a new level
everything is relevant

Originally chosen to encompass the newest changes on campus, a new level evolved into a deeper meaning—a more personal one. So while on the surface, UNI emerged at a new level, on a more personal note, students ascend to new levels daily. Choices bombard us, forcing us to make decisions, to cast stones into the still pond that is our lives. Like the ripples of water created by those stones, so too do our decisions, however great or small, affect our lives and the lives of those around us irreversibly. It is within this realm that we have sought to focus this 81st volume of the Old Gold.
Volume 81

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the information you need is all around you
"... decisions made by each of us, no matter how seemingly insignificant, had a greater, farther-extending influence."
For some it was monumental, a plunge into the unknown. For others, it was simply a progression, a set prescription towards a desired outcome. Regardless, when we packed up our cars, waved goodbye to our friends and families and began the journey that brought us to campus, we had made a choice—a choice that catapulted us irreversibly on to a new level in our lives.

A well-traveled course, the path between Gilchrist and Baker provides students with a scenic route to and from class. Throughout campus, these concrete walkways also served as paths for bikers, bladers and runners.
Selecting UNI was just the first of a myriad of choices we encountered as the year progressed. Options surrounded us, called on us to take stands and forced us to make decisions. At the closest level, our choices directly impacted us. But on another level, the decisions made by each of us, no matter how seemingly insignificant, had a greater, farther-extending influence.
"Selecting UNI was just the first of a myriad of choices we encountered."

Like the concentric rings generated by a single stone cast into still water, so too did the effects of our decisions spread out to touch many. We did not stand alone casting stones into that still pond of our future.

The ripples created by our own personal decisions found their place among countless others. Sometimes the rings collided and cancelled each other out. Other times, the bands of water united, grew stronger, reached even further. Always, they overlapped.

It was through this individual decision-making, this daily choosing and casting of stones by each of us, that we created a course for our lives, and thus a course for this University during her 120th year.
When first a decision is made and that stone cast, it is the ripple closest to us that is felt first, the one that influences us most directly. Whether we decided not to trek to class when temperatures dropped to record lows for the century in January, opted for a Hardees hamburger instead of dining center grub or chose to hit the books instead of the Hill, our decisions affected our lives daily.
The decisions didn't have to be monumental in scope or size. In reality, few of us confronted life-altering choices on a regular basis. More often, it was the repetition of the little things—those decisions which we made so often they seemed routine—that had the most profound effect on our lives. Making it to the classes that trained us for future careers, joining the clubs that shared our interest and forging the friendships that lasted a lifetime helped to shape our lives and define the persons we became.
CONFORMITY

((10 Student Life))
In the ‘20s they had flappers; in the ‘90s we have rappers. In the ‘30s they had the depression; today we have inflation. In the ‘40s there were war bonds; now there are college loans. The ‘50s was an era of poodle skirts; the ‘90s is an era of guys wearing skirts. In the ‘60s they had hippies; today we have environmentalists. In the ‘70s they had disco; in the ‘90s we have mosh pits. In the ‘80s they had power luncheons; in the ‘90s we have quaint little coffee houses.

This decade also paved the way for rollerblading, extreme sports, Starter jackets and body piercing. Fitness and nutrition also emerged as top priorities on students’ lists, with more and more people watching for “low-fat” and “fat-free” food choices. Alternative music seemed to take over the airwaves and the noise of clicking keyboards as computers “talked” to each other burnt up the phone lines.

One trend that became a mainstream fashion statement was tattooing. Stephanie Sturm, a senior English secondary education major, donned three tattoos. A small blue heart, a Mickey Mouse and a sun decorated Sturm’s body. She also had her belly button pierced.

“I had my heart done my sophomore year and broke up with my boyfriend over it. In July, I got my belly button pierced. I went home for something, and [mom] was like ‘that’s just weird, but I don’t mind because you can take it out,’” Sturm said.
Piercing is no longer just for the ears and underwear is meant to be seen nowadays with the popular "bikini" thong and low riding pants.
Wes Robinson, a senior construction management major, also has several tattoos. *Carpe diem*, Latin for "seize the day" was emblazoned on his left arm, and a wolf howled from his right ankle.

"I always liked the term *carpe diem*, and I am a firm believer in seizing the day," Robinson said of his body art. "I have also always been fascinated by wolves, and I am a real big hunter and an avid outdoorsman, and that's why I got the wolf tattoo."

Erica Herold, sophomore English education major, had 11 holes in her body that were not there when she was born. She had three traditional pierces in the lobe of each ear, two of which were stretched out to hold two gauge eyelets. She also had one conch that went through the middle of her left ear. Her nose, lip and both nipples were also pierced.

"The more I thought about [piercing my nipples] the more I found it intriguing, but I also find it aesthetically beautiful. I mean, I feel it's a personal form of decoration and expression," Herold said.

The popularity of one particular trend was so widespread that even the University offered a course on it: One of the newest personal wellness labs, introduced in the summer of '95, was in-line skating. Students could opt for an eight-week course to learn how to safely do some of the more advanced stunts.

But maybe the largest trend of the '90s was the explosion of cyberspace and Internet technologies and usage. Over 9,000 of UNI's faculty, staff and students had a Cobra account. Some RAs even used Cobra to send important news to their residents instead of posting signs. 

*Top: More and more students made the journey to the Tattoo Factory in Waterloo where tattoo artists and supplies waited to create their next masterpiece. (Photo by Amy Negrete) Second: Whether a sun and moon on their stomach or Greek letters on their ankle, students used tattooing as a form of personal expression. (Photo by Amy Negrete) Third: Students didn't always study in the library; seniors Nicholle Stone and Jayne Curtis chose the atmosphere of Cup of Joe coffee house. (Photo by Shelle Green) Bottom: Computer labs were no longer for typing up last minute reports; students like sophomore Greg Vander Wel used them to surf the net. (Photo by Tammy Booth)*
“UNI, you have the power to educate,” guest speaker Shane Lynch told students in a speech focused on the importance of AIDS/HIV education. AIDS is the number one killer of young people in the United States.
"Information by itself is neither dangerous nor life saving. It's what you do with that information or choose not to do with that information that is going to determine the level of risk in your life," said Shane Lynch, Research Coordinator for the National School Boards Association in Alexandria, Virginia.

In honor of AIDS Awareness Week, Lynch and Sean Sasser, Public Policy Coordinator for the San Francisco-based Health Initiatives for Youth and a guest on MTV's "The Real World," spoke to students about HIV and AIDS.

Sasser and Lynch emphasized the importance of educating young people.

"If we choose not to educate people about HIV/AIDS, then we are choosing to ignore it, and then it can be dangerous," senior Abby Frazee said.

"I think it is very important that everyone know the risks and dangers of HIV/AIDS. I also believe it is important that people understand how to relate interpersonally to people with HIV/AIDS," senior Brad Gehring said.

Sasser explained that unprotected sex, the sharing of hypodermic needles and contact with bodily fluids such as blood are factors which put a person at risk for HIV/AIDS. It is not easy to know if people have HIV/AIDS by looking at them.

"A lot of programs across campus promote condom use and safe sex. Some are subtle, whereas some are more involved such as Condom Olympics," Dancer Hall coordinator Jim Benjamin said.

"I don't think it's obvious, but I'm sure there are people at this campus that have HIV/AIDS. If not on this campus, then the students that attend UNI know people who have HIV/AIDS. I'm sure it affects many students," Frazee said.

"HIV/AIDS affects this campus. However, people are not concerned enough," Gehring said.

Sasser explained that in addition to risky life styles, emotional conditions may put a person at risk for the disease.

"If you are not confident in yourself, then you are at risk also," Sasser said.

"We need to teach our children to be proud of themselves. It's one of the best accomplishments an adult can teach them."

"UNI, you have the power to educate," Lynch said, since many students will be future teachers.

Top: According to a 1995 personal wellness health survey, only 15 percent of UNI students used condoms every time they had sex, which would help protect them from the threat of HIV infection. Middle: A big name is all it takes to draw a big crowd. Sean Sasser, of MTV's "The Real World" fame, waits for his introduction from Shane Lynch, Research Coordinator for the National School Boards Association. Bottom: Eight sections of the AIDS Memorial Quilt were displayed in the Maucker Union Expansion during AIDS Awareness Week.
Increasing Awareness

With the sun shining, the bees buzzing about and the sound of bongos and singing coming in the windows, students sitting in Sabin were bound to be distracted. Outside, students, faculty and passersby gathered in front of the Union to listen to "Waterhouse," a salsa/reggae band from Chicago.

In addition to the band, which was part of a week of events designed to promote diversity, organizations sponsored movies, speakers, panel discussions, demonstrations and workshops.

"We want to try to make everyone aware of culture," said Cathy Pearson, a member of the Ethnic Student Union.

"I like the concept of Diversity Week. However, I feel as though maybe some of the people who do not believe there is a need for awareness are the ones who need it most," Pearson said. "I would like to see it as an ongoing process not for just one week, but throughout the year."

Solomon Barber, a member of the Student Ethnic Promoters agreed. "We want to open awareness to people that anyone can go to college," he said.

Booths by the Union, presentations and speakers provided ample chances for students to get that awareness. "I think Diversity Week is a good idea. It opens my awareness to other cultures and makes me appreciate them more," junior Beth Rognes said.

Students passing by the Union during the week couldn't help but stop and enjoy some food and music. "The ribs and potato salad they were selling by the Union were the best part of the whole week. They were incredible," senior Jeff Pederson said.

Diversity Week was sponsored and coordinated by the multicultural issues committee and the Ethnic Minorities Cultural and Education Center.

Another diversity presentation open to students was "This Is How We Do It," a free fashion and variety show presented by the Ethnic Student Senate. The Nov. 4 show provided a glimpse of some of the ethnic variations in clothing and music.

Top: To honor UNI football player Steve Salinas, who died of cancer in 1995, junior Jim Jimenez and senior Matt Casillas take part in a candlelight vigil. Middle: As part of Diversity Week activities, graduate student Alex Karan and senior Celeste Yeager enjoy lunch and salsa/reggae music in front of the Union. Bottom: Belting out his version of "Freak-n-You," Sean Harrington woo s the audience during "This Is How We Do It," a fashion and variety show held in Lang Hall.
Passersby couldn't help but stop to take in a few minutes of live entertainment performed in front of the Union by Waterhouse, a salsa/reggae band from Chicago.
Raising their glasses for a toast, freshman Seth Nievenhuis and sophomore Kevin O'Neil spend an evening on the Hill, a popular place for students to frequent on the weekends.

Kicking back and listening to live music at Cup of Joe was an increasingly common pastime for students. A local band featured at Cup of Joe was the group Reluctant Lemmings, formerly known as Cule.
The time? 2 a.m. The scene? It's a familiar one. It's people pouring out of the small doorways that mark the entrances to havens of unreality. Some leave wet with the sweat of bumping and grinding on the dance floors, others gather in groups outside, denying the night's end and still others stumble aimlessly homeward to sleep off drunken stupors. The place? It's the Hill -- and perhaps the epicenter of student night life.

"About the only things my friends and I do on the weekends is go out on the Hill or to parties," sophomore Nate Gillespie said. While most would agree that the Hill ranked number one in popularity for student entertainment, the reasons for making the trek down College Street varied. "It's not necessarily that I want to drink," said freshman Sara Baumhover, who said she was counting down the day until her 19th birthday. "But I would like to be able to socialize, dance and hang out with my friends."

The social aspect was important to many. "Just because you're in a bar, doesn't mean you have to drink," Gillespie said. "I love going places where there are lots of people. Besides the classroom, the bars are the easiest place to find this. When I go out, I probably run into at least 20 people I know."

"I'm not really a big fan of the Hill," senior Scott Davis said. "But it's a pretty convenient place for me and my friends to hang out. We normally just go to the O.P. for pizza and beer."

Even though the bars near campus provided the most convenient way to spend a weekend night, some students passed them up in favor of more alternative forms of entertainment. When junior Rupert VanWormer and senior Scott Dickenson decided to write and perform songs together, they found themselves on the other side, being the entertainers instead of the entertained.

"We've performed at "Open Mic" night at Mainly Lou's and Steb's, and we did a full show at Cup of Joe and one at Stella's," VanWormer said. "We've also played at parties. We try to get at least one show a week, and we practice together at least once a week."

Others took to the open road to relieve school pressures and seek out entertainment. Many students travelled out of the area to see concerts, attend sporting events and visit friends.
Embracing the Planet

Students didn't have to travel far to run across a recycling bin, a product made of recycled material or other reminders to do their part in taking care of the earth. Each issue of the Northern Iowan displayed an “earth fact” on the front page; residence halls encouraged recycling by providing recycling boxes; and “Cans for Campus” bins could be found in nearly all campus buildings.

Seniors Camille Sackett and Amanda Bahnson took environmental issues beyond simply recycling. As co-organizers of the Student Environmental Action Coalition (SEAC) they worked to spread environmental friendliness across campus.

Earth Week was an important time of year for members of SEAC. They used this opportunity to get students involved in “green” issues.

SEAC members set up information tables in the Union to inform students about current environmental issues. Videos and guest speakers were also often a part of their meetings.

Sackett, like many students who were involved in SEAC, was propelled to join the group because of her interest in helping the environment.

“I knew that I should be doing something, but I wasn’t exactly sure what,” Sackett said.

Working to save the earth stretched past her work with the SEAC to become a part of life for Sackett. She regularly received mail from various environmental groups which kept her up to date on current issues. She was also a member of the Nature Conservancy.

Pesticides were also a concern for Sackett. She worked through SEAC to help ban them. She also worked with the Rainforest Action Network on a boycott of Mitsubishi, the alleged largest destroyer of rainforests.

Bahnson inherited her responsibility as SEAC co-organizer her sophomore year. Outside SEAC Bahnson worked to help the environment in subtle, but effective means. She encouraged recycling and sustainable practices.

“Turn off the lights and don’t run the water when you’re brushing your teeth. These things help a lot,” Bahnson said.

Bahnson felt we should all live by her motto, “If you don’t have a healthy earth, you don’t have a happy earth.”

Earth week brought many events to campus including guest speaker Dr. Gerald Smith, who spoke of the deteriorating ozone layer and what can be done to help save its depletion.

The drummer for the band Twigs pounds out the beat at a benefit concert held at Steds. The event was sponsored by the Student Environmental Action Coalition to raise awareness of environmental issues.
Environmental concerns have Niobe recycling representatives Brenda Hurd and Cindra Schelling collecting glass. The house was just one of many to implement recycling programs.

In charge of the grill, senior Hans Koehnk serves food at the grillout held on the lawn in front of the CEEE. The event was part of the Earth Week festivities.
HOME COMING
Partying beach style was somewhat difficult, considering the chilly weather and the rain that tried to dampen spirits the week of Homecoming '95. Panther persistence, however, proved to be stronger than the weather and the Homecoming Week activities went splashingly.

The brightly colored Homecoming logo was designed by senior humanities and fine arts major Stephanie Kaiser. The logo decorated everything from key chains and cups to T-shirts and buttons. Monday began with a Homecoming trivia contest in the Union. Prizes, such as Homecoming key chains, cups and frisbees, were awarded to participants. Frisbee Golf in the afternoon continued the activities despite a few sprinkles.

On Tuesday, students took a break from partying to donate cans of food to the Cedar Valley Food Bank. But first, the more than 1,100 cans that were donated were used in a Castle of Cans building contest. Sand volleyball at the Towers and Shull Hall finished out the day.

Wednesday brought the traditional window painting to the Hill. Thirty-one student organizations participated in painting a window. The Student Athletic Trainers came in first, with the team effort of Alpha Delta Pi, Delta Chi and Sigma Phi Epsilon in second and Bartlett Hall in third.
School spirit flies high in the UNI-Dome as the Panthers roar on to a 17-7 victory over conference rival Eastern Illinois. EIU was formerly undefeated in the Gateway Conference.
Hula time came Thursday evening with a luau. For the more than 450 people attending, there was reggae music, relay races, a limbo contest and a Human Gyro Machine. “The luau was a unique experience,” freshman Heather Jordan said.

The partying kicked into overdrive on Friday with the pep rally. The pep band, football team and spirit leaders all got Panther spirit roaring.

Campaniling finished off the day and started the next. Construction equipment, fences and cold weather didn’t discourage participants or onlookers. Eighteen hundred campaniling pins and over 2,000 chocolate kisses were passed out to those attending. After last year’s silence due to construction, the bells chimed once again as couples smooched.

Saturday began very early and very cold with the parade. “We had 10 dozen cinnamon rolls, 6 gallons of hot chocolate and 8 gallons of coffee, and all we had left was coffee. And that was before the parade went by,” said Gail Froyen, of the Catholic Student Center. Later that day, it was on to the UNI-Dome for the Homecoming game, where the Panthers roared to a victory over Eastern Illinois. “I think Homecoming is very important for alumni. It gives them a chance to come back and see the campus and get involved again,” freshman Rosanne Farmer said.

“The students on the committee are really who made it happen. They pulled it together and made it a very successful event,” Student Organizations and Activities Coordinator Patti Kelly said.

The combination of Panther pride and some great activities ensured that Homecoming ’95 was a blast on the beach.

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Top: During the week’s festivities, senior Nikki Dillard limbos at the Homecoming luau held in the Maucker Union Expansion. Second: Spirit came to life on the Hill Wednesday for the annual window painting competition, filling merchants’ windows with school pride and carrying out the theme of the week. Third: As the campanile strikes midnight, these three couples, who are all engaged, become part of the campaniling tradition. Bottom: With what they might think are the best seats in the house, junior Nate Clark and sophomores Adam Packer, Eric Myska and Brad Flanagan enjoy the passing Homecoming parade. 

(((Homecoming 25)))
On behalf of her husband's campaign for the upcoming Presidential election, first lady Hillary Rodham Clinton speaks about his proposed seven points before a full house in the Union.
For most, seeing a celebrity, a prominent political figure or a comedian usually meant popping a tape in the VCR, flicking on CNN or tuning in to Comedy Central. But with a combined $50,500 of student fees allocated to the speakers committee, entertainment committee and student organizations speakers fund, campus organizers sought to bring such personalities to the student body in the flesh and blood.

A year of entertainers, movie personalities and politicians was kicked off Aug. 24 when comedian Tim Settimi came to campus for “An Evening of Mime, Music and Mayhem” as part of the Welcome Week activities.

According to the speakers and entertainment committee’s adviser Patti Kelly, whenever possible, guest speakers were invited in coordination with some other campus event.

For Diversity Week, the co-leader of the pro-democracy movement at Tianamenn Square in China, Li Lu, came to speak of the 1989 peaceful demonstration which ended in the bloody massacre of an estimated 5000. Spreading his message of the importance of safe sex and education, Sean Sasser, an AIDS educator who appeared on MTV’s “The Real World,” drew a full house in the Maucker Union Expansion during AIDS Awareness Week.

To help celebrate Black History month in February, educator and former principal Joe Clark, who was the inspiration for the movie “Lean on Me,” spoke to students about pride in self and school. “Given the fact that UNI is an education school, Joe Clark seemed like a relevant figure to bring to campus,” speakers committee chair Mike Riley said.

The upcoming Presidential election also opened the door to several political visitors. On Feb. 3, the UNI Democrats held a rally to kickoff the presidential campaign featuring first lady Hillary Rodham Clinton. “I am here because once again, Iowa has the power to point the direction the country should take in the next election,” Clinton said to the audience of about 1500.

U.S. Senator Tom Harkin, Major General Patrick Brady and Robin Dole, daughter of democratic Presidential hopeful Bob Dole, also grabbed student attention.
According to national surveys: 1 in 4 college women have experienced rape or attempted rape since age 14; 9 in 10 acquaintance rapes are not reported; and 1 in 12 college men admit to acts that meet legal definitions of rape.

Both men and women seemed to agree that women are more at risk for rape than men.

"Women need to worry about rape all the time," sophomore Amber Ferguson said. "You hardly ever hear of a man being sexually assaulted."

"I think it's a lot harder for a guy to feel threatened than a girl," sophomore Michael Myers said.

A woman's appearance may also affect how she is perceived.

"I think that if a woman wants to wear a short skirt or whatever, she should be able to," Ferguson said. "But I also think that how the girl acts in that short skirt affects what could happen to her. If she acts like she wants something, then men may interpret her message and take advantage of that."

The American College Health Association in a recent brochure agreed with the idea that societies view of sex affects images. "In advertisements, on T.V. and in the movies, forced sex is portrayed as somehow natural and permissible, especially if it involves people who know each other. These images reflect society's tolerance of acquaintance rape," the brochure reports.

According to Paula Gilroy, psychologist at the student counseling center, rape is not about appearance or sex, but about power.

"Men still get messages in our society that rape is okay," Gilroy said. "If you look around, men are still not getting convicted for rape."

Women are also disadvantaged because of physical size and capabilities.

"Men are naturally stronger and usually larger than women," Gilroy said. "Therefore, women are at risk because they cannot defend themselves."

"I think rape, especially date-rape, is a power trip," junior Gina Hand said. "Men need to feel more powerful and controlling over women. Rape is a crime of power, not sex."

With services on campus which provide escorts to anyone, avoiding a dangerous situation could be just a phone call away.

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One in four women on college campuses have been victims of sexual assault. However, very few of these incidents are ever reported. Most fear the social stigmas that go along with rape or feel that they are somehow responsible. Victims often experience feelings such as depression, guilt and general loss of self-esteem. This cluster of emotional responses is unique to each victim and attributed to a phenomenon called Rape Trauma Syndrome.
To attract attention to the issue of rape, students participated in a Rape Awareness March across campus. Many carried signs with powerful messages educating students about the seriousness of the problem.
Stein bartender Jon Sparrow found himself burning the midnight oil to make a few dollars. Sparrow, like many students, kept late hours due to working, studying and socializing.

Fortunately for students like senior Brian Choi, Copyworks on the Hill was conveniently open 24 hours, allowing students to utilize their services whenever they could find time in their busy schedules.
Sleep? Some students might have argued that sleep was overrated, but others would argue that a better word to describe it would be "rare."

Long nights and early mornings were a common occurrence across campus. Several students agreed that there were just not enough hours in the day. Struggling to fit work, studying and socializing into a 24-hour day had many students keeping obscene hours. Some woke up in the wee hours of the morning to go to work, then on to class all day and then up most of the night finishing papers and homework.

Junior finance major Andrea VanOmmen woke up at 5 a.m. most mornings to work in the dining center. She also was enrolled full-time and had another job at Wal-Mart. "I am doing okay right now in my classes. I think it will get better, but it is not any fun," she said.

Junior Amy Christensen had a 19-hour class load during the spring semester. She also worked two jobs: APAC during the week and Coach House on the weekends. "I am never home," she said. "People talk to my answering machine more than they do me."

VanOmmen and Christensen were just two of several students that had more than one job besides a full-time class load. They were working their way through college. Most students admitted that although their jobs have hurt their grades, they needed to work because they had no other way to stay financially afloat during the semester.

Senior Kay Richman's day started at 6:30 a.m. and ended at about 2 a.m. A single mom, Richman worked and went to classes all day. "Most of my day is spent in classes and on homework, but I try to spend time with the kids, also," she said.

This kind of hectic day became more the norm than the exception on campus in recent years. One reason students' days seemed to be so long was because they felt they needed to spend equal amounts of time working, socializing, studying and attending class.

With these jam-packed schedules, often times sleep did not figure into the equation. Junior Dan Damico spoke for many students by saying, "Sleep is a luxury I don't have time for."
To Date or Not to Date

Many students have done it. There were no rule books on how to get it right and no way to know how it was going to happen or with whom.

The It was dating, and it was just one of those many things in life which couldn't be explained by the professor or perfected by the student.

"I refuse to be in a relationship until I graduate and have the time," senior Heather Petersen said.

Some agreed there were more important things than dating to worry about during college and acknowledged fears they held.

"Some of my fears are falling in love, crazy women and sexual harassment," senior Kent Royster said.

Not all the fears of dating were cut and dry, however.

"I'm afraid that if you were dating a friend and decided that you could not pursue a relationship, that your friendship would also suffer," junior Evan Marshall said.

Date-rape was also a concern for some students.

"It's a scary issue, especially in a college environment," Petersen said.

"Date-rape makes me scared for my girl friends," Royster said.

Religious issues and "untraditional" relationships, such as interracial and homosexual dating were also discussed.

"I'd want to have a relationship with a woman who also believed in Christ Jesus, so that we could help each other in faith," Marshall said.

"I have no problem with interracial dating at all," Petersen said. "I have seen and met beautiful black men on the inside and especially outside."

"I think it doesn't matter where you are from when it comes to dating," Marshall said. "However, I believe that homosexual relations are something that God considers sinful, and the Bible tries to steer us clear of those kinds of relationships to protect us."

"I think you should just do as you please," another student said.

While dating could prove to be rewarding, it could also result in disaster.

"When I was in high school, I went bowling," Royster said. "It was one of my first dates. I tried to kiss her on the first date. She slapped me. I haven't gone bowling or tried to kiss on the first date since."

Some relationships appear to be of a traditional nature but deal with underlying issues such as different religious backgrounds as was the case for Tara and Scot Suprnanant.

Platonic relationships were also common. Being friends with no strings attached was the road junior Jason Winkelmann and senior Sandra Guerrero initially chose to take.
Enjoying each other's company in the food court of College Square Mall, juniors Michelle Sarber and Matt Mullenix talk over ice cream before an afternoon of shopping.

Dating on campus took on many forms. Many students were involved in less traditional forms of dating such as gay, lesbian or bisexual relationships.
LIBERATION
It came at the end of March as the boredom of classes was beginning to set in and the weather began to play it’s indecisive games. They called it spring break, and to many students it meant tossing the books aside and embarking on adventures which would be remembered long after statistic equations and historical figures were forgotten. University students flocked to the north and south leaving their mark and bringing back a piece of culture.

As junior Brandie Engh flew with three friends to Daytona Beach for the week, she looked forward to getting lost in the warmth of the sun while forgetting all of her stresses of school. Upon landing they were greeted with cool, near 60 degree temps combined with 20 to 30 mph winds. Although the weather put a damper on the week, it was not a complete loss. “The locals cleared the beach, but all the spring breakers were still out,” she said.

The atmosphere created by thousands of college students with free reign over the beach was quite a sight. “It was a 24-hour party,” Engh said. “Everyone was so nice. The parties were open to whoever wanted to come.”

Luck was definitely on the side of juniors Julie Ferguson and Sarah Binns and sophomore Michelle Jenson as they made their whirlwind expedition to sunny California the week of spring break. As the three divided their time between San Francisco and Los Angeles, they cut costs...
With a little assistance, sophomore Laura Marinaccio shoots down a Tequila popper. Marinaccio spent her break in Mexico with her Alpha Phi sisters.
by staying with friends they had met the previous summer through Camp Adventure. Some of the sights seen throughout the trip were Pier 39, Fishermans Wharf and a taping of the show "Politically Incorrect," in addition to several clubs and beaches.

The girls did not go unnoticed. It seemed they were in the spotlight wherever they went. "TV cameras were seen in abundance on the trip," Ferguson said. Besides being shown in the audience at the taping, a crew from MTV wandered around a club they were at, and the trio was taped on Venus beach for a commercial for Orbitz sparkling water.

Others were on a different mission than parties and a tan. Senior music buff Todd Anderson grabbed two friends, packed his car and headed south to check out all the music he could in a week. The trip to Memphis and New Orleans consisted of visits to legendary spots such as Graceland, Beatle Street, Preservation Hall, BB King's Blues Club and Bourbon Street. "It was the greatest musical experience I've ever witnessed," Anderson said. "An incredible display of music genius."

Anderson never wanted the week to end. As they pulled into Cedar Falls, reality sadly set in. "When we got back I had to face the stuff I've been putting off all year," he said.

Possibly making the furthest journey were 54 members of UNI's Men's Glee Club. The choir flew to Europe for a week-long performing tour. The group performed at various locations in Germany and Austria with the highlight of singing at Catholic Mass in St. Petersburg, the Vatican city. Members also had the chance to go sightseeing on several free days.

Top: Headed for Fishermans Wharf, juniors Julie Ferguson, Sarah Binns and Michelle Jensen spend their week taking in the sights of San Francisco and Los Angeles. Second: These students take time out of their meal in Mexico to do the Macarena dance. Third: In a heated match, juniors Stacie Schultz and Bob Marshall battle it out in a jousting competition in Daytona. Bottom: Freshmen Cydney Clayton and Krista Wibholm party the night away at Senior Froggs, an infamous spring break attraction.

((Spring Break 37))
"Elvis is King," at least in the eyes of senior Troy McKay, who took advantage of the one time of the year you can get dressed up and people don't look at you and say "look at the freak!"
Most of the year students faced everyday reality in an effort to transform themselves into career material. But on Halloween, budding teachers and business executives threw away caution and turned into hippies, call girls, poodles, 6-packs and Jerry Garcias.

Enthusiasm for the holiday was evident campus-wide. Haunted houses like Judgment Night and Augie’s Attic offered terrors nightly; cookie and caramel apple sales sold out; and residence halls held decoration contests, secret spook exchanges and trick-or-treat nights for local children.

“Halloween I like especially because everyone is so cheery, and everyone is so dressed up,” sophomore Tiffany Fuller said.

The Hill caught the Halloween fever as bars like Sharkey’s and Stebs held costume contests, offering kegs and cash prizes.

“It’s the only night of the year where no one cares what you are. You can be as kooky as you want,” echoed junior Kathy Schneider, who dressed up as a Denorex ad. Her friend, freshman Shelly Settle, was more concerned with finding an outlet to plug herself into than studying on a Tuesday night. “I don’t really care right now. It’s a lot better being a Christmas tree,” she said.

Freshmen Jay Kitzman, Keith Schon, Kevin Youel and sophomore Brian Ross redefined feminism with their tight dresses, blonde wigs and unshaven legs shoved into high heels.

“I’ll get picked up. I’ve already been hit on,” said Schon, who said he was dressed as his roommate’s mom.

As an alternative to the bars, freshman Matt Hanus’ one-man show, “Daython’s Dark Parlour,” combined magic and fright in the basement of Shull Hall.

“It’s fun! It gets the adrenaline running,” freshman Cara Haidsiak said after one performance, which ended with wet flying “worms,” rain and spooky effects in the pitch dark.

“I guess it’s just a natural instinct to scare people,” Hanus said of his desire to thrill audiences. “It’s an obsession, I guess.”

TOP: Pulp Fiction impersonators Matt Ford and Jena Inghram took home first place at the Sharkey’s costume contest for their Uma Thurman and John Travolta likenesses. MIDDLE: Movie look-alikes such as freshman John Duer and sophomore Greg Reed, who are pretending to be Dumb and Dumber, were out in full force on Halloween. BOTTOM: In disguise, junior Wylie Burns frightens patrons at Judgment Night, a haunted house sponsored by the Cedar Valley Community Church.

((Halloween 39))
A Cultural Mecca

Hanging out on the Hill was a big enough culture shock for many students as they observed and shared their diverse backgrounds and lifestyles. But for those who sought to take their cultural growth to the next level, the University provided an assortment of opportunities.

Museum exhibits, art shows, theatre productions and music concerts were a few of the ways students increased their depth.

The University Museum, located on the south edge of campus, was the site of a variety of exhibits. The displays rotated throughout the year touching on an array of interests. A few major exhibits included a student-designed display on New Guinea, an elaborate tribute for the Iowa Sesquicentennial and an educational show on the African Savanna.

Museum director Sue Grosbell appreciated professors requiring attendance. “Too many people don’t know it exists,” she said. “When students have to come for class, many times they’ll come back for other reasons.”

Theatre UNI took an active stand in culturing students. “Theatre provides students the opportunity to participate in two ways,” theatre department head Gretta Berghammer said. “First, there is always the opportunity to participate, either behind the scenes or on stage. Second, students have the chance to see good theatre at a reasonable price.”

In addition to the small productions, four major plays were included in the subscription season open to students and the general public. The shows included The Preying Mantis, The Taming of the Shrew, Equis and Fiddler on the Roof.

The music department held events open to students nearly every week. UNI Jazz Band I and the Men’s Glee Club may have made the biggest impact as they became standard ensembles on campus. The spotlight series of concerts also caught a lot of attention as it featured many large ensembles with guest artists.

Attendance at the concerts was quite impressive with a variety of sold out shows. Some went for enjoyment, others to watch their friends and still others to meet class requirements. “The University as a whole is very involved with the music program,” School of Music student government president Jennifer Brooks said.

Top: Steppin’ to the beat, International Dance Theatre members perform a traditional folk dance for a Family Fest crowd. In addition to stage shows, the group offered dance lessons throughout the year. Middle: To enlighten students about Indian politics, Pushaara Singh, a University of Michigan professor, speaks to his audience. Diverse lecturers gave students glimpses into life beyond Iowa’s boundaries. Bottom: Posing by his sculpture, Gene Miller’s piece was part of the student art exhibit in Kamerick Art Building.
Providing entertainment to a Wassail Bowl crowd, the Tuba Ensemble plays in the Union. The group performed at various campus events.
“Brother Tom” could often be heard spreading the word of God to whomever would listen. However, his beliefs met with an occasional debate from disagreeing students.

Many forms of religion were practiced throughout campus. The Good News Bible was one version of the holy scriptures used to guide people in their religious studies.
Confession of Faith

Most students gained more than paper writing and test taking skills in their pursuit of a college degree. There was also an aspect of growth which was developed outside the classroom setting. Living on their own, faced with the fact that growing up is inevitable was the spark which drove many students to examine their dreams, goals and lives in general.

Students concentrated on a variety of groups and activities as they searched for their niche in the school and the world.

Sophomore Stephanie Moore held her focus on her Christian faith as she faced the ups and downs of college life. "I try and model myself after Christ," she said.

Moore's commitment encompassed most of her extracurricular involvement. On an average week her participation included between two and three church related activities. Some of the groups she was involved with were Fellowship of Christian Athletes (FCA), Brother and Sisters in Christ (BASIC) and Campus Episcopalians. "Attending these events are what I do to have fun," Moore said. "They're how I've meet most of my friends, and I keep going back to see them."

Moore's faith was an important aspect of every part of her life. Her Christian values affected her decisions and interaction with others. The relationship with her boyfriend reminded her of the comfort and growth that could be experienced between common values. Her boyfriend was also a Christian; through sharing their beliefs they had a closer relationship.

"Every person's faith is personal. When we share it, we become closer," Moore said.

As Moore accompanied the nearly 13,000 students who learned and interacted at the University this year, she came across some actions which contradicted her own beliefs. Instead of judging others or letting these actions get her down, she used them as a source of inspiration. Observing others made her faith stronger.

"When I see people doing things that I know are wrong, it reminds me that I can do some good," Moore said of her faith. "It makes me want to be a better witness."

Weekly visits to strengthen her faith are made by Stephanie Moore to St. Luke's Episcopal Church in Waterloo. Houses of worship took on all shapes and sizes.

Contemplating a higher power is often an issue for college students. Many debated the existence of a god while others had a strong belief in God and were devoted to their faith.
Seeking a Solution

According to the student counseling center, suicide has become a big issue within the college population.

"Fifteen years ago, students were coming to us for problems about relationships or school, but now students are coming to us in increasing numbers for reasons such as depression," Ken Jacobsen from the counseling center said.

According to Jacobsen, it is not always easy to recognize someone who is considering suicide, but usually someone will hint to a close friend or attempt it once, not intending to die.

"I knew someone who was considering suicide," freshman JoLynda Seely said. "It shocked me because I thought their life was good, but then I realized that I didn't know everything about them."

"I have known people who were considering it," senior Brooks Hanes said. "It made me think about life and its brevity."

Some students have had to confront friends or acquaintances who were considering suicide, and they admitted that it is hard to know what to tell the person who is considering it.

"If I did have a friend who wanted to commit suicide," senior Michael Magnuson said, "I would tell them that if they are seriously considering it, the chances are pretty slim that life could get any worse, so the future would probably be more optimistic than the present."

Suicide affects people every day. It is a topic in which students are taking an active part by voicing opinions.

"I believe that a soul is eternal," Hanes said. "I also believe that because I have accepted Jesus Christ's death and resurrection as my grant to salvation, I will enter heaven or paradise. Suicide, then, would surely get me into 'heaven' quickly, but I choose to live because Jesus Christ gives me life."

Other students agreed that suicide was not the way to solve problems.

"I don't like anything that hurts me physically. So, that's why I don't think about dying at all. I have too much power to live," junior Chiaki Ito said.

Other students realized that suicide was a hard topic to think about.

If someone were to consider suicide, the student counseling center may be one of the best places to seek help.

Suicidal thoughts or feelings are usually a symptom indicating a person isn't coping, often as a result of an event or series of events they find overwhelming or distressing.

People usually attempt suicide to block unbearable emotional pain. Most suicidal people give warning signs in the hope that they will be rescued. It is often a cry for help.
Suicide has traditionally been a taboo topic in western society, which has lead to further alienation and only made the problem worse for those who are searching for an answer.

Suicide is often a problem among college students because of the significant changes in their life such as relationships, studies, jobs or pressure to succeed in school.
Although it was a personal decision, we were not alone in it. When we chose to align ourselves with one of the more than 160 organizations on campus, we joined the ranks of many others who had cast a similar stone. We united with those who shared our ambitions. Sometimes we gathered to spread a message or to champion a cause, other times to educate and enlighten.
The benefits from this union of group and individual were twofold. For even as the group provided an outlet for our individual voices, we, the students, with our unique experiences and personalities broadened the scope of the group. And together, we illuminated campus. Whether by posters stapled precariously to bulletins, workshops aimed at landing jobs or festivals celebrating diversity, the collective activities of campus organizations sought to push student awareness to a new level.
For many students, the hardest part of graduating wasn't passing all of their classes and doing it in a reasonable amount of years. Instead, it was that first step into the real world, the beginning of a new chapter of their lives without anyone there to help out. Many organizations on campus tried to ease that transition a little. These groups, which coincided with the academic majors on campus, sought to prepare students for future careers.

One such group was the Northern Iowa Community Health Educators (NICHE). The organization participated in such activities as the AIDS Memorial Quilt, where they monitored, read names and helped with the opening ceremonies. The group also raised funds for the American Cancer Society. Students involved worked closely with the community, according to members.

"Being involved with a campus organization is a first step in getting involved in the community," senior Shelly Daisy said. "It helps out down the line."

Students also joined such groups for the interaction. For leisure studies majors, there was Quality of Life, Leisure Administrators (Club Qolla). Students gained leadership and valuable community service experiences. The club traveled to Fort Dodge and to Des Moines for Iowa Park and Recreation conventions. Members met with professionals in the field and spent time with others in the same major.

"Being in Club Qolla is a great way to interact with others in our field. Traveling with the group gave me a chance to rub elbows with professionals at conferences," former president Daniel Woods said.

Accounting Club Officers
FRONT ROW: Ryan Judas, Tanya Williams, Stephanie Holcomb, Robert Baird.

American Foundrymen's Society

(48 Career Organizations)
The lead singer for the band Soothing Syrup, Eric Dickman, performs at Stebs for the Children’s AIDS Network. The event, sponsored by the Public Relations Student Society of America, brought four bands together for an evening of fun.

American Humanics
FRONT ROW: Jill Sandhoff, Michelle Perry, Heather Otson, Troy McKay, Shawn Dunn, Rachel Crisp, Tracy Reifenraith.

American Marketing Association

((Major Oriented 49))
Unseasonably cold October weather couldn't dampen the spirits of students who traveled to Des Moines to meet President Clinton. The UNI Democrats were in Des Moines to support the President's financial aid plans.

Iowa Association for the Education of Young Children
FRONT ROW: Linda Lechty, Sandra Kalous, Beth Graff, Julie Wallace.

Iowa State Education Student Program
FRONT ROW: Linda Lechty, Michele Langenberg, Lisa Gilchrist, Sandra Kalous, Saral Smidt. SECOND ROW: Chad Learned, Shane Zimmerman, Lisa Castenson, Sara Gallaher, Aimee Stein, Stephen Probert, Jeffrey Gilchrist.
Shaking hands with the President of the United States, networking with other students around the country and learning about career opportunities provided just a few of the exciting experiences that had members of student organizations packing their bags and heading out of town.

In mid-October nearly 100 UNI Democrats headed to the capital city to listen to Bill Clinton. A high point of the trip occurred when UNI grad student Paige Everly introduced the President.

Members attended for a variety of reasons. The one topping the list was to show support for Clinton’s financial aid plan. “The President, opposite of Congress, is fighting that often,” UNI Democrats president Brian Meyer said.

Eleven members of Gender Equality Association (GEA) also got into the political action when they joined a crowd of approximately 400 students at “Bringing Back Beijing-Local Action and Global Strategies,” a conference in Davenport.

“We’re fed up with the apathy,” GEA president Deborah Jackson said. “I left feeling empowered, with an idea of what I need to do personally, politically and socially to make a difference.”

Some groups travelled for regional and/or national conferences. The American Marketing Association (AMA) ventured to Cincinnati for their regional gathering. The weekend consisted of various management sessions, plus a chance to explore the city.

“The career sessions gave me reassurance. I feel like I can succeed in the professional world,” current president Tonya Turner said.

Pi Sigma Epsilon attended their first regional conference in Minneapolis, marking the start of UNI’s only business fraternity. Although only four members attended, they didn’t go unnoticed. They brought home the award for Most Professional Chapter.

During a chapter development session, PRSSA president Jennifer May delivers a speech to the audience. PRSSA traveled to Seattle, Wash. for their national conference.
CREATIVE JUICES PROVIDE OUTLETS

More than hamburgers and cappuccino were produced in the Union this year. In the lower level, energy levels and creative juices ran high while students worked to keep their peers entertained and informed. Staff members for the KGRK radio station and *Northern Iowan* newspaper put in many hours to achieve their goals.

KGRK, the student-run, commercial station, which originated in 1955, took on new projects. The station aired specialty shows including “Talk Back Live,” “Groovy Rock” and “Left of Dial,” while continuing to air a variety of music, public service announcements and campus and community news bits.

Vying for the attention of the on-campus population, KGRK began broadcasting their radio show in the residence halls on cable Channel 5, in addition to their regular radio channel, 970 AM.

Although happy with the step, the radio staff hoped to take the station further. Besides audience availability the station also worried about finances. “We’d like to build to a level where the station can take care of itself without asking for as much money from students,” station manager Jason Reid said.

The *Northern Iowan* (NI) was another outlet for communication on campus. Throughout the year, the NI staff of about 40 produced bi-weekly newspapers.

The challenge of making deadlines was heightened as rebuilding became a concern. With only two returning staff members, the veterans were concerned with building a staff as competent as the previous year’s. “Our goal was to start this year as close to the quality as we ended last year. I think we surpassed it,” executive editor Jeffrey Mochal said.

The staff shifted their focus from content to design. “We’re working on increasing design quality and making it more consistent,” Mochal said.

The *Northern Iowan* provided coverage on a variety of subjects students found important, from entertainment to organizational events to campus news and sporting events.

**Northern Iowa Campus Health Educators**

FRONT ROW: Kari Edgington, Karla Becker, Shelly Daisy.

**Nutrition and Food Science Association**

FRONT ROW: Laura Houys, Tracy Farber, Karla Swanson, Melissa Gumm.
Catching his listeners' attention, Steve Agocs, director of KGRK, sends his message floating over campus before fading into some more music. KGRK worked to increase their listening audience this year.

Pre Law Club
FRONT ROW: Julia VanWyk, Joshua Duden, Jennifer Dean.

Society for Human Resource Management
FRONT ROW: Vicki Kammerer, Steffanie Powers, Melissa Johnson, Rachelle Westfield. SECOND ROW: Lisa Hawbaker, Guicheng Yang, Pat Hala, Matt McCleary, Denise Johnson.
Mingling with other group leaders, Chad Learned, Travis Thompson and Adrienne Hallett enjoy appetizers in the Union Expansion. The Wassail Bowl gave students and professors an opportunity to meet each other in a relaxed atmosphere.

Society of Manufacturing Engineers
FRONT ROW: Steve Schneider, Kurt Smelser, Travis Frush, Sheila Schreck, Teresa Hall, John Laanstein, Todd Westendorf.

Student Art Educators Association
FRONT ROW: Marianna Delafield, Sarah Bullock, Matt Kargol, Karin Tollefson, Paula Eubanks.

((54 Career Organizations))
Soft lights and festive outfits created a holiday mood for this year's Wassail Bowl. The Wassail Bowl was an annual event in which campus organization members and faculty met to celebrate the season and toast these organizations and their leaders. The event got its name from wassail juice, a spiced cider traditionally used when toasting and celebrating. Students and faculty gathered in Maucker Union to do just that.

According to Union Policy Board president Kristi Brierly, the purpose of the Wassail Bowl was to let organization members get to know one another in a relaxed atmosphere.

"It's a great way for people to get together. It allows students to interact with others outside of their organization," Brierly said.

Following the Wassail Bowl, a crowd endured the cold temperatures outside to enjoy the traditional tree-lighting ceremony and horse drawn carriage rides outside of the Union. After a warm welcome by Brierly, the tune "Here Comes Santa Claus" rang through the air as President Koob arrived in a horse-drawn carriage with Santa Claus.

At his first tree lighting ceremony at UNI, Koob gave a lively speech, then flipped a switch, which brilliantly lit up trees and buildings across campus.

The group then moved back inside for an evening of entertainment and hot chocolate. A new twist was added to the traditional holiday program when the Phi Beta Sigma fraternity performed a step show.

Other entertainers were the UNI tuba ensemble, the Vocal Academy, the Black Hawk Elementary School chorus and the UNI Gospel Choir.

Following the Wassail reception, UNI Gospel Choir singers Paul Coy and Alvarez Dixon put a little heart and soul into their song. Many others also performed.

Student Athletic Trainers

Student Council for Exceptional Persons
FRONT ROW: Beth Graff, Jina Wattnem, Marquelyna Allensworth, Lisa O'Rourke.
BONDING WITH SPECIAL FRIENDS

A challenge presented itself to University groups by the Special Olympics coordinators of the Black Hawk Area. They needed people to help with the Special Olympics held March 31 in the UNI-Dome. More than 700 volunteers showed up. Among those who volunteered were members of the campus Greek houses and many other organizations, such as the American Marketing Association (AMA), Student Alumni Ambassadors (SAA) and the Public Relations Student Society of America (PRSSA).

"The response was so overwhelming. We were having to turn some people away and double and triple up others with the athletes," Nancy Osborne said.

Volunteers were paired with athletes to help them get to events, keep them company and to be cheerleaders. They also helped run the events and give awards.

"The comments from parents, coaches and athletes were the best I've heard since I have been doing this," said Joe Wilson, area coordinator for the Special Olympics.

The volunteer's work benefited not only the event coordinators, but also the volunteers. For many of the students it was a new learning experience.

"It was a great way to learn how mentally handicapped people think," Alpha Xi Delta member Mickie McMurphy said.

SAA member Heidi Bruch agreed. "It was a wonderful experience," she said. She enjoyed volunteering so much that she said she was going to try to get paired up with the same athlete again at next year's Olympics.

Senior Jennie May of PRSSA summed up the general feeling of the volunteers who spent the day with the athletes.

"My athlete may not remember me later on, but for one day I was really important to him," May said.

Overall, the volunteers had a great time. Their only complaints were that there was too much time and not enough to do for the athletes between events. But for most, it was a day to make a new friend and share in their Special Olympic triumphs.

Student Dietetics Association
FRONT ROW: Susan Spragg, Patricia Spielmann, Jennifer Cressey.

Student Interior Designers of Northern Iowa
FRONT ROW: Stacey Schwartz, April Komers, Jennifer Mardock, Nikki Bagenstos, Sara Mills, Carol Tedore, Kara Lorenzen.

((56 Career Organizations))
A victory is no problem for Special Olympics participant Myron Knox as he is cheered to the finish line by event volunteers. Knox, a resident of Harmony House in Waterloo, took first place in the 25-meter wheelchair race.

Teaching Educators About Mathematics

UNI Fluid Power Society
FRONT ROW: Troy Schlotman, Travis Auderer, Matt Harms.
At the front of the group, speaker Charles Krueger makes a presentation on manufacturing leadership. Krueger's visit was sponsored by the Society of Manufacturing Engineers and the National Management Association.
Career organizations provided networking and professional opportunities to prepare students for life after college. The Public Relations Student Society of America (PRSSA) was established to give members a hands-on, professional insight into the PR field. Students attended national conventions where they had the opportunity to speak with professionals and learn helpful job strategies, including how to write resumes and design portfolios.

"The students are constantly interacting with professionals on every level," said Gayle Pohl, academic adviser for PRSSA. "Just being in the organization and coming to understand how PR operates is beneficial to students."

Although PRSSA involved about 80 students, the size of the group didn't matter to Construction Management club member Jay Ahrenholz, who got involved with only a handful of students.

"We're trying to get more involvement with the students," Ahrenholz said. "The purpose of the club is to get your name and face out into the community to try to get you a job."

The Construction Management club stressed attendance at retreats and involvement within the community. The group sent out a resume book to Iowa contractors and was also involved with a Habitat for Humanity project.

From those interested in playing the tuba, to involvement with science and technology, other organizations provided opportunities to students also. One organization, the National Students Speech-Language-Hearing Association, was organized for students in the field of human communication sciences and disorders.

"It gives us the opportunity to learn about what the field is like after graduation," senior Ann Robertson said. "We learn about current issues and have the opportunity to meet with professionals."

The organization also brought speakers to campus to talk about the GRE’s, grad school and how to apply. No matter what the major, there was most likely an organization to help students prepare for the future.

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"Phil Beta Lambda guest speaker Lyle Bowlin advises the group on small business. Bowlin, director of UNI's Small Business Development Center, spoke Mar. 5."

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UNI Physics Club

UNI Pre-Physical Therapy Student Organization
FRONT ROW: Kelly Spieler, Amy Terpstra, Amie Mowen, Kristina Plaeger, Teresa Ludwig. SECOND ROW: Colin Grafft, Matthew Hollatz, Erik Nieuwenhuis, Brent Williams, Shanon Tysland, Justin Trainor, Jeffrey Schroder.

((Networking 59))
There was so much more to college than just going to class, studying and cramming. Students were taken to new levels and became well-rounded persons through participating in activities sponsored by resident hall senates. Some of those activities included getting students involved in the game Single Out, a casino night and other special events. Campbell RA Stacy Kennedy and her residents decided to get involved with the community. They adopted a family for Christmas and bought a single mother with three children presents for the holiday.

“It was a lot of fun,” Kennedy said. “Instead of just collecting money from the residents, they all got really involved, and we ended up giving the family about $400 worth of Christmas items.”

The residents were still in contact with the family after the program was completed and hoped to take the family rollerskating or out for pizza periodically to keep in close contact.

“One of our houses in Shull participated in the castle of cans contest and took first prize,” president of Shull senate Dennis Ramsey said. “Another thing our RA’s get involved with is selling hot dogs and food during Monday night football.” Ramsey said. “The money raised is given to the Big Brother/Big Sister program.”

Programs set up by hall senates did not have to involve the community, however. Many of the activities were often arranged to relieve stress or to promote fellowship and just have fun.

“We have set up a few programs for the entire campus,” former president of Rider senate Matt Lazear said. “It gets people to meet and get involved.”

**GOVERNMENTS**

**STRENGTHEN UNITY THROUGHOUT CAMPUS**

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**Bartlett Hall Senate**
FRONT ROW: Stephanie Scharrow, Bryan Huekels, Jill Dykstra, Erica Herold, Lohree Waterland, Amber Olson, SECOND ROW: Grignori Chkalikov, Brian Ungerer, Chad Lovan, Georgia Luker, Martin Zak, David Ladre, Becky Baillie, Michelle Schmidt.

**Bender Hall Senate**
FRONT ROW: Lisa Lane, Carrie Anderson, David Hulet, Wesley Robinson, Amy Zidlicky, SECOND ROW: Scott Sievers, Chris Like, Adam Lord, Brian Ross, Kacy Morrison, Joe Strobel, THIRD ROW: Dean Patten, Tricia Gustafson, Kelly Angell, Benji VanderWeide, Janna Shrum.

((60 Government Organizations))
Sophomore Ty Reed plays "Jeanni" during the Singled Out program sponsored by the Towers' senates. Students from both Dancer and Bender were selected to be contestants, and two lucky couples were singled out for dates during the festivities.

Campbell Hall Programming Board and Senate

Dancer Hall Senate
FRONT ROW: Chad Soukup, Sarah Klocke, Sarah Petsch, Angie Beringer, Chad McCarty, Kevin Peterson.
As they wait for a reggae band to begin, senior Jennifer Bicok and sophomore Kari Kidrowski laugh together during Diversity Week. Coordinating the week of activities involved the time and efforts of many student organizations.

Hagemann Hall Senate
FRONT ROW: Tanya Bige, Amy Kraus, Janet Lamfers, Charise Mudge. SECOND ROW: Colette Johnson, Andrea Bylund, Teresa Manley, Jessica Heilman, Nicole Weber.

Lawther Hall Programming Board

((62 Government Organizations)))
What would life at UNI be like without the Homecoming parade, Maucker Union events, hall presidents and recognition awards? Students often took these things for granted and didn't realize how much work was put into the planning of them. The Homecoming committee, a sub-committee of the Northern Iowa Student Government (NISG), started work in November thinking up theme ideas, planning the logo contest and raising money.

"The kids brainstorm ideas for the theme and then take them back to their friends for input," said Patti Kelly, the committee's adviser.

Through this process, the theme Beach Party was decided on and the committee went back to work thinking of creative ways to expand on it. The committee members petition for grants and donations to insure the event is held each year.

Maucker Mania, an all-night event held by the Maucker Union Policy Board, included activities such as a velcro obstacle course, a virtual reality exhibit and also featured a comedienne. This was just one of many events that the Policy Board sponsored. They also implemented a plan to get a new computer lab installed in the Union.

NISG was in charge of several events, including study snacks during finals week and a spring bike tune-up. Paul Olson, NISG president, said that the student government was also planning a new spring concert. Often times, as NISG director Renee Romano said, "NISG gets a lot of unfair criticism and publicity."

She felt that the students worked hard to improve UNI and didn't get the recognition they deserved. NISG worked on such things as increased parking and copying facilities across campus.

The hall presidents met each week in the Presidents Council to discuss such important issues as smoking in the dorms and lifestyle programs, which included discussions of stress, AIDS, drinking and sex. Top 10 houses of the month, RA of the month and program of the month were just a few of the awards given out by the Recognition and Involvement Board this year.

Maucker Union Policy Board
FRONT ROW: Kevin Krumm, Renee Romano, Kristi Brierly, DeWayne Brasfield.

Noehren Hall Senate

Before the tree lighting, Jalen Barnes gets to sit on Santa's lap (Bill Witt). Youngsters who came with families were treated to hot chocolate and candy canes.
Tables set up with flyers, balloons, snacks and free gifts all hoped to attract the attention of passing students. FUNION, a day-long event held in Maucker Union, promoted interest in the 195 different organizations available to students on campus.

FUNION '95 also presented students with a variety of activities, including an exciting glimpse into the future. New this year in the Union was a Virtual Reality exhibit brought by the FUNION committee. The extremely long lines indicated the popularity of this exhibit.

Junior Melissa Godfredsen felt the Virtual Reality was the highlight of FUNION.

"I would love to see this exhibit back next year. It is definitely something that I would like to try again!" she said.

New friends, a caricature artist, free ice cream, new opportunities and just plain fun were also discovered by students attending the annual event held in September.

Student Alumni Ambassadors (SAA) was one of the many organizations present. SAA member Aileen Manhood felt there was a very positive response from students.

"Ours is somewhat of an invisible organization. FUNION is a good way to represent our organization to students," she said.

Freshmen Angie Murphy and Anne Frauenholtz attended FUNION to join in the fun and attempt to learn more about UNI organizations. Both felt it was a positive experience.

"It helped me to see what different opportunities UNI offered," Murphy said.

"It was interesting to see what UNI offered," Frauenholtz agreed.

Groups on display at the event ranged from student governments and Greeks to campus publications and even performance groups. All promised unique experiences for students considering membership.

Each organization had a different reason for being there. Some wanted to give students an idea of what they had to give and others hoped to recruit new members, but most just wanted to have a good time.
R.O.T.H. Community Advisory Board

Shull Hall Senate
FRONT ROW: Scott Pease, Kevin Buesing, Jason Carleton, Tim Walters. SECOND ROW: Frank Parker, Dennis Ramsey, Garrett Parks.

On the air, KGRK's Thomas Geistkemper demonstrates what the station does. KGRK was just one of 35 groups who set up tables at FUNION '95.
Rewards for students who strived for academic excellence went beyond grades. Approximately 25 honor societies recognized scholarly achievements and provided social opportunities for students. The Sigma Gamma Epsilon (SGE) honor society was available to those studying earth science who earned a B average. Aside from looking good on a resume, SGE members employed by the government after graduation would be given a higher pay rate.

According to SGE president Jennifer Weber, the organization’s emphasis was on the classroom. “We’re more academically focused,” Weber said.

SGE members managed to leave the classroom for a little while, however, to go on a few field trips. On one field trip, members journeyed out to collect geodes.

Beta Gamma Sigma (BGS) was open to junior and senior business students in the top 10 percent of their class. BGS helped its members gain valuable experience by holding office and leadership roles. Membership had its benefits after graduation as well. According to BGS president Margaret Tanner, potential employers looked at student membership in BGS very favorably for job consideration.

Members of the biology honor society Beta Beta Beta (BBB) gained hands-on experience. According to BBB president Marcey Hand, members were interested in medical fields, so activities were planned to prepare them. Different speakers from the medical field were brought in to talk. Members also toured the University of Iowa Hospital and the Mayo Clinic. “It’s more service oriented than profit,” Hand said about the bio club.

To begin the induction ceremony, Charles Dodrick, academic adviser for Golden Key National Honor Society, and president Jean Scherman welcome the audience at the Holiday Inn in Waterloo Mar. 10.

Golden Key National Honor Society
FRONT ROW: Linda Lechty, Jennifer Krogmeier, Jean Scherman, Beth Scherman, Brenda Beebout, Brenda Allen, Jonathan Eckert.
Kappa Delta Pi
FRONT ROW: Marne Helm, Tracy Schuster, Jennifer Ibeling, Beth Graff, Mary Sorensen, Cris Spoolstra. SECOND ROW: Garrett Parks, Jessica Wimberly, Jina Wattm, Beth Jones, Linda Lechty, Sarah Smidt, Kristi Dick, Brian Rupp.

Kappa Kappa Psi, Tau Beta Sigma

Engaged in conversation, junior Kelly Spieler and senior Jennifer Bailey mingle among other new members after the induction. New members were initiated on the basis of academic merit and campus involvement.
Raising money for needy organizations wasn't the only way to donate, as Aileen Hughes found when she gave a pint of blood. Sigma Alpha Epsilon sponsored a blood drive in September to save lives instead of raise funds.

Kappa Mu Epsilon

National Residence Hall Honorary
FRONT ROW: Joel Woehler, Nicole Lux, Jennifer Berkey, Jennifer Hengsteberg, Brenda Allen, Melissa Nermers, Jonathan Eckert.

((68 Honorary Organizations))
College students were notorious for always scrounging around looking for ways to make a few extra bucks. Yet, in the midst of the scramble for some cash, some students found time to raise funds for more worthy causes other than their own entertainment.

Campus organizations continued to show their support for their favorite causes through a variety of fund raising efforts.

On Nov. 9, the Student Environmental Action Coalition (SEAC) put on its second annual benefit concert, "Rainfest," with proceeds going to protect rain forests -- more specifically the Central Hardwood Forest in Illinois and Kentucky.

The concert consisted of three local bands: Pez, Salvent and Measure, and attracted a crowd of approximately 150 people. Although it was not as successful as they had hoped it would be, the group plans to continue with the event again next year.

"The turnout was pretty light, but it was a Union concert, and mostly high schoolers attended," coordinator Amanda Bahnsen said.

Other groups hard at work were Gamma Phi Beta and Kappa Sigma, with a co-sponsored pumpkin fund raiser. For two days in October, members from the social sorority and fraternity sold seasonal items like pumpkins, gourds and apples in the Union. Profits went to the American Cancer Society for breast cancer research. The Cancer Society is Gamma Phi Beta's philanthropy, and fund raisers were done annually for the group. Members were pleased with the turnout from the sale and looked to next year for even more success.

"The pumpkin crop was low this year. Hopefully, it'll be better next year," coordinator Sarah Duncan said.

Another group getting into the action was the Financial Management Association (FMA). The group sponsored a food drive for the Cedar Valley Food Bank. They set up drop off sites in the business building and in the Union. Members were satisfied with the overall turnout.

"It was a good start for the first year," member Alauna Ramsey said.

Omicron Delta Kappa

Panhellenic Council
FRONT ROW: Tricia Eastman, Melissa Miller, Laura Marinaccio, Amy Ites.
Question: What do you get when you put 13,000 students in pursuit of a better future through experience, knowledge and social growth into a 850-acre campus? Answer: Chaos! (and a variety of personalities, interests and goals) Many students sought answers from the on-campus organizations in their struggle to fit in and succeed. The wide variety of interest, career and social groups tried to meet these needs by providing a diverse range with options for nearly everyone.

Two examples of the large assortment students had to choose from that may not have been as widely known were the Bah‘a‘ and Triathlon Clubs.

The University’s chapter of the Bah‘a‘ Club filled a need that wasn’t found in too many places. The five-member club focused their attention on the teachings of the prophet Baha‘u’llah and gained growth through speakers, social services and socializing.

"The religion focuses on the unity of mankind. All world religions believe in the same god," group president Cheryl Cheng said. "All tenets work toward this principle."

The club stayed busy throughout the year by hosting a couple of campus-wide events. Members brought in a musician in September and an a capella choir in October. Though religion may not have been at work within the Triathlon Club, training for the swim, bike and run competitions was. Other group members focused their club efforts on fundraising to defer the costs of triathlon entry fees. Topping their list of fundraisers was the "Fools Run" on April Fool’s Day. Also, in May the group cooperated their efforts with the Cedar Falls Chamber of Commerce to provide the "Senior Challenge," a senior olympics qualifying day for people over 50.

Although the group enjoyed the support of fellow members, the triathlon season was mainly in the summer, not during school.

"Everyone has their own schedules and participates in the events that work best for them," faculty adviser Carl Thurman said of the season.

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**Pi Sigma Epsilon**


**Phi Upsilon Omicron**

FRONT ROW: Bonita Langreck, Susan Spragg, Jennifer Freese, Amanda Zenishek, Nikki Bagenstos, Julie Lubke.
Sigma Delta Pi
FRONT ROW: Jean Scherman, Megan Johnson, Erik Ladner, Beth Scherman, Brenda Beebout. SECOND ROW: Nicole Lux, Dawn Hawkins-Ahrens, Tiffany Healy, Julie Allen, Molly Dillon, Frea Berseter.

Sigma Gamma Epsilon

Enthralled by a story being told by Medieval Reenactment Society's Bruce Lapham, several members listen in during a skit in the Union. The group gained some recognition by staging random acts throughout the year.

((Those Less Known 71))
With a smile and a handshake, American Marketing Association and Phi Sigma Epsilon adviser William Wolfe accepts his Outstanding Student Organization Adviser award from VP Sue Follon.
After a year of hard work and dedication, the moment we've been waiting for. The envelope please, and the winners are... Advisers and students leaders congregated in the Union Expansion April 9 for the reception and program which recognized the outstanding actions of organizations and the people who lead them.

In the category of "Outstanding Student Organization," three groups, Kappa Delta Pi, St. Stephen the Witness and the Beta Nu Chapter of Phi Upsilon Omicron, proudly accepted $75 checks and plaques as an award. Judging was based on four categories: the development of leadership, awareness of diversity and the organization's service to the University and community.

Kappa Delta Pi developed diversity awareness through their Unified Activities program, which brought disabled and non-disabled children together for various activities. "Unified Activities helps everyone realize that we are more alike than different," the group's president Nikole Gersema said.

St. Stephen, the Catholic student organization, implemented leadership development. "St. Stephen's helps students to become aware of their gifts, talents and potential and supports its members in becoming active and being leaders," junior Sara Frankl said.

Beta Nu members raised money for Big Brothers/Big Sisters, rang bells for the Salvation Army during Christmas and worked with the Child Care Resource and Referral Agency of Exceptional Persons, Inc. to raise awareness of child care problems.

Three deserving advisers also won "Outstanding Student Organization Adviser" awards. Old Gold yearbook adviser Karen Mills; Mohammed Rawwas of International Student Association and International Club of Business Students; and American Marketing Association and Phi Sigma Epsilon adviser William Gary Wolfe landed the awards.

Leadership essay award winner Lyvongkham Luck concentrates on reading her essay at the annual Outstanding Organizations award reception.

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At the serving line, Japanese foreign exchange students Mika Tanaka and Marie Vedu help out at the International Food Fair. The fair was organized by ISA, whose adviser was one of three to win an Outstanding Adviser award.

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Sigma Tau Delta
FRONT ROW: Nikole Gersema, Joseph Leavitt, Rita Soenksen.

Tomahawk

((Outstanding Awards 73))
Backstage, performers bustle around in hectic anticipation. As the tension builds, students scurry to find their places and lights flood the stage. Performance groups were as varied as the students who belonged to them. Students not only learned to express themselves, but also found special places to gain friendships and relax after a long hectic week of classes.

Gospel Choir president Paul Coty agreed. "It is a blessing to be able to be a part of such an uplifting organization. It helps offset what is sometimes an otherwise frustrating week," he said.

Throughout the year, various opportunities arose for the groups to perform off campus. The Medieval Reenactment Society put on shows in Waterloo and Des Moines. Members enjoyed teaching people history while performing.

"The performances we do are not only educational, but also historically correct. We can show people things they would not necessarily expect to see with unusual characters," performer Heather Hoffmaster said.

The Folk Dancers, in coalition with the International Dance Theatre, tried to teach people about dance performances and customs from other cultures.

A new dancer with the group, senior Julie Rullan, commented on the feeling of community within the group and the value of their productions. "Through our stage performances, we're able to promote diversity. Dance is universal. It transcends every culture," she said.

The Medieval Reenactment Society was not the only organization at the University that promoted educational and cultural awareness through performance.

The Folk Dancers, in coalition with the International Dance Theatre, tried to teach people about dance performances and customs from other cultures.

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Costumed in beach party Homecoming garb, dancers Eric Berryman, Joseph Aldiano, Renee Nestier, and Becky Lohr entertain the crowd at the pep rally, while the UNI marching band looks on from the background.

Alpha Phi Omega
FRONT ROW: Kristi Hartmann, Jennifer Wiebers, Suzanne Topness, Kristie Hageman.
SECOND ROW: Alice Stevens, David Hulet, Ann Robertson, David Kuehner, Jack Dostal.

Asian-American Student Union
FRONT ROW: Linh Tran, Lyvongkham Luck, Det Voutsalath, Mui Ung. SECOND ROW: Jason Swarbrick, Khamphee Kankeo, Seng Lee, Nok Kankeo.

((74 Interest Organizations)))
Captivating his audience, entertainer Bill T. Jones pauses for a moment during his informance in the Commons. The one-man show, which drew both students and community, was brought to campus by Theatre UNI.

Association of U.S. Army
FRONT ROW: Karen Patterson, Nicky Zimmerman, Monica Hall, David Kuehner, Shane Roach. SECOND ROW: Nicole Cagley, Jeffrey Lovell, Lisa Popp, Kendall Tack, Kiann VanDenover, Suzi Kozaki, Cory Schowengerdt.

Campus Scouts
FRONT ROW: Melena Haskovec, Suzanne Topness, Rebecca Disenhouse, Linda Lechty.

((Performers 75))
Community service didn't have to be all work as Melissa Harbaugh-Adams found when Omicron Delta Kappa visited the Country View Care Center. Group members played bingo with the residents.

Gender Equality Association

International Dance Theatre

((76 Interest Organizations))
Helpful and giving were not words typically used to describe college students. However, student organizations across campus worked to change this stereotype. Various groups made a positive impact on the community by performing volunteer work.

The Pre-Physical Therapy club went into daycares in the area and educated the children about the disabled. The club also planned a “Hop for Money,” with donations going to Easter Seals.

According to club member Amie Mowen, despite previous lack of participation, the group still held high hopes for a successful project.

Gender Equality Association (GEA) members helped Habitat for Humanity by putting the finishing touches on a house. The program utilized volunteers to help build homes for the needy.

According to program chair Deborah Jackson, it was an all-day affair. “I worked from 8 a.m. until 7 p.m.,” Jackson said. Several members enjoyed the work and continued it on a regular basis.

Members of Alpha Pi Omega (APO), a national service fraternity, concentrated on various “green” projects. Boxes were set up in the residence halls to encourage magazine recycling. APO members also volunteered their time at the Cedar Falls recycling center and planned to plant trees in Davenport.

The Student Interior Designers of Northern Iowa (SIDNI) focused on the holiday season as a way of contributing. SIDNI adopted a family for Christmas through the Salvation Army. “We tried to adopt a large family since there were so many students involved in the project,” SIDNI adviser Melba Widmer said.

Members raised money for the project by working at the career fair, using club dues and donating a few dollars instead of exchanging Christmas gifts.

The Lutheran Center helped area youth by initiating an outreach program. Members volunteered for church youth groups. “Many of the youth groups don’t have leaders and aren’t very strong. Hopefully, this will help strengthen the groups,” sophomore Adrian Walter said.

International Student Association

KGRK
A new name and a new attitude marked the Nov. 10 and 11 weekend of events when students postponed dates, turned down party invitations and cancelled bar plans to spend time with their families. Formerly Parent's Weekend, the annual event was renamed Family Fest to encompass all families, not just the traditional ones, given the fact that many students were starting families of their own.

The weekend saw a campus full of families, events and activities. Student organizations showcased their work and performed for the visiting families.

One organization participating each year was the Student Athletic Trainers. About 24 members presented several training demos to families, students and faculty. A poster made by the group was also on display in one of the classrooms explaining the transformation from student to professional.

"The turnout was great," senior Eric Knudson said. "Probably 85 to 90 percent of the parents and families were able to attend!"

The group showed the sports medicines used by the trainers, the technology involved in rehabilitation and a presentation of what was involved in pregame preparations.

"The open house is an excellent opportunity for the students' families to meet the staff and see firsthand how the students are doing," Knudson said.

International Dance Theatre and Orchesis members put together a special performance and concert for the occasion.

Nearly 60 dancers graced the stage in 16 dance numbers, which were accompanied by the instrumental members of Orchesis.

"The attendance was extremely good," International Dance Theatre director Kathy Kerr said. "The audience was very appreciative."

Another group putting on a show for families was the UNI Marlins Synchronized Swim team. The six participants began with an underwater swimming demonstration, and then performed a 45-minute routine along with the Little Marlins, a group of children the Marlins coached throughout the year at the YMCA.

Orchesis

UNI Rotaract
Student Alumni Ambassadors

Student Environmental Action Coalition
FRONT ROW: Adrienne Hallett, Emily Hamilton, Freya Berstler, Nicole Tierney.

Reacting to the burst of fire, a crowd participant stands in awe during a chemistry demonstration. The American Chemical Society hosted an open house and magic show for friends and families during Family Fest.
Pakistani music has Ali Awan dancing, while Adam Afridi strums the guitar and Ahmad Fahmy beats an Egyptian drum at the International Food Fair in October. Different cultural performances were given throughout the evening.

UNI Democrats

Marlins
Say Yumwunseng five times real fast. Then try saying Bulgogi, Mojadara or Roti Jala. Give up? Not all of the nearly 250 guests at the annual International Food Fair could pronounce these words, which were actually specialty dishes from Thailand, Korea and Palestine. Many had probably never heard Egyptian drum music or seen Banda dance from Mexico either, but on Oct. 25 the International Student Association (ISA) treated them to all that and more.

“Our purpose is to increase awareness of international culture on campus,” said Tai-Teh Ju, president of ISA. “The International Food Fair is a tool to do that.”

The fair, which featured students’ recipes from seven countries and performances from over a dozen others, sold out far in advance.

“People were lining up outside without a ticket reserved,” Ju said. “It goes to show that UNI is interested in international culture.”

Most of those who prepared and served the food were international students, who also entertained guests with skits ranging from African humor to a Caribbean merengue to an Indian group dance.

Senior Chee Nee Tan, who coordinated the fundraising and sponsorships for door prizes, was proud of the organization’s efforts. “This is to promote international culture, not only to UNI but to the community of Cedar Falls and Waterloo,” she said, adding that “ISA is open to all students, not just international students.”

Despite the success, anonymous claims of food poisoning reported in the Northern Iowan threatened to brand the fair. ISA members were angry with the article’s negative focus. “You can’t just publish it [without the facts],” Tan said. “We don’t want to kill people.”

The Health Center found no link to the event. “We only saw one case, and that may have been coincidence,” said Lewis Hardin, Health Center Director.

Regardless of the accusations, student reactions were positive. “The fair provided an easy way to travel -- no planned bookings, no luggage lost,” said Emmanuel Nyanurinda, who attended and performed.

UNI Student Moviemakers Association
FRONT ROW: Amy Sauerbrei, Adam Lawrence, Susan Sheriff, Marc Atwood, David Detels. SECOND ROW: Jessica Hoots, Brenna Garvey, Larry Sells, Jessica Barnes, Cyndy Ludeking, Eric Ryan.

UNI Students for LIFE

(INTERNATIONAL FOOD FAIR 81)
huddles together laughing as they recap the week’s events. Still others sit around a table enjoying coffee and cookies while listening to the performers. While this could have been the scene at any coffee house, no one would have expected it to be the setting for Christian fellowship and spiritual strengthening. For the first time since the 1970s, the Wesley Foundation reopened the Questrest Coffee House as a vehicle to promote religious thinking, offering live music, poetry readings and various skits.

“We wanted to give students an alternative to partying and the Hill, and it’s been a big hit,” said junior peer minister Sarah Roberts of the totally student-run coffee house which opened its doors one Friday night a month.

Campus Crusade for Christ (CCC) also cast aside some of the more traditional forms of ministry in order to reach more students. In addition to informal group meetings, bible studies and social gatherings, those involved in CCC had the opportunity to take their mission on the road.

“Over spring break we have a conference in Daytona,” CCC president Troy Jeffrey said. “It gives us a chance to get out on the beach and minister. We’re able to have a great time and still get our message out.”

Having fun while sending a spiritual message was the aim of the 10 to 20 weekly meetings of the Catholic Student Association, as well. Everything from retreats to social events to outreach programs and educational classes helped to create a faith community among the nearly 800 students registered with the Center.

Acoustical music reverberates from an amplifier while students groove to the beat. Another group

Campus Bible Fellowship

Campus Crusade for Christ
Hamag Shimim
FRONT ROW: Rebecca Disenhouse, Michael Heeren, Amy Schmeltzer.

InterVarsity Christian Fellowship

Tentmaker members rush for the ball during a beach ball tournament in the UNI-Dome. The group hosted "The Main Event," a weekend retreat consisting of games, motivational speakers, fellowship and concerts in September.
Campus Crusade for Christ member Kellie Montag launches her tube, while others wait their turn at a sledding party held in January.

New students searching for direction, as well as returning students planning their futures, sought to enhance their year by participating in the various religious organizations offered on campus. For some they provided guidance, for others strength, both mentally and spiritually. And for most, the groups also provided a social outlet for fellowship and outreach.

Students rollerskated with the Campus Bible Fellowship, had coffee in the Wesley Foundation’s Questryst Coffee House and attended slumber parties with the United Methodist Student Center. Approximately 300 students met on Thursday nights for fellowship with Brothers and Sisters in Christ (BASIC) to participate in skits, play music and listen to speakers. Each organization provided outlets for the students.

“Our primary focus is to deepen our relationship with Christ and study the scripture,” junior Kim Noon said.

Noon, who was a member of The Navigators, added that the support gained from friends was an advantage. The group had a New Year’s Eve party that consisted of a semiformal dinner followed by video games where groups were given props, locations and a video camera to create their own shows.

For most, endless opportunities abounded in the clubs. Another group that provided a haven for students was the College Hill Lutheran Student Fellowship (CHLSF). Members participated on a mission trip to Tennessee. The group helped a poverty-stricken community just outside of Knoxville. During the year, there were hayrides, bonfires and volleyball.

Member John Russell commented on the home-away-from-home feeling at CHLSF.

“College is so stressful. We have a serious side plus fun times to just relax, laugh and be comfortable,” Russell said. “My youth group back home kind of transferred up here. They are based on the same ideas and principles.”

Whatever the organization’s objectives, students found places in them to be comfortable and feel at home.

Wesley Foundation
FRONT ROW: Marsha Dunn, Amy Loy, Cindy Conrad, Clint Ball, Alison Crisman, Marcus Bishop.
With a game of Risk between them, Campus Crusade for Christ members Stephen Gardner and Troy Jeffrey concentrate on the next move. The group got together for fun and fellowship.

Jumping to his feet in a moment of excitement after a touchdown is Campus Bible Fellowship member Matt Danaic. The group watched Dallas take on Pittsburgh on a big screen TV at the Greenhouse Superbowl Sunday.

((The Lighter Side 85))
shaky name by reinforcing old stereotypes. "I never thought I would join a sorority because of the stereotypical 'sorority girl' image," senior Cassandra Gartner said. "But once I met the girls in Alpha Delta Pi, I realized that it isn't like that. It's just a group of friends."

The UNI Greek system, which included four social sororities, had a big influence both on campus and in the community. Each house did individual philanthropies (community service), as well as coming together in Greek-wide projects such as blood drives, special olympics and campus clean-ups.

After an Iowa pledge died in the fall, the Greek governing bodies (Intrafraternal and Panhellenic Councils) responded by revising the Greek alcohol policy, hiring security guards for all-Greek functions and re-emphasizing the importance of the watchcare system. They made it known that the purpose of parties and functions was to meet others and have fun.

Parties were not the only activities. Each house had sister/brotherhood events to build unity.

One of the most successful activities was during Greek Week when hypnotist Mark Pittman performed.

Beyond community service and social activities, the Greeks provided their members with more. Alpha Phi member Natalie Clausen summed it up. "I've gained leadership experience and friendships that will last a lifetime," she said.

Alumni Organizations

"Delta, Delta, Delta. Can I help ya, help ya, help ya?" "Saturday Night Live" gave the sorority girl a

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\[ \text{Alumni Organizations} \]

\[ \text{Alpha Delta Pi} \]

\[ \text{Alpha Xi Delta (Group 1)} \]
Member Emily Thompson and a few of her sorority sisters participate at a Spirit Day in preparation for Rush. Approximately 40 women gathered, donning their Greek letters for games, treats, songs and fellowship.

Alpha Xi Delta (Group 2)

Delta Chi
FRONT ROW: Joseph Parrish, Dan Skelton, Tim Ovel, Troy Errthum, Mathew Syverson, Michael Formanek.
Steppin’ to the beat, Pi Beta Sigma members entertain for an audience during a fall variety show. Throughout the year, the group performed step shows for various events, such as Homecoming and the tree lighting ceremony.

Delta Upsilon

Interfraternity Council
FRONT ROW: Dan Smith, Chad Ranck, Jeremy Whitaker.

((88 Greek Organizations))
The movie "Animal House" depicted an image of fraternities which was not easily forgotten. In the past, fraternities were seen as nothing more than organizations where men got together to party until they puked, pick up women and buy friends they couldn't make on their own.

Throughout the year, campus fraternities fought to win back a reputable image by shifting their main focus to academics and leadership qualities.

"In the past, fraternities have undertaken many stereotypes including the wild, beer-drinking, womanizing, college idiot," said Chad Ranck, four-year member and former president of Kappa Sigma.

"These stereotypes are not true. For instance, people always talk about hazing and want to know what we do to our new members. But for one thing, hazing has never been legal, although we do have some sort of initiation," Ranck said.

Ranck went on to explain the intentions of fraternities which were usually overlooked.

"The main purpose of fraternities is to enhance a man's life by providing social outlets, scholastic opportunities, leadership positions and by bonding in the form of brotherhood throughout his college career," Ranck said. "Furthermore, we do philanthropy, community service projects and sponsor campus activities like the AIDS quilt."

One incident which threatened to bring a negative image back to the Greek system arose when a University of Iowa rushee died last fall in an alcohol-related accident.

Most of the houses worked to change that image. According to Troy Errthum, two-year member and former president of Delta Chi, fraternities have undergone major revisions in the past few years to diverge some of the stereotypes of the past.

"Now we are more academic and leadership oriented as opposed to partying all the time," Errthum said. "Our main purpose is to balance our members' lives, but to get the social side, too. You can join any club on campus, but fraternities offer more opportunities, scholastically as well as socially," he added.

Hypnotist Mark Pittman directs a crowd of students to do a Hula dance. The Greeks planned special events for members throughout Greek Week in March.

Order of Omega

Sigma Alpha Epsilon

((Fraternities 89))
Ready for the kids to arrive, Alpha Xi Delta members Sara Stegman and Jodi Lawson sit at a Family Fest registration table at Young Arena. In keeping with their national philanthropy of "Choose Children," the sorority volunteered for several child-centered events in the community.
Fraternities and sororities did a lot more than just sing songs and run around campus wearing little Greek T’s and sweatshirts. They provided various services to the University and the surrounding community. Delta Upsilon began a new endeavor called “Project Impact.” Men from the house paired up with about 15 kids in a Big Brother/Big Sister program twice a month and went to movies, hockey games or the museum.

“It’s a lot of fun,” sophomore Jay Nelson said. “It was a little awkward at first to try to get to know these kids. But now we’re all buddies.”

The project organized by Delta Upsilon was the first of its kind anywhere in Iowa.

Greek services did not have to extend into the community, however, as Missy Svobda, member of Alpha Delta Pi, pointed out.

“We paired up with a fraternity for a lot of our projects,” Svobda said. “We did a lot with them for Greek Week and Homecoming when we painted windows and worked on our floats.”

A philanthropy emphasis was established within the Greek system to help organize humanitarian projects.

Some members of Delta Chi found themselves teeter-tottering with area children in Collegen Square Mall to raise money for the American Heart Association.

“We raised over $500,” former Delta Chi president Troy Errthum said. “We even had some people in the mall teeter-tottering with us throughout the day.”

National health organizations tended to be very popular organizations for Greeks to donate their time and efforts to.

“We did a ‘Relay for Life’ for the American Cancer Association,” sophomore Krystal Shanks said.

“Members of Alpha Xi Delta asked for pledges, and then we either walked, ran or ice-skated laps in Young Arena.”

Other projects included raising money for the Ronald McDonald House, cleaning up the highway each semester and working at a phone bank to keep the Greek system financed.

Merry Christmas and a Happy New Year to all of you.
Organizations across campus strived to reach new levels this year, and many succeeded. Approximately 160 organizations, each with its own life, personality and goals, provided students with opportunities to exercise professional skills and to gain valuable learning experiences. As students struggled through heavy class loads, jobs and busy social lives, groups helped prepare them for the future.

While the activities of many campus organizations were featured in this section, it was impossible to include all groups. Some of those not previously mentioned are given attention here.

The UNI Student Moviemakers created their own film and video productions all over campus. They showed their first major production of the year, "Purgastories," on Halloween night. According to one group member, the unofficial motto of the year was "Moviemakers: We Make People Sick," due to a sequence of events that took place during the year. It started during Homecoming week when their window painting involved ocean waves that made people sea sick.

On a brighter note, the forensics teams continued to climb to higher levels. One of the oldest organizations on campus, forensics included the speech team and the policy and debate team. The UNI Speech Panthers won the state tournament for the eleventh straight year. According to their adviser, it was an intellectual sports group. Many weekends they were on the road competing against other teams. This year, the Speech Panthers got a new opportunity to gain exposure by entertaining for the American Postal Workers Union.

Kappa Mu Epsilon (KME), a national honor society for math students, was another that had been around awhile. The Iowa Alpha Chapter was the second chapter founded (in 1931) and was stronger than ever. The honor society sent its members to Topeka, Kan. to present papers as well as meet other chapter members.

KME wasn't the only group to venture off campus. The American Foundrymen's Society (AFS) raised approximately $5000 to send 16 members to Philadelphia for a four-day casting congress and equipment exposition.

The AFS also assisted the Metal Casting Center with a disaster drill held in their center. The drill was formulated in response to a tragic steam explosion in an Indiana foundry during the past summer.

Another organization, which works in coalition with AFS was the Society of Manufacturing Engineers. This fall, the two groups cosponsored a kick-off party during Homecoming week. They held a barbecue in front of the Industrial Technology Center to increase chapter awareness and recruit new members.

Groups such as Students for L.I.F.E. and Peace promoted programs which created awareness and provided support groups. Others, such as The University of Northern Iowa Women's Action Coalition and five others, became brand new groups during the 1995-96 school term.
The lead singer for Pez puts on a show for students attending Rainfest '95. Rainfest was sponsored by the Student Environmental Action Coalition. Proceeds from the evening went to the Central Hardwood forests in Illinois and Kentucky.
It was a decision based on things like room size, location and perhaps legacy. But beyond opting for coed or same-sex living, few of us gave much consideration to the people who would be our neighbors. And yet, when we settled into the places we learned to call home, we settled into an environment that would undoubtedly color our experiences from that point forward.
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As early as the first week of classes, the effects of that single decision to live in one hall over another touched us. Our neighbors soon evolved into our friends and acquaintances, and sometimes even our enemies. Their influence reached into all sectors of our lives, affecting the classes we took, the bars we hung out at, even the places we ate. And when once we might have called home for advice, we began seeking out comfort and support from within this new realm created from our decision.
FRONT ROW: Paul Kulbitski, Kazuo Nakamura, Rudy Syarief, Vladimir Maslakov.
SECOND ROW: Masato Inada, Eric Shields, Andrew Gregersen, Joby Fry.
In an effort to cater to the needs of students, the campus Health Center began selling over-the-counter medications this year. According to Health Center pharmacist Karla Fegley, the demand for these products was great because of the fact that there was no pharmacy close to campus. This caused problems for students without cars.

Health Aid Coordinator Joan Thompson said students used to be able to buy medication at Berg’s drug store which was located on the Hill.

"Once Berg’s shut down, students had no drug store close to them," Thompson said.

Besides the normal health care treatments, doctoring and medical advice, this year a variety of items including various painkillers, allergy medications, condoms and pregnancy tests could be purchased at the Health Center.

Another bonus was that students could purchase these products with cash or charge them to their University bill.

Approximately sixty items were sold to students each week. The most popular of these items were painkillers and cold medicines such as Advil and NyQuil.

Generic counterparts of most products were offered to help keep the cost down for students. The prices of these over-the-counter products ranged from a low $0.90 for Malox tablets to a more pricey $14.25 for a home pregnancy test.

Fegley said students’ needs were the main reason for implementing the new program. Making money for the Center or providing discounted deals for students were not direct aims of the new program.

"Some prices are less (than other pharmacies in the area) and some are more. This service is offered more for convenience than for price," Fegley said.

Junior Jenny Greim found the over-the-counter medications to be very helpful. "It is so much easier for me to grab what I need on the way home from class, rather than having to drive all the way to Wal-Mart or somewhere," Greim said.

According to Thompson, the over-the-counter medications were very popular with students once they became available. As students became more aware of the service, they utilized it often for everything from their sniffs and sneezes to their backaches and bruises.

Over-the-counter medications became as easy to obtain as signing a piece of paper. Payment became equally as easy with convenient U-bill charges, and the competitive prices at the Health Center made the new service not only easy to use but also a smart alternative to going to a drug store.

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THIRD ROW: Michelle Yearous, Jennifer Bac cus, Rhoni Harrington, Toshimi Onoe, Gretchen Griffith.

FRONT ROW: Brian Dunn, Daniel Chodur, Mark McKinstry, Hideki Teramoto, Brian McKin nis, Young-Kweow Son. SECOND ROW: Brian Ungerer, Phath Baccam, Rajesh Rajoo, Kent Anderson, Robert Hopp, David Olsen.


FRONT ROW: Kerby Hanson, Chad Lovan, Matt Neswold, Khamphee Kankeo. SECOND ROW: Mike Heidbrunner, Damon McLaughlin, Tom McGrane. THIRD ROW: Patrick Carr, Chad Lutter, Nate Eisenhauer, Craig Bloxham, Martin Zak, Carl Pierce.
“Residents here have to deal with diversity head on. There are some barriers, but the students seem to accept it in a mature way.”

- Resident Assistant Liz Irmiter
Cafeteria food. The phrase often conjured up the most negative of memories: unidentifiable casseroles warmed over until their edges were rubbery and dry, soups with strange lumps loosely called meat and Friday entrees that mysteriously resembled Monday and Tuesday's lunch menu.

But while these may have been the typical perceptions, the 4,900 University students with meal plans would be the first to attest that the dining centers worked to dispel these stereotypes. "I was surprised at how good the food was," freshman Kim Moreland said. "It is nothing like high school cafeteria food."

"I like the variety," sophomore Shannan Kadner said. "There are lots of choices, so even if I don't like the main dish they're serving, I can still find something that I like to eat."

Along with variety, convenience made the list of dining center benefits. "I like not worrying about cooking," senior Scott Spence said. "It is so much easier to just stop in the dining center and grab a meal than to make one yourself."

"It is so much easier to just stop in the dining center and grab a meal than to make one yourself."

- Scott Spence

Given the new trend towards health consciousness, many students also appreciated the attention paid to making nutritious meals. Posting fat content of menu items, providing a salad bar alternative and having low-fat menu options helped students keep off the infamous "freshman 15."

"Considering all the people they feed, I think they do a great job of being fat-conscious," Moreland said.

In keeping with being receptive to student needs, several student focus groups were initiated in the fall by the Department of Residence/Dining to gain feedback about the on-campus dining experience. According to Mona Milius, associate director of residence/dining, an expanded salad bar with soup and a deli bar in Campbell, extended breakfast hours in Towers and more flexibility in meal plans were implemented as a direct result of student input.

"The changes in Campbell and Towers are being looked at as pilot programs," Milius said. "We'll look at costs and student reactions before making them available in the other dining halls."

The benefit of all-you-can-eat draws on-campus student Javier Johnson to Redeker Dining Center for his evening meal. Unlimited trips through the food line was one advantage of opting for a meal plan.

FRONT ROW: Toby Lauterbach, Bryan Walker, Anthony Farmakoulas, Nate Fehl, Matt Jansen, Ted Adams, Wesley Heiar. SECOND ROW: Jeff Folkman, Brian Ring, Chad Simmons, Jon Blevins, Aaron Maitland, Chad Hansen, Joe Fuxa. THIRD ROW: John Leavitt, Mike Beane, Bradley Sessler, Shane Spencer, Ben Overgstein, Tony Borghin. FOURTH ROW: Dustin Drzycimski, Dan Teske, Ryan Fitzharris, Michael Wolter, Brian Ross, Greg DeGroot, Mike Olerich, Ben Christopher.

“There’s a party in my room tonight... Be there!”

Those words were heard by many people living in the resident halls at least once a weekend.

“I have a party in my room every Thursday night,” freshman John Panek said. “I invite a few guys over and we drink before we go to the bars. We get really drunk first because it’s cheaper, and we’re not old enough. I try to stay out of trouble with my RA, though. So far no one has said anything to us.”

“There’s usually a party in our hall at least twice every weekend. Our RA doesn’t care. He even told us all to bring all the alcohol we wanted to a hay ride once,” junior Nate Lubs said.

Some residents partied in their rooms for special occasions such as birthdays or to celebrate surviving the stress of mid-term exams.

Not all on-campus parties involved alcohol. Bender hosted a pumpkin party which offered its residents good, clean fun. Not everyone was clean, though. Sophomore Missy Schmidt and junior Emily Wisnja help freshman Lisa Carpenter get messy.

Others did not need a specific reason to host a party.

“We’ll have a party in our room before we go to the bars. We usually have about 10 people over. It’s more fun to party at the bars, but the reason we start drinking in our rooms first is because some people aren’t 21. We’ve never gotten into trouble and our neighbors haven’t complained,” sophomore Emily Crumly said.

However, drinking was not the only entertainment students engaged in on the weekends. House events, such as bowling, educational programs, and fund-raisers, encouraged students to participate in constructive and informative activities.

Bulletin boards and posters warned of drinking. “Drinking in the dorms is not that big of a problem. It happens a lot, but most people are pretty smart about it. The biggest concern about drinking is not that people are under 21, but that they could harm themselves or the University’s property,” Bender resident assistant Brian Cox said.

Instead of the normal party scene, freshman Bender resident Peter Fritz kicks back, relaxes and listens to sophomore John Crawford play his guitar. These friends liked to spend time hanging out while Crawford jammed.

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"Never walk alone at night." Okay, you know the drill: the car’s unpacked, books have been bought and the savings account emptied. But before the school year can officially begin, your parents have to give their last words of wisdom. Advice ranged from how to get the most out of a lecture to how much sleep was needed every night, but how could they call themselves parents if they didn’t give some input on safety?

The University made an extra effort to put parents’ minds at ease. In the past public safety, Kappa Sigma and Northern Iowa Campus Escorts (N.I.C.E.) offered escort services to students on campus.

This year All Campus Escort Services (ACES) replaced N.I.C.E. The service, consisting of over twenty volunteer escorts, was started by a group of students with the help of Bartlett and Noehren hall coordinators. Headquarters for ACES was located in 155B Bartlett and was available from 6 p.m. until midnight, Sunday through Thursday.

“It’s comforting to know I’ll never have to walk home alone.”
- Wendy Rezab

Although Cedar Falls had recently been named the safest college community in the nation by the publication Crime at College: The Student Guide to Personal Safety, the escort service wanted to be available to prevent incidences from occurring. Student director Jill Dykstra was hopeful the service would accomplish just that. “If escorts are used, UNI will feel like an even safer place,” she said.

Students were also in favor of the service and the comfort it offered. “It’s comforting to know I’ll never have to walk home alone,” sophomore Wendy Rezab said.

While the service was not used as frequently as ACES would like, most students agreed it was nice to know it was available if needed. “I’ve always had someone with me when I’ve been out at night. But if I don’t some night, I’ll use an escort,” sophomore Neko Nicholson said. 


FRONT ROW: Gary Dunham (hall coordinator), Heather Gookin, Carrie Anderson, Emily Nuss, Kandy Jones, Janna Shrum. SECOND ROW: Chad M. Hansen, Jeffrey Schenmel, Dean Patton, Warren Freeman, Brian Cox, Wesley Robinson.

((106 Housing))
Ghosts, pumpkins, Big Bird, the Mighty Morphin Power Rangers and even Troy Aikman attended Campbell Hall's annual trick-or-treating spook night.

Much time was spent in preparation for Halloween as residents decorated hallways, bulletin boards and themselves for the children who roamed from room to room in search of candy October 30.

Campbell was among many of the residence halls that gave parents the opportunity to take their children to a safe, warm, and fun environment for trick-or-treating. Children were thrilled over the bundle of goodies they went home with, and parents were pleased at the fact that they didn't have to spend an evening in the cold roaming from block to block.

"We saw one little boy who was dressed up like Barney, dragging his bucket. It was too heavy for the poor little guy to carry," senior Holly Teale said.

My favorite kid was this one little girl dressed as a baby panther. She could barely walk, but she was getting candy," freshman Tiffany Roscovius said.

"The little kids even did tricks if you asked. Some of them told jokes, and one even stood on his fingers," Campbell resident Cara Svalstad said.

Trick-or-treating was not the only Halloween fright at Campbell Hall. Houses competed for the spookiest floor and bulletin board decorations. Some residents showed their spirit by becoming a "Secret Spook." They would leave treats outside each others door throughout the week. Then as the monsters roamed the halls the "spooks" true identity was revealed.

Some houses hosted fund-raisers by selling caramel apples or cookies. Other halls did special things for Halloween, but Campbell residents seemed to think that they had more Halloween spirit than any of the other residence halls.

"Basically because it's a lot of fun, and it gets us in a spooky mood," freshman Sally Cline said as she handed out her last piece of candy.

Having a blast, this little princess roams around the halls of Campbell in search of candy and other goodies. The royal looking youngster joined many other children in celebrating Halloween the Northern Iowa way with trips to the different residence halls.


Ooga booga! This excited little caveman looks on with bright eyes, a thrilled grin and a wide open bag to receive Halloween candy from Campbell resident Tiffany Spates. Many residents opened their doors to the trick-or-treaters to provide a fun, safe environment for the children.


Living on the Outside

All students had the option of living off-campus, but most spent the first couple of years in the residence halls. However, once upperclassmen, most made the transition to their own house or apartment.

Of the students registered full-time last year, nearly two-thirds lived off-campus. The largest percentage of off-campus students was made up of seniors. Only 458 out of 3,474 seniors lived on campus. Privacy, money and personal issues were some of the main reasons for off-campus living.

"You feel more independent living off-campus, but you're further away from classes. I think both offer advantages, and it just depends on what the person's needs are," senior Amy Whitefall said.

Not all upperclassmen chose to live off-campus. Some never thought about leaving. "Moving off-campus has never really been something high on my list of priorities. Basically because it's cheaper for me here," senior Jon Testrake said. "Maybe it's a little noisier here, or you might get a bad roommate, but it's closer to my classes and everything else, so I can walk."

Seniors weren't the only ones who lived off-campus in large numbers. Out of 2,831 juniors, only 722 still lived on-campus and less than half of all sophomores lived off-campus.

However, the on-campus options did not go unused by everyone. Freshmen filled the residence halls, with 2,137 of a total 2,691 opting for the convenience of community living. Those few freshmen who did make the choice to live off-campus did so with good reason.

"I have a son, and it's more private to live off-campus, but it is still close so I'm still around everything that's going on. I'm still involved," freshman Katy Vandyke said of her decision.

Most on-campus students enjoyed food already prepared in the dining centers, but students living off-campus didn't have that luxury. Sophomore Rebekah Riehl joins the off-campus population in search of an easy meal at Econo Foods.

FRONT ROW: Kelly McVay, Nicole Bock, Laura Rohwedder, Tammy Daniels, Amy Lowery, Megan Wrage. SECOND ROW: Amy Hartman, Jennifer Doughman, Cindy Hughes, Shannon Rudolph, Kathleen Leahy, Emi McCarty.


((110 Housing)))
"I have an awesome house. My residents and I get along great, and I plan lots of activities for us."

-Resident Assistant Valerie Carlson
It was a sight you could count on nearly every Friday afternoon. Piles of laundry stuffed into sacks and luggage crammed into cars signaled another weekend mass exodus, giving UNI the reputation of a suitcase campus.

"That’s actually the first thing I had heard when I chose UNI was that it’s a suitcase campus and a suitcase school," freshman Heather Murken said.

"A lot of people leave for the weekend. I went to Coe [College] my first year and it wasn’t a tenth as bad," said sophomore RA Kurt Klosterman, who remembered one weekend with only three people left on his floor.

Reasons for taking off included long distance relationships, family commitments and visiting other college friends. But the biggest culprits were homesickness and boredom.

"There’s usually nobody here," freshman Andrea Weber said, explaining why she heads home every three weeks. "There’s not really anything to do up here on the weekends."

Freshman Will Stensrud visited his hometown in the Quad Cities because "when I stay here it does get a little boring on the weekends," he said. "I’m not one to go out and party a lot."

Sophomore Kelly Angell, a desk assistant in Bender, heard a lot of similar excuses. "But at the same rate, if you don’t stay here, there’s never going to be anything to do if everyone keeps going home all the time," she argued.

Sophomore RA Susie Hamilton noticed the homesickness problem.

"I guess it’s mostly new students, freshmen or transfers. They get a lot out of going home on weekends,” she said.

"It’s just the whole transition," sophomore Scott Sievers agreed. "First semester anyway, they haven’t gotten accustomed to living up here away from home for awhile, away from mom’s cooking and stuff like that.” He added that most students were within a 4-hour drive, which made it easier to hop in the car and take off.

"There’s some people who go home for boyfriends and all that stuff, which I don’t think should happen. You should stay here in college and live your college life here in the residence halls,” said freshman Kelly Edmunds, who occasionally went home for “some home-cooked food.”

"People say, ‘oh, well, there’s nothing to do up there so you have to go home every weekend.’ I totally disagree with that,” Murken said. "I don’t know why people say that, personally, because there’s always something to do."

"The people who stay up here on weekends appreciate the University more," Hamilton said. "They get more out of the week. They get to know people."

Many students, like twins Jim and John Wegener, packed their cars on Friday afternoons to go home for the weekend, visit friends or roadtrip to football games. "We don’t go to all of the football games, but we try to go to most of the away games,” John Wegener said.

Hustler

SECOND ROW: Josh Buckingham, Chad McCarthy, Jeff Leto, Trevor Glanz, Scott Boik, Shane Serfling, Ben Schwarts, Tim Guenther, Lance Kamaus, Tom Trego.
FOURTH ROW: Kent Mentzer, Neil Osher, Scott Kilker, Mike Tjepkes, Jason Mrogenski, Ryan Thompson, Michael Heeren, Ben Reckemmer.

Jungle

THIRD ROW: Michelle Loecker, Randi Allen, Jamie Alber, Stephanie Heffernan, Eun-Young Lee, Staci Hicks, Carmily Dierker, Mina Song, Andrea Haas, Petra Turner.

Wintes Wonderland

((114 Housing))
Below zero temperatures, gusty winds and a lot of snow were typically associated with winters in northern Iowa. Winter was particularly harsh for students this year, as they encountered bitterly cold temperatures and found themselves in the middle of a snowstorm which dumped nearly a foot of snow on northeast Iowa in what the press aptly termed the Blizzard of '96.

The weather caused various problems, including the cancellation of classes and a rumored heat loss in Bender and Dancer Halls. Many thought residents living in Bender and Dancer Halls had a hard time staying warm when KWWL reported on the local news that these two residence halls had suffered a heating loss. According to Dancer Hall coordinator Jim Benjamin, the heat loss was only a rumor.

Mother Nature is no match for this student as she braves the elements and makes the trek across campus during the first snowfall of the season in November. Snow, ice and bitterly cold temperatures kept students bundled up all winter long.

In actuality, someone's heater pipe froze and burst, causing fluid to leak. Isolated rooms were affected.

"I've never missed class because of weather, but I've fallen a few times trying to get there."

-Beth Schroeder

The rumor quickly spread across campus, however. "My boss even called and asked what was going on," Benjamin said. "With as cold as it's been, it's not a sauna in here, but the heat has never been broken."

Although dangerously cold temperatures caused problems, some students found the courage to brave the winter elements.

"I live in Campbell and have to walk to Lang for class. It was a long walk in the blizzard," freshman Erin Diers said.

Freshman Beth Schroeder had similar troubles getting to class. "I've never missed class because of the weather, but I've fallen a few times trying to get there," she said.

While few enjoyed going out in the cold weather, students did enjoy one effect it had. "I loved that classes were cancelled," Diers said.

Staying warm wasn't the only challenge students faced when temperatures dropped to record lows in January. Many also battled dead batteries and frozen fluids in their cars, which were exposed to freezing winds.

FRONT ROW: Jason Swestka, Fred Hixom, Chris Foxen, Steve Loheide, Josh Nelson, Matt Patterson. SECOND ROW: Jason Bauer, Bryan Greiner, Joshua Wilburn, Chad Thurman, Jad Bean, Chad Winter.


FRONT ROW: Matthew Bielicke, Thomas Butler, Matthew Dunke, Matthew Mick, Satoshi Kuwahara, Mike Vearian, Daniel Heeren. SECOND ROW: Shane Sievers, Brandon Garrett, Emir Islamovic, Bill Lemons, Pietro Facchini, Ryan Murphy, Tyler Wright, Chris Gorrell, Juan Ruiz, Curt Rahe. THIRD ROW: Brad Koch, Adam Pasker, Tom Butler, Kevin Peterson, Mark Freidline, Chris Kapler, Nate Knepper, Jeremy Ford. FOURTH ROW: David Bourland, Scott Sobkowski, Brad Nesset, Ben Dailey, Phillip Sisson, Michael Rasmussen, Naie Sider.

FRONT ROW: Matt Perman, Kirk Chamberlain, Jay Skelton, Ryan Caballon, Brian Lenz, Jerry Butler. SECOND ROW: Marc Bunnell, Jason Haigh, Eric Kirchner, Ryan Etland, Matthew Schmitz, Ryan Lenz, Ron Jeremy, John Schmitz. THIRD ROW: Christopher Wulf, Jason Savage, Nick Grieder, Chris Cargin, Arik Peterson, Brandon Lindsey, Randy Marcussen, Tyler Reed.
Incense and candles caused problems for many students. Usually they were used simply for their fragrance, but they also posed a fire hazard so were not allowed in the residence halls.

Any student moving into the residence halls knew all the rules and regulations they encountered could be a little overwhelming. Communication with fellow residence hall dwellers and a little common sense allowed a smooth adjustment to on-campus life.

Names and phone numbers of all the RAs were placed in each house with a pin placed next to the name of the RA on call. This system allowed an RA to be constantly available to residents should unforeseen problems arise.

Lawther RA Beth Hynous found students most often violated the escorting and noise policies. Both female and male guests had to be escorted through the halls by a resident after a specified hour, determined by the residence hall. According to Hynous, violations of this policy were usually resolved with a simple verbal warning.

Quiet hours were determined by the staff of each hall. During this time, no noise was to be heard outside one’s room, in the hallways, restrooms or lounges.

According to Hynous, many students found this policy hard to follow. Breaking quiet hour regulations was also likely to be resolved with a verbal reprimand.

Shull Hall coordinator Kris Kelly found noise and alcohol-related violations to be the biggest problems in his hall. According to University policy, alcohol could only be consumed in a resident’s room if he or she was of legal age. Any alcohol that was transported outside of a resident’s room had to have its original seal intact.

When action was taken against violators, punishment was determined on a situation-to-situation basis. “There is no pat answer,” Kelly said.

All rule violators had a hearing before the hall coordinator and faced the possibility of being removed from the residence halls. According to Hynous, the decision was made by looking at “whether they want to be here as opposed to if they are forced to be here,” she said.


FRONT ROW: Tammy Rogers, Carri Wieeneke, Aileen Hughes, Joshua Nelson, Dwayne Sieck, Robyn Rosonke. SECOND ROW: Stephanie Battani, Ty Reed, Scott Boik, Sarah Petsch, Kevin Peterson, Jim Benjamin (hall coordinator).
All work and no play makes students dull. Three tests, two papers, one quiz and a presentation, a student scribbles frantically in her daily precious planner; and it's only Monday!

Although not every day was quite this painfully hectic, students sought to combat homework anxiety with some extra activities. Houses within the residence halls answered the call by providing programs for residents to attend.

On Nov. 7, six residents of Jackie House in Hagemann Hall took a break from the monotony of studying and participated in the "Roommate Game." The structure of the game was based on the popular television show "The Newlywed Game." The girls had a chance to prove their compatibility by showing how much useless information they knew about each other.

After a few rounds of hilarious, off-beat questions, the winners of the game were juniors Lynne Cox and Ann Marie Edstrom. Although they knew a lot about each other, some of the answers still surprised them. "If there's a fire, she expects me to save her," Cox said about her roommate Edstrom.

While Cox and Edstrom were the overall winners, the others agreed that the game helped them learn more useful things about their roommates, such as which was their favorite stuffed animal or what brand of deodorant they used.

A turnout of six people may not sound impressive for a house program, but house president and coordinator of the program Amy Kraus was not at all disappointed. "It was a better turnout than last year. It's hard to get the numbers because both roommates have to be free," she said.

The "Roommate Game" was just one of the many programs offered. Residents enjoyed a variety of other programs, some just for fun and others for education.

The students recalled their favorites: a hayride, bowling outing, condom sense and a program on date rape. Whatever the event, residents had a great time and enjoyed the benefits.

"With house programs, you learn more about the people you live by," sophomore Jenn Wittenburg said. Edstrom agreed with her assessment. "It's a great chance to socialize," she said.

Roommates Susan Freese and Shannon McCune laugh as they try to figure out the answers to the question "what kind of shampoo does your roommate use?" The "Roommate Game" brought up lots of crazy questions which the participants had to try to answer about their roommate.


(Hagemann 119)
“I’m always meeting new people, and it’s everyone, not just the people in my hall.”
- Resident Assistant Aileen Hughes
FRONT ROW: Megan Youngers, Cindy Blaser, Mui Ung, Maureen Miller, Danielle Morlan, Kerrie Lehman, Shannon Brown. SECOND ROW: Sara Kirschbaum, Deborah Brown, Terri Groshens, Vanessa Arney, Sara Held, Nancy Lee, Kara Langan. THIRD ROW: Sarah Zimmerman, Makeda Reed, Rochita Winters, Sheree Pedersen, Stacy Church, Joanna Click, Mary Boose. FOURTH ROW: Carrie Powicki, Ann Schreck, Helen Demeter, Jennifer Theis, Lori Horner, Gail Patterson, Susan Hanson.
"If you can't get 'em there, bribe 'em."

Bender RA Kandy Jones shared a common frustration with many other RAs--residents' mysterious absence at hall activities and meetings. Bars, night classes, work and popular shows like "Friends" and "E.R." kept attendance down, and sometimes other factors such as apathy or strict study habits played a role in the lack of participation.

"A lot of them don't come because they don't care," Jones said. "It's just a place to live and not to participate."

"Basically this is a hall that's very academic. Everyone here seems to like to study and stay in their rooms," Bartlett RA Diane Hrubes added.

Jones's method of persuasion, which she learned from RA training, was echoed by other RAs.

"You have to bribe them with food or a prize to get them," Bender RA Carrie Ander-son agreed.

Junior RA Robyn Rosonke agreed that food was top dog. "Food is a great thing," she said. "Food and people of the opposite sex are always one of your best bets." Her 12th floor Dancer's co-ed "slumber party" and game night with 12th floor Bender, for example, was the hit of the semester. Intramural activities like these ranked high on the popularity scale.

"The guys know there's obviously some single women there," Shull RA Scott Musson said.

While the prospect of goodies or flirting attracted most students readily, other activities required more one-on-one contact.

"I confront them personally. I talk to them, rather than just put up fliers," Noehren RA David Billings said. "We're one big little family."

"I confront them personally. I talk to them, rather than just put up fliers," Noehren RA David Billings said. "We're one big little family."

Finding key leaders on the floor and getting them involved also helped boost participation, Rider RA James McFadden said. Rosonke also found this effective. "Others respect and follow them, so if they come, others will come," she said.

Those residents who did jump in and take part in their floor activities found it to have many rewards. Many said it created networks, boosted self-confidence and built a well of friendships to be dipped into when support was needed.

Freshman Joe Daiker said it helped him learn the "give and take" of relationships. "It just gets you used to dealing with people and depending on them," he said.

"It's helped me a lot," freshman Andrea Mundt said. "I was really shy the first week. Everyone comes around and talks to you. I had met so many people the first two weeks of college, I couldn't remember everyone's name."

Condom Olympics has a disappointing turnout for senior Tammy Jones and juniors Julie Skelton, Denise Wilken and Jennifer Quam, who were some participants in the event aimed at educating Lawther residents in important areas such as sex and diseases.


((124 Housing))
Lawther Hall residents received entertainment and information about practicing safe sex through a hall-wide program entitled Condom Olympics.

Residents of Lawther Hall laughed their way through relays in which they placed condoms over their partners' fists and heads. They then took part in a game of Pictionary using sex-related terms. The women then received a short quiz which put their knowledge of sexually transmitted diseases and safe sex to the test.

Senior Jennifer Quam found the program not only fun, but also interesting. "Condom Olympics was informative. It answered some of my questions," she said.

Although the program was meant to be fun and entertaining, RA Cris Spoelstra reminded participants that "the decision to have sex is a big one and isn't lighthearted as we've shown here tonight."
Woman meets man. It happened on the Hill over a beer, in the library over Shakespeare or at the Union over burgers and fries. For those living in coed residence halls, though, opportunities to meet were just footsteps away.

Noehren was just one of five such residence halls that offered coed living to students on campus. The reasons for opting for a mixed-sex environment were as varied as the nearly 700 residents who called the hall home.

For some, the choice to live in Noehren had little to do with the coed factor and more to do with the facilities.

"I originally decided to live in Noehren because I heard it was nicer and quieter than some of the other halls," junior Tim Mulford said. "The fact that it was coed didn't have anything to do with my decision to live there."

Freshman Brian Sullivan agreed. "I thought Noehren looked like one of the better dorms. Plus, it didn't hurt that there were girls around," he said.

A game room isn't needed for transfer student Marc Pederson and freshman Erich Harkesen to have a good time as they engage in a head-to-head game of foosball in their Shull Hall room. The two made the decision to share coed living space rarely regretted their choice.

"I suppose I would live in a single-sex dorm if I had to, but I really like it here."

-Brian Sullivan

Ultimately, having the opposite sex around seemed to be the determining factor. "I love the variety! I have six sisters and didn't want to be around females all the time at school, too," freshman Lisa Block said.

"I suppose I would live in a single-sex dorm if I had to, but I really like it here. I've made a lot of great friends," Sullivan said.

"Coed living is so much more exciting," Block said. "More activities are planned since we have both sexes in the same building."

For Mulford, living in a coed residence hall gave him the opportunity to meet his fiance. "We met the first week of school my freshman year," he said of his soon-to-be wife.

"It [coed living] allows for casual interaction between women and men. I wouldn't have had the chance to meet as many women in an all-guys hall," Mulford said. "And for sure, I don't think I'd be engaged now."

The popularity of coed housing was evident in November, when it was announced that Shull Hall would house both women and men in the fall, leaving Rider as the only all-male hall.

Those who did make the decision to share coed living space rarely regretted their choice.

"I suppose I would live in a single-sex dorm if I had to, but I really like it here. I've made a lot of great friends," Sullivan said.

"Coed living is so much more exciting," Block said. "More activities are planned since we have both sexes in the same building."

FRONT ROW: Myra Markley, Kristen Kraut, Erin Smith, Kari Benson, Kristen Seif, Theresa Guild, Angela Kammeyer, Wendy Rincloten.
SECOND ROW: Lisa Castenson, Amanda Witters, Cathy Homeister, Marie VanAuwelaer, Teresa Loder, Jennifer Nessa, Julie Rullan, Lori Henning, Jessica Wimberly.
THIRD ROW: Lisa Hopkins, Meridith Mueller, Jessica Motta, Kate Gravatt, Angie Hamana, Corissa Cullen, Brandy Boynton, Rachel Wilke.
FOURTH ROW: Aimee Stein, Stacie Schultz, Stephanie Kartman, Lisa Herrig, Thais Carnall, Julia Scholl, Megan Kurz, Amy Schnobrich, Amanda Bahson.


Friends by Choice

The residence hall experience was one that nearly everyone could relate to. Living on campus provided students with a place to call home -- a place to sleep, study, grab some grub and just hang out. For many, it was also a place to cement lasting friendships.

Because many students opted to room with someone they didn’t previously know, moving into the residence halls was often seen as a plunge into the unknown.

"Of course, I was apprehensive at first," said junior Mark Chapman, who met his roommate for the first time as a freshman and has lived with him ever since. "You ask yourself, 'What's this guy going to be like? Will we have stuff in common?'"

Chapman’s roommate Mark Strabala echoed these initial reservations. "He could have been a thief or a drug addict. I didn't know if I was going to wake up in the middle of the night and find him holding a rag full of ether over my mouth," Strabala said. "Luckily, that wasn't the case. We hit it off right away. We don't pick out curtains together, or anything, but he is a good friend, and I love him!"

Even when new roommates didn’t hit it off right away, friendships still emerged.

"I had actually applied for a single my sophomore year because I am kind of a neat freak," junior Tiffany Healy said. "I didn't get it, and right away I thought, 'This isn't going to work for me.' I was on the phone with the hall coordinator trying to get a single all summer. Up through the first week of school, I was still trying to get rid of her," she said.

Healy’s hall coordinator urged her to give it some time, which she did. The rest was history, as they say.

"Now we barely breath apart," Healy said. "I stayed in the dorms this year just so we could be roommates. Her family is in New York, so Amanda [Hickland] comes home with me every time I go home, and we are planning to study abroad together in Mexico next semester."

While not all stories may have had as happy an ending, most students agreed that moving in with a complete stranger rather than a good friend had more advantages than disadvantages.

"My best friend from high school goes here, too," freshman Alicia Vermey said. "But we decided not to live together so that we could widen our circle of friends. Even though I was a little skeptical at first, things fell into place really well and my roommate and I get along great."
“Everyone has a story behind them. Being an RA gives you the chance to go beyond the surface of people.”

-Resident Assistant Ann Hoogland
Bike theft was a real problem on campus this year. The number of thefts rose 25 percent, from 30 bikes in August-October of 1994, to 40 in August-October of 1995. Almost all of the stolen bikes were reported as having been secured with some sort of lock.

The locks used on the stolen bikes varied from the generic cable type to the better quality U-lock. Public safety reported that both types were cut with some sort of bolt or cable cutter. However, only two or three of the stolen bikes were reported as having been secured with U-locks.

Assistant Director of Public Safety Dave Zarifis strongly recommended purchasing a good quality U-lock for use with on-campus bike racks. Though more expensive, a sturdy lock was much more difficult to break open, thus drawing unwanted attention to the thief.

Bikes stolen were reported to range in price from $50 to $1,000, with an average price of $350. Five of the stolen bikes were recovered in the fall semester. One was even found in St. Paul, MN, by the police department.

“My bike is worth $900 and it just isn’t worth it for me to keep it outside,” freshman Deb Hinzie said.

Bikes were not only stolen if left unattended at night, they were taken at all times of day. Some racks with reported thefts included Bartlett, Lawther, Sabin, Schindler, Shull and Towers.

“It’s extremely important for those who have bikes to write down the make, model, color and serial number…and engrave their social security number. It is much easier to return recovered bikes if the owner’s social security number is on it,” Zarifis said.

Bike owners and prospective bike owners were urged to follow these hints to keep their bikes safe. • Invest in a good, solid U-lock. • Write down the make, model, color and serial number of the bike, and keep the information in a safe place. • Have social security number engraved somewhere on the bike, not visible at first glance. • Lock the bike frame to the rack, instead of the wheel. • Report theft immediately, and provide make, model, color and serial number.

The bottom line was that as long as bikes remained popular, some thefts were bound to occur, but by investing a little time, effort and cash, the odds of bike theft could be greatly decreased.

Chains and cheap bike locks seemed to be of no real help securing bikes. Public Safety Officer Bob McAleeer showed how easily thieves cut through this chain. He urged people to invest in a good, quality U-lock instead of the other cheaper locks. The extra money spent helped protect bikes better.
“The craziest thing that has happened was when one of my residents tore a big chunk out of his toe. It was bleeding everywhere! We had to take him over to the Health Center and they made us wait about 30 minutes still!”

-Resident Assistant John Hawley
"Hot dogs! Get your hot dogs!" For most, munchies were as much a part of a ball game as the players themselves. Some students found a way to take advantage of that fact while helping a good cause.

Both Shull Hall residents and Big Brothers/Big Sisters of Blackhawk County benefited from the Monday night football season this fall.

During the games, Shull Hall’s eight resident advisors and hall coordinator Kris Kelly sold hot dogs to Shull Hall residents. Proceeds from the sales went to the Big Brothers/Big Sisters program.

"Any money we raise is a positive thing," resident assistant Jonathan Eckert said. "I mean, if we bring in any money at all for the charity then it’s a success."

Hot dogs sold three for $1, which generated a great deal of sales. Between $60 and $80 were raised each week. Kelly hoped the hot dog sales would continue to grow. "We raised more than $1000 last year, and we hope to top that this year," Kelly said.

"Each year we try to beat the previous year’s sales," Eckert said. "This year I think we’re pretty close, if we haven’t already beaten it."

On any given Monday night, residents could be found gathered in each other’s rooms, cheering their favorite NFL teams on to victory. Often times, the cheers, jeers and squabbles between fans seemed to work up big appetites for the sales which took place during halftime. The halftime setup made it easy for the Shull men to grab a snack and not miss a minute of the game.

In addition to generating some cash to donate to Big Brothers/Big Sisters, the program was also started as a way for the Shull RAs and hall coordinator to informally interact with the residents and get to know them on comfortable terms.

Depending on the importance of the game, a television was sometimes brought into the main lounge, which was also where the hot dog sales took place. This enabled both residents and the hall staff to get together to watch the game in a setting other than a dorm room.

"We used Monday night football as a way to key in on the fact that it is an all-male hall," Kelly said.

"The residents enjoy it. Plus, it’s for a good cause," Eckert said.

Large groups of people gathered in the different rooms in Shull to watch Monday night football and support Big Brothers/Big Sisters with their appetite for hotdogs. This group gathers in Room 102 to cheer for their favorite team, have fun and eat some hotdogs for a worthwhile cause.


((Shull 137))
“I like having people look up to me for advice. I think the guys in my house really respect me.”
- Resident Assistant Scott Musson

FRONT ROW: Erik Guetzlaff, Mike Griffin, Matthew Close, Matthew Mohnaing, Marcus Kjeldsen, Michael Prain, Jason Badtram, John Scholtes, Ben Ringena. SECOND ROW: Dan Kamphoff, Thomas O'Shea, Mike Myers, Daniel Goldsberry, Dan Fraley, Shannon McNulty, Dan Edsen, Corey Kuesel, Chad Morris. THIRD ROW: Eric Rooter, Ryan Busch, Kevin Dunn, Mark Pierce, Darin Hack, Zach Walters, Jeremy Leitz, Lenny Edens, Jason Fuglsang. FOURTH ROW: John Sturdivant Jr., Otis Marchman, Greg Palmer, Jason Roethler, Jeff Notton, Steven Stafford, Larry Roth, Jesse Arendorff, Mark Lawrence.

FRONT ROW: Aaron Crabb, Blake Campbell, Nate Poundstone, Andy Potratz, Jeremy Jones, Travis Thompson, James Shelton. SECOND ROW: Matt Maurer, Patrick Menadue, Donn Kasner, Eric Bryan, Dan Hanson, Matt Harbaugh, Kurt Klostermann, Tim Walters. THIRD ROW: Ryan Wolfe, Scott Walters, Matt Gauss, Kyle Wilcox, Brian Crook, Christopher Brumfield, Rick Gibbs.

FRONT ROW: Charity Long, Keith Richardson, Elizabeth Fank. SECOND ROW: Chad Rattenborg, Melissa Nemmers, Christopher Rickerl.
When sick of the day in, day out life of cafeteria food, students could make a quick phone call and have fresh, hot pizza delivered right to their door. Beginning Welcome Back Weekend, on-campus students had one more dining option available to them.

Panther Express Pizza Service, located in Redeker bakery, offered made-from-scratch pizza and breadsticks with delivery service to any building on campus, from 8 p.m. to midnight seven days a week.

Margaret Empie, assistant director of dining services, was responsible for designing this project along with Mary Urbanski, Redeker bakery manager, and Carol Fletcher, the Redeker catering manager.

The idea came in response to student surveys given to on-campus residents. Many students requested alternative meals to break away from the traditional dining services offered.

"It’s an excellent idea because it’s run by students, for the students," said senior Mike Schug, the pizza service student manager. The service also provided an employment opportunity for several students from management to cooks and delivery people.

"We are so pleased with what Mike’s done," Urbanski said. "He’s taken this concept out of the sky and brought it into operation."

The pizza service was a huge success. Approximately 30 pizzas a night were mixed, tossed, baked and delivered to campus residents’ doorsteps. The breadsticks seemed to be a large attraction as well.

"It’s a good idea because it’s cheap for college students," freshman Lori Wolbers said.

Regulars received an added bonus with a frequent buyer’s incentive; the service offered a punch card system where students were rewarded with a free pizza for every 10 they purchased.

"It’s been a pretty good start so far," Schug said. "We also provide catering services for various events on campus such as house and organization functions."

According to Schug, the service’s goals were to expand the menu and implement a meal equivalent so students could use the service in conjunction with university board plans.

"Since they’re (the pizza service) on campus, it’s quicker than anywhere else -- just a hop, skip and a jump away," freshman Karl Hill said.

The art of pizza making is a very delicate process for Steven Albers and Lance Kane as they ready their ingredients, baking utensils and machines before the pizza rush starts. Work for these men began about 9 p.m. and continued until 2 a.m., just in time for the bar rush to call in their last minute orders.

“There aren’t the discipline problems here. The biggest challenge is getting the hall to interact because everyone lives so independently.”

- Community Advisor
Melissa Nemmers
Not many children were seen in the residence halls on a regular basis, but Kris and Patti Kelly's two-year-old son Kelten was a familiar little face around Shull Hall. The hall coordinators live in the residence halls with their families, if that is the case, as it was with Kris Kelly.

For most, a full-time job meant working eight hours a day, taking 30-minute lunch breaks and ticking off the seconds until the clock struck the hour that signified the end of another day. But for the 10 hall coordinators on campus, "going to work" held an entirely different meaning.

With their offices only a few feet from their homes, hall coordinators often faced the challenge of keeping personal and professional lives separate.

"It is too easy for me to work a lot," Hagemann Hall coordinator Charise Mudge said. "Since I live where I work, I am potentially available all the time. I have to remember to take some time for myself and not just work, work, work."

"There is less of a distinction between my personal and professional life," Bartlett Hall coordinator Christopher Corday agreed. "But as long as you are open and honest with your staff and the students, they are very good about respecting your privacy."

Finding privacy was especially important for Shull Hall coordinator Kris Kelly, who shared his residence apartment with wife Patti and their two-year-old son, Kelten.

"It can be difficult sharing your home with 400-plus men," he said. "I make an effort to make the separation between work and home."

Once a balance was struck, though, Kelly was the first to admit that his job afforded him and his family many opportunities. "My son is exposed to so many different people," he said.

Student interaction topped the list of benefits for most of the hall coordinators. "I love the interaction," Mudge said. "It helps me to learn a lot about myself." Other benefits included not having to commute to work and being able to eat in the dining center.

While not on a full-time basis, the 98 resident assistants also juggled work and personal lives. "The biggest drawback is definitely the constraints on my free time," junior Brian Cox said. "But it is an awesome experience."

To add to the list of benefits, senior Holly M. Anderson, who sometimes dedicated as many as 20 hours each week to her house responsibilities, said her experience as a resident assistant in Noehren Hall was a "good resume builder and a great way to develop leadership skills."
A new Mickey Mouse bubble wand keeps Darion Schaefer, daughter of Matt and Katina Schaefer, entertained as she plays outside. The complex housed approximately 637 married couples, single parents, graduate students, children, nontraditional students and faculty.

Attending classes all day, studying half the night and maybe squeezing in time for a job made up a typical student's day. Add a family to this hectic routine. Students living in the married housing facilities on campus managed to juggle being a student with the typical problems that arose in family situations.

Married housing offered married and single parent students affordable, conveniently located housing.

Kimberly Mouw and her husband chose married housing due to convenience and price. Mouw felt the biggest challenge of being married while attending college was the fact that she and her husband didn't get to see each other as often as they would have liked.

"We're usually going in two separate directions," Mouw said.

Opting for the University Apartments, freshman Katy Vandyke said she and her three-year-old son chose the complex over an off-campus apartment because of its affordability and its convenient location to campus buildings and activities.
“I’m not as available to make meetings or even go to the library...Research is hard without a computer.”

-Angela Robertson

The path to campus from married student housing and R.O.T.H. becomes the playground for Josie and D.J. Brown and Angela Kendrick as they take turns pushing each other in a wagon. Children from married student housing were a common sight on the path and large green lawn surrounding the facilities.

Vandyke found herself always getting up early and going all day.

“It's harder to get things done, but it makes you more determined,” Vandyke said.

Price was also the main reason junior Angela Robertson chose to live in the complex. Robertson was a single parent who lived in the facility with her son. Time management skills became a very important part of her life.

“I’m not as available to make meetings or even go to the library... Research is hard without a computer,” Robertson said.

Although family life often replaced the bar scene, none of them seemed to mind the sacrifice.

With the help of her youngest daughter Angela, senior Lorna Adams sets up the board for a game of Monopoly. Quality time with her three children was priceless for Lorna, who, as a single parent, had to learn to juggle the demands of student with those of parent and provider.
When it came time to break out the new schedule books, plan meetings with advisers and choose our classes, most of us worried first about satisfying major and gen. ed. requirements and second about accommodating sleep, work and social schedules. At the onset, few looked past the upcoming semester to realize the way our class choices could sway the life course we followed.
However, in retrospect most of us could recall at least one class whose message we carried with us still—the class that had decided our major, enlightened our hearts or expanded our minds to new levels of thinking. And although we didn't need to sit through a lecture to gain knowledge, it was our classes that coached us for our careers and wisened us to the world.
“Lead, follow or get out of the way.” It was this theme that drove 78 students to enroll in the Army’s Reserve Officers’ Training Corps (ROTC). The students got involved through a variety of activities, ranging from community service projects to repel clinics to color guard performances at home games.

To be involved in the program, students did not have to “join” ROTC or the Army. They just took a military science class as an elective for credit. The objectives of the courses included principles of leadership and management, map reading and military instruction techniques. From there, the students were given the opportunity to pursue other activities like repelling, color guard and community service.

Students spoke about the program with much enthusiasm. “The best things about ROTC are the new people I’ve met, self confidence I’ve built and the leadership roles I’ve taken,” freshman Lisa Popp said.

Battalion commander Mike Murphy agreed the skills ROTC teaches are helpful today, but speaks more about the future benefits. “It’s a guaranteed job, not like other things where you get a degree then look for a job. We’re being trained for a job right now,” he said.

Although the University’s program wasn’t very old -- it started in the early eighties -- it had a lasting impact on many members. Captain Patrick O’Reagan graduated from UNI and ROTC in 1987, and after serving his time on different bases around the world, he came back to help with the program that gave him his start. O’Reagan, an assistant professor of military science, learned a great deal from the program and hoped to be a good example to students. “There are three very important aspects of ROTC: leadership training and experience, camaraderie and friends and the ability to shape your own future,” he said.

Even though there was no military obligation, like O’Reagan, many ROTC members planned to continue serving after college. “I’ll probably be a lifer,” junior Cory Schowengerdt said.
Junior Cory Schowengerdt leaps over the edge of the wall in the UNI-Dome as Captain Patrick O’Reagan watches to make sure nothing goes wrong. ROTC members often held clinics to allow students the experience of what it would be like to repel down a cliff. (Photo by Amy Negrete)
Decked out in medieval attire, Camp Adventure participants Chris Ackers and Melissa Hughes role play for a skit as part of an eight-week training session to prepare the students for camp.

Help Around the World

((150 Academics))
I got trapped on a bus with 50 children in 90 degree heat for over three hours. If not for "the bag of tricks" learned in training, keeping the children occupied would have been impossible for myself and the other Camp Adventure counselors. Camp Adventure, a military youth services program, proved to be a never-ending challenge of unpredictable experiences, but it was fun at the same time.

From the moment I stepped on to the airplane bound for a London naval base, I anticipated great things. But I have to admit, the first day of camp was a living nightmare. After the first day, though, we knew what to expect and took charge of our summer to make it truly "magic."

The kids were put in groups according to age, and the counselors alternated groups each week, allowing us to get to know each child. I immediately saw how much those children needed and loved the staff. Each morning began with kids hugging me and climbing on my lap to share stories of their adventures.

The weekdays belonged to the kids, but evenings and weekends were ours. Our staff developed a personal and professional relationship which allowed us to work and play wonderfully together. We experienced London culture firsthand and saw all the major sights like Big Ben and Buckingham Palace.

By the plane ride home, I had exceeded all my expectations for the summer. I was proud of the hard work the other counselors and I had undergone to make Camp Adventure, London, one of the best in the program.

"Camp Adventure is a life changing experience. Management team opportunities are a bonus for students to learn real life skills."

Graduate Student Juli Gassman

"For me, working with kids, especially military kids because they need you so much, was the most rewarding part of being a counselor."

Junior Sarah Binns

"The program provides a unique opportunity for students to engage in worthwhile work with youth, while at the same time seeing a little bit of the world."

Camp Adventure Staff David Edginton

"It was a once in a lifetime opportunity. I developed great friendships, gained experience for my major and got the chance to travel all over Europe -- all in one summer."

Junior Chad Whalley

"Camp A really teaches people how to work together to build a quality program for children. Plus, you get to experience the culture of a different country."

Junior Bridget Codes

((Camp Adventure 151))
“A good administrator has only one real job, to create a field in which faculty and students can work together, where faculty can leave a lasting impression on students and where students can learn.”

James Lubker, Humanities and Fine Arts

“The most difficult thing is the faculty teaching preferences. They all have their own speciality, and we want to make sure they can use them. We stress the teacher as a scholar model. Scholarship aids in teaching.”

Paul Chao, Marketing

“There are two things I really enjoy most; one is the daily challenges, and the other is the ability to provide more direction for the department than I could just as a faculty member.”

Richard McGuire, Communicative Disorders

“Having two offices; that would probably be the biggest adjustment. I try to keep my administrative stuff separate, and I invariably find myself in the wrong office when people call.”

James Walters, Earth Science

“My biggest adjustment has been giving up my usual teaching load because I dearly love being in the classroom. I miss the students.”

Jeff Copeland, English

When the new school year began Aug. 21, five departments and two colleges opened their doors with new faces leading the way into the semester.

Communicative disorders professor James Lubker took the position as the new dean of the College of Humanities and Fine Arts. Associate professor of finance Geoffrey Mills stepped up from his assistant dean position to that of acting dean of the College of Business Administration.

Heading up the Department of Earth Science was professor James Walters. The Communication Studies department saw the fall semester in with associate professor John Butler (picted below) at its front, and associate professor Paul Chao served as acting head of Marketing. Also serving as acting heads were associate professor Richard McGuire in Communicative Disorders and associate professor Jeffrey Copeland in English Language and Literature.

With the exception of Lubker, who came in August from the University of Vermont, Burlington, all of the men held previous positions on campus for at least the past five years. The appointee with the most UNI years under his belt was Walters, who had served as part of the faculty for 20 years.

The new administrators agreed that their new positions presented more challenges, demanded more responsibilities and offered greater opportunities to make a difference in their departments.

“We are leading the way into the 21st century,” Butler said. “One of my goals is to keep pace with the technological advances taking place outside of the University.”

((152 Academics))
Juggling his time was just one challenge professor James Walters faced when he became Earth Science head. Walters graduated cum laude from Michigan’s Grand Valley State College and earned his master's and doctorate from Rutgers.

Heading it Up

((New Departmental Heads 153))
During one of the many lab courses offered for personal wellness, freshman Jessica Palas demonstrates the proper lifting technique she was taught as aerobic exercise instructor Nancy Clark spots. One of the classes included in gen ed was personal wellness. The main purpose of this class was to help promote physical fitness to all of the student body. (Photo by Stephanie Carlson)
Personal wellness and sciences, oral communications and non-western cultures and let's not forget humanities, both of them. These were some of the courses included in the 47 credit hours of general education (gen ed) requirements every student was expected to fulfill.

There were six areas of study that courses were taken from. Among these were the fine arts and literature, sciences, personal wellness, civilizations and culture, social sciences and communication. Despite the University's insistence that these requirements were fair and necessary, many students expressed negative attitudes towards them.

"It just seems pointless to take gen ed classes when you have so many other classes to take for your major," freshman Molly Thole said. Freshman Karen Ehrich didn't "understand why everybody has to take humanities, no matter what their major is."

"Some gen ed required courses have purpose towards graduation, like oral communications. However, too many others have no purpose and you will never use the information again," freshman Rosanne Farmer said.

Even though most students seemed to dislike the idea of general education requirements, some students found valuable classes within the gen eds.

"Some gen ed classes are important for you to be a well-rounded person, like fine arts and history, but too much of it is just pointless," senior Julie Dybala said. She also added that "all universities from around the country should have the same requirements, so that it's easier to transfer."

"They [gen ed courses] help you find a possible major if you don't know for sure what you're interested in. If you take a wide range of courses, they help you find what you're interested in," sophomore Allyson Schultze said.

Whether students felt they benefited from the general education requirements or not, they were deemed as a necessity students had to grin and bear in order to get the degree they desired.

**Requirement Overload**

((General Education 155))
“The part of the program I enjoyed most was working with the kids, not only the one student that I worked with, but all of the students in the classroom.”

Junior Kelly Reis

“I found that it was interesting working with the younger kids, even though I found that it was difficult teaching at first. Overall, I had a good time tutoring.”

Sophomore Ryan Hulme

“It was good for me to work with the kids. Being able to see my student improve and to see he actually knew that he was improving was very rewarding for me.”

Senior Denise Bruellman

“I liked the program a lot. It was neat to get off campus to see a different school setting. I’m an education major, so it was a good experience for me.”

Senior Suzanne Topness

“It was a good learning experience for both me and my fourth grader. We both benefitted from the program.”

Sophomore Susan Knott

The Academic Skills Achievement Program (ASAP) was a unique course that gave students a hands-on approach to learning by allowing students to venture out into the community to tutor preschool, elementary, junior high and high school students for college credit.

According to program supervisor Kathy Peters, ASAP was very successful, with 120 students participating fall semester.

“The best thing about tutoring was seeing the progress my student made. His face would just light up when he knew he’d done something right,” senior Jaquel Cook said (pictured below).

Before beginning, participants went through an orientation session. Tutors then worked with the teachers to create the most beneficial lesson plans. Once the tutors began helping, they had between 20 and 40 hours of contact with the students.

“Participants worked with their students on both academic and social skills,” Peters said.

At the end, tutors were asked to summarize the program in a final report which showed the student’s progress and what goals were met.

Participants left the program not only with experience, but also often with a lasting relationship with the child. “I’m going to try and stay in contact with my third grader,” sophomore Ryan Hulme said.

ASAP was scheduled to end after the fall semester due to lack of supervisors. Because of the success of the program, however, ASAP was reinstated for the spring semester.

((156 Academics))
Reading and writing skills are taken by the horns as sophomore Janelle Bradley helps second-grader Tristen Caesar at Kittrell Elementary. Students in ASAP went into the community to tutor children who needed help with their schoolwork.

Making a Difference

((Academic Skills Achievement Program 157))
Showing that it isn't all work and no play, Robert Koob takes time out from his busy schedule for a game of racquetball in the West Gym. Prior to assuming office Aug. 15, Koob held the offices of senior vice president and vice president of academic affairs at California Polytechnic State University since 1990. Before that, he was vice president of academic affairs at North Dakota State University from 1985-1990.

(Photo by Stephanie Carlson)
In the midst of continuous transition and change, UNI experienced a changing of the guard: its eighth president and alma mater, Robert Koob.

Outwardly, Koob appeared quiet and unassuming. But as a 1962 graduate of the State College of Iowa, Koob returned to his old stomping grounds ready to prove that he had vivid goals for the future.

Koob's recognition of the evolutionary work world was evident in his ultimate mission: adopting systems that would propel UNI to a more competitive level of information access and technology. High-powered networks and databases, quicker response times and even a multi-functional, universal card system were a few of the changes he eagerly anticipated.

"That's the first visible sign you'll see here because I'm here. I'm absolutely committed to making certain that a student who accesses a UNI network has some reason to sign onto it," Koob said.

Other aims included building upon the existing reputation of academic programs and creating a learning environment that accurately balanced students' needs. Realistic preparation for the "world of work" with up-to-date tools and equipment was another.

"We have to prepare students in the future more to accommodate and deal with change more so than in the past," Koob said.

Koob said he was attracted to the University because of the caliber of people here. "Frankly, if you have a job you like to do it with people who enjoy what they're doing," he added.

With his open, inclusive leadership style, Koob didn't believe that he should "be the one making up all the rules and telling people what to do," he said. Instead, he held open discussions on a strategic plan with input from the campus community soon after taking office.
"The people around me were more helpful than the lab assistant. He just didn’t have the time to show me how to run the program," said junior Jennifer Kuhlman, who was trying to figure out her new COBRA account. Many students found similar problems in the computer labs around campus.

The computer labs were used for a variety of services, ranging from typing a paper to talking to a friend on the Internet. With all these different programs being used by many students and only one or two lab assistants on duty in each computer center, problems were bound to arise.

"The biggest problem students face is overcoming their 'technophobia'," lab assistant Kelli Townsley said. Once students gained the general knowledge needed to run programs, most found comfort in the labs.

But often times lab assistants simply didn’t have the time or knowledge to answer every student’s question quickly. With only a one-week training period, much of their knowledge came from experience.

Kuhlman said she had an easier time with the computer labs at her former school. "The computers at NIACC were a lot easier and more user friendly. The lab assistants seemed to be more willing to help," she said.

Freshman Stephanie Bridges found similar problems when trying out her new E-mail account. "Luckily, I had my sister to help me, because the lab assistant was too busy to explain things to me," she said.

Junior Amanda Zenishek found problems with the lab equipment. "The computers are slow getting my projects to the printer to print out. Once I had to wait half an hour for a project to begin printing," she said.

In addition to projects and papers for classes, lab assistants found student use increasing due to Internet popularity. Internet enabled students to talk to people across the country via computer. With increased usage came increased problems for both students and lab assistants.

Townsley said that Internet was fairly easy to use. The biggest problem she saw with the Internet was that it took computers from students who needed them for academic purposes. "People tend to get a little angry when we ask them to get off," she said.
After receiving some assistance with the new computer registration system, senior Kristie Kramer enters in her selections for spring semester. The trial run of this system was used at the summer freshmen orientation sessions and was put in effect for the entire campus for spring registration. (Photo by Amy Negrete)
Parking Woes and Commuting Pains

Those who have always had a fear of parking meters may have had that fear worsened. One slip forgetting to feed the meter cost several students more than the original 10 cents an hour for parking in one of these spots.
The University will be undergoing more construction in the fall of 1996. The B parking lot across from Gilchrist was chosen to host a new Performance Arts Center.

“We're going to lose about half of the lot,” said Dave Zarifis, the assistant director of public safety. The lot held approximately 385 spaces for off-campus students. “With the Performance Center being built in this area, the need in terms of B parking is going to change,” Zarifis said. “We're hoping the benefits of the Performance Center will outweigh the parking situation.”

“As long as another parking lot is provided for off-campus students to park, then I suppose the B lot by Gilchrist is the most adequate place for the new center,” junior Sherry Kuntz said.

Junior Jason Flinn agreed that the new center was a good idea, but suggested that more parking be available. “It's okay if they build the center, but I do think they should provide more parking somewhere else. The North UNI-Dome lot is not real nice for parking. It's a long ways away.” Sophomore Evan Marshall echoed, “It's not fair for those who commute to walk all the way from the UNI-Dome.”

Plans for compensating space included adding parking to the North UNI-Dome lot and adding 50 to 60 spots to the Commons parking lot in the summer of 1996. According to Morris Mikkelsen, the director of facilities planning, the proposed $18 million Performance Center may be finished by the winter of 1998.

“It makes more sense to walk because the parking lots are always full. I end up parking out by the UNI-Dome anyway.”

Senior Jennifer Nahnsen

“Commuting is not as convenient as living right around campus. I live in Waterloo so it takes me 10 to 15 minutes to get to UNI. In the winter it becomes a little more challenging at times.”

Junior Sherry Kuntz

“I think the parking is okay. You just kind of have to know when to get here and where to go. It's no big deal commuting.”

Sophomore Evan Marshall

“I'm never here early enough to park in any of the lots. I was here at 11 a.m. so I had to park way down at the end of 21st Street. I have a truck, so I put my bike in the back some days. But if it's raining or something, I have to walk all the way in the rain.”

Freshman Chris Johnson

“If it's after nine in the morning, you join the 'vultures' cruising in hopes of catching the last space. My commute average 4,300 miles a semester.”

Graduate Student Suzanne Duneman

((Parking and Commuting 163))
"As with any new program, it's changing and growing. It's changing so much, but I think that's one of its strengths. It's a fairly dynamic program. I think it's for students that are self-motivated."

**Graduate Student Zak Richter**

"I'm getting more of a perspective from the outside world, not like some professor that's been trapped in an institution forever. It really enriches the lectures a lot."

**Graduate Student Molli Fagan**

"I got into a lot of Big Ten schools, but I liked the idea of a smaller school. There's more in research because I could choose whatever I wanted to do."

**Graduate Student Catherine Axtell**

"I think my advisors were all very good as far as giving me input and assistance."

**Graduate Student Dean Anderson**

"It's the whole experience of being on the other side of the desk and realizing the preparation that goes into teaching. When you're a student, you don't realize that. You think the instructor has all that in their head and can just stand up there and spew it out."

**Graduate Student Randy Gehl**

With ever-tightening job competition, a number of students found they needed to make themselves more marketable. Those that turned to graduate school discovered new potentials within themselves and the experience to meet their aspirations.

Faculty and quality of teaching were often cited as major reasons for choosing UNI for graduate school. That, coupled with the smaller campus, made the college attractive to many students.

"I like how the graduate program was a nice extension of my undergraduate work here," graduate student Saylor Craig said (pictured below).

"I guess what I like the best about it is that I get to work more closely with the professors," graduate student Molli Fagan said. "It's a smaller campus, and I like that," she added.

Sometimes an individual professor made all the difference. Before coming to campus, graduate student Zak Richter met UNI biology professor Ed Brown while doing research in chilly Alaska. Brown convinced Richter to get involved with the new environmental science program on campus, which would allow Richter to continue research in Alaska.

"I've been able to explore leadership roles and how I can be a leader in science and in the laboratory," Richter said.

Students also enjoyed the freedom to explore their field of study while fostering a greater sense of independence and self-reliance.

"I've learned more about myself, and what I wanted to do," graduate student Catherine Axtell agreed. **[Image]**
To finish up one of his projects, graduate student Dal Troyer sands a ceramic sculpture to perfection. The art department was just one of many to offer a graduate program.

Continuing Improvements

Shelle Green

((Graduate College 165))
Senior Sandra Guerrero checks to see if her order at Tally's is ready to be served. Like many other students, Guerrero had a part-time job to help pay bills and earn extra spending money. (Photo by Amy Negrete)
Pocket Change

It came once a month. No student could run. No student could hide. It was the dreaded U-bill. While some students either looked in their checkbooks to see how much money they actually had or buzzed mom and dad to send funds quick, others took the U-bill by the horns by getting a part-time job to help pay for college.

Senior Eddie Poppe had a job to cut down on the loans he would have to pay back after graduation. "My job cuts down on study time, but I stay motivated all the time because I know I only have a limited time to study," Poppe said.

Senior Davy Baker agreed that a balance could be tough to find. "It's hard to find quality time to study and balance a social life, too. But it gives me more money to pay for school," he said.

Those who juggled school work and part-time jobs found advantages and disadvantages. Senior Heather Kroeger said that part-time jobs were a pain to deal with sometimes. "I like my co-workers and the residents at the house, but some of my superiors don't understand that I'm a student and that comes first. They give me a hard time with my work schedule because I have to work around classes," Kroeger said.

Some students felt that it was important to have a part-time job no matter what the financial situation was. "I think it would be good for students to get a job even if they didn't need one," Poppe said. "That way it cuts down on their partying time."

"I think it's good to have experience working," junior Kim Weichers said. "It looks good on a resume and shows that you can handle responsibility."

Whether students worked to pay bills or to pay for entertainment, a part-time job could also work toward a students' major and be helpful on a resume.

Junior Amy Bebout said she never thought her job as a waitress would benefit her sociology major. "A counselor once told me that if I could wait on people for over eight years, it really showed good character, especially since I want to work with people," she said.
“I just don’t think it’s right to be dating someone who is supposed to be evaluating you.”

Sophomore Alexander Glade

“There’s a sort of professionalism that has to be maintained, and if they were my professor or had any control over my grades, that professionalism would be compromised. There has to be a line.”

Senior Beth Kuehl

“I wouldn’t date a professor. It’s against morals that I have, and besides the age difference, they’re here to teach me, not date me.”

Freshman Courtney Bagge

“If I were single, if we were close enough in age and if they weren’t one of my professors, then I would date them.”

Freshman Michael Heisdorffer

“I would [date a professor] if they were a young professor, and I think a professor could date an older student.”

Senior Lori Caligiuri

It was an issue that people rarely agreed upon. As the women’s studies courses on campus became more and more popular, and the large amounts of athletic scholarships allotted to men’s sports came under fire, the debate about sexism on campus became more heated.

A three year study by Ms. cited in The Nation stated that “more than half [of women at colleges and universities] experience some form of sexual harassment during their academic career, ranging from verbal abuse to unwanted sexual contact, assault or rape.” The study went on to report that “between 20 and 25 percent are sexually propositioned or harassed by their professors.”

“In my Latin America class, the teacher brought across that the girls’ answers weren’t important, and he always made me feel stupid whenever I answered a question in class,” sophomore Stacy Wilkinson said.

It wasn’t always male teachers harassing female students. Sometimes it was the exact opposite. “I think sexism is present on campus; I have felt it from one of my female professors. They have got their minds made up on who’s going to be a good student, and sometimes it’s based on sex,” junior Matthew Stiles said.

While individual accounts of sexism could be found, across campus the common feeling seemed to be that sexism was not a major issue. “I do think there is a certain amount of sexism, but I don’t think there is any more than in society in general. It depends on the teachers and students in the class,” senior Janice Mechem said.
When it came to sexual issues in the classroom, student views varied. Whether it was right to date a professor and the prevalence of sexism in the classroom were two issues that split student opinion.

Crossing the Line

((Sexism and Dating Professors 169))
Breaking the Surface
Dispelling age old myths

Restrict Us Not president Dan Reed takes the floor at a meeting Mar. 6. The group gathered regularly to discuss issues relevant to the disabled population on campus.
Sometimes it was as simple as finding a notetaker for a student or calling building services to make sure walkways and entrances were clear. Other times it involved more complicated paperwork for grievances and other legal procedures. Whatever the task, students with disabilities could look to the campus Student Disabilities Services for support.

"One of our main goals is to let disabled students know there is a place for them to go for help," said Jane Slykhuis, coordinator of Disabilities Services.

According to Slykhuis, services available included information about disabilities, preferred registration, referrals to university and community resources, recommendations for personal attendants, advocacy for accessibility and accommodation issues and assistance in obtaining academic aides. Students needed only to register with the Student Disabilities Services office and provide documentation of a disability to utilize the services.

While it was difficult to assess exactly how many disabled students there were on campus, Slykhuis said she was aware of well over 300. "We know of only those who disclose the information to us, since we can't legally inquire about disabilities. I'm sure there are many more," she said.

Those who did use the services, though, found them invaluable. "They can be a huge asset as far as pointing you in the right direction," senior Brandy Burbridge said. "I will be graduating this spring and plan to utilize them to help me find housing."

"I just like knowing they're there if I need them," junior Mike Morton said.

"Problems I still face on campus are similar to other students' concerns such as snow and ice removal, but also things like inappropriately placed automatic doors."

Graduate Student
Dan Reed

"My experience at UNI has been so much better than when I was in high school. Other students aren't shy or embarrassed to be seen with someone with a disability."

Freshman Kristina Koch

"My major is Design and Production, so my biggest challenge on campus is getting around in the Strayer-Wood Theater. My fiance has to carry me up into the control booth, main stage and upper lobby."

Freshman Myra Markley

"The University of Northern Iowa strives to make the campus as accessible as possible for the students. It's more accessible than the real world."

Senior Brandy Burbridge

"I decided to come to UNI partly because of its excellent business school, but also because it was recommended by my private rehabilitation center."

Junior Mike Morton

("Disabilities 171")
College life offered students many new opportunities, including the temptation of drinking and partying. With the Hill just a short walk away, many students found themselves falling prey to this temptation. The secret was to balance a social life with schoolwork.

"I feel that academics are what will get you through life, but you also should have a social life outside of classes," junior Melissa Godredsen said. "A good student should try to maintain a good balance which best suits her or his lifestyle."

Sophomore Adam Guzman was able to strike this balance throughout his college career. Guzman went out a couple of nights a week, but he knew his priorities. "If I have a test or something the next day, I won't go out. As much as I want to, I know I have to stay home and study," he said.

Junior Amanda Zenishek agreed. "I try to always get my homework done early if I know I'm going out. If I have a big week ahead, I usually don't go out the weekend before. I save my major partying for the weekend, so I'm alert for my classes," she said.

Junior Jessica Haefner also liked to go out and party. However, she didn't let drinking get in the way of her grades. "My studies are why I'm here. I won't sacrifice my grades to go out," she said.

Sophomore Josh Lott didn't have as much luck refusing the temptation of the bars and the entertainment they promised. He found himself going out approximately six nights a week to various places on the Hill. Lott felt his social life was more important than his schoolwork. Because of this, his class attendance wasn't very regular. "Once I slept through a final and almost missed another one because I was out partying and didn't get home until 6:30 in the morning," he said.

Many students found themselves growing out of this type of party attitude, though. Junior Jeremy Spetman partied a lot when he was younger. "I would try to study and get sick of it and go out," he said. Spetman found his nights out decreasing however. "As I get older, I find my grades are more important," Spetman said.

For the most part, students seemed to think academics took precedence over partying. As junior Lora Dolan said, "Although partying is more tempting, your grades are what pay off later in life."
While making sure not to spill any of the alcohol, junior Danille Coon delivers several shots of Jose Cuervo to customers at the Other Place on the Thursday of Homecoming. In keeping with the Homecoming spirit, many students opted to celebrate throughout the week instead of burying their noses in their studies.

( Photo by Mike Dunkin)

((Alcohol and Academics 173))
When athletes from all regions of the country chose UNI to pursue collegiate competition, they impacted not only the teams they decided to be a part of, but also the whole University. Through their dedication to the sport and commitment to excellence on the playing fields, the athletes defined teamwork while igniting forces that showed the Midwest Northern Iowa was a force to be reckoned with.
At the individual level, the choice to compete circumvented all aspects of life. Time management was key for Panther athletes as they strove to achieve, both in their sport and in the classroom. For these students, juggling practice with class projects and weekend games was a way of life. As a unit, the team’s actions were far felt. For when they ventured beyond campus boundaries, they carried with them the Panther name—a name that would not soon be forgotten in the houses they visited.
"Last year was the start of something we plan on continuing, and I think making it to the playoffs showed our dedication to success."
-Chad Barnes

"Going into the season, the players had something to prove," said head coach Dave Schrage. "They were striving for that next level, making the playoffs."

In fact, reaching that new level was the only goal they had. In their fifth season as a Missouri Valley (MVC) team, the Panther men were coming off a record-breaking season that would be hard to top. The one dream yet to be realized: making it to the MVC Tournament.

Fifty-six regular season games later, 32 of which were conference competition, the players captured the sixth, and last, seed in the double elimination tournament. Although downed by first Wichita State and then Bradley, the men were proud of their tournament berth.

"As a team we were really looking to prove ourselves as an MVC power. Last year was the start of something we plan on continuing, and I think making it to the playoffs showed our dedication to success," junior Chad Barnes said of his team, which ended its season with a 26-30 overall record and a 13-19 MVC record.

Getting to the tournament didn't come without some challenges, however. With only five returning starters, young players had to step up to the plate to fill key roles. Strong senior leadership and the experience and confidence gained from previous seasons helped to direct the team.

As a team, the Panthers broke a school record set just one year ago when they swept a doubleheader against Bradley May 5 to gain their 13th MVC win of the season, the most games ever won in the history of Panther conference play. Also as a group, the hitters finished the regular season with a batting average 15 points higher than last season while improving on 1995 season highs in runs and hits.

Individually, senior pitcher Jeff Johannsen became the first to receive First-Team All-MVC honors since UNI joined the conference, finishing the regular season with a 9-3 record.

"Going for the easy out, freshman catcher Adam Spencer tracks down the opponent's base runner. Spencer was part of a promising young freshmen class that looks to have an impact on the future of the Panther men's baseball team."
Sprinting to the base to beat the throw, sophomore Josh Dunham shows why the Panthers had one of their best seasons ever. Dunham was one of the veterans from last year's team that helped to lead this team to the MVC Tournament.

Freshman Kirk Chamberlain was only part of a talented pitching staff that was headed by All-MVC left-handed pitcher Jeff Johannsen.
On the REBOUND

“We wanted to take the season as far to the top as we could and get some of the fans back into the Dome.”
-Brian Carpenter

Men’s basketball fought their way back to the conference tournament after sitting out one year. The Panthers ended the season with a 14-13 record. They finished 8-10 in the Missouri Valley Conference, which was a marked improvement.

“Coach Miller expected more out of us this year,” senior Munib Dzuho said. “Last year we had a lot of inexperienced players, but this year he knew we were ready to play tough and win more games.”

Senior captain Brian Carpenter agreed. “I think the season was a success overall. We played some of our best ball at the beginning of the semester,” he said.

Carpenter said the highlight of the season was beating Nebraska on their home court for the first time in Panther basketball history.

“Nebraska is a tough team,” he said. “We’ve played close games against them for the last two years. It was a huge accomplishment to beat them.”

Dzuho attributed much of the Panther’s success to the level of maturity from team members.

“Everybody on the team changed a lot,” Dzuho said. “The maturity level increased because we had a more experienced team this year. We knew what to expect and how to make a team work to win.”

The Panthers took the team to a higher level of achievement, improving their overall record by six games and working to build a stronger team.

“We tried to get the ball rolling again to rebuild a winning tradition,” Carpenter said. “We wanted to take the season as far to the top as we could and get some of the fans back into the Dome, and I think we did that.”

Junior Jason Daisy was one player who was creating his own tradition of excellence. During the week of Dec. 30, Daisy stole the number one spot in the nation for the leading scorer and finished the season as the 15th top-scorer. He was also the the only UNI cager to make first-team all-conference this season.

With his efforts at the hoop, forward Theo Vandeven shows why the Panthers swept intrastate rival Drake twice this season. Vandeven was a solid contributor this season, starting ten games on the front line.
Guard Jason Daisy looks for an open teammate against Southwest Missouri State. At one time leading the nation in scoring with 30.8 points per game, Daisy helped to fire up the team.

Leading by example, team captain Brian Carpenter hustles for the ball against Southern Illinois. Carpenter ended his stellar career averaging 12.7 points, 3.4 assists and 2.0 steals per game.
All set and ready to go, hockey and golf athlete Fred VanBergen competes all year in both sports. Even though it took a lot of time, VanBergen liked the competition provided by both.

"The hardest part about competing in both sports is that there's no break. It's a full time commitment," said Fred VanBergen, hockey and golf player.
Bo don’t know didley. At least not compared to some University athletes. At least seven athletes took the Bo Jackson challenge by participating in two varsity sports at the collegiate level. These athletes fit long hours filled with practice, games and schoolwork into one short school year.

Juggling their time was a big factor the athletes dealt with. “My time management skills increased,” football and baseball player Steve Beard said. “When I’m busy, I slack a lot less.” The time factor was more of a struggle for some. “It seems like I never have time to catch up,” golf and hockey player Fred VanBergen said.

For these athletes, there was no such thing as an off-season. Each day pushed their bodies to a higher level, with athletes training for two to three hours a day. The physical strain these players endured was viewed as having both positive and negative aspects.

Football and track athlete Ryan McCaulley looked at the bright side of the never-ending seasons. “I never have a chance to get out of shape. I’m constantly doing something,” he said. While basketball and track

Football player and track runner Alonzo Clayton excelled in both sports, catching five touchdown passes against Murray State and also winning the indoor 55-meter hurdles at the MVC championships.
Showing the tenacity that made her one of the team’s best players, forward Jen Steffens goes up for a basket against Southern Illinois.

Steffens averaged 9.4 points and 5.6 rebounds per game.

Looking to make the play, guard Kelley Westhoff brings the ball up against Creighton. Westhoff finished second in the MVC in assists with 5.7 per game.

((182 Athletics))
In a turn-around season, the women’s basketball team won a record-breaking six conference games to finish 6-12 in the Missouri Valley Conference (MVC) and 7-20 overall. Never before had the Panther women won this many games in a single season.

This feat earned the players a trip to Des Moines to compete in the MVC tournament for only the second time in history. Although the Panthers fell to first-seed Southwest Missouri State in the first round, the women agreed that the season had been a success.

Players attributed this phenomenal improvement to a new coaching staff. The Panthers welcomed head coach Tony DiCecco and assistant coaches Tanya Warren and Jenny Sanvold.

“We went back to the basics, the fundamentals,” senior Carrie Jaspers said. “By the end of the season we had improved a lot. There was some chemistry.”

“Players had the willingness to work and to do what it takes to turn the team around,” freshman guard Erin Fox said.

After a slow start, Northern Iowa finished the season strong, winning five of their last eight games. The Lady Panthers ended their regular season with a 76-67 win over Indiana State.

“We finished the season well,” guard/forward Kate Lawler said. “Hopefully, we can carry the momentum and winning attitude on to the next season.” Lawler led the Panthers in scoring and rebounding, averaging 14.0 points and 6.5 rebounds per game.

Fox came alive in the second half of the season averaging 9.9 points per game to finish as the team’s second-leading scorer.

The players said goodbye to Jaspers and senior Becky Simonson. With most of the team returning, a bright future for women’s basketball was foreseen by most.

It was the positive attitude DiCecco instilled in the players that led to the women’s success on the basketball court.

“Players had the willingness to work and to do what it takes to turn the team around,” freshman guard Erin Fox said.

Assistant coach Colleen Heimstead gives some words of advice on the bench to sophomore forwards Jessica Johnson and Adrienne Miskell. Both Johnson and Miskell contributed quality minutes off the bench.

“We went back to the basics, the fundamentals,” senior Carrie Jaspers said. “By the end of the season we had improved a lot. There was some chemistry.”

- Carrie Jaspers
**Men's (16-1) UNI OPP**

- Bradley Open
  - vs. Bradley 15 50
  - vs. Butler 20 42
  - vs. Drake 21 38
  - vs. E Illinois 20 38
  - vs. Evansville 15 50
  - vs. Illinois 26 29
  - vs. Illinois at Chicago 15 50
  - vs. Illinois State 20 43
  - vs. Illinois Wesleyan 15 50
  - vs. Iowa 20 39
  - vs. NE Illinois 15 49
  - vs. NE Missouri State 19 40
  - vs. Olivet Nazarene 15 50
  - vs. Purdue 26 29
  - vs. St. Louis 15 50
  - vs. Wisconsin-Green Bay 15 50
  - vs. Wisconsin-Milwaukee 24 33

- Illinois State Invitational 2nd
- Illinois Invitational 4th
- Iowa State Memorial 15th
- Missouri Valley Champ. 2nd
- NCAA Regional Champ. 7th

**Women's (13-4) UNI OPP**

- Bradley Open
  - vs. Bradley 26 31
  - vs. Chicago State 15 50
  - vs. Drake 19 43
  - vs. E Illinois 23 36
  - vs. Illinois at Chicago 15 50
  - vs. Illinois State 20 38
  - vs. Illinois Wesleyan 15 50
  - vs. Northeastern 15 50
  - vs. NE Missouri State 26 30
  - vs. N Illinois 18 45
  - vs. Olivet Nazarene 24 33
  - vs. St. Louis 16 45
  - vs. S Illinois 24 33
  - vs. Wisconsin-Green Bay 17 44
  - vs. Wisconsin-Milwaukee 17 46

- Illinois State Invitational 3rd
- Iowa State 39 20
- Nike Invitational 17th
- Iowa State Memorial 21st
- Missouri Valley Champ. 5th
- NCAA Regional Champ. 10th

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((184 Athletics))
It takes a lot of fire and sweat to forge steel. The men's and women's cross country teams found the same formula was needed to achieve individual perfection.

"I don't think we've ever had a tougher schedule prior to our conference championships," coach Chris Bucknam said.

As a team, the runners basked in the glow of the runner-up Missouri Valley Conference (MVC) trophy they carried home. As individuals, they reflected multifaceted talent.

Finishing third in the MVC, junior Kyle Kepler won his third all-conference award. "I think this season in particular has really set a new fire, a new attitude -- just because of the difference in training style," he said. Fourth-place finisher Jay Brock also received an all-conference award.

Sophomore Marshall Blaine surprised everyone by rising to the team's top five. He also made academic all-conference, along with Kepler and senior Jeff Joiner.

Individual accomplishments also radiated through the women's rugged season.

It began with the Bradley Open, where senior captain Emily Montgomery came shining through as the third runner in a field of 154, and sophomore Keri Clevenger finished 15th overall.

Montgomery lead the Panthers in every meet except one, beating her personal best at the Panther Classic with a time of 17:43.

Two personal bests were achieved when sophomore Cindra Schilling ran 18:27 at the Redbird Classic, and sophomore Heather Mullenburg clocked in at 19:09 at the Cyclone meet. Senior Laura Little topped her season-best with a time of 18:17 at the MVC, where UNI placed fifth.

"I increased my miles, and it came together for me better this year," sophomore runner Keri Clevenger said.

"Clevenger and Schilling improved incredibly," said coach Lea Ann Shaddox of the two second-year runners. "Stats, you can throw them out the window. It's head to head."


((Cross Country 185))
If you can’t be an athlete, be an athletic supporter. For most, supporting athletics meant little more than donning purple and gold on game days, bouncing in the bleachers to the school song and generating noise during crucial game plays. But for the Panther mascot, the pom pons, the cheerleaders and the marching band, being a fan in the crowd was not enough.

Spirit squads took their support to a higher level, often times putting in as many as 10 hours a week rehearsing everything from dance routines to musical masterpieces to high kicks and flips.

“A lot of time is invested in practicing all of our routines,” junior pom pon member Misty Gomez said. “But it is the best feeling to perform at the games in front of such a huge crowd after spending the week preparing for it.”

The over 200-member marching band was no stranger to long hours of practice either. According to junior Sonya Fox, the group generally spent five and a half hours a week on the UNI-Dome floor learning marching formations and in the auditorium learning music. During game weeks, practice time increased to seven and a half hours.

“I think the crowd appreciates what we do,” Fox said. “A lot of people stick around for our halftime shows. I think it’s evident to the audience how hard we work.”

In addition to long hours, some even sacrificed life and limb. “The stunts call on all our muscle groups. When you’re lifting a 120-pound person into the air with one hand, you need to make sure you don’t drop them,” Jim Wegener said. The physical challenge resulted in the group having an athletic trainer on hand for the first time ever.

The spirit squads thought the time, energy and effort were well worth it, though.

“Being part of the squad is the ultimate way to show my support for UNI athletics,” senior Kristi Dick said. “When I’m down there on that field, I feel like I am helping to keep the fans and the team players going.”

“A lot of time is invested in practicing all of our routines.”
Doing her best to keep Panther spirit alive, junior pom pon member Coree Smith cheers in front of the sold out crowd at Kinnick Stadium in Iowa City, where UNI took on the Iowa Hawkeyes for the first time since 1914.

Cheerleader Christie Pine smiles for the crowd as she is lifted into the air. Cheerleaders thought that being part of the squad was the ultimate way to show their support.
October 21 may have marked the turning point of a football tradition initiated 100 years ago at this University, but it wasn’t until the season’s end Dec. 2 that it was evident that a new tradition had emerged: a tradition of winning.

For the sixth consecutive year, the Panthers dominated the Gateway Conference, taking the league title Oct. 28 with a victory over Southwest Missouri State.

“We were able to take a team who had virtually not played together before and ignite a chemistry on the field that made things happen,” outside linebacker Kevin Hammond said.

The league title, along with making it to quarterfinals in NCAA 1-AA postseason play, highlighted the gridiron’s ability to come together and marked UNI’s eighth trip to the playoffs.

“The culmination of our abilities came when we beat an undefeated Murray State,” said Coach Terry Allen of the upset against No. 4 Murray State, 35-34.

While it may have been the chemistry between veteran and rookie that ultimately spelled success, at the onset many thought the team’s youth would be a handicap. With only four returning starters on the defensive side and new quarterback Chris Berg leading the offense, few thought the Panthers would capture the conference crown.

“Unity was the key. The young players were able to follow our lead, find their role on the field and play a good ball game,” flanker Dedric Ward said.

Individual accomplishments abounded. With 2,707 career yards, Ward broke school and conference records in yards gained, passes caught. Ward was also awarded consensus first-team All-American. Berg, Ward, Dan Bower, Brian Moretz and Tyree Talton earned first-team all-conference.

On the attack, Jeff Stovall (#21) turns the corner for a gain against Iowa. Even though the Panthers lost 34-13, they played tough and set the tone for the rest of the season.
Head Coach Terry Allen offers encouraging words to fullback Marvin Sims. Allen achieved his seventh winning season when the Panthers finished 8-5 overall.

Spotting a receiver downfield, quarterback Chris Berg (#11) lets the ball fly. Berg earned First-Team Gateway All-Conference recognition for the 1995 season.

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<td>@ Marshall (Playoffs)</td>
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In a year of transition for both golf teams, progressive improvement was a consistent ingredient for solid seasons.

John Bermel, the club professional at Beaver Hills Country Club, took over the reins as the new head coach for the men's team.

"It was a needed change. Coach Bermel has a lot of new ideas and new training methods. I thought it was a good first year for him," team captain Nate Lub's said.

Although the Panther men did not finish as high as they would have liked at their meets, there was a lot of individual and team improvement.

"At the end of the year we started beating some people. We are awfully young, but we hold a lot of promise for next year," Bermel said.

Freshman John Panek, who was a medalist in 4 of the 5 meets, also saw a bright future for the team. "I think we will be alright. We'll be a lot stronger next year."

The women golfers recorded a very successful season under second-year head coach Kevin Kane and a cast of underclassmen.

The team showed a lot of improvement from last spring, including placing third out of 15 teams at the Purdue Invitational and a sixth-place finish at the Missouri Valley Conference tournament, UNI's best finish ever.

"It was just another year of experience from last year. It makes a world of difference, and our confidence was up a lot," Kane said.

Team unity and cohesion were also reasons for the year's success.

"This has been our best season so far. The team bonded really well. We clicked," sophomore Kori Kayser said.

"We have a lot of respect for each other, and we're supportive of each other," leading scorer Kelly Cottington said.

The squad returns five of the six players for next year, including the top four scorers, so the future looks bright for the team.

"We're ready to go," Kayser said.
With precise aim, sophomore Jenny Voss goes for the green. Voss showed the most improvement on a more confident squad, dropping her stroke average by eight strokes from last year.
First-team All-American Dedric Ward ponders his many opportunities for the future. Some possible options included playing in the pros or going to graduate school in psychology.

Displaying the form that makes her a star, senior Kara Galer executes another set. Galer, who was voted Player of the Year two years in a row, was a big reason why Panther volleyball was successful.
Each year the University had to say good-bye to a great number of accomplished athletes. This year saw coaches, players, friends and fans saying good-bye to senior volleyball standout Kara Galer.

It was an understatement to say that Galer had a successful career. Some team highlights during her years here included being conference champions and NCAA second-round qualifiers for two years in a row and going undefeated in the Missouri Valley Conference. In addition, Galer was named Player of the Year for two years in a row. "I've never been on a team so successful," Galer said. "It's been incredible!"

The Marketing major from Iowa City said she and twin sister Kate chose UNI for a couple of different reasons. At first, Kara and her sister were not going to play together, but UNI's coaches were interested in both of them as a setter/hitter team.

Also, their family wanted them to stay close to home in order for them to be able to see them in action. Looking back, Kara said having her sister here with her made them both better. There was always someone to lift with, "and who understands you on and off the court."

Another athlete who attributed his success to the support he received was football player Dedric Ward. As a wide receiver, Ward was named first-team All-American by consensus, first-team all-conference and broke a school and conference record for yards gained, passes caught.

"Playing football here has taught me to be a team member," Ward said, "because in life you can only do so much as an individual."

Like Kara and Kate, Ward also choose UNI partly so his family could come to all his games. Being from Cedar Rapids, his family was able to cheer him on in person.

Reflecting on his career, Ward said, "I've learned a lot from my coaches and teammates, and that's what allowed me to be All-American."

"I've learned a lot from my coaches and teammates."

A common sight at football games this year was that of #29 Dedric Ward receiving congratulations from teammates. Ward often electrified the crowd with spectacular plays.
Looking to make the play, third baseman Kari McLaughlin throws it back to pitcher Kandy Keiper. McLaughlin led the team with a .244 batting average this year.

((194 Athletics))
Togetherness and teamwork created a winning attitude for the softball squad. After a less than ideal spring season last year, the team regained their momentum and finished 11-9 in the fall season. They also placed in the top 8 of 20 teams in the National Invitational Championships despite losing three key players, including all-MVC selection Jaye Donlea.

“We felt we had nothing to prove and everything to gain this season,” said co-captain Kandy Keiper.

Much of the team’s success was attributed to collaboration among the players. “The team worked well together both on and off the field,” said the other squad co-captain, Stacy Weber.

Talented incoming players and excellent bench support helped boost the team. Freshmen Angie Schreurs and Jackie Paulus joined the infield along with walk-ons Tabitha Garrett and Kathy Christy. Other walk-ons included freshmen Leslie Chase and Karey Garern. The team also had their entire pitching staff and starting outfield return. The combination created a well-rounded squad. “This season’s team had great chemistry,” said Coach Meredith Bakley.

With some defeats against Miami and Michigan towards the end of spring season, the team feared a repeat of the previous year when they went 24-32 in regular season play. However, they rallied again against Creighton in a double-header with wins of 3-0 and 4-3.

One of the highlights of the spring season occurred with an upset of Big Ten power Minnesota, who was ranked 15th. The Panthers won at home by a score of 4-2 behind a five-hit, three strikeout performance by Keiper, who was named to the all-MVC second team.

Weber, a shortstop, was also named to the MVC's 2nd team.

The team finished with an 33-21 overall record before the Missouri Valley Conference Tournament and tied for 5th place in the tournament.
“You can just see the change the swim team has undergone. The freshmen coming in are stronger ...”
-Tina Purdy

Men’s and women’s swimming and diving made a splash, breaking 12 school records.

“Everyone on the team did really well this year,” men’s and women’s coach Jim Hall said.

“These swimmers kept improving their times remarkably.”

Hall remembered many instances when the swimmers saw their times, dropped their jaws and just smiled with satisfaction.

Some seniors felt as though the standards of the swim team were higher now than the past.

“You can just see the change the swim team has undergone,” senior Tina Purdy said. “The freshmen coming in are stronger, and the coaches are getting tougher and tougher.”

The swimming and diving teams had one advantage to their success, according to Hall. The sport was under the direction of only one coach. “It’s a great learning experience to work with both men and women,” Hall said. “The men helped the women and vice versa. They really learned a lot from each other, and how to work as a winning team.”

The men ended the season winning the Mid-East Regional Championship meet, and the women took third.

“One of the highlights of the season was watching Jake Stall,” junior Eric Hoak said. “He’ll be swimming against people who tried out for the Olympic team. I think that shows right there how well he swam, and it made me proud to be part of such a winning team.”

Stall went undefeated this year in both freestyle events. His performances earned him a shot at the NCAA Nationals, where he competed against swimmers from schools like Stanford and Penn State.

The team traveled to Florida for two weeks during Christmas break. They were not lounging on the warm beaches the entire trip, however. The team practiced four hours a day in preparation for the season.

Putting on his swim face, sophomore Andrew Harris dives in to compete in the sprint freestyle. Andrew’s fastest time in the sprint was an even 25.06 seconds, which contributed to the team’s successful year.
**Men's (3-1) UNI OPP**

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**Women's (2-2) UNI OPP**

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<td>@ Mid East Championships</td>
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Women's swim team members: Andrea Glasscock, Tina Purdy and Robyn Nolan shouted encouragement to their teammates. Unity and teamwork helped propel the team to a third place finish at the Mid East Championships.

FRONT ROW: Mark Miller, Joel Stevens, Blake Bextine, Ben Reinking, Ian Barnhouse, Pat McDonald. SECOND ROW: Nate Eisenhauer, Matt Betterton, Jeff Heinz, Eric Hoak, Zach Irvine, Josh Madsen, Jacob Stall, Steve Stafford. THIRD ROW: Jeff Summy, Chad Thatcher, Steve Thorpe, Jason Lee, Paul Stover, Andrew Harris, Brian Gay, Matt Hamer.

((Swimming/Diving 197))
Flying high both on and off the volleyball court, Kate Galer achieves in both areas. For her academic performance, Kate was named to the academic All-American third team.

Fighting to dispel the “dumb jock” image, some campus athletes took the same drive and determination that made them a success on the field to the classroom to emerge at the head of the class.

Such student-athletes were recognized by the Missouri Valley Conference (MVC) by being presented with academic all-conference awards.

“I felt really honored to get recognized for my grades,” sophomore football player Andy Pattee said. “I think a lot of the time we are perceived as the typical ‘dumb jock.’ This award helps to show that’s not the case.”

“Time management is key,” senior cross country and track runner Jeff Joiner said. “You have to keep focused and not stray from the things that are important to you.” Joiner, who will be attending dental school at University of Iowa in the fall, said he spent 20 to 25 hours a week with his sports and a weekly average of 10 hours studying.

“It is all about priorities,” senior runner Laura Little said. “I knew that if I didn’t get organized and decide what my priorities were, there could be problems. I was here first for an education, and I think the coaches were really supportive of that.” Keeping focused allowed Little to graduate in just four years with a double major in Finance and Economics.

For volleyball player Kate Galer, her performance on the court and in the classroom earned her even greater recognition when she was voted to the academic All-American third team. The honor was bestowed on just 18 players nationwide.

“You have to keep focused and not stray from the things that are important to you.”

Galer said. “My parents taught me to keep focused, my team gave us the recognition needed and the whole athletics department and my professors were so supportive.”

Whether they were pulling on knee pads, lacing up their cleats or slinging book bags over their shoulders, student-athletes proved to be forces to be reckoned with in all areas.

Pursuing excellence off the court as well as on, women’s basketball player Kate Lawler meets her goals. For her efforts, Lawler was named to the honorable mention all-academic team.
Even though he's on his back against Iowa, Chris Berg was a proud figure at all times. He was named first team all-conference on offense as well as first team all-academic in the conference.

Junior cross country runner Marshall Blaine has good reason to be happy. Not only did he become one of the top five runners, but he also was named to the academic all-MVC team.
"Playing at the college level was a whole new experience... And the team is wonderful, on and off the court."
-Gina Pena

"People need to realize that these guys are all non-scholarship players, yet they go out there every day and practice for hours," head tennis coach Nancy Clark said. "These guys play the game because they love it and because of that love for the game."

It was this love for the game that prompted 12 men and nine women to lace up their tennis shoes and head on to the court. Armed only with their rackets and sweatbands, the Panthers struggled to make a name for themselves despite defeats.

With several young players and six walk-ons on the men's squad, the teams used their fall competition as a means for getting their feet wet and testing the waters.

"The young guys played really hard," said Clark of the fall play that ended with an 0-4 dual record. "We didn't win every meet, but we did show great signs of improvement."

On the women's side of the net, the Panthers beat Missouri-Kansas City and Wartburg College to close out their fall season with a 2-2 dual meet record. Freshman Gina Pena came out shining after her first fall matches, with an 8-2 singles record.

"Playing at the college level was a whole new experience," Pena said. "It's been great. And the team is wonderful, on and off the court."

Senior co-captain Lisa Castenson agreed that friendships made were the greatest victory of the sport. "It can be frustrating not doing well. But it is the love for the game and the bonds that have developed that has become more important than winning," she said.

On the men's team, the sentiments were the same. "We've been through a lot of difficult times together, and out of that has come friendship and camaraderie," sophomore Chad VanderLinden said.

The men ended their spring play tenth in the Missouri Valley Conference (MVC) with a 2-16 record. Finishing ninth in the MVC, the women took two of their 13 spring games.

Leading by example, senior Tod Berkey gives it his all up close to the net. The "unspoken leader" on the team, Berkey played at the No. 1 position all year and finished the season with a 5-12 singles mark.
### Men's (2-16) UNI OPP

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With a look of concentration, sophomore Stephanie Nelson waits for the volley. Nelson ended up with 1-4 record for the spring season.

FRONT ROW: Ryan Flaherty, Tod Berkey, Matt McElroy, Chad VanderLinden, Jon Holstrom. SECOND ROW: Assistant Coach Jay Pacelli, B.J. Fleming, Jim Bull, Francisco de la Rosa, Tom Neff, Head Coach Nancy Clark.
**Indoor**

- Mercantile Bank Invitational: 3rd
- Big Four Invitational: 2nd
- MVC Championships: 1st

**Outdoor**

- Jim Click Wildcat Shootout: 5th
  - vs. Arizona: 79
  - vs. Colorado: 82
  - vs. Idaho: 90
  - vs. Oklahoma: 89
- @ SEMO Invitational Relays: 1st
- @ Iowa Invitational: 3rd
- MVC Tournament: 2nd

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Getting ready for the pole vault, Juri Rovan is all set for another great performance. Rovan was 3rd in the pole vault at the MVC meet, qualified for the NCAA’s, and also set a personal best in the javelin.

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Racing against the competition, junior Matt Mullenix strives to do his best. Mullenix had a season-best time of 1.51.91 seconds in the 800 meters and was also part of the record-setting 4 x 400 meter relay team.
At the onset, the runners hoped for a repeat of last year’s performance, when the UNI men’s track team captured their first-ever indoor Missouri Valley Conference (MVC) championship title and followed that with the outdoor title.

Going into the indoor season with a strong nucleus which returned several all-conference performers seemed to assure success.

“We were anxious to get going and defend our conference titles. As successful as we were last year, we knew we had a chance to be better this season,” head coach Chris Bucknam said.

The Iowa State Holiday Classic on Dec. 1 had the men off and running through an indoor season from which they again emerged victorious.

“We have a lot of top quality athletes,” senior Allan Walz said. “It was great winning the indoor title again, and it gave us some momentum for outdoor competition.”

While it may have been their cumulative efforts that earned them the recognition as best in the conference, individual bests abounded.

Senior Joey Woody broke school records in both the 600 and 800-meter runs, as well as setting a school and MVC all-time record in the 4 x 400 relay along with teammates Jon Judisch, Alex Garn, and Matt Mullenix.

On the field, sophomore Juri Rovan and seniors Matt Casillas and Walz set school records in the pole vault and 35# weight, respectively.

Woody, Rovan, Casillas, and Walz also competed in the NCAA Nationals in Indianapolis. IN March 8-9.

Carrying the momentum to the outdoor season was a challenge. Tough competition and poor weather were some obstacles as the men made the transition to the outdoor track.

The team finished 2nd at the MVC Outdoor Meet to cap off the season.

“Off and Running”

“It was great winning the indoor title again, and it gave us some momentum for outdoor competition.”

-Allan Walz

FRONT ROW: Chad Pietig, Matt Mullenix, Jeff Joiner, Alex Garn, Guy Willey, Allan Walz, Mike Wherry, Matt Casillas, Joey Woody, Mike Mouts. SECOND ROW: Chad Weber, Jason Bradley, Jon Judisch, Tate Dunham, Kory Swart, Rob Semelroth, Marshall Blaine, Maceo Strickland, Kyle Kepler, Jay Brock, Juri Rovan, Steve Randall, Mike Maddox. THIRD ROW: Assistant Coach Bill Lawson, Volunteer Assistant Bob Edwards, Billy Nordyke, Brent MacLagan, Corey Janisch, Jason Potter, Tom Hesse, Justin Kinard, Dan Joyner, Scott Nevitt, Sam Burkett, Eric Potter, Ben Mischke, Tony Tatman, Head Coach Chris Bucknam.
Taking a break from competition, a Panther heavyweight wrestler has his knee stretched out by trainer Eric Knudson. To avoid injury, all sports had athletic trainers available to them.

A time out gives managers Randy Nelson and Dan Corbin the opportunity to distribute towels and water bottles to the basketball players during the Southwest Missouri State game.
It's all tied up; no time left on
the clock. As the tension thickens,
he steps up to the line and sinks the
free throw. The crowd goes wild...

Although athletic programs were
traditionally renowned for their
heroes, not every aspect of sports
carried as much prestige as making
the play of the game. In addition to
the hard work of players, there were
a group of people behind the scenes
who enabled much of the success.
Included in the University's sup­
porting staff were the managers
and trainers.

In their teams’ respective sea­
sons, managers committed to many
long hours. They attended all prac­
tices -- a contribution of about three
hours a day, in addition to count­
less hours spent working at home
and away games.

With a basic goal of keeping
everything running smoothly, man­
gers took care of a number of
things. Some of their duties includ­
ed fixing, cleaning and distributing
equipment; exchanging film with
other schools and making sure
coaches and players got everything
they needed.

Recognition for their work was
not plentiful, but their efforts were
noticed. "The job I do is a thankless
job," basketball manager Brian
Dutler said. "My responsibilities
are behind the scene, but if it's not
done, you can see the difference."

Also present to aid players and
coaches were the 30 student train­
ers, who put in approximately 30
hours a week between games and
practices for the teams. Although
their time was all volunteer, it was
a necessary part of the athletic trainer
program. To become a national
certified trainer, 1,500 hours of
experience was required.

The hours were long, but the
students enjoyed the work. "I've
always liked athletics. This is a
way to continue with it," so pho­
more Sheila Conger said.

The students felt good about the
work they were doing. "There's a
great satisfaction in helping peo­
ples," senior Matt Gage said.

"The people in the program are
great. We're a close knit group," 
senior Bill Eggers said of his co­
trainers. "

In preparation for her cross country run, sophomore Cindra Schelling has her knee wrapped by athletic trainer Toby Evans at the Beaver Hills course in Cedar Falls.

To help keep the basketball team going, manager Brian Dutler does his part during practice. Even though it could sometimes be a thankless job, Dutler's presence was very important.

("Managers/Trainers 205")
The women’s track team did not go unnoticed among their competitors this year. Although the team’s expectations were not all fulfilled, outstanding individual performances will not soon be forgotten.

The indoor season was launched Dec. 1 in Ames at the Iowa State Holiday Classic and reached its finale in front of their home crowd for the conference meet in March. The highlight of the season was the strength of the individual athletes. Throughout the season, three people provisional qualified for nationals: Dianna Leftridge in the long jump, Emily Montgomery in the 800 and Melissa Yerk with the 20-pound weight. In addition to national qualification, nine Panthers garnered all-conference recognition.

Looking beyond the team’s record and trophies, many other strengths were found. “Everyone really learned to set aside their differences and support each other,” coach Lee Ann Shaddox said.

This teamwork and competitive attitude became a point of focus for Shaddox as they continued into their outdoor season. “We have to split the team up every weekend so the throwers have a chance to throw since not every place has a legal cage,” she said. “This poses a challenge for continuity.”

Working through the challenge with ease, the team finished their season with more highlights, including three new school records: junior Michelle Surber broke the record in the 400-meter hurdles with a time of 1:03.14, sophomore Kendra Stannard shattered the record for the heptathlon with a score of 4748 points, and freshman Yerk setting a new mark in the hammer throw with a toss of 149-1 feet. Sophomore Jenny Jackson placed third in the 800 meters at the MVC.

Catching her breath, sophomore Dawn Kingery recovers after finishing her race. Kingery finished fourth in the 400 meters at the Simpson College Twilight Invitational with a time of 62.75 seconds.
Gearing up for the race, junior Denise Sauerbrei gets in position to run in the 200 meter race. Sauerbrei took fifth place at the MVC meet with a personal-best time of 23.80 seconds.

Indoor
- Mercantile Bank Invitational: 1st
- MVC Championships: 5th

Outdoor
- vs. New Mexico: 66th
- @ SIU Edwardsville Relays: 8th
- @ Iowa Invitational: 3rd
- @ Nike Invitational: 6th
- MVC Tournament: 7th

Racing side by side, sophomores Kendra Stannard and Brenna Fleishman run in the 55-meter hurdles. Fleishman's best time was 8.72 seconds, and Stannard broke UNI's record in the heptathlon.

((Women's Track 207))
In a play typical of the Panthers' outstanding season, Jill Schaeberl spikes the ball past the opponent. History was made when the UNI women became the first squad to go undefeated in the MVC.

The players celebrate after their NCAA tournament first-round victory over Colorado. Teamwork and unity were both important for the team's success.
When you're hot, you're hot. And with a 28-1 overall finish, the Panthers blazed a trail of victories across the Missouri Valley Conference (MVC) that proved they were on fire. In their wake, the team left a path of broken team and individual records.

Described by head coach Iradge Ahrabi-Fard as "unpredictable, motivated, united," and a team with "fighting spirit and an offensive fire," the women cracked the national top 25 for the first time in school history Nov. 21 and moved up to 24th the following week.

"We hit our peak this year," junior Kate Marovich said. "We came in with a strong nucleus. Everyone got along great, and we all knew our roles on the team."

Senior Jill Schoeberl agreed. "Our success was created through team effort. We all deserve credit," she said.

This strong sense of team unity allowed the Panthers to dominate. UNI took the MVC title for the second consecutive year and became the first team in the 14-year history of the league to go unbeaten with a 20-0 mark.

Intrastate rival Drake served up the competition that proved the closest UNI came to tasting defeat during regular season. The Bulldogs were the only team to take the Panthers to five matches. "Drake was our toughest opponent," Schoeberl said. "We had to unite like never before."

The netters’ season ended in second-round NCAA play against number three-ranked Stanford. But not before some impressive stats were accumulated: finishing her career with 4,265 assists, senior Kara Galer was named player of the year for the second consecutive year; twin sister Kate was the first in MVC history to be voted player of the week four times in one season; Kate was also only the second in school history to record 1000 career kills and digs; the Galer twins, Schoeberl and Marovich all earned all-conference honors and Ahrabi-Fard was voted coach of the year for the second consecutive year.

- Kate Marovich
Imagine going to athletic practice every day, lifting weights with the others and putting forth as much effort as any member of the team, only to know you will be sitting on the sidelines come game time.

Many athletes faced this situation when they were redshirted for a sport. As a redshirt, an athlete’s eligibility is extended for a year because of exclusion from varsity play.

Most athletes found it difficult to watch the action from the bench. Athletes were most often redshirted to gain experience, because of medical reasons or because their position had already been taken.

Although she found that it was a good learning experience, freshman volleyball player Shannon Perry found it hard to sit on the sidelines. “I came from a program where I played a lot, but it was better for me to do it this way, since my position was already taken,” Perry said.

As a volleyball player, Perry was able to practice and lift with the team, go on road trips and warm up with the team during games.

Fellow sophomore volleyball player Shishonee Weber felt that this made her redshirting experience a little easier. “I played freshman year, but I wouldn’t be playing a lot this year, so the coach redshirted me,” Weber said. “It helped that I was able to suit and warm-up with the rest of the team.”

Sophomore Kerri Eich was given the chance to share her position on the volleyball team or to redshirt for the year. She chose the option of having more playing time in the future. “I know it was for my own benefit,” Eich said.

Most athletes agreed that however challenging the experience, it was usually the best decision. “It was a good learning experience, but it was hard not playing,” freshman football player Matt Peterson said.

Weber agreed. “This helped me to develop some of my skills,” Weber said. She hoped that the experience would help her to gain more playing time in future seasons.

Waiting for her turn to compete, freshman Shannon Perry eagerly looks to next season. Even though it was hard for her to sit out, she thought it was for the best.
Despite playing last year, sophomore Shishonee Weber decided to sit this year out because of lack of playing time. Practicing and being with the team helped with the transition.

Freshmen football player Matt Pedersen won a state championship in high school but decided to sit out his first year at UNI. Redshirts often used the year off to develop skills.
"I had a pretty good season... We had a lot of young guys that have a lot of potential. We should be pretty good in a couple of years," Murray said.

New to the NCAA this year were freshmen Tony Wieland and Burt Beamer and sophomores Ryan Kutz and Chris Bahr.

Wieland had a strong rookie season compiling a 34-17 record, which put him second on the school's single-season, freshman list for most victories.

In his 14th season, head coach Don Briggs led this young squad to a 5-12 dual record. With a 157-90 career record, Briggs compiled more Division I victories than any coach in UNI history.

The main obstacle the Panther athletes had to surmount was caused by the excessive injuries that plagued the team, causing key wrestlers to miss important meets.

One hundred and fifty-pounder Ryan Cummings spent most of the season nursing a neck injury, while 177-pounder Ben Barton was out for the last five weeks of the season, also with a neck injury. These injuries kept both wrestlers from competing in the NCAA tournament. Both qualified for the tournament last season.

"It was a true test of how tough they are," Briggs said. "We had to go into a few dual meets without a full team, but they performed very well."

"Being out this season will be motivation to do even better next year. I'm training now, and I plan on placing at nationals," Barton said. [Chris Bahr]

Maneuvering around to get a better position, 150-pound wrestler Chris Bahr gives it his all on the mat. Bahr was selected as the Most Outstanding Wrestler at the West Regional meet.
Showing the toughness that characterized the wrestling season, junior Scott Murray keeps a lock on his opponent. Murray made the NCAA's for the third time.

One hundred and ninety-pound wrestler Bret Jones dominates his opponent on the mat en route to a victory. Jones scored eight wins in his last year of wrestling for the Panthers.

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Cranes may have sat idle in the cold temperatures and snow, but construction of the new facility went by rapidly. The center is expected to be completed by May of 1997.

Surveying blueprints, construction workers make a plan of attack for the work day. Instruction and research will be key elements in the new building as it services education also.
Since groundbreaking in May 1995, fitness gurus and recreational exercisers kept careful watch on the progress of the new wellness/recreation center. Within the building, cutting edge technology and programs planned to promote positive, healthy lifestyles.

While focused on redefining the north end of campus, the design took on an innovative appearance. Wrapping around the already existing Physical Education Center, the Wellness Center hoped to promote an image of excellence.

"Contemporary concepts of fitness, leisure and play are promoted throughout the design, as well as providing state-of-the-art classrooms and laboratories," said Christopher Edginton, director of School of Health, Physical Education and Leisure Services.

The bold design was created for more than just appearance. The idea was that the building would not inhibit, but instead bring excitement about fitness.

"We wanted the center to serve as a magnet for students, faculty and staff -- a complex of quality that promotes and encourages participation, involvement and enthusiasm for the facility and its programs and services," Edginton said.

The facility will promote both instructional/research activities and recreation/wellness needs for students, faculty and staff members. The multi-purpose activity courts, aerobics studios, leisure and lap pools, racquetball/handball courts, climbing wall and outdoor pursuits area with rental equipment, including tents, backpacks, cross country skis/boots, roller blades and much more, will focus on the recreation/wellness needs. "Right now we have demand for more programs than we have space for," said Kathy Gulick, Wellness Promotion/Health Education Director.

Instruction and research will be the focus within the six classrooms, two seminar rooms and seven laboratories as the building serves the School of Health, Physical Education and Leisure Services.

Completion is estimated for May of 1997. (Wellness Center 215)
With the glory of high school athletics over, some wondered where they could regain the "star image" they worked so hard to achieve in high school. Others simply searched for the fun and excitement of a new activity. Whatever their reasons, many students turned to the intramural sports program for a little friendly fun and competition.

Any student who wasn't involved in a varsity or club sport at the University was eligible to participate in intramurals. Groups were organized into teams from the pool of students in residence halls, fraternities and sororities and through various clubs.

These teams participated in a wide variety of sports from softball to racquetball to a triathlon. The Intramural Point System awarded points to teams based on their participation and achievement. The team that had accumulated the most points for the year was recognized as the Team All-University Champions. The men's and women's All-University Champions were presented with a plaque and T-shirts for each team member.

History was made this year, as the men's competition ended in a tie. The Sigma Alpha Epsilon fraternity and the Sigma Phi Epsilon fraternity were named Co-Champions. Campbell Hall's Rainbow House won the women's All-University Champion award.

Students could also participate on an individual basis in activities such as tennis, swimming, wrestling and golf. Awards were given to both individual and team champions in each sport.

Huddling together, members of the Camp Adventure co-rec flag football team compete in the championship game in the Uni-Dome. For many students, intramurals were a chance to recapture the high school glory.

“It was a real thrill to win that last game.” -Angie Brummel
Sophomore Jeff Schnurr completed his second year of intramural competition. Schnurr plays to be competitive while also having fun.

"I've participated in football, softball, volleyball, swimming and the mile and a half run," Schnurr said. "I've enjoyed participating in all of these."

Sometimes winning was the greatest reward for participating in intramurals. Senior Eric Baker found that he enjoyed playing softball more than other sports.

"We finished third in softball, and we were probably the best at it," Baker said.

Reliving the glory days of high school sports was Baker's reason for deciding to participate in intramurals.

"I played sports in high school, and this is just a continuation of that," he said.

Although many students strove for excellence in intramural sports, winning wasn't always their main objective.

Sophomore Angie Brummel played flag football for Jennie House because she had never played before, and she thought that it sounded like fun.

"We didn't win a game until the very last one, but we had a lot of fun playing," Brummel said. "It was a real thrill to win that last game."
According to junior basketball player Theo Vandeven, anyone trying to crack into professional athletics had "very slim chances."

Vandeven wasn't interested in making the leap to professional ball because it was so difficult to make it in. Not all UNI athletes felt this way. Many managed to overcome the odds and extend their athletic careers past college.

Linebacker Bryce Paup was picked up by Green Bay in 1990. After five seasons with the Packers, Paup signed a $7.6 million dollar contract with the Buffalo Bills. Paup's season ended with him being named the Defensive Player of the Year in the NFL.

Paup encouraged athletes to stay focused, work hard and take advantage of opportunities given to them.

"Stay with your dream. Set high goals and keep on setting them higher," Paup said.

Linebacker Andre Allen was the most recent Northern Iowa alum to play in the NFL. Allen spent his rookie season with the Philadelphia Eagles. While at UNI Allen received All-American honors and was also named Gateway Conference Defensive Player of the Year.

Many former UNI basketball stars traveled outside the country to continue their careers.

Brad Hill and Troy Vaughn crossed the seas to play in Honduras. Australia became the home for Troy Muilenburg and Brian Jones.

Freshman basketball player Tony Brus hoped to follow in these footsteps and continue with his athletic career after graduation. "I'm going to work as hard as I can," said Brus.

UNI alumni Bryce Paup talks with the local media about this past year, in which he was named the NFL's Defensive Player of the Year. Paup graduated from UNI in 1990.
According to an NCAA study, UNI athletes were not receiving equal treatment when it came time to hand out money or scholarships.

In 1972, Title IX was passed into law requiring all institutions that receive federal financial assistance to provide equal athletic opportunities to both sexes.

The gender equity committee, chaired by psychology professor David Whitsett, reported that in 1993-94 there were 89 female students who received athletic aid, while 168 male students received aid. "What the equity committee did," Whitsett said, "was to gather information on how money was being spent on women's athletics, how scholarships were being awarded and the number of female and minority coaches there were."

Over 100 male student athletes participated in football, and there was no comparable women's sport.

"I don't know that much about women's sports," junior wrestler Ryan Cummings said. "I do know that football takes a lot of scholarships, though, which makes women's sports look like they're getting so much less funding."

The gender equity committee submitted a plan to a peer review committee and according to the plan, changes should occur within five years for women's athletic programs.

"We recommended that more money be spent on women and minority coaches."

-David Whitsett

According to the guidelines set by Title IX, some women's sports, such as basketball, were not provided with equal funding and scholarships as compared to their male counterparts.
“We hate each other on the ice, but off the ice we’re feeding each other beers.” - Tom Baker

Well, if there was ever a “Get-to-Know-You” award given, there is no question that the University of Northern Iowa Hockey Club would have received it this past year.

The Hockey Club has made it a tradition to party with every team they play. While watching them, it’s hard to imagine these “gentlemen” can go and be “buddies” with the other team after they get done punching one another on the ice.

“I can remember one time being almost broken in half during a game and afterwards finding out that the guy sitting next to me at the party was who did it,” senior captain Tom Baker recalled. “Then we just had to laugh about it.”

While most people know that hockey is a violent sport, junior Lance Kusske found out firsthand just what can happen. During a game against Drake last year, Kusske hit an opponent so hard the player had to be carried off the ice. It wasn’t until this spring when Kusske and the rest of the team found out that the young man lost a testicle because of it. Aggression on the ice was left there. The Drake player held no grudges and partied with the Panthers after this year’s game. Even with all their partying, the Hockey Club still managed to place second in their division and fourth in the league tournament.

With the organization not being fully funded by the school, the team stayed busy raising money for equipment, travel expenses, and paying referees. The team used their dues and had fund raisers, such as selling T-shirts. But the most successful were the keg parties; they seemed to bring in the most money.

“We hate each other on the ice,” Baker said of his opponents “but off the ice we’re feeding each other beers.”

((220 Hockey)))
With the fast pace and high level of competition students faced daily, the need for stress relief was greater than ever. Martial arts was a getaway that blended both mental and physical challenges.

Martial arts clubs provided students with a means of self defense while increasing coordination and physical fitness.

"I think everyone has wanted to get involved in the martial arts at one time or another," Cedar Falls Tae Kwon-Do Club president and instructor Dan Jorgenson said. His group competed in three tournaments and participated in testing for advancement.

The Panther Tae Kwan-Do club provided some variation. They concentrated on widening their focus to the sport version in addition to the traditional club style. The traditional style concentrated on stretching and self-defense, while the sport version's main goal was fitness.

The Kempo Karate club tried to develop skills that could be integrated into other parts of their lives.

"It's important for students to have mentors," UNI Kempo Karate club instructor Edward Morris said. "They provide a generational interlink between both spirituality and martial arts."
Soon, Northern Iowa will no longer have a women's soccer club. They will instead have a women's varsity soccer team.

According to club president Connie Wolf, the women's soccer club should receive varsity recognition within the next two years.

"Iowa's club is the next to become a varsity sport," Wolf said, "and we should be next."

As a varsity sport, women's soccer would receive much-needed financial support from the University. This year and in past years the women played without uniforms and on the baseball field.

Freshman forward Bridget Wilhelmsen felt University recognition would give the club more respect around campus.

"I think we could do a lot for the school," Wilhelmsen said. "I'm from Minnesota originally and soccer is a much bigger sport up there. Hopefully, I would like to see its popularity grow in Iowa."

Although the stats don't show it, this soccer team had a successful season in the team's eyes.

"Our record wasn't very good, but we saw a lot of improvement through the season," said freshman Sara Baker.

Wolf said that the women played well during their indoor season against other club teams like Drake and Iowa, and also against Iowa State's varsity team.

The Panthers had a young squad this year with the team consisting mostly of freshmen and sophomores with only two returning players. With most of the players returning, Wilhelmsen said the team would see a lot of improvement in future years.

The women's soccer club team battles their opponent out on the baseball field. When the team receives varsity recognition, they will be able to buy soccer uniforms and play on a real field.
Cooperation and teamwork led the men's soccer club to a triumphant year. According to club president Alan Gift, the team had a successful season.

"We did pretty good," said Gift. "During our outdoor season we got better and better."

The men ended the year with a .500 record in both their indoor and outdoor seasons.

The Panthers were able to hold their own against other club teams like the University of Iowa, Luther College and the Hawkeye Club, a team of graduate students from the University of Iowa.

As the season progressed, the men improved not only in their soccer ability, but also in their ability to cooperate together.

"We began to work more as a team towards the end of the season," Gift said. "We began to score more goals."

Unlike the women's soccer team, varsity recognition was not in the near future for men's soccer. Because of University policy, the men had a long wait before their club would become a varsity team.

Gift said gaining University status would help the team to gain recognition around campus.

"We always wanted to be a varsity team," said Gift. "But I don't see it happening in the next four years."
“It’s a game where either you love it or you don’t.” -Amy Adams

Aggressive by nature, Rugby by choice.

The women’s rugby team motto summed up an attitude: a team that sank their teeth into the game but was dedicated to perfecting the fundamentals.

“In practice they listen to everything,” said coach Steve Murra, who praised his team for sticking to the basics instead of relying on brute physical force. That philosophy won them all three tournaments in the spring and handed them an 8-3 final record.

Junior wing forward Amy Adams remembered one of those victories: the Collegiate Cup against Loyola University in Chicago.

“We played in the sleet, we played in the rain, we played in the snow—we gave 110%,” she said.

Mura stressed that although they were a club team, “they’re student athletes just like football or volleyball players,” he said.

Individual talent by players like Julie O’Hara kept scoring high.

“She’s a point machine. She scores all the time,” said Murra. He also credited Threas Harms—“an excellent tackler”—and Anna Smith for improving the team.

“Anna’s the general when she’s out there,” Murra said. “She takes control.”

Adams believed Murra’s leadership and instruction, as well as the irresistible lure of the sport, was responsible for their enthusiasm.

“It’s a game where either you love it or you don’t,” she said. “And if you love it, it’s hard not to play.”

Stephanie Rohm

((224 Women’s Rugby))
With heavy turnovers plaguing the men's rugby team, they may have wondered if they were spending more energy in recruiting new players every spring than they were actually playing the game. But overall, this season the team "did fairly decent," said senior Captain Aaron Kuehn, who was better known as "Rooster."

"We're straight up and down the field, no fancy stuff... I think our raw talent carries us through a lot of the time," said Kuehn.

That raw talent may have been responsible for their second place victory in the collegiate cup and a third-place seat in their division at the last tournament of the season. But they dug deep into their bag of tricks to pull off a victory against Loyola Chicago the week of spring break.

"We didn't travel very well. We only brought 16 guys, and half of our starters were missing," said senior Joel Stevens. Still, with only one spare player, they managed a 7-0 win.

"We get minimal funding from the University compared to other teams around the state, but we're consistently among the top two," Stevens said. Still, the excitement of the game couldn't keep them away.

"I think our raw talent carries us through a lot of the time."

-Aaron Kuehn

All eyes are glued to the rugby ball as UNI and Central College get ready to battle for possession. Despite some unorthodox coaching and organization, UNI "did fairly decent."

((Men's Rugby 225))
But perhaps those whose decisions had the greatest impact were the seniors. When finally we marched down the aisle to receive a diploma that validated our efforts of the past four years or more, doors to the future flung wide open. By choosing the course our lives would take from that point forward, we cast a stone whose ripples extended far into the waters of tomorrow.
The first ripple impacted all of us deeply. It determined if we would return to the towns of our childhood or travel to strange and new places in search of jobs, graduate school programs and life experiences. Reaching into all aspects of our lives, it defined where we worked, who we married and what we did as we took our place in the real world. And it was when we took that initial step, armed only with the experience gained from our past decisions, that we began our journey into the future.
Most people on campus believed that seniors were breathing a sigh of relief as graduation approached in May. How wrong they were. After battling through anywhere from four to six years of homework, papers and projects, the seniors faced the biggest step of their lives—the step towards an unknown future.

"It's the unknown and unexpected," said Ken Jacobsen of the Counseling Center, who described the generalized anxiety and stress many seniors had to cope with.

The Career and Placement Center also dealt regularly with students who were worried about finding a job after graduation.

"There are several rumors going around about the bad job market. I'm afraid that this really frightens some students," said Donna Vinton of the Career and Placement Office. She advised students with these worries to "look at themselves as a bundle of skills, rather than a major."

In addition to adjusting to the unfamiliar environment of a new job, searching for a new place to call home caused a few qualms.

"I am really worried about finding a place to live for me and my children," said single mom and English major Kay Richmann, who lived in the University Apartments.

Although MIS major Wendy Rouse was fortunate enough to have a job waiting, she still had concerns about housing.

"I'm still worried about finding somewhere to live and moving into a town that I'm not familiar with," she said.

The dissolution of close friendships within the network of "family" on campus was one of the hardest realities to face. However, some students, like Family Services major Jodene Behrens, were optimistic about their future.

"I've been on my own before. I'm staying in the area, so I will still see my friends," she said.

Some students had mixed feelings about graduating.

"I'm worried about getting a job, since I graduate in December," Education major Teresa Rubendal said. "But I'm excited about getting out of the bubble and seeing reality."
Melanie Barton
History
Nashville, TN

Aaron Hartz
General Studies
New Hampton

Stephanie Battani
Elementary Education/Spanish
Ankeny

Kim Baumler
Finance
Waconia

Denise Bayer
German/Secondary Education
Victor

Steven Heard
Physical Education
Woodstock, IL

Teresa Behrend
Elem./Early Childhood Ed.
Spencer

Jodene Behrens
Family Services
Shelby

Lisa Behrens
Family Services
Dysart

Craig Rollmer
Psychology
Cedar Falls

Jennifer Rolziel
Art
Bettendorf

Dan Ronson
Educational Technology
Winterset

Jessica Bergstrom
Business Administration
Mallard

Leah Bertram
Elementary Education
Storm Lake

Aaron Bewyer
Biology/Pre-Physical Therapy
Cedar Falls

Blake Bextine
Biology
Bedford, TX

Craig Biggs
History Education
Webster City

David Billings
Biology
Pleasantville

Robert Bisby
Science
Hudson

Melly Blanchard
Art
Iowa Falls

Jody Blank
Business Administration
Garner

Brenda Bloes
Family Services
Gilbertville

Andrew Bloomcamp
Computer Science
Potoshontas

Heidi Bockes
Anthropology/Nursing
Waterloo

Brian Boerner
Earth Science Education
Iowa City

Andrew Boettger
History
Harlan

Kathy Bohlmann
Elem./Early Childhood Ed.
New Hampton

Carol Bohnenkamp
Accounting
Fort Madison

Chad Boker
Criminology
Oho

Tara Bonevitz
Elementary Education
Steamboat Rock

((230 Seniors))
“I’m doing this because I like it. It’s opened avenues of interests for fellow students who weren’t aware of the potential to be politically active as a student. "One of the first things that was impressed upon me was to remember that I was a representative of Senator Dole. And I’ve had to learn to hold my tongue when my nature would go off on someone... Most people were very receptive at the campaign table, but some people were just holy obnoxious.”

--Senior Kendall Tack, campaign organizer for UNI Students for Dole, Dole for President, Inc.
"To see the seniors vote so overwhelmingly for something like parking was kind of surprising. It'll be really good for the University, something that's used over and over again.

"Through a very successful silent auction and nearly three weeks of fundraiser phone calling, we managed to raise close to $41,000 towards a B or C parking lot near Bartlett."

--Senior Amy Terpstra, Senior Challenge Committee
Julie Decker
Elem./Early Childhood Ed.
Fort Dodge

Jane DeGrado
English Education
Newton

Jeffrey DeHaven
Marketing
Oelwein

Elaine Dekock
Psychology
Cedar Falls

Kimberly Dell
General Studies
Clinton

Marilyn Dellit
Elementary Education
Grundy Center

Jill Denning
Biology
Fort Madison

Debra DeRonde
Elementary Education
Oskaloosa

Darren Dieleman
Management
Bettendorf

Nicole Dillard
Psychology
Fort Dodge

Stacie Diltz
Family Services
Ronnells

Amy Doak
Elem./Early Childhood Ed.
Johnston

Matthew Doehrmann
Mgmt. Information Systems
Williamsburg

Scott Doherty
Biology/Chemistry
Van Horne

Todd Dolphin
Biology
Dubuque

Catherine Donlan
Elem./Early Childhood Ed.
Waterloo

Jason Donlea
Leisure Services
Winthrop

Jack Dostal
Physics/Mathematics
Protivin

Laura Dove
Public Administration
West Des Moines

Cory Downes
Electro-Mechanical Systems
Oxford

Denise Doyle
Management/Human Resources
Scea City

Catherine Drain
Psychology
Washington

John Driscoll
Biology
Davenport

Kara Droessler
Mgmt./Bus. Administration
Bettendorf

Bridget Duffy
Elementary Education
Mason City

Jennifer Duncan
Accounting
Marshalltown

Denise Dunkel
Public Administration
Manchester

Alan Dunker
Leisure Services
State Center

Marsha Dunn
Math Education
Mesorvo

Julie Dybala
Therapeutic Recreation
Oak Forest, IL
With visions of power and money dancing in their heads, approximately 1800 students headed over to the UNI-Dome Sept. 26 to explore their options at the annual Career Fair. Waiting inside were representatives from 173 companies.

Employers raved about the fair, which was accredited as one of the largest in the nation.

"It's the Superbowl of career fairs," quipped one recruiter.

The facilities may have been impressive, but recruiters reserved the highest praise for the quality of students attending.

"You should be very proud of your students. They are exceptional in preparation, maturity and interpersonal skills," one graduate school program recruiter said. The recommended formal attire didn't hinder student attendance. In fact, many seemed to enjoy it.

"Approaching recruiters in a suit and tie is much easier than in jeans," senior Mark Aalderks said.

Despite the professional atmosphere, some students were pleasantly surprised with the ease of one-on-one rapport.

"That's what kind of surprised me," senior Kyle Cook said. "I expected people to wait in line, sit down, talk to a recruiter and go over their resume."

The positive feedback and increased attendance from both employers and students led to a favorable reaction from the University sponsors. "This Career Fair was the best we've had," said Ron Omera, assistant director of placement.

Spiffing up, senior Jason Hall prepares to meet a recruiter. The transformation from college attire to business wear took over campus during the fair.
Although the college experience was supposed to be enlightening, senior Lori Dale preferred to stay in the dark.

"I love the darkroom. I could spend all night in there," said Dale, an artist whose experience at UNI led her to discover a passion: photography.

"After I took that first class, I knew I wanted to do it," she said.

In April, Dale won the College of Humanities and Fine Arts Merit Award at UNI's Annual Juried Art Exhibition. Her entry depicted the frustration of black women who are repeatedly shunned by black men in favor of white women.

The piece was an example of Dale's penchant for pouring emotion into her artistic work. The intense approach influenced her daughter, Eboni, who at age nine was already able to assist in the darkroom with skill.

"She'll be printing by next year or the year after," Dale said confidently.

While Dale's dual role as a single mother and college student made her path more challenging than most, Dale credits her daughter as an inspiration.

"If it wasn't for her, I wouldn't be here," she said. "She's the one that encouraged me to come here, in the sense that I want a better life for her. And how can I tell her to come to college if I don't?

"At first it was like a dream. But now I see myself as an artist and a photographer. And I'm going to get it. I've never been so sure of anything in my life. Like I tell my daughter Eboni - I'm thirsty."

((Profile 237))
READY FOR THE REAL WORLD?

Once at the senior level, most students were expected to know what their futures held, but many times their career goals were not yet clearly defined. An excellent way many seniors discovered their options was through an internship.

Senior Amy Alcorn worked during her senior year at Small World Child Development Center in Waterloo, teaching about 35 two-to six-year old kids some basic Spanish. Once a week Alcorn taught the class words like colors, animal names and numbers in Spanish through games and activities.

"It's been a great learning experience," Alcorn said. "It's increased my confidence while teaching in the classroom."

Not all seniors found internships on their own. Some took advantage of the Cooperative Education and Paid Internship Program, which helped students set up internships for academic credit and earn the hands-on experience not found in the classroom.

History major Bill Beck spent his senior year gaining "experiential learning" at the Grout Museum in Waterloo and the Hartman Reserve Nature Center in Cedar Falls.

"Co-op has definitely given me an edge," Beck said. "I have first-hand contact with people who are really willing to help you, because they've been there."

Senior Michele Clark had the unique opportunity to intern with the Success Street program, a school-based health clinic established at West High School in Waterloo.

"This has been a very positive experience for me," Clark said. "I get the opportunity to learn how an agency like this runs."

Through the Success Street program, Clark worked with a support group for pregnant teenage girls called S.U.M. Bunch (Super Unique Moms). The program educated the girls on prenatal care, worked to encourage them to stay in school and showed them support throughout the pregnancy.

Because Clark was also a single mother, she could relate to the girls, and she felt she learned from them as well.

"One of the girls gave me a picture of her daughter," Clark said. "This meant a lot because it symbolized that she saw me as more than just a mentor or a facilitator, but also as her friend."

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(238 Seniors)
Matthew Hasenwinkel  
Finance  
Cedar Falls

Joseph Havighurst  
Geography  
Des Moines

Chris Haviland  
Public Administration  
Clive

Neil Havlik  
Accounting  
Cedar Falls

Jennifer Hawk  
Communicative Disorders  
Norwalk

Dawn Hawkins Ahrens  
Spanish  
Decorah

Gregory Hawthorne  
Biology  
Marion

Eric Heath  
Social Science Education  
Marion

Corinne Hedrick  
Marketing/Spanish  
Montezuma

Michael Heeren  
Mathematics Education  
Monticello

Rodney Hegland  
General Studies  
Bettendorf

Melissa Heidbreder  
Elem./Early Childhood Ed.  
Fort Madison

Stacy Heidemann  
Elementary Education  
Reinbeck

Scott Heitland  
Social Science  
Algona

Tara Hemann  
Sociology  
Mason City

David Henderson  
Psychology  
Havelock

Mark Hendricks  
Electronic Media  
Chicago, IL

Leigha Hennis  
Accounting  
Mount Pleasant

Aaron Henrichs  
Management  
Cedar Falls

Maria Henry  
Community Health Education  
Des Moines

Carrie Hepola  
Family Services  
Alta

Nicole Hilbert  
English Education  
Clinton

Lee Hillerson  
General Studies  
Volga

Jeanette Hill  
Elementary Education  
Des Moines

Kelly Hill  
Psychology  
Davenport

Kimberly Hinton  
Electronic Media Production  
Waterloo

Charles Hodges  
History  
Greenfield

Emily Hoeger  
Biology  
Davenport

Christine Hoelzen  
Mgmt./Bus. Administration  
Davenport

Dennis Hoer  
Mgmt. Information Systems  
Cedar Falls

((240 Seniors))
"We shortened the traditional Senior Week to the last weekend in March. We had comedienne Diane Alaimo, free UNI baseball Friday through Sunday and the traditional Senior's Night Out on Saturday, with 96 cent draws and pizza.

"We had a great turnout; I was really happy to see everyone, especially a lot of my friends from class. It's kind of weird, though ... A lot of those people have become my friends, and pretty soon we'll be going to different grad schools."

--Senior Emily Haisman, Senior Challenge Committee
Stacey Jenkins  
Elementary Education  
Holstein

Michael Jensen  
Finance  
Farsibault, MN

Clint Jiras  
Electronic Media  
Oxford

Michael Joebgen  
Elementary Education  
Sumner

Jeffrey Johannsen  
Marketing  
Eldridge

Bradley Johnson  
Accounting  
Council Bluffs

Brian Johnson  
Psychology  
Renssen

Cliff Johnson  
Mgmt./Bus. Administration  
Emmetsburg

Denise Johnson  
General Studies  
Ankeny

Eric Johnson  
Mathematics/Science  
Vinton

Melissa Johnson  
Human Resource Management  
Urbandale

Sherry Johnson  
History Education  
Fairfield

Jeff Joiner  
Biology  
Launa

Nicole Jonas  
Public Relations  
Renssen

Angle Jones  
Therapeutic Recreation  
Eldora

Elizabeth Jones  
Elementary/Middle School Ed.  
West Des Moines

Matthew Jones  
Production Management  
Bettendorf

Randall Jones  
General Studies  
Dunkerton

Tracey Julius  
Accounting  
Humboldt

Dena Juve  
Social Work  
Decorah

Sonya Kabel  
Elem./Early Childhood Ed.  
Des Moines

Laura Kacere  
Elem./Early Childhood Ed.  
Marion

Stephanie Kaiser  
Art/Graphic Design  
Monson

Ryan Kalis  
Elementary/Middle School Ed.  
Cedar Rapids

Sandra Kalous  
Elem./Early Childhood Ed.  
Marion

Matthew Kammerer  
Physical Education  
Hedrick

Vicki Kammerer  
Management/Human Resources  
Monsour

Lance Kane  
Mgmt./Bus. Administration  
Milford

Linda Kane  
General Studies  
Lake Mills

Michael Kangley  
Theatre Arts  
Rockwell City

((242 Seniors))
"She's been my friend since freshman year. I'm moving away after graduation... It's really sad. Before, I was excited about leaving college, and I never thought about it too much; but lately, I've been thinking about it more and more."

-Senior Rebecca Lally (right), on her close friend Ronda Matties

I'll miss her very much, but I have the memories to carry with me. We have a very unconditional friendship. She's a beautiful person, inside and out."

--Senior Ronda Matties (left), on her close friend Rebecca Lally
The dreaded question: “do you have a job yet?” prompted only panicky looks from many seniors, but some had their ducks in a row--and a job on the line.

“I’d love to work for the FBI,” said criminology major Chris Bethke, who was working retail security at the time of her graduation.

“Tuesday I’m moving to Chicago and I start my job on Wednesday,” said management major Steffanie Powers, at her commencement. Although she was excited, “I’m not going to like getting up early in the morning,” she lamented.

Accounting major Stephanie Holcomb landed a job in Minneapolis working as a staff accountant.

It’s nice to know you have a job when you finish school,” she said.

“This is right up my alley for what I wanted in a career,” agreed accounting major Zoe Rickertsen, of her new Des Moines accounting job.

Kevin Manwell felt fortunate to have a job lined up as a systems analyst in Des Moines.

“I was hoping to find something soon,” he said. “That position was the ideal thing.”

Some, however, joined the ranks of the hopefuls-in-waiting.

“I hope to find a job here pretty soon,” said biotechnology major Bernie Schieltz. “I’ll move home for right now until I do find a job.”

With no real prospects as of May, Anna Ryherd planned to look for a job, with one goal in mind.

“Make lots of money,” she said.

The promise of that first job had seniors scanning the classifieds and attending events like the Career Fair, where this sign was a reminder of reality.

((First Jobs 245))
Although she was a friend of the environment, senior Jennifer Varchola’s work really bugged her.

Not that it was a problem. During her senior year, Varchola dedicated herself to the study of Iowa’s ditch-dwelling, corn-pest-eating beetles—Carabids, to be exact—in order to research their role in lowering pesticide use on farm fields.

“I never thought I’d be so excited about bugs,” said Varchola, who gathered them in ditches and hot, muggy cornfields with stalks towering over her 5-foot frame.

But it was the semester of intense work that paid off for Varchola: 60 species of Carabids were identified, data which was very valuable in the scientific community. She presented her findings to the Iowa Academy of Science in April and planned to submit a paper to a scientific trade journal, as well as continue the research for her Master’s program.

“She’s one of those exceptional students who can pull off straight A’s and still do this kind of research on her own time,” assistant biology professor Jim Dunn said. Although officially her advisor, Varchola said she thought of Dunn more as a mentor.

It was another teacher, this time in seventh grade, who transformed her fear of science into her life’s direction. Normally shy in front of a crowd, she found that giving presentations for science fairs didn’t bother her at all.

“I kept waiting for the nervousness to hit me, but it never did,” she said. “Science is where my confidence lies.”

(SENIOR PROFILE)

(SENIOR PROFILE)

(SENIOR PROFILE)

(SENIOR PROFILE)
"Freshman idiot" is how senior Eric Johnson described himself when he used to shove down platefuls of dinner rolls his freshman year. Johnson's unique talent earned him the title of "Dinner Roll King."

"I spent money on anything and everything."

Older and wiser? Hmm... Maybe.

As their final destination of graduation rapidly approached, seniors reflected back on their years spent at the University, assessing their personal growth and progression from greenhorn freshman to seasoned upperclassmen.

"Right now I don't go out as much," education major Ryan Kalis said. "I hit it (partying) pretty hard as a freshman; my grades suffered, and I had to cut back."

History major Melissa Keller agreed. "I goofed around a lot my first year, but now I'm a lot more focused," she said.

"Eat before you drink," advised geography major Norman Massey. Massey, a native Californian, also quickly learned "not to wear shorts in the middle of January," he said.

Some of the lifestyle changes were not necessarily by choice.

"I was broke. Living in the dorm, I spent money on anything and everything," Kalis said. "When I moved off campus I had to be more conscientious in order to pay my bills."

However, even after four years, some still struggled to find balance.

"Things haven't changed much. I still do stuff at the last minute," communications major Kirk Arbuckle said.

Public administration major Michael Agocs added, "Actually, I was probably smarter when I was a freshman."

Besides the lessons learned about study habits, seniors also gained knowledge about life and love.

Massey had always been shy when it came to girls and meeting people. But through his five years at the University, he learned a few ways to overcome his fear.

"You can't be afraid. You just have to go after what you want," he said.

Kalis also gave his insights on how he learned to survive in the dating pool, especially with the "amazing number of beautiful girls" he first encountered as a freshman.

In addition to the wisdom "don't always trust your friends to set you up," Kalis discovered that "you have to go with your instincts."

"As time goes by you find out where you fall into place," he said. "As you mature you learn about people, what you want and what you don't want."
"One of the most memorable things was when Amiri Baraka, a dramatist poet, came here for a two-week seminar last spring. He knew Malcolm X and had talked with Martin Luther King at his house 10 days before he was assassinated. ‘Don’t be afraid to write what you feel.’ That was his message ... It was cultural; it was historical; it was everything an African American young person doesn’t get on this campus.”

--Senior Jason Parks, English
((252 Seniors))
"During Phi-Alph week, we had a fire lit behind our house that we couldn’t let out all week long. We stayed up until five in the morning with the pledges, telling stories about our memories of the fraternity, what we expect out of the new guys, what the fire meant to them.

"It’s been a tradition since UNI was Iowa State Teacher’s College. It symbolizes the burning desire to keep the flame in their participation of the fraternity."

-Senior Josh Kiese, Sigma Alpha Epsilon
Instead of the crowning of a king and queen at Homecoming, two seniors received the crown jewel of undergraduate awards: the Lux Service Medallion.

Senior Sarah Spurgeon, a community health education major, and senior Kristi Marchesani, a public relations major, received the honors during halftime at the Homecoming game. The annual award recognizes two students who display outstanding service to the University and have met high GPA requirements.

While a student, Spurgeon was an aerobics and CPR instructor with the Wellness Promotion program. She also designed and implemented a sexual abuse prevention program on campus and was a member of the UNI Search Committee for a new assistant professor of health education. Spurgeon also helped coordinate the Antioch retreats for St. Stevens.

As a campus leader, Marchesani served as the 1993 executive editor of the Old Gold Yearbook and was president of American Humanities. During her undergraduate career, she was also a Student Alumni Ambassador, an overseas counselor for Camp Adventure and a Summer Orientation staffer. Marchesani served on the strategic planning committee and UNI Museum board of directors, co-chaired the 1995 Senior Challenge, worked as a career counseling assistant and was involved in campus ministry.

The other three finalists were senior Nicci Port, junior Adrienne Hallett and 1995 graduate Jennifer Emerick.

“It was a fun and neat experience,” Marchesani said. “It gave me a chance to appreciate all the opportunities I’ve had at UNI.”

The winners of the Lux Service Medallion have much to be proud of. Given for outstanding service, it was considered the highest award given to undergraduate students.

contributed time to the AIDS memorial quilt project and worked with the American Cancer Society on cancer education.
“Education has given me the confidence to make the right choices. It hasn’t taught me that money buys happiness, but it’s shown me that education has given me the edge to make money without having to rely on others.

“There are people with money and there are people who are rich... In my opinion, being rich is not solely tied into money. It’s being happy with yourself and your job and your family.”

--Senior Molly Sweeney, marketing
Kelli Townsley
English/Secondary Education
Waukee

Jim Trainor
General Studies
Cedar Falls

Linh Tran
Marketing
Des Moines

Jason Trine
Marketing
Burlington

Brooke Trout
Business Management
Mechanicsville

John True
Political Science
Avoca

Tonya Turner
Marketing
Manchester

Travis Tweed
Accounting
Thompson

Douglas Uhlman
Biology
Carlsbad

Kristi Usher
Finance
Marion

Tara Valen
Elementary Education
Estevan

Gina Valentine
Finance
Dubuque

Angela VanWyhe
Biology
Sergeant Bluff

Ryan VanderVelden
Biology
Bordentown

Brooke Vannatta
Accounting
Gilman

Jennifer Varchola
Biology
Davenport

Jeremy Vaske
Construction Management
Tama

Timothy Vavra
Marketing
Fairfax

Lisa Ventsicher
Therapeutic Rec./Social Work
Shekin

Angela Vignaroli
Public Relations
Des Moines

Katie Villhauer
Elem./Early Childhood Ed.
Iowa City

Krista Voda
Electronic Media/Comm.
Clinton

Laura Volbrecht
Health Education
Bloomer, WI

Kerry Vondrak
Social Work
Emmettsburg

Det Voutsalath
Elem./Early Childhood Ed.
Algona

J. Rebecca Wacker
Early Childhood Education
Shellshurg

Anne Wagner
Marketing
Waterloo

Sarah Wait
TESOL/Spanish
Cedar Falls

Heather Wallendar
Art Studies/Photography
Des Moines

Eric Walter
General Studies
Guttenberg

((Seniors 257))
Allan Walz  
Public Relations  
Bonomacart

Tammy Walz  
Accounting  
Tama

Holly Warren  
Leisure Services  
Spencer

Shinobu Watanabe-Galloway  
Psychology  
Tokyo, Japan

Lohree Waterland  
Accounting  
Melcher

Jina Wattne  
Elementary/Special Education  
Mason City

Joyce Waul  
Elementary Education  
Dubuque

Douglas Weaver  
Mgmt. Information Systems  
Sharpsburg

Jennifer Weber  
Geology  
Davenport

Annette Wedemeier  
Elem./Early Child/Special Ed.  
Waterloo

Joel Weeks  
History Education  
Slater

Brian Weepie  
Accounting  
Cedar Rapids

Michelle Welsh  
Biology  
Cedar Rapids

Jennifer Wendling  
General Studies  
Hudson

Bonnie Wessels  
Accounting  
Alapington

Joyce Wessels  
Finance  
Allison

Michelle Wessels  
Elementary Education  
Acme

Rachelle Westfield  
Management  
Newton

Amy Westphal  
Elem./Early Childhood Ed.  
Bridgewater

Jennifer Westphalen  
Special Education  
Davenport

Dianna Weydert  
Elementary Education  
LeGrand

Jodi Wheater  
Elementary Education  
LeGrand

Kathy White  
Finance  
Episcopal

Amy Whitehill  
Elementary Education  
Cedar Rapids

Melaine Whitlatch  
General Studies  
Tipton

Jill Whitson  
Marketing  
Altona

Karen Wieluge  
Psychology  
Dubuque

Jayne Wilken  
Mgmt./Bus. Administration  
Fort Madison

Kimberly Wilker  
Political Science  
St. Olaf

Tamara Wilkinson  
History  
Blue Grass

((258 Seniors))
“I like to make a difference in a child’s life. That’s why I chose an education major... It’s great to have a child understand and grasp what you’re putting across.

“They’re so exciting to go to every day; there’s always something new; everything’s really positive. When I’m student teaching, they just run to me every day calling, ‘Miss Schaefer! Miss Schaefer!’ I totally love it.”

—Senior Tracy Schaefer, elementary education

MAKING IT LITTLE
Way to go, Daddy! Kayla Dale expresses her pride in her father, Charles Dale. Dale graduated with a degree in public relations and was supported at commencement by many members of his family, who held up signs saying "We love you, Chuck!" and "We love you, Daddy!"

For the 1356 graduates at the May, 1996 commencement exercises, several “firsts” marked what was supposed to be one of their last experiences here. At his first spring commencement at UNI, President Koob urged seniors to remember the needs of their family and their civil duties. “UNI is a better place because you were here,” Koob said.

Marjorie Glynn gave the student address, the first African-American woman ever given that honor at the University. In her short-but-sweet speech, she presented the graduates with two options for their dreams: to "race 'em or chase 'em."

An unusual class gift was presented to the University by the Senior Challenge Committee: $41,000 towards a new parking lot near Bartlett.

Faculty and staff may have been enduring ‘just another commencement.’ But for the graduates, it was a first-- the first step towards a new life filled with possibilities.

((260 Seniors)))
“Finally!...I took six years off and did a tour in the military before coming back so I’m kind of older than most of the people around here, so it was kind of nice to get it done.”

—Jeff Landuyt, accounting

“I’m excited that I’m going to be done but there’s going to be a lot of people that I’m probably not going to see anymore...I’m kind of sad, but excited.”

—Steffanie Powers, management

“Get me through this long graduation so I can go home and drink. Get my parents out of the house as soon as possible.”

—Anna Ryherd, marketing

“I don’t think it’s hit home yet. I don’t know--it seems like I’m still in school.”

—Dave Leinen, marketing

“It doesn’t seem real. It’s been five long years and it doesn’t seem like it should be over.”

—Anne Lies, marketing

Despite having a flat tire earlier in the morning, Daryl Hawkins made it to commencement and afterward shares his enthusiasm with friends. Hawkins received a master’s degree in counseling.
In December, the Croats, the Serbs and the Muslims agree to lay down their arms after a four-year civil war that resulted in more than three million people left without homes, more than 250,000 dead and tens of thousands becoming refugees.

To separate warring factions, oversee elections and control the flood of returning refugees, President Clinton sends 20,000 US soldiers to the area on a yearlong, NATO operation.

Caused by heavy African rains, a warmer Atlantic, reversing equatorial winds and a lessening of the storm-inhibiting El Nino effect, at least 11 hurricanes wreck havoc across the Western Hemisphere, claiming 110 lives. The hurricane season was so active that it produced the most named storms since the National Hurricane Center started assigning names in 1953. Officials were preparing to reach the end of the alphabet and begin naming storms after the Greek alphabet, starting with Alpha.

Israeli Prime Minister Yitzhak Rabin, the war hero turned political leader who fearlessly pursued peace with the Palestinians, is gunned down by Yigal Amir Nov. 4. The assassination came just five weeks after Rabin signed the Midwest Peace Accord which expanded Palestinian self-rule.

In the Chavet cave in Southern France, 300 vivid paintings of woolly-haired rhinos, bears, mammoths, panthers and owls are found dating back about 30,000 years ago. Scientists called the discovery the archaeological find of the century.
Answering a call made by minister and Nation of Islam leader Louis Farrakhan, more than 800,000 black men congregate on Capitol Hill in a spirited rally for unity and brotherhood Oct. 16. The Million Man March gave black men the opportunity to bond and pledge a new dedication to their families, their communities and their own dignity.

After a long, hard-fought struggle to be the first female admitted into the Citadel, Shannon Faulkner withdraws from classes after the first week. Thirty male cadets also dropped out.

On his fourth papal trip, 75-year old Pope John Paul II returns to the United States, where 83,000 people stand in an October downpour to attend his mass in Giants Stadium. Elected in 1978, he was the first non-Italian to head the church in 455 years. His trip to the U.S. marked his 67th trip outside Italy.

After 16 months of suspense, an estimated 150 million people gather around television sets Oct. 3 to hear O.J. Simpson pronounced not guilty. The 10 women, 2 men jury came to the decision after only three hours of deliberation over the more than 45,000 pages of testimony.

In what is called the "biggest puff of political hot air of 1995," retired General Colin Powell announces he will not run for the U.S. Presidency Nov. 8 despite the fact that he is only 8 points behind Republican candidate Bob Dole and 20 points ahead of President Clinton.

NASA's Hubble Telescope captures photographs of clouds of dust and hydrogen, 6 trillion miles tall and 400 million times more distant from us than our sun, in the act of making new stars.

In other NASA news, a probe from the intrepid space craft Galileo becomes the first manmade object to plunge through the upper atmosphere of the planet Jupiter.

Bill Gates makes computer headlines when he introduces Windows '95, the long-awaited upgrade to the Windows computer software program. Gates, the 39-year-old chairman of Microsoft Corp., was also crowned the richest man in the United States, with a net worth of about 14.8 billion.
The Rock and Roll Hall of Fame and Museum opened its doors in Cleveland Sept. 2 with a 7-hour concert that included dozens of stars including Jerry Lee Lewis, Aretha Franklin and Bob Dylan.

On June 27, at 1:30 a.m. in a rented BMW, actor Hugh Grant is arrested for lewd conduct when he is caught with Sunset Boulevard hooker Divine Brown.

The Dave Matthews Band explodes onto the mainstream music scene for the first time in 1995, when their second album, "Under the Table and Dreaming," rocketed up the charts without a hit single or any video hype.

Producing their first new music since 1970, the reunited Beatles earn 100 million in 1995 through a 6-hour television documentary and new CDs including two new songs with John Lennon's voice.

Chosen over pink or purple in a public opinion poll, blue M & M candies made their first appearance in 1995. It was the first new color since 1949 when tan was added.

Summer of 1995 Top-Grossing Tours

1. The Rolling Stones ........... $105,491,373
2. R.E.M. .................. $29,198,175
3. The Grateful Dead ........... $19,399,934
4. Boyz II Men ................. $15,803,471
5. Van Halen .................. $14,145,614
6. Yanni ........................ $12,382,737
7. Elton John .................. $11,256,347
8. Lollapalooza '95 .............. $10,686,076
9. Tom Petty .................... $10,195,434
10. Reba McEntire .............. $10,153,051

((264 Current Events))
In a 27-17 win, the Dallas Cowboys robbed the Pittsburgh Steelers of the championship title in Super Bowl XXX. For the Cowboys, it was the fifth Super Bowl title, matching a feat achieved by San Francisco last year. It was also the Cowboys' third championship in a four-year span.

From the time he broke into the major league in 1951, six months shy of his 20th birthday, until he retired following the 1968 season at the age of 37, Mickey Mantle inspired generations of fans with his power and ability. He died of a fast-spreading liver cancer at the age of 63, two months after a liver transplant.

Actor Christopher Reeve is paralyzed from the shoulders down in a riding accident in Virginia.

Baltimore Orioles shortstop Cal Ripken marched into the record books when he broke Lou Gehrig's 1939 record and played in 2,131 consecutive baseball games. Ripken broke the record on Sept. 6 and went on to finish the season having played in 2,153 consecutive games -- the last 70 of them without error.

Best-selling album—Cracked Rear View Mirror, Hootie and the Blowfish

Deaths:
Cheyenne Brando, 25
Warren Burger, 87
George Burns, 100
Howard Cosell, 77
Eazy-E, 31
J. William Fulbright, 89
Eva Gabor, 74
Jerry Garcia, 53
Wolfman Jack, 57
Rose Kennedy, 104
Mickey Mantle, 63
Elizabeth Montgomery, 62
Orville Redenbacher, 88
Ginger Rogers, 83
Selena, 23
Lana Turner, 75

((Entertainment 265)))
“As the year progressed and the affects of each decision we made resurfaced time and time again, it was evident that we were part of a much larger whole.”
At the end of the day, only a lone person can be found on the empty corridors of Lang Hall. Formerly known as the Aud, Lang Hall was home to the Military Science program, Cedar River Productions, English classes and several foreign language classes.

It wasn’t just a pond. As the year progressed and the affects of each decision we made resurfaced time and time again, it was evident that we were part of a much larger whole.

We saw the choices we made shape who we became. From the beginning when we chose our school, our housing, our classes and our activities, we created a course for ourselves.

Kicking back and enjoying the afternoon, two residents relax with a cigarette on the steps of Bartlett Hall. With smoking banned from all buildings, except in designated residence hall rooms, students commonly gathered near doorways.
At times, the course handed adventure and risk our way. Other times it seemed mundane, and the doldrums of work and class threatened to engulf us. One thing was certain, though: with each bend, each twist, we encountered choices. And with each choice we made, we forever directed the course of our lives. So that by the year’s end, we looked back at the persons we were when we first
"... by ourselves, yet together, we pushed always towards a new level."

Parked on the lawn near the ITC, students congregate for an afternoon of rock at UNI's first ever Band Blast '96. After listening to several area bands the crowd, estimated at nearly 1000 people, heard the nationally acclaimed group, Fishbone.

opted to embark on this journey, and saw the persons that we became.

It wasn't a pond. It was an ocean: a vast and powerful body given life by us. And even when the choices we made seemed small and insignificant, we discovered they were not. That while the ripples made by the stones we cast may have seemed small in comparison to the waves, our decisions were impactful. And by ourselves, yet together, we pushed always towards a new level. 🌑

((Closing 269))
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Kevin Kane

Parting thoughts,

What a long strange trip its been!
The 1996 Old Gold Yearbook Staff would like to say that we have loved and hated every minute of putting together your memories for the year.

It has been fun, yet challenging; exhausting, yet exciting and if we had to do all over again, knowing what we know now... 'O the things we would change!

Our motto for the year was adopted from the 1995 Old Gold staff — Do not do what is already done. We chose to use this advice to take the Old Gold to a new level. Our mission was to bring you fresh ideas and present them to you in a unique way yearbooks have never seen before.

We would like to thank the student body for their continuous support and we want you to know that for all you do... This book's for you.

We hope you enjoy it! Thanks for trusting us with your memories!

— Jill, Mel and Matt
“Life’s like a movie, write your own ending, keep believing, keep pretending, we’ve done just what we set out to do, thanks to the lovers, the dreamers, and you.”

—Kermit and Co.

Jill Schulte — for being wonderfully courageous enough to embark on this adventure with me. ...and what an adventure it’s been! Also for being the thinker, the planner, the organizer behind all our moves. I hope you know how very much I appreciate you. Oh, and the most thanks for letting me share me with you. I so will never forget our year together.

Matt Menz — for being, well, you. Thanks for never settling, for always questioning, for pushing this thing they call a yearbook to the limits. Especially special thanks for Dr. Seuss, the great music, the deep thoughts, and all the laughs. I guess you can consider this your last (official) secret message — ooooh, you’re in trouble...

Karen Mills — for all the guidance, strength, and especially the direction. You truly are outstanding!

The OGY Staff — for dedicating your time, energy, and talents so selflessly. You all have been great. Now go get lives, already!

Mom — for supporting me (when this job couldn’t!...). Also for believing in me and seeing me through one crazy, crazy year. I hope you love the person I have become (because I do). I truly am everything I am because you love me.

The “Gay Floor” (and you know who you are...) — for putting up with me, for always making me feel welcome, for loving me unconditionally. Always will I remember partying at Lou’s, our fantastic voyages, our sing-a-longs, our dance parties, and our so many other crazy times (and don’t act like I don’t have ‘em all on film...). You are in my heart always. The year may be over, but our friendships will never be.

J-Kae and Teena — for being my “beck-and-call” girls — I know it is no short drive from Omaha to Cedar Falls. Thank you, thank you, thank you. Also for opening up your hearts, your arms, and your lives to me; never would I have imagined that I would be at this level today. J-Kae, you helped me find my smile, and I will be grateful always. I love you.

To the staff — if I had room to thank each of you individually I would. But I hope you all know how important each of you were to the completion of this book. This is your book and I hope you are all as proud as I am.

Melody Barajas — for the moral support, for your patience and for letting me in on your “secret life.” I won’t soon forget our road trip to Cedar Rapids or my weekend in Omaha. I have learned more about life from you than you could ever imagine. Thanks.

Matthew Menz — for hanging in there, for convincing us to be different and for the late night chats. You are truly the most interesting and honest person I have ever met. I know this year has not been what you expected, but I hope you look back with no regrets. You went way beyond your job description and I can’t thank you enough for that.

Stacy — for making me realize that we’re really not that different, for making my heart smile and for convincing me to get away when all I needed was a break and a hug. Sometimes I swear you can read my mind. Get out of my head! I Love You More.

Linda and Sara — Thanks for understanding me when I was stressed, for letting me vent, for making me laugh, and for being the best friends in the whole world. I don’t know what I would ever do without friends like you beside me. I Love You Forever.

Mom and Dad — for understanding why my visits home were seldom, for understanding how important this was to me, for understanding why school came in second sometimes and for believing in me. Because you have supported me through this editor thing I will be able to get a good job someday and make lots of money so I can support myself. I promise.

Karen — for supporting us, for guiding us, for always being there for us and most of all for convincing me to take this challenge with Mel. I will never be the same and I thank you for that.

Karen — I am eternally grateful for your understanding, cooperation, and most importantly — patience. I have learned more than just the inn’s and out’s of a yearbook from you; your actions have shown integrity, pride, and the value of tradition. Three qualities I will not soon forget.

Jill — I don’t even know where to start. How can you sum up this chaos. Thank you for giving 150% no matter what, without your organization and devotion none of this book could have been possible. You are truly the golden thread holding everything and one cohesive. We are the Frick and Frack of the computer lab, side by side till the end.

Mel — Wow, what a year. Getting to know you the past year has been more than interesting. Thank you for showing me how to appreciate people for who they are and not what they are. I’ll miss the secret messages, fantastic voyages, and most importantly, blue raspberry icies.

Staff — Thank you for putting up with my continuous last minute changes and for all of the personal sacrifices involved. It was definitely a learning experience.

Angela — You are truly amazing. Thank you for opening your life to me, for being my center of balance (even when everything falls apart) and thank you for your friendship. You have shown me a new world and helped tap into something I never knew existed — I Love You.

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Colophon

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Group and Senior Portraits
Stern Photography(1627 Oakwood Drive, Waterloo, IA 50703) remained the official group photographer. The 802 senior portraits were taken by Carl Wolfe Studios (401 Elmwood Ave., Sharon Hill, PA 19079, 1-800-969-1338).

Printing
The book was printed on 80-pound matte paper. Endsheets were snow white 280 with Matte Black and Metallic Silver inks. Metallic Silver #877 dutones were used on the title page and all division pages.

Cover
A hot foil stamping in silver foil 381 was used on the cover. Inks included black and Pantone Blue 244. The Litho cover also included a matte lamination and original photo by Amy Negrete, staff photographer. The photo was processed in Photoshop 3.0.

Typography
Body copy is in 10 point Times. Most captions are 6 point Time. Photo bylines are in 6 point Times italic. The headlines for each section were chosen by each individual section editor with the guidance of the graphic designer.

Production
The 1996 Old Gold was produced on 7500 and 6100 Power Macintosh computers using PageMaker 5.0, Photoshop 3.0 and Adobe Illustrator for layouts, graphics and headlines. Copy was placed from WordPerfect 3.0 files.

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