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ISSO Weekly Newsletter, October 17, 2014

University of Northern Iowa. International Students and Scholars Office.

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ISSO Weekly Newsletter October 17

Mall of America Trip Sign Up Starts TODAY!

On Saturday, November 15, ISSO will be taking a trip to the Mall of America (<http://www.mallofamerica.com/>) in Bloomington, Minnesota. The bus will be leaving from Wisconsin Street behind Maucker Union at 7:30 am and returning at approximately 8 pm. Total cost of the trip is \$10 per student for transportation. Lunch may be purchased on your own. Come to the ISSO Office (113 Maucker Union) to sign up. Please bring \$10 cash (exact change) when signing up. This is a great opportunity to shop, ride rides, view attractions, and hang out with friends. Sign up begins TODAY!

Ethnic Food Celebration - Scottish Cuisine

On Tuesday, October 21, ISSO will be hosting an Ethnic Food Celebration at 6 pm in the Center for Multicultural Education (CME) in Maucker Union. Stop by to sample some FREE traditional foods from Scotland.

CIEP Chicago Trip November 1-2

The Culture and Intensive English program is sponsoring a trip to Chicago the weekend of November 1-2. This trip is open to ALL international students. Cost of the trip is \$78 per person. This cost includes: bus transportation, lodging, and breakfast on Sunday. All other expenses are your responsibility. This trip allows for a lot of free time for students to explore Chicago. If you are interested in attending the trip, sign up ASAP in the CIEP office located in 3025 Bartlett Hall.

Hiring Peer Mentors for Spring 2015 Orientation

Are you interested in helping new international students upon their arrival at UNI? Do you like working with a diverse group of students? Apply today to be a peer mentor for the International Students and Scholars Office Spring 2015 New International Student Orientation. Applications are due November 7. Job description and application forms can be found [here](#).

Where do we come from? Nuestras Raices Cultural Event October 17 - Location Change

Where do we come from? Nuestras Raices Cultural Event will be held on Friday, October 17 from 5-7:30 pm at the Wesley Foundation, 2422 College St, Cedar Falls. This event will be a collaboration of the Latino students on campus. The students will present/represent something typical from their own country, dance, music, art, etc.

MMR Academic Holds

The Student Health Clinic has put academic holds on all student accounts for those students who have not received two mumps, measles, and rubella (MMR) vaccines. This hold will restrict your ability to register for any spring courses. To check if you have an MMR hold, log into your MyUNIverse page. The hold will be removed when you have received both MMR vaccines. To schedule an appointment, contact the Student Health Clinic at [319-273-2009](tel:319-273-2009) or stop into the Student Health Clinic office.

Read & Write GOLD Workshop October 23

Student Disability Services will offer a hands-on workshop demonstrating how to use Read & Write GOLD, a software program that assists with reading and writing. This program is very beneficial for international students. The hour-long event will be at 9:15 am, Thursday, October 23, in 102 SAB. E-mail brittany.warren@uni.edu to RSVP.

Saudi Healthy Eating Event October 25

It is great when you get a chance to meet Saudi students and try new recipes. Fatimah Alrubh, Jacque Bilyeu-Holmes and Monica Chaves will present this Saudi event on Saturday, October 25 from 1-2 pm in Central Ballroom A of Maucker Union. There will be fun and games. There will be a demo of two dishes - red lentil with squash and date balls. Please don't forget to invite your friends and family.

Optional Practical Training (OPT) for Eligible F-1 Students

If you have an F-1 visa and you are planning to graduate in December 2014, now is the time to think about applying for Optional Practical Training as you are probably eligible for this 12 month period of employment authorization within the U.S. See our website for more information on OPT [here](#). You may also go ahead and schedule an application appointment with the Immigration and Visa Coordinator if you are ready to submit your application or if you have questions. Contact the Immigration and Visa Coordinator Ross Schupbach at Ross.Schupbach@uni.edu for questions.

UNI On-Campus Break Meal Options

As a convenience for those living on-campus over academic breaks, UNI dining will provide a food option for 3 meals per day during the time that a dining center and retail dining operations are not open on-campus. The option(s) provided will be based on the number of students signed up. Options could include opening a dining center, opening a retail operation, providing sack meals to halls, providing transportation and meals at local restaurants (will have a purchase limit) or groceries to make your own meals. Your U-bill will be charged a daily rate of \$28.45 for each day you request meals. Sign up deadlines are November 10 for Thanksgiving Break and December 1 for Winter Break. UNI On-Campus Break Meal Option can be found [here](#) and the UNI On-Campus Winter Holiday Meal Option can be found [here](#).

International Student Profile Feature

The International Students and Scholars Office is excited to feature a new international student profile each week. To be featured, please submit the form found [here](#).

Like and Follow Us!

Like us on [Facebook](#) here and follow us on [Twitter](#) to stay informed about ISSO news and events!

ISSO Office Hours

ISSO office hours are 8:00 a.m. to 5:00 p.m. Monday through Friday.

ISSO - Enhancing International Experiences

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International Students and Scholars Office

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Regular office hours 8:00 a.m. to 5:00 p.m.

Summer office hours 7:30 a.m. to 4:30 p.m.

The University of Northern Iowa provides transformative learning experiences that inspire students to embrace challenge, engage in critical inquiry and creative thought, and contribute to society.