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ISSO Weekly Newsletter

International Students and Scholars Office

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ISSO Weekly Newsletter, February 6, 2015

University of Northern Iowa. International Students and Scholars Office.

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ISSO Weekly Newsletter February 6

Sundown Skiing/Snowboarding Trip

On Saturday, February 7, ISSO will be taking a trip to Sundown Resort Mountain (http://sundownmtn.com/) in Dubuque, Iowa. The bus will be leaving from Wisconsin Street behind Maucker Union at 7:30 am and returning at approximately 6 pm. Total cost of the trip is \$73. This includes \$10 for transportation and \$63 for the skiing fee (includes: lift ticket, gear rental, and lesson). Lunch may be purchased on your own. Come to ISSO (Maucker Union 113) to sign up. Please bring exact change when signing up. This is a great opportunity to try your hand at skiing or snowboarding and to hang out with friends. This trip is for all international students, regardless of your level of ability.

Ethnic Food Celebration - Brazilian Cuisine February 19

On Thursday, February 19, ISSO will be hosting an Ethnic Food Celebration at 6 pm in the Center for Multicultural Education in Maucker Union. Stop by to sample some FREE traditional food from Brazil.

February's Student Health 101 is Now Available

February's Student Health 101 is now available. Some of the great articles in this issue are: Your Path to Fitness, How (and why) to get that Internship and Nutrition Decoded. You can read the newsletter <u>here</u>.

Salsa, Swing and Other Things Dance Fundraiser TOMORROW February 7

Salsa, Swing and Other Things Dance Fundraiser for the Northern Iowa Wishmakers will be held on Saturday, February 7 at the Wesley Foundation, 2422 College St., from 7:00-10:30 pm. See the attached flyer for more details.

Live Like a Student Sessions

Live Like a Student sessions are back for the month of February. These free three week courses (non-credit) will allow students to explore the concepts of personal budgeting, financial aid, credit and credit cards, and identity protection. Courses are offered at a variety of times, beginning February 9 through February 26 in Rod Library, Room 324. In addition to learning about aspects of personal finance, students will receive a Live Like a Student t-shirt as well as the chance to win a \$500 scholarship. Workshops are also offered on the individual topics covered within the Live Like a Student Sessions. This is a great opportunity for you to choose which topic(s) you are interested in learning about this month, as each week in February will focus on a different one. Space is limited, so register today for Live Like a Student or the individual workshops <u>here</u>.

Van for Sale

2003 Pontiac Montana Extended Van - well maintained, exceptionally clean, runs great. This van is loaded - lots of options such as: dual power leather seats, heated driver's seat, 4 bucket seats and 7 passenger seating, DVD system, power side doors, privacy glass, ABS and traction control, new battery, Michelin tires in good condition, and 3 keys (two remotes and one spare). Runs great, 225,000 miles, hit a deer in November 2012 and bought vehicle back from insurance company as we liked this vehicle. Vehicle was repaired - looks great and can't tell it was in accident. Pin welds are rusty. \$2900 or best offer. Call <u>319-230-2807</u>.

International Student Profile Feature

The International Students and Scholars Office is excited to feature a new international student profile each week. To be featured, please submit the form found <u>here</u>.

Like and Follow Us!

Like us on <u>Facebook</u> and follow us on <u>Twitter</u> to stay informed about ISSO news and events!

ISSO Office Hours

ISSO office hours are 8:00 a.m. to 5:00 p.m. Monday through Friday.

ISSO - Enhancing International Experiences

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