ISSO Weekly Newsletter, October 3, 2014

University of Northern Iowa. International Students and Scholars Office.
Dr. Nadia Korobova is Leaving UNI
Dr. Nadia Korobova is resigning her position at UNI effective Friday, October 3. She has served UNI as an Assistant Director, International Programs from 2008-2012 and Associate Director, International Students and Scholars Office from 2012-present. Dr. Korobova has accepted the position of Executive Director for International Education at Upper Iowa University. In this capacity she will be responsible for leading all international operations for the Center for International Education at the Fayette campus, including supervision of the following areas: International Admissions and Recruitment, International Student and Scholar Services, Intensive English Program, Education Abroad and International Compliance, You are invited to stop by for some refreshments and to wish her good luck between 2-4 pm TODAY at the International Programs Conference Room.

Lunch and Learn Workshop - IRB: Training for Research in the US October 8
Are you doing any research for your program of study? Do you need guidance on how to conduct scholarly research? Come to our first October Lunch and Learn Workshop on Wednesday, October 8 at noon in the International Programs Conference Room (right next to ISSO in Maucker Union 113). We will be bringing in knowledgeable staff from the Research and Sponsored Programs department to provide an overview on how to properly conduct scholarly research, what resources are available to you, and a brief overview of how to use IRB. Also, there will be free lunch for all who attend and one lucky attendee will receive a prize.

Lunch and Learn Workshop - Get Destressed: Time Management October 15
Are you feeling stressed out about classes, work, or other time commitments? Are you looking for ways to be less stressed? Come to our second October Lunch and Learn Workshop on Wednesday, October 15 at noon in the International Programs Conference Room (right next to ISSO in Maucker Union 113). We will be bringing in knowledgeable staff from Wellness and Recreation Services who will provide some different avenues on how to relieve stress, and other helpful tips and tricks. Also, there will be free lunch for all who attend and one lucky attendee will receive a prize.

UNI Scholarship Application (USA) Ready for the 2015-2016 Academic Year
The UNI Scholarship Application (USA) is ready for the 2015-2016 academic year! For incoming students the deadline for most scholarships is January 15, 2015 and for current students the deadline for most scholarships is February 15, 2015. Students can apply for scholarships here.

CAB '80's Matinee October 4
CAB will host an '80's themed movie matinee on Saturday October 4. Want to win free prizes? Dress up in 80's attire and go to the Maucker Union Ballroom on Saturday at 1 pm and 3 pm to watch '80's movies! There will be 3 winners at each showing.

Daisy Hernandez Returning to UNI for Reaching for Higher Ground Series
Daisy Hernandez came to UNI in the spring of 2014, under the Women's and Gender Studies Program presenting the keynote address for Women's History Month. She is an award-winning journalist, and co-editor of the anthology Colonize this! Young Women of Color on Today's Feminism. She will return to UNI October 9 at 7 pm in the Center for Multicultural Education in Maucker Union to talk as part of the Reaching for Higher Ground series.
October's Student Health 101 is Now Available
October's Student Health 101 is now available [here](#). Some of the great articles this month are: The Science of Choice: Strategies for better health habits, and The Pursuit of Perfection: What is the cost of your high standards?

Optional Practical Training (OPT) for Eligible F-1 Students
If you have an F-1 visa and you are planning to graduate in December 2014, now is the time to think about applying for Optional Practical Training as you are probably eligible for this 12 month period of employment authorization within the U.S. See our website for more information on OPT [here](#). You may also go ahead and schedule an application appointment with the Immigration and Visa Coordinator if you are ready to submit your application or if you have questions. Contact the Immigration and Visa Coordinator Ross Schupbach at [Ross.Schupbach@uni.edu](mailto:Ross.Schupbach@uni.edu) for questions.

UNI On-Campus Break Meal Options
As a convenience for those living on-campus over academic breaks, UNI dining will provide a food option for 3 meals per day during the time that a dining center and retail dining operations are not open on-campus. The option(s) provided will be based on the number of students signed up. Options could include opening a dining center, opening a retail operation, providing sack meals to halls, providing transportation and meals at local restaurants (will have a purchase limit) or groceries to make your own meals. Your U-bill will be charged a daily rate of $28.45 for each day you request meals. Sign up deadlines are November 10 for Thanksgiving Break and December 1 for Winter Break. UNI On-Campus Break Meal Option can be found [here](#) and the UNI On-Campus Winter Holiday Meal Option can be found [here](#).

Reliable Childcare Wanted
Looking for a reliable and responsible part-time babysitter for a 2.5 year old girl and a 1 year old boy. Mainly morning hours. Pay is $7-8 an hour. If interested, please contact Oksana at [oksana.grybovych@uni.edu](mailto:oksana.grybovych@uni.edu).

International Student Profile Feature
The International Students and Scholars Office is excited to feature a new international student profile each week. To be featured, please submit the form found [here](#).

Like and Follow Us!
Like us on [Facebook](https://www.facebook.com) here and follow us on [Twitter](https://twitter.com) to stay informed about ISSO news and events!

ISSO Office Hours
ISSO office hours are 8:00 a.m. to 5:00 p.m. Monday through Friday.

**ISSO - Enhancing International Experiences**

At any time if you would like to unsubscribe from our mailing list, please reply "unsubscribe"
International Students and Scholars Office
University of Northern Iowa
MAU 113
Cedar Falls, IA 50614-0164
U.S.A.
Phone: 319-273-6421 (afterhours emergency 319-273-4000)
For deaf or hard of hearing, use Relay 711
Fax: 319-273-6103
E-mail: international.services@uni.edu
Web: www.uni.edu/internationalservices
Skype: UNI_ISSOAdvisor
Facebook: www.facebook.com/uni.isso
Twitter: https://twitter.com/ISSO_UNI
Regular office hours 8:00 a.m. to 5:00 p.m.
Summer office hours 7:30 a.m. to 4:30 p.m.
The University of Northern Iowa provides transformative learning experiences that inspire students to embrace challenge, engage in critical inquiry and creative thought, and contribute to society.