Adam Wittmayer: "The highlights of the trip for me were staying up all night in St. Petersburg, being with all my friends from the trip and playing some great practical jokes."

Lindsay Wood: "All the monkeys at the circus and on the Russian streets. If you paid a couple of dollars, you could get your picture taken with them."

Brandie Davidson: "When the plane broke down and we had to stop in Maine, that was pretty exciting. But the best part of the trip was meeting the French students at the school in Chelles."

A monumental day
On a monument tour, junior Megan Curtis pauses in front of one honoring James Buchanan. For Megan, a highlight of the Close-Up trip was sitting in on Senate hearings.

A touch of the U.S.
The four sophomores included Euro Disney on their itinerary. Here Jessica Schachterle takes advantage of a photo opportunity in front of Annette's Diner.
"When I started, I was trying to cut cement with different types of hack saws and soon found out it would have taken several years to complete." — Mike Koch

INTENSIFYING INTERESTS

The poet
As part of "A Convergence of Voices," his senior recital, Mark Hays reads "What Comes First," an original poem. Mark also sang and played the string bass as part of his performance.

The cook
During her last week of school, Nicole Hahn prepares a crab filling and later treated faculty to a sampling of hors d'oeuvres from around the world. Earlier she fixed a dinner for selected faculty guests.

The artist
At the back patio of his home on the day of his open house, Mike Koch poses with a series of sculptures made of cement and plaster. He used a large chop saw weighing 50 lbs. to make the initial cuts.
The producers
Pausing outside Butzier Auditorium before the premiere of "Glory Days" are Luke Stater and Mike Girsch. The two created a video of the 1995 football season and dedicated it to Daniel James Bolin.

The editor
In the production studio, Brandon Baker edits tape from seven seasons of Northern University High School football. The final product was a video of taped highlights and complementing music.

The creator
Taking a look at her web site are Alicia Mercado and her advisor, Dr. Don Darrow. Alicia created a World Wide Web page highlighting her trip to Spain in the summer of 1995.

The vocalists
In the "Our Faves" portion of their recital, Pati Wood and Leah Ostby perform "I Can't Make You Love Me." In the first part of the program, the two sang selections from "Les Miserables."
Senior Honors and Awards

National Honor Society

Debarshi Das
Janene Doddema
Adam Dejoode
Michael Girsch
Adlai Griffith
Mark Hays
Victoria Higby
Andy Liao
Alicia Mercado
Rebecca Moon
Brooke Penaluna
Brandon Sears
Kelly Smith
Justin Staker
Maggie Struck
Patricia Wood

Academic High Honors

Adlai Griffith
Victoria Higby
Andy Liao

Academic Honors

Debarshi Das
Adam Dejoode
Janene Doddema
Melinda Egger
Michael Girsch
Mark Hays
Alicia Mercado
Rebecca Moon
Seth Nieman
Katherine Ostby
Brooke Penaluna
Brandon Sears
Kelly Smith
Justin Staker
Maggie Struck
Patricia Wood
Scholarships and Awards

Nicholas Baade, Resident Scholar Award—University of Northern Iowa, Broadcasting Award—University Broadcasting Association, Samuel Haywood Award—Delaware University.

Stephanie Bastron, Special Service Award.

Kris Bolhuis, Howard VanderBeek Writing Award.

Raylesha Burton, Albert A. Potter Science Award, Parents and Teachers in Partnership Scholarship, Youth of the Month—Cedar Falls Exchange Club, College Scholarship Book Honorarium Award, Club Les Dames—Waterloo.

Caleb Cutwright, Parents and Teachers in Partnership Scholarship, Christina Dixson Scholarship—Iowa State University.

Debashree Das, Iowa Academy of Science—Outstanding Science Student Award, Rose-Hulman Institute of Technology Scholarship—University of Rochester Scholarship, Bausch & Lomb Science Award—Bausch & Lomb.

Adam Defoote, Ferdinand C. Riehrmann Memorial Scholarship, Presidents Combined Ability Scholarship—N.E. Missouri State University.

Jaena Doddem, Scholarships awarded from: University of Dubuque, Grandview College, Benedictine College and Olivet College.

Amy Dow, N.E. Missouri State Scholarship.


Adal Griffith, Honors Program Dean's Scholarship—University of Iowa, Dean's Honorary Scholarship—Washington University, St. Louis, DeWitt Wallace Distinguished Scholarship—Macalester College, State of Iowa Scholar.

Mark Hayes, Sturgis Falls Celebration Scholarship—Sturgis Falls Celebration Committee, Les Hale Music Scholarship, National Merit Finalist, Dean's Scholarship—Boston University, Grinnell Trustees' Merit Scholarship—Grinnell College, State of Iowa Scholar—Iowa College Aid Commission.

Victoria Higsby, Boehmher Award, Social & Behavioral Sciences Scholarship—University of Northern Iowa, National Merit Finalist, KWHL Best of the Class, State of Iowa Scholar—Iowa College Aid Commission.

Shawnequa Kimbrough, Hawkeye Community College Superintendent's Grant Award.

Andy Liao, Special Service Award, Kenneth G. Meyerhoff Memorial Scholarship, State of Iowa Scholar—Iowa College Aid Commission, Academic Recognition Scholarship & Music Scholarship—Iowa State University, Music Scholarship—University of Iowa, Academic Achievement Scholarship, Jobst Scholarship, Music Award—University of Illinois, Urbana-Champaign, Honors Division Scholarship, Faculty Award Indiana University—Bloomington, Iowa Center of the Arts Scholarship—University of Iowa.

Robert Mallinger, Youth Appreciation Day Representative—Waterloo Optimist Club.

Ryan McCabe, DAR Good Citizenship Award, Bernie Saggau Award, Athletic Scholarship—Morningside College, Athletic Scholarship—Winona State, Leadership Award—Mount St. Clare College.

Alicia Mercado, Malcolm & Mary Day Price Memorial Scholarship Award, Outstanding Spanish Student Four Year Award, Iowa Minority Academic Grant—University of Iowa.

Rebecca Moon, Malcolm & Mary Day Price Memorial Scholarship Award, National Young Leaders Scholar, Scholarship—University of North Carolina, Presidential Scholarship—Luther College.

Seth Nieman, Scholarship Grant—University of Iowa, Scholarship Grant—University of Northern Iowa.

Glee Nordquist, Kenneth G. Butzier Scholarship.

Melinda (Mindy) Pedersen, Volleyball Scholarship—Kirkwood Community College.

Michael Poe, American Citizenship Award—Presented by the Iowa Bar Association.

Brandon Sears, Freshman Achievement Scholarship Award—University of Northern Iowa, Educational Communications Award—Educational Communications Scholarship Foundation, Youth of the Month Award—Cedar Falls Exchange Club, Iowa Asian Achievement Scholarship, Sam Walton Foundation Scholarship—Wal-Mart Foundation.

Ryan Smiley, Hawkeye Community College Superintendent's Grant Award.

Kelli Smith, Presidential Scholarship—Wartburg College, Resident Scholar Award—University of Northern Iowa.

Justin Staker, Dwight Curtis Memorial Award, Alumni Scholarship—Lawrence University, Wisconsin, Cornell College Scholarship, N.E. Missouri State Scholarship, All-State Academic Football.

Lance Stater, R. J. McElroy Scholarship.

Maggie Struck, Department of Teaching Scholarship Award, Young Leaders in Action, Iowa Teen Leadership Program, Mother Moon Service Scholarship—Cedar Valley, Academic and Dean's Scholarship—University of St. Thomas, Florence Warnock Scholarship Finalist—First Presbyterian Church—Waterloo, Kiwanian Academic Honors—Cedar Falls Kiwanis.

Patricia Wood, Howard VanderBeek Writing Award, Youth Appreciation Day Representative—Waterloo Optimist Club.
"Maybe Andy will give us a ride in his Mercedes at your 25th reunion. Unfortunately I'll be 88 ... & may not fully appreciate it."—Dr. John Tarr

HE DIDN'T FORGET ANYONE

Holding onto the future & the past
Clutching diplomas and carnations, longtime friends Kelly Smith and Maggie Struck embrace after Commencement outside Lang Hall on the UNI campus.

The individual touch
It includes a bright red message to his mom and appropriately enough, a springy, metal model of a tennis player. Graduate Nick Baade displays his spruced up mortarboard after Commencement.

Afemee lover!
"If the rumor is true that Penny Hardaway may quit playing professional basketball and become a monk, you will need a contingency retirement plan." Raylesha Burton laughs at Dr. Tarr's remarks.

Graduation haircut
Laughing through her tears, sophomore Beth Koch watches Lynsey Bolin check out Debarshi Das' new haircut. Debarshi's hair went through many stages—from frizzy-huge to this summer do.
Congratulations!
Receiving his diploma from Dr. Linda Fernandez is Kris Bolhuis. Kris will spend the summer in Cedar Falls and then head off to the U. S. Navy's Great Lakes Training Center near Chicago.

"For a friend"
Setting just the right tone, Stephanie Bastron started the afternoon off by singing "For a Friend" accompanied by NU alum Zachary Nielsen. Stephanie earned a Special Service Award for her music contributions.

Hilyard and Hall, Inc.
With diplomas securely in hand, Christopher James Hilyard and Nick Hall head to Maucker Union for the reception for graduates. Chris and Nick are not only long-time friends; they are cousins.

One last laugh
Sharing one more laugh with Commencement speaker John Tarr are Adam Wittmayer and Debarshi Das. "If Wittmayer had a split personality, would it be a half-wit Mayer?"
FREE ESTIMATES
ALL WORK GUARANTEED

CRAIG'S VAC SHOP
(NEXT TO COLOR TILE)
SALES - SERVICE
ALL MAKES

6134 UNIVERSITY
CEDAR FALLS, IA 50613
PH. OR FAX (319) 266-0105

John Nicholas,
Remember the past and learn
from it.
Try to relish each moment
every day and appreciate it.
Look to the future and
choose wisely with a caring
heart and open mind.
But always hold fast to your
spirit and let it guide your
steps through life.
And remember we'll be be­
hind you whatever path you
journey down.
Dad, Mom, & Josh

You have always been very special
to us. We have shared your growth
from the innocent pleasures of early
childhood to the complexities of
young adulthood. We look with
hopeful expectations to the future
with love, pride and joy, for we
know the kind of caring person you
really are.
Love, Mom and Dad

Aren't you glad Mommy didn't
name you Gregory?—Dave
You used to cruise with me and say,
"Ooh-la-la." Now you take your
nieces and nephews cruising.—BJ
Remember the song "Keeka
loves you"?—Keeka
See you in Iowa City next fall.—
Deenie

Dear Mark,
We've loved the way
you've always lived
life to its fullest. Go
for it!
Love,
Mom and Dad

Vicky,
You've come a long
way since "One fish,
two fish, red fish, blue
fish!" We're very
proud of you. Keep up
the great work.

Much love,
Mom, Dad, & John

OPEN 24 HOURS

In Cedar Falls...
2025 College Ave.
Phone: 277-7226

- Gasoline
- Dairy
- Bakery
- Sandwiches
- Snacks/Pizza
- Beer/Soda
- Coffee/Cappuccino
- Ice Cream

We're in your neighborhood!

THE RAZOR'S EDGE

Tanning and Hairstyling for Men & Women
2211 College Street Phone 268-1682

110 Sr. Salutes/Ads
Kris,

When you took your first steps of life, you were not slow or cautious. You did not look for anyone’s approval. You ran full speed across the room with complete confidence in your ability to do so. Now that you are taking your first steps into life, we hope that you’ll again go full speed with complete confidence without needing anyone’s approval. But you do need to be cautious now.

Always be true to yourself and happy in life.
FULL SPEED AHEAD!
Love always,
Mom, Dad, Rhonda

Glee:
You have been smiling since the day you were born.
Keep believing in yourself and others.
You are a very important person in our lives. Thanks for being such a great son.
Love,
Mom and Dad

Seasons with Sergio
Iowa cornfields, wishing upon a shooting star, catching the big one on the Mississippi, football kicker, the Homecoming dance, your 15th birthday, carving pumpkins on Halloween, Thanksgiving leaves of yellow and brown, Christmas snow, decorating the tree, Disney World, EPCOT, and swimming with the manatees. Happy New Year. It’s 1996! Philadelphia’s record-setting snow, Minneapolis, AAU soccer at the Iowa Games, and the Panther men’s swim team. Valentine’s Day. St. Patrick’s Day, SPRING BREAK IN CANCUN, Easter’s brightly colored eggs, Chicago trip with NU friends, PR’s for track, off to Prom in a tux, marching in at Graduation! Every day was a celebration having you in our home. The laughter, smiles, BIC brother, and only son will always remain in our hearts.
With love, Family Sawyer. Mom, Bob, Lacey and Linzie
Dear Molly,

You've filled our lives with a special joy! Watching you grow from the precious little girl you were into the sensitive young woman you are today has been our greatest pleasure. You have many things to accomplish in your life and we have no doubt you will succeed in all of them.

We love you,
Mom, Dad & Nate

SCHEELS SPORTS
HAS IT ALL... FOR
TEAM, INDIVIDUAL
& FAMILY SPORTS

- Sports Shoes
- Sports Clothing
- Guns
- Tennis
- Reloading
- Camping
- Golf
- Roller Blades
- Fishing
- Snow Skis
- Archery
- Basketball
- Water Skis
- Hockey
- Skates
- Ski Clothing

Call 277-3033
Black Hawk Village
Cedar Falls

Call 234-7534
2060 Crossroads Blvd
Waterloo

Raylesha,
R is for radiant, beauty that's rare.
A is for angel, generous and fair.
Y is for you, so talented and smart.
L is for lovely, such a joyful sweetheart.
E is for excelling in all that you do.
S is for sunny, such joy in you.
H is for happiness, a gift from above.
A is for affectionate, precious and loved.

We are so proud of you. We love you and pray that God touches everything you do.

Love
Your Family

Pati——

You have brought so much sunshine to our lives with your laughter and songs. The world has been a better place because of you. Our best wishes and love will go with you always.

Love,
Mom & Dad

NORWEST STUDE NT LOAN CENTER

The answer to all your student loan questions is right in your living room.

Student Loans
Find Out How. Find Out Now.
1-800-658-3567

NORWEST BANKS
Member FDIC • Equal Opportunity Lender
Stephanie,

Since you were born, you have brought me happiness. Your smile and encouraging words have meant a lot. Through the years I've tried to be a good role model for you, but as I look back, it is you who has been a role model for me. You have so many gifts to share with the world. You will truly make a difference. Continue being a light for the Lord, and strive for your goals. There's no doubt in my mind you will accomplish what you set your heart to do. Remember I'll always be here for you. I love you, sis!

Love, Timmy

My dearest Stephanie,

Never did I realize when I looked at that beautiful baby girl in the mirror that she would grow up so quickly before my eyes and soon be going away to college, but then I guess that is the circle of life. You have given me 18 years of such joy and pride. You are not only my daughter but also my best friend. As you continue your walk through life, may you remain as humble as your beloved grandfather, realize and set your goals, and always follow your dreams wherever they may take you. I hope you know how much I have always loved you, and no matter where I am, or where you are, my love will always go with you.

I love you,
Mom

SOMETHING FOR EVERYONE!

<table>
<thead>
<tr>
<th>26 Years</th>
<th>5 Years</th>
<th>2 Years</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Pepper's</strong></td>
<td></td>
<td><strong>Tally's</strong></td>
</tr>
<tr>
<td>GRILL &amp; SPORTS PUB</td>
<td></td>
<td>GRAND CAFE</td>
</tr>
<tr>
<td>620 E. 18th Cedar Falls 266-9394</td>
<td></td>
<td>4214 University Ave. Cedar Falls 266-1866</td>
</tr>
<tr>
<td>Tenderloins</td>
<td>&quot;Build Your Own&quot; Pasta</td>
<td></td>
</tr>
<tr>
<td>Burgers</td>
<td>Prime Rib</td>
<td></td>
</tr>
<tr>
<td>Pasta</td>
<td>Steaks</td>
<td></td>
</tr>
<tr>
<td>Steaks</td>
<td>Seafood</td>
<td></td>
</tr>
<tr>
<td>Satellite Dish</td>
<td>Party Facilities</td>
<td></td>
</tr>
</tbody>
</table>

*Homemade Pizza Sandwiches Lasagna Chili & More* *Delivery Available*
Dear Becca Rae,

It has been our distinct pleasure to share in your life. We have loved every minute of it, especially our special family times.

We love you much and always,

Dad, Mom, & Keely

Becca,

You are a great sister. I will always remember the special moments we have shared. Thanks for always taking care of me and for driving me all over the place.

Love you forever,
Keely
Creative Looks

- NO SET UP FEES -
- NO ART FEES -

T-SHIRTS
SWEATSHIRTS
SHORTS
LONG SLEEVED T
BANDANNAS
BAGS

UNIFORMS
POLO SHIRTS
CAPS
GOLF TOWELS
MESH SHORTS
JACKETS

AND MUCH MORE

(319)277-8133

Dave J. Smith
OWNER

CALL US FOR ALL YOUR CUSTOM SCREEN PRINTING NEEDS.
Congratulations, Adam!
You have brought such joy to our family.
The best of luck to you in the future.
Mom, Dad, and Troy

Dearest Kelly,
You’ve been a blessing from the start.
We love you with all our hearts.
Mom, Dad, & Joe

Ryan,
"To enjoy your work and to accept your lot in life—that is indeed a gift from God. The person who does that will not need to look back with sorrow on his past, for God gives him joy.”
Ecc. 5:19,10
You have given us such joy, and we feel very blessed to have watched you grow up to be the remarkable young man you are today. We are very proud of you, Ryan. Good luck in all you strive for.
Love, Mom and Dad

LUGGAGE, ATTACHES, HANDBAGS
SMALL LEATHER GOODS, GIFTS

MIKE THOMPSON
MANAGER

COLLEGE SQUARE MALL
CEDAR FALLS, IA 50613
PHONE (319) 277-4100

The EyeCare Associates
PAUL T. CREEDEN, O.D.
THERAPEUTICALLY LICENSED OPTOMETRIST
1001 W 23rd Street Cedar Falls, Iowa 50613
(319) 266-3456 • Fax (319) 268-1327

GUYS·n·DOLLS
hair fashions
3217 CEDAR HEIGHTS DR.
CEDAR FALLS, IOWA 50613
PHONE 277 6698
Sam,
For the joys and the laughter,
the frowns and the groans,
Your love of life and people,
animals, books, and history,
Memories of long
philosophical talks and
sports commentaries,
forever etched in our
memories.
As you follow the path open
before you, know that
you were loved before birth
and beyond eternity.
Dad, Mom, & Grandparents

Nam (Sam),
When we were younger, I was
always following in your
footsteps and wanting to
do everything you did.
You were forever defending
me from anyone that dared
insult your baby sister,
Gawa. You’ve always been
willing to give up everything
or do anything for me. I
know I haven’t always said
thank-you. But I am grateful
for every moment we’ve
shared.
Having you as my big brother
means the world to me. I love
you.
—Sarah

Barnes
Kitchen Interiors
Div. of Barnes Builders Supply
2120 MAIN ST
CEDAR FALLS, IA 50613
FAX (319) 277-0231

(319) 277-1477

FETTUCCINE
We speak Italian!
THE BROWN BOTTLE

Sr. Salutes/Ads 117
Dear Alicia,

We have been so proud of you each day of your life. You always light up our hearts, and we are certain you will succeed in whatever you strive for. Your strength and convictions will continue to help you over life's hurdles.

God bless you, dear, and keep the faith.

Love,
Mom, Dad, and Javier

Alicia,

I can't believe you're going away to college already. Everything has gone so fast.

Thanks for being such a great big sister. We have always gotten along so well.

Good luck in whatever you do! I'll miss you.

"No one cares how much you know until they know how much you care."—Philippians 2:3

Love ya, Jav

Dennis Koch
Your first steps were taken with determination and with confidence. They were the beginning of a journey filled with love and radiance. You have blessed our lives and home, and in adversity, your integrity and faith have shone. As you continue on your journey, as we all know you must, walk always as you have, in faith, love, and trust. We are proud of you, Lindsay. All my love, Mom

Enjoy your journeys.

With best wishes,
Dr. Robert & Sue Ellen Savereide

"I left the woods for as good a reason as I went there. Perhaps it seemed to me that I had several more lives to live, and could not spare any more time for that one. It is remarkable how easily and insensibly we fall into a particular route, and make a beaten track for ourselves. ... The surface of the earth is soft and impressible by the feet of men; and so with the paths which the mind travels. How worn and dusty, then, must be the highways of the world, how deep the ruts of tradition and conformity! I did not wish to take a cabin passage, but rather to go before the mast and on the deck of the world, for there I could best see the moonlight amid the mountains."

—Henry David Thoreau in Walden
On behalf of his son, Ken Alberts presents a check for $30,000 to Activities Director Paul Waack at "Field House of Dreams." Trev Alberts, NUHS '89, was unable to make the presentation of his gift for weight room equipment in person because the Colts were in the AFC championship, but he spoke to the crowd assembled for the dedication from a television studio in Indianapolis.

JOIN THE ORGANIZATION THAT:
* Hosts picnic and annual meeting during Sturgis Falls
* Hosts fall banquet
* Provides class reunion assistance
* Maintains current address database
* Publishes two newsletters per year
* Funds curriculum development, research and experimentation, and student activity programs
* Keeps you in touch and involved in the progress and success of Price Lab.

To become a part of the Alumni and Friends of Price Laboratory School (AFPLS), contact the Price Lab director's office at 273-6136.
DAN,
Our best to you always—for your hopes, dreams, and ambitions. Loving you from the first time we saw you.
Love,
Mom, Dad & Lynsey
P.S. Regardless of the name you gave me. "Strawberry Shortcake"

Justin,
We'll always see the three s's in your success as standing for the Sun, the Sea, and Sailing. Try to remember that when sailing into a prevailing wind, you will need to "tack" the course. In life, as in sailing, a successful journey will not always mean you will travel in a straight line. Here's hoping you have a smooth sail and a happy voyage.
Your family

Michael . . .
It's been a joy having you as our son and brother. You have worked hard and accomplished much in your life.

We wish you true happiness and success in the future. You are ready to move on and begin a new chapter. God bless you every step of the way.

Love . . .
Mom, Dad, Theresa, Matthew

Thanks for the memories, Luke.

We're looking forward to many, many more.

Our love and respect,

Mom, Dad, Kate

Congratulations,

NU High, on a successful athletic year.

The Poe Family
Janene,
Remember life is a struggle and you always have to work hard for what you want. It just ain't easy.
You've brought all of us great joy and pleasures.
Keep pursuing your dreams and you will find success and happiness.
Love, Mom & Dad

Janene,
We have had our good times and bad, but we'll always remember the fun times that we've had.
Love,
Jared, Janelle & Jillian

Dear Mike,
Name the soft, pink, gaseous planet where Lando lives.
Oops! We don't remember either!
Here's to never ending games of Star Wars trivia. Thanks for the memories.
Love always,
Kristina, Beth, Rachel,
Mom & Dad

Brooke,
Congratulations! We're all so proud of you!
Love, xoxoxo
Regan, Lexie & Brie
Mom & Dad

Special Thanks
Deb Mulligan
Jostens Representative
Lattin Photography
Parents & Teachers in Partnership
Booster Club
Class of 1996
Rick Vanderwall, Sponsor
Walden Photo
Jeff Martin
UNI Public Relations
Valerie Sarenpa
Language Arts Dept. Secretary

'96 Panther
Editor-in-Chief
Michael Poe
Photography Editor
Mike Wilson
Layout & Design Editor
Bryce Weber
Sports Editor
Janene Doddema
Academics Editor
Mike Koch
Student Life Editor
Sarah Bailey
Performing Arts Editor
Lynsey Bolin
People Editor
Jessica Galehouse
Magazine Editor
Brooke Penaluna
Marketing Editor
Sarah Buck
Photographers
Chastity Richmond, Tom Vanderwall, Mike Wilson
Copy Writers
Megan Curtis, Noah Johnson Nick Lyons, Jill Oleson, Maggie Struck, Lindsay Wood
Ad Sellers
Stephanie Bastron, Amy Dow, Ryan Grimes, Keely Moon
Assistant Adviser
Taunya Robertson
Adviser
Sue Savereide

Colophon
The 1996 Panther is a 128-page book published by Jostens Publishing Co. in Visalia, California. The book is printed on 7 3/4 x 10 1/2 80-pound gloss paper with 15 pages of color. Most copy is 8-point Palatino. The cover is process color litho with gloss lamination. The cover mascot is silk screen applied in rich red and black. The floor board is an actual photo taken by Mike Wilson.
Jackson, Lindsay 27, 26, 57
Jacobson, Brad 22, 24, 44, 45, 61, 86, 77, 102, 103
Janssen, Alicia 1, 4, 20, 43, 56, 57, 93
Janssen, Mike 61, 86
Janssen, Nora 31
Jirak, Kurt 58, 59
Johnson, Audra 20, 84, 85, 92, 101
Johnson, Noah 27, 29, 38, 40, 44, 45, 47, 77, 122
Jones, Anton 42, 45, 86
Kamienski, Leah 20, 69, 74, 84, 85, 101, 126
Kane, Lindsey 20, 43, 57, 70, 7
Keller, Tom 31
Kendall, Elizabeth 27
Kettner, Terry 31
Kettner, Dennis 31, 57, 65, 74
Kettner, Natalie 56, 57
Kettner, Vanessa 24, 39, 42, 43, 45, 56, 57, 69, 85, 102, 126
Kimbrough, Demetrius 28, 61, 86, 93
Kimbrough, Shawneequa 8, 107
Knivsland, Rick 30, 31
Knutson, Brent 28, 61, 86
Knutson, Kim 20, 47, 57, 69, 71, 96
Knutson, Mark 90
Koch, Beth 22, 24, 45, 66, 78, 79, 108
Koch, Mike 4, 8, 12, 17, 43, 73, 86, 90, 104, 122
Kolar, Julie 28, 56
Kramer, Michael 28, 45
Krufer, Jason 27, 29, 45
Kruger, Mya 8, 12, 88, 90
Kuecker, Darren 77
Kueker, Roger 31
Kuhn, Kendra 27, 28
LaMendola, Teresa 6, 25
Lee, Bob 30, 31, 54, 62, 86
Lewis, Eric 19, 20, 48, 62
Liao, Andy 8, 12, 42, 44, 45, 80, 98, 101, 106, 107
Liao, Ed 24, 35, 42, 44, 45, 81
Lieder, Emily 24, 34, 36, 39, 41, 43, 44, 66
Loenser, Nathan 20, 45, 58, 61, 73, 100, 101
Lubker, Disa 24, 43, 64, 85
Lyons, Nick 20, 45, 58, 59, 61, 77, 87, 90, 100, 101, 122, 128
Madelo, Ana 25, 45, 46, 47, 81
Nadler, Ben 28, 45, 86
Nash, Jessica 27, 28, 94, 95
Neavins, Jessica 65
Nees, Nicole 25
Nergard, Becky 24
Nichols, Doug 32, 47
Nichols, Jared 48
Nielsen, Ross 7
Nieman, Danice 69
Nienkark, Adam 28, 61, 86
Nordquist, Anne 32
Nordquist, Glee 13, 43, 44, 45, 76, 77, 107, 111
Oaks, Kathy 32
Ockenga, Earl 32
O'Dell, Bill 32
Oleson, Jill 28, 43, 45, 78, 122, 128
Oleson, Lindsay 13, 71, 96, 99, 119
Olson, Dody 32
Olson, Eric 4, 20, 58, 61, 72, 7
Ostby, Joe 22, 24, 45
Ostby, Katie 8, 14, 45, 71, 106
Ostby, Leah 3, 8, 9, 14, 43, 55, 69, 71, 96, 105,
Pedersen, Bonnie 5, 25, 37, 39, 41, 43, 45, 54, 56, 57, 66, 67, 84, 85
Pedersen, Melinda 8, 9, 14, 68, 69, 74, 78, 79, 91, 97, 107, 127
Penaluna, Brooke 14, 17, 54, 66, 67, 85, 91, 92, 100, 101, 106, 122, 128
Penaluna, Lexie 28, 57, 66, 85
Phipps, Jamie 17, 20, 39, 57, 69, 74, 85, 92, 101, 126
Phipps, Kellie 56, 70
Phipps, Neil 32, 61, 85
Pitcher, Craig 78, 79
Podolefsky, Isaac 4, 21, 70
Poe, Michael 4, 9, 14, 17, 43, 61, 107, 122, 128
Poock, Matt 77
Potter, Laurie 27, 28, 45, 78
Potter, Stephanie 21, 71
Primrose, Dean 30, 32
Pruess, Eric 28, 81
Puetz, Kevin 7, 28, 43, 44, 45
Quagg, Will 29, 61
Rainey, Andrae 7, 19, 21, 45, 71, 73, 86
Rainey, Portia 29
Rajendran, Hari 21, 46, 47, 80, 81
Ramos, Ana 14, 85, 91
Renfro, Linda 4, 32, 34, 43
Richmond, Chastity 25, 46, 47, 94, 95, 122, 128
Richter, Briana 29
Riehle, Joe 5, 21, 48,
Robertson, Taunya 122, 128
Robinson, Victoria 17, 32, 101
Roelfs, Shayna 65
Rogers, Brian 29, 40, 42, 45, 77, 81
Rogge, Brooke 54, 66, 67
Rugarber, Jim 32, 94
Rundall, Shane 3, 21, 60, 61, 71, 72, 73, 86, 87, 91
Salyer, Glenda 32
Sangha, Arash 25, 46, 47, 81
Sarenpa, Valerie 32, 122
Satterlee, Brian 25
Saul, Judd 25, 61
Sawyer, Josh 22, 25, 62, 86, 88, 90
Schacterle, Jessica 25, 34, 36, 38, 43, 45, 102, 103
Schichtman, Angie 56, 57
Schmidt, Tyler 22, 25, 44, 45, 62, 76, 77, 86
Schoeman, Isaiah 58
Schomaker, Bev 32
Schuller, Melanie 21
Sears, Brandon 14, 101, 106, 107
Sells, Holly 21, 35, 42, 45
Sexton, Tim 29
Sinclair, Tom 86
Slinker, Katie 25, 45
Smiley, Ryan 14, 61, 86, 91, 107
Smith, Dave 58, 59
Smith, Elizabeth 14, 17, 66
Smith, Joe 29, 81
Smith, Kelly 9, 15, 17, 68, 69, 74, 75, 84, 85, 91, 96, 101, 106, 107, 108, 116, 127,
Smith, Lori 17, 32, 74,

77, 93

75

Smith, Michele 33
Spain, Geoffrey 27, 29, 62, 81, 94, 95
Staebell, Jake 25, 58, 61
Staker, Justin 15, 16, 60, 61, 86, 97, 101, 106, 107, 121
Stambaugh, Sarah 27, 29
Stater, Kate 64
Stater, Luke 4, 9, 15, 60, 61, 72, 73, 86, 105, 107, 121
Steifen, Mike 58, 59
Steifen, Trace 58
Stockberger, Tina 57
Stockdale, Justin 80, 81
Stoltz, Jeff 61
Stone, Alex 6
Stone, Andrew 5, 6
Stone, Catherine 6, 7
Stone, Jody 6, 33
Stone, Ted 6
Struck, Maggie 7, 9, 15, 16, 43, 66, 85, 106, 107, 108, 119, 122, 126, 128
Sweigert, Jim 33, 102
Tarr, John 33, 101, 108, 109
Taylor, Sehee 29, 45, 85
Taylor, Lois 33
Thoman, Jeremy 29, 45
Thulstrup, Angela 25, 43, 47, 85
Timmins, Adam 25, 62, 86
Timson, Fred 86
Uhl-Carper, Janessa 21
Upham, Leonard 33, 35, 44, 45

Vanderwall, Libby 39
Vanderwall, Peter 21, 62, 77, 102
Vanderwall, Rick 33, 89, 122

Vanderwall, Tom 29, 122
VanHauen, Jeremy 29
VanHauen, John 25
Vargas, Marjorie 33
Verly, John 69
Vowell, Judy 33

Waack, Paul 33, 72, 120
Wagner, Cory 29
Wand, Cletus 5
Washington, Ethel 94
Washington, Valerie 29, 45, 94, 95
Wayne, Curtis 77
Weber, Bryce 19, 21, 35, 36, 39, 41, 42, 43, 44, 45, 47, 53, 62, 63, 86, 122, 128
Weber, Lee 30, 33, 84
Wertz, Stacey 21, 54, 66, 67
Western, Adam 7, 21, 61, 73, 94, 95
Westin, Adam 7, 21, 61, 73, 94, 95

Wittmayer, Adam 9, 15, 81, 99, 102, 103, 109
Wittmayer, Marta 25
Wood, Lindsay 25, 53, 103, 122, 128
Wood, Patricia 15, 37, 43, 51, 101, 105, 106, 107, 112
Wright, Justin 29, 44, 45, 61, 81, 94, 95
Young, Chyone 94
Zeitz, Leigh 33
"Please don't go, girl!"
At the very end of Prom, with no one else in the room except the DJ's, these diehard fans of New Kids on the Block — Jamie Phipps, Leah Kamienski, Maggie Struck, Vanessa Kettner — lip sync on the stage of the Cedar Falls Woman's Club. Determined to "keep them alive," the four get together at least once a month to watch concert videos and reminisce about the good old days when the New Kids ("the best band there ever was") were hot on the charts.
Realizing it’s over
Walking off the court at Regional Finals, seniors Kelly Smith, Mindy Pedersen and Janene Doddema react to their last game as NU Panthers. The three played together for NU six years, but Eldora-NP (eventual 1995 state champs) dashed their dream.

Rain or shine
On a cold and wet and nearly dark Friday, Photography Editor Mike Wilson was on duty at the Aldrich Relays to capture the action for the pages of the 1996 Panther with the new camera donated by the NU Booster Club to the yearbook staff.

Just a kid at heart
With the tennis season over and the end of his days at NU in sight, senior Debarshi Das relaxes with teammates at the tennis banquet. Chuck E. Cheese’s was the place and sliding was the game for this top-seeded player and four-year letterman.
The chief’s on top
Maybe it's appropriate that on the day of the yearbook staff picture, all of the elementary kids came streaming into Nielsen Field House for recess because of rainy weather. They were coming out of the woodwork, and the photographer caught it all.

As editor-in-chief, I want to thank some people who made this book happen: the yearbook staff, who gave up weekend mornings and afternoons; Sue Ellen Savereide, our faculty adviser (Without her, there would be no book.); Bryce Weber, the man who came up with the theme; Taunya Robertson, who did so much of the "busy work"; Mike Wilson, the man who worked his camera magic; Deb Mulligan, Jostens representative. Most of all, I want to thank the students of NU High. Because of your diversity and yet unique harmony, we had a lot with which to work as we created this great yearbook.